



RI District 3292 Nepal - Bhutan



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Club of Patan



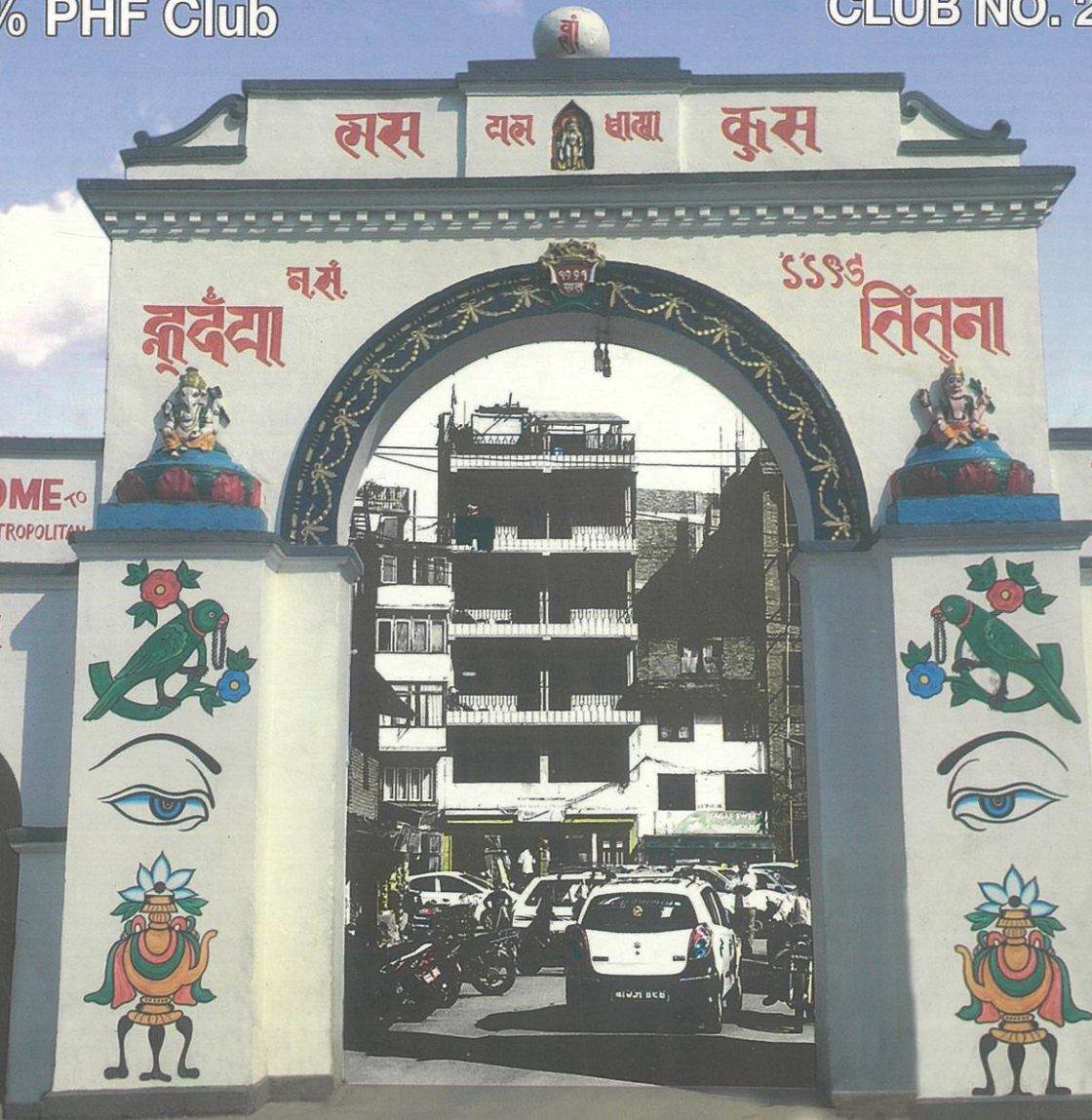
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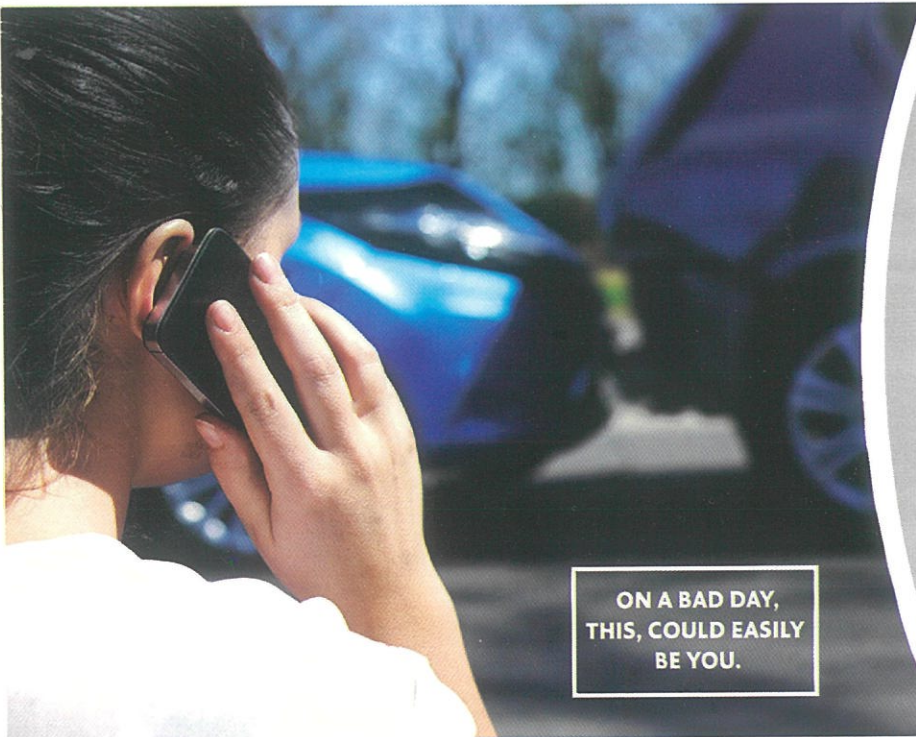
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on its 31st

CHARTER DAY

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सम्पर्क

७:०० - ९:३० बिहान

आइतबार देखि शुक्रबारसम्म

विशेष राय सल्लाह

८:०० - ५:३० बेलुकी

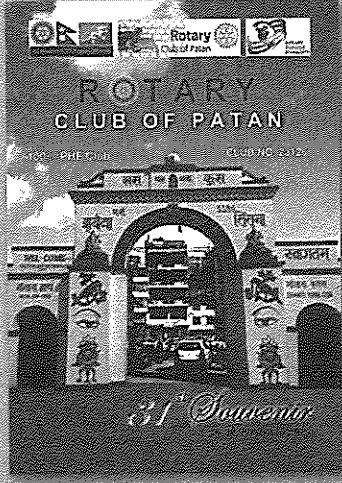
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हाम्रो विशेषता

वाथ, मधुमेह, अल्सर, लिभरको रोग आदिका आयुर्वेदिक उपचार

ROTARY CLUB OF PATAN

RI District 3292 Club No. : 23126



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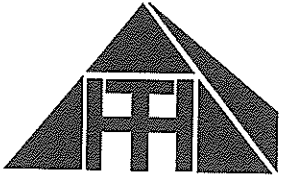
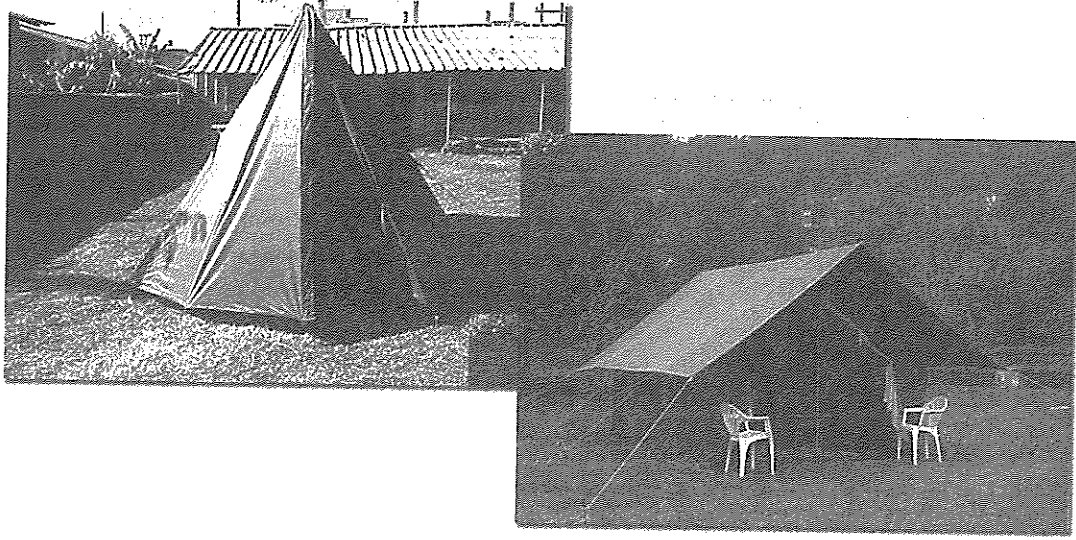
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August, 2016

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Editorial

Dear Fellow Rotarians

I have a great pleasure to present the 31st Souvenir of the Rotary Club of Patan on behalf of the editorial team. As you know the Rotary Club of Patan (RCP) has served the community since its establishment in 1985 - celebrating its 31st anniversary this year. Since its inception, the club is moving forward with new club leaders every year, creating a positive change in communities in Lalitpur as well as several other districts of Nepal through its service projects. We are confident that the continuity of the club with its committed leaders and members will certainly sustain our good will in the days to come.

I strongly believe that the annual 'Souvenir' would serve as a good reference document specifically for RCP Rotarians. It should encourage members for their meaningful participation and engagement to the Rotary Year 2016-2017 theme of 'Rotary Serving Humanity', and continue to make the RCP 'A VIBRANT AND LIVELY CLUB'. In Rotary, we discover and celebrate our diverse perspectives during club meetings, conferences, service projects, fellowships and other social events. As a matter of fact, Rotary Club is a unique platform in fulfilling our commitment in doing good in the world and this is every one's goal in the Rotary.

The articles written by very experienced Rotarian leaders, with valuable messages in this Souvenir will certainly increase our Rotary knowledge. Let us make use of the valuable messages in this Souvenir to upgrade the four pillars of successful clubs, i.e. Membership growth, Service projects, Contribution to TRF and Leadership beyond the club level, in a dynamic manner.

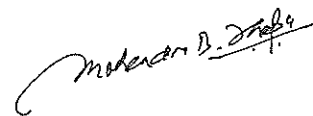
I would like to thank all fellow Rotarians of the Rotary Club of Patan, the RCP families, well-wishers and friends for their moral support and for providing articles and write ups. On behalf of the RCP family I would also like to thank business houses/firms for sponsorship of advertisements and other significant contributions to this annual Souvenir without which this could not be published.

I would also like to extend my appreciation as well as deep gratitude to all my colleagues in the editorial board for their continuous advice, untiring support, valuable inputs and guidance.

Last but not the least, my heartfelt thanks go to the President Rtn. Bijaya Mallapaty and his leadership team of the executive board and other committee members of Rotary Year 2016-2017, for all their help in completing this Souvenir.

Thank you

Yours in Rotary Service



Rtn. Mahendra B. Thapa
Coordinator

Souvenir Publication Committee (2016-2017)

Editorial Team



Kamalmani Dixit



Mahendra B. Thapa



Bharat N. Joshi



Shiva K. Pradhan



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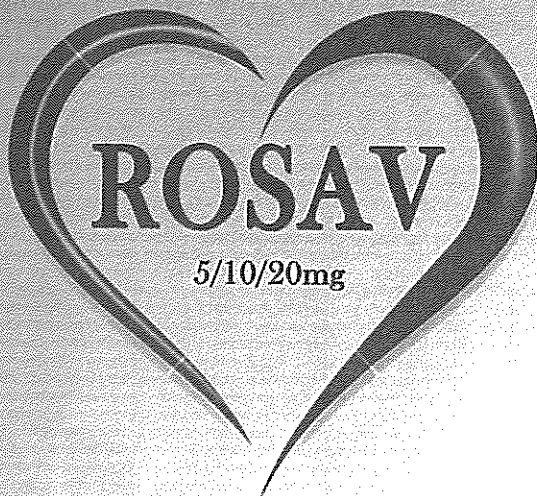
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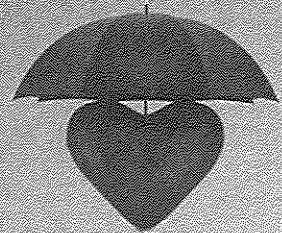
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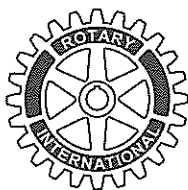
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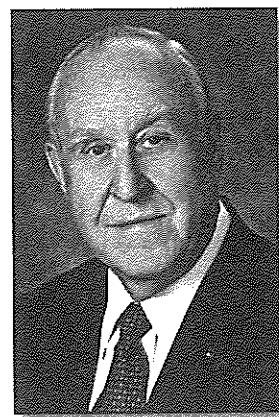


John F. Germ
President, 2016-17

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Rotary International President's Message

Bijaya Mallapaty
Bhainse Pati Abash
Karyabinayak 2
Lalitpur
Bagmati
NEPAL



Dear fellow Rotarian,

I want to congratulate you on your installation to the office of 2016-17 as President.

As a club officer, you can help strengthen your club — raising awareness of its work, gaining new members, and helping to carry out projects that have a lasting impact. Your guidance and example are essential to keeping your fellow Rotarians enthusiastic and engaged. Our success as a service organization begins at the club level — Rotarians are the foundation of everything that Rotary stands for. Without active members like you, we would not be the organization we are today.

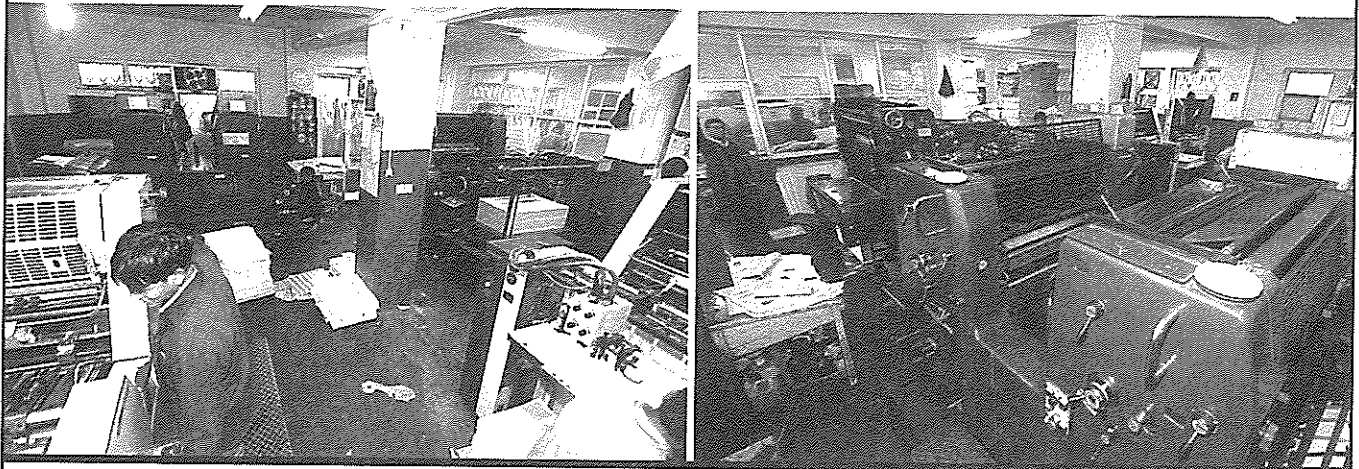
Congratulations again on your new position. I look forward to a year of great accomplishments with your help, and of *Rotary Serving Humanity*.

Sincerely,



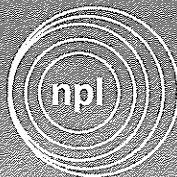
John F. Germ
2016-17 President, Rotary International

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On its 31st Charter Day



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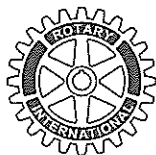


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District Governor's MESSAGE



ROTARY INTERNATIONAL
District 3292



Dear President, President Elect and entire members of RC Patan,

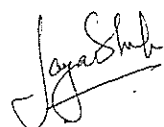
It gives me great pleasure in extending my sincere congratulations for your successful tenure and accomplishments you made during the Rotary Year 2015-16. I am sure the path you have shown by various innovative and diversified program implementation is worth following by other Rotary Clubs to serve the humanity as appealed by RI President John F. Germ in his annual theme.

I am glad to note that RC Patan is bringing out the special issue of Lalitdhara in the form of Souvenir to celebrate the Rotary New Year 2016-17. Let me take this opportunity to extend my sincere greetings to each members of the club on this occasion. I also would like to wish you all a successful Rotary year ahead. As RI President John said in his opening remarks, "A small opportunity will create huge enterprises" I would like to urge the club and its members to explore a small opportunity for everyone in the community that you are serving so that each one will be able create huge enterprises, which I am sure will contribute in bringing significant change. The change eventually will be conducive to break the barriers in increasing access to basic services like clean drinking water, hygienic sanitation facilities, immunization to children and others, quality education and abundance of income opportunity and so on. Furthermore, the change in the community will also allow them to optimizing their potential to the fullest extent.

This year, the new strategy of the RI District 3292 Nepal and Bhutan has emphasized to support the clubs for their strengthening. For this first of all we all must make change in our own clubs. I am sure only the strong club will be able to maximize the number of quality members, increase contribution to The Rotary Foundation, implement innovative and diversified service projects thereby enhancing positive rotary image in general. I commit, to be with you in your voyage to strengthen the club to optimize your capability to the optimal extent, by translating our slogan District at your doorstep into action.

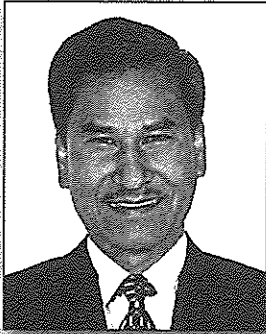
I urge to focus in club strengthening in this year's plan of action, as you all know, In Rotary, club strengthening is in the epicenter of all activities for overall impact at the community level.

Yours in Rotary



(Rtn. Jaya RL Shah)

District Governor 2016-17



Rtn. Bijaya Mallapaty
President

President's Message

Dear Fellow Rotarians,

It gives me great pleasure to have this opportunity to extend my best wishes to the entire Rotary family on the occasion of the 31st Charter Day of the Rotary Club of Patan. We are proud to have a strong and vibrant club, and acknowledge the hard work and contributions made by the Rotarians of our club since its inception in 1985.

This year is a very special year for Rotary as the centennial year of The Rotary Foundation. We celebrate it with added enthusiasm to further enhance the image of Rotary and expand its outreach to do 'good' around the world. *As founder of The Rotary Foundation, Arch Klumph, has said: "We should not live for ourselves alone, but for the joy in doing good for others."*

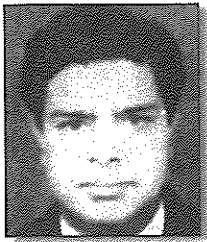
We are fully committed to bringing the Rotary Club of Patan to new heights, making ourselves useful to other members and the communities we serve. 'Fellowship' and 'Service' are like two sides of a coin, both are equally needed for a successful club. In the words of Rotary International President, John Germ: 'One good work at a time.....each one of us can change the world'. Rotary provides the institution to each of us to do 'as much as we can' and '*as well as we can*' to contribute to Rotary Serving Humanity – the theme of Rotary Year 2016-2017.

On behalf of the entire Rotary Club of Patan family, I would like to thank the Coordinator and the Editorial Team for their creativity and hard work in bringing out this annual publication, which not only provides interesting topical articles, but also serves as the Club's annual report with historical data and information. I would also like to thank all the writers, contributors and advertisers to make this *Lalitdhara Souvenir* worthy of its name.

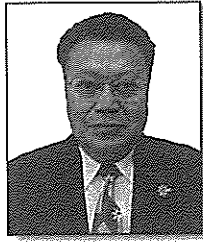
Yours, in Rotary,

Bijaya Mallapaty
President (2016-2017)

Past Presidents of Rotary Club of Patan



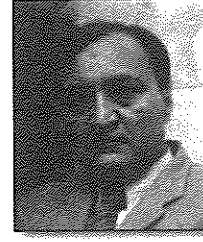
Late Rtn. S.R. Sharma
1985-87



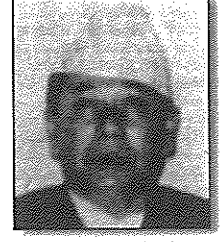
Rtn. M.L. Kayastha
1987-89



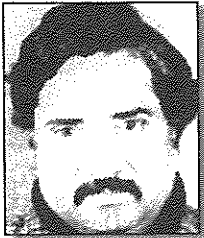
Rtn. B. R. Prasai
1989-90



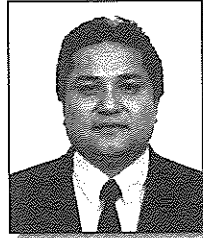
Late Rtn. P. P. Prasai
1990-91



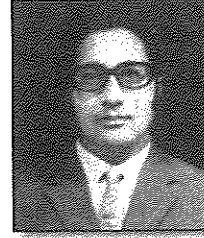
Late Rtn. H.R. Bajracharya
1991-92



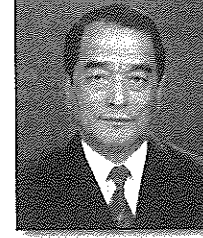
Rtn. B.K. Mainali
1992-93



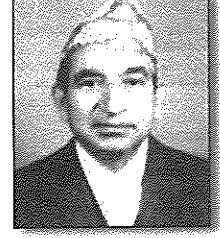
Rtn. B. B. Bajracharya
1993-94



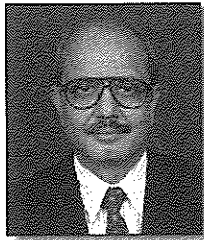
Rtn. S. SJB Rana
1994-95



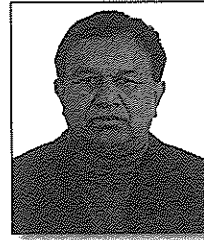
Rtn. T. M. Shakya
1995-96



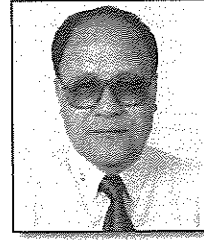
Late Rtn. B.P. Dhital
1996-97



Rtn. R.R. Pandey
1997-98



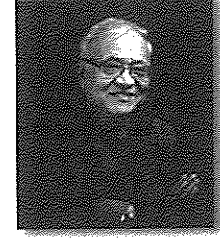
Rtn. T. Neupane
1998-99



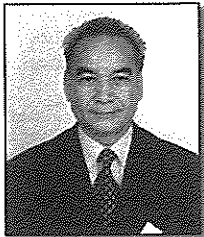
Rtn. Kamal Nyachhon
1999-2000



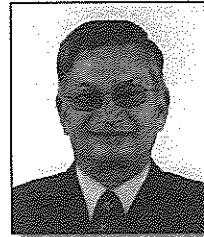
Rtn. Pushkar M. Shakya
2000-2001



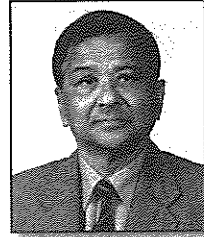
Late Rtn. Narayan G. Halwai
2001-2002



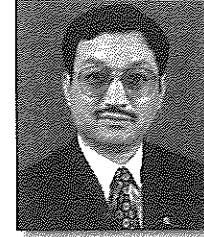
Rtn. Yagya B. Shrestha
2002-2003



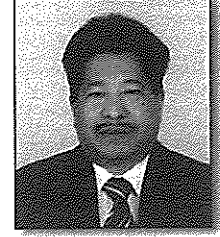
Rtn. Siba B. Rajbhandary
2003-2004



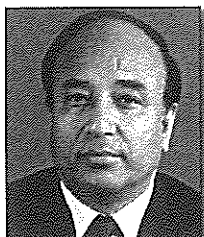
Rtn. Dr. CP Maskey
2004-2005



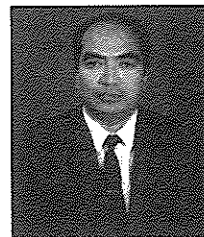
Rtn. Gyanu R. Shakya
2005-2006



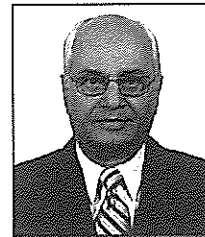
Rtn. Ganesh R. Shrestha
2006-2007



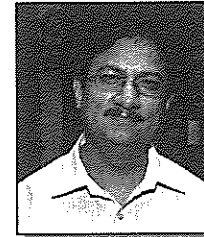
Rtn. Keshab B. Mathema
2007-2008



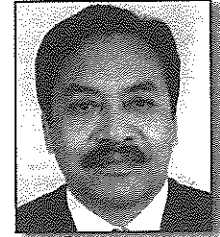
Rtn. Santa K. Shrestha
2008-2009



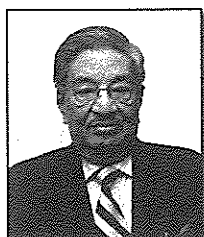
Rtn. Kedar B. Shrestha
2009-2010



Rtn. Dr. Prakash R. Regmi
2010-2011



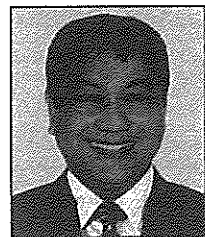
Rtn. J. K. Tamrakar
2011-2012



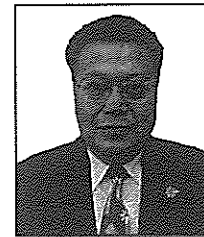
Rtn. Krishna B. Basnyat
2012-2013



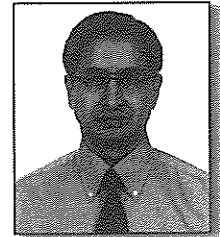
Rtn. Jeevan K. Shrestha
2013-14



Rtn. Khruschev Shrestha
2014-15



Rtn. Matsyendra L. Kayastha*
2014-15



Rtn. Piyush B. Bajracharya
2015-16

* President a.i.

