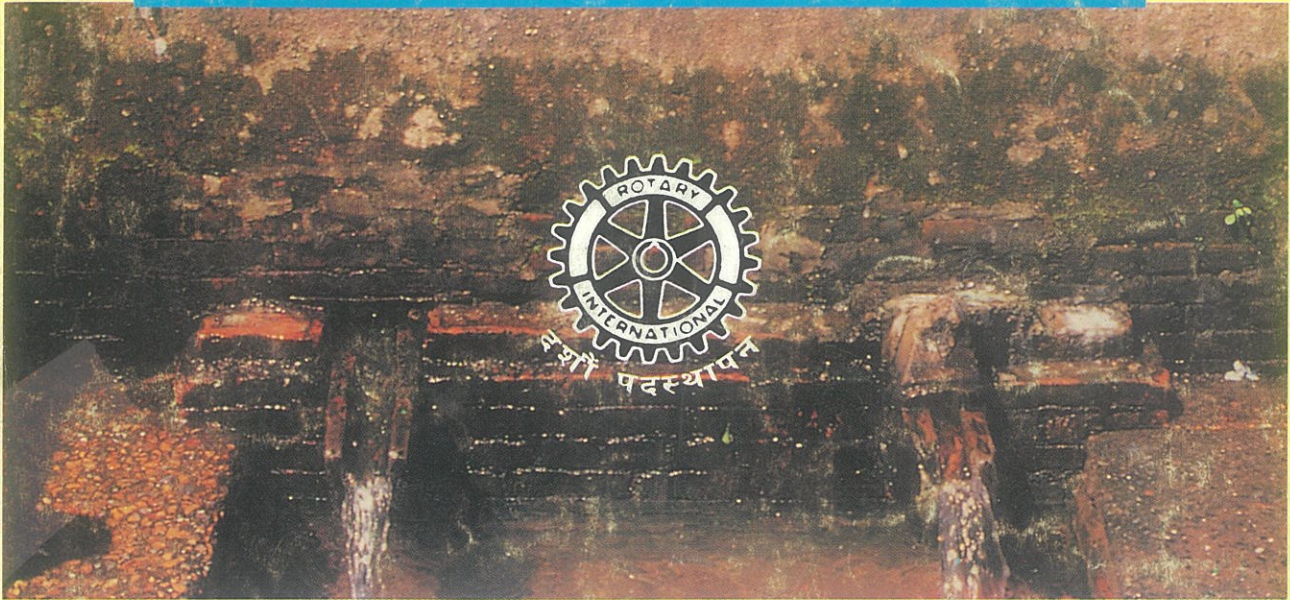


ललितधारा

पाटन रोटरी क्लबको

GRS



स्मारिका

*The 10th Installation Souvenir of
The Rotary Club of Patan
(Dist. 3290)*

LALITDHARA

24 July 1995 (८ साउन २०५२)



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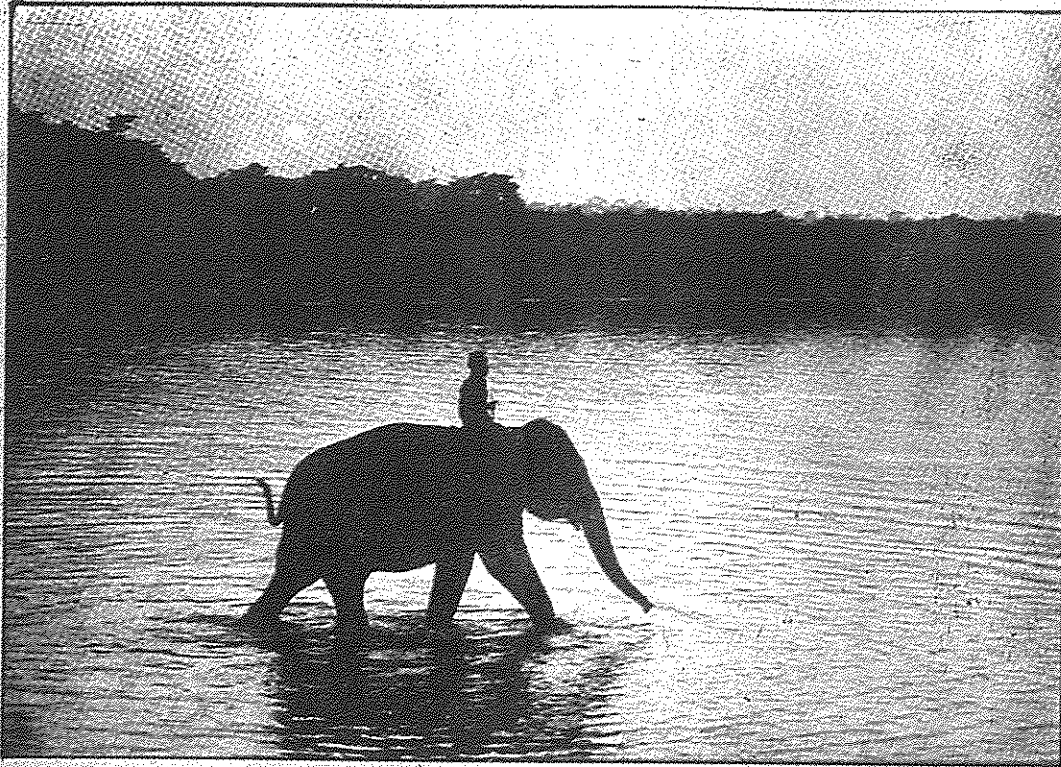


एअर-इंडिया
AIR-INDIA



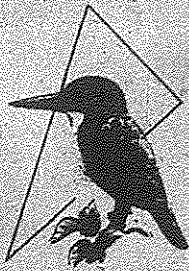
*Office Bearers of
The Rotary Club of Patan
1995-96*

Rtn. Tirtha Man Shakya ✓	President
Rtn. Sagar Shumsher Rana ✓	I. Past President
Rtn. Vishnu Prasad Dhital ✗	Vice President & President-elect 1996-97
Rtn. Tulsi Neupane ✓	Hon. Secretary
Rtn. Puskar Man Shakya ✓	Jt. Secretary
Rtn. Chiranjibi P. Acharya ✓	Treasurer
Rtn. Rishi Shah ✓	Director-Club Services
Rtn. Dr. Prakash Raj Regmi ✓	Director-Community Services
Rtn. Siddhi B. Shakya ✓	Director-Vocational Services
Rtn. R.R. Pandey ✓	Director International Services
Kamal Mani ✓	
Rtn. Ganesh Raj Shrestha	Seargent-at-Arms



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Message from R. I. President

Dear Club President,

Will you accept a special challenge for your Rotary Club this year ?

I invite you to increase your club's involvement in Membership Development, Polio Plus and the Club, Community, Vocational and International Avenues of Service as a way to support the rotary International theme:

Act with Integrity, Serve with Love and Work for Peace

By accepting this presidential challenge, your club will provide an active and visible example of Rotary service that will help meet the needs of the less privileged, inspire others to act with integrity, improve the spirit of Rotary fellowship within your club, and enhance the image of Rotary in your community.

This Presidential Citation program is designed around the Four Avenues of Service which serve as pillars to support the ideals of Integrity, Love, Service and Peace. In addition, I believe the emphasis on Polio Plus and Membership Development adds a very special focus to this year's program. The challenge of participating in each of these areas of Rotary development is more than a competition, it is an opportunity for you and your club to embrace the true spirit of rotary service.

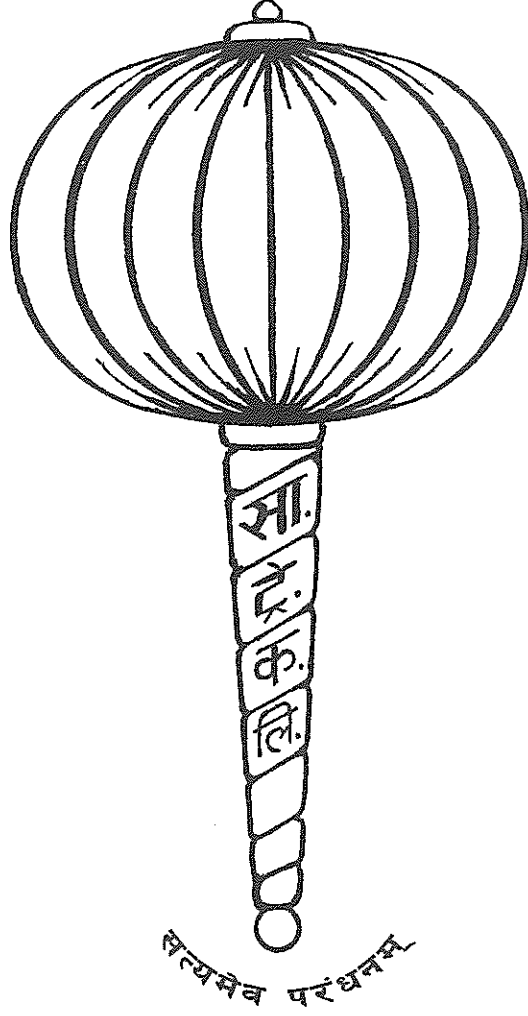
I encourage all of you to take advantage of this opportunity to Act with integrity, Serve will Love and Work Peace. With your dynamic leadership and active involvement, I know we can make this year the best in your club's history !

Sincerely yours,

Sd/-

HERBERT G. BROWN

President, RI



नजानी नजानीकनै
हामी हाम्रा उद्योग र व्यापारमा रोटरी
भावनाकै अनुसरण गर्दै आएका छौं ।

साल्ट ट्रेडिड कर्पोरेशन समूह

पो.व.नं. ४८३, कालीमाटी, काठमाण्डू, फोन नं. २७१२०८, फ्याक्स: ९७७७-१-२७१७०४

Be a Friend

You can Serve with Love

- * In your family. Accept the fundamental duty to protect and nurture our children. Share quality time together. Sponsor club outings for Rotary family members. Designate a club program to discuss family needs.
- * In your local community. Help the needs of your neighbourhoods. Provide meals on wheels for the elderly. Build shelters for the homeless. Teach job skills to unemployed youth. Organize and support Rotary Village or Rotary Community Corps.
- * In your World community. Immunize children through Polio Plus. Explore ways to feed malnourished people. Open a health clinic in a poor neighbourhood. Supply clean water to community. Serve as a Rotary Volunteer for a Matching Grant or a 3-H program.

Work for Peace

The dream of a world at Peace. It is a world where all people live the legacy given to them by our great religious leaders to "love thy neighbour" and to have a "boundless heart towards all beings" Peace has been the hope of humankind since the beginning of time. Rotarians have worked continuously to build a community of nations. We do this by working as partners with such organizations as the United Nations and by finding many practical ways to link hands among countries in friendship and peace. When Rotarians look on another in the eye and shake hands, our differences disappear.

