

15th Installation Ceremony 2000-2001 पन्ध्रो पदस्थापना विशेषांक २०००-२००१



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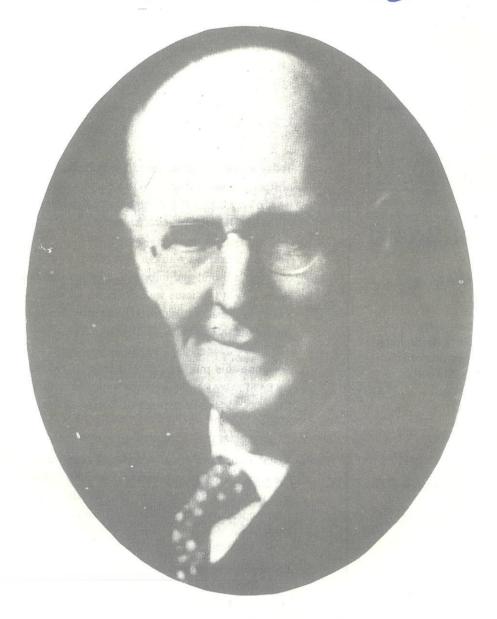
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Founder of Rotary



Service Above Self Paul P. Harris 1868-1947

Paul Harris, the Father of Rotary Movement was born on April 19, 1868. When he passed away on January 27, 1947, he left behind for mankind a rich legacy of fellowship and brotherhood for international understanding and service to humanity. Today, the seed he sowed in 1905, has blossomed into a large tree having more than 1.2 million members from 28531 clubs in 158 countries.



The Rotary Theme for 2000/2001



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Rtn. Shiva Bhakta Rajbhandari

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DASH

P.O.Box No.20355

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Editorial

Today we are celebrating the 15th Installation Ceremony of Rotary Club of Patan. On this auspicious occasion we are very happy to publish a special souvenir issue of **LALITDHARA** which is in your hand.

We have attempted with our best efforts to make this Souvenir a useful and informative issue to all fellow Rotarians. In this issue we have come up with useful Rotary Information, articles and club activities that was carried out by this club.

We hope this publication will help to enhance to CREATE AWARNESS of Rotary mission and TAKE ACTION for the betterment of Rotary movement in Nepal.

At the same time, we would like to congratulate the President and board members of 2000-2001 of this club and wish them for their success. We also hope that their endeavors and achievements would benefit the society.

Last but not least we would like to extend our sincere thanks to all respected advertisers who have responded to our request for support by bearing the expenses incurred in publishing this Souvenir. We are also very much grateful to all those who have contributed their valuable articles for this Souvenir.

Rtn. Gyanu Raj Shakya



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Members of Rotary Club of Patan

Rotary Clubs of Nepal सान आण्टोनियो जाऊँ!

The Rotary Foundation

Members of Inner Wheel Club of Patan

Conventional of Rotary International

Committees of Rotary Club of Patan

Stress and How to Deal with it

Activities Report on Rotaract Club of Patan

Executive Board of Rotaract Club of Patan

Activities Report on Inner Wheel Club of Patan



BIO DATA FRANK J. DEVLYN

Frank Devlyn, president of the HYPERLINK "optical htm" Devly optical group of Mexico, a manufacturer, distributor and retailer of optical products, grew up in Ciudad Juarez, Chihuahua, Mexico, and El Paso, Texas, USA.



He attended the University of Resas at El Paso and graduated from the institute Pan-American de Alta Direction de Empresas (Mexico city) with a degree in Business Administration. He is also a graduate of the School of Optometry of the Mexican Association of Opticians and Optometrists.

Mr. Devlyn is a past president of Mexicois National Association of Opticians and Optometrists and of the National Chamber of Industries. He is a national board member of the Mexican Red

Cross and Goodwill Industries, and treasurer of the Mexican Tuberculosis Association. He has served on the board of director for the YMCA of Mexico city, the National Pro Blind Association and the National Mexican Association of Public and Private Administration. He also serves on the boards of the National Bank of Mexico and the Inverlat Bank.

As a RI officer, Mr. Devlyn has promoted Rotary programs such as World Community Service (WCS) by speaking to Rotary meetings in 34 countries. He is currently creating the largest used eyeglass bank in Mexico. The bank will be a pilot WCS project.

A Rotarian since 1970, Mr. Devlyn is a member of the Rotary Club of Anahuac in Mexico city, and has served the Rotary Foundation as trustee and Rotary International as director, international assembly discussion group leader, and district governor. Mr. Devlyn is a recipient of the Rotary Foundation's Distinguished Service Award and Citation for Meritorious Service in recognition of his support for its international humanitarian and educational programs.





Message from FRANK J. DEVLYN

PRESIDENT 2000-2001 - ROTARY INTERNATIONAL



Dear Fellow Rotarians:

As your president for the year 2000- 2001 when we are entering a new century and a new millennium, I am keenly aware that our clubs, our communities, and our world have an array of problems that are not being adequately addressed. As Rotarians, we can choose to overlook or ignore these problems or we can do something about them.

I hope that as we enter the 21st century and as we approach Rotary 100th Anniversary, we make it out first priority to do something.

As Rotarians, we have the potential to strengthen our clubs, and we have the credibility to generate public support and implement solution to problems on more than 29,500 communities in the world. We also have extensive international network to expand our humanitarian actions to all parts of the globe.

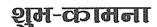
As we work together in 2000-2001, let us never forget that our mission is to CREATE AWARENESS and TAKE ACTION in our clubs, our communities, and throughout the world.