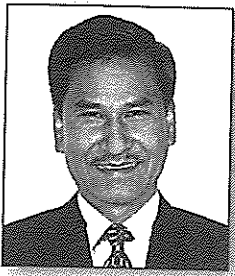
Rotary Club of Patan

RI District 3292

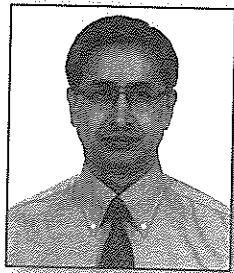
Club No. 23126

Chartered on 29th August 1985

Executive Board 2016-17



Rtn. Bijaya Mallapaty
President



Rtn. Piyush Bajracharya
IP President



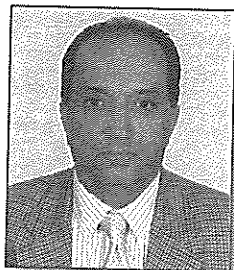
Rtn. Chandra L. Kayastha
President Elect



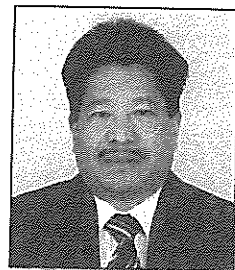
Rtn. Gabriele Mallapaty
President Nominee
Director/Chair-Service Projects



Rtn. Lalita Thapa
Vice-President



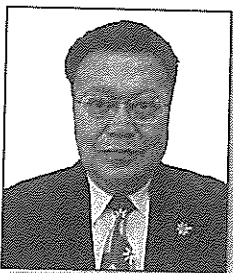
Rtn. Dr. B. B. Sharma
Secretary



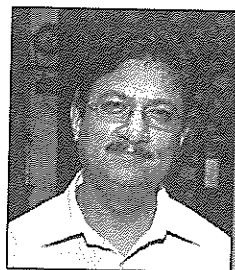
Rtn. Ganesh R. Shrestha
Joint-Secretary



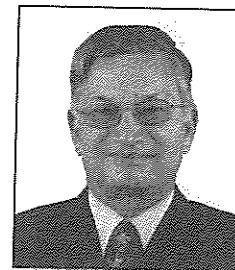
Rtn. Mahendra B. Thapa
Director/Chair-Club Adm.



Rtn. M.L. Kayastha
Director/Chair-Membership



Rtn. Dr. P. R. Regmi
Director/Chair-Public Relation



Rtn. Siba B. Rajbhandary
Director/Chair-TRF



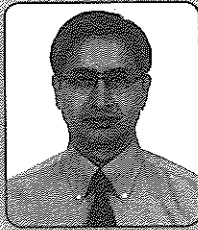
Rtn. Nirmal Pradhanang
Director- Youth Service



Rtn. Bharat N. Joshi
Treasurer



Rtn. Kedar B. Shrestha
Sergeant-at-arms



Rtn. Piyush Bajracharya
President
Rotary Year 2015-16

CLUB ACTIVITIES OF THE ROTARY YEAR 2015-16



Rtn. Lalita Thapa
Secretary
Rotary Year 2015-16

Participation and Engagement of Members

The regular activities of Rotary Club of Patan (RCP) were carried out smoothly with full participation and support of all members despite the hurdles and difficulties due to economic blockade. The club leader took initiative of engaging all the senior members in sharing their rich experience being a Rotarian. This has revealed historical events and perspective of Rotary movements in Nepal. All the members were actively involved in club activities through various committees.



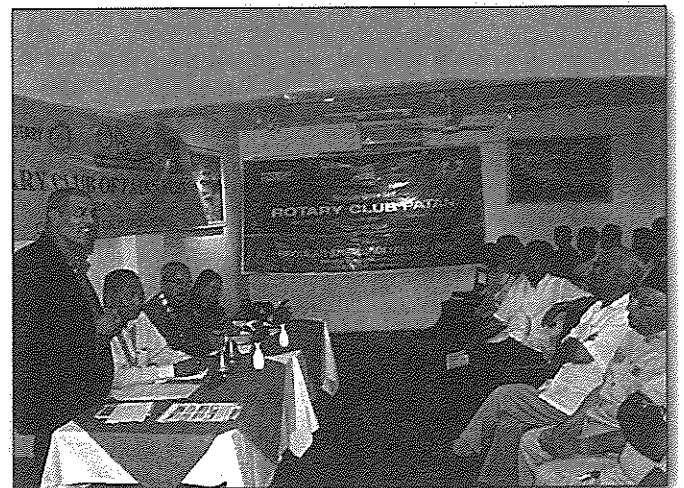
Club Administration

Club Registration; Annual Budget and RI dues: With full support of club members, Club's registration for renewal was done on time. Similarly, the annual budget of the Club and audit report was prepared and submitted on time. All the RI dues were also paid in July and met the deadline.

Meetings and attendance: The club is led by the Board of Directors of 14 members and its activities were carried out through six thematic committees and subcommittees. The total of 12 Board Meetings including a joint board

meeting and five Club Assemblies took place. The total of 49 regular meetings was held out of 52. Three meetings did not take place due to Dashain festival, RI visit in Nepal and sad demise of PP Rtn. Narayan Govinda Halwai. During 49 weekly meetings, the total of 1012 Rotarian Members, 25 guests and 32 spouses attended. The total makeup during this period was 32. Despite the difficulties of transportation due to economic blockade, the average attendance rate of the members during this years has been 70% which is considered to be quite high among the clubs in the district.

Special Meetings: Joint meetings, one with Rotaract Club and another with RC Patan West were held in which the PDG Rtn. Dilendra Shrestha delivered an inspiring talk focusing on the importance of giving in Rotary.

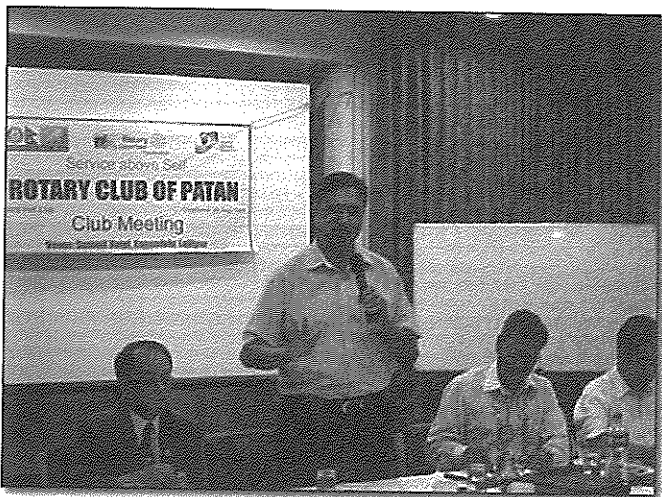


Special efforts were made to ensure an effective and well functioning of the club administration, e.g. preparing and sending agenda of the meeting in advance, inviting spouses and other guests during the talk programmes, sending reminders the members of the meetings, changing the meeting venue from Saligram Apartment Hotel to

Summit Hotel to ensure better meeting room and parking space.

Enlarging Knowledge and Information Sharing

During this period, RCP had organized twelve talk programmes inviting 10 guest speakers. The Club Members have had excellent opportunities to enrich their knowledge and understanding on wide range of issues related to health, education, disaster management, environment and climate changes, natural resource management and wildlife, culture and heritage.



The birthday fellowships were reduced from three to two. Even the DG visits and Charter Day was celebrated modestly. A joint fellowship, IPP fellowship and 5th Monday Entertainment programmes were well attended and cherished by the members.



Membership

In the membership front, RCP faced slack this year. The members that grew from 39 to 44 in the previous fell back to 39 again due to various unfortunate incidents. One couple member had to leave the club due to health problem, one member passed away and one member had to leave due to personal cause. However, efforts have been made to fill in these gaps with new members, particularly focusing on young and women members. A couple of potential members have been invited in several meeting for them to acquaint with Rotary motto and activities.

Fellowships

The RY 2015-16 could not be an exemplary year for fellowships. As it witnessed a number of unfortunate incidents that include the devastating earthquake, followed by economic blockade by India, serious health problems of rotary leadership as well as sad demise of a senior Rotarian, a number of scheduled fellowship events and family outings had to be cancelled.

25th Anniversary of PEEF

The RCP celebrated its 25 Years of club owned PEEF project on 10 April 2016 at Yelamaya Kendra, Patan with the presence of the DG Keshav Kunwar. The PP Rtn. Siba Bhakta Rajbhandary coordinated the programme and provided a short introduction of the project. The Prajapati Education Endowment Fund 'PEEF' was established on 20 July 1990 with a seed money of NRs. 32,000 from RCP members Rtn. Matsyendra L. Kayastha and PDG Rtn. Tulsi Maharjan. The RCP started the scholarship programme from 1991. To this effort the Past President Late Rtn. Prajapati Prasai contributed and raised a lot of contribution to bring this programme forward. The RCP recognized his contributions by naming the programme in 1998 (after his death) as the 'Prajapati Education Endowment Fund' (PEEF), which has grown to 1.14 crore Nepalese Rupees to date. Currently, PEEF supports some 550 students in 27/28 public schools, and has supported over 2,370 students from grades 6 to 10. Rtn. Rajbhandary also noted the highest single contributor Dr. Prabhu Prabhakar through Ms. Jabina Rajbhandary with a contribution equivalent to US \$30,000 and special contribution of PDG Rtn. Tulsi Maharjan from RC Branchburg, USA, among others from the RCP family & friends. The PEEF was recognized by the

District as a flagship scholarship project during the District Conference held in Biratnagar and the South Asia Literacy Conference held in Kathmandu. The excellent contribution of the late Rtn. Narayan G. Halwai for managing the PEEF for a long time was also noted.

The Head Masters and selected students of the schools receiving scholarships from PEEP were also invited to this programme. They have expressed their appreciation for the contribution made by this Fund.

Community Services

Health Camps: RCP in collaboration with Nepal Heart Foundation organized a health camp in Baphal, Lalitpur. Dr. Rtn Prakash Raj Regmi coordinated the whole event in which 200 patients were benefitted. Similarly in another health camp in Dhading was organized in collaboration with RC Kathmandu North West in which 1800 children were screened and 1500 children took echo test.

Training for Health Workers: The members of the RCP also took part in the training programme on Rheumatic Heart Disease Prevention in which health workers and school teachers were invited to participate.

Post-earth quake support: RCP distributed clothes for earth quake victims in Helambu, Sindhupalchowk; Panga, Kirtipur; Bhattedanda and Dukuchhap in Lalitpur.

Honouring the senior citizens: The RCP was one of sponsoring clubs to an event in honouring of 150 senior citizens of Lalitpur. The senior members of the Club participated in the event.



Service Projects:

During the RY 2015-16, the RCP had four ongoing projects (including the club owned service project) and three projects under Global Grant (GG). There are five projects under pipelines. The updates of these projects in gist are presented below:

Prajapati Education Endowment Fund (PEEF): is a club owned flagship project in operation since last 25 years. The endowment fund has reached to Rs. 1.14 crore. By the end of rotary year 2015-16, it has supported 2,370 students from 29 schools from grade 6-10. The RCP celebrated project's 25 years of service on April 10, 2016 in an event with the presence of DG Keshav Kunwar.

Primary Prevention of Rheumatic Heart Disease (GG 1418219, US\$31,000): The project started in September 2014. The main objective of the project is enhance the capacities of health posts, sub-health posts and school based clinics in Lalitpur to treat children with bacterial throat infection. Almost 150,000 children, between the age of 6-15, from Lalitpur District are expected to benefit from this project. The international partners for this project include RC Delhi Chanakyapuri, District 3292, District 3690 South Korea, RC Patan and Nepal Heart Foundation.

Vocational Education of 110 former "Kamlari Girls" in Western Nepal (GG1527136, US\$4, 099): The project started in May 2015. The main purpose of the project is to support the former "Kamlari" girls and women to build their economic and social empowerment through skills training and income generation activities.





Most of the project activities have been successfully accomplished within the project period. More than 100 girls have already been trained in different trades and many of them have already started their own businesses. RCs of Mississauga-Dixie; Mississauga; Mississauga Streetsville; City Centre; Lakeshore; West; Credit Valley A.M.; Meadowvale; Airport; District 7080 & the Nepal Youth Foundation have been the partners for this project.

ICU Facilities in Cleft and Burn Centre (GG 1529621-US 100,853): More than USD 100,000 worth of medical equipment was provided to the Nepal Cleft & Burn Center at Kirtipur Hospital to treat patients with severe burns and cleft pallet deformations from across the country. The official handover took place on Thursday, 2 June 2016 and was attended by Rotarians from Nepal and Italy. The project was supported also from D-2072, Interplast, Rotary Clubs and Friends from Bologna, Italy.

The pipelines projects which are in the various stages of approval process include Drinking Water and Income Opportunities to earthquake victims in Chitawan Districts (GG#164069); Education and Water Provision for Mirge Village, Dolkha (GG#1641893); Water and Sanitation for Earthquake affected communities of Dukuchhap and Bhattedanda of Lalitpur; Micro-hydro project for Chepel, Solukhumbu; and Support of the Hospital of Rehabilitation of Disabled Children.

Collaborative Partnership

RC Patan also supported the initiatives of Rotaract Club of Patan to organize Blood Donation programme in Jawalakhel, Lalitpur. RCP actively participated in the event both through financial support and blood donation. A joint meeting was also held during this year. In many of the regular meetings, the leadership of Rotaract Club attended with their members. There has been a very good interaction between the Youth Service Committee Director of the RCP and the Rotaract member of this club and receiving advisory support on a regular basis.

Similarly, RCP has been supporting three Interact Clubs.

Two interact clubs: one in Sunakothi and the other one in Pragati school, Kupondole have been quite active and

participating in many of the community activities as well as in district's events. However, the one interact clubs of Chandibhanjyang has not been very active this year. The RCP is making extra efforts to activate its members and their activities.

Award and Recognitions:

Vocational Awards: On the occasion of vocation month, RCP organized its annual vocational award ceremony on 22 February 2016 to recognize the individuals who have made significant contribution to the communities and to the lives to the people at large. Three awards were selected from field of education, health and journalism through fair and transparent selection criteria. They are Mr. Babu Kaji Khatri, Headmaster, Mahendra Adarsha H.S. School; Ms. Shudha Vaidya, Metron of Kathmandu Medical College and Ms. Srijana Duwal Shrestha, Sub-Editor, "Nari" magazine.



'Kamalmani Educational Excellence Award' (KEEA)

The 'Kamalmani Educational Excellence Award' (KEEA) distribution programme was organized on 10 April. The KEEA was established with an endowment fund from GSR Rtn. Kamalmani Dixit to the RCP in 2012. The idea was to support the RCP's flagship PEEF programme by awarding the best all-round student among the recipients of PEEF scholarship with a certificate and a cash award. In 2014, Rtns. Ganesh R. Shrestha and PDG Tirtha M. Sakya committed annual contributions to the second and third best students. Given the popularity of this award and to motivate the students to do better, KEEA was further expanded in 2016

to 10 students (one 1st award, three 2nd awards and six 3rd awards) with commitment of annual contributions from Rtns. Matsyendra and Chandralekha Kayastha, Bijaya Mallapaty, Lalita Thapa, Sharda Prasai, Gautam Shakya, Nirmal Pradhanang and Siba B. Rajbhandary.

While the PEEF is principally a need-based scholarship, it includes reward to motivate 'merit' with a higher amount of scholarship for supported students who pass with 'distinction'. The KEEA further adds to motivate these students to excel by this kind of recognition. This is the first year for the RCP to celebrate the KEEA distribution with a large number of recipients in the presence of the Head Masters or their Representatives from all the PEEF supported schools and the Rotary family.



Awards were handed over to the following students by respective contributors together with the DG and the RCP President: 1st Award to Ms. Prayatna Shrestha, Adharsa Kanya Niketan, Mangalbazar; 2nd Awards to

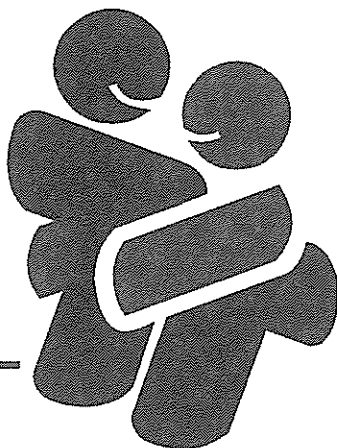
Mr. Ukesh Thapa, Shree Mahendragram S. School, Tikathali; Ms. Rasmi Tamang, Tri Padma Vidyashram, Pulchowk; & Ms. Pabina K.C., Shree Ganesh Lower S. School, Dhukuchap; and 3rd Awards to Mr. Anjali Maharjan (in absentia), Shree Balkumari S. School, Sunakothe; Ms. Puja Shrestha, Shree Krishna H.S. School, Dhapakhel; Ms. Saraswati Ghale, Patan H.S. School, Patan Dhoka; Ms. Ruth Rai, Adarsha Saul H.S. School, Bungamati; Ms. Muna Rasaili, Shree Mahendra Bhrikuti S. School, Ekantakuna; and Mr. Dinesh K.C., Lubhu Secondary School, Lubhu. These initiatives are expected to inspire the students to perform better.

Participation in District Events

Most of the RCP members took part in several events organized by the District. Sustainable Immunization Support Fund, ICMs on Rotary Image, Literacy as well as TEACH programme, New Membership orientation programme, DTAS. Fourteen out of 39 members are supporting the District through various committees.



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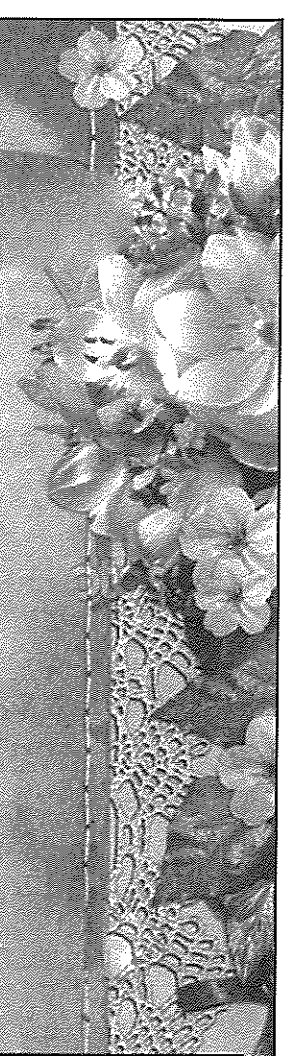
we are all able

*We Extend
Our Best Wishes
for the Grand Success
of*

ROTARY
CLUB OF PATAN

on its 31st

CHARTER DAY



Rtn. Bijaya Bajracharya	Rtn. Lochan Gyawali	Rtn. Ramesh L. Maskey
Rtn. Dr. Bishwa B. Sharma	Rtn. Dr. Shivaji B. Silwal	Rtn. Padam L. Maharjan
Rtn. Gabriele Mallapaty	Rtn. Dr. Nabal Pajiyar	Rtn. Keshab B. Mathema
Rtn. Kamal M. Dixit	Rtn. Shiva K. Pradhan	Rtn. Dr. Prakash R. Regmi
Rtn. Bijaya Mallapaty	Rtn. Bharat N. Joshi	Rtn. Tirtha M. Sakya
Rtn. Chandralekha Kayastha	Rtn. Ganesh R. Shrestha	Rtn. Santa K. Shrestha
Rtn. Kedar B. Shrestha	Rtn. Siba B. Rajbhandary	Rtn. Puskar M. Shakya
Rtn. Piyush Bajracharya	Rtn. Sharada Prasai	Rtn. Kamala Maharjan
Rtn. Jamuna K. Tamrakar	Rtn. Krishna B. Basnyat	Rtn. Jeevan K. Shrestha
Rtn. Kamal B. Nyachhyon	Rtn. Dr. Aruna Uprety	Rtn. Nirmal K. Pradhanang
Rtn. Matsyendra L. Kayastha	Rtn. Kiran Shrestha	Rtn. Kiran Thapa
Rtn. Rabendra R. Pandey	Rtn. Yagya B. Shrestha	Rtn. Mahendra Singh Rawal
Rtn. Gautam R. Shakya	Rtn. Dr. Mukti N. Shrestha	Rtn. Shiv Prakash Khemka
Rtn. Mahendra Thapa	Rtn. Lalita Thapa	

Rotary Club of Patan 2016-17

Grouping of Rotarians for Fellowship Dinner

Group 1 (1st July to 18th January)

1. Dr. Mukti N. Shrestha	July 1
2. Keshab B. Mathema	July 2
3. Krishna B. Basnyat	July 8
4. Tirtha M. Sakya	July 21
5. Dr. Shivaji Silwal	Aug 6
6. Kamal M. Dixit	Sept 2
7. Mahendra S. Rawal	Oct 5
8. Santa K. Shrestha	Nov 5
9. Ganesh R. Shrestha (GC)	Nov 22
10. Dr. Naval Pajiyar	Nov 23
11. Dr. Aruna Uprety	Dec 1
12. Piyush B. Bajracharya	Dec 12
13. Rabendra R. Pandey	Dec 14
14. Gabriele Mallapaty	Dec 16
15. Pushkar Shakya	Jan 14
16. Kamal Nyachhyon	Jan 15
17. Mahendra B. Thapa	Jan 15
18. Kedar B. Shrestha	Jan 18

Group 2 (12th February to 30th June)

1. Shiv Prakash Khemka	Feb 12
2. Padam L. Maharjan	Feb 13
3. Jamuna K. Tamrakar	Feb 17
4. Nirmal K. Pradhanang	Feb 18
5. Gautam Shakya	Feb 26
6. Kiran Thapa	Mar 2
7. Lalita Thapa	Mar 19
8. Yagya B. Shrestha	Apr 8
9. Shiva Pradhan. (GC)	May 2
10. Chandralekha Kayastha	May 4
11. Jeevan K. Shrestha	May 6
12. Bijaya Mallapaty	May 9
13. Matsyendra L. Kayastha	May 25
14. Kamala Maharjan	May 29
15. Dr. Bishwa B. Sharma	June 2
16. Siba B. Rajbhandary	June 11
17. Ramesh L. Maskey	June 12
18. Bharat N. Joshi	June 16
19. Dr. Prakash R. Regmi	June 30

The groups will have fellowships as follows:

Group 1	-	Mid November
Group 2	-	Mid March

Other Fellowship/events involving all club members with spouses:

Joint Board Meeting/Dinner	-	Last week of June
Charter Night	-	29 August
Annual Outing	-	Month of Dec/Jan



बदलिँदो युगको
एक मात्र विकल्प



पञ्चकन्या

SS

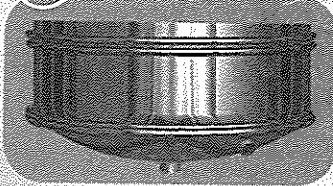
STAINLESS STEEL WATER TANK

घरघरको शान...



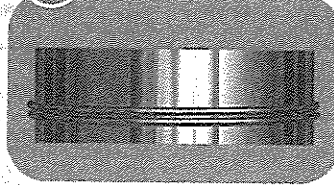
प्रमुख विशेषताहरू:

१ फलस निष्पल



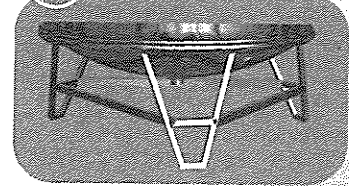
कर्ब बटनको बिचमा फलस निष्पल भएकोले सिंगल फलसद्वारा सजिलै सफा गर्न मिल्ने

२ गिरर फिनिश



गिरर फिनिश तहले गर्दा घातको क्षिरणलाई पर्यावर्तन (रिफ्लेक्सन) गर्ने हुँदा धनीलाई अन्य दृषाहीन भन्दा धियो बनाई राख्छ

३ ट्याङ्कीको स्ट्याण्ड



ट्याङ्की स्ट्याण्डको सुविधाले फुले कठकठ सजिलै प्रयोग गर्न सकिने

अन्य विशेषताहरू:

शत प्रतिशत शुद्ध आकर्षक बनावट पानीको स्वादमा कुनै परिवर्तन नहुने। टक्सिक र भिषा रहित बिरुवा ब्याक्टेरिया लेउ आदिबाट प्रभाव नपर्ने लक गर्न मिल्ने सुरक्षित कभर गाई आउटलेट निष्पल संगै कर्ब बटन भएकोले सिंगल फलसद्वारा सजिलै सफा गर्न मिल्ने। एयर मेडिटेलेटर, इनलेट, आउटलेट निष्पल र ट्याङ्कीको स्ट्याण्डले गर्दा बिना कठकठ प्रयोग गर्न मिल्ने। SSWT ट्याङ्की मौसम प्रतिरोध भएकोले जून-सर्क हावापानीको लागि उपयुक्त। पानी डेरी उद्योग, वाहन उद्योग, वेमरेज उद्योग, बुअरी उद्योग लगायत अन्य तरल पदार्थहरूको लागि उपयुक्त। चुहावटमुक्त, वर्षो टिक्ने उत्पादनमा आउने सराबीना लागो समयसरनको लागि चारैन्दी आधुनिक प्रविधिद्वारा नेपालमा पहिलो पटक पञ्चकन्या ग्रुपद्वारा उत्पादन गरिएको।

100%
HYGIENIC

५००, १०००, १५०० र २००० लि.
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PHOTO GALLERY



Rtn. Dr. Nabal Pajiyar visiting RC Guntur in India



DG Keshav Kunwar releasing RCP Souvenir during 30th charterday.



DG Jaya Shah receiving a cheque from the RCP President.



Training session on RHD Prevention Global Grant.



Health Camp at Gwarko benefiting 200 citizens



Under GG1529621- team of 10 visiting Rotarians from Italy

PHOTO GALLERY



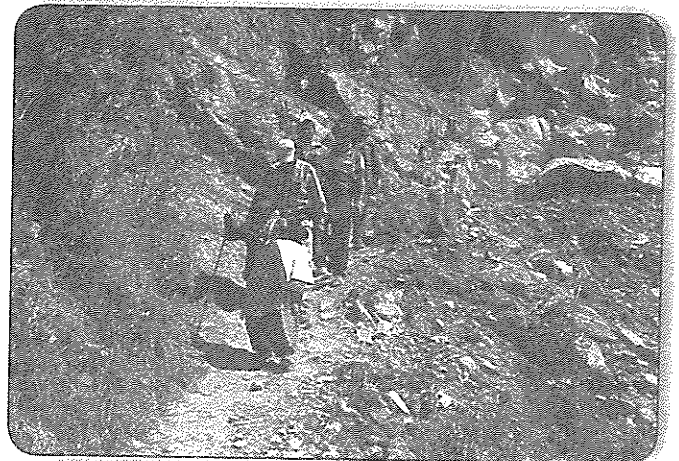
Recognition of Charter Member and with more than 25 years service.