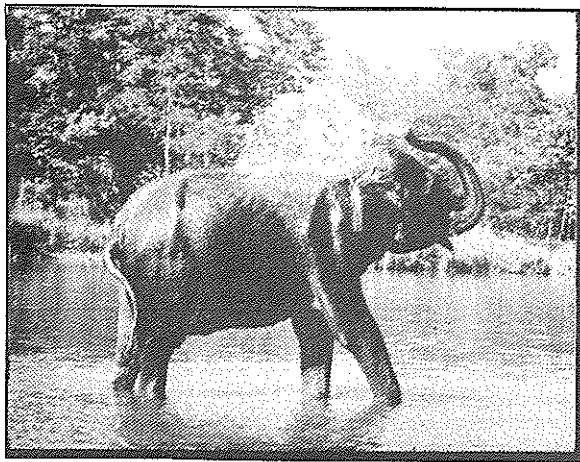
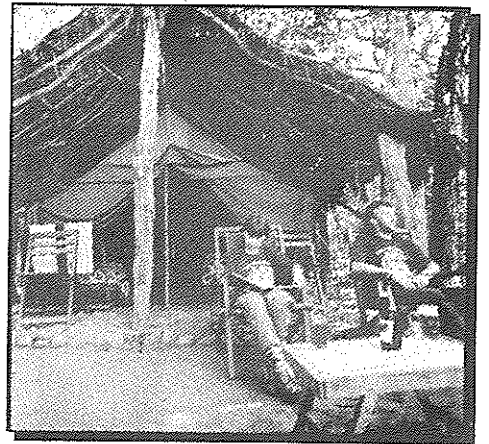
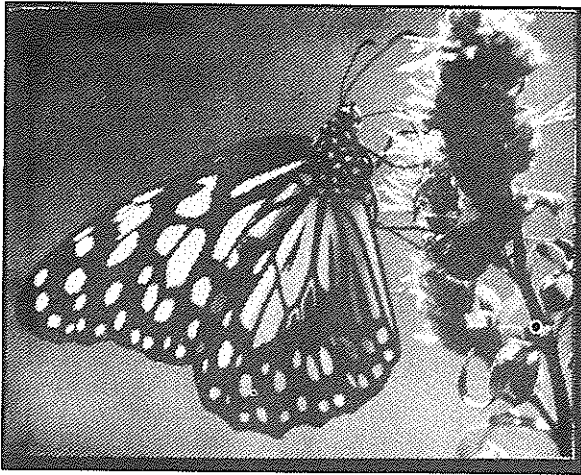
Your Work for Peace

- * In your family. The family is a basic unit of society. Peace must begin at home. Shun violent words and action. Resolve family conflicts. Make your family the most important thing in the world.
- * In your local community. Sponsor programs to teach communication and conflict resolution. Work with local institutions to develop appreciation of other cultures. Defeat drug abuse and violence in youth by supporting programs that build self-esteem and a sense of purpose.
- * In your world community. Sponsor a Rotary Ambassadorial Scholar or invite a Youth Exchange Student to your home. Participate in Rotary Peace Programs to foster international understanding. Support your Rotary Foundation.

Marked by the inspiration and leadership of our great past presidents, we see that Integrity, Love and Peace have always been the dream and vision of Rotary.

Ninety Years ago, Paul Harris was only a man with a dream. He did not question, "What can one man do?" He followed his dream and changed the course of history.

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Governor's Message

President (95-96),
Rotary Club of Patan.

I am glad to understand that the 10th Installation meeting of Rotary Club of Patan is scheduled to be held on 24th July '95 when Rtn. Tirthaman Shakya and the new team of office bearers shall be formerly installed, to lead the club for the year 1995-96.

Service, love, integrity and Peace had been always Rotary's creed and call of action. Rotary had done excellent service to mankind during its 90 years of existence, Many challenges are lying ahead. To meet these challenges, we need more dedicated people. We should therefore go to Community and make many more friends to join us in this mission. R.I. President Herbert G. Brown has given a theme this year to put integrity in all our actions and to serve the Community with Love. If we can follow that, I am sure we shall reach our goal and make many more friends to strengthen Rotary.

I wish your club a very rewarding and successful Rotary year in 1995-96 under the leadership of President Rtn. Tirhtaman Shakya.

Sincerely,

Rtn. ALOKE CHAND MITRA
Dist. Governor 95-96
135, Princep Street,
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Dear Rtn. Tirthamanji,

I am very happy to know that Rotary Club of Patan is celebrating their 10th Installation Ceremony on 24th July, 1995 and you will be taking over as President of the Club for the Rotary year 1995-96. Please accept my heartiest congratulations and convey the same to your team.

I am confident that you will lead you Club to attain great heights through your hard work and dedication.

With the quality of leadership that you and your team members have, I am sure that you will give concrete shape to the year's Rotary International Theme— by Acting with Integrity, Serving with Love and lead in your Club in Working for peace around.

I wish you and your team all the success in your endeavours.

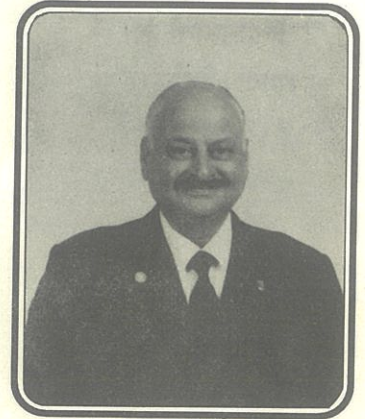
Shehnaz and I wish all the success for the function.

With regards,

Yours in Rotary,

(TEHMAS R. MANEKSHAW)
Governor Nominee 1996-97
Dist. 3290

Rtn. Tirthaman Shakya,
President (95-96),
Rotary Club of Patan.



Phone: 222006, 222014, 22001, 222231
Fax No: 977-1-222733
Telex No: 2220 Natraj NP



With Best Compliments

&

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on the Grand Occassion

of

The 10th Installation Ceremony

of

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समाज कल्याण परिषद्



शुभ-कामना

केन्द्रीय कार्यालय:

सामाजिक सेवा मन्दिर
लेखनाथमार्ग, लैनचौर
काठमाडौं, नेपाल ।

मिति: २०५२/३/२९

रोटरी क्लब अफ पाटनले प्रकाशित गर्ने यस स्मारिकामा शुभ-कामना व्यक्त गर्न पाउँदा अत्यन्त खुशी लागेको छ । समाज कल्याणको पुनीत उद्देश्य लिएर स्थापित यस क्लबले सामाजिक सेवाको क्षेत्रमा संलग्न रही अन्तर्राष्ट्रिय भ्रातृत्व विकास र स्वास्थ्य, शिक्षा, दैवीप्रकोप पीडितहरूको उद्धार एवं अन्य सेवामूलक कार्यमा उल्लेखनीय योगदान गर्दै आएको छ । देशको परिवर्तित सन्दर्भमा सामाजिक सेवाका क्रियाकलापहरूलाई अरु व्यापक गर्दै समाजका दलीत, उत्पीडित एवं दयनीय जीवन बिताउँदै रहेको समाजको मर्म छुन सक्ने गरी विस्तार गर्नु पर्ने आजको आवश्यकता तर्फ दृष्टिगत गर्दा रोटरी क्लब जस्ता सामाजिक संघ संस्थाहरूको अहं भूमिका रहन्छ । यस परिप्रेक्षमा रोटरी क्लब अफ पाटनले आगामी दिनहरूमा समाजसेवा र कल्याणका क्रियाकलापहरू वास्तविक, व्यवहारिक एवं समाजले अनुभूति गर्ने किसिमबाट उपलब्ध गराउँदै जाओस् भन्ने शुभेच्छा व्यक्त गर्दछु ।

(भवानी घिमिरे)

उपाध्यक्ष

समाज कल्याण परिषद्

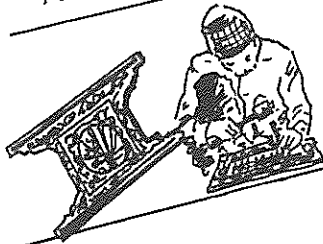
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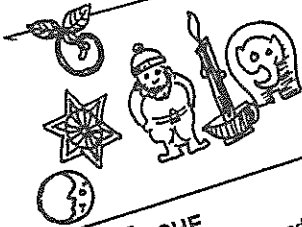
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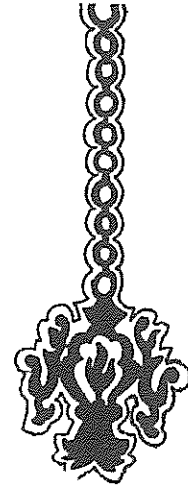
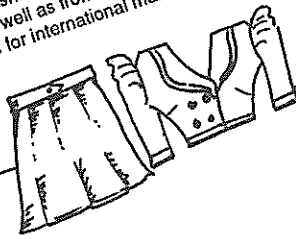


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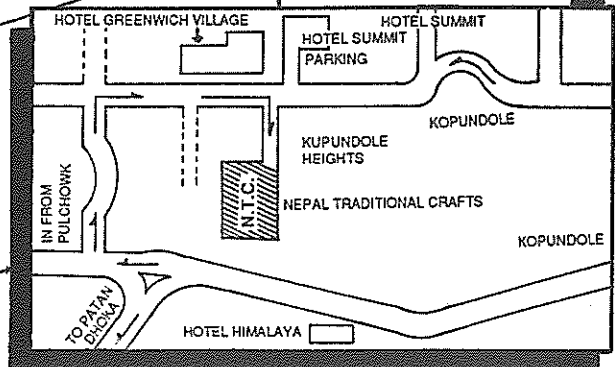
For your fashionable tastes we produce garments using Nepali fabrics as well as from outside. We also manufacture range of garments for international market.



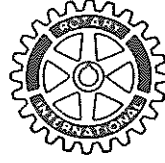
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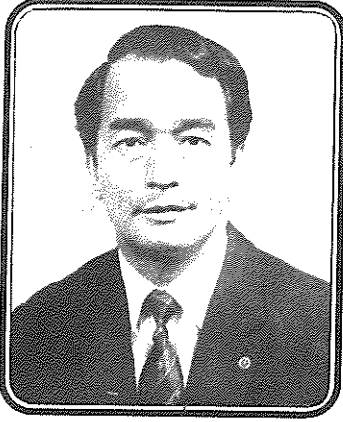
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शुभकामना र अपील



पाटन रोटरी क्लबको अध्यक्षमा सन् १९९५-९६ का लागि सदस्य साथीहरूले मलाई छान्नु भयो । म गौरवान्वित भएको छु र सबैलाई धन्यवादज्ञापन गर्दछु । तर मैले मात्र गरेर केही हुने छैन । क्लब सबैको साग्न हो । यसको सफलता असफलतामा पनि हामी सबै उत्तिकै सहभागी रहन्छौं । मलाई साथीहरूको सहयोग चाहिन्छ । रोटरी आदर्शबमोजिम हामी सबैले आ-आफना कार्यहरू गरू । यही मेरो शुभकामना र अपील छ ।