Frank J. Devlyn





काठमाडौं, नेपाल २०५७/३/९





पाटन रोटरी क्लबले आफ्नो १४ वर्ष पूरा गरी १५ औं वर्ष प्रवेशको अवसरमा हुन लागेको यस पदस्थापन समारेहको सफलताको कामना गर्दछु।

हाम्रो सनातन धर्म अनुसार "परोपकार पुण्याय" को आदर्श अनुरुप नेपालीहरूले आफू सक्दो सेवा गर्दै आएको हाम्रो पुरातन प्रचलनलाई अनुशरण गर्दै सन् १९५९ मा नेपाल प्रवेश गरेदेखि नै रोटरी अभियानले विभिन्न मानविय सेवामूलक कार्य गर्दै आएको कुरा अत्यन्तै प्रशंसनीय छ। 'स्वार्थ भन्दा माथि सेवा' को भावनाको विकास गरी नयाँ र समसामियक प्रक्तियावाट परोपकार सेवामा समर्पित हुन नेपालीहरूलाई रोटरी आदर्शले प्रेरणा दिइरहेको कुरा सराहनीय छ। रोटरीद्वारा सञ्चालित "पोलियो प्लस" जस्ता सेवामूलक कार्यले देश र देशवासीलाई प्रन्याइरहेको सेवा हृदयस्पर्शी छ। म रोटी आर्दबाट अत्यन्त प्रभावित छु र यसको उत्तरोत्तर प्रगतिको लागि शुभ-कामना व्यक्त गर्दछ।

जिर्ग प्र. क्षेत्यकर् (गिरिजाप्रसाद कोइराला) प्रधानमन्त्री





Message from

RTN. PUSHKAR MAN SHAKYA

PRESIDENT 2000-2001 - ROTARY CLUB OF PATAN



Dear Fellow Rotarians

Life's little secrets accept you where you are, but they also challenge you to grow further. Through the wonder of language, rich with noble sentiments and a sense of discovery, a daily seed throughout inspires your commitment to grow in ever-new directions happily.

Keep one page open each day. Think of the secret hidden on that page. Feel what it says. Hold it inside your heart so deeply. You'll find the golden dreams awaiting you in your sleep. Every morning when you awake, a new goal is set which we Rotarians hand in hand have to travel this long journey overcoming each and every obstacle in between. Like I have been inspired by many of the Rotarians, we have to set an example together, which will inspire our other fellow friends.

During my president ship I have a dream, a dream to spread out light where there is darkness. Darkness of illiteracy, because I believe, it is only education that helps us to differentiate between right and wrong. It is only the proper way to bring awareness and civic sense. Hence our ambition towards this field should be to put our heart and soul regarding the P.P endowment fund so that we bring up a better and a worthwhile further generation from unprivileged areas.

A combination of goal setting, positive thinking, visualization and beliefs leads to a successful outcome in most of the problems, with which each of us must deal. If you want to have it made whatever the situation, I suggest we should put creative factors into active practice. Taking the vital matter, correcting on when seemingly so many things need a turn around, experience and the openness to learn from that experience, are what gives a person a real understanding.

Hoping for the support I always got from you.

Yours in Rotary

Pushkar M. Shakya





Message from RAVI SEHGAL DISTRICT GOVERNOR, RI DISTRICT 3290

Dear Pro-active President Rtn. Pushkar Man Shakya,

The time has come for you to take up the mantle of your club - a challenge that lies ahead of you to forge a strong team, to motivate your members to be pro-active, to meet your goals and targets and plan all your actions NOW.

Rotary International President Frank J. Devlyn and the First Lady Gloria Rita send their warmest greetings and best wishes to you and your TEAM. Now it is upon your TEAM 2000 to put in your best as you CREATE AWARENESS & TAKE ACTION.

Sumati joins me in conveying our best wishes to you and all your club members.

Put in your best.

Sincerely yours, Ravi Sehgal





Message from RTN. KAMAL B. NYACHHYON PRESIDENT 1999 - 2000 - ROTARY CLUB OF PATAN



Dear Fellow Rotarians,

My team has completed its one year tenure with strong support from all fellow members. During this time our team has been able to maintain the Rotary 2000 theme "Act with Consistency, Credibility and Continuity"

Programs initiated by predecessors as Senior Citizen Home, Education endowment etc, are continued and new projects like support to Orphanage Home, Disabled New Life Center and Sathi, establishment of Mentally Retarded Training Center at Bandipur, Vocational training in various fields are accomplished.

I am very much hopeful, my successors will provide leadership for continuation and expansion of Rotary Programs and activities in the year to come.

I wish them a success.

Rtn. Kamal B. Nyachhyon



PAST PRESIDENTS OF ROTARY CLUB OF PATAN



Rtn. S.R. Sharma 1985/86/87



Rtn. M.L. Kayastha 1987/88/89





Rtn. B. R. Prasai 1989 - 90



Rtn. P. P. Prasai 1990 - 91



Rtn. H.R. Bajracharya 1991 - 92





Rtn B.K. Mainali 1992 - 93



Rtn. B.B. Bajracharya 1993 - 94



Rtn. S. SJB. Rana 1994 - 95



Rtn. T.M. Shakya 1995 - 96



Rtn. B.P. Dhital 1996 - 97



Rtn. R.R. Pandey 1997 - 98



Rtn. T. Neupane 1998 - 99



Rtn. Kamai Nyachhon 1999 - 200



ROTARY CLUB OF PATAN

CLUB NO. 23126 CHARTERED JOIN 19.04.1985 DISTRICT 3290

Executive Board 2000 - 2001



Rtn. Pushkar Man Shakya President



Rtn. Kamal Nyachhon Immediate Past President



Rtn. Narayan Govinda Halwai President Elect 2001-2002



Rtn. Yagya Bahadur Shrestha Vice President



Rtn. Chirinjibi Acharya Secretary



Rtn. Bhim B. Kshetry Treasurer



Rtn. Gyanu Raj Shakya Club Service Director



Rtn. Sarda Prasai Community Director



Rtn. Shreedhar Acharya Vocational Director



Rtn. Shiva Bhakta Rajbhandari International Director



Rtn. Madan Rai Joint Secretary



Rtn. Kamal Mani Dixit Sergeant-at-arms









USE OF THE ROATRY EMBLEM

The Rotary International emblem is officially registered with the U.S. Patent Office as a trademark and "service mark," which prevents it being used in improper ways or by unauthorized individuals. The Rotary emblem should not be altered or modified in any way.