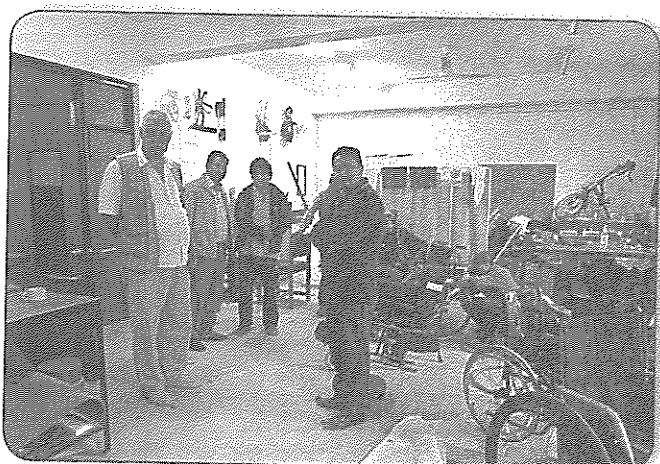
Opening of Training Program of RHD using hording board.



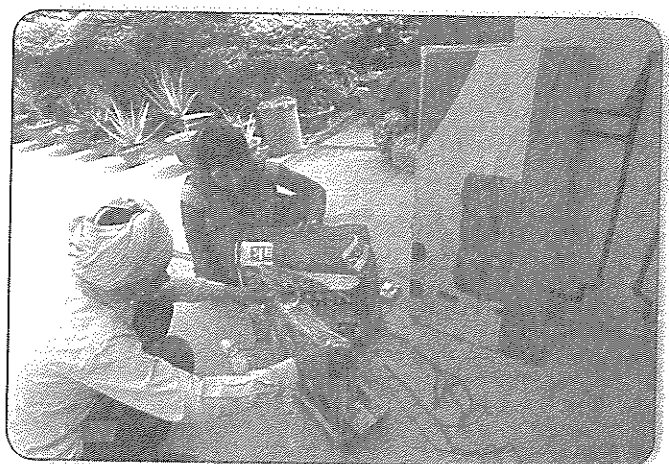
Under GG1635438 – holistic community development project site visit in Chandibhanjyang, Chitwan District



Project planning visit to earthquake affected villages in Bhattedanda, Lalitpur District



Review of Prosthetics and Orthotics services in Nepal with support of International Consultant



Support services provided to participants of tailoring: fashion designing under GG 1527136

PHOTO GALLERY



Distribution of certificate to the participants under GG 1527136



RI President Rabindran's visit to Nepal during District Rotary Foundation Recognition Programme



Sweater Distribution to 1000 students in earthquake affected villages of Dolakha District



Project planning visit to earthquake affected village of Jolku, Dukucchap in Lalitpur District



Group photographs after the certificate distribution ceremony GG 1527136

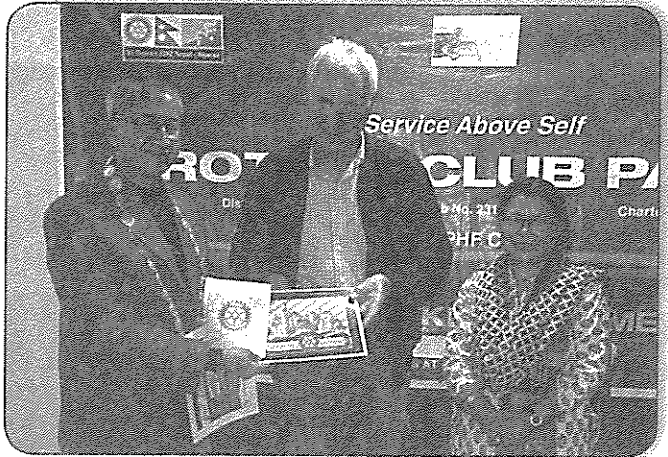


Dignitaries, Guest & Participants attending the 30th charter day ceremony

PHOTO GALLERY



Group photograph after the certificate distribution ceremony PPRHD



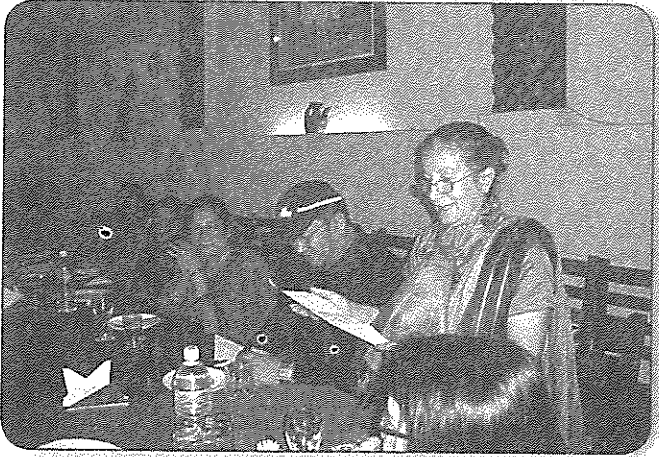
Visiting Rotarian from RC of Neuberg, Germany



Distribution of supplies to the participants under GG 1527136



First Lady Ms. Ramila Bajracharya honoring the first lady of the district Ms. Durga Kunwar



Rtn. Dr. Aruna Upreti reading a poem at Birthday Fellowship



DG Jaya R L Shah with the newly inducted members Rtn. Mahendra Singh Rawal & Rtn. Kiran Thapa

List of Major Donors and MPHFs



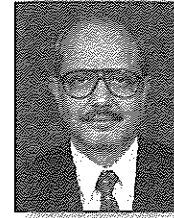
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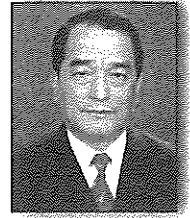
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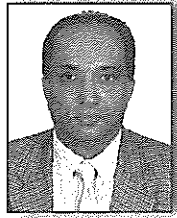
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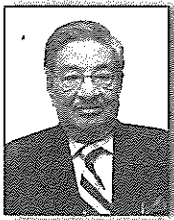
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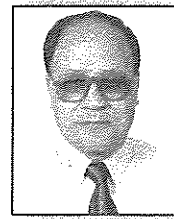
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Rtn. Mahendra Thapa
MPHF +1



Rtn. Ramesh L. Maskay
MPHF +1



Rtn. Nirmal K. Pradhanang
MPHF +1



Committees for 2016-2017

Club Administration - Rtn. Mahendra Thapa, Director/Chairperson

Rotary Info/Bulletin/Social Media:

Co-ordinator - Rtn. Gabriele Mallapaty
Members - Rtn. Kamalmani Dixit
- Rtn. Bijaya Mallapaty
- Rtn. Chandralekha Kayastha

Fellowship / Programs/ Club Assembly:

Co-ordinator - Rtn. Kedar B. Shrestha
Members - Rtn. Jamuna K. Tamrakar
- Rtn. Kamal B. Nyachhyon
- Rtn. Bijaya Bajracharya

Membership - Rtn. Matsyendra L. Kayastha, Director/Chairperson

Club Mentor:

Rtn. Kamalmani Dixit

Mentors:

PDG Rtn. Tirtha M. Sakya, Rtn. Rabendra R. Pandey, Rtn. Krishna B. Basnyat & Rtn. Keshab B. Mathema

Orientation and Training:

Rtn. Lalita Thapa
Rtn. Mahendra Thapa

Image/Public Relations - Rtn. Prakash R. Regmi, Director/Chairperson

Media/Rotary Image:

Rtn. Tirtha Man Sakya
Rtn. Santa K. Shrestha
Rtn. Jeevan K. Shrestha
Rtn. Mukti N. Shrestha
Rtn. Kiran Shrestha

Special Events (incl. 4 way test)

Rtn. Kamalmani Dixit
Rtn. Puskar M. Shakya
Rtn. Nabal Pajiyar &
Rtn. Shiva Pradhan

Lalithdara Souvenir:

Co-ordinator - Rtn. Mahendra B. Thapa
Members - Rtn. Kamal M. Dixit
- Rtn. Bharat N. Joshi
- Rtn. Shiva K. Pradhan

Service Projects - Rtn. Gabriele Mallapaty, Director/Chairperson

PEEF:

Coordinator- Rtn. Chandralekha Kayastha
Programme Manager Rtn. Padam L. Moharjan
Finance Manager - Rtn. Bijaya Mallapaty
Distribution Manager Rtn. Ganesh R. Shrestha,
Members: Rtn. Siba B. Rajbhandary (Fund-Raising),
Rtn. Matsyendra L. Kayastha & Rtn. Sharada Prasai

RCP Representatives to:

Nepal Orthopaedic Hospital:
Rtn. Jeevan K. Shrestha
Rtn. Piyush B. Bajracharya

Community Development/RCC:

RCC, Sunakothi - Coordinator
Rtn. Bijaya Mallapaty
RCC, Chandibhanjyang - Coordinator
Rtn. Prakash R. Regmi

Earthquake Committee:

Coordinator - Rtn. Matsyendra L. Kayastha
Members: Rtn. Lochan Gyawali, Rtn. Gabriele Mallapaty, Rtn. Ganesh R. Shrestha, Rtn. Siba B. Rajbhandary, Rtn. Piyush Bajracharya, Rtn. Lalita Thapa

Disability Awareness:

Coordinator - Rtn. Rabendra R. Pandey
Members - Rtn. Gautam Shakya
- Rtn. Bishwa B. Sharma

Polio Plus:

Coordinator - Rtn. Prakash R. Regmi
Members - Rtn. Shivaji Silwal
- Rtn. Aruna Uprety
- Rtn. Kamala Maharjan

Youth Service - Rtn. Nirmal B. Pradhanang, Director

Interact: Rtn. Chandralekha Kayastha & Rtn. Kamala Maharjan

Rotaract: Rtn. Shiva K. Pradhan & Rtn. Ganesh R. Shrestha

The Rotary Foundation - Rtn. Siba B. Rajbhandary, Director/Chairperson

Members: Rtn. Bishwa B. Sharma,
Rtn. Ramesh Maskay &
Rtn. Gautam R. Shakya

Sergeant-at-Arms & Fellowship Co-ordinator- Rtn. Kedar B. Shrestha

"The Club President Serves as Ex-officio Member of all Committees"

‘क्लासिफिकेशन’



- रो. कमलमणि दीक्षित

रोटरीमा सदस्यको 'क्लासिफिकेशन' को ठूलो महत्त्व हुन्छ । तर जति महत्त्व यसलाई रोटरीको 'म्यानुअल' ले दिएको छ त्यति धेरै महत्त्व क्लबहरूले अचेल दिदैनन् कि क्या । मलाई त्यस्तै लाग्न थालेको छ हिजोआज । मैले रोटरी प्रवेश गर्ने ताका, भन्नु पचास वर्षजति अघि त्यस्तो थिएन । क्लबमा 'क्लासिफिकेशन रोष्टर' राखिन्थ्यो । १९७०-७१ मा मैले रोटरी प्रवेश गर्दा नेपालमा एउटा मात्र रोटरी क्लब थियो, रोटरी क्लब अफ काठमाण्डू । त्यहाँ म मेम्बर बन्न लाग्दा मलाई के 'क्लासिफिकेशन' दिने भन्नेमा निकै माथापच्ची भएछ । मेरा स्पान्सर भएका त्यहाँका पास्ट-प्रेसिडेन्ट जनरल अर्जुनशमशेर (हालका गभर्नर जया शाहका पिता) ले मलाई सोध्नुभयो- "कमलमणिजी, तपाईं के काम गर्नुहुन्छ ?" मैले सोभो र सत्य कुरा भनिदिँ- "म रानी जगदम्बाको सेवामा छु । मेरा पिता उहाँका सेक्रेटरी, म पिताजीको सहायक छु, एसिस्टेन्ट ।" यसले जनरल अर्जुनलाई अफठेरोमा पारिदिएछ । संस्था होइन, व्यक्तिगत एकजनाको सेक्रेटरीको पनि सहायकलाई के भनेर क्लासिफिकेशन दिनु भनेर उहाँ जिल्ल पर्नुभएछ ! त्यसको समाधान फेला नपरेपछि उहाँले मलाई फेरि सोध्नुभयो- "तपाईं त किताबसिताब पनि लेख्नुहुन्छ, होइन ?" मैले हो भनेपछि उहाँले मलाई 'लिटरेचर' भन्ने क्लासिफिकेशन प्रदान गर्नुभएछ । 'राइटर' होइन लिटरेचर, 'लेखक' होइन, 'साहित्य' ।

तर, मेरो क्लासिफिकेशनको कथा त्यतिमा सकिएन, अझ अगाडि बढ्यो यो एक दुई वर्षपछि । कुरा खुलाउँ । अलि तन्नेरी भएकाले होला, अथवा अरुहरूको जस्तो अफिस कार्यालयहरूमा अल्मलिनु नपर्ने भएर पनि होला म क्लबको काम कुरोमा पहिलेदेखि नै अलि बढी नै चासो राख्थे । त्यसैले प्रेसिडेन्ट साहेबहरूको पनि म प्रिय बन्थे । त्यसमा

थप क्लबका वरिष्ठ रोटेरियन 'गोपालदाइ' (गोपालराज राजभण्डारी) संगको मेरो व्यक्तिगत सम्बन्धले गर्दा समेत होला, म काठमाण्डू रोटरी क्लबको 'याक्टिभ' भन्दा पनि 'सुपर याक्टिभ' सदस्य हुन पुगेको थिएँ । त्यसै हुँदा वर्षे वर्ष कलकत्ताबाट आउने 'डीजी' (डिस्ट्रिक्ट गभर्नर) हरूसंग मेरो निकट सम्पर्क बन्ने गर्थ्यो । पी एन मुखर्जी भन्ने एकजना गभर्नरले के परिबन्द परेर हो दोस्रो पटक पनि गभर्नरको अभिभारा बोक्नुपरेको थियो । उनीसंग त्यसैले म अझ नजिक हुनपुगेको थिएँ । ती गभर्नरका बारेमा मैले यति लामो चर्चा गर्नाको कारण हो- उनी मेरो 'क्लासिफिकेशन' फेरिनाका 'कारणी' बने । त्यसको विवरण यो -

कलकत्ताबाट गभर्नरहरू काठमाण्डू क्लबको भिजिटमा आएका बेला साधारणतः गोपालदाइका 'हाउस गेष्ट' बन्थे । उनीहरू उहाँको दरबारमार्ग स्थित भव्य तथा सुविधासम्पन्न भवनमै बस्थे धेरैजसो । एक दुई दिन बढी पनि बस्थे उनीहरू र रमाइलो गर्थे । त्यस्तै एउटा भिजिटमा गभर्नर पी एनले मलाई भने- "कमल, तिम्रो क्लासिफिकेशन मन परेको छैन, म तिमीलाई अलि राम्रो क्लासिफिकेशन दिन्छु, फ्रेन्चमा" भनेर उनले मेरो क्लासिफिकेशन फेरिदिए, 'लिटरेचर' लाई बदलेर त्यसैको फ्रेन्च बनाइदिए उनले "बेल लेत्र" अर्थात् belles letters, र भने- "कमल, इट्स यूनिक, नो बडी इन आवर डिस्ट्रिक्ट ह्याज अ क्लासिफिकेशन लाइक योर्स !"

ठीक हो । आजसम्म पनि यस्तो अर्को क्लासिफिकेशन देखेको छैन मैले यो भेकमा । माथि दिएको लेखको शीर्षक पहिले मैले अर्कै छानेको थिएँ "मेरो रोटरी क्लासिफिकेशन" भन्ने । तर पछिबाट मलाई लाग्यो यो मेरो आफ्नै बारेमा भन्दा पनि सबैलाई काम लाग्ने होस् भन्ने । अनि त्यतैतिर

मोडिउँ म । तर यो न 'त्यस्तो' हुनसक्यो न 'यस्तो' । मैले रोटरीमा 'क्लासिफिकेशन'को महत्व के हो भनेर बुझाउन चाहें । तर लेख बटारिएर मेरै वरिपरि घुम्यो । अब अलिकति विषयमै प्रवेश गरौं । पैले त विचार गरौं रोटरीले यो प्रथा किन चलायो ? एकै किसिमिका काम या व्यापार गर्नेहरूले आफैहरूबीच सीमित रहने गरी बनाएका संघ, संस्था अथवा क्लबहरूभन्दा अलग सबै किसिमका मान्छेहरू समेट्न सक्ने एउटा समूह भेला गर्ने उद्देश्यले स्थापना भएको हो रोटरी सर्वप्रथम सन् १९०५ मा । क्लबमा एकै किसिमका मान्छेहरूको वाहुल्य नहोस् भनेर एउटा पेशाको एकै जना मात्र भित्र्याउने नियम थियो पैले त रोटरीमा । पछि त्यसलाई बढाएर एकै पेशामा लागेका बढीमा पाँच जनासम्म ल्याउन सकिने पारिएको हो । आफ्नो समुदाय अथवा इलाकाका समेसम्म धेरै क्षेत्रमा काम गर्नेहरू हप्तामा एकै दिन भए पनि एकैछिन एकापसमा भेटुन् र घुलमिल गरुन् भन्ने रोटरीको पवित्र उद्देश्य हो । अनैतिक र अश्लील काम कुरा गर्ने बाहेक कुनै पनि पेशा अग्राह्य हुँदैन रोटरीमा । कोही पनि मान्छे पेशाकै कारण ठूलो

वा सानो हुँदैन । सबै पेशा समान्य हुन्, कुनैलाई पनि हेप्न या हेला गर्न पाइँदैन भन्ने सन्देश दिन खोजेको हो यो रोटरीले 'क्लासिफिकेशन' भन्ने प्रथा शुरु गरेर । तिम्ब्रो 'ब्रेड यान बटर' जेबाट जुटेको छ (अर्थात् जे काम गरेर तिम्ब्रो भान्छामा दालभात पाक्ने गरेको छ) त्यही तिम्ब्रो 'क्लासिफिकेशन' हो भन्छ रोटरी । देखौवा रूपका पेशा जेसुकै तिमीले अँगाले तापनि त्यस्तोलाई 'क्लासिफिकेशन' भन्न मिल्दैन । यो आदर्श हो । तर यो आदर्शमा हाम्रो नेपालका त कुरै छाडुं भारतका समेत अधिकांश क्लबहरू पुग्न सकेका छैनन् । 'घर घर माटाकै चूल्हा' भने जस्तो सबैतिर क्लबका 'क्लासिफिकेशन-चेयर' को स्वविवेकमा क्लासिफिकेशनहरू बन्छन् र बाँडिन्छन् । क्लबकै इज्जतका लागि ठूलाठूला नामका क्लासिफिकेशन वितरण हुन्छन् मेम्बरहरूलाई, भलै ती सदस्यज्यूको दालभात त्यसै पेशाबाट जुटेको नहोस् ! मैले देखेको र भोगेको सत्य यही हो । यथार्थ पनि सके यही नै हो ।



ROTARY'S '4 WAY TEST'

Of the things we think, say or do:

1. *Is it the TRUTH ?*
2. *Is it FAIR to all concerned ?*
3. *Will it build GOODWILL and BETTER FRIENDSHIPS ?*
4. *Will it be BENEFICIAL to all concerned ?*

रोटरीका चार सूत्रे कसी

हामीले गर्ने र भन्ने हरेक कुरामा हामीद्वारा जाँचेर मात्र भन्ने अथवा गर्ने गरौं ।

१. के सत्य कुरा यही नै हो त ?
२. के यो सबैका लागि राम्रै हुन्छ त ?
३. के यसले सद्भावना र मैत्रीको वृद्धि गर्ला त ?
४. के यसले सबैलाई भलो गर्ला त ?

सम्पत्ति / सुख



- रो. पीयूष बज्राचार्य

सम्पत्ति र सुख दुई भिन्ना-भिन्नै शब्द हुन् । मनुष्यको जिन्दगीमा यी दुवै आवश्यक छ । दुवैको परस्पर सम्बन्ध छ । यसमा रमाइलो कुरो यो पनि छ कि दरीद्र वा निर्धन व्यक्ति सम्पत्ति नै सुख हो भन्ने सम्झन्छ तर यसको विपरीत धन हुनेहरू सम्पत्तिलाई नै सुख मान्न तयार छैनन् । वाल्यकालको सम्पत्ति लिएँ एकजना ल्हासा साहु (तिब्बतमा गएर व्यापार गर्ने) को शब्दमा 'हेर्नुस यो पैसा भनेको आगोको गोला जस्तै हो बोकी राख्नु आफैलाई पोल्छ छोडे आफूसँग केही पनि छैन ।' यस वाक्यबाट सम्पत्ति सुख भन्दा दुःखको पोको हो । यस्तै निर्धन व्यक्तिहरू आफ्नो दरिद्रता नै दुःखको कारण मान्छन् । पैसा भए सुख किन्न सकिने धारणा राख्छन् ।

सुखको बारेमा धेरैले धेरै विचार गरेर लेखेको पाइन्छ । वैज्ञानिकहरू सुखको अनुभूती दिमागमा हुने हर्मोन र न्यूरोट्रान्समिटर जस्तै Dopamine, Selenium, Endomorphin र Oxytocin जस्ता पदार्थले हुने गराउने व्याख्या गर्छन् । यसको उत्तार चढाव मनले नियन्त्रण गर्छ । यहाँ भन्न खोजिएको वैज्ञानिकहरूको कुरा भन्दा व्यावहारिक पक्ष बढी छ । अर्को शब्दमा भन्नु पर्दा सुख कुनै अपेक्षित चीज जस्तै नयाँ घर नयाँ गाडी वा महंगा गरगहना प्राप्त हुँदा अनुभूती हुन्छ । यी सबै सम्पत्तिसँगै सम्बन्धित छन् । सम्पत्ति भएपछि प्राप्त हुने वस्तुहरू हुन् । तर ती वस्तु प्राप्त भएर हुने सुख स्थायी होइन क्षणिक सुख हो । अतः कतिपय विचारवानहरू यस्तो सुखलाई सुख मान्न तयार छैनन् । यही परिपेक्ष्यमा पैसाले प्राप्त गर्न सकिने सुख साँच्चिको सुख होइन भन्न कर लाग्छ । यसै सन्दर्भमा संसारमा विभिन्न देशमा गरिएको परीक्षण अनुसार यसलाई भिन्नै किसिमले व्याख्या गर्न सकिन्छ । यदि कसैसँग सम्पत्ति छ सुख छैन त्यस सम्पत्तिबाट सुख हासिल गर्न चाहन्छ भने पहिले सोचौं भएको खर्च गरेर नभएको कसरी प्राप्त गर्न सकिन्छ ।

सम्पत्ति खर्च २ प्रकारले गर्न सकिन्छ । आफ्नै लागि खर्च गर्नु र परोपकारमा खर्च गर्नु । माथि उल्लेख भए भए आफैलाई वा आफ्नो परिवारलाई गरिएको खर्चले आत्म सन्तुष्टि भए पनि स्थायी आनन्द उपलब्ध हुँदैन । तर कुनै अति आवश्यक परेको व्यक्ति वा परिवार वा समाजको लागि खर्चिएको सम्पत्तिले दीर्घकालीन सुप्रभाव पार्छ । जस्तै कुनै एक जेहेन्दार बच्चा खर्च

नपुगेर पढ्न पाइरहेको छैन भने तपाईंको सानो रकमले उनको जीन्दगी बन्नसक्छ । आफ्नो मनले त्यो सम्पत्तिको सदुपयोग भएको महसूस हुन्छ । यतिमात्र होइन यदि त्यो बच्चाले उच्च शिक्षा समेत हासिल गर्न सकिने किसिमको रकम भए उनले तपाईंको गुणलाई कहिल्यै बिर्सिने छैन । तपाईंको गुण उनको आदरको कारण बन्न सक्छ । तपाईं पनि उनको आदर पाएर पछिसम्म गौरवान्वित हुन पाउने छ । तर त्यस्तो परसम्मको आशा त गर्नु हुँदैन ।

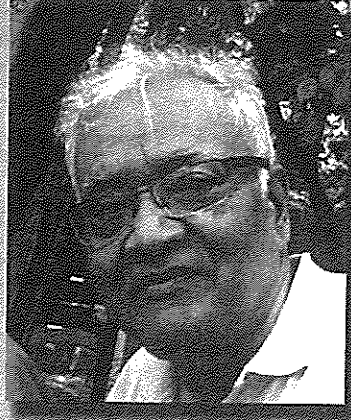
त्यस्तै खाले अर्को उदाहरण भन्नु पर्दा कोही बच्चाको ज्यानको खतराको रोग छ महँगो अपरेशन वा औषधोपचार गरेर निको गर्न सकिने अवस्था छ भने तपाईंको सम्पत्तिको केहि अंशले उक्त बच्चाको जिन्दगी दिन सकिने सहयोग जति ठूलो धर्म अरु कुनै हुन सक्दैन । अब यहाँ तपाईं सम्झनुस् २-४ लाखले ज्यान बच्छ तपाईंको व्यापारमा केही असर पर्दैन घर परिवारलाई दुःख हुँदैन भने त्यो खर्च तपाईंको लागि दीर्घकालीन सुख हासिल गर्ने सुवर्ण अवसर हुन सक्छ । यस्ता धेरै उदाहरणहरू छन् । त्यस्तै कुनै अस्पताल जस्तो बनाएर समाज मानव हित हुने सर्वजन हिताय सोच्ने हो भने तपाईं धनी मात्र होइन अमर पनि हुन सक्नु हुन्छ । यदि तपाईंले उपर्युक्त काममा खर्च गरिराख्नु भएको छ तर त्यस्तो खास सुखानुभूती अनुभव गर्नु भएको छैन भने सम्झनुस् तपाईंले यथेष्ट खर्च गर्नु भएको छैन । किनकि प्राचीन कालदेखि एउटा कथन "धनात् धर्म तत् सुखम्" धन भए पछि धर्म (परोपकार हुने काम) गर्ने त्यसपछि सुख प्राप्त हुन्छ । अन्त्यमा एउटा अति विचारणीय कुरो एउटा भनि हालै हुन त यो सबैलाई कर्णप्रिय नहोला तर विचारवान् व्यक्तिको बनाई नकार्न सकिँदैन । उहाँकै शब्दमा - "आफूले कमाएको सम्पत्ति यदि आफैले भोग गर्नु हुन्न भने त्यो अरु कसैको हुनेछ ।" शुभम् ।



