





ललित धारा

RI District 3292 Club No. 23126 Chartered: 29 August 1985

Past President & Editor: Bijaya Mallapaty Past President & Assistant Editor: Chandralekha Kayastha Secretary: Preeti Khemka

Issue No. 1383

Date: 15 Mangshir 2077 / 30 November 2020

#### **Today's Programme**:

5<sup>th</sup> Monday Entertainment Programme

#### **Congratulatory Events**

### <u>Birthdays</u>: Nil <u>Wedding anniversaries:</u>

Rtn. Keshab B. & Mrs. Shanti Mathema – 30 Nov. Rtn. Lila B. & Mrs. Sudha Baniya – 2 Dec.

## Minutes of Meeting No. 1731

### Date: 8 Mangshir 2077 / 23 November 2020

- 1. President Rtn. Nirmal K. Pradhanang called the virtual RCP meeting No. 1731 to order with 15 seconds of 'Silent Invocation' for world peace, health, and happiness.
- 2. The last meeting minutes were reviewed and adopted. Rtn. Siba B. Rajbhandary added that his happy news contribution was for recovery of both himself and his spouse.
- 3. Guests welcomed by the President: President of Rotaract Club of Patan Rtr. Kritika Sharma
- 4. Pledges of 'Happy News/Sunshine' contribution and to the Operational Fund marked as 'OF':
  - Rtn. Ganesh R. Shrestha for 'Happy Birthday' (NRs. 500).
  - Rtn. Mahendra S. and Ambika Rawal for 'Happy Wedding Anniversary' (NRs. 500).
  - Rtn. Nirmal K. Pradhanang for successful completion of 'Tihar' and recovery of two families of the RCP (PDG Rtn. Tirtha M. Sakya and Rtn. Siba B. Rajbhandary) from Covid-19 (NRs. 500).
  - Rtn. Rabendra R. Pandey for the above and for all the family being together during Tihar (NRs. 500).
  - Rtn. Shanta K. Shrestha for 'Happy Return' of son's family after 10 months and the birth of grandson a month and half ago in the U.K., and for bullet 3 mentioned above (NRs. 5,000).
  - Rtn. Gabriele Mallapaty for successful presentation made in the WASH Rotary Action Group (over 200 participants) webinar, and for mention of her and our Italian partner, PP Rtn. Barani Corrado in 'Rotary Service in Action' blog of RI District 2072 as example of WASH project networking (NRs. 1,000).
  - Rtn. Bijaya Mallapaty for the above, and for daughter Smriti named in a list of 'Best Australian Science Writers' of 2020 (NRs. 1,000).
  - Rtn. Kiran Thapa for recovery of three friends (Yogendra Shakya, Prithvi Pandey & Dil Krishna Khadka) from Covid-19 (NRs. 500).
  - Rtns. Shiv P. and Preeti Khemka for successful completion of 'Tihar' (NRs. 1,000).
  - Rtn. Khadak S. Bisht for good research article on the origins of Covid-19 by Smriti Mallapaty, which he shared with some 1,500 of his contacts (NRs. 500).

#### 5. Other Contributions:

- Rtns. Ganesh R. and Bijaya Shrestha pledged to contribute US \$ 100 to Polio Plus.
- Rtn. Bijaya Mallapaty announced the pledge of son/daughter-in-law Ajaya and Dr. Anu Mallapaty of NRs. 50,000 to the PEEF Trust Fund and NRs. 10,000 to the PEEF Programme Fund.
- 6. Rotary News/Information:
  - President Rtn. Nirmal K. Pradhanang:
    - Briefed about the District Seminar on Council of Resolution and Council of Legislation (COR/COL) held on 11 November. Very good presentations were made by PDGs Rtn. Dilendra R. Shrestha and Rtn. Keshab Kunwar.
    - Informed about the virtual District Rotary Foundation Seminar planned for 28 November at 3 p.m. wherein Rtn. Siba B. Rajbhandary will also be one of the speakers and requested members to participate (Link of the meeting is being shared).