Rotarians are encouraged to wear the emblem as a lapel button. It is frequently used on jackets, pens, caps and other personal items manufactured by firms or individuals licensed by the RI Board of Directors. Rotary badges, banner, road signs and official Rotary club stationery naturally use the emblem as a mark of identification.

The Rotary emblem cannot be used for any commercial purpose. It is not permissible to use it in a political campaign or in connection with any other name or emblem not recognized by Rotary International. Individual Rotarians should not use the Rotary on business cards or stationery or for any other used intend to promote business. Nor is it considered proper for Rotarians to use the emblem on doors or windows of their business premises.

It is the responsibility of all Rotarians to use the emblem with pride. The restrictions are provided to assure that the Rotary emblem will not be misused and that it will always bring distinction to the organization.

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

Riret

The development of acquaintance as an opportunity for service;

Second:

High ethical standards in business and professions: the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

Third

The application of the ideal of service in each Rotarian's personal, business, and community life;

Fourth:

The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

DEFINITION OF ROATRY

Rotary is an organization of business and professional persons united world-wide who provide humanitarian service, encourage his ethical standards in all vocations and help build goodwill and peace in the world." These 31 words are worth remembering when someone asks, "What is a Rotary club?"



A BRIEF HISTORY OF ROTARY

The first Rotary club in the world was organized in Chicago, Illinois, U.S.A., on 23 February, 1905 by Paul P. Harris, a young lawyer, who gathered together in a spirit of friendship and understanding a group of men, each of whom was engaged in a different form of service to the public. That basis for membership — one person from each business and profession in the community — still exists in Rotary. At first, the members of the new club met in rotation at their various places of business, and this suggested the name "Rotary."

Since 1905, the ideas of Paul Harris and his friends have become ideals which have been accepted by people of practically all nationalities, and of many political and religious beliefs. Today there are Rotary clubs in Austria and America Samoa, in Brazil and Brunei, in India and Italy, Scotland and South Africa – in 160 countries and 36 geographical regions. The universal acceptance of Rotary principles has been so great that there are now more than 29,300 Rotary clubs, which have a membership of about 1,200,000.

The general objectives of Rotary clubs in every country are the same – the development of fellowship and understanding among the business and professional leaders in the community, the promotion of community – betterment endeavors and of high standards in business and professional practices, and the advancement of international understanding, goodwill, and peace. Rotary clubs everywhere have one basic ideal – the "Ideal of Service," which is thoughtfulness of and helpfulness to others.



WHAT IS ROTARY?

- * ROTARY is an organization of business and professional leaders united worldwide, who provide humanitarian service. Encourage high ethical standers in all vocations, and help build goodwill and peace in the world.
- * ROTARY is the world's first service club. The first Rotary club was founded in Chicago, Illinois, USA on 23 February 1905.
- * ROTARY is some 1.2 million service- minded men and women belonging to more than 28,000 Rotary clubs in virtually every nation in the world.
- * ROTARIANS meet weekly for fellowship and interesting and informative programs dealing with topics of local and global importance. Membership reflects a wide cross-section of community representation.
- * ROTARIANS plan and carry out a remarkable variety of humanitarian, educational, and cultural exchange programs that touch people's lives in their local communities and out world community.
- * ROTARY is the Rotary Foundation, which each year provides some US\$90 million for international scholarships, cultural exchange, and humanitarian projects large and small that improve the quality of life for millions of people. Rotary is widely regarded as the world's largest private provider of international education scholarship.
- * ROTARY is Polio Plus, Rotary's commitment to work with national and international health organizations on the goal of polio eradication by the year 2005, Rotary's 100th anniversary. More than one billion children in developing nations have been immunized against polio through Polio Plus grants.

ROTARY IS SERVICE ABOVE SELF



THE 4- WAY TEST

"of the things we think, say or do:

-Is it the truth?

- -Is it Fair to all concerned?
- Will it build Goodwill and better Friendships?
- Will it be Beneficial to all concerned?"

DECLARATION OF ROTARIANS IN BUSINESSES AND PROFESSIONS

As a Rotarian engaged in a business or profession, I am expected to:

Consider my vocation to be another opportunity to serve.

Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community.

Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation.

Be fair to my employer, employees, associates, competitors, customers, the public, and all those with whom I have business or professional relationship.

Recognize the honor and respect due to all

occupation, which are useful to society.

Offer my vocational talents to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community.

Adhere to honesty in my advertising and all representations to the public concerning my business or profession.

Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

The Declaration was adopted by the RI council on Legislation in 1989 to provide more specific guidelines for the high ethical standards called for in the object of Rotary.

REPORT ON ROTARY YEAR 1999 – 2000



Rtn. Yagya Bahadur Shrestha Secretary

The Rotary Club of Patan from the very beginning has been actively engaged for the upliftment of the rural people of Patan, Nepal by providing various services to them. Despite their busy schedules, all the members of Rotary Club of Patan have been successfully implementing various projects and activities undertaken by the guidance of Board of Directors of Rotary Club of Patan.