भावपूर्ण श्रद्धाञ्जलि



जन्म मिति
वि.सं. २००५/०६/१६

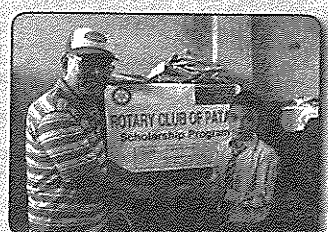


स्वर्गारोहण मिति
वि.सं. २०७२/००/००

स्व. रो. नारायण गोविन्द हलवाई

नारायण गोविन्द हलवाई अत्यन्त गुणी व्यक्ति हुनुहुन्थ्यो, मेधावी, निष्ठावान र सत्यनिष्ठ । एक शब्दमा उहाँको चरित्र वर्णन गर्दा उहाँलाई 'आदर्श' रोटेरियन भन्न सुरुहुन्छ । आफूले जिम्मा लिएको काम र कुरा दुङ्गोमा नपुऱ्याई नछाड्ने उहाँको स्वभाव थियो । अंग्रेजीमा उहाँलाई 'पर्फेक्सनिष्ट' भन्नु उपयुक्त हुन्छ । हाम्रो बलबको छात्रवृत्ति कोषलाई व्यवस्थित पार्न उहाँले जे-जति कार्य गर्नुभयो, त्यो अविष्मरणीय रह्यो । त्यस अर्थमा उहाँ एक प्रकारले हाम्रो बलब अर्थात् 'आरसी पाटन' को पर्यायवाची भैसक्नुभएको थियो । शिक्षा र पेशाले इन्जिनियर हलवाईजी गहिरो ज्ञान जिज्ञासु हुनुहुन्थ्यो अत्यन्त अध्ययनशील पनि । पाटनका राजा श्रीनिवास मल्लको समयका एकजना कवि कुनु शर्माले उसै बेला लेखेको पाटन शहरको वर्णन भएको एउटा किताब 'कीर्तिपताका' योगी नरहरिनाथले फेला पारी त्यसलाई संस्कृत श्लोकका साथै नेपाली अनुवाद सहित प्रकाशित गराएका थिए २०१६ सालतिर । त्यो किताब उहाँले पढ्न पाउनु भएछ केही वर्ष अघि मात्र । पुरानो पाटन शहरका टोलहरूको वर्णन पढेपछि त्यहाँ लेखिएका कुराहरू के-के फेरिएछन् भनी अध्ययन गर्न थाल्नुभयो हलवाईजीले । फोटोहरू खिच्दै तिनका बारेमा लेख्दै पनि जानुभयो । त्यो त एउटा गहकिलो पुस्तक नै भएछ । त्यो किताब देखेर उहाँको छोराले त्यो छापि हाल्नुपर्छ भनेपछि हलवाईजी अन्तिम समयमा त्यही पुस्तकलाई प्रेसमा पठाउने तयारीमा हुनुहुन्थ्यो । तर, भगवानले उहाँलाई चुँडेर लगिहाल्यो । अब नारायण गोविन्द हलवाईजीको कीर्ति कायम राख्न उहाँको त्यो 'कीर्तिपताका' शीघ्र प्रकाशित भैहाल्नुपर्छ भन्ने हाम्रो प्रार्थना छ ।

स्व. रो. नारायण गोविन्द हलवाईको शिवालयमा एउटा



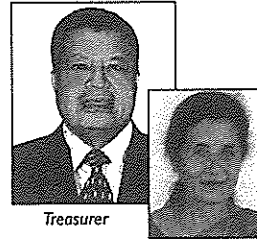
रोटरी क्लब अफ पाटन
परिवार

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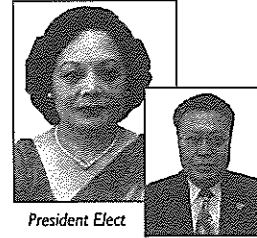
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Res: Jwagal, Kopundol-10, Lalitpur
Ph: (R) 5529640, (O) 4223960
(M): 9851013388
Born: 12th Dec. Wed: 27 Feb
Serv: D.S., M (CLC)
Join: 2005
Spouse: RAMITA
E-mail: piyush.bajra@gmail.com



President Elect

Kayastha Chandralekha (MPHF+4)
Classification: Architect
Add: Mr. & Mrs. ML Kayastha & Associates Pvt. Ltd.
Ph: (R) 5520624, (O) 5521279
Cell: 9849450309
Born: 4th May; Wed: 7th July
Join: 2008
Serv: D, S, VP
Spouse: MATSYENDRA
E-mail: kayasthacl@gmail.com



Past President

Basnyat K. Bahadur (MPHF+2)
Classification: Insurance
Add: Sagarmatha Insurance Co. Ltd.
Res: Manbhawan, Jawalakhel
Ph: (R) 5533341, (O) 4412367
(M): 9851024313
Born: 8 July
Join: 2000
E-mail: krishnabasnyat@gmail.com



Post President
Chair: Membership

Kayastha Matsyendra Lal (MD)
Classification: Architect
Add: Mr. & Mrs. ML Kayastha & Associates Pvt. Ltd.
Ph: (R) 5520624, (O) 5521279
Cell: 9851021458
Born: 25th May; Wed: 7th July
Join: 1984
Serv: CS, D, DAC
Spouse: CHANDRALEKHA
E-mail: mlkayastha@gmail.com



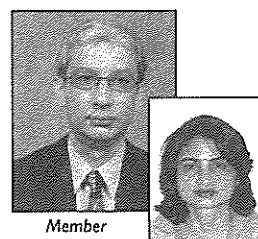
Member

Dixit Kamalmani (MD)
Classification: Senior Active (Stelic)
Add: Madan Piraskar Pustakalaya
Shree Durbar Tole, Lalitpur
Ph: (R) 5536338, (O) 5521014
Born: 2 Sep; Wed: 11 June
Join: 1986
Serv: D; Sgt, DAC, CM
E-mail: kamal@mpp.org.np



Member

Khemka Shiv Prakash
Classification: Elect. & Electronics Business
Add: Anand Bhairab Marg, Gyaneshwar
Ph: (R) 4436305, (O) 4110860
Cell: 9801025886
Born: 12th Feb; Wed: 11st Dec
Join: 2016
Spouse: PREETI
E-mail: spkhemka@gmail.com



Member

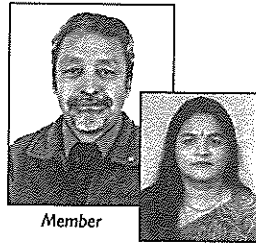
Gyawali Lochan (PHF)
Classification: Trekking Agent
Add: Nepal Trek House
Ph: (R) 5521311, (O) 5522871
Born: 12 Nov Wed: 30 Jan
Join: 1986
Serv: Sgt
Spouse: SANGITA
E-mail: info@nbe.com.np



Member

Maharjan Kamala (MPHF+2)
Classification: General Nurse/Mid-Wife
Add: Ichakhel Panga, Kirtipur-12, KTM
Ph: (R) 4331236, 4227863
Cell: 9721322858, 9841348337
Born: 29th May; Wed: 29th April
Join: 2014
Serv: M (CLC)
Spouse: PADAM LALL
E-mail: kamala29548@yahoo.com

Members of Rotary Club of Patan



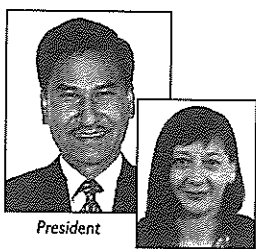
Maharjan Padam Lal (MPHF+2)
Classification: Commes & Nabi Aids Express, Electronic Engineer
Add: Ichakhel Panga, Kirtipur-12, KTM
Ph: (R) 4331236, Cell: 9841348337
Born: 13th Feb; Wed: 29th April
Join: 2003 Serv: C (CLC)
Spouse: KAMALA
E-mail: padam132@gmail.com

Member



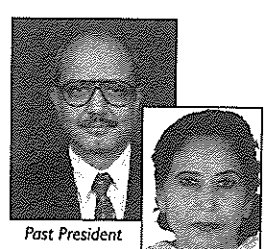
Pajiyar Dr. Nabal (PHF)
Classification: Memory Trainer
Mind Power Development Systems P. Ltd.
Add: Koteswor, Kathmandu
Cell: 9844117444, 9843566999
Born: 23rd Nov; Wed: 3rd Feb
Join: 2012
Spouse: Er. BINA
E-mail: nabalpajiyar@gmail.com

Member



Mallapaty Bijaya (MPHF+5)
Classification: Development Management
Add: Bhainsepati, Lalitpur
Ph: (R) 5592541
Cell: 9803683969
Born: 9th May; Wed: 14th May
Join: 2008
Serv: D, S, VP, DCWDSC
Spouse: GABRIELE
E-mail: bijaya.mallapaty@gmail.com

President



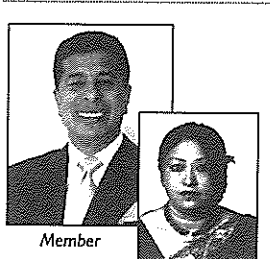
Pandey Rabendra Raj (MD)
Classification: Airline GSA
Add: Central Park, Orchid Tower, No. 701, Bishal Nagar
Ph: (O) 4220759, 4009087
Cell: 9851020174
Born: 14th Dec; Wed: 18th Feb
Join: 1990
Serv: D, VP, P, AG, DPC, DAC, M (CLC)
Spouse: CHANDRA LEKHA
E-mail: ramjeep2003@yahoo.com

Past President



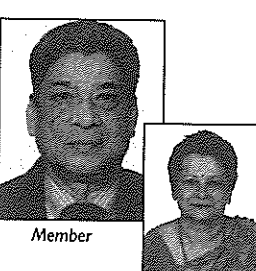
Mallapaty Gabriele (MPHF+5)
Classification: Health Services Management
Add: Bhainsepati, Lalitpur
Ph: (R) 5592541
Cell: 9803683970
Born: 17th Dec; Wed: 14th May
Join: 2008
Serv: D, S, VP, DPRRCR-3, WB
Spouse: BIJAYA
E-mail: gabriele.mallapaty@gmail.com

President Nominee
Chair: Service Proj.



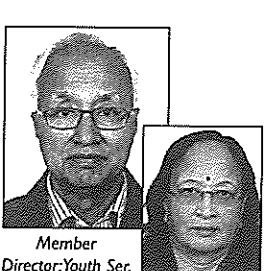
Pradhan Shiva Kumar (MPHF+1)
Classification: Photo Lab
Add: Tulsi Home, Samakhusi, Kathmandu
Ph: (R) 4357784
Cell: 9851046308
Born: 2nd May; Wed: 19th Fhagun
Join: 2009
Serv: D, JS
Spouse: TIKA
E-mail: shiva_pra@hotmail.com

Member



Maskay Ramesh Lal (MPHF+1)
Classification: Aeronautical Engineer
Add: Vinayak Colony, Bhainsepati, Lalitpur
Ph: (R) 5114120
Cell: 9851030200
Born: 12th June; Wed: 6th March
Join: 2015
Spouse: SHOBHA
E-mail: ramesh.maskay@gmail.com

Member



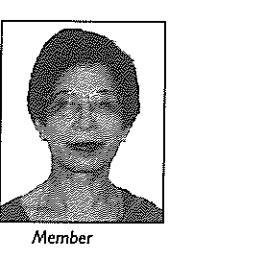
Pradhanang Nirmal K. (MPHF+1)
Classification: Communication/Navaid/s/
Surveillance Engineer
Add: KA-4/158 Dhobighat, Lalitpur
Ph: (R) 5524956, 5554965
Cell: 9851055321, 9801055391
Born: 18th Feb; Wed: 5th March
Join: 2014
Serv: D
Spouse: BIJAYA
E-mail: nirmal.pradhanang@gmail.com

Member
Director: Youth Ser.



Mathema Keshab B. (MPHF+2)
Classification: Social Development
Add: 2/128 Dhokadol, Sanepa, Lalitpur
Ph: (R) 5529385
Cell: 9841282851
Born: 2d July; Wed: 30th Nov
Join: 1998
Serv: D, VP, PE, P
Spouse: SHANTI
E-mail: keshab.mathema@gmail.com

Past President



Prasai Sharada (MPHF+1)
Classification: Travel Agent
Add: Natraj Tours & Travel (P) Ltd.
Ph: (R) 4229277, (O) 4169001
Born: 14th June; Wed: 1st Feb
Join: 1999
Serv: D, SG
E-mail: info@natrajtours.com.np

Member



Nyachhyon K. Bahadur (MPHF+1)
Classification: Heavy Textile Manufacturer
Add: Himal Tents (P.) Ltd.
Ph: (R) 5526070, (O) 5522202
Cell: 9851023354
Born: 15th Jan; Wed: 15th Feb
Join: 1986
Serv: D, T, P
Spouse: SULOCHANA
E-mail: kamal@himaltents.com

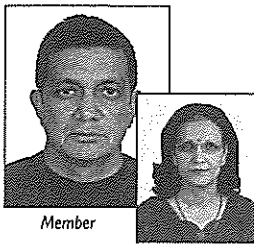
Past President



Rajbhandary Siba Bhakta (MD)
Classification: Social Development
Add: Imperial Court, Sanepa, Lalitpur
Ph: 5526856
Cell: 9841214856
Born: 11 June; Wed: 8th Mar
Join: 1998
Serv: D, S, PDS, DT, AG, DPC, DGSC
Spouse: MITHILA;
E-mail: sibabr@gmail.com

Past President
Chair: TRF

Members of Rotary Club of Patan



Rawal Mahendra S.
Classification: Civil Aviation Expert
Add: Imadole, Lalitpur
Ph: (R) 5202755
Cell: 9841250339
Born: 5th Oct; Wed: 26th Nov
Join: 2016
Spouse: AMBIKA
E-mail: mahendra.rawal@gmail.com

Member



Shrestha Ganesh Raj (MPHF+8)
Classification: Rubber Recycling
Add: Pashupati Rubber Industries
Res: Sinchahity, Lalitpur
Ph: (R) 5003780, Cell: 9851021440
Born: 22nd Nov; Wed: 7th Jan
Join: 1993
Serv: S, T, D, S, VP, P, CC, DEC, AG, DWCDSC,
M (CLC), CT
Spouse: BIJAYA LAXMI
E-mail: ganeshrshrestha@hotmail.com

Past President
Jt. Secretary



Regmi Dr. Prakash Raj (MPHF+7)
Classification: Cardiologist
Add: Lalitpur Heart Clinic
Res: Dhobighat, Lalitpur
Ph: (R) 5525536, (O) 5536474
Cell: 9851051170
Born: 21st Ashad; Wed: 2nd Baisakh
Join: 1990
Serv: D, DAC, DICRACC
Spouse: UPASANA
E-mail: prregmi@wlink.com.np

Past President
Chair: PR



Shrestha Jeevan Kumar (MPHF+1)
Classification: Civil Engineer
Add: Chakupat, Lalitpur
Ph: (R) 5260059
Cell: 9851045085
Born: 6th May; Wed: 23rd June
Serv: D, S, VP, P
Spouse: GUNU
E-mail: shrestha.jeevank@gmail.com

Past President



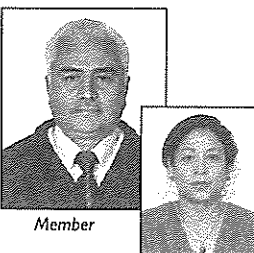
Sakya Tirtha Man (MD)
Classification: Legislative Drafting
Former Chairman, Public Service Commission,
Chief Secretary, Govt. of Nepal
Add: Hakha Tole, Lalitpur
Ph: (R) 5522467, Cell: 9851026534
Born: 21st July; Wed: 14th Feb
Join: 1988
Serv: D, VP, P, AG, DC, DG, DCC, DAC
Spouse: NANI SHOVA
E-mail: tirtha.sakya@yahoo.com

Past President



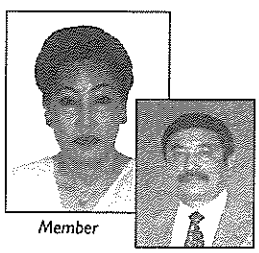
Shrestha Kedar Bhakta (MPHF+3)
Classification: Past Service
Add: Kupondol Heights, Lalitpur
Ph: (R) 5522207, 5524605
Cell: 9849850226
Born: 18th Jan; Wed: 15th Feb
Join: 2006
Serv: VP, SAA, DAC, DCC, DRNRRC
Spouse: SHANTA
E-mail: kaybeeshan11@gmail.com

Past President
Sergeant-at-Arms



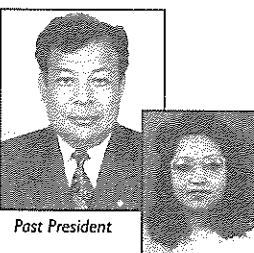
Shakya Gautam Ratna (PHF)
Classification: Himalayan Handicrafts
Add: 1154 Durbarmarg, Kathmandu
Ph: (R) 5260382, (O) 5260320
Cell: 9851037915
Born: 26th Feb; Wed: 10th Falgun
Join: 2014
Spouse: MOTI SHANTI
E-mail: gautamrshakya@gmail.com

Member



Shrestha Kiran (PHF)
Classification: Steel Manufacturing
Add: Bhainsepati, Lalitpur
Ph: (R) 5591382
Cell: 9851043924
Born: 10th July; Wed: 13th Feb
Join: 2007
Spouse: DHRUBA
E-mail: shrestha_dkuji@hotmail.com

Member



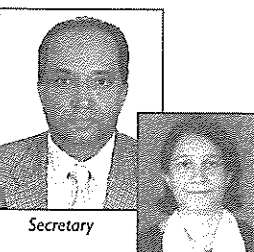
Shakya Pushkar Man (MPHF+1)
Classification: Carpet Export
Add: Man Bhawan, Lalitpur
Ph: (R) 5523492
Cell: 9851074020
Born: 14th Jan; Wed: 27th Feb
Join: 1993
Serv: T, S, D, P, AG, DPC, DMDRSC
Spouse: RITA
E-mail: pushkarsakya@gmail.com

Past President



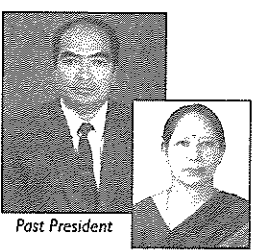
Shrestha Dr. Mukti Narayan (PHF)
Classification: Vet. Doctor
Add: Vet. Clinic, Pulchowk, Krishna Galli
Ph: (R) 5260846, (O) 5524236
Cell: 9851000104
Born: 1st July; Wed: 19th Sept
Join: 2008
Serv: D
Spouse: PRAVEENA
E-mail: dr.mnshrestha@gmail.com

Member



Sharma Dr. Bishwa B. (MPHF+3)
Classification: Psychiatrist
Add: 43/5 Kitabi Galli, Dilli Bazar Ktm-33
Ph: (R) 5574249 (O) 4467967
Cell: 9851025579, 9803295575
Born: 2nd June; Wed: 26th Jan
Join: 2010
Serv: D, DDPTSC
Spouse: ARUNA
E-mail: bbs1234@gmail.com

Secretary



Shrestha Santa Kumar (MPHF+3)
Classification: Liquor Manufacturer
Add: Island Jungle Resort
Ph: (R) 5521745 (O) 4229116, 4225615
Born: 5th Nov; Wed: 3rd May
Join: 1992
Serv: JS, D, VP, PE, P, DAC
Spouse: NIRMALA
E-mail: island@mos.com.np

Past President



Members of Rotary Club of Patan



Past President



Shrestha Yagya Bahadur (PHF)

Classification: Revenue Consultant
Add: Chakupat, Lalitpur
Ph: (R) 5260853
Cell: 9849674267
Born: 8th April; Wed: 19th Feb
Join: 1993
Serv: P.D, SVT
Spouse: MERRY
E-mail: yagyamary@yahoo.com



Vice-President



Thapa Lalita (MPHF+3)

Classification: Management Specialist
Add: Civil Home-I I, Bhaisepati, Sainbu-4
Ph: (R) 5592259
Cell: 9851072937
Born: 19th March; Wed: 29th April
Join: 2012
Serv: D, S
Spouse: KIRAN
E-mail: lalitathapa1949@gmail.com



Member



Silwal Dr. Shivaji Bikram (PHF)

Classification: Consultant Cardiologist
Add: Kumaripati, Lalitpur
Ph: (R) 5542829
Cell: 9801022997
Born: 6th Aug; Wed: 14th Feb
Join: 2010
Spouse: ROSHANI
E-mail: drsilwal@live.com



Chair: Club Adm.



Thapa Mahendra B. (MPHF+1)

Classification: Agriculture Economist
Add: Shrutinagar, Bagdole, Lalitpur-4
Ph: (R) 5541399
Cell: 9841580576
Born: 15th Jan; Wed: 14th April
Join: 2008
Serv: D, RT, DTCSCR-3, DT, S (CLC)
Spouse: LALITA
E-mail: mahendra.thapa2@gmail.com



Past President



Tamrakar Jamuna Krishna (MPHF+2)

Classification: Forestry
Add: Binayak Colony, Bhainsepati
Ph: (R) 5114099
Cell: 9851001408
Born: 17th Feb; Wed: 21st April
Join: 2000
Serv: D, S, VP, PN, PE
Spouse: MEERA
E-mail: jktamrakar@hotmail.com



Member



Uprety Dr. Aruna

Classification: Women & Reproductive Health
Add: 43/5 Kitab Galli, Dilli Bazar, Ktm-33
Ph: (R) 5574249
Cell: 9849817371
Born: 1st Dec; Wed: 26th Jan
Join: 2013
Spouse: BISHWA
E-mail: arunauprety@yahoo.com

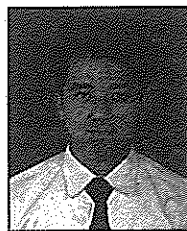


Member



Thapa Kiran

Classification: IT System & Software Engineer
Add: Civil Home-I I, Bhainsepati, Lalitpur
Ph: (R) 5592257
Cell: 9841268078
Born: 2nd Mar; Wed: 29th April
Join: 2016
Spouse: LALITA
E-mail: kiranthapa@hotmail.com



Basant Ale Magar
Office Secretary, RC Patan
Cell: 9813268214
E-mail: basant_rockstar@hotmail.com

Rotary Club of Patan

Membership Development 1985-2016

SN	Name	85/86	86/87	87/88	88/89	89/90	90/91	91/92	92/93	93/94	94/95	95/96	96/97	97/98	98/99	99/00	00/01	01/02	02/03	03/04	04/05	05/06	06/07	07/08	08/09	09/10	10/11	11/12	12/13	13/14	14/15	15/16	16/17	Yrs. In Club			
1	Acharya Chirinjibi							1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1											16			
2	Acharya Krishna			1	1																														2		
3	Acharya Shreedhar													1	1	1	1	1	1	1	1	1	1	1	1	1	1								14		
4	Amatya Ram Chhaya M.			1	1	1	1	1	1	1	1	1																							9		
5	Baidya Subash Gopal				1	1	1	1																											4		
6	Bajracharya Bijay	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	32		
7	Bajracharya Hom Raj	1	1	1	1	1	1	1	1	1	1	1																							11		
8	Bajracharya Piyush Bajra																					1	1	1	1	1	1	1	1	1	1	1	1	1	1	13	
9	Basnet Krishna Bahadur																1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	17		
10	Basnet Punch Bahadur				1	1	1	1	1																											5	
11	Basnet Siddhi Man													1	1	1																			3		
12	Deep Dhruva K.	1																																	1		
13	Dhakal Yogendra Purush	1																																	1		
14	Dhittal Vishnu							1	1	1	1	1	1	1	1	1	1	1	1	1	1														13		
15	Dixit Kamalmani	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	32		
16	Giri Ashish	1																																		1	
17	Giri Kanti									1	1	1	1	1	1	1	1	1	1	1	1															10	
18	Gyawali Bachan							1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	13	
19	Gyawali Chandra S.	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	30	
20	Gyawali Lochan	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	32	
21	Halwai Narayan G.		1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	30	
22	Joshi Bharat Narsingh																					1	1	1	1	1	1	1	1	1	1	1	1	1	1	15	
23	Joshi Hari Bhakta															1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	6	
24	Junejo Anwar Ahmed															1																				1	
25	Kayastha Chandralekha																									1	1	1	1	1	1	1	1	1	1	1	9
26	Kayastha Matsyendra Lal	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	32	
27	Kohli Rabindra Kumar										1																									1	
28	Kohli Reema										1	1																								2	
29	Kshetry Bhim Bahadur																																			15	
30	Kunwar Yadav																										1									1	
31	Lakhe Suresh Chandra	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	29		
32	Lamichhane Keshab			1																																1	
33	Leuntel Basudev	1	1	1																																3	
34	Maharjan Kamala																																	1	1	3	
35	Maharjan Padma Lal																					1	1	1	1	1	1	1	1	1	1	1	1	1	1	13	
36	Mainali Biswa K.	1	1	1	1	1	1	1	1	1	1	1																								11	
37	Mallapaty Bijay																									1	1	1	1	1	1	1	1	1	1	1	9
38	Mallapaty Gabriel																									1	1	1	1	1	1	1	1	1	1	1	9
39	Maskey Chandra P.				1	1	1	1	1	1												1	1	1	1	1	1	1	1	1	1	1	1	1	1	12	
40	Maskey Ramesh Lal																																		1	1	2
41	Mathema Keshav Bhakta																																			20	
42	Mathema Nandaram B.		1	1	1	1	1	1	1																											7	
43	Neupane Tulsī	1	1	1	1	1	1	1			1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	28		
44	Nyachhyon Kamal	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	32	
45	Pajiyar Dr. Nabal																																			5	
46	Pandey Rabendra Raj					1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	28	
47	Paneru Som																																			7	
48	Poudyal Hari Prasad	1	1																																	2	
49	Pradhan Dr. Prachanda																						1	1	1	1										4	
50	Pradhan Kalpana																																	1	1	2	
51	Pradhan Krishna B.																																			10	
52	Pradhan Madhav Lal	1	1	1	1	1	1	1	1	1	1																									10	
53	Pradhan Mahesh Lal	1																																		3	
54	Pradhan Prafulla Man										1	1	1																							3	
55	Pradhan Satya																																			6	

