



ललित धारा



RI District 3292

Club No. 23126

Chartered: 29 August 1985

Past President & Editor: Bijaya Mallapaty Immediate Past President & Assistant Editor: Chandralekha Kayastha Secretary: Shiva K. Pradhan

Issue No. 1290

Date: 16 Poush 2075 / 31 December 2018

<p><u>Today's Programme</u> 5th Monday Entertainment (Focus: Cooking Talents) <u>Forthcoming Programme:</u> 07 Jan. - Business Meeting 14 Jan. - Vocational Award Ceremony</p>	<p><u>Congratulatory Events</u> <u>Birthdays:</u> Nil <u>Wedding Anniversaries:</u> Nil</p>
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Minutes of Meeting No.1640

Date: 9 Poush 2075 / 24 December 2018

1. President Rtn. Gabriele Mallapaty called the Meeting No. 1640 to order with 15 seconds of 'Silent Invocation' for World Peace and Happiness and best wishes on the occasion of Christmas (Christmas cookies and cake were also offered by Rtn. Mallapaty and Summit Hotel respectively).
2. Guests welcomed by the President: spouses Ms. Rajani Bajracharya and Ms. Ramita Bajracharya, Rotaract Club of Patan President Rtr. Peshal Bhattarai & Rtr. Kritika Sharma.
3. The last meeting minutes were reviewed and adopted.
4. 'Happy News' Contribution:
 - Rtn. Rabendra R. Pandey – for 'Happy Birthday' in absentia (ha.ba.).
 - Rtn. Gabriele Mallapaty – for 'Happy Birthday'.
 - Rtns. Gabriele and Bijaya Mallapaty – for the wedding of their daughter Smriti in Australia (NRs. 2,000).
 - Rtn. Mahendra B. Thapa – for participation in WASH project '7 FATS' programme and TRF seminar planning.
 - Rtn. Jeevan K. Shrestha – for being the Chief Election Commissioner of Nepal Engineering Association.
 - Rtn. Bharat N. Joshi – for 'Happy Landing' from China (NRs. 500).
 - Rtn. Prakash R. Regmi – for participating in the World Congress of Cardiologists in Dubai and giving interviews in two TV channels of Nepal (NRs. 500).
 - Rtn. Nirmal K. Pradhanang – for having Rtn. Bijaya Bajracharya as today's speaker.
 - Rtn. Matsyendra L. Kayastha – for 'better health' through the use of rock salt (salt packages contributed by him were sold to members (NRs. 500).
 - Rtn. Bijaya Bajracharya – for attending today's meeting after some time (NRs. 1,000).
5. Other Contributions:
 - (i) Contributions were handed over by the following for the RCP's 'Khagendra Raj and Piyush Priya Ability Development Fund' (KPAD Fund) pledged earlier:
 - Rtns. Matsyendra L. and Chandralekha Kayastha NRs. 115,000
 - Rtn. Santa K. Shrestha NRs. 200,000
 - (ii) Additional contribution of NRs. 55,556 was made by Rtn. Matsyendra L. and Chandralekha Kayastha to the Club Service Fund for the RCP Graduate Studies Scholarship Award.
 - (iii) The above contributions/pledges bring the total KPAD Fund to NRs. 25 Lakh well ahead of the target date of end December 2018. Rtn. Rabendra R. Pandey pledged additional matching of NRs. 75,000 for new contributions pledged till 31 January 2019.
6. Rotary News/Information:
 - i. Rtn. Nirmal K. Pradhanang briefed on the District TRF Seminar and the Felicitations Programme held on 22 December 2018.
 - ii. Rtn. Mahendra B. Thapa briefed on the successful WASH GG Project '7FATS' seminar held at Path Pradarsak Secondary School, Badikhel on 14 December 2018.
 - iii. Next WASH GG Project orientation seminars are being held in Shree Bal Kumari School, Sunakothi and Shree Harisiddhi School on 26 and 28 December 2018 respectively. Members are encouraged to participate.
 - iv. Members were reminded to register for the District Conference being held in Butwal before 31 December 2018 to avail the discounted rates of registration.
7. Salutation: By PP Rtn. Bijay Bajracharya – RC Asmara, Eritrea; Chartered: 1997; & Members 32. District: 9200, Clubs: 153, & Members 3981.