Here is the brief report on the projects and the activities undertaken by the Rotary Club of Patan for the year 1999-2000.

CLUB SERVICE

Attendance – 76.56% Membership Growth – 8.58% No loss of members

CLUB BULLETIN

Our weekly club bulletin "Lalit Dhara" has been publishing regularly along with Annual Installation Lalit Dhara Souvenir Issue. And at the same time we have already printed the III (third) revised edition of "Rotary ko Kura" i.e. The Facts of Rotary Book for benefits of its readers.

CLUB SEMINAR

It is indeed a real fact that the transparency is very important in all the activities undertaken by the club. And just to have a clear picture and to avoid the confusion we also had organized a whole day seminar on the "Project of Old-age Citizen Home" along with dinner at Hotel Narayani. In the seminar Rtn. Narayan Govinda Halwai and Rtn. P.P. Prasai shed light on its plan and future program and Rtn. Chiranjibi Acharya and Rtn. Ram Singh



Inspection of Old Age Home at Godavari by Mrs. Rana and Rotarians of Patan Club

Thapa made clear about the financial situation of the project. Likewise Rtn. Tulsi Neupane also submitted a plan for its future management for its efficient operation where as Rtn. M.L. Kayastha explained about the civil work construction and some of its technical problems. The chairman of the project Rtn. Tirtha Man Sakya and the President of the club Rtn. Kamal Nyachho summed up the seminar which was well attended and actively participated by all the members of the club.

VOCATIONAL SERVICE

This year the club has provided vocational training for 18 unprivileged and poor people in the field of wood carving, stone carving and powered glass fittings and after completing the training most of all of them have already been employed in different industries.

And another batch of 10 unprivileged people, who have been selected from lots of candidates applying for the seats in the public notice published in local daily newspaper, have already been getting training in the field of hotel cook, jungle safari, wood carving, metal carving and statue making.

At the same time, one vocational award had already been awarded by the club to a very young energetic and creative girl Miss. Surja Bajracharya for her outstanding contribution in preserving stone carving industry.

In the field of rural development, another vocational training program was conducted for 18 people on sewing and vegetable farming technique also was provided by the club for local farmer at Dacuchap village through the Rotaract Club of Patan. And one more vocational training on knitting for 8 poor ladies also have been provided at Nari Sewa Kendra at Baneswor by providing needles and wool also.

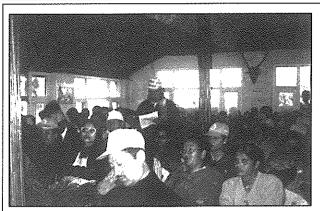
In the field of Mother and Childcare and Family Welfare, the club also have arranged a cloth distribution program by providing different varieties of cloths to 90 poor women and children of Dacuchap village through Rotaract Club of Patan.

COMMUNITYSERVICE

In the field of Community Service the Rotary Club of Patan have instituted the following programs.

Health Care: The Rotary Club of Patan in collaboration with the Mentally Retarded Children Association of Nepal has established a school for mentally retarded people at Bandipur, Tanahu and also conducted Awareness Training





Awareness Program for Mental Retardation Family at Bandipur

Programs for 60 social workers of the locality and the parents of the mentally retarded children. The President and the club workers also participated in the training program and also provided some equipment to the school. **Bandipur Picnic Program:** A nice family picnic program was arranged at Bandipur, Tanahu in the month of October. And all the family members and their children very eagerly participated in the Mentally Retarded Awareness Training Program for 40 mentally retarded persons in Bandipur, which was jointly organized by AWMR – Association for the Welfare of Mentally Retarded persons and the Rotary Club of Patan. As that day also happened to be the Polio Plus Day, NID, all the members of the club actively participated in the Polio Plus Program in the different remote villages of that district.

The President and other members of the club also participated and donated blood in the Blood Donation Program at the Orthopathic Hospital at Jorpati and a total of 56 pints of blood were collected on that day.

Paropakar Orphange Project: This project funded by the Rotary Club of Bellevue, Rotary District 5030, Washington, USA for the benefit of Paropakar Orphange of Nepal through Nepalese Youth Opportunity Foundation (NYOF) is due for completion by the end of May 2000. The different varieties of essential goods for orphans amounting to Rs. 8,86235/- have already been distributed among them.

Apanga Nava Jeevan Kendra Project: The fund for this project have been received and deposited in the account of Rotary Club of Patan and with that fund all necessary items have already been procured and also delivered to the Kendra.

Sathi Project: With the available fund of the project, all the necessary items have been procured and also delivered to them in a simple hand over ceremony attended by the President of our club.

Senior Citizen's Home: The first phase construction of civil work for 16 rooms of senior citizens home at Godawari is almost completed. And for the second phase construction work program, attempts are being made seriously to raise additional fund from Germany. And a

very nice brochure of the project has already been printed and also distributed to foreign nationals.

Orthopathic Hospital: Our 20 beds Orthopathic Hospital at Jorpati is running very efficiently and for the sake of constructing additional 30 beds. Our club have already prepared necessary documents and dispatched them to get Matching Grants Fund from Belgium.

Bhaktapur Cancer Care Hospital: Our club is also supporting continuously for the smooth running of the hospital and are also approaching other club members to help in this project. It also has been already approved.

Patan Hospital Project: For the physical development of Patan Hospital, attempts have already been made to obtain a Matching Grant with Rotary International.