SN	Name	85/86	86/87	87/88	88/89	89/90	90/91	91/92	92/93	93/94	94/95	95/96	96/97	97/98	98/99	99/00	00/01	01/02	02/03	03/04	04/05	05/06	06/07	07/08	08/09	09/10	10/11	11/12	12/13	13/14	14/15	15/16	16/17	Yrs. In Club		
56	Pradhan Shiva Kumar																									1	1	1	1	1	1	1	1	8		
57	Pradhananga Nirmal																																		2	
58	Prasai Bhisma R.	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	20		
59	Prasai Prajapati	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	15		
60	Prasai Sharda																1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	18		
61	Rai Madan K.										1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	14		
62	Rai Major Biswa Nath																																		9	
63	Rajbhandari Om																																		8	
64	Rajbhandary Dhruba M.S.																																		2	
65	Rajbhandary Siba Bhakta																																		19	
66	Rajkarnikar Sanu nani							1																											1	
67	Rana Jagdish S.J.B.											1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	7		
68	Rana Krishna Jung																																		11	
69	Rana Sagar S.J.B.	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	19		
70	Rana Shreedhar S.J.B.																																		22	
71	Regmi Dr. Prakash Raj																																		24	
72	Shah Rishi																																		6	
73	Shakya Gautam																																		3	
74	Shakya Gyanu																																		17	
75	Shakya Indra B.																																		5	
76	Shakya Karna B.																																		7	
77	Shakya Narendra N.S.																																		4	
78	Shakya Padma Raj																																		3	
79	Shakya Puskar																																		25	
80	Shakya Siddhi B.	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	11		
81	Shakya Sudan R.																																		2	
82	Shakya Tirtha Man																																		31	
83	Sharma Bharti																																		1	
84	Sharma Dr. Biswa Bandhu																																		7	
85	Sharma Surendra Raj	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	8		
86	Sherchan Dhan Bahadur																																		2	
87	Shilpakar Moti L.	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	11		
88	Shrestha Bihari K.																																		11	
89	Shrestha Dinesh	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	8		
90	Shrestha Dr. Amina																																		3	
91	Shrestha Dr. Chandra B.																																		1	
92	Shrestha Durga Lal																																		3	
93	Shrestha Ganesh Raj																																		25	
94	Shrestha Jeevan Kumar																																		11	
95	Shrestha Kedar Bhakta																																		14	
96	Shrestha Khruschev																																		13	
97	Shrestha Kiran																																		9	
98	Shrestha Dr. Mukti Narayan																																		9	
99	Shrestha Prem Bahadur																																		5	
100	Shrestha Renu																																		14	
101	Shrestha Sant Kumar																																		26	
102	Shrestha Thapa Arti																																		4	
103	Shrestha Yagya Bahadur																																		22	
104	Sitwal Dr. Shivaji Bikram																																		5	
105	Subedi Madhusudan																																		1	
106	Tamrakar Jamuna Krishna																																		18	
107	Thapa Dhruba	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	14		
108	Thapa Lalita																																			6
109	Thapa Mahendra B.																																			6
110	Thapa Nagendra	1																																		1
111	Thapa Ram Singh																																			11
112	Upadhyay Sushil	1																																		1
113	Uprety Dr. Aruna																																			4
114	Thapa Kiran																																			1
115	Rawal Mahendra Singh																																			1
116	Khemka Shiv Prakash																																			1
	Total	27	26	29	31	28	30	37	38	39	42	41	34	38	38	39	40	41	42	44	43	38	40	39	40	43	45	39	41	41	42	44	41			

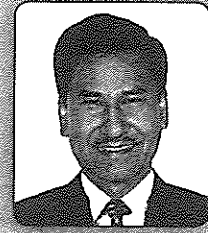
Rotary Club of Patan

Current Members: 2016-17

SN	Name	85/86	86/87	87/88	88/89	89/90	90/91	91/92	92/93	93/94	94/95	95/96	96/97	97/98	98/99	99/00	00/01	01/02	02/03	03/04	04/05	05/06	06/07	07/08	08/09	09/10	10/11	11/12	12/13	13/14	14/15	15/16	16/17	PHF Status	Yrs. in RCP	Date of Birth					
1	Bajracharya Bijay	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+1	32	23 Aug						
2	Bajracharya P. Bajra																				1	1	1	1	1	1	1	1	1	1	1	1	MPHF+3	13	12 Dec						
3	Basnyat K. Bahadur																1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+2	17	8 July						
4	Dixit Kamalmani	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	Maj.Don	32	2 Sept						
5	Gyawali Lochan	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	PHF	32	12 Nov						
6	Joshi Bharat Narsing																		1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+1	15	16 June						
7	Kayastha Chandralekha																								1	1	1	1	1	1	1	1	1	MPHF+4	9	4 May					
8	Kayastha Matsyendra Lal	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	Maj.Don	32	25 May						
9	Khemka Shiv Prakash																																1	1	12 Feb						
10	Maharjan Kamala																														1	1	1	MPHF+2	3	29 May					
11	Maharjan Padam Lal																			1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+2	13	13 Feb					
12	Mallapaty Bijaya																								1	1	1	1	1	1	1	1	1	MPHF+5	9	9 May					
13	Mallapaty Gabriele																								1	1	1	1	1	1	1	1	1	1	MPHF+5	9	17 Dec				
14	Maskay Ramesh Lal																															1	1	1	MPHF+1	2	12 June				
15	Mathema Keshab B.													1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+2	20	2 July					
16	Nyachhyon K. Bahadur	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+1	32	15 Jan					
17	Pajiyar Dr. Nabal																												1	1	1	1	1	1	PHF	5	23 Nov				
18	Pandey Rabendra Raj					1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	Maj.Don	28	14 Dec					
19	Pradhan Shiva Kumar																									1	1	1	1	1	1	1	1	1	1	MPHF+1	8	2 May			
20	Pradhanang Nirmal K.																																1	1	1	MPHF+1	2	18 Feb			
21	Prasai Sharda																1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+1	18	14 June				
22	Rajbhandary Siba Bhakta																																		Maj.Don	19	11 June				
23	Rawal Mahendra Singh																																	1	1	5 Oct					
24	Regmi Dr. Prakash Raj					1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+7	24	30 June					
25	Sakya Gautam																																	1	1	1	PHF	3	26 Feb		
26	Shakya Pushkar Man								1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+1	25	14 Jan				
27	Sakya Tritha Man		1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	Maj.Don	31	21 July				
28	Sharma Dr. B. Bandhu																											1	1	1	1	1	1	1	1	1	MPHF+3	7	2 June		
29	Shrestha Ganesh Raj								1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+8	25	22 Nov				
30	Shrestha Jeevan Kumar																									1	1	1	1	1	1	1	1	1	1	1	MPHF+1	11	6 May		
31	Shrestha Kedar Bhakta																										1	1	1	1	1	1	1	1	1	1	MPHF+3	14	18 Jan		
32	Shrestha Kiran																									1	1	1	1	1	1	1	1	1	1	1	PHF	9	10 July		
33	Shrestha Dr. Mukti Narayan																									1	1	1	1	1	1	1	1	1	1	1	PHF	9	1 July		
34	Shrestha Santa Kumar								1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+3	26	5 Nov			
35	Shrestha Yagya Bahadur									1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	PHF	22	8 April			
36	Silwal Dr. Shivaji B.																											1	1	1	1	1	1	1	1	1	PHF	5	6 Aug		
37	Tamrakar Jamuna Krishna																																			MPHF+2	18	17 Feb			
38	Thapa Kiran																																		1	1	2 Mar				
39	Thapa Lalita																												1	1	1	1	1	1	1	1	MPHF+3	6	19 Mar		
40	Thapa Mahendra																										1	1	1	1	1	1	1	1	1	1	MPHF+1	6	14 Apr		
41	Uprety Dr. Aruna																																			1	1	1	1	3	1 Dec



Rotary Club of Patan (RCP)
PRAJAPATI EDUCATION ENDOWMENT FUND (PEEF)
ANNUAL REPORT AS OF 30 JUNE 2016



- Rtn. Bijaya Mallapaty
President & PEEF Finance Manager

Introduction

Since its establishment in 1991, the Rotary Club of Patan's (RCP) flagship programme, the Prajapati Education Endowment Fund (PEEF) has successfully expanded into a relatively large programme with its Trust Fund reaching 11.57 million Nepalese Rupees (NRs.). In the Rotary Year 2015–2016, some 480 public school students of lower-income families in 27 schools of Lalitpur District will receive scholarships totalling NRs. 907,500 to support their education from grade 7 to 10.

Following the RCP Constitution and By-Laws, a PEEF 'Management and Operational Policies' (PEEF MOPs) was established by the Rotary Club of Patan in December 2013. The PEEF MOPs separates the Trust Fund from the Operational Fund and outlines the policies and procedures of its management, criteria for support, investments and financial management mechanisms, and administrative responsibilities.

A key to the continued success of this flagship programme of the RCP is that the entire RCP family takes ownership of it. In addition to a dedicated committee managing this programme, the RCP family volunteers its valuable time and resources during the annual student selection and funds distribution in the assisted schools throughout the Lalitpur District.

The Rotary Club of Patan gratefully appreciates the contributions and continued support from all of its donors and well-wishers.

This Annual Report captures key actions taken during the reporting period 1 July 2015 to 30 June 2016, and provides a summary, together with an attachment, showing all PEEF contributors and contributions.

2015–2016 Report

- (i) The RCP family was shocked by the sudden passing away of Past President and Programme Manager of the PEEF, Rtn. Narayan Govind Halwai, on 11 January 2016. An active member of the Rotary Club of Patan since 1986–1987, his dedication to social work is an inspiration to us all. Rtn. Halwai took charge and devoted time, energy and efforts to ensure sustainable results. His tireless and committed work since the inception of PEEF in 1991 has been instrumental in bringing PEEF achievements to their current level.
- (ii) A situation analysis of the PEEF programme was conducted in March 2016, the year of its 25th anniversary. The analysis investigated the programme's successes and strengths, as well as future challenges. It

pointed out that a long-term mechanism was needed to deal with the PEEF's dependence on fluctuating interest rates and that reporting to its expanding donor base needed to be simplified. The Operational Fund had been decreasing due to reduced interest rates while the scholarship amounts needed to support every student had been increasing due to continuing inflation. The Trust Fund is invested safely in fixed deposits with only the interest generated from it used to provide scholarships to the students. However the income generated from the interest is no longer sufficient to cover the scholarship amount as originally thought.

- (iii) Based on the situation analysis, a survey was conducted within the Rotary Club of Patan to gather important participatory feedback from all members. The survey feedback confirmed that the scholarships provided have been highly appreciated by the students and that they have helped needy students in continuing with their education. It also iterated that the RCP wants this flagship programme to continue with the participation of all, or a maximum number of its members. With reference to the challenges, the survey came up with a set of strategic recommendations to revise the management and operational policies of the PEEF. Following a thorough review process by the PEEF Committee, the RCP Board and the full 'House' approved major changes in the management of the PEEF. Key changes with major impact are highlighted below:

- Expand investments of the 'Trust Fund' from the current 'Commercial Banks only' to national level 'Development Banks' and Financial Companies, which are controlled by the policies of the Central Bank of Nepal.
- Raise permanent contribution for the sponsorship of a child to NRs. 50,000, and increase contributions to the PEEF Operational Fund to have a good reserve.
- Towards qualitative support of a student, gradually increase annual scholarship amount, while reducing the number of students and schools supported based on affordability. This year, the scholarship amount per student was increased from NRs. 1,500 to NRs. 2,000, with an additional NRs. 500 given to meritorious students obtaining 75% or more marks in their final examinations.
- In view of the reduction in number of students, reporting to donors will not be linked to individual students. The PEEF Annual Report will indicate

original contributions and number of students sponsored by each donor. The reporting mechanism is also being reviewed to continue the programme with no administrative costs.

- (iv) In April 2016, PEEF celebrated its 25th anniversary with an advocacy programme highlighting its achievements over the past 25 years. The speakers included a representative of recipients of the PEEF scholarship with a success story from a first-prize recipient of the Kamalmani Educational Excellence Award (KEEA), and a headmaster from a PEEF-supported school.
- (v) An expanded Kamalmani Educational Excellence Award (KEEA) programme complements the PEEF programme by awarding 10 merit students from among the 27 schools supported by PEEF. The headmasters of the 27 PEEF-supported schools were invited to a joint event awarding the KEEA students and celebrating the 25th anniversary of the PEEF programme.
- (vi) 2015–2016 Income and Expenditures: During this Rotary Year, contributions of NRs. 290,924 to the Trust Fund, NRs. 259,575 to the Operational Fund, and NRs. 117,655 for annual scholarships were received. This year, the largest contribution was brought through Rtns. Matsyendra L. and Chandralekha Kayastha, while the largest all-time total contribution continues to be through Rtn. Siba B. Rajbhandary and family.

Excluding contributions to the Trust Fund, which can't be spent, 2015–2016 total income to the Operational Fund, including interests earned on the Trust Fund,

was NRs. 1,013,018 while total expenditure was NRs. 956,570.

(vii) Balances as of 30 June 2016 (Statement in annex):

Trust Fund	NRs. 11,567,358
Operating Fund	NRs. 538,513

Looking ahead

With strategic shifts in the PEEF programme, the coming years will be crucial in institutionalizing PEEF programme management and operations while continuously reviewing its practicality in the evolving context of the public education system in Nepal. The Rotary Club of Patan is confident that the programme will continue with its original mandate to support public school students from lower-income families to improve their education. The PEEF Committee Members for 2016–2017 in the Rotary Club of Patan are as follows:

- Rtn. Chandralekha Kayastha, President Elect: Coordinator
- Rtn. Padam Lall Maharjan: Programme Manager
- Rtn. Bijaya Mallapaty: Finance Manager
- Rtn. Ganesh R. Shrestha: Distribution Manager
- Rtn. Siba B. Rajbhandary: Member - Resource Mobilization
- Rtn. Matsyendra L. Kayastha: Member
- Rtn. Sharada Prasai: Member

Ex-Officio Members:

President, Treasurer and Chairperson of Service Projects



Ms. Juna Maharjan

Auditor, BRS Neupane & Chartered Co., Nepal

Spoke on behalf of the recipients of the PEEF scholarship. A portion of her speech is reproduced below:

I am really thankful to the Rotary Club of Patan for helping me to reach the current position that I am in. I am from a middle-class family, and am now studying to become a Chartered Accountant (CA) in Nepal. I passed my School Leaving Certificate (SLC) from Shree Bal Kumari Higher Secondary School of Sunakothi, Lalitpur. In our country, the government provides free education up to primary level in public schools. After primary level, a minimum fee is charged to students, but many families struggle to pay even that minimum fee. In such an environment, the Rotary Club of Patan has helped many students to complete their studies. I am also one of these examples. I received a PEEF scholarship from the Rotary Club of Patan from class 7. After receiving the scholarship, I gained the courage to study more and get higher marks. I passed my SLC with distinction and, as a result, I received a good scholarship for my higher-level studies in DAV College, where I was ranked number one in the entire college in the management faculty. After that, I joined Shanker Dev College to pursue my bachelor-level studies. Simultaneously, I took CA classes in CAI institute. After studying for three years, I completed my BBS in the first division and was ranked first in the entire college. Now I am a final year student of CA. Behind these achievements, there is a big contribution from the Rotary Club. I hope that the Rotary Club of Patan will be able to continue to give scholarships to many more students in need of financial assistance to go to school and improve their learning, just like it helped me. Finally, I want to give my heartfelt thanks to the Rotary Club of Patan.

Prajapati Education Endowment Fund Contribution to Trust Fund (As of June 30, 2016) in NRs.

S.No.	Contributors	Add 2015/16		Totals as of 30 June 016			Number of Students
		Trust Fund	1 Time Op. Fund	Trust Fund	1 Time Op. Fund	Total	
	A. Contributors with Sub-Totals under the RCP Initiators						
1.	Rtn. Piyush Bajracharya	30,000	-	75,000	45,000	120,000	4
2.	Mr. Mandar Bajracharya, USA			24,860	-	24,860	2
3.	Ms. Sabita R. Bajracharya, USA			15,000	-	15,000	1
	Sub-total Rtn. Piyush Bajracharya	30,000	-	114,860	45,000	159,860	7
4.	Rtn. Krishna B Basnyat		3,000	15,000	5,000	20,000	1
5.	Late Mrs. Yasodhara Basnet			15,000		15,000	1
	Sub-total Rtn. Krishna B. Basnyat	-	3,000	30,000	5,000	35,000	2
6.	Rtn. Chandra Shekhar Gyawali			5,000	-	5,000	
7.	Mrs. On Oswin, Bachan & David Oswin's friends			75,000	-	75,000	5
8.	Mr. Takashi Kawasaki, Japan			60,000	-	60,000	4
9.	Dr. Iur. Karl-Heinz Loderte			82,386	-	82,386	5
	Sub-total Rtn. Chandra S. Gyawali	-		222,386	-	222,386	14
10.	Rtn. Kamalmani Dixit			108,500	-	108,500	7
11.	Spouse Anju Dixit				20,000	20,000	
	Sub-total Rtn. Kamalmani Dixit	-	-	108,500	20,000	128,500	7
12.	Rtn. Late Narayan Govind Halwai			70,250	10,500	80,750	5
13.	IW Munu Rajkarnikar			15,000	-	15,000	1
14.	Mrs. Neeru Shakya			15,000	-	15,000	1
15.	Rtn. Prahad Manandhar			15,000	-	15,000	1
16.	Rtn. Suresh + Dr. Indira			30,000	-	30,000	2
17.	Late Harkha Maya Rajkarnikar			100,000	-	100,000	5
18.	Mr. Manish Rajkarnikar, USA			57,500	-	57,500	4
19.	Mrs. Heema Rajkarnikar Joshi, USA			15,000	-	15,000	1
20.	Mr. & Mrs. Manish & Smriti Rajkarnikar, USA			30,000	-	30,000	2
21.	Mrs. Shubha Rajkarnikar Shrestha, Australia			15,000	-	15,000	1
22.	Anju, Saurav, Melbourne Friends, Australia			30,000	-	30,000	2
23.	Mr. Darshan Shrestha, Australia			15,000	-	15,000	1
24.	Mrs. Smrity and friends, USA			15,000	-	15,000	1
25.	Mr. S. Muramoto, Japan			10,000	-	10,000	1
26.	Rtn. Jim Sinclair, USA			14,497	-	14,497	1
	Sub-Total Rtn. Narayan G. Halwai	-	-	447,247	10,500	457,747	29
27.	Rtn. Matsyendra Lal Kayastha		45,000	205,000	45,000	250,000	12
28.	Rtn. Chandra Lekha Kayastha		15,000	15,000	15,000	30,000	1
29.	Late Krishna Lal Kayastha		15,000	15,000	15,000	30,000	1
30.	Late Amrit Kumari Kayastha		15,000	15,000	15,000	30,000	1
31.	Mr. Manish Kayastha		15,000	60,000	15,000	75,000	4
32.	Late Nanda Lal & Chiniya Devi Kayastha			15,000	-	15,000	1
33.	Late Mr. & Mrs. Singha B. Kayastha		15,000	15,000	15,000	30,000	1
34.	Mrs. Prathana S. Kayastha			15,000	-	15,000	1
35.	Mr. & Mrs. Kanhaiya & Rohini Kayastha, USA		15,000	15,000	15,000	30,000	1
36.	Mrs. Mousam K. Adcock, USA		64,575	32,725	27,275	60,000	2
37.	Dr. Bruce Adcock, USA			17,700	12,300	30,000	1
38.	Mr. Rayhan K. Adcock, USA			15,000	15,000	30,000	1
39.	Late Krishna B Gongol		10,000	20,000	10,000	30,000	1
40.	Late Bhumati D. Gongol		10,000	20,000	10,000	30,000	1
41.	Mrs. Megha K. Joshi			20,000	-	20,000	1
42.	Rtns .Matsyendra & Chandralekha Kayastha		10,000	50,000	10,000	60,000	2
43.	Ms. Diya K. Adcock			20,000	10,000	30,000	1
44.	Mr. Pranish L. Kayastha			30,000	20,000	50,000	1
45.	Mr. Jitendra & Deepa Amatya			30,000	-	30,000	1
	Sub-total Rtn. Matsyendra & Chandralekha	-	244,575	625,425	264,575	890,000	35
46.	Rtn. Padma Lal Maharjan			20,000	-	20,000	1
47.	Late Sanu Maharjan			15,000	-	15,000	1
48.	Late Mrs. Lanthakuwn Maharjan			15,000	-	15,000	1
49.	Mr. Pascal Maharjan, USA			15,000	-	15,000	1

Prajapati Education Endowment Fund Contribution to Trust Fund (As of June 30, 2016) in NRs.

S.No.	Contributors	Add 2015/16		Totals as of 30 June 016			Number of Students
		Trust Fund	1 Time Op. Fund	Trust Fund	1 Time Op. Fund	Total	
50.	Mr. Pankaj Maharjan, USA			15,000	-	15,000	1
51.	Mr. Poonam Maharjan, USA			15,000	-	15,000	1
52.	Ms Ayumi Ishikawa Maharjan, USA			20,000	-	20,000	1
53.	Mrs Emi Kawasaki Maharjan, USA			15,000	-	15,000	1
54.	Ms. Mijuki I. Maharjan			20,000	-	20,000	1
55.	Mr. & Mrs. Michael & Kristine		-	52,880	-	52,880	2
56.	Ms. Anye Mae Maharjan	30,000		30,000	-	30,000	1
	Sub-Total Rtn. Padma L. Maharjan	30,000	-	232,880	-	232,880	12
57.	Rtn. Gabriel Mallapaty			30,000	-	30,000	2
58.	Rtn. Bijaya Mallapaty			55,000	-	55,000	3
59.	Ms. Smriti Mallapaty, USA			15,000	15,000	30,000	1
60.	Mr. Ajaya Mallapaty, USA			30,000	30,000	60,000	2
61.	Mrs Ilse Hahn, Germany			15,000	15,000	30,000	1
62.	Mrs. Manuela Mucke, Germany			15,000	-	15,000	1
63.	Late Dilli R. Uprety			15,000	-	15,000	1
64.	Mr. Roraj Pradhananga, USA			62,750	-	62,750	4
65.	Mr. Bhawani Sapkota, USA			30,000	-	30,000	2
66.	Mrs. Sujala Pant, USA			15,000	-	15,000	1
67.	Mangala and (Late Shive) Pradhananga, USA			105,000	57,876	162,876	6
68.	Mrs. Surabi Bhattarai, USA			15,000	-	15,000	1
69.	Ms. Katherine Piedra, USA			15,000	-	15,000	1
	Sub-Total Rtns. Bijaya & Gabriele Mallapaty			417,750	217,876	635,626	26
70.	Rtn. Keshav B. Mathema			66,000	-	66,000	4
71.	Mr. Chris & Mrs. Kathleen Davis, USA			126,902	-	126,902	8
72.	Nick Symonds Foundation, USA			366,000	-	366,000	20
73.	Mr. Varun Mathema, USA			30,000	-	30,000	2
	Sub-total Rtn. Keshav B. Mathema	-	-	588,902	-	588,902	34
74.	Rtn. Rabendra R. Pandey			15,000	-	15,000	1
75.	Khagendra Piyush Education Guthi			15,000	-	15,000	1
76.	Rtn. Robert Rose & Anne Gina, USA			15,000	-	15,000	1
	Sub-total Rtn. Rabendra R. Pandey	-	-	45,000	-	45,000	3
77.	Late Krishna Bdr + IW Sulochana Pradhan			15,000	-	15,000	1
78.	Mr Mahesh & Mrs Sandhaya Pradhan			15,000	-	15,000	1
79.	Mr Sarosh & Mrs Rajshree Pradhan			15,000	-	15,000	1
80.	IW Sulochana Pradhan			20,000	-	20,000	1
	Sub-total Rtn. Krishna (Late) & IW Sulochana	-	-	65,000	-	65,000	4
81.	Prajapati Foundation				100,000	100,000	
82.	Rtn. Sharda Prasai			150,000	-	150,000	10
83.	Late Prajapati Prasai			14,000	-	14,000	1
84.	Mr. Andre Gilloz, Switzerland			453,290	-	453,290	30
85.	Mr Georges A Cuendet, Switzerland			381,227	-	381,227	25
86.	Ms Veera & Mr C Trachaz, Switzerland			573,473	-	573,473	38
87.	Mrs. Ines Ramaut, Belgium			28,488	-	28,488	2
88.	Mr Patric & Mrs Martine, Belgium			13,972	-	13,972	1
	Sub-Total Rtn. Prajapati (Late) & Sharda Prasai	-	-	1,614,450	100,000	1,714,450	107
89.	Rtn. Siba B. Rajbhandary & Family			163,795	10,000	173,795	11
90.	International Ladies Bridge Club			30,000	-	30,000	2
91.	Late Shailendra Kumar Upadhya			15,000	-	15,000	1
92.	Late Mohan Narayan Shrestha			15,000	-	15,000	1
93.	Dr. Shushila Pradhan			30,000	-	30,000	2
94.	Rtn. Dr. Tulsi L Maharjan, USA			40,709	-	40,709	2
95.	Mrs. Mary Pradhan, USA			38,290	-	38,290	3
96.	Mrs Deepa Hada Rustum, USA			46,920	-	46,920	3
97.	Mr. Yakshya B. Malla, USA			15,094	-	15,094	1
98.	Late Kul Narayan Maharjan, USA			139,625	-	139,625	10
99.	Mr. Obi & Mrs. Vibha Joshi, USA			14,400	-	14,400	1

Prajapati Education Endowment Fund Contribution to Trust Fund (As of June 30, 2016)

in NRs.