रो. तीर्थमान शाक्य
अध्यक्ष : पाटन रोटरी क्लब



West Bengal, India

ORTHOPAEDIC HOSPITAL PROJECT

Rtn. Dr. B.R. Prasai

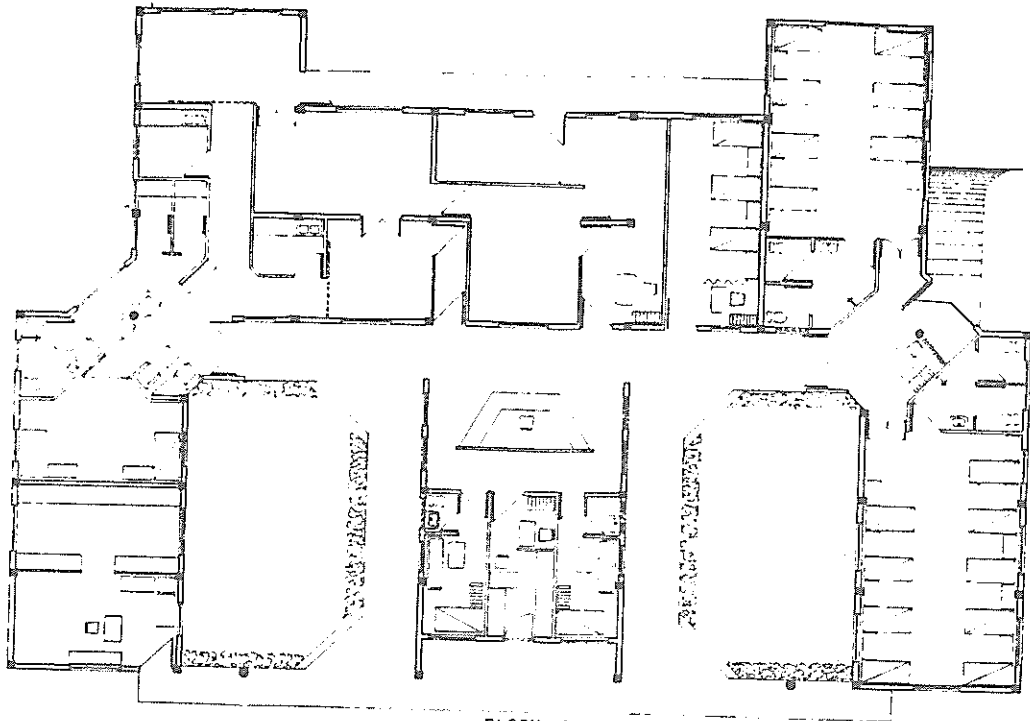
R.C. Amherst South, New York, U.S.A. & Hamilton, Ontario, Canada R.I. District 7090 and R.C. Patan, Lalitpur, Nepal R.I. District 3290 jointly sponsored "The Adult Orthopaedic Hospital Project" for Nepal Disabled Association and construction began in June 1993.

The Project was conceived and developed by two pioneering Rotarians late Rtn Nanda Ram Bhagat Mathema of Nepal and Sr. Rtn. James P. Sinclair of U.S.A. in 1992. The construction of the building has been completed from the fund made available by R. Cs. of Dist. 7090 totalling to US \$ 225,800.00 Although the construction was scheduled to be completed in June 1994, it could not be done so as some faults were discovered later. The remedial work has been completed and the Taec Consult P. Ltd., the Projects Consultant has finally submitted its final report of the construction.

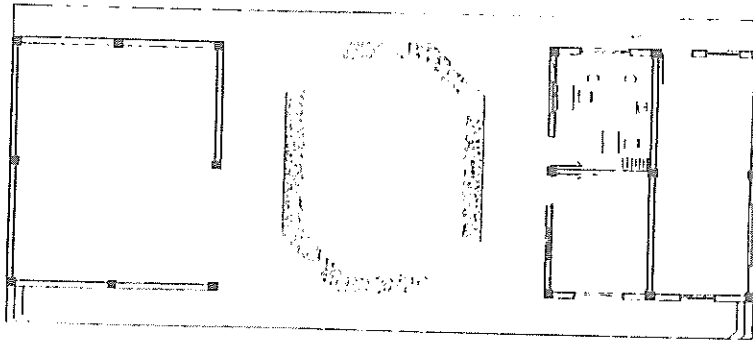
The NDA (Nepal Disable Association) is struggling to mobilise fund for its 2nd phase activities of procuring instruments, equipments and supplies.

It took nearly a year for R. C. Patan to get some response from outside. The Terra Tech, a social organization in Germany responded recently to look into the needs of new "Adult Orthopaedic Hospital". R.C. Patan is proud to inform all concerned that Rtn. James P. Sinclair has shown very keen interest to support this second phase programme too by offering to mobilise up to \$1200.00. We hope, this joint collaborative programme would be successfully completed soon.

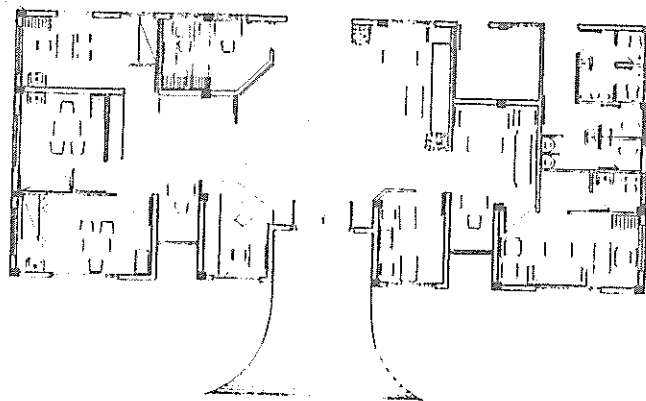
The lay-out of the ground floor of the Hospital is given on the opposite page.



BLOCK - A
16 BED ADULT ORTHOPAEDIC HOSPITAL IN-DOOR SECTION



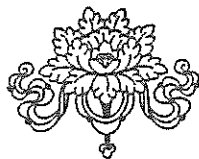
BLOCK - B
PROPOSED PHYSIOTHERAPY & LABORATORY



BLOCK - C
OUT PATIENT & ADMINISTRATION SECTION

* This is a 16 bed Hospital. The lay-out of the ground floor is given below.

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always become legends many
love to repeat.*



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COMMUNITY SERVICE: 1994/95 in Retrospect

Bihari Krishna Shrestha

This is the third year running that the Rotary Club of Patan has been able to put out its annual Souvenir Issue, this time on the occasion of the installation of the incoming President Mr. Tirtha Man Shakya. As stated in the editorial in its last issue, its publication also provides an opportunity "to objectively assess our collective performance during the past year in the light of the ideals for which the International Rotary Movement stands." What follows, therefore, is an attempt at retrospectively assessing the performance of the Club during the past year in Community Service and at suggesting possible improvements for the future.

The Community Service projects:

During the last year the Club has further added to a rather long list of Community Service activities it has carried out in the past and has been described in the previous Souvenir issues. Of its current achievements the biggest has been the completion of Adult Orthopaedic Hospital which has been ably described by Rtn. Dr. Bhisma Prasai elsewhere in this issue. The following, therefore, are the brief descriptions of the activities of different projects in the field of Community Service during the past year and are based on the information provided by the Club members responsible for the implementation of the projects.

1. Education Endowment Fund:

Established in 1990 and being implemented under the committed and caring leadership of PP Rtn. PP Prasai, the Fund has been providing monthly scholarship to needy students of different schools in the Lalitpur district since July 1991. Generous donations from the Club members supplemented by those from a number of Swiss, Japanese and US Rotarians provide the resources for the Fund which, as of 30 June 1995, has amounted to 541,132 rupees and has been placed as Fixed Deposits in a commercial bank. The interest accrued on it is used for awarding scholarship to promising and needy students in schools whose number has grown from 10 in 1991 to 42 in 1995.

Given the Club's priority for female students, 60 percent of the recipients are girls. The awardees are selected based on the recommendation of the headmaster and the managing committee of the schools. The scholarship amount per

person is 100 rupees a month and is used to cover the cost of tuition (estimated to be about 25 rupees per month on the average), books and stationery (about 15 rupees) and school dress (about 60 rupees). Benefitting from this facility, several students have now gone up to class 10. However, since the government is reported to be contemplating to provide free tuition to the students all the way up to class ten, the Fund has now has to rechart its policy so that it continues to provide assistance, however modest, to the promising students in need and assist their access to education which they could not otherwise afford on their own.

2. Thulo Parsel Drinking Water Project: A project long in the making:

It so began in 1991 when Rtn. Ms. Patricia Parker of the Rotary Club of Denver Mile High, Denver, Colorado, USA became concerned about the drinking water problem in Thulo Parsel in Kabrepalanchok district, the village of her trekking guide, Ram Bahadur Tamang, and offered to assist it in building a water scheme to alleviate it. Following some interactions between them during 1992, the American Rotary Club formally proposed to the Rotary Club of Patan (RPC) in July 1993 offering to support the project through the latter which enthusiastically accepted it in August 1993. In September 1993, RPC, following some investigation of its own, commissioned, on credit, (thanks to Rtn. N.G. Halwai) the Multi-Disciplinary Consultants to do the Feasibility Study of the proposed project. The report was sent to the American Club on January 21, 1994.

On February 1, 1994, Rtn. Brett Lauble of Rotary Club of Denver Mile High informed that they were very impressed with the study, but found the cost (US\$24,000.) to be much beyond their anticipation. But they expressed their determination to follow through on their commitment and began to look for sources of additional funding. Based on the assurance that the communication represented, I, on my part, proceeded to work with the village leaders on other important issues such as method of mobilizing free labour, carrying sand and stones to the reservoir site, community decision on the location of tapstands and forming tapstand-specific user committees, training local maintenance worker and ways of mobilizing user fees for his salary, etc. The villagers too responded very quickly by convening a village meeting on

Best Wishes for

a Fruitful Rotary-year

to

Rtn. Tirthman Shakya
&
His Team

Rtn. M.L. Kayastha
&
Chandralekha Kayastha

Best Wishes

to

ROTARY CLUB OF PATAN

On the Happy Occasion of its
10th Installation Ceremony

Rtn. Ganesh Raj Shrestha
Pashupti rubber Insustris (P) Ltd.,
Patan Industrial Estate,
Lalitpur, Nepal.
Phones: Off. 522157
Res: 524780

February 26, 1994 and taking appropriate decisions on them.

At one point, in March 1994, the American Club indicated to me to contact the INGO called Water Aid for some possible help in the execution of the project. Since the INGO itself depended on us at the time for the resources from a few Rotary Clubs of UK for half a dozen drinking water projects in Nepal, we informed our American cooperator that, with necessary resources forthcoming, our Club possessed necessary capacity to implement the project on its own. By this time we were informed by telephone that they have been able to mobilize some 5000 dollars for the project. On March 23, we again received a Commitment Form which we quickly filled and returned to enable them to proceed with their planned application for 3-H grant from the Rotary Foundation. In October 1994 we again received a query from Rtn. Ernie Hempel of the same Club who had since taken over the dealings on the drinking water project, as to whether 50% of the funds could be mobilized from the members of the RCP. I politely informed him of the lack of likelihood of such a development.

At around the same time we had a visitor Rotarian Lyle Quandt of the River Valley of Eau Claire Inc. of Wisconsin, USA who was approached for some support for the drinking water project. I introduced him to Rtn. Ernie Hempel of Denver Mile High by writing the latter on December 19, 1994 and requesting them to make concerted efforts to mobilize the needed resources. The latest development on this front was a kind telephone call from Ernie about two weeks ago in response to my May 1 fax message that the people of Thulo Parsel are getting increasingly anxious about the project. Ernie's message was quite reassuring and said that Lyle Quandt is working with his own Club and a few others in his region to mobilize necessary resources. I have requested Ernie that the resources of Denver Mile High and those of Lyle Quandt should be put together and submitted to Rotary Foundation for matching grant.

In the meantime, based on the strength of the message and on my own conviction, I have assured the increasingly restless leaders of Thulo Parsel that the project is very likely to be taken up soon after the monsoon is over.