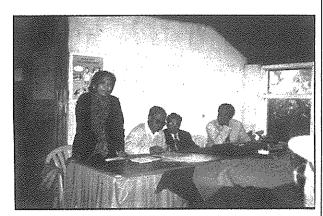
Litaracy Program: This club has been maintaining an Education Fund for Scholarship since long time. And it has been providing scholarship for unprivileged poor students from backward villages. New donors for this Education Fund are coming forwarded to contribute more funds in order to accommodate more new poor students. At present the club is providing scholarship for 122 students, whose economic condition is very very poor to continue their education. The club also is planning to use this fund on community based education.

CLE Program: In order to promote CLE program in Nepal, the 1st All Nepal Rotary National Presidents Meeting was conducted by this club at Hotel Narayani. And at the same time under the initiation of our Past President CLE National Work-shop program took place at Hotel Blue Star recently with good numbers of participants both from the government agency and International organization in order to promote this program in the national level.

INTERNATIONAL SERVICE

- A. The Rotary Club of Patan has supported in all the NID Polio Plus Program very actively by its members.
- B. In the recently conducted District Assembly, a very good members of our club have actively participated.

 And our club have been able to receive a good number of awards in the Assembly.
- C. Our club also has been awarded the Presidential Citation Award.



President Kamal Nyachhyon at Mental Retardation Program



Best Wishes

from

Rtn. Matsyendra Lal Kayastha



Mr. & Mrs. M. L. Kayastha & Associates

Architects, Engineers, Designers & Planners MLK Building, Kandevtasthan, Kupandole, Lalitpur-10, Nepal

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DEVELOPMENT

Properties



REPORT ON CLUB SERVICE



Rín. Gyanu Raj Shakya Club Service Director

It is indeed great pleasure to present this report of Club Service as a Club Service Director of Rotary Club of Patan. Club Service Avenue is very important in Rotary. I am very happy that this year the entire club member had co-operated me to run our club meetings smoothly. So I thanked all the club members for their support. The report of the Club Service is as fellows:

Club Program and Meeting

The Rotary year starts from 1st July 1999 – 30th June 2000. During this period we had published two six monthly calendars. We have performed following activities during



3 month infant during the Polio Plus Immunization Day

this Rotary year.

- * 12 Businesses meetings
- * 12 Board Meetings
- * 12 Classification Talk for the club members and
- * 20 Talk programs form various personalities from different walks of life. The Speakers in the talk program are shown in the table at the bottom.

Fellowship & Attendance

This year we had very good fellowship among the fellow Rotarians and the attendance of our club member are quite encouraging expect 4 members. The total attendance of the club is 76.56%. This year 15 members of this club had secured 100% attendance in the Rotary year 1999-2000. I must congratulate them and wish them to retain this attendance in the next year also. The list of securing 100% attendance are as follows:

- 1. P.P Bijaya Bahadur Bajracharya
- 2. P.P Tulasi Neupane
- 3. P.P Rabendra.Raj Pandey
- 4. P.P Tirtha Man Shakya
- 5. President Kamal Bdr. Nyachhon
- 6. Rtn. Kamal Mani Dixit
- 7. Rtn. Chandra Sekhar Gyawali
- 8. Rtn. Shiva Bhakta Rajbhandari

NAME OF THE SPEAKER

- 1. Mr. Kaji Sherpa
- 2. Mrs. Ambica Shrestha Chairman of NATA
- 3. Rtn. Keshav Mathema
- 4. Mr. P.R. Pandey CEO of Nepal Tourism Board
- Mr. Kanak Mani Dixit Editor of Himal Magazine
- 3. Father Larewence Maniyar Principal of St Xavier
- 7. Dr. Sarbotam Shrestha Neurologist
- 8. Mr. John Parry Williams
- 9. Mr. Bijaya Bahadur Shrestha President of CAN
- 10. D.S.P. Bigyan Sharma of Lalitpur S.P. Officer
- 11. Hon. Thai Ambassador Precha Pitisant
- 12. Dr. Yogi Bikashananda Reiki Master
- 13. Rtn. Tirtha Man Shakya D.D.R. of Rotaract. Club
- 14. Mr. James Tomecko Team Leader of GTZ ,PSPP
- 15. Dr. Jwala Raj Pandey
- 16. Mr. Ram Chandra Pokharel
- 17. Dr. Sumi Shrestha

SUBJECT OF THE TALK

Everest Expedition

Involvement in Tourism

Working in China

Tourism in Nepal

Journalism

Education

Neurological disease and it prevention

Role of Save the Children in Nepal

Information Technology

Police Security in Patan

Nepal- Thai Relation

Reiki and Yoga

Development of Rotaract Club

Business promotion

Medicine and Meditation

Rotary Experience in USA

Dental Problem



Participants from Rotary Club of Patan at Polio Plus Program at Bandipur

- 9. Rtn. Pushkar Man Shakya
- 10. Rtn. Shanta Kumar Shrestha
- 11. Rtn. Ram Singh Thapa
- 12. Rtn. Yagya Bahadur Shrestha
- 13. Rtn. Gyanu Raj Shakya
- 14. PP. Rtn. Bishnu Prasad Dhital
- 15. Rtn. Gunesh Raj Shrestah

Membership Extension

This year we are glad to welcome Rtn Bhim Bahadur Kshetry with classification food supply management Rtn. Jamuna Krishna Tamarakar with Forestry and Rtn. Sharda Prasai with travel trade as our new members.

In the mean time we are very much dishearten with the demise of our P.P. Rtn. P.P. Prasai. Mr Prasai was a very dedicated Rotarian in our club. He had contributed a lot in the field of Educational Scholarship Fund. So in his memory we Rotarians had named the scholarship fund as Rtn. Prajapati Prasai Scholarship Fund

Club Seminar

It is fact that transparency is very important in all activities projected by the club. This time we have organized a Club Seminar on the "Project of Old Citizen Home" which was in a confusion stage. In this program Rtn. Narayan Govida Halwai, Rtn. P.P Prasai had shed light on its plan and project and its Technical matter Rtn. Chiranjibi Acharya and Rtn. Ram Singh Thapa where as had cleared about its financial matter. Likewise Rtn. Tulasi Neupane submitted its future plan and its Management and Rtn. M.L. Kayastha has reported its up to date development and its technical problems. Rtn. Tirtha Man Shakya and President Kamal Nyachhon summed up the program.