S.No.	Contributors	Add 2015/16		Totals as of 30 June 016			Number of Students
		Trust Fund	1 Time Op. Fund	Trust Fund	1 Time Op. Fund	Total	
100.	Late Krishna Manandhar, USA			455,950	-	455,950	30
101.	Late Hari Bhakta Dongol, USA			148,000	-	148,000	10
102.	Mr. Dillon Lal, USA			12,010	-	12,010	1
103.	Friends of Nepal, New Jersey, USA			52,550	-	52,550	3
104.	Mrs. Prayog Man Pradhan, Australia			15,000	-	15,000	1
105.	Mr. Grijesh Man Shrestha			15,000	-	15,000	1
106.	Mr. Jarod Lal, USA			15,000	-	15,000	1
107.	Mr. Everest Bhakta Rajbhandary, USA			34,501	-	34,501	2
108.	Late Laxmi Maya Maharjan, USA			37,550	-	37,550	2
109.	Dr. Roji Rajbhandary, USA			15,000	-	15,000	1
110.	Friends of Nepal, New Jersey, USA (For Sankhu)			180,000	-	180,000	6
111.	PDG Rtn. Amitav Mukerjee, India			39,500	-	39,500	3
112.	PDG Rtn. Shekhar Mehta, India			25,000	-	25,000	2
113.	Rtn. Sushan Sola, USA			35,248	-	35,248	2
114.	Mr. Keith Smith, Australia			95,525	-	95,525	6
115.	Ms. Linda Starodub, USA			17,033	-	17,033	1
116.	Mrs. Richard C. Goldman, USA			7,547	-	7,547	1
117.	Dr. Prabhu Prabhakar, USA	520,905	421,970	2,364,202	421,970	2,786,172	98
118.	Wen-Chinan Yang Memorial Scholarship, USA			148,000	-	148,000	10
119.	Ms. Mithila Rajbhandary	30,000		30,000	-	30,000	1
120.	Mr. John Person, c/o Dr. Tulsi Maharjan, USA	30,000		30,000	-	30,000	1
121.	Ms Sulochana, c/o Dr. Tulsi Maharjan, USA	110,924		110,924	-	110,924	3
	Sub-Total Rtn. Siba B. Rajbhandary	140,924		4,432,373	431,970	4,864,343	223
122.	Rtn. Dr. Prakash R. Regmi			45,000	-	45,000	3
123.	IW Upasana Regmi			15,000	-	15,000	1
124.	Ms. Jigyasa Regmi	-	-	30,000	-	30,000	1
	Sub-Total Rtn. Dr. Prakash R. Regmi	-	-	90,000	-	90,000	5
125.	Rtn. Puskar Man Shakya			-	20,000	20,000	
126.	Mrs. Teresa Cruz, Portugese Consular			112,767	-	112,767	7
127.	Ms Rita Jefer Weber, Switzerland			11,000	-	11,000	1
128.	Mr. Andre De Jonckheere, Belgium Consular			10,000	-	10,000	1
	Sub-total Rtn. Puskar M. Shakya	-	-	133,767	20,000	153,767	9
129.	Rtn. Ganesh Raj Shrestha			78,000	15,000	93,000	5
130.	Mr. Yadav Kunwar			75,000	-	75,000	5
131.	Mr. Bijay Nath Bhattarai			15,000	-	15,000	1
132.	IW Bijaya Shrestha			15,000	-	15,000	1
133.	Ms. Ujala Shrestha			15,000	-	15,000	1
	Sub-Total Rtn. Ganesh R. Shrestha	-	-	198,000	15,000	213,000	13
134.	Rtn. Kedar B. Shrestha			15,000	20,000	35,000	1
135.	Indra-Jawahar Sahyog Guthi			15,000	-	15,000	1
136.	Mrs. Jawahar D. Shrestha			15,000	-	15,000	1
137.	Mr. Season Shrestha, USA			10,388	-	10,388	1
138.	Mr. Prem R. Mahat, USA			10,388	-	10,388	1
139.	Mr. Rajendra Shrestha, USA			10,388	-	10,388	1
140.	Dr. & Mrs. Sanjib & Soni Shrestha, USA			25,158	-	25,158	2
141.	Dr. Sanjeeb Shrestha, USA			60,000	-	60,000	4
142.	Mr. & Mrs. Keshav & Ram S.Shrestha, USA			15,000	-	15,000	1
143.	Mr.& Mrs. Shreedhar & Sudeshna Shrestha, USA			18,773	-	18,773	1
144.	Mr. & Mrs. Bharat & Baijanti, USA			14,770	-	14,770	1
145.	Mr. & Mrs. Anuva & Kraig Bonzek, USA			14,770	-	14,770	1
146.	Mr. Raj Shrestha			14,770	-	14,770	1
147.	Mr. & Mrs. Nabin & Agnes Shrestha, USA			14,770	-	14,770	1
148.	Mr. & Mrs. Bikash & Bijaya Shrestha, USA			7,161	-	7,161	
149.	Mr. & Mrs. Pankaz & Monika Shrestha, USA			14,770	-	14,770	1
150.	Dr. Sabin Shrestha, USA			14,770	-	14,770	1
	Sub-Total Rtn. Kedar B. Shrestha	-	-	290,876	20,000	310,876	20
151.	Rtn. Dr. Mukti N. Shrestha			20,000	-	20,000	1
152.	Anne Prabina Shrestha			45,000	-	45,000	3
	Sub-Total Rtn. Dr. Mukti N. Shrestha	-	-	65,000	-	65,000	4
	Total of A	290,924	257,575	9,842,416	1,160,921	11,003,337	558

Prajapati Education Endowment Fund Contribution to Trust Fund (As of June 30, 2016) in NRs.

S.No.	Contributors	Add 2015/16		Totals as of 30 June 016			Number of Students
		Trust Fund	1 Time Op. Fund	Trust Fund	1 Time Op. Fund	Total	
	B. Individual RCP Contributors						
1.	Rtn. Bijaya Bajracharya			1,000	-	1,000	
2.	Rtn. Suresh C. Lakhey			77,000	-	77,000	5
3.	Rtn. Tulsi Neupane			15,000	-	15,000	1
4.	Rtn. Kamal B. Nyachhyon			15,000	-	15,000	1
5.	Rtn. Shreedhar Shumsher JBR			15,000	-	15,000	1
6.	PDG Rtn. Tirtha M. Sakya			15,000	-	15,000	1
7.	Rtn. Dr. Biswa B. Sharma			15,000	10,000	25,000	1
8.	Rtn. Jeevan & IW Gunu Shrestha		2,000	20,000	2,000	22,000	1
9.	Rtn. Khruschev & IW Kalpana Shrestha			20,000	10,000	30,000	1
10.	Rtn. Kiran Shrestha with Arti, Usha, Abha			15,000	-	15,000	1
11.	Rtn. Santa K. Shrestha			25,111	-	25,111	2
12.	Rtn. Jamuna K. Tamrakar			79,500	6,000	85,500	5
13.	Rtn. Nirmal Pradhanang (Memory: Kieth Smith)			-	5,000	5,000	
14.	Mr. Som Paneru			20,000	-	20,000	1
15.	Mr. Shreedhar Acharya			71,000	-	71,000	5
16.	Mr. Chirinjibi Acharya			15,000	-	15,000	1
17.	Dr. Chandra P. Maskey			15,000	-	15,000	1
18.	Dr. Prachanda Pradhan			30,000	-	30,000	2
19.	Mr. Bhisma R. Prasai			15,000	-	15,000	1
20.	Mr. Madan Rai			15,000	-	15,000	1
21.	Mr. Gyanu R. Shakya			15,000	-	15,000	1
22.	Mr. Karna B. Shakya			15,000	-	15,000	1
23.	Mr. Moti L. Shilpakar			13,000	-	13,000	1
24.	Late Mr. Ram S. Thapa			15,000	-	15,000	1
25.	Late Rtn. Vishnu P. Dhital-6000, Mr. Om Rajbhandary-6000 Rtn. Siddhi B. Shakya-3000, Mr Sagar Shumshere JBR-5000, & Mr. Dhruva Thapa-1000			21,000	-	21,000	
	Total of B	-	2,000	572,611	33,000	605,611	36
	C. Other Contributors						
1.	Alan Cope, Isle of Man, UK - 1000; Rtn. Denik Jrak, Belgium - 1000; Rtn. Shiyo Kaju Netsu, Japan - 5000; & Mr. Dhruva B. Raut - 1000;			8,000	-	8,000	
2.	Govinda Pratistham			15,000	-	15,000	
3.	Inner Wheel Club of RCP			240,000	-	240,000	16
4.	Rtn. Gale Jones, USA			14,807	-	14,807	1
5.	Late PDG Rtn. T. Manekshaw			25,001	-	25,001	2
6.	Saheed Dharma B. Mathema			15,000	-	15,000	1
7.	IW Brinda Rana			20,000	-	20,000	1
8.	Rotary Club (FUKUI), Japan			35,449	-	35,449	2
9.	RCP including Vocational Fund			439,074	-	439,074	29
10.	Samjhouta Nepal			340,000	-	340,000	22
	Total of C	-	-	1,152,331	-	1,152,331	75
	Grand Total A+B+C (All TF and One Time Op. Fund)	290,924	259,575	11,567,358	1,193,921	12,761,279	669

Annual Contributions		
1.	Rtn. Chandra S. Gyawali	30,600
2.	Khagendra Piyush Edu.Guthi, c/o Rtn. R.R. Pandey	18,360
3.	RC Branchburg, USA	68,695
	Total:	117,655

Balance as of 30 June 2016		
Trust Fund	:	11,567,358
Operating Fund	:	538,513
Total	:	12,105,871

तीतो वस्तु, मिठो फल



- रो. डा. अरुणा उप्रेती

मेरो बिहानको शुरुवात नै दुई चन्दा टुसा उमारेको मेथी (Fenugreek) बाट शुरु हुन्छ । बर्षो भयो यो बानीले मलाई स्वस्थ रहन मद्दत गरेको ।

परम्परागत खानामा प्रयोग गरिने र स्वास्थ्य तथा पोषणका दृष्टिले निकै महत्त्वपूर्ण रहेको मेथी छायांमा परेको छ । कतिपय मानिसहरूले यसलाई काम नलाग्ने तितो वस्तुका रूपमा हेर्छन् भने कतिपयलाई यसको प्रयोग कसरी गर्ने भन्ने कुराको हेक्का पनि छैन । दालमा जिरा, मेथी फुराएर खाने नेपालीहरूको परम्परागत बानी छ । त्यसैगरि मोहीमा मेथी र लसुन फुराएर पनि खाइन्छ । तर हामीहरूमध्ये धेरैजसोलाई मेथीको तितोपन मनपर्दैन र दालमा झानेको मेथी पनि पन्छाएर दाल खान्छौं ।

तर, मेथीका गुणहरू के-के छन् भनेर थाहा पाइयो भने सायद मेथीलाई भोजनको एक अभिन्न अंग नै बनाइन्छ होला ।

हेर्दा सानो देखिने मेथीमा अनेक थरिका गुणहरू हुन्छन् । मेथीमा केही मात्रामा प्रोटीन, भिटामिन सी, लौह तत्व पनि पाइन्छ ।



टुसा उमारेर मेथीको अचार बनाउनु नेवारी परम्परामा निकै पुरानो चलन हो । यसले एउटा महत्त्वपूर्ण संस्कृतिको रूप अंगाली सकेको छ । टुसा उमारेको मेथीको अचार खाँदा केही तितोपन अनुभव भए पनि त्यही तितोपनले शरीर स्वस्थ राख्न कति मद्दत गर्छ भन्ने कुरा धेरैलाई पत्तै हुँदैन ।

केटाकेटीलाई पेट दुख्दा वा पखाला लाग्दा मेथी जाउलो पकाएर खुवाउने नेपाली परम्परा हो । अहिले शहरी जीवन शैलीमा यो परम्परा हट्दै गएको भए पनि गाउँघरतिर भने अझै छ । खासगरी घरका हजुरआमाहरूले यसलाई महत्त्व दिएको देखिन्छ । तर घरका नयाँ बुहारीहरूले घरायसी उपाय अपनाउनु भन्दा हतारिएर औषधि खुवाउनु तम्सेको पाइन्छ ।

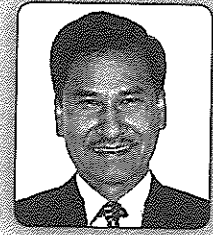
मेथी जाउलो पकाउने कार्य त्यति कठिन पनि छैन । यस प्रकारको जाउलो तयार गर्न एकमुठी चामल, दुई मुठि दाल मिसाएर बनाउनु सकिन्छ । पाक्ने बेलामा मेथी र लसुनलाई घ्यूमा फुराएर जाउलोमा हालिन्छ । केही छिन छोपेर अलिकता गाईको घ्यू हालेर पकाउने गरिन्छ । यसरी पकाएको मेथी जाउलो खाँदा केटाकेटीको पेट दुखाइमा आराम पुऱ्याउनुका साथै स्वादिलो पनि हुन्छ ।

जाउलो पकाउने तरिका कुनै अनुसन्धान गरेर तयार गरिएको नयाँ तथा आधुनिक ज्ञान पनि होइन । यो केवल परम्परागत रैथाने ज्ञान हो । मेथीलाई फुऱ्याएर पेट दुखाइ कसरी कम हुन्छ भन्ने कुरा मेथी जाउलो बनाएर खुवाउनेहरूलाई थाहा नहुन सक्छ । तर यसले पेट दुखाइमा फाइदा पुग्छ भन्ने कुरा चाहिँ मेथी जाउलो पकाउनेहरूलाई राम्रैसँग थाहा हुन्छ ।

मेथीमा स्वास्थ्यलाई लाभ पुऱ्याउने धेरै प्रकारका गुण हुन्छन् भन्ने कुरा अहिले खोज अनुसन्धानबाट पनि सिद्ध भइसकेको छ ।

मेथीमा रहेको रेशादार पदार्थले कब्जीयत घटाउन मद्दत गर्छ । साथै चिनी रोग र उच्च रक्तचाप भएका व्यक्तिलाई पनि यसको सेवनले फाइदा गर्छ । यस्तो समस्या भएका व्यक्तिले औषधि छोडेर केवल मेथीको सेवन गरेर मात्रै चिनी रोग निको हुने चाहिँ होइन ।

ROTARY CLUB OF PATAN PROTOCOL FOR THE 'KAMALMANI EDUCATIONAL EXCELLENCE AWARD (KEEA)'



- Rtn. Bijaya Mallapaty
President

Background:

Rtn. Kamalmani Dixit donated NRs. 100,000 in August 2012 to the Rotary Club of Patan (RCP) to establish a Trust Fund to honour the best-performing student from among those receiving scholarship support from the RCP's Prajapati Education Endowment Fund (PEEF). The interest earned from the Trust Account would provide the financial means to confer the 'Rtn. Kamalmani Dixit Educational Excellence Award 'KMDEEA' of NRs. 5,000 annually. Three students were selected for interview and in December 2013, the best all-round student among these three students received the first ever KMDEEA.

Subsequently, in February 2014, Rtn. Kamalmani Dixit announced an additional contribution of NRs. 25,000 to this Trust Fund and requested to raise the award from NRs. 5,000 to NRs. 10,000 per year. The RCP endorsed this request and decided to include the total amount of funds (NRs. 125,000) into the existing Club Trust Fund. To expand this award, Rtn. Ganesh R. Shrestha and PDG Rtn. Tirtha M. Sakya provided additional annual contributions of NRs. 5,000 and NRs. 3,000 respectively for the 2nd and 3rd best students. The second award ceremony took place in December 2014, which awarded three students.

The RCP members very much appreciated this award programme, as it allowed them to meet with well-performing students among the PEEF scholarship programme recipients. Therefore, in October 2015, it was decided to further expand the award programme to reward 10 students based on merit from among the students sponsored by the PEEF. The additional 9 prizes (3 second prizes of NRs. 5,000 each and 6 third prizes of NRs. 3,000 each) would be given through annual contributions from members.

In 2016, the award was renamed Kamalmani Educational Excellence Award (KEEA). The expanded KEEA awards will

support the RCP's flagship PEEF Scholarship Programme, motivate students to do better, and improve the Rotary Club of Patan's public image. The third award ceremony in April 2016 awarded 10 students for the first time.

In June 2016, Rtn. Kamalmani Dixit contributed additional NRs. 30,000 making a total contribution of NRs. 155,000 to the RCP Club Trust Fund, which will cover the first prize of NRs. 12,000 annually. All sponsors, including 6 new sponsors who have committed to contributing annually from 2016 are listed below:

Sponsors:

1) Rtn. Kamalmani Dixit	NRs. 12,000 (Club Trust Fund)
2) Rtn. Ganesh R. Shrestha	NRs. 5,000 (annual contribution)
3) Rtn. Matsyendra & Chandralekha Kayastha	NRs. 5,000 (annual contribution)
4) Rtn. Bijaya L. Mallapaty	NRs. 5,000 (annual contribution)
5) Rtn. Tirtha Man Sakya	NRs. 3,000 (annual contribution)
6) Rtn. Lalita Thapa	NRs. 3,000 (annual contribution)
7) Rtn. Sharda Prasai	NRs. 3,000 (annual contribution)
8) Rtn. Gautam Shakya	NRs. 3,000 (annual contribution)
9) Rtn. Nirmal Pradhanang	NRs. 3,000 (annual contribution)
10) Rtn. Siba B. Rajbhandary	NRs. 3,000 (annual contribution)

Award Modalities:

Annually, ten top-scoring students in the final examination of grade IX from 10 different schools supported by the PEEF will be pre-selected. All 10 students will be called for interview and categorised as: one best all-round student, three second-best students and six third-best students for appropriate cash awards and certificates.

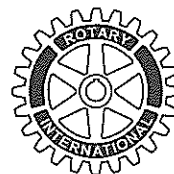
The minimum marks scored must be 65%. More than one student can only be selected from a school if there are not enough candidates obtaining scores above 65% from 10 separate schools.

The RCP Interview and Selection Committee will comprise of the Coordinator of the PEEF (RCP President Elect), the RCP Secretary and the RCP Chairperson of the Service Projects.

The award ceremony, which would also be an advocacy event to enhance the public image of Rotary/Rotary Club of Patan, will be held at an appropriate date before the end of December every year. All of the Headmasters from the PEEF supported schools (currently 27) and the 10 students will be invited.



Rotary



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the idea of service as a basis of worthy enterprise and, in particular, to encourage and foster :-

First

The developer of acquaintance as an opportunity for service;

Second

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

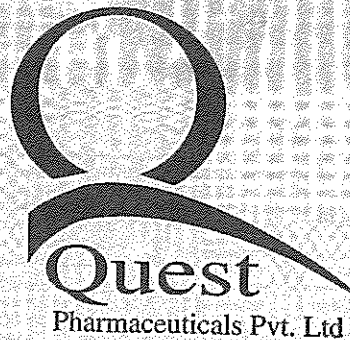
Third

The application of the ideal of service in each Rotarian's personal, business and community life;

Fourth

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united the ideal of service.

Best Compliments from



Beat Hypertention with
OLACE
 Olmesartan Medoxomil 10/20/40 mg Tables

Best Compliments and Good Wishes to the
ROTARY CLUB OF PATAN
 for a grand success on its Charter Day

DRTC provides its services through (i) training, (ii) consultancy, and (iii) coaching/monitoring in:

I. Programme Formulation & Project Management

- Baseline Surveys & Situation Analysis
- Programme/Project Formulation
- Results Based Management (RBM)
- Results and Resource Frameworks (M&E Frameworks)
- Monitoring & Evaluation

II. Human Resource Development and Management

- Developing Leadership and Supervisory Skills
- Management, Monitoring and Coaching Skills
- Facilitation Skills
- Partnership & Resource Mobilization Skills
- Youth Volunteering and Social Skills Development

III. Substantive/Technical Expertise in the field of:

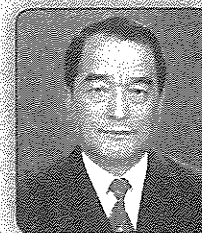
- Sustainable Livelihoods
- Environment and Climate Change & Natural Disaster Management
- Governance and Development Effectiveness
- Peace & Development Process (reconciliation, re-integration, rehabilitation)
- Gender and Social Inclusion
- Institutional Development
- Social Audit (Gender and Social Inclusion)



DEVELOPMENT RESOURCE & TRAINING CENTRE (DRTC)

Satdobato, Lalitpur, Nepal, Phone: 9851072937, 9851136262 (cell)

COUNCIL ON LEGISLATION 2016



- Rtn. Tirtha M. Shakya

The Council on Legislation is usually held once in 3 years at a site determined by the RI Board of Directors. This year (2016), the Council on Legislation was held on 10-15 April in Chicago, Illinois, USA. It was attended by 530 representatives from all the districts in the world to debate, discuss and electronically vote for the submitted Enactments, Resolution by any or all districts.

All items of legislation are divided into two types: enactments and resolutions. A proposed enactment seeks to amend the RI constitutional documents. Constitutional documents include the RI Constitution, the RI Bylaws and the Standard Rotary Club Constitution. All enactments reference the 2013 Manual of Procedure page numbers of the constitutional document(s) they propose to amend.

A proposed resolution is any item that does not seek to amend these documents but other RI policies and procedures.

At the top of each piece of legislation is a Council number (for example, 16-01). Items of legislation proposing changes on the same topic may have similar or identical titles.

Also at the top of the legislation is the name of the proposer(s). Some items have more than one. This occurs when multiple proposers submit identical items of legislation that are then combined. It also occurs when proposers of similar items agree to join a piece of compromise legislation recommended by the Constitution & Bylaws Committee. This recommendation is pursuant

to the RI Bylaws and does not express the Committee's opinion regarding the merits of the proposal. Compromise proposals are labeled with Compromise Legislation above the Council number.

The proposers' statements of Purpose and Effect and the Financial Impact statements from the general secretary are printed below each item of legislation. The statements of Purpose and Effect are drafted by the proposers of the legislation and have not been edited for accuracy. The Financial Impact statements are drafted by the general secretary and reflect any estimated increase or decrease in revenues and/or expenses that will be incurred by implementing the proposed enactment or resolution.

Enactments categories in the area of Club Administration, Avenues of Service and Object of Rotary, Club Meetings, Attendances, Membership, RI Officers and Elections (RI President, RI Directors, Governors and Miscellaneous), Legislative procedures, The Rotary Foundation and Rotary International.

The COL representative is required to undertake and complete online training and training in Regional Rotary Institutes from this year otherwise RI will not bear the travelling cost and other expenses of representative.

The Inauguration of Council on Legislation 2016 on 10 April, afternoon was business like. RI President K.R.Ravindran highlighted the spirit behind Council on Legislation. He requested all for the healthy debate

and to agree to disagree but not take it personally or carry it home. Council Chairman introduces the enacting of Co-chair, Secretaries and bylaws committees. And address burning issue like attendance, litigations, membership, RI Dues and many more.

The enactments/resolutions were adopted, withdrawn, rejected or referred to board and postponed indefinitely are as follows.

ENACTMENTS ADOPTED

Council No.	Title
16-01	To provide for written board meeting minutes
16-02	To provide that the club treasurer shall be a member of the board
16-05	To provide for committees in clubs
16-06	To define the purpose of Rotary clubs
16-07	To remove admission fees for club members
16-10	To amend the second Avenue of Service
16-21	To allow for flexibility in club meetings and attendance
16-26	To amend the provisions for canceling a meeting
16-27	To revise attendance requirements
16-30	To revise attendance provisions to allow for both in person and online meeting participation
16-34	To amend the provisions for excused absences

- 16-35 To amend the provisions for excused absences
 - 16-36 To allow for flexibility in membership and classification
 - 16-38 To revise the provisions for membership
 - 16-40 To allow Rotaractors to be active members
 - 16-47 To amend the provisions for honorary membership
 - 16-48 To amend the provisions for suspension of membership
 - 16-50 To amend the provisions for suspension of membership
 - 16-51 To amend the provisions for transferring and former Rotarians
 - 16-54 To amend the duties of the president
 - 16-55 To provide for a non-voting member of the RI Board
 - 16-57 To revise the qualifications for membership on the nominating committee for president
 - 16-61 To revise the procedures for selecting directors-nominee
 - 16-62 To amend the provisions for selecting the director-nominee by nominating committee procedure
 - 16-63 To amend the qualifications for membership on the nominating committee for director
 - 16-71 To amend the provisions regarding concurrences to challenges
 - 16-72 To amend the provisions regarding special elections
 - 16-74 To amend the provisions for selecting the vice-governor
 - 16-76 To amend the provisions for selecting the vice-governor
 - 16-77 To amend the provisions for selecting the vice-governor
 - 16-81 To authorize the RI Board to suspend or terminate a Club for litigation-related actions and to amend the provisions for repeated election complaints from a district
 - 16-82 To remove the distinction between traditional Clubs and e-Clubs
 - 16-83 To provide for a minimum number of charter members for new Clubs
 - 16-84 To revise the Board's authority to change district boundaries
 - 16-86 To provide when districts and their boundaries are established
 - 16-87 To allow districts to add a geographical name to their district number
 - 16-88 To revise the provisions for a district to adopt its annual statement
 - 16-89 To sanction those who improperly administer the district fund
 - 16-90 To provide for a membership committee of RI
 - 16-91 To amend the terms of reference for the Audit Committee
 - 16-93 To amend the terms of reference for the Strategic Planning Committee
 - 16-96 To amend the subscription requirements for the Rotary magazine and regional magazines
 - 16-99 To increase per capita dues
 - 16-105 To provide that the RI Board shall establish the dates for Club reports and RI per capita dues
 - 16-106 To revise the publication requirement for legislation
 - 16-113 To provide for a Council on Resolutions
 - 16-114 To provide that representatives shall serve for a term of three years
- Withdrawn**
- 16-08 To revise the provisions for Club admission fees
 - 16-09 To revise the provisions for Club admission fees
 - 16-14 To add a fifth part to the Object of Rotary to encourage a new generation of global leaders
 - 16-16 To add a fifth part to the Object of Rotary to include New Generations
 - 16-19 To amend the Object of Rotary
 - 16-22 To allow Clubs flexibility in structuring their weekly meetings
 - 16-23 To allow Clubs flexibility in choosing a regular meeting schedule
 - 16-24 To provide that Clubs shall meet at least twice per month
 - 16-25 To provide that Clubs shall meet twice per month
 - 16-27 To revise attendance requirements
 - 16-28 To revise attendance requirements
 - 16-29 To revise attendance requirements
 - 16-31 To amend the provisions for attendance
 - 16-33 To amend the provisions for extended absences
- Withdrawn**
- 16-34 To amend the provisions for excused absences
 - 16-35 To amend the provisions for excused absences
 - 16-37 To allow for flexibility in membership
 - 16-39 To revise the provisions regarding membership of alumni
 - 16-42 To revise membership criteria
 - 16-43 To amend the provisions for qualification for membership
 - 16-46 To amend the provisions for the classification of members