3. Small Livestock for poverty alleviation in south Lalitpur:

A few years ago, the Club, with the grant assistance of some

80,000 rupees from USC Canada, decided to implement a modest poverty alleviation project by distributing male and female goats to needy households in the community. The idea was that as the goats beget offsprings, one of the latter should be submitted to the community to be distributed to still others in need. Nine such households in nine different wards in the community were selected, and each of them were to receive a flock of one male and four female goats each. The project had a sluggish start and recently, it is beginning to pick up some speed. Three households have so far been given such animals. Some of them are already breeding and offsprings turned in to the community. IPP Rtn. Sagar Shumshere Rana is handling the project.

In addition, there are also other projects under implementation such as one from the grant from Japanese rotary club which is being handled by PP Rtn. Bijay Bajracharya. Besides, the Club had a long-running interest in Thecho village where, working with a few local youth leaders, some educational intervention directly addressed to the poorest of the poor had been conceived. But it could never get off the ground, because trying to reach the poor requires sustained and direct interaction

with them by local or external catalyts which was not forthcoming.

Reactive versus Proactive Approach:

RCP has enjoyed the reputation of being one of the foremost Rotary Clubs in the country in terms of club performance, and the award of an International Rotary Trophy for its contribution in rehabilitating traditional stone spouts of the ancient city of Patan has symbolized that recognition. However, the highly elevated Rotary motto of "Service Above Self" and "General Welfare of Community, Nation and World" require us to assess our role in the larger context of our national situation. As it stands, Nepal is one of the world's poorest countries, with 50% of its people living under a per capita income level of less than 10 rupees a day (US\$1 = NRs.50) and a quality of life that is also commensurately low. The rotarians in contrast represent the members of at least top 1% bracket in terms of level of income and living standard. Therefore, it becomes morally incumbent on each of the rotarians to define his or her own role in the context of the society of which s/he is an inextricable part.

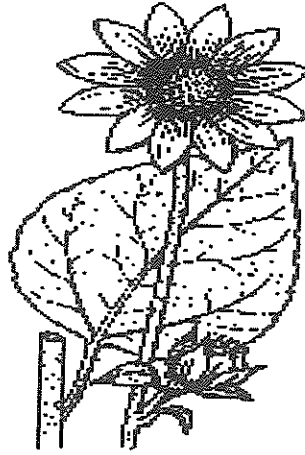
Much of what RCP has accomplished so far has been the result of its reactive response to outside initiatives. According to Rotary tradition, Rotary Club resources can be channeled

सम्पादकीय

यस अघि हाम्रो क्लबले दुइटा स्मारिका (सुभेनिर) निकै सजघजका साथ निकालेको थियो। यस पटक चाहिं यस्तै यस्तै मात्र भयो। तर जे जस्तो भयो त्यसैमा सन्तोष नगरी भएन। अध्यक्ष रो. तीर्थमानजीको नेतृत्वमा गठन भएको यो १९९५-९६ को कार्यकारी समूह (बोर्ड)को इच्छा र कोशिश थियो यो सुभेनिरलाई राम्रै ढंगले निकाल्ने, तर कोशिश गर्दागर्दै पनि यस पटक यस्तै भयो। यसमा भएका त्रुटी दोषहरू सबै सम्पादकको हो। रो. तीर्थमानजीको अध्यक्षतामा पाटन रोटररी क्लबले अफ धेरै प्रगति गरोस्। सफलताको शुभ-कामना छ।

सम्पादक

पाटन रोटरी क्लबको
दशौं पदस्थापना दिवसका उपलक्ष्यमा
हार्दिक शुभ-कामना



ईलिना गार्मेन्ट इण्डस्ट्रिज

ग्वाको, ललितपुर
फोन नं. ५२५५४८

only through another such club in the receiving country. Except in the case of such projects as the Scholarship Fund, most of the times, therefore, RCP has acted only as conduits for such resources for projects that RCP otherwise would have been unaware of. However, to better ensure that our internal resources and external donations address, however modestly, our critical needs and priorities, it is necessary that the RCP define its priorities and policies and try to channelize the resources accordingly. This would be a proactive approach.

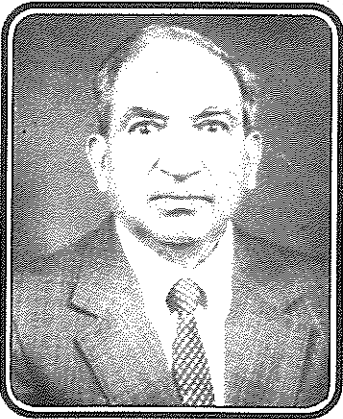
RCP almost made this important transition last year when the then President Sagar Shumsher Rana made it the central theme of his Inaugural speech by announcing the formation of a Planning, Monitoring and Coordination (PMC) Committee in the Club organization and by scheduling its meeting twice a month. He further shared his determination to "instill this institutional approach for this and future years." He was so very ebullient about this promised innovation that referring to the targets given by the Rotary District, he said: "I shall be disappointed if we do not double our target and achieve at least sixteen of these tasks - not only with a view to meet the District target but to satisfy ourselves that we are sincere in our commitment." In a later meeting of the Board, it also endorsed his proposal to appoint a professional officer for the club, and a large number of the Board members had agreed to donate 5000 rupees each

towards his salary. As a result of these two institutional innovations, it was expected that the Club can effectively undertake some kind of planning, monitor its activities, improve project implementation performance.

To use the IPP's own word, however, it was indeed quite disappointing that the so-called PMC Committee did not meet even once during his entire tenure, nor the professional officer ever appointed.

To be or not to be "the Monday Rotarians":

The need for such an institutional arrangement, primarily the proposed professional officer, was most clearly articulated by PP Rtn. PP Prasai when he once drew the difference between the extent of work for the donating clubs and that for the receiving ones in Nepal: the former has only to find money; the latter has to engage in a prolonged programme of action. Therefore, the need for the proposed institutional arrangement continues to be there. If such important issues remain side-stepped, and if the ritualistic attendance in the Monday meetings of the Club becomes an end in itself, we will continue to be accused of basking in the glory that being a member of the International Rotary Movement confers on an individual, but in effect being not more than what Rtn. Narayan Govind Halwai referred to in his Secretary's Report in the 1994 Souvenir issue as the Monday Rotarians.



रोटरी

रो. विष्णुप्रसाद धिताल
 उपाध्यक्ष:
 पाटन रोटरी क्लब

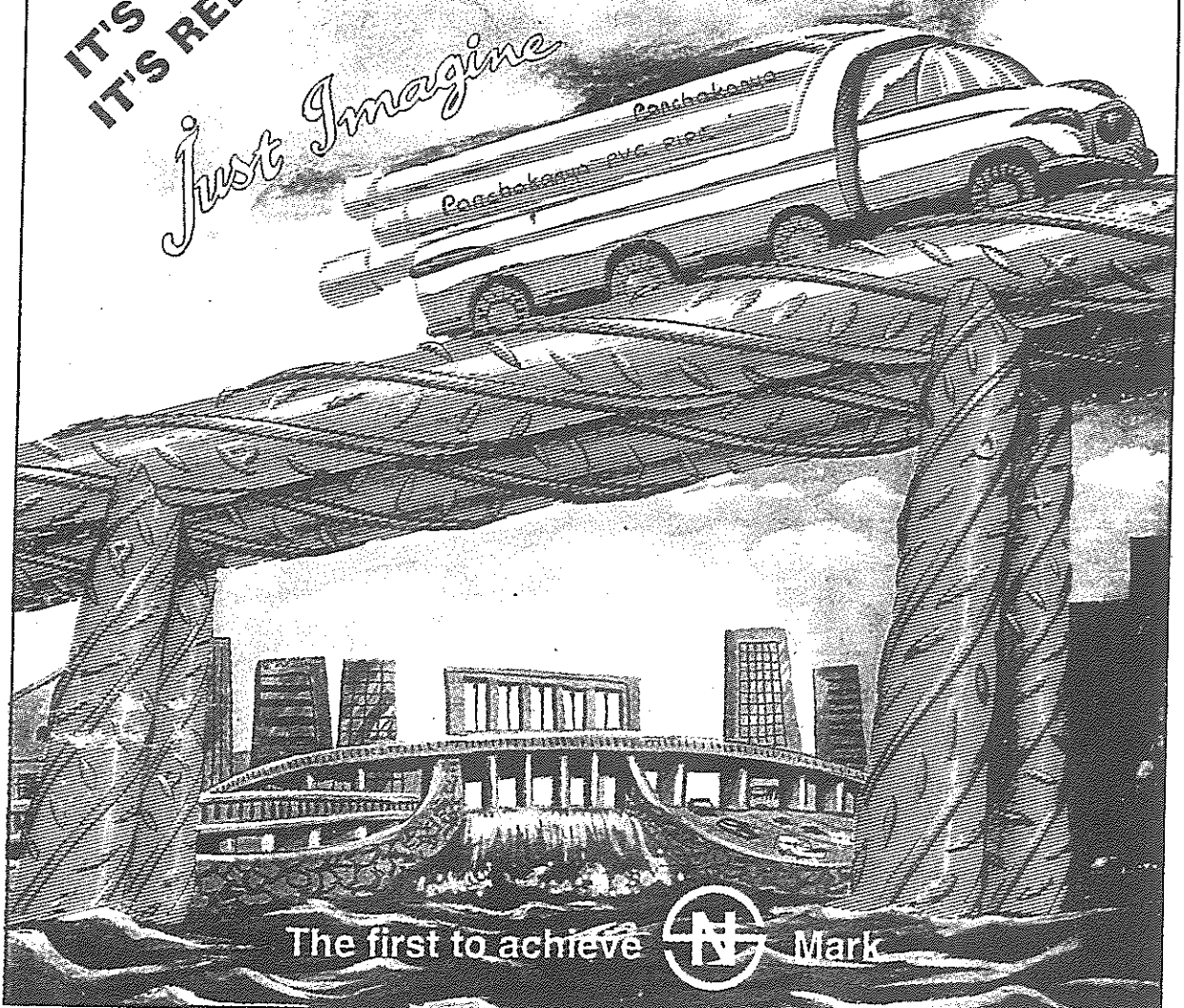
परोपकारी सेवा हो स्वार्थभन्दा ठूलो भनी
 पौल ह्यारिसले सोची नब्बे हेमन्त नै अधि
 चार-सूत्रीय सिद्धान्त सत्य, न्याय र मित्रता
 सद्भावनापूर्ण, सँगै, सबैको हितका कुरा,
 अँगाली तीन साथी ली खोले जो रोटरी क्लब
 त्यही भो अहिले हाम्रो अन्तर्राष्ट्रिय गौरव ।
 तिनै सिद्धान्तमा हामी रोटरी क्लब पाटन
 दश वर्ष भयौं, हुक्यौं, दीन-उद्धार कारण;
 परोपकार नै ध्येय सबैको नेत्रविन्दु छ,
 विपन्नको जागृतिमा ध्यान सर्वहिताय छ ।
 शिक्षा र स्वास्थ्यमा हाम्रो देन उत्कृष्ट जति छ,
 धाराविकास औ ग्रामसेवामा पनि उति छ ।
 यो वर्षको नयाँ नारा: इमान्दारी र स्नेहको
 सेवा एवं शान्तिपूर्ण काम गर्ने अठोट छ ।

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THE INNER WHEEL CLUB OF PATAN IS BORN

*Anne Chandralekha Kayastha
President, Inner Wheel Club of Patan*

Introduction :

It is a meeting point of wives of the Rotarians. All the wives of corresponding Rotary Club become automatic members of Inner Wheel Club.