Club Bulletin/Magazine & Rotary month

Our Club bulletin **LALITDHARA** has been publishing regularly with the help of its editor Senior Rtn. Kamal Mani Dixit. I am very much obliged for his contribution.

In the Rotary year different months has been specified to perform specific Service Avenue programs.

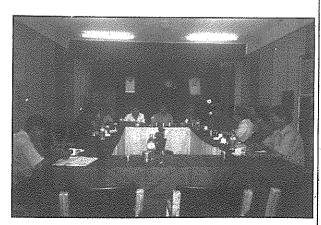
- August is the month of membership extension. In Last August we have decided to enroll Mr. Bhim Bahadur Kshetry as our new member.
- In October the "month of vocational service" We have lunched a vocational awareness-training program for the Mental Retardation person in Bandipur, which was jointly organized with Association for the Welfare of Mentally Retarded (AWMR) and Rotary Club of Patan.
- On the occasion of Rotaract week on 13th March DDR of Rotaract P.P Rtn. Tirtha Man Shakya had given keynote speech on Rotaract in our club.
- And finally in April we are going to celebrate Magazine month with forming a Souvenir Publication committee for the 15th Installation Ceremony, which is approaching very near.

Rotarian Picnic

This year we had a wonderful time in Bandipur in last October. Our club member Rtn. Shanta Kumar had hosted a unforgettable picnic is his Bandipur Resort at Bandipur District. All the member of the club had enjoyed very much in that picnic and we are very much encourage with his hospitality. I thank on behalf of all the Rotarians to Rtn. Shanta Kumar and Anna Nirmala Shrestha for hosting a wonderful Picnic.

COTS Meeting:

The first Club Officers Training Seminar (COTS) of this club has been held on 5th June 2000. The Incoming and out going President, Secretary, Directors and the committee chairmans had interestingly participated in that Seminar. Rtn. Tika Man Vaidya, DS Rtn. Mani Dhoj Joshi, PP. Rtn. Sagar Rana, PP Rtn. Giridhar Lal Manandhar and ADG. given fruitful training on International, club service, community and vocational Avenue. The stationary for the Seminar was sponsor by Vision Tours & Travels.



Board Meeting of Rotary Club of Patan





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Best Wishes
for the grand success
of
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on the
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VOCATIONAL REPORT



Rtn. Ganesh R. Shrestha Vocational Director

Among the four avenues for the Rotary International, "Vocational Service is the way Rotary fosters and supports the application of the ideal of services in the pursuit of all Vocations."

On the 14th Installation Ceremony of Rotary Club of Patan, Miss Surya Bajracharya was awarded Vocational Award of Rs. 5,000/- also with a Certificate of Appreciation for the upliftment of stone carving. Similarly, this year we are awarding the Vocational Award to Mr. Raju Babu Shakya (SARAB) a dedicated artist and cartoonist.

Under the financial support from the Rotary Club of Bellevue, America, our club has distributed the amount of Rs. 1,84,000 for different kind of materials like Wheel Chairs, Color Television, Fridge, Gas Stoves & Cylinder, Water Filters, Kitchen Cabinets, Kitchen Utensils and so on to "Disabled Newlife Center" and "Sathi". From this fund, the club has also provided Rs. 10,000/- to the newly opened Mentally Retarded Training School at Bandipur,

Tanau District and Rs. 6,000/- to Niten Nicketan School. The above fund was received with the outstanding support of our fellow Rtn. R.R. Pandey.

At Nepal Optical Industries in Patan Industrial Estate, two girls completed 6 months training course of Power Glass Making. They were employed as permanent staff at the same industry. Likewise, some women were undertaking training of Stone Carving at the residence of Miss Surya Bajracharya. In coming year too, the club has arranged regular training programs for Star Hotel Cook, Jungle Safari Guide and Handicraft Training. The training programs will be conducted with help from our fellow Rtn. Chandra Shekar Gyawali, Rtn. Santa Kumar Shrestha and some industrialists of Patan Industrial Estate. For this ongoing training, the club has already published advertisement in the National Dailies and interview will be followed accordingly. The successful candidates will be arranged for immediate training in the respective fields.

CREATE AWARENESS

IN YOUR CLUB

Create awareness of the need for membership development and retention to keep your club strong Take Acton by:

- * Offering more interesting club programs and speakers that members will want to attend every meeting.
- * Promoting your club's service projects and achievements in the media.
- * Organizing seminars on the benefits of Rotary membership for prospective members .
- * Holding a meeting dedicated to telling members about resource available from RI.
- * Ensuring all races and ethic groups in your community are represented in your club.

Seeking assistance from RI Committees and Take Forces.

YOUR COMMUNITY

Create Awareness of the most urgent concerns in your community and take action by:

- * Addressing world population concern through education programs for girls and women.
- * Helping people with disabilities find jobs

- * Reducing crime and preventing violence
- * Feeding the hungry
- * Partnering with other organizations at the club and district level to expand your service capacity.

IN OUR WORLD

Create Awareness of urgent needs in places far from home and take Action to meet them by:

- * Assisting in polio Plus efforts
- * Carrying out a world community service project to promote literacy, clean water or low cost shelters and address other critical concerns such as avoidable blindness and alleviation of hunger .
- * Working to eliminate poverty in the developing word through village banking and others programs that assist women.
- * Applying for a Rotary foundation humanitarian grant to expands the scope of these projects.
- * Assisting with disaster relief wherever it is most needed.
- * Partnering with other organizations for service projects in others countries.