8. **Election of Club Officers/Board of Directors for RY 2019-2020:** On behalf of the Nominating Committee (President Elect Rtn. Lalita Thapa, President Rtn. Gabriele Mallapaty and Sergeant at Arms Rtn. Kedar B. Shrestha) Rtn. Lalita Thapa presented a consensus recommendation as listed below. She mentioned that while RCP's succession planning was maintained, due to an additional vacancy of President Elect's position, following the RCP By-Laws, Board had specifically authorized the Nominating Committee to propose a member for this position. After due deliberation, the House approved the proposal of the Nominating Committee by acclamation.

President: Rtn. Lalita Thapa
Immediate Past President: Rtn. Gabriele Mallapaty
President Elect Rtn. Nirmal K. Pradhanang
President Nominee: Rtn. Mahendra B. Thapa
Vice President: Rtn. Shiva K. Pradhan
Secretary: Rtn. Mahendra S. Rawal
Joint Secretary: Rtn. Bishwa B. Sharma
Treasurer: Rtn. Bharat N. Joshi
Joint Treasurer: Rtn. Preeti Khemka
Sergeant-at-Arms –Rtn. Kedar B. Shrestha

Director/Chairperson - Club Administration: Rtn. Kiran Thapa
Director/Chairperson - Membership: Rtn. Jeevan K. Shrestha
Director/Chairperson - Public Relations: Rtn. Ganesh R. Shrestha
Director/Chairperson - The Rotary Foundation: Rtn. Prakash R. Regmi
Director/Chairperson - Service Projects: Rtn. Bijaya Mallapaty
Director - Youth Service: Rtn. Siba B. Rajbhandary

9. Before the closure of the meeting by the President, the Secretary announced; total contribution of NRs. 7,700 (NRs. 2,400 for attendance and NRs. 5,300 for sunshine funds), attendance: 2 Rotaracts, 20 members, 2 spouses and 7 make-ups.

Rotary Questions/Answers presented by Rtn. Shiva K. Pradhan

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| Q. Theme of Rotary centennial year | A. Celebrate Rotary |
| Q. Rotary International's designation for the month of November | A. Rotary Foundation Month |
| Q. Location of Pathibhara temple of Nepal | A. Taplejung District, Province No. 1 |

Summary of Talk Programme by Rtn. Bijay Bajracharya on 'Precious Stones'

Rtn. Bijay Bajracharya gave an interesting talk on 'Precious Stones' also called Nine Gems or 'Navaratna'. He elaborated on the 'diamond' as the most powerful stone in use since some 7000 years ago probably in Egypt.

The diamond captures the sun's all seven lights and is transparent white in colour. There is also red diamond, which is most expensive. Pure, flawless gems have auspicious powers that influence the body by balancing it and wearing a right one may increase the longevity of people to 120 years. The size does not matter in terms of impact. An original cut diamond should not be added with chemicals, nor heated or tampered in any way. He gave an example of mobile phones that need regular recharging – the precious stones recharge the body with all its seven colours.

Rtn. Bajracharya mentioned that precious stones have been worn by ancient sages and people pass it on from generation to generation as a way to live longer, remove diseases and benefit the whole family. He had written two books on precious stones – one titled 'Hira' and the other on Navaratna.

He briefly described the Navaratna – Diamond, Ruby, Emerald, Pearl, Yellow Sapphire, Coral, Cat's Eye, Hessonite and Blue Sapphire. There are thousands of varieties of stones and it is difficult to describe them in one sitting, but Rtn. Bajracharya is available on Fridays for advice on these.

Following a Q/A session, on behalf of the RCP, Rtn. Gabriele Mallapaty thanked Rtn. Bijay Bajracharya for a very interesting talk on precious stones.