Aims and objectives of the Inner Wheel :

The aims and objectives of Inner Wheel are:

1. To promote true friendship
2. To encourage the ideals of personal service
3. To foster international understanding

Inner Wheel concentrates upon true friendship and personal service. It is not a money raising organization but each club selects its own charities and channels of service. It has complete freedom of choice in the type and extent of its service. Each Club enjoys close ties with its corresponding Rotary Club and is always willing to support Rotary when invited to do so.

Brief Historical Background :

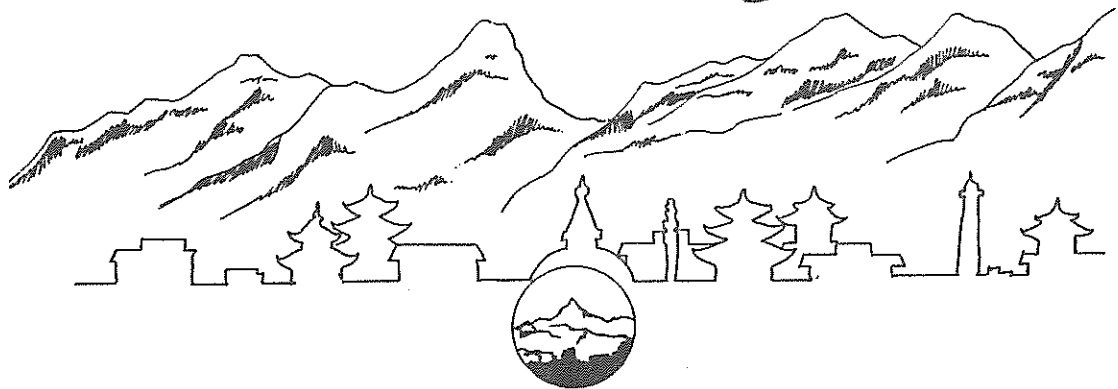
Initially a Club was formed in 1920 by wives of Rotarians of Great Britain and Ireland with the object of fostering friendship amongst themselves. In 1924 it was given the name of Inner Wheel which soon began to spread to other countries where Rotary was active and gradually the movements became worldwide. Since the formation of International Inner Wheel in 1967, its extension has been very rapid and Clubs are now to be found in all five continents. It has become one of the largest women's organization in the world with 103746 members with 4363 Clubs.

Organization and Composition :

Membership is open to wives or in certain cases to the members of the family belonging to the household of Rotarians. Every Inner Wheel Club has a corresponding Rotary Club and the name is given accordingly e.g. the Inner Wheel Club of Rotary Club of Patan. The Inner Wheel can be formed three months after the Rotary Club receives the Charter. To initiate a Club there should be atleast 12 potential members.

The Inner Wheel Club of the Rotary Club of Patan has been in action since October 14, 1994, the day our first meeting was held. As we were more than 12 members in the first meeting, we made that our Inaugural Meeting. Since then we have been having meeting every month. In order to maintain close ties with our corresponding Rotary Club, we opted to have the same venue for meeting, that is Hotel Narayani. To make sure that we meet the same day as the Rotary Club, we selected the last Monday of the Nepali Calendar month for the meeting of the Inner Wheel.

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Our Club Officers are as follows :

President	- Anne Chandralekha Kayastha
Vice President	- Anne Brinda Rana
Secretary	- Anne Munu Rajkarnikar
Jt. Secretary	- Anne Sangita Gyawali
Treasurer	- Anne Anju Dixit
Club Correspondent	- Anne Chandralekha Pandey
International Service Organiser	- Anne Sharada Prasai

It is a matter of great pleasure to us that we received the Charter of our Club from International Inner Wheel Club. We like to thank to Rotary Club of Patan for giving us opportunity to receive the Charter of our Club from Her Excellency Ms. Annmaree O'Keefe, Ambassador of Australia, by allotting sometime for Inner Wheel within their programme of Feb 28, 1995. Now, that we officially exist as Inner Wheel Club of Patan, we are discussing in our regular monthly meeting to do something for ht needy communities. We will continue to look for ways to extend our services to them.

The regular meeting held in May have decided the Club Officers for year 1995-96 which are as follows :

President	- Anne Brinda Rana
I.P.P.	- Anne Chandralekha Kayastha
Vice President	- Anne Chandralekha Pandey
Secretary	- Anne Munu Rajkarnikar
Jt. Secretary	- Anne Bijaya Laxmi Shrestha
Treasurer	- Anne Rita Shakya
Club Correspondence	- Anne Nirmala Shrestha
International Service Organiser	- Anne Sharada Prasai
Jt. Treasurer	- Anne Mary Shrestha

Once again, we like to express our thanks to Rotary Club of Patan for sparing some space in their Souvenir Issue.

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Rtn. M.L. Pradhan:	Membership of Development & Retertion,
Rtn. Kamalmani Dixit:	Rotary Internation/Intercity Seminer dat. meeting.
Rtn. Hom Prajracharey:	Mother & Child Care
Rtn. Bhirhma Prasai:	Drug abuse Prevention Water & Saution, Environ,ment & ecology.
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नीस कन्भेन्सन १९९५

रो. कमल दीक्षित

हामीहरू यसपटक नीस गयौं । तीस जनाको जत्था यसअघि रोटरी कन्भेन्सनमा नेपालबाट कैल्यै गएको थिएन । एक दुई जना गएका थिए दुई तीन पटक । यसपटक नेपालबाट गएको भने पनि वास्तवमा पाटन रोटरी क्लब, काठमाण्डू रोटरी क्लब र काठमाण्डू मिडटाउन रोटरी क्लबका सदस्य र परिवारहरू मात्र थिए त्यस समूहमा । पाटन क्लबबाट रोटेरियन १० जना र परिवार १० जना गरी २० जना । काठमाण्डूबाट रोटेरियन ४ जना र परिवार ६ जना गरी १० जना अनि मिडटाउनबाट रोटेरियन १ जना र परिवार ३ जना गरी ४ जना थिए । नीस कन्भेन्सनमा ३३/३४ हजारको उपस्थिति थियो । जापान र संयुक्त रा. अमेरिका जस्ता देशबाट ३/४ हजारको संख्यामा आउने सदस्यका तुलनामा हाम्रो यो सानो टोली समुद्रमा दुई थोपा पानी जस्तो लाग्दथ्यो । तर पनि कन्भेन्सनको प्रारम्भिक सत्रमा १५० देशका ऋण्डाको अभिवादन गर्दा नेपालको दुई चुच्चे चन्द्रसूर्याङ्कित ऋण्डा देखाउँदा सुनिने गरी ताली पिट्न सकेकोमा हामी गौरवान्वित भएका थियौं ।

प्रारम्भिक सत्र (ओपेनिङ सेसन)मा रजिष्ट्रेशन लिने तेत्तीसै हजार सदस्यहरू उपस्थित हुन सकून् भनी सो सत्रपछि १ र २ भन्ने नाम दिई आधा-आधा अर्थात् १५/१६ हजारलाई पहिलोमा त्यत्ति नै लाई दोस्रो प्रारम्भिक सत्रमा बस्न लगाएको थियो, पोग्राम उही नै सबै दोहराएर ।

कन्भेन्सनमा भाग लिन जाने तीसौं हजारलाई नीस शहरमा होटेलमा ठाउँ नपुग्ने हुनाले ४०/५० किलोमिटर पूर्व र त्यत्तिकै पश्चिम, विभिन्न शहरहरूमा अर्थात् पश्चिम कान्सदेखि र पूर्वपट्टि इटालीको सीमाना जोडिएको मानन्तोन शहरसम्म छरेर राखेको थियो । त्यति टाढाबाट कन्भेन्सनमा पुग्न

साधारणतः निकै दुःख हुने र खर्च लाग्ने थियो । तर कन्भेन्सन आयोजकहरूले बीस रूटमा करिब सय ओटा लक्जरीको 'शटल सर्भिस' चलाई सदस्यहरूलाई सजिलो पारिदिएको थियो । पैसा तिर्न नपर्ने ती 'शटल' बसहरू, फ्रेञ्च रिभियरा, 'कोत्तदाजूर' (नील-तट)को अद्भूत प्रकारले निर्माण गरिएको ६ लाइनको हाइवे-राजमार्ग कुद्थे । हामीहरू त ती राजमार्गका सुरु र पूल (भियाडक)हरू देखेर रद्द हुन्थ्यौं । एकातिर हेर्‍यो नीलो, अत्यन्त नीलो मोडिटरेनियन सागर र त्यसका किनारमा बसेका सफा-सुगधर गाउँ र शहरहरू, अर्कोतिर हेर्‍यो भने नीलै पहाडमा माथि माथिसम्म राता सेता घरहरू देखेर कैले मन अघाउँदैनथ्यो ।

कन्भेन्सनमा कुनै प्रकारको कमी हुन दिइएको थिएन । एक्रोपोलिस भन्ने विशाल भवनमा कार्यालयहरू थिए । त्यही विभिन्न किसिमका रोटरी संस्थाहरूका स्टल, पसलहरू, रेष्टुराँ, भोजनालयहरू र सब-कमिटी मिटिङहरू गर्ने ४/५ ओटा हलहरू थिए । पोष्ट-अफिस, ब्यांक र फोन, फ्याक्सको सबै सुविधा उपलब्ध थिए । मुख्य प्लेनरी सत्रहरू एक्स्पोजिसन हलमा बन्दोवस्त गरिएको थियो र मञ्चमा सबै कार्यक्रम दुइटा ठूलठूला र अरू केही साना टी.भी. स्क्रिनमा प्रदर्शित हुन्थ्यो । मनोरञ्जनका लागि युरोपका ख्यातिप्राप्त कलाकारहरूद्वारा वाद्यवादनका कार्यक्रम राखिएका थिए मुख्य एक्स्पोजिसन हलमै पनि । उता एक्रोपोलिसमा, अरू साङ्गितिक कार्यक्रम, फेशन शो र भेराइटी इण्टरटेनमेण्टको आयोजना थियो । चार दिनसम्म ४ भाषाको 'कन्भेन्सन बुलेटिन' पनि प्रकाशित भएको थियो ।

अर्को वर्ष क्यालगरिमा रोटरी कन्भेन्सन हुने हुनाले त्यहाँ जान लहसाउने कार्यक्रम क्यानेडियन रोटेरियनहरूले गरेका थिए । एक्रोपोलिसमै अर्को वर्षका लागि रजिष्ट्रेशन पनि

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(Gautama, meeting his father Sudhodhana, first time after becoming Buddha.)
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गर्न पाइन्थ्यो । विभिन्न पेशा र शोखका रोटेरियनहरूको पनि छुट्टाछुट्टै रोटरी एशोशियसनहरू बनेका रहेछन् । धेरै त्यस्ता एशोसिएसनहरूले पनि त्यहाँ स्टल राखेका थिए । छुट्टै प्रोग्राम, लञ्च डिनर आयोजना गर्ने गरेका थिए । आर. आइको औपचारिक लञ्चहरू पनि प्रत्येक

दिन छुट्टाछुट्टै किसिमको हुन्थ्यो । त्यसका लागि छुट्टै टिकट लिनुपर्थ्यो । त्यस्तो एउटा पाउल-ह्यारीस फेलो लञ्चमा हाम्रा नेपाली पाँच जनाले र पाष्ट प्रेसिडेण्टहरूको लञ्चमा दुई जनाले भाग लिएका थिए ।