TAKE ACTION





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THE SCHOLARSHIP PROGRAMME OF THE ROTARY CLUB OF PATAN: A DECADE IN REVIEW



Rtn. Bihari Krishna Shrestha Chairman, Scholarship Fund Management Committee

GENESIS:

It was back in 1989 when the idea of a scholarship fund was first mooted in the Rotary Club of Patan and was given a concrete shape instantly by the donation of 10,000 rupees by a visiting Rotarian from USA, Tulsi Maharjan, which was supplemented by more contributions from a number of Club members at the time. For reasons of sustainability the Club decided to use only the interest proceeds of the fund as scholarship grants. With each passing month the Club mobilized more contributions to make about 8,000 rupees in annual interest earnings with which it launched a modest scholarship program in 1992. Since the education was already tuition-free upto grade V in the schools, scholarship grants were seen more as a relief for meeting the cost of tuition. A monthly grant of 100 rupees per student was given directly to ten students of grade VI who was recommended by the headmasters based on the following criteria: orphaned, students likely to drop out due to inability to pay monthly tuition, low income or large household, and those defaulting on monthly tuition. It was also provided that the grant would be discontinued in case the recipients failed in the graduate.

OBJECTIVES OF THE SCHOLARSHIP PROGRAMME

The overall objective of the Scholarship program, also known as the Education Endowment of the Rotary Club of Patan, as laid down at the time of its initiation, is to provide "education to those needy girls and boys belonging to the economically impoverished stratum of our society". In specific terms, it is designed to support the poor students from public schools studying in primary, lower secondary and secondary grades "whose education is likely to be discontinued due to their inability to afford school fees, school dress, books and stationery".

MANAGEMENT OF THE SCHOLARSHIP FUND

Due to the logistical difficulty in making regular and uninterrupted payments to the students personally, the scholarship money was later channeled through the concerned head teachers in two six monthly installments every year. The headmasters were invited to visit the Rotary Club and pick up the grant on behalf of the awardees. However, a later investigation revealed that in a few cases, the teachers continued to draw the money

even when the intended recipients had failed in the exams. or were already married away (in case of girls). In still other cases, the designated recipients did not even know that scholarship money was being drawn on their behalf. In order to overcome these problems, the Scholarship Committee members took it upon themselves to personally distribute the money to the awardees. But that too was fraught with problems, because the members could not make it on time. As still another solution to this nagging problem, Late Rotarian Prajapati Prasai who very ably headed the scholarship programme for many years until his tragic death in 1999, specially deputed an employee of his own firm to personally distribute the money to the grantees whose number was steadily increasing and who came from schools far and near in Lalitpur district. The Scholarship Fund Management Committee has since been reshuffled and is currently composed of six members namely, Rtns. C. Acharya, Rtn.N G Halwai, Rtn. SB Rajbhandari, Rtn. Renu Shrestha, Rtn. BK Shrestha and Immediate Past President of Inner Wheel, M. Rajkarnikar.

CURRENT STATUS OF THE SCHOLARSHIP PROGRAMME

Altogether, a total of 122 students (female 71 and male 51) from 26 schools in Lalitpur district have been registered with the Scholarship Fund. The data on the grantees are in the process of being updated and refined with the help of the concerned schools. Of the grantees, only 112 are specifically identified and are studying in various grades in the following numbers:

Grade	Number of students
4	5
5	6
6	10
7	20
8	21
9	18
10	32
	Total: 112



Thus, most of the scholarship recipients come from the lower secondary and secondary grades than from the primary level.

Financial position: The financial position of the Scholarship Fund as of end of 2056, the banks in which the scholarship money is deposited, the rate of interest of each banking institution and the estimated interest income per year are given in the following table.

Table 1: Bank deposits and estimated interest accrual, 2056

Bank	Amount Deposited	Rate % Interest	Annual Income
ADB/N	1106000	9.25	102305
Himalayan Bank	200000	10	20000
Nepal Bank	61500	11	6765
Lalitpur Finance	<u>2,83,415</u>	15	<u>42512</u>
Total:	16,50,915		1,71,582

As seen in the above table, the total sum of money in the banks amounted to Rs. 16,50,915 by the end of 2056 and the estimated annual interest income available for distribution as scholarship grants amounted to Rs. 1,71,582.

While the Scholarship Fund Management Committee is in the process of reviewing its policies and priorities for scholarship grants for the years ahead, it has nonetheless decided that the current recipients will continue to get it until they pass the SLC examination. Thus, with each passing year, even with the present resources of the Fund, there will money available for awarding scholarship grants to new recipients. The following table shows the amount of money needed for each year until the last of the current recipients' graduate from the secondary schools and the amount of money available for new grantees.

Table 2: Money needed for each year for the next seven years and the amount of scholarship grants available for new recipients

Y	ears 1	2	3	4	5	6	7
Amt. needed (in 00 rups) Amt. available	1356	936	744	492	240	132	72
for new grants (in 00 rups)	36	77	97	122	148	158	164

According to the current financial position of the Fund, the RCP will continue to be in position to give scholarship grants to around one hundred and twenty five students each year at the current rate of 100 rupees per student per

month.

