



ललित धारा



RI District 3292

Club No. 23126

Chartered: 29 August 1985

Past President & Editor: Bijaya Mallapaty Immediate Past President & Assistant Editor: Chandralekha Kayastha Secretary: Shiva K. Pradhan

Issue No. 1294

Date: 14 Magh 2075 / 28 January 2019

<p><u>Today's Programme:</u> 5th Club Assembly</p> <p><u>Forthcoming Programme:</u> 4 Feb. – Business Meeting</p>	<p><u>Congratulatory Events</u></p> <p><u>Birthdays:</u> Nil</p> <p><u>Wedding Anniversaries:</u> Rtns. Bishwa B. Sharma and Aruna Uprety – 26 Jan. Rtn. Lochan Gyawali – 30 Jan.</p>
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Minutes of Meeting No.1644

Date: 7 Magh 2075 / 21 January 2019

1. President Rtn. Gabriele Mallapaty called the Meeting No. 1643 combined with 'Birthday Fellowship' to order with 15 seconds of 'Silent Invocation' for World Peace and Happiness.
2. Guests welcomed by the President: Spouses of RCP members and Inner Wheel President.
3. The last meeting minutes were reviewed and adopted.
4. 'Happy News' Contribution:
 - Rtn. Kedar B. Shrestha - for 81st 'Happy Birthday' (NRs. 8,100).
 - Rtn. Siba B. Rajbhandary – for 'Happy Landing' from the USA where he celebrated granddaughter's 'Pasni', daughter-in-law awarded as best doctor for the 3rd year, today's celebrations including Rtn. Kedar B. Shrestha's 81st birthday, and the nomination of Rtn. Nirmal K. Pradhanang as the President Elect (NRs. 1,000).
 - Rtns. Ramesh Maskay (NRs. 500), Kiran Thapa (NRs. 1,000) Shiv P. Khemka (NRs. 500) and Preeti Khemka (NRs. 500) – for today's 2nd Birthday Fellowship,
 - Rtn. Prakash R. Regmi – for special study on latest developments in cardiology in New Delhi (NRs. 500).
 - Rtns. Matsyendra L. and Chandralekha Kayastha – for recovery of Rtn. Matsyendra L. Kayastha from recent illness and Rtn. Kedar B. Shrestha's 81st birthday (NRs. 3,000).
 - Rtn. Mahendra B. Thapa – for joining the meeting after his recovery from influenza.
 - Rtn. Ganesh R. Shrestha – for spouse's health check-up with good results (NRs. 500).
 - Rtn. Gabriele Mallapaty – for 60th birthday of her second sister and today's 2nd Birthday Fellowship (NRs. 1,000).
 - Rtn. Lalita Thapa – for today's 2nd Birthday Fellowship and return of several members after sickness (NRs. 500).
 - Rtns. Bijaya Mallapaty (NRs. 500) and Nirmal K. Pradhanang – for healthy return of several members, specially Rtn. Matsyendra L. Kayastha.
 - Rtn. Mukti N. Shrestha – for 'Happy Landing' from family holiday in Dubai and daughter topping in Nepal with distinction in Piano (NRs. 500).
5. Rotary News/Information:
 - i. Rtn. Kedar B. Shrestha briefed on the very successful completion of this year's family outing during 11-12 January 2019 to Lapsiphedhi with the participation of a total of 29 from the RCP family.
 - ii. Rtn. Shiva K. Pradhan reminded on the registration for the DC in Butwal and requested all joining to pay.
 - iii. President Rtn. Gabriele Mallapaty appreciated and congratulated the Rotaract Club of Patan for an excellent report at the end of six months of this Rotary Year.
 - iv. Rtn. Mallapaty also briefed on the NRCL meeting held on 20 January 2019. Waste Free Lalitpur Campaign Declaration has so far been signed by six clubs of the NRCL including our club; Ethics Symposium follow-up is being implemented and PDG Rtn. Dilendra Shrestha gave a detailed talk on CoR and CoL.
 - v. The RCP was represented by five members at the 13th day remembrance of late major donor and Honorary Member of the RCP, Rotarian Govinda Das Shrestha earlier today.
 - vi. The 5th Club Assembly of the RCP will be held during the next meeting on 28 January 2019.

- vii. The second round of Rota Quiz will be hosted by the RCP and held at The Buffet Restaurant (same venue as today), Lalitpur.
 - viii. Rtn. Matsyendra L. Kayastha briefed on his recent illness and experience on treatment.
 - ix. New Member Rtn. Madan R. Tamrakar gave a brief summary of his experience since he joined the Rotary Club of Patan. All in all, he found it more interesting than he had thought and is very pleased having joined the RCP.
 - x. Rtn. Prakash R. Regmi briefed on latest developments in cardiology from his recent visit to New Delhi on special study. He emphasized the focus on early detection and effective treatment as both these areas have advanced very much. To control aging risk factor, he advocated the use of medicine, which are now very safe, cheaper and more efficient. He particularly encouraged the use of 'statin' and even at very early age in addition to lifestyle modification for better heart health.
6. Salutation: By PP Rtn. Prakash R. Regmi – RC Caleta Olivia, Santa Cruz, Argentina; Chartered: 1969; & Members 42. District: 4930, Clubs: 46, & Members 974.
7. Before the closure of the meeting by the President, the Joint Secretary announced: total contribution of NRs. 21,200 (NRs. 2,500 for attendance and NRs. 18,700 for sunshine funds), attendance: 25 members, 10 spouses and 7 make-ups.

Following the meeting, 2nd Birthday Fellowship of RCP Members was celebrated in an entertaining family environment. On behalf of all, Rtn. Jeevan K. Shrestha gave a 'Vote of Thanks' congratulating birthday boys and girls and appreciating the organizers – Fellowship Coordinator Rtn. Kedar B. Shrestha, Fellowship Treasurer Rtn. Ganesh R. Shrestha and 2nd Birthday Fellowship group coordinator Rtn. Shiva P. Khemka. Rtns. Siba B. Rajbhandary, Prakash R. Regmi and IW President Gunu Shrestha also added their words of appreciation on today's gathering and celebration.

Rotary Questions/Answers presented by
Rtn. Mukti N. Shrestha

- Q.** World's largest Rotary funded International Scholarship Programme.
A. TRF Ambassadorial Scholarship Programme.
- Q.** First Club in Nepal admitted to RI after the establishment of District 3292.
A. Rotary Club of Baneshwor chartered on 30 July 2008.
- Q.** Name of new President of Mexico who is selling presidential luxury planes.
A. Andres Manuel Lopez Obrador.

*“To measure you by your smallest deed is to reckon the ocean
by the frailty of its foam.
To judge you by your failures is to cast blame upon the seasons
for their inconsistencies.”*

- Kahlil Gibran