- 16-52 To amend the provisions for transferring and former Rotarians
 - 16-56 To amend the rules for selecting the RI president-nominee
 - 16-64 To amend the qualifications for membership on the nominating committee for director
 - 16-67 To amend the qualifications for membership on the nominating committee for director
 - 16-70 To revise the Club voting provisions when selecting a governor nominee through a ballot-by-mail
 - 16-75 To amend the provisions for selecting the vice-governor
 - 16-78 To amend the voting procedures at a district conference or district resolutions meeting
 - 16-80 To revise the procedures for selecting Council representatives and members of the nominating committee for director
 - 16-85 To revise the Board's authority to change district boundaries
 - 16-92 To amend the terms of reference for the Audit Committee and to eliminate the Operations Review Committee
 - 16-94 To amend the terms of reference for the Strategic Planning Committee
 - 16-95 To amend the terms of reference for the Strategic Planning Committee
 - 16-101 To adjust per capita dues based on the Consumer Price Index
 - 16-107 To provide for a second vice-chairman of the Council on Legislation
 - 16-112 To restrict legislation to enactments
 - 16-119 To request the RI Board to consider designating May as Celebrate Women Month
- Rejection**
- 16-03 To provide that the secretary-elect shall be a member of the board
 - 16-04 To revise the provisions for Club officers
 - 16-11 To amend the third Avenue of Service
 - 16-12 To remove the fifth Avenue of Service
 - 16-13 To amend the fifth Avenue of Service
 - 16-15 To add a fifth part to the Object of Rotary to include the development of service and leadership in youth and young adults
 - 16-32 To amend the provisions for making up an absence
 - 16-45 To provide for a new category of membership: associate membership
 - 16-53 To encourage Clubs to search for qualified members
 - 16-58 To increase the term of office for RI director to three years
 - 16-59 To revise the qualifications for director
 - 16-60 To revise the qualifications for director
 - 16-65 To amend the qualifications for membership on the nominating committee for director
 - 16-66 To amend the qualifications for membership on the nominating committee for director
 - 16-68 To revise the procedures for selecting directors-nominee To revise the qualifications for governor-nominee To eliminate the vice-governor position To amend the voting procedures at a district conference or district resolutions meeting To revise the procedures for selecting Council representatives and members of the nominating committee for director To allow districts to add a geographical name to their district number To amend the subscription requirements for the Rotary magazine To increase per capita dues To waive per capita dues for one of the members when two married people are both members of the same club To amend the provisions for additional dues To provide that each Club pays dues for a minimum of 10 members To provide for the distribution of minutes for the Council on Legislation To provide for the Council on Legislation to meet every four years To hold the Council on Legislation in August, September, or October and to revise the timetable for submitting proposed legislation To amend the process for selecting representatives to attend the Council on Legislation To amend the process for selecting representatives to attend the Council on Legislation To request the RI Board to consider designating May as Public Image and Awareness Enhancement Month
- Referred to Board**
- 16-17 To amend the Object of Rotary
 - 16-18 To amend the Object of Rotary
 - 16-20 To amend the Object of Rotary

Postponed Indefinitely

- 16-41 To revise membership criteria to prohibit those who have never worked from becoming members
- 16-44 To amend the provisions for composition of clubs
- 16-98 To support the reduction of greenhouse gas emissions
- 16-108 To revise the process for consideration of legislation
- 16-115 To provide that a Rotarian shall not attend more than two Councils on Legislation as a representative

Resolutions

Adopted

- 16-118 To endorse and affirm that the eradication of polio is a goal of the highest order of Rotary International
- 16-126 To request the RI Board to consider supporting the prevention of sexual mutilation
- 16-132 To request the RI Board to consider revising the membership age limits for Interact
- 16-136 To request the RI Board to consider promoting Rotary Cards
- 16-139 To acknowledge the centennial anniversary of The Rotary Foundation
- 16-141 To request the Trustees to consider amending the terms for Foundation grants to permit the purchase of equipment for pre- or post-surgical care units
- 16-142 To request the Trustees to consider allowing district grant subcommittee chairs to monitor and review online grant applications
- 16-144 To request the Trustees to consider reinstating funding for scholarships to support

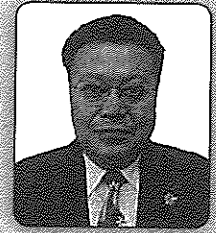
graduate students in areas not related to the areas of focus

- 16-149 To request the RI Board to consider acknowledging the role and responsibilities of district secretaries
 - 16-151 To request the RI Board to consider reminding Clubs of their autonomy
 - 16-157 To request the RI Board to consider providing all district conferences with a video message from the RI president
 - 16-160 To request the RI Board to consider proposing legislation to the next Council on Legislation to revise the corporate governance structure
 - 16-172 To request the RI Board to consider not recommending commercial or licensed branding materials when a free option is available
- #### Rejected
- 16-87 To allow districts to add a geographical name to their district number
 - 16-120 To request the RI Board to consider designating May as Public Image and Awareness Enhancement Month
 - 16-121 To request the RI Board to consider establishing an Environmental Preservation Awareness Day
 - 16-122 To request the RI Board to consider including Preserve Planet Earth as an official program of RI
 - 16-128 To request the RI Board to consider adopting Rotarians Against Malaria as the next worldwide program for Rotary
 - 16-129 To request the RI Board to consider recognizing Rotary Clubs

- 16-133 To request the RI Board to consider lowering the maximum age for membership in Rotaract to 25
 - 16-134 To request the RI Board to consider raising the Rotaract age limit to 35
 - 16-137 To request the RI Board to consider establishing a 21st Century Rotary District Museum
 - 16-140 To request the Trustees to consider establishing a new type of grant
 - 16-145 To request the Trustees to consider adding protection and empowerment of youth as a seventh area of focus
 - 16-153 To request the RI Board to consider suggesting the position of Club productivity officer
 - 16-154 To request the RI Board to consider encouraging the use of local language when conducting Club business
 - 16-156 To request the RI Board to consider allowing districts to decide if they would like a president's representative to attend their district conferences
 - 16-161 To request the RI Board to consider establishing a nominating committee for zone coordinators
- #### Rejected
- 16-163 To request the RI Board to consider forming an e-district for e-Clubs
 - 16-165 To request the RI Board to consider comparing the expenses of RI to other organizations
 - 16-167 To request the RI Board to consider reducing reinstatement fees and surcharges for Clubs
 - 16-169 To request the RI Board to consider allowing

- translations of Rotary into approved languages 16-173
To request the RI Board to consider subsidizing the training registration fees for the governors-nominee training seminar
- 16-177** To request the RI Board to consider adopting electronic voting prior to the Council on Legislation
- 16-179** To request the RI Board to consider initiating a study to establish a new type of membership: supporting membership
- 16-180** To request the RI Board to consider recognizing Friends of Rotary
- 16-181** To request the RI Board to consider urging new Rotarians to attend new member training
- Withdrawn**
- 16-119** To request the RI Board to consider designating May as Celebrate Women Month
- 16-123** To request the RI Board to consider raising awareness of environmental issues
- 16-124** To request the RI Board to consider developing programming in the areas of water quality enhancement, sanitation and hygiene
- 16-125** To request the RI Board to consider including the fight against violence towards women among the goals and objectives of the RI Strategic Plan
- 16-127** To request the RI Board to consider reinstating the RI statement on drug and alcohol abuse prevention in future versions of the Manual of Procedure
- 16-131** To request the RI Board to consider officially recognizing Rotary Kids as a structured program of RI
- 16-132** To request the RI Board to consider revising the membership age limits for Interact
- 16-135** To request the RI Board to consider establishing Rotaract e-Clubs
- 16-143** To request the Trustees to consider making planet earth a new area of focus
- 16-146** To request the Trustees to consider making grandchildren of Rotarians eligible for Rotary Foundation award programs
- 16-147** To request the RI Board to consider ending the governor selection pilot in India
- 16-148** To request the RI Board to consider revising the assistant governor selection criteria in the Rotary Code of Policy
- 16-150** To request the RI Board to consider defining a quorum for ballot by-mail votes
- 16-152** To request the RI Board to consider including all aspects relating to Rotary's image within the terms of reference of the club public relations committee
- 16-155** To request the RI Board to consider encouraging Rotarians to adopt a simple method to open and close a meeting by a declaration of the chair
- 16-158** To request the RI Board to consider using video presentations at district conferences
- 16-159** To request the RI Board to consider encouraging the use of electronic and musical equipment at Club meetings
- 16-162** To request the RI Board to consider redrawing the boundaries of Zone 20
- 16-164** To request the RI Board to consider creating mechanisms that can make RI self-sustaining
- 16-166** To request the RI Board and the Trustees to consider investing in microfinance and community development institutions
- 16-168** To request the RI Board to consider recognizing Hindi as an official language of RI
- 16-170** To request the RI Board to consider allowing for the use of the previous version of the Rotary emblem
- 16-171** To request the RI Board to consider promoting a new Rotary image based on modernization, faith and investment in public image
- 16-174** To request the RI Board to consider making the Rotary Leadership Institute a training program of RI
- 16-175** To request the RI Board to consider allowing Probuc members to attend the RI Convention
- 16-176** To request the RI Board to consider allowing members of Inner Wheel to attend the RI Convention
- 16-178** To request the RI Board to consider making the Council on Legislation more efficient, less costly and more technologically oriented
- (The Council on Legislation 2016 was held on 10-15 April 2016 in Chicago, Illinois, USA. PDG Tirtha Man Sakya represented RID 3292 Nepal and Bhutan in the CoL.)*
- ◆◆◆

GOOD SALT AND SOLE FOR HEALTH



- Rtn M. L. Kayastha

Natural Salt is a wonderful thing with necessary minerals for healthy living. It's an important element in keeping the proper mineral balance in our body.

In fact, every cell in our body needs salt. Our bodies rely on salt to keep good bone density, proper circulation and to stabilize blood sugar levels. But how could something so wonderful and natural become a poison? Here are a few common misconceptions and dangers of salt.

Salt vs. Naturally Occurring Sodium

"Table Salt" is a manufactured form of sodium called sodium chloride. Table salt is created by taking natural salt (or crude oil flake leftovers) and cooking it at 1200° Fahrenheit. Once the unprocessed salt is heated up to this temperature, it loses the majority of the eighty plus important elements that are naturally occurring. Other naturally occurring forms of sodium are mined **Himalayan Rock Salts** and many **Sea Salts** harvested and dried in the sun. They are actually alkaline minerals that help keep us hydrated, balance our sodium-potassium ratios, as well as fill the body with powerful electrolytes. They also contain all of the trace elements needed for proper immune, thyroid and adrenal function. Natural forms of salt also boost the creation of digestive enzymes and juices that allow us to extract and assimilate other vitamins and nutrients from the food we eat.

What Is In Table Salt?

Commonly purchased iodized salts, have sodium chloride (about 97.5%) and synthetic chemicals (about 2.5%) added to them. These chemicals include everything from manufactured forms of sodium solo-co-aluminate, sodium bicarbonate, fluoride, anti-caking agents, potassium iodide and aluminium derivatives. Table salt is coloured white by bleaching. Most table salt is not only unhealthy but can sometimes be toxic.

The Health Dangers of Table Salt

Table salt causes the blood pressure to rise because the blood is attempting to move the toxic elements rapidly away from the heart. This is why doctors will tell people with high blood pressure to avoid or minimize intake of salt.

Most packaged and processed foods contain large

quantities of manufactured salt. These preservatives can cause swelling and, over time, major kidney, thyroid and liver problems, as well as, hypertension, heart disease, muscle cramps, water retention, edema, stroke, heart failure, and even major nervous system disorders such as anxiety and depression.

What was a natural, whole food has been processed into a highly industrial, pseudo-food we have come to think of as "salt" that has the potential to cause a myriad of health problems.

Natural Salt has many health benefits since it contains many minerals and electrolytes. Nevertheless this should also not be consumed excessively as it is also mainly sodium chloride. Low salt recommendation of **1500 mg** of sodium amounts to 0.75 teaspoons or 3.75 grams of salt per day, while generally recommended **2300 mg** amounts to **one teaspoon** or 6 grams of salt per day.

Instead of common table salt it is better to switch to **Himalayan Rock Salt (Sire or Sidhe Noon in Nepali, Sendha namak in Hindi and Saidhava lavan in Sanskrit)** for many health benefits.

The many hues of Himalayan Rock Salts **pink, red, white and black** are an indication of this salt's rich and varying minerals and energy-rich iron content. Himalayan Black Salt (Bire Noon in Nepali, Kala Namak in Hindi) is more sulphurous and used in chutneys, fruits and salads.

Known as even **"white gold"** Himalayan Crystal Salt contains the same 84 natural minerals and elements found in the human body. Himalayan salt is the purest salt on earth with the following elements:

Iodine: Himalayan salts are rich in iodine, so it doesn't need to be artificially added in.

80+ minerals and elements: Himalayan salts are mineral packed crystals which formed naturally within the earth made up of sodium chloride and other trace minerals including: sulphate, magnesium, calcium, potassium, bicarbonate, bromide, borate, strontium, etc.

These minerals in Himalayan Rock salt can:

- Create an electrolyte balance
- Increases hydration
- Regulate water content both inside and outside of cells

- Balance pH (alkaline/acidity) and help to reduce acid reflux
- Prevent muscle cramping
- Aid in proper metabolism functioning
- Strengthen bones
- Lower blood pressure
- Help the intestines absorb nutrients
- Prevent goiters
- Improve circulation
- Dissolve and eliminate sediment to remove toxins
Reduce the signs of aging, and detoxify the body from heavy metals.

One of the most bio-available way to absorb all the benefits of Himalayan Rock Salt is through Sole.

What is Sole?

Sole (pronounced Solay): is essentially water that has been fully saturated with natural salt. The term Sole comes from the Latin "Sol" meaning Sun.

We've been told for years that salt can be harmful, so the idea of drinking salt water may sound counter-intuitive, but it turns out that this concentrated natural salt solution can have a variety of health benefits.

Helps Hydration: Consuming a salt solution like Sole helps the body re-hydrate.

Helps the Body Detoxify: The minerals in Sole aid in the natural detoxification. Sole is naturally anti-bacterial and can help remove bad bacteria in the body.

Boosts Energy: The minerals and stored energy in Sole help boost energy throughout the day.

Improving Digestion: Sole stimulates the digestive system thus promoting food absorption.

Improving blood sugar: Some people note improvements in blood sugar levels.

Bone Health: Sole is naturally full of minerals and alkalizing, so it is helpful for bone health.

Healthy Veins: By supporting the correct mineral balance in the body and blood, Sole can help reduce or avoid vein problems like varicose veins.

Blood Pressure: Contrary to what we often hear, many people notice a reduction in blood pressure from using Sole.

Weight Loss: By improving digestion and nourishing the body on a cellular level, Sole can help promote weight loss.

Healthy Skin, Hair and Nails: Sole's high mineral content makes it great for healthy skin and for hair and nail growth.

It is interesting to note that the conventional treatment for many of the above problems includes removing excess

salt/sodium from the diet. While table salt could certainly have a negative effect and is best avoided, natural salt contains over 84 minerals and is incredibly nourishing for the body.

Sole is a very inexpensive addition to a healthy diet and lifestyle and it is incredibly easy to make.

How to Make Sole

Only ingredients are Himalayan salt and filtered water so the recipe is pretty simple. You'll also need a glass jar with a plastic or non-metal lid.

Fill the jar about 1/4 of the way with Himalayan Salt (Sire Noon Or Sidhe Noon in Nepali)

Add filtered water to nearly fill the jar.

Put on the plastic lid and shake the jar gently.

Leave it overnight to let the salt dissolve.

The next day, if there is still some salt on the bottom of the jar, the water has absorbed its maximum amount of salt (26%) and the

Sole is ready to use.

If all of the salt is absorbed, add more salt until some remains.

How to Use Sole

Make the mixture as above and store at room temp. It will last indefinitely as salt is naturally anti-bacterial and anti-fungal.

To use: Mix 1 tsp (teaspoon) of the Sole in to a glass of water and consume every morning (best time) on an empty stomach. Do not use a metal utensil or spoon to measure or touch the Sole.(One teaspoon of Himalayan Salt Sole contains only about 412mg of unprocessed, natural sodium).

After that you should drink more water (one to maximum three glasses) making a maximum of one litre including Sole for good health.

Do not eat or drink anything for another 45 minutes for best effects.

The benefits of the Sole therapy and Water therapy are best realized when taken on an empty stomach. Alternatively you can also do the Sole therapy in the evening, but you should keep this rhythm as the body maintains the frequency pattern of the sole for 24 hours.

Make healthy food a medicine

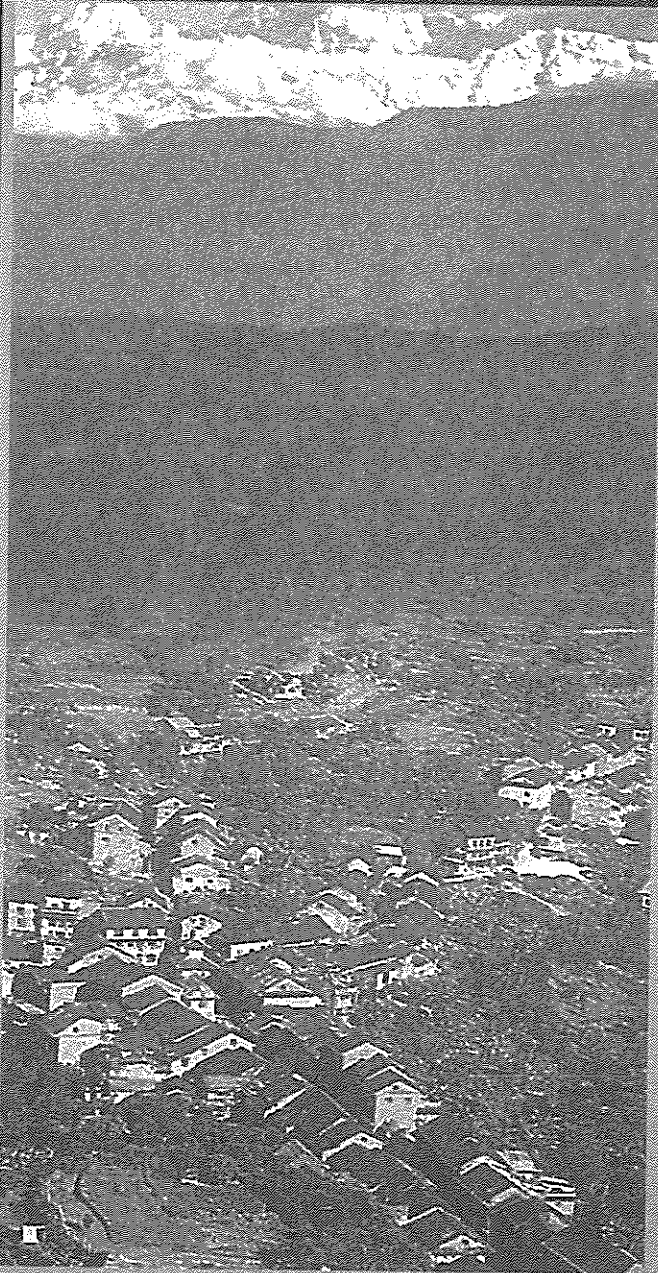
Disclaimer: The article is based on lot of extensive Internet based studies and some personnel experience and the author will not be responsible for any use or misuse of natural salt.





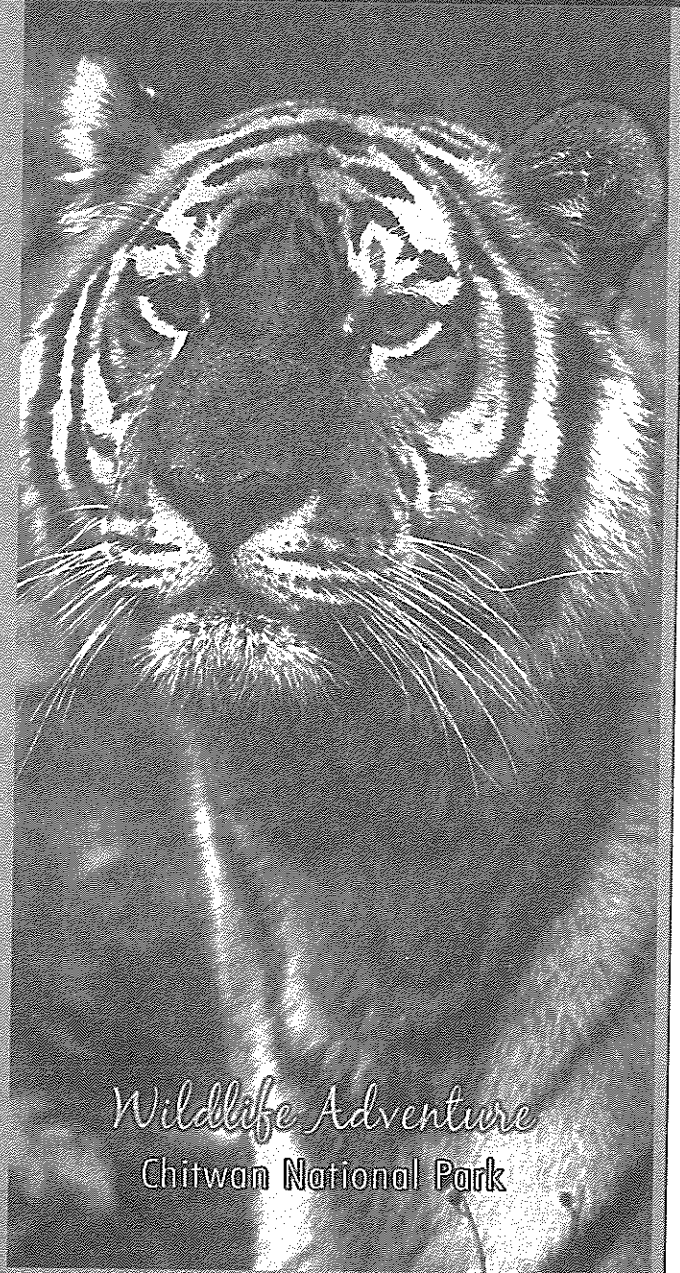
Bandipur
Mountain Resort

Bandipur, Tanahun



Island Jungle Resort

Chitwan National Park

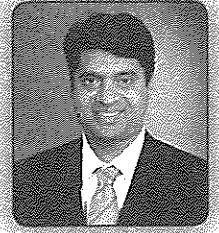


Wildlife Adventure
Chitwan National Park

Reservation Office

GPO Box: 2154, Durbar Marg, Kathmandu, Nepal
Tel: +977-1-4220162, 4229116, Fax: +977-1-4225615/Tel: 078-545455 (CTR)/065-520125 (BMR)
E-mail: island@mos.com.np www.islandjungleresort.com

खुसीको रहस्य



- रो. नवल पजियार

वास्तवमा, हाम्रो मानव जीवनमा खुसी भन्ने भाव धेरै महत्त्वपूर्ण छ । पारिवारिक जीवन होस् वा व्यावसायिक जीवन, यदि त्यो नातामा, काममा खुसी छैन भने त्यसको कुनै मतलब हुँदैन ।

सधैं एउटै प्रश्न छ कि, आखिर खुसी हुने कसरी वा आफूलाई खुसी राख्ने कसरी ?

साँच्चै भन्नु पर्दा खुसी हुनका लागि हामीले बाहिर कतै जानु पर्दैन, मात्र आफू भित्र नियालेर महसूस गरे खुसीको भाव महसूस गर्न सक्छौं ।

खुसी हुनको लागि हामीसँग करोडौं रूपैयाँ हुनुपर्छ भन्ने छैन वा ठूलो पदमा बसेर जागीर खानुपर्छ भन्ने पनि छैन किनभने करोडौं रूपैयाँ वा ठूलो पदको जागीरले खुसी दिने भए, आज ती सब व्यक्ति खुसी हुन्थे जोसँग करोडौं रूपैयाँ वा ठूलो पदको जागीर छ । तर सत्य यो होइन । व्यक्तिहरूसँग करोडौं रूपैयाँ वा राम्रो जागीर भए पनि खुसी हुँदैनन् । हाम्रो मानव जीवन धेरै नै सुन्दर छ तर यसलाई व्यवस्थित गरेर लान जान्नु पर्छ र एउटा मुख्य कुरा यो छ कि हामी मानवले जीवनमा घटेको घटनालाई बदल्न त सक्दैनौं तर त्यो घटेको घटना प्रति कसरी React हुने हो त्यो हामीमा भर पर्छ । साँच्चै भन्ने हो भने हाम्रो जीवनलाई खुसी वा दुःखी बनाउने मुख्य रहस्य पनि यही नै हो ।

एउटा विद्वान्ले भन्नुभएको थियो- "म आफ्नो मान्छेका Circumstances लाई परिवर्तनको प्रयासमा लागि रहे र जीवनको धेरै समय यसै प्रयत्नमा नष्ट गरे तर एक्कासी जुन दिन मैले मेरो आफ्नो मनस्थितिमा परिवर्तन ल्याए, त्यही दिनदेखि परिस्थित परिवर्तन हुन थाल्यो र हरेक व्यक्ति र परिस्थितिसँग म सजिलो हुन थाले ।"

हो, वास्तवमा हामीले बदलाव आफूमा ल्याउनु पर्छ, त्यसपछि जीवनमा हरेक परिस्थिति हाम्रो अनुकूल हुन्छ । वैवाहिक जीवनमा पनि खुसी ल्याउने एउटै सूत्र छ त्यो हो श्रीमान् र श्रीमती एक अर्कालाई unconditional माया पनि गर्नुपर्छ र दुवैजनाले एक-अर्कालाई Unconditional Forgive पनि गर्नुपर्छ । कहिले पनि एकले अर्काको नकारात्मक तरिकाले

गल्ती देखाउनु हुँदैन, बल्कि सुधार्नु पर्ने पक्षलाई सकारात्मक ढंगले भन्नुपर्छ र आफ्नो साथीमा भएको अवगुणको दोष देखाउनुको साटो भएको गुणको तारिफ गर्नुपर्छ ।

पारिवारिक जीवन सुखी बनाउनको लागि गालीमा पनि प्रेम छ जस्तो लिनु पर्छ ।

मानौं, तपाईंकी श्रीमतीले तपाईंलाई "जनावर" भन्नुभयो । रिसको आवेगमा तपाईं शान्त भएर अलि मुस्कुराउँदै भन्नुहोस्, "हो, तिमीले सत्य बोल्थौ हामी "जनावर" हौं किनभने म तिमी वर र तिमी मेरो "जान" त्यसैले, हामी जनावर हो । हा..... हा..... हा..... ।"

भनाईको तात्पर्य, हामीले हाम्रो मनस्थितिमा सकारात्मक परिवर्तन ल्याउनुपर्छ । न कि परिस्थितिको पछाडी दौडिरहने । र एउटा अर्को अनुभव के बाड्न चाहन्छु भने, बाहिर भएको श्मसानघाट (आर्यघाट) जस्तै आफ्नो मुटुभित्र पनि एउटा आर्यघाट बनाउनु होस् ताकि तपाईं जीवनभर नाता वा सम्बन्ध राख्न खोज्ने व्यक्तिहरूको अवगुण, रिस जलाउन सकोस् । अनि मात्र प्रेम भावले जीवनभर त्यो व्यक्तिसँग जोड्न सक्नुहुन्छ, नत्र भने अगाडिको व्यक्तिको हरेक अवगुणमा टिकाटिप्पणी गर्न थाल्नुभयो भने त्यो व्यक्तिसँगको सम्बन्ध लामो समयसम्म टिक्न सक्दैन र जसले गर्दा हामी दुःखी भइहाल्छौं ।

यदि हाम्रो घरको वातावरण दुःखमय छ भने हामी बाहिर चाहेर पनि खुसी रहन सक्दैनौं र दुःखमय जीवन बिताइरहेका हुनेछौं । खुसी रहनुको सही रहस्य नै आफ्नो वरिपरि भएको व्यक्तिहरूलाई खुसी दिनु हो । जसको बदलामा हामी आफैं खुसी रहन्छौं ।

In english, it is said what goes around, comes around र अन्त्यमा, म ईश्वरसँग प्रार्थना गर्छु कि तपाईंको जीवन सुखमय, खुसीका साथ बितोस् र शारीरिक, मानसिक र आर्थिक ढंगले पनि धेरै खुसी मिलोस् ।





Inner Wheel Club of Patan
Report for the year 2015-2016
Chartered on 6th June 1994
Club No. 4363



*IW Nirmala Shrestha
President, Inner Wheel Club
2016-2017*

Inner wheel club of Patan was established in 1994. Our general meetings are held on the first Monday of every month and our board meeting on the 15th of every month. The meetings are held in the executive member house by rotation. Following are the activities of the club.