तर यस कन्भेन्सनमा भाषण दिन आउने भन्ने जोर्डनका राजा हुसैन र मोनाकाका प्रिन्स रोनियरले नआइदिएर रोटेरियनहरूलाई खल्लो पारिदिए । अर्को कुरा कन्भेन्सनमा धेरैजसो कार्यक्रम अंग्रेजीमा र केही फ्रेञ्चमा हुने र सबैको तुरुन्त अनुवाद र (साइमलटेनियस ट्रान्सलेसन) गर्ने प्रबन्ध भए पनि त्यो उति सफल भएजस्तो बुझिएन । त्यो अनुवाद सुन्न भिन्दै रेडियो भाडामा लिनुपर्ने भएर पनि धेरैले ञ्जट मानी लिएनन् भन्ने बुझियो ।

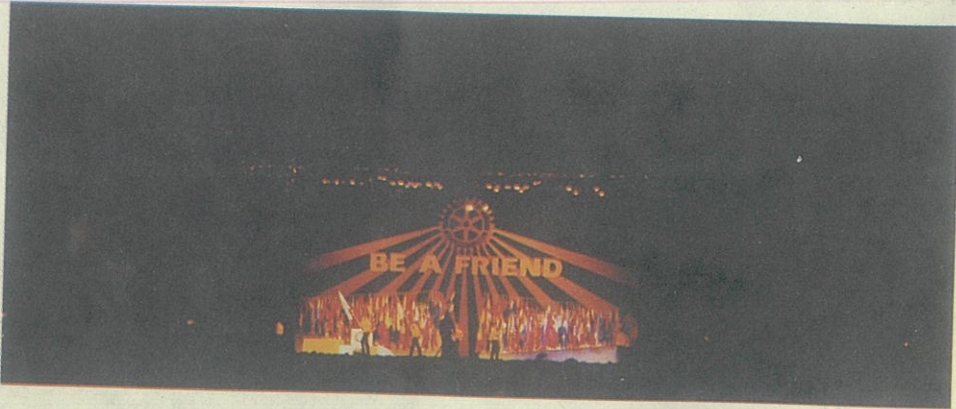
नेपालका रोटेरियनहरू तीन-चार ओटा होटेलहरूमा छरिएर रहेकाले सबैको सबैसँग सबैवेला भेटघाट भएन । तर पनि सबैले आफ्नो-आफ्नो ग्रुप मिलाएर सैर सपाटा र बजार गर्न

भ्याएका थिए । सार्जेट च्याड-आर्म्स हुन स्वयम्सेवा अर्पण गरेकाले दीक्षित दम्पति (रो. कमलमणि र अञ्जु) ले कन्भेन्सन हलतिरै धेरै समय बिताउनु परेकाले उनीहरूले धेरै घुम्न पाएनन् । यसो भन्यो भने आफैले आफ्नो डम्फू ठोकेको त ठहरिन्न ?



यस्तै यस्तै गरी ४ दिनसम्म चली जूनको १४ तारिख अपरान्ह ४ बजे रोटरी इन्टरनेशनलको (८६) छयासीऔं कन्भेन्सन समाप्त भयो । धेरै जनाले त्यसै दिन नीस छाडे । तर नेपालीहरूको ग्रुप भोलिपल्ट मात्र त्यताबाट बाटो लाग्यो ।

२८ जना नेपालीहरूको ग्रुपले त्यसपछि १० दिनसम्म लण्डन, अम्स्टर्डम इत्यादि गरी बसमा युरोपको भ्रमण गर्‍यो । यो प्याकेज टूरको बन्दोवस्त हाम्रै रोटेरियन पी.पी.को नटराजप्टर्सले गरेको थियो ।





Junam & Punam Enterprises

(Manufacturer & Exporter of Special Handicraft Goods)

Factory & Show Room
Thahity, Qwabahal Tole,
Kathmandu-3, Nepal
Tel: 2-25671

Residence:
Hakha Tole, Lalitpur-12
Patan, Nepal
Tel: 5-23027

Tibetan Mountain Restaurant Pvt. Ltd.

For: European, Nepali, Indian & Chinese Food

Lhasa, Tibet, China
Beching Toug Lu 107,
Tel: 0086891-633807

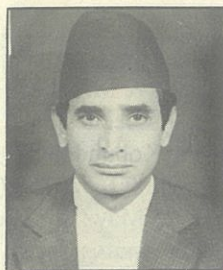
Kathmandu Office
Thamel, Phone: 2-25671

J.B. Shakya

ROTARY CLUB OF PATAN

MEMBERS

(Dr.) RAMCHHAYA MAN AMATYA :
 ENT Surgeon : Tribhuvan
 University Teaching Hospital,
 Maharajgunj, Kathmandu, Res.
 Kumaripati, Lalitpur : Ph. (O)
 412303/2404 (R) 522360 : B. 3
 Oct. : W. 9 Dec. : Ann. MEERA :
 Serv. D : 1988.



CHIRANJIBI ACHARYA :
 Audit-General : MC
 Traders, Kopundole,
 Lalitpur : Res. Lagankhel,
 Lalitpur 6 : Ph. 522378 :
 B. 10 Feb. W. 8 Mar. :
 Ann. LALITA : 1992.



BJAY BAJRACHARYA (PHF) :
 Jeweller : Gems Jewellery
 Industries (P) Ltd., Naya
 Banewar, GPO 1807, Kathmandu :
 Res. Ph. (O) 212791 (R) 524586/
 526738 (F) 226822 B. 23 Aug. :
 W. 2 Mar. : Ann. RAJANI :
 Serv. D. VP: 1986.

(Dr.) HOMRAJ BAJARACHARYA
 (PHSM): Medical-acupunc-
 turist ; Patan clinic, Chhaya
 Bahal, Lalitpur 21 :
 ph. 521559 : B. Aug. : W. 24
 Feb.: Ann. Dr. DHUWAN :
 Serv. D, VP, P: 1986.



VISHNU PRASAD DHITAL (PHSM) :
 Food and Agricultural : Shre
 Durbar Tole, P.O.Box No. 41,
 Lalitpur, Nepal : Res. Shree
 Durbar Tole, P.O.Box No. 41,
 Lalitpur, Nepal : Ph. (R) 521024
 (F) 521013 B. 15 Apr. : W.
 16 Feb. Ann. VIJAYA
 LAKSHMI : 1992.



DR. (MRS.) KANTI GIRI :
 Gynecologist : Prasuti
 Griha, Thapathali,
 Kathmandu, Tel: 211243,
 214205 : (R) Jyoti Sadan
 320, Pulchowk, Lalitpur 3,
 kathmandu, Nepal, Tel:
 521316,5217896 : B. 7th
 March : 1994



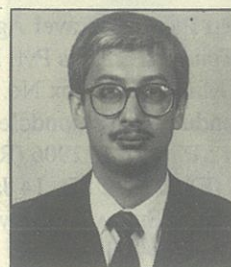
KAMAL MANI DIXIT : Sr. Active
 (Belles Letters) : Madan
 Puraskar Pustakalaya,
 Sri Durbar Tole, Lalitpur :
 Ph. (O) 521014 (R)-521889 (F)
 521013 : B. 2 Sept. : W. 11
 June : Ann. AANJU : Serv. D,
 SA, DCM : 1986.

Resi 536338

BACHAN GYAWALI : Tourism
 Marketing : Hotel Oasis,
 Pulchowk, Lalitpur :
 Res. Shree Durbar Tole,
 Patan Dhoka, Lalitpur ;
 Ph. (O) 525015 (R) 524138 (F)
 521291 : B. 26 Dec. : W. 4
 Apr. : Ann. BHAVANA : 1992



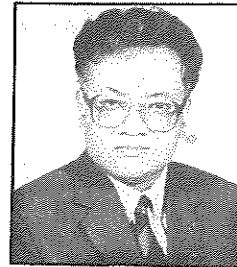
CHANDRA SHEKHAR GYAWALI :
 Hotelier : Hotel Narayani,
 Pulchowk, GPO Box No. 1357,
 Kathmandu : Res. Sri Durbar Tole,
 Pulchowk, Lalitpur : Ph. (O)
 521771/1442 (R) 521311 (F)
 521291 : B. 14 Nov. W. 20 Jan. :
 Ann. BULU : Serv. VP : 1986.



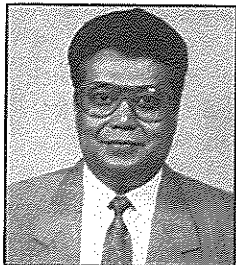
LOCHAN GYAWALI ;
 Trekking Agent ; Nepal
 Trek House, Patan Dhoka,
 Lalitpur : Ph. (O) 522871/
 5018 (R) 521311 (F)
 521291 B. 12 Nov. : W. 30
 Jan. : Ann. SANGITA : Serv.
 SA : 1986.



MRS. REEMA KOHLI : Beautician :
Narayani's Herbal Beauty Clinic,
Narayani Hotel, Pulchowk, GPO
Box, 1357, Kathmandu, Tel:
525016 : (R) 1/144 Bhakundole,
Lalitpur, GPO Box. 2878,
Kathmandu, Nepal, Tel: 522162,
Fax: 521291 : Hus. RABINDRA : 1992



NARAYAN GOVIND HADWAI :
Civil Engineer : Multi
Disciplinary Consultants (P)
Ltd., Kopundole, GPO Box
5720, Kathmandu :
Res. Thasikhel, Lalitpur 5 :
Ph. (O) 523103/5076 (R)
521364 (F) 523103 : B.
4 Oct. : W. 10 June : Ann.
MUNU : Serv. SA, D, S : 1987.

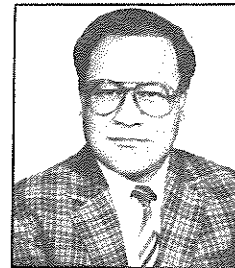


MATSENDRA LAL KAYASTHA :
Architect : Mr. & Mrs. M.L.
Kayastha & Associates,
Chandralaya, Kopundole,
Lalitpur 1 : Ph. (O) 523758 (R)
524758 : B. 25 May : W. 7 July :
Ann. CHANDRALEKHA : Serv.
S.P. 1986.

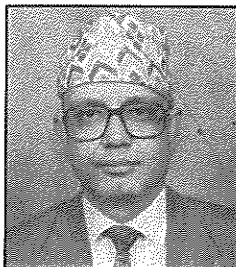
SURESH CHANDRA LAKHEY :
Economist : UNDP/ILO,
POB 107, Lalitpur :
Res. Sanepa, Lalitpur 1 :
Ph. (O) 414550 (R) 521399 :
B. 15 Aug. : W. 11 May :
Ann. JANAKI : Serv. D: 1986.

524626

Biswakant Mainali ; Legal
Consultant ; Mainali Law
Office, Ram Shah Path, GPO
Box 1669, Kathmandu :
Ph. (O) 228025 (R) 416119 :
B. 15 July : W. 7 July :
Ann. SABITREE : Serv. S, D,
VP, P : 1986.



KAMAL NYACHHYON : Heavy
Textile Mfg. : Mansu
Industries (P) Ltd., Patan
Industrial Estate, Lalitpur ;
Res. 5/48, Lagankhel,
Lalitpur : Ph. (O) 522202/
521891 (R) 521167 (F)
527167 : B. 15 Jan. : W. 15
Feb. : Ann. SULOCHANA :
Serv. T. : 1986.