- Requested members to propose good speakers for the RCP weekly meetings.
- President Rtn. Nirmal K. Pradhanang and Rtn. Gabriele Mallapaty briefed on two webinars 'Nuts & Bolts of WASH' held by WASH Rotary Action Group wherein Rtn. Gabriele Mallapaty was one of the speakers.
- President Rtn. Nirmal K. Pradhanang and Rtn. Bijaya Mallapaty briefed on the status of the donation of disinfectant from our Italian partners PP Rtn. Barani Corrado of RC Vignola-Castelfranco, Italy, and the owner of Barchemicals Group. The cost of the planned container load (400,000 small packets) of concentrated disinfectant including transportation to Kathmandu is estimated at about 55 Lakh Nepalese Rupees (Euro 39,500). Ministry of Health and Population (MOHP) has been requested to manage its free distribution to health care facilities. Upon approval of the MOHP and receipt of the container, the RCP plans to have a handover ceremony with media presence.
- Rtn. Bijaya Mallapaty updated on the status of the following:
  - District Grant from our partners in Germany for a WASH facility in a school near Chepel, Solukhumbu has been agreed in principle. As soon as it is formalised, we will have Splash/Prabhab implement it.
  - PEEF scholarship distribution for this year is still awaited. While schools are partially open with some virtual and some regular classes, total classes/attendance are still not very good. We will review it in a month's time again.
  - Khokana KWAS Child Care Centre WASH facility has also been delayed due to heavy Covid-19 infections in Khokana. Situation is getting better now, and we plan to request Splash/Prabhab to implement it soon.
- Entertainment programme for the '5th Monday' meeting of 30 November was discussed with some suggestions.
- Rtn. Khadak S. Bisht briefed on the ongoing research about where Corona Virus started as these may have also appeared earlier in countries outside of China. As it is known that the virus transmitted from animal to human in some form, there is possibility of similar other virus coming from animals to human and vice versa. In this context he emphasised the importance of the concept of 'One Health' encompassing Human, Plant and Animal to deal in a multi-disciplinary manner. As, starting from 2020, 18-24 November has been declared 'World Antimicrobial Awareness Week', he highlighted another challenge of antibiotic resistance as a major health issue pointing at the importance of 'One Health'.
- Rtn. Prakash R. Regmi briefed on the emerging consensus that once tested Covid-19 positive, people need to isolate themselves for two weeks. But if there are no symptoms at all after that period, there is no need to continue tests. Recalling 14 November as the 'World Diabetes Day', he emphasised the importance of taking care of all aspects of health not only the control of sugar. He also informed on the progress in the availability of advanced medicine to treat Diabetes these days. On the timing aspect of a postprandial glucose (PPG) test (blood glucose test that determines the amount of glucose, in the plasma after a meal), he clarified that it should be done two hours after the start of food.
- 7. Salutation: By PP Rtn. Pushkar M. Shakya RC of Balanga, Philippines; Chartered: 1963; Current President Rtn. Zosimo Noy Savendra Alintavo; & Members: 25. District: 3790, Clubs: 94, & Members: 2766.
- 8. Before the closure of the meeting by the President, the Secretary announced: total contribution pledges of NRs. 11,000 to the sunshine fund of the RCP, attendance: 26 members & 1 Rotaract.

# Rotary Questions/Answers presented by Rtn. Kiran Thapa

- **Q.** Proposer of the idea to establish the Rotary Foundation
- A. Rtn. Arch C. Klumph in 1917
- Q. First Indian to have served The Rotary Foundation as its Chairman A. PRIP Rajendra Saboo in 1996-97

Q. Full form of acronym 'DRFC'

A. District Rotary Foundation Committee Chair

### Rotary Information: Rotary International wants to hear from you!

(Source: rotary.org)

All members of Rotary and Rotaract will be receiving an email with a link to the 2020 Rotary Member Census. The Member Census is our way of continuing to learn about our members and their club experiences, so we can continue to build a stronger Rotary. The census will take less than 15 minutes to complete and will remain open through December.

If you do not receive an email, contact ri\_research@rotary.org.