Water project: During the earthquake several water tanks were damaged which provided water to 450 people to Tala Goht of Lele V.D.C. 6 Lalitpur. We are helping with the repair work of these water tanks. Various Inner Wheel Clubs of Strasburg district provided Rs. 5,00,000.



*Baby sets and napkins for new born babies at
Maternity Hospital , Thapathali,*



Monetary support for play ground fence to Udaya Kharka SS

clothes, Kitchen utensils, sanitation items, medicines and also daily provisions.

Patan hospital faced water shortage during the earthquake. The Club then provided water carton along with biscuits and other eatables.

Uday Khark Madhyam Vidhalaya, Chapagoan was provided with 50 plates, 50 glasses and a pressure cooker. The students of class 1 to 3 were provided with 50 sweaters, stationary and eatables. Rs. 30,000 was donated for fencing the playground to ensure safety of the students.

In Patan, community based rehabilitation organization students were provided educational material according to their skills.

Two computers were made available to Sinchahiti Pror Mahila Vidyalaya.

In Yashodra Bodh Madhyam Vidhyalaya, some students were given sweaters.

Members raised Rs. 1,00,000 by selling raffle tickets which was drawn by senior Rotarian Kamalmani Dixit.

Our second water project is in Godamchur in Lalitpur. In this area 1,500 households were affected due to damage of various physical structures like intake pipe lines, reservoirs etc. which caused hindrance in water supply due to the earthquake. The Inner Wheel Club of Strasburg Tivoli, France provided Rs. 5,00,000. This club has been supporting us in various water projects and often visit the site after completion.

Several earthquake victims have been provided



School Sweater for grade 1-3 students at Udaya Kharka SSm



Sagun Program at 3rd District Assembly,

Funds were also personally raised by members for various charitable activities.

65 set of clothes and 45 blankets were provided for new born babies in Maternity hospital, Thapathali.

Our congratulations and best wishes to Bijaya Lakshmi Shrestha for being elected as Chairman of Inner Wheel District 350, Nepal.

I would also like to thank all the executive members

and all other club members for working hard and supporting me with the activities of the club.

Our special thanks to Rotary Club of Patan for giving us space in their yearly souvenir and inviting us in their club activities.

Lastly, I would like to wish a very successful tenure to our I.W. Club President Mrs. Nirmala Shrestha.



Special Rotary Month Observances 2016-2017

- | | |
|--|--|
| <p>1 July: Start of new Rotary Officer's year of service.</p> <p>2 August: Membership and New Club Development Month</p> <p>3 September: Basic Education and Literacy Month</p> <p>4 October: Economic and Community Development Month</p> <p>5 November: Rotary Foundation Month</p> | <p>6 December: Disease Prevention and Treatment Month</p> <p>7 January: Vocational Service Month</p> <p>8 February: Peace and Conflict Prevention/Resolution Month</p> <p>9 March: Water and Sanitation Month</p> <p>10 April: Maternal and Child Health Month</p> <p>11 May: Youth Services Month</p> <p>12 June: Rotary Fellowships Month</p> |
|--|--|

Executive Committee for 2016-2017



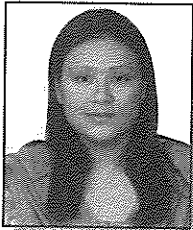
Nirmala Shrestha
President
Tel: 984127645



Brinda Rana
Immediate Past President
Tel: 9841309385



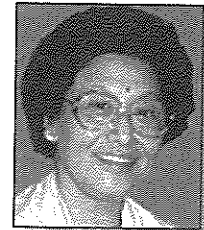
Nani Shova Shakya
Vice-President
Tel: 9851026534



Gunu Shrestha
Secretary
Tel: 9841401076



Mithila Rajbhandary
Treasurer
Tel: 9841758531



Sulochana Pradhan
International Club Service
Tel: 9849036722



Kamala Maharjan
Executive Member
Tel: 9818920967



Shanti Mathema
Executive Member
Tel: 9841188955



Shanta Shrestha
Executive Member
Tel: 9849850226

General Members



Bijiya L. Shrestha
Tel: 9851050963



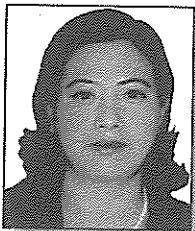
Mary Shrestha
Tel: 9849671500



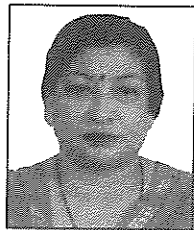
Sulochana Nyachhyon
Tel: 9851023354



Munu Rajkarnikar
Tel: 9841419342



Meena Shakya
Tel: 9849137520



Chhaya Juwa
Tel: 9841735804



Rajya L. Bajacharaya
Tel: 9851098264



Moti Shanti Shakya
Tel: 9841254782



Rtr. Sagar Maharjan
President

Rotaract Club of Patan

Sponsored by Rotary Club of Patan

Chartered on 30th June 1997

Summary Report of the 2015-16



Rtr. Rubina Shakya
Secretary

Installation of Club Officers

Rotaract Club of Patan organized the installation ceremony of Club Officers on 2015-07-04. Rtr. Sudeep Shakya handed over the Presidentship to Rtr. Sagar Maharjan. President Rtr. Sagar Maharjan introduced his Board of Directors on this Installation Ceremony.

Induction ceremony

This year the Rotaract Club of Patan managed to welcome 10 new members to the Club. It is worth noting that out of ten new members nine are girls. The new members were inducted in one of the Club meetings in presence of President RC Patan Piyush Bajracharya, Director Youth Services Rtn. Nirmal Pradhanang, PDRR/PP Bikesh Raj Bajracharya and PP Rtr. Shailendra Shakya. The new faces to Rotaract world are: Pranav, Panika, Prakriti, Salina, Kripa, Krishna, Sailee, Shraddha, Sapana and Kavya.

Club Assembly

Regular Club Assemblies were organized by RAC Patan throughout this year. The directors presented their planning for 4 months. The club assemblies were held quarterly.

DRR Visit

Rotaract Club of Patan hosted official DRR VISIT on 7th December, 2015 at Bluebird College, Kumariapati. DRR Samir Nepal chaired the meeting along with DS Rtr. Hari Satyal. President Rtr. Sagar, Secretary Rtr. Rubina and Treasurer Rtr. Rumika had internal formal session with DRR and DS for 1 hour and later on with avenue directors. DRR and DS checked the club details and heard the project planning of each avenue. DRR and DS suggested and shared ideas planning for the betterment of the club. PP Bikesh Raj Bajracharya also attended the DRR visit and suggested for the club. DRR and DS were given Token of Love and best wishes for the successful tenure.

Zonal COTS

In joint collaboration with Rotaract Clubs of Himalaya

Patan, Jawalakhel Manjushree and Patan South the Rotaract Club of Patan organized a Zonal COTS on 1 August 2015, Saturday. It was an opportunity to meet and know other club members and exchange the idea. The facilitators were our own Rotaract district members. Feedback from the participants were very positive.

Internal Club Officers' Training

An internal COTS was organized for the club members to make them aware of their respective roles, responsibilities and duties from general member to president. The resource person was Rtn. Mahesh Bajracharya, Immediate Past President of Rotary e-club district 3292 Nepal, Past President of Rotaract Club of Patan. The training duration was for 2 hour and 30 minutes.

First Aid Training

Organized jointly with RAC Patan Durbar Square coordinating with RAC Itahari under same banner and multiple venues, aimed at school going children so as to educate them about first aid and its importance. The program was facilitated by the Nepal Redcross Society Volunteers.

Joint Meeting/Google Search Training

RAC Patan conducted a joint meeting with RAC Kathmandu Mid-town, RAC Sainbhu Bhaispati on 17th October, 2015 at Bluebird College, Kumariapati. After the meeting a "Google Search Training" was conducted by Rtr. Kshitiz Tiwari, from RAC Sainbu Bhaispati. The participants gained the knowledge on how to effectively search "Google". This further increased the fellowship among our two club members.

Public Speaking Training

With a view to enhancing public speaking capability, a "Public Speaking Training" was jointly organized by RAC Patan, RAC Patan South, RAC Jawalakhel Manjushree and RAC Kathmandu. The Program was hosted by RAC Jawalakhel Manjushree and was organized at Future Star

School, Jawalakhel. Rotaractors of all four clubs actively participated. Such a training program was assessed as very helpful in developing "Public Speaking" skills of the youth.

3D Card Making Training

A 3D Card Making Training was organized. Rtr Rubina Shakya taught the participants how to make 3D cards with the use of chart paper and other materials. This program was found very useful and many rotaractors participated and benefitted from the program.

Curriculum Vitae Training

On 17th January, 2016 Rtr. David Shakya, PDRR/PP of Rotaract Club of Himalaya Patan facilitated the CV writing program. He taught proper and effective ways of writing CV.

Club Twinning

Rotaract Club of Patan and Rotaract Club of Patan South signed a MOU on 12th September, 2015 as the continuation of club twinning. The President of Patan Rtr. Sagar Maharjan and Rtr. Suzana Bajracharya exchanged the MOU signed Letter. There was maximum participation of both club members.

Breast Cancer Awareness Program

Rotaract Club of Patan and Nepal Cancer Hospital jointly celebrated "Breast Cancer Awareness Month". Dr. Kapendra Amatya facilitated awareness program about breast cancer to thaina maa pucha (AAMA SAMUHA). On the occasion 50% discount coupons were offered to the ladies for checkup at Nepal Cancer Hospital, Harisiddhi. The program was highly interactive.

Talk Program on "Causes of Diseases"

Rotaract club of Patan organized classification talk on "Causes of Disease". Rtn. Cardiologist Dr. Prakash Raj Regmi was the guest for the talk program. He explained different causes of disease that we suffer. The main causes are genes, congenital period, lifestyle diet, behavior etc. He suggested to follow the healthy lifestyle.

Talk Program on "General Photography and Mobile Photography"

The talk program was organized on general photography and mobile photography on 26th March, 2016 at Bluebird College. Anil Neupane, professional photographer who has been in this field since long time and does post production and others, was the facilitator. The session was interactive and interesting to the members.

Talk Program on "Being Good Rotaractors"

Rotaract Club of Patan and Rotaract Club of Patan Durbar Square conducted joint meeting on 30th April, 2016 at Bluebird College in presence of District Leadership Trainer Rtr. Saugat Gautam and ZRR Rtr. Sudeep Shakya. Following the meeting a talk program was organized on "Being Good Rotaract Leader" which was facilitated by Rtr. Saugat Gautam.

Talk Program on "Self-discovery & Awareness Using Johari Window Model"

A talk program on "Self Discovery and Awareness using Johari Window Model" was facilitated by Rtn. Anil Shrestha. He shared about knowing yourselves better with feedbacks and suggestion. Present were PP Rtn. Mahesh Bajracharya, PP Rtn. Yugal Bajracharya, PP Bikesh Bajracharya along with PP/PDRR Rtn Anil Shrestha. Among the guests were members from National Law College.

Clean-up Campaign

Rotaract Club of Patan with other Rotaract Clubs jointly participated in a clean-up Campaign. Rotaract District Committee was the "Official Partner" of Clean up Nepal campaign. All the Rotaract Clubs actively participated.

"World Peace Day-2015" Celebration

On the occasion of "World Peace Day 2015" the Rotaract Club of Yala, Rotaract Club of Patan Durbar Square, Rotaract Club of Kathmandu Mid town, Rotaract Club of Bhaktapur, Rotaract Club of Dhulikhel, Rotaract Club of Biratnagar, Rotaract Club of Biratnagar Down town, Rotaract Club of Dharan, Rotaract Club of Pokhara, Rotaract Club of Butwal, and Rotaract Club of Ambarnath (International Club) jointly organized a rally in remembrance of destruction of national heritage and for the memory of the deceased during the Earthquake. More than 102 rotaractors participated the program. Outside valley clubs also organized. PP DRR, DRR, District representatives, rotaractors made the program successful.

Short Hiking to Chapakharka

Rotaract Club of Patan and Rotaract Club of Patan South went to a short hike to Chapakharka on January 23, 2016. The members got a chance to interact with each other and develop their friendship over the hike.

Extravaganza

a) Joint friendship day celebration

A joint fellowship day was celebrated together with RCA Himalaya Patan, RCA Patan South, RCA Jawalakhel

Manjushree and RCA Patan. There were solo and band acoustic performance. The program was fun-filled with songs and dance throughout.

b) Music for a Cause

A Musical Program "Music For a Cause" was organized where many well-known artists, like Ciney Gurung, Sabina Karki, Kramasha-Nepal, Chorus, Suraag, Ryan Ale, and others were invited. Rs. 40,000/- was collected from the event and was donated to the joint disable awaaz centre which helped the differently-abled children to build their building. More than 350 people participated in the event to help the needy people.

c) Dashain Fellowship

After the annual Good Morning Tea Party, this year as well the Rotaract Club of Patan had Dashain fellowship

with the Club Members. There was BBQ, dance, fun to the Dashain Season.

d) Good Morning Tea Party

A "Good Morning Tea Party" was organized on the occasion of Dasain on 21st October, 2015 at Bluebird College, Kumaripati.

e) Halloween Dance Party

Kathmandu Mid-town, Patan South, Kathmandu West, Durbar marg, Kupondole and Thames Int'l, jointly organized a "Halloween Party" on 31st October, 2015 at Orange Restro, Lazimpat. The program was fun filled. As DJ, Rtr. Pratik Man Singh entertained the participants. There was face painting, scary idols, put all around the event place.



Board Members of Rotaract Club of Patan for the Rota Year 2016-17

S.N.	Designation	Name	E-mail	Tel (Mob)
1.	President	Mohini Maharjan	mhrjmohini@gmail.com	9808806705
2.	IPP	Sagar Maharjan	rcpatan.president@gmail.com	9849715292
3.	Vice President	Rubina Shakya	rtr.shakya@gmail.com	9849871429
4.	Secretary	Jenish Shakya	shakyajenish@gmail.com	9841553970
5.	Joint Secretary	Sajal Khadka	sajalkhadka@gmail.com	9849134951
6.	Treasurer	Salim Shakya	salim_shakya@yahoo.com	9803757808
7.	Joint Treasurer	Bibeen Shakya	bibeen12@gmail.com	9841553970
8.	Director-Int'l Service	Shailini Shrestha		
9.	Director-Professional Dev.	Nistha Shakya	nistha1shakya@gmail.com	9813463625
10.	Director-Club Service	Panika Shakya		
11.	Director-Community Service	Peshal Bhattarai		9801084772
12.	Editor	Rujen Shakya	shakyarujen1@gmail.com	9849702525
13.	Sergeant at Arms	Pranav Joshi		
14.	Webmaster	Manish Krishna Malla	manishkmalla@gmail.com	9803632631
15.	Past President	Sudhir Shakya	shakyasoodheer@gmail.com	9841380792
16.	Past President	Prajwal Shakya	the.prajwal@yahoo.com	9843332124
17.	Past President	Sudeep Shakya	shakyasudeep41@yahoo.com	9851165253

Rotary Club of Patan

Strategic Plan 2016 - 2017 to 2020 - 2021

Purpose:

Strategic planning is a tool to help us provide long-term direction for our club and create a framework to establish a vision, mission, strategic goals, and strategies. The annual goals of the RCP strategic plan are established and revised in the RI website 'Rotary Club Central'.

Vision:

To be a thriving group of professionals/community leaders and a service organization with continued community support, and a growing membership.

Mission:

To foster 'service above self', to encourage fellowship among members, and to support the development of programmes that lead to improved quality of life in our community and throughout the world.

Strategic Goals:

- Effective functioning of the Club.
- Motivated club membership, with leadership potential.
- Conduct humanitarian service projects that serve the community needs.
- Enhance public image of the Rotary Club of Patan.
- Increase Contributions to Club Funds and the Rotary Foundation.

Goals / Strategies:

Goal 1 : Effective Functioning of the Club

Key Actions:

1. Timely payment of RI and district dues;
2. Sound financial management and oversight mechanism for good financial health of the Club;
3. Timely renewal of Club Registration;
4. Maintain good historical records of the club, and ensure smooth hand over mechanism;
5. Conduct regular weekly meetings; Board meetings and Club Assemblies;

6. Invite engaging 'Speakers' to weekly club meetings;
7. Encourage all members to register online in 'My Rotary' and go paperless.

Goal II : Motivated Club Membership, with Leadership Potential

Key Action:

1. Increase the membership by attracting quality members;
2. Place a high priority in having females; young professionals and spouses of members;
3. Encourage all members to participate in humanitarian service projects and programmes;
4. Use the 'mentor' mechanism for motivation, development and retention of members;
5. Maintain a vibrant club through engaging fellowship programmes;
6. Encourage members to participate in district and international activities and events.

Goal III : Conduct Humanitarian Service Projects That Serve the Community Needs

Key Action:

1. Undertake humanitarian projects and activities to improve the lives in our community, considering all 'Areas of Focus' of the Rotary;
2. Aspire to conduct activities in all five Avenues of Service (Community Service; Vocational Service; International Service, Club Service and Youth Service);
3. Recognize outstanding vocational services through annual awards;
4. Improve educational standards of the community through RCP's flagship Prajapati Education Endowment Fund 'PEEF' scholarship programme;

5. Recognize outstanding students receiving 'PEEF' scholarship through the Kamalmani Educational Excellence Award 'KEEA' programme;
6. Increase collaboration with all partners to maximize Rotary's Global Grant projects and its outreach to communities;
7. Motivate and collaborate with Partners-in-Service, including Rotaract, Interact and RCC to maximize quality in delivery of service projects.

Goal IV : Enhance public image of the Rotary Club of Patan:

Key Action:

1. Maintain regular and effective communication through weekly newsletter (Lalithdara bulletin); Facebook page updates, and occasional press releases;

2. Publish 'Lalithdara Souvenir' annually for public image and fund raising;
3. Establish good contacts with local media and ensure their participation in major club events;
4. Contribute stories/articles to District and Rotary International publications and websites (GML, Rotary Showcase, and Rotary News).

Goal V : Increase Contributions to Club Funds and the Rotary Foundation:

1. Encourage all members to contribute to the Rotary Foundation;
2. Set Annual target for the RCP's Club Fund.



***Rotary Foundation Global Grants
and the Areas of Focus***

All Rotary clubs and districts are eligible to apply for global from the Rotary Foundation to support sustainable activities with high-impact outcomes in one or more of the six areas of focus.

Rotary has selected these six areas to focus its efforts as these areas reflect some of the most critical and widespread humanitarian needs:



**PEACE AND CONFLICT
PREVENTION/RESOLUTION**



**DISEASE PREVENTION AND
TREATMENT**



WATER AND SANITATION



MATERNAL AND CHILD HEALTH

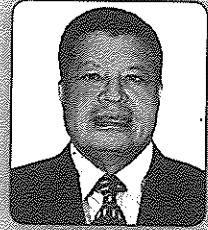


BASIC EDUCATION AND LITERACY



**ECONOMIC AND COMMUNITY
DEVELOPMENT**

Contributions to the Club Trust Fund as of 30 June 2016



Rtn. Bharat N. Joshi
Treasurer

Name	Amount NRs.
Rtn. Kamalmani Dixit	285,000
Rtn. Narayan G. Halwai	10,000
Rtn. Dr. Prakash R. Regmi	70,000
Rtn. Khruschev Shrestha	10,000
Rtn. Matsyendra L. Kayastha	43,300
Rtn. Bharat N. Joshi	10,000
Rtn. Lalita Thapa	38,000
Rtn. Siba B. Rajbhandary	10,000
Rtn. Santa K. Shrestha	35,000
Mr. Tulasi Neupane	10,000
Rtn. Piyush B. Bajracharya	35,000
Rtn. Tirtha M. Sakya	10,000
Rtn. Bijaya Mallapaty	31,000
Rtn. Padam L. Maharjan	10,000
Rtn. Kiran Shrestha	30,000
Rtn. Ramesh Lal Maskey	10,000
Rtn. Som Paneru	27,500
Rtn. Gautam Shakya	10,000
Rtn. Chandra S. Gyawali	25,000
Rtn. Dr. Aruna Uprety	10,000
Rtn. Dr. Bishwa B. Sharma	25,000
Rtn. Nirmal Pradhanang	10,000
Rtn. Sharada Prasai	20,000
Rtn. Kamala Maharjan	5,000

Name	Amount NRs.
Rtn. Chandralekha Kayastha	20,000
Rtn. Yagya B. Shrestha	5,000
Rtn. Ganesh R. Shrestha	20,000
Rtn. Pushkar Shakya	5,000
Rtn. Jamuna K. Tamrakar	20,000
Rtn. Mahendra Thapa	5,000
Rtn. Jeevan K. Shrestha	17,000
Rtn. Rabindra R. Pandey	5,000
Dr. Amina Shrestha	16,000
Rtn. Keshab B. Mathema	5,000
Rtn. Gabriele Mallapaty	16,000
Mr. Bhim B. Kshetry	5,000
Rtn. Kedar B. Shrestha	15,000
Rtn. Shiva K. Pradhan	5,000
Rtn. Krishna B. Basnyat	15,000
Rtn. Kamal Nyachhon	5,000
Rtn. Bijaya Bajracharya	15,000
Leni c/o Rtn. B. Mallapaty	4,650
Rtn. Bishwa N. Rai	10,000
Marie c/o Rtn. B. Mallapaty	1,750
Sub Total Individuals:	990,200
From other Club Funds	238,451
Grand Total	1,228,651

Rotary Club of Patan Annual Budget For Year 2016-2017

Rotary Club of Patan - Annual Budget for Year 2016-2017			
Income		Expenditure	
Description	2016-17 (in NRs)	Description	2016-17 (in NRs)
1 Membership		1 R.I and District Dues	
Membership Fee 38x22000	836.000	RI dues	245.140
1x12500	12.500	District Dues, Rotary news	101.860
		Sub-Total RI and District Dues	347.000
New Members 2	44.000		
Sub-Total: Membership	892.500	2 Club Operational Expenses	
		Tea/Snacks	387.500
		Charter night	100.000
2 Club Operation		Auditors Fee	22.000
Attendance	146.000	Fees - Office Assistant	104.000
Advertisement Souvenir	125.000	Fuel	19.000
Interest Income	53.000	Printing - Lalitdhara Souvenir	75.000
Sub-Total: Club Operation	324.000	Hosting District Conference	30.000
		Club Renewals	17.000
3 Sunshine Contributions	187.000	Sub-Total Club Oper. Exp.	754.500
		3 Unallocated - Souvenir ads.& int. income	115.000
		4 Social Activities/Projects	
		Health Camp	25.000
		Support to Rotaract	10.000
		Vocational Award	5.000
		Support to Interact	10.000
		Global Grants	20.000
		KEEA Programme	20.000
		Contingencies	15.000
		Othr Social Projects	82.000
		Sub-Total: Social Activities/Projects	187.000
Grand Total	1.403.500	Grand Total	1.403.500



Rtn. Bijaya Mallapaty
President 2016-17



Rtn. Bishwa B. Sharma
Secretary 2016-17



Rtn. Bharat N. Joshi
Treasurer 2016-17

Members of Rotary Club of Patan Involved in District and District Committees RY 2016/2017 (Leaders Beyond Club Level)

S.No	Name of the RCP Rotarians	Position	District Team / Committee
1	PDG. Rtn Tirtha Man Sakya	Member	Council of Governors
		Committee Chair	District Administrative Council
		Advisor	Regional Coordination Committee, Region III
		Chair	Rotary Nepal Literacy Mission Committee (RNLM)
		Chair	EQ Relief Rehabilitation & Construction Committee
		Fiscal Agent	Rotary District 3292 (2014/2015 - 2017/2018)
		TRF Tech. Cord.	Wash & Sanitation (2016/2017 - 2018/2019)
2	Rtn Kamalmani Dixit	Member	District Advisory Council
3	Rtn Kedar Bhakta Shrestha	Committee Chair	District Administrative Council, Rotary-Non Rotary Relation Committee
		Conference Advisor	District Conference Committee
		Chair	District Rotary-Non Rotary Relation Committee
4	Rtn Siba Bhakta Rajbhandary	Chair	District Grant Sub-Committee
		Member	Chief Guest & Guest Speakers Sub-committee
5	Rtn Krishna Bahadur Basnyat	Member	District Advisory Council
6	Rtn Matsyendra Lal Kayastha	Member	District Advisory Council
7	Rtn Rabindra Raj Pandey	Member	District Advisory Council
8	Rtn Dr. Prakash Raj Regmi	Co-Chair	District Disease Prevention & Treatment Sub-Committee
9	Rtn Ganesh Raj Shrestha	Chair	District Wheel Chair Distribution Subcommittee
10	Rtn Pushkar Man Shakya	Member	District Membership Development Committee
		Member	Regional Coordination Committee, Region III, Membership Development
11	Rtn Lalita Thapa	Member/Trainer	District Training Committee, Regional Coordination Committee, Region III, Training, Regional Training Sub-Committee
		Chair	Regional Training Sub-Committee Region III
12	Rtn Mahendra Bahadur Thapa	Member/Trainer	Regional Training Sub-Committee Region III

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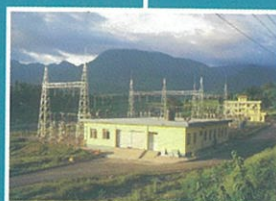
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