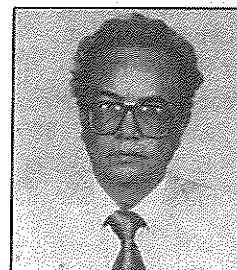


RABINDRA RAJ PANDEY : Airline
GSA: Everest Express Tours &
Travel (P) Ltd., Durbar Marg,
GPO Box 482, Kathmandu : Res.
Sanepa, Lalitpur 1 : Ph. (O)
220759 (R) 521652 (F) 226795 : B.
16 Apr. : W. 19 Feb. : Ann.
CHANDRALEKHA : 1990.

MADAV LAL PRADHAN : Medical
Technologist : Tribhuvan
University, Teaching, Hospital,
Maharajgunj, Kathmandu :
Res. Tahdhoka, Purnachandi,
Lalitpur, Ph. (O) 412404/303
(R) 524700 : B. 17 Dec. W. 10
Mar. Ann. MUNA : Serv. D, P,
S, D : 1986.

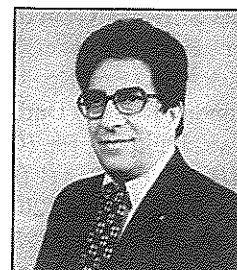


PRAFULLA PRADHAN MANSINGH :
New Baneswor, GPO Box. 1457,
Kathmandu, Tel: 225378/16835/
17869 : (R) Pulchowk (Behind
Acheswr Maha Bihar), Lalitpur 3,
Nepal, Tel: 524522, Fax: 225767 :
8th Oct. L W. 3rd March: Ann
SAROJINI LATA : 1994



(DR.) BHISMA RAJ PRASAI :
Pathologist : Tribhuvan
University, Teaching, Hospital
Maharajgunj, Kathmandu : Res.
KA 1/47, Kopundole, LALITPUR ;
Ph. (O) 412404 (R) 521910 (F)
227372 : B. 6 July : W. 17 Jan. :
Ann. SUBHADRA : Serv. D, P,
DCM : 1986.

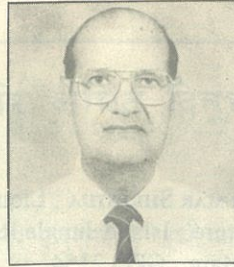
PRAJAPATI PRASAI : Travel Agent :
Natraj Tours & Travels Pvt. Ltd.,
Durbar Marg, GPO Box No. 495,
Kathmandu : Rs. Kopundole,
Lalitpur : Ph. (O) 222906 (R)
525018 (F) 227372 : B. 14 Jan. : W.
1 Jan. ; Ann. SHARADA ; Serv. D,
VP, P, GGR : 1986.



JAGDISH RANA (PHF) Sr.
Active (Literary Writing):
Trikuti, Battisputali, GPO
Box 1763, Kathmandu, :
(R) Tel: 472743 : B. 18th
Aug. : W. 16th July : Ann
BHUVAN : Serv. DG :
1974



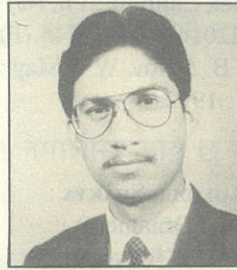
SAGAR SHUMSHER RANA (PHSM):
 Traditional Handicrafts: Nepal
 Traditional Crafts, 3, Pulchowk,
 Lalitpur, GPO Box 979, Kathmandu:
 Res. Kopondole, Lalitpur: Ph (O)
 527916 (R) 521667 (F) 527871: B.
 17 Feb.: W. 18 June: Ann BRINDA:
 Serv. D. 1987.



KRISHNA JUNG RANA :
 Public Health, Prof. T.U.,
 Kathmandu, Tel: 527007
 (R) Jawalakhel, Lalitpur
 B. 3 Aug W. 1 July, Ann.
 SHANTA 1994



Rishi Shah : Engineering
 Administrator: Secretary,
 RONAST, GPO Box 3323,
 Kathmandu: Res. Jawalakhel,
 P.O.Box 3459, Kathmandu: Ph:
 (O) 215316/965 (R) 525373 (F)
 228690 : B. 25 Apr. : W.
 23 Sept. : Ann. SULOCHANA : Serv.
 SA, JS : 1990.



DR. PRAKASH RAJ REGMI :
 Cardiologist : Dept of General
 Medicine, Bir Hospital,
 Kathmandu, Tel: 221119 : (R)
 3/115 Dhobighat, Lalitpur,
 Nepal, Tel: 525536 : B.
 30th June: W. 15th April :
 Ann UPSANA : Serv.S
 (Chitwan) : 1990.



PUSHKAR MAN SHAKYA : Carpet-
 Export : Carpet House/Naya
 Baneswor, GPO Box 167,
 Kathmandu : Res. 480, Pulchowk,
 Lalitpur 3, GPO Box 167,
 Kathmandu : Ph. (O) 229231/
 214878 (R) 521582/1335 : B. 523492
 14 Jan. : W. 27 Feb. : Ann.
 RITA : 1993.



SIDDHI BAHADUR SHAKYA
 (PHF) : Bronze Expert :
 Sri Durbar Marg,
 Pulchowk, Lalitpur, PO
 Box 1142, Kathmandu :
 Ph. (O) 521525/6792 (F)
 525465 : B. 15 July : W.
 14 Feb. : Ann. CHAITRA
 LAXMI : Serv. JS, D : 1988.



TIRTHA MAN SHAKYA : Legislative
 Drafting : Secretary, Nepal Law
 Reform Commission, Jamal,
 Kathmandu : Res. 17 Hakha tole,
 Lalitpur 12 : Ph. (O) 221496 (R)
 522467/526033 : B. 21 July :
 W. 14 Feb. : Ann. NANI SHOVA :
 Serv. JS. 1990.

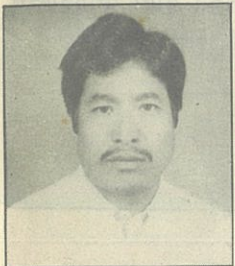


NARENDRA NARSHING
 SHAKYABANSHA : Sr. Active
 (Metal Caster) : Mahaboudha
 Bidyadhari Shilpa Bhandar (P)
 Ltd., patan Industrial Estate,
 Lalitpur, GPO Box 2330,
 Kathmandu : Res. 112,
 Mahaboudha, Lalitpur 12 :
 Ph. (O) 521358 (R) 525856/
 1431 : B. 15 Aug. : W.
 15 Apr. : Ann. SANTA MAYA :
 Serv. D : 1986.



MOTIL LAL SHILPAKAR : Wood
 Carver : Wood Carving Industries
 Pvt. Ltd., Patan Industrial Estate,
 Lalitpur, GPO Box 1264,
 Kathmandu : Res. Jawalakhel,
 Lalitpur : Ph. (O) 521366/5214 (R)
 521447 : B. 20 Jan. : W. 25 Apr. :
 Ann. SHYAM LAXMI : Serv. T. 1986.

BIHARI KRISHNA SHRESTHA :
 Anthropologist : Chakupat,
 Patan Dhoka, Lalitpur
 GPO Box 5720,
 Kathmandu : Ph. 522173 :
 B. 6 July : Serv. D : 1992.



GANESH RAJ SHRESTHA : Rubber
 Recycling : Pashupati Rubber
 Industries ; patan Industrial Estate,
 GPO Box 1970, Kathmandu : Res.
 Sinchihity, Lagankhel, Lalitpur, GPO
 Box 1970, Kathmandu : Ph. (O)
 522157 (R) 524780 : B. 22 Oct. : W.
 7 Jan. : Ann. BIJAYA LAXMI : 1993.



RENU SHRESTHA : Education
 Primary : Saheed Dharma
 Bhakta Primary School,
 Nakhu, Lalitpur, GPO 1669,
 Kathmandu : Res.
 Lagankhel, Lalitpur 6, GPO
 1669, Kathmandu, Nepal :
 Ph. (O) 522239 (R) 525677 :
 B. 12 Feb. : 1992.



SANTA KUMAR SHRESTHA ; Liquor
 Manufacture : Island Jungle Resort,
 Durbar Marg., GPO 2154,
 Kathmandu : Res. Dhobighat,
 Jawalakhel, Lalitpur : Ph. (O)
 225615/220162 (R)521745 (F)
 223814 : B. 5 Nov. W. 3 May : Ann.
 NIRMALA : 1992.

DHRUBA THAPA : Carpet
 Mfg. Narayani Carpet (P)
 Ltd. Hotel Narayani Show
 Room, Pulchowk, Lalitpur :
 Res. 4/159, Jawalakhel,
 Lalitpur : Ph. (O) 521442
 (R) 524999 : B. 22 Apr. :
 Serv. T : 1986.

INDRA BAHADUR SHAKYA :
 Traditional Ornaments
 Mfg. : Hakha Tole, Lalitpur
 11, GPO 791, Kathmandu,
 Nepal : Ph. (O) 212567 (R)
 525949/6005 : B. 21 Oct. :
 W. 25 Mar. : Ann.
 SUKHASAGAR : 1993.



**YAGYA BAHADUR
 SHRESTHA** : Revenue
 Consultant ; Chakupat,
 Lalitpur 1, Nepal : Ph.
 (R) 523753 : B. 8 Apr. :
 Ann. MARY : 1993.

२०५२ साउन १ गते (१७.७.१९९५) भएको पाटन रोटरी क्लबको ४६५ औं बैठकको निर्णय सारांश

१. रो. अध्यक्ष तीर्थमान शाक्यको अध्यक्षता । ईश्वरस्मरण ।
२. अधिल्ला दुई तीन मीटिङका नम्बर गलत भएको र यस मीटिङको क्रम संख्या ४६५ गरी सच्याइएको जानकारी ।
३. बधाई तथा हर्क बढाई: रो. तीर्थमान शाक्य शुभजनमोत्सव । रो. पुष्कर शाक्य (x२) ह्यापी ल्याण्डिङ ।
४. रो. कृष्णजंग राणाको पेशागत प्रवचन (क्लासिफिकेशन टक) को कार्यक्रम रहेकोले उहाँले बोल्नु भयो । उहाँको क्लासिफिकेशन पब्लिकहेल्थ भएकाले उहाँले त्यसै विषयमा प्रवचन गर्नुभयो । सर्वप्रथम उहाँले हेल्थ या स्वास्थ्य के हो भन्ने चर्चा गर्नुभयो । अनि पब्लिक हेल्थको व्याख्या गर्नुभयो । बीस वर्ष अधिसम्म पनि पब्लिक हेल्थ डाक्टर पेशा नै होइन कि जस्तो गरिन्थ्यो भनी आफ्नो अनुभव सुनाउनु भयो । पछि आफू औलो उन्मूलनमा लागेको र दक्षिण एशिया क्षेत्रमा एक जना विशेषज्ञ मानिएको चर्चा गर्नुभयो । लामखुट्टेको २००० जातमध्ये नेपालमा चार जातले मात्र औलो सार्न सक्ने जानकारी उहाँले दिनुभयो । संसारबाट औलो निर्मूल पार्ने कोशिश धेरै हदसम्म सफल भएको छ भनी उहाँले बताउनु भयो । प्रश्नोत्तरका क्रममा उहाँले भन्नुभयो ४ हजार फीटभन्दा माथि एनोफिलिस जातका लामखुट्टे बाचनसक्ने भएकाले काठमाण्डू उपत्यकामा औलो लाग्दैन ।
 प्रश्नोत्तरपछि अध्यक्ष रो. तीर्थमानले धन्यवादज्ञापन गर्नुभयो ।
५. आजको कल्याणकोष रू. ८४०/- उपस्थिति २७ जना ।

क्लब असेम्बली (२२.५.९४) मा रो. गभर्नर अमित दिनुभएका सुझावहरू:

१. क्लबमा एटेण्डेन्स ७० प्रतिशत जति पुगेको राम्रो हो तर त्यसलाई अभै बढाउनु उचित हुन्छ ।
२. क्लबमा उपस्थिति बढाउने धेरै उपायहरू छन् । उपस्थिति नियमित नहुनेहरूलाई फोनबाट सम्झाउने, राम्रो उपस्थिति हुनेलाई केही किसिमबाट पुरस्कृत गर्ने इत्यादि । यति गर्दा पनि जान नहुनेका सदस्यता म्यानुबल बमोजिम टर्मिनेट गरिदिनु पर्छ ।
३. क्लब बुलेटिन नियमित निस्केको रहेछ राम्रो हो । तर यो नेपालीमा मात्रै छ अलिकति अंग्रेजीमा पनि छाप्न सके राम्रो हुन्थ्यो ।
४. इण्टर-डिस्ट्रिक्ट कमिटीहरूमा भागलिन जान चाहनेहरूले डिस्ट्रिक्ट सचिवसँग सम्पर्क राख्नुस् ।
५. त्यस्तै इन्टर डिस्ट्रिक्ट फेमिलीमा युथ एक्सचेञ्ज प्रोग्राममा पनि भाग लिनुहोस् । पाष्ट प्रेसिडेण्ट्स कन्फरेन्स भएको थियो कलकत्तामा मे ६ मा । यसमा यताबाट कोही गएन । जानु राम्रो हो ।
६. क्लबहरूले डिजिग्रेनेटेड मन्थ कमिटी र यस्तै अरू डिस्ट्रिक्ट कमिटीहरूमा सम्पर्क राख्नुहोस्, धेरै फाइदा हुन्छ ।
७. लिटरेसी प्रोग्राम, बृद्धाश्रम सेवा, निःसहाय सेवा, खाते-बच्चा पुर्नस्थापन योजना, महिला सीप विकास सेवा, एड्स, लागूपदार्थ इत्यादिका विरुद्धको सेवा इत्यादिमा पनि क्लबले केही कार्य गर्न सक्छ कि भनी हेर्नु राम्रो हो ।
८. आर. भि. सी. र आर. सी. सी.- रोटरी मिलेज कोर, सीटी कोरहरू बनाई ठूलो सेवा गर्न सकिन्छ । यसपट्टी पनि ध्यान दिनु होला ।
९. भोकेशनल सर्भिसमा योग्य सेवा-कर्मीलाई पुरस्कृत गर्नु त राम्रो हो तर त्यो सेवा कार्य तल्लो बर्गका व्यक्तिमा मात्र सिमित हुनु आवश्यक छैन । माथिल्ला बर्गकाले पनि प्रशंसनीय सेवा गरेका छन् भने उनीहरूलाई पनि अभिनन्दन गर्न सकिन्छ ।
१०. भोकेशनल सर्भिसमा 'क्यारियर डेभलेपमेन्ट'का लागि स्कूल तथा कलेजका विद्यार्थीहरूका बीच गएर उनीहरूलाई लाभप्रद ज्ञान दिलाउन सकिन्छ ।
११. इण्टरनेशनल सर्भिस अन्तर्गत वर्ल्ड कम्युनिटी सर्भिस, म्याचिङ ग्राण्ट मार्फत् क्लबले धेरै कार्य गर्न सक्छ । अन्य दुई या तीन क्लबहरूले मिलेर कुनै ठूलो प्रोजेक्ट लिन सकिन्छ । गभर्नरले पनि त्यसमा धेरै मद्दत गर्न सक्छौं ।
१२. श्री-एच-प्रोग्राम अन्तर्गत एक लाख डलरसम्मको सहायता आर आईबाट पाउन सकिन्छ । इत्यादि

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Major Killers In The World

Rtn. R.K. JUNG.

Fear of dying is more painful than death itself. Therefore, it is better to know, understand and be aware about those events which are more prone to kill a person and be prepared to avoid or prevent them accordingly. Though many of the diseases, if not treated in time, may kill a person, there are a few which are more dreadful and have been responsible for the leading causes of death. About 50 million deaths have been occurring in the world every year. Major causes of death are different in different situations. Some of the major killers in developing countries have been reported to be pneumonia, diarrhoea, malaria, measles and malnutrition. While some of the major killers in developed countries have been reported to be cardiovascular diseases, cancer, diabetes and accidents.

It is worth to have some information about these diseases which have been creating havoc by killing a lot of people. The list of such diseases may include pneumonia, measles, tuberculosis, acute diarrhoeal diseases including cholera, typhoid fever, food poisoning, malaria, rabies, yellow fever, Japanese encephalitis, plague, Kala-azar, tetanus, AIDS, cardiovascular diseases, cancer, diabetes and accidents.

Acute diarrhoeal disease is a major health problem in developing countries. More than a billion episodes of diarrhoea occur each year and about three million children under the age of 5 years die of the diarrhoea. In the tropical belt, 15-50 percent of all the death among children under 5 years are diarrhoea-related. Awareness about the disease, sanitation measures, timely vaccination and proper oral rehydration are some of the basic disease-control measures. Children in all countries of the world frequently suffer from coughs and colds but in developing countries, these often lead to life-threatening pneumonia. Pneumonia is one of the leading causes of death in children under 5 years especially in developing countries.

Even today, tuberculosis remains a world wide public health problem. According to a very conservative estimate, there are about 15-20 million cases of infectious tuberculosis in the world and about 3 million people are dying of this disease every year. Mainly from developing countries, because poverty, economic recession and malnutrition make population more vulnerable to tuberculosis. Prevention of the disease by timely vaccination and early treatment may control the disease.

Malaria is one of the most widespread disease in the world. About 40 percent

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of the world population are residing in malarious areas and more than 1 million persons are dying of malaria every year; of these more than 80 percent of the deaths due to malaria are reported from African countries. Personal protection from mosquito bite, vector control and early treatment are some of the effective measures to control the disease.

Though plague may occur in many forms it usually creates havoc during its epidemics. Pandemics of plague during the 5th, 13th and 18th centuries were estimated to have caused millions of death. The danger still exists that plague may affect human population as has recently happened in Central India during 1994. Anti-rodent measures and flea control in endemic areas and early diagnosis and prompt treatment of the cases are some of the effective control measures.

AIDS (the acquired immuno deficiency syndrom) is a newly described disease which is incurable and fatal. HIV (Human immuno deficiency Virus) which causes AIDS has cut across the conventional boundries of geographical distribution, seasonal occurrence and socio economic groups and has become truly global in nature and scope. It is estimated that by now, about 20 million people are infected with HIV, and the trend is growing fast. Until and unless a revolutionary change in moral and spiritual attitudes is achieved or an effective vaccination is developed, the disease may take away a major toll of population.

Coronary heart disease which was rather rare during early 19th century is now held responsible for about 25-30 percent of deaths in most of the western countries. Until and unless awareness is developed, to reduce some of the risk factors of cigarette Smoking high saturated fat diet I obesity, sedentary habits and stress, the trend of the coronary heart disease may also increase in developing countries.

Cancer has been causing more than a percent of total deaths in the world and is the necoud leading cause of death in developed countries which has been taking a toll of 19 percent of all the deaths. More than three-fourth of all human cancer could be attributed to environmental factors and are preventable accordingly.

Diabetes has been affecting at least 30 million people throughout the world and is one of the leading causes of death in developed countries, Some of the enviromantal factors which could be avoided for the prevention of diabetes are regular exercise; proper, dieting and aviodance of excessive intake of alcohol.



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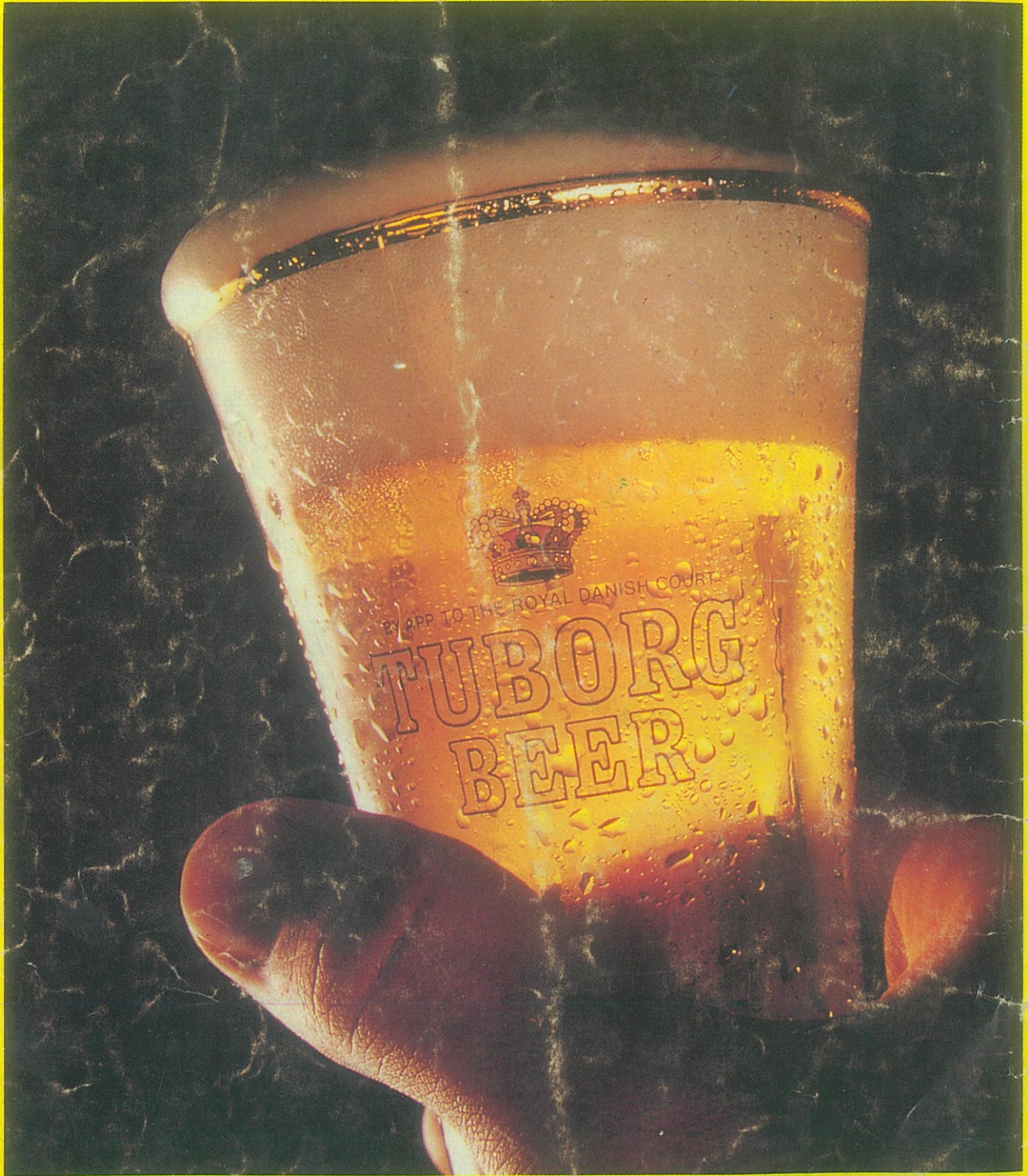
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