DONORS

Currently, there are two sets of donors who have generously contributed to the seed capital of the Scholarship Fund. It so happens that the contributions to the Fund are tied to specific students in various schools. The progress reports of the students are sent to the individual sponsors every year. Some foreign donors often correspond directly with their awarded students who also receive gifts occasionally from them such as clothing's and cash expenses. The list of the donors and the number of students supported by their donations are as the following:

DONORS SUPPORTED		MBER OF UDENTS
NEPALI DONORS		
Rotary Club of Patan, Education Fund	_	21
Rotary Club of Patan, Sunshine Fund	-	1
Member of Patan Rotary Club	-	2
Rtn. Kamal Mani Dixit	-	1
Rtn. Narayan Govind Halwai	-	4
Rtn. ML Kayastha,Kupandol	-	2
Rtn. Kamal Bahadur Nyachhyon, Lalitpur	_	1
Rtn. RR Panday	-	1
Rtn. Ganesh Raj Shrestha	-	1
Rtn. Moti Lal Silpakar	-	1
TOTAL:	•	35
FOREIGN DONORS		
Mr. Georges Andre Coeniet, Switzerland	-	31
Nr. Andre Gizzioz, Switzerland	-	37
Ms. Rita Jeterweber, Switzerland	-	1
Ms. Veera & Mr. C. Trachaz, Switzerland	-	11
Mr. Patric and Mrs. Martine, Belgium	_	2
Mrs. Ines Ramaut, Belgium	-	2
Mr. Shiyokaju Netsu, Japan	_	1
Mr. Mora Muto, Japan	-	1
Rtn. TR Maharjan, USA	-	1
TOTAL	•	87
ALL TOTAL	•	122

REVIEW OF THE PERFORMANCE OF THE SCHOLARSHIPPROGRAMME

Since the scholarship program of the Club has been a decade old, the new management deemed it desirable to review its performance to find out if the poor children are really being benefited in terms of access to school education which otherwise would have been denied to them. The Committee decided to hold participatory review



meetings in different schools in the district. One such review meeting was held in Imadol highschool on Fagun 13, 2056 and was participated by 3 teachers including the headmaster from Mahendra Adarsha Madhyamik Vidyalaya of Imadol, three grantee students, a few guardians, the VDC President and a ward member of Tikathali and 3 teachers including the headmaster from Mahendragram Madhyamik Vidyalaya from Tikathali. The meeting made the following observations and recommended for the continuation of the scholarship program with improvements in the future.

The criticisms of the scholarship program include the fact that 100 rupees a month is too little. Besides, the amount of grant is the same for awardees of all grades. It was suggested that the grants should be larger for highergrade students. However, the most severe criticism has been that since the grants are generally given during midway into the academic year, they have mostly helped the guardians to meet their domestic expenses more than the education-related needs of the grantees. Besides, the grant is given to the children themselves, and the chances of their misuse cannot be ruled out. It was also observed that the awardees generally suffer from a sense of inferiority complex in relation to other students at having to benefit from the scholarship grants intended for the poor. And some irregularity in the payment of grants was also reported.

Suggestions for improvement included the following:

- * The grant should be given in one single installment at the beginning of the academic year to help the poor children pay for the admission fee (500 rupees on the average) and to meet other expenses such as dresses, notebooks, exam fee (50 rupees each for three exams in a year, and school dress appx. 1500 rupees). It was noted that on average, it costs about 3000 rupees a year to keep a child in school.
- * The money should be given directly to the guardian.
- * There should be a committee of teachers to manage the grants in the schools so that it becomes a more transparent and objective exercise and prevents the possibility of afno manchhe being recommended for the grant.
- * Possibilities should also be explored for giving grants in kind such as dresses, books, etc. to ensure their proper use.
- * The program should aim at increasing the amount of scholarship available to the students so that it is sufficient to cover all the school-related expenses of the awardees. If necessary, the Rotary Club should

- consider decreasing the number of awardees so that the amount of grant to the remaining recipients could be increased.
- * The criteria for the selection of the awardees should emphasize not only their poverty status but also their academic performance to make the scholarship more prestigious for winners.
- * The program should be regularly monitored, and, if necessary, the Club should set aside part of the Fund for this purpose.
- * The grant should give higher priority for the girls.

The meeting also addressed the issue of out-of-school children who either never enrolled or had to drop out due to economic hardships. It was widely felt that the priority of the scholarship fund should go to such children. It was observed by the teachers that the problem of the children already in school is less acute because their parents are already determined to meet the cost of their schooling and obviously have the means to do so. Therefore, the priority should go to those school age children who are currently out of school. It was further observed that while there are few out-of-school children in places like Imadol close to urban areas, in farther off places like Tikathali (pop. 6000), there are about 5 percent of boys and 20 percent of girls not in school due to poverty. In Tikathali, about one third of its population are Dalits and their children are the ones most likely to be out of school. There are also instances such as in Malta and Pyutar in the interior regions of Lalitpur district where children are enrolled in school but work in the carpet factories. Their names are retained in the schools to protect the number of teacher positions in the school, which is based on maintaining a certain of pupil-teacher ratio. During the course of the Imadol meeting, the President of Tikathali VDC, Mr. Rajkumar Silwal, even offered to run a joint program with the RCP aimed at enrolling the out-of-school children in his area.

In the meantime, the attention of the Scholarship Connmittee was drawn to more disconcerting information on the state of education in Nepal. The Basic and Primary Education Plan prepared by the District Education Office of Lalitpur in 2056 reported that the proportion of students who completed grade V was only 30.5% of the total number of those initially enrolled in grade. I. A very large proportion of 69.5%, therefore, either dropped out or was left to repeat the classes. In addition, this figure did not include the children who were never enrolled in school. Furthermore, a different study (Bishnu Thapa of DEO, 1999) found that 74 of the 100 students who dropped out were girls; 68 of the 74 dropped out at the primary level; and that 61 of the 68 were girls. Therefore, it was quite obvious that the



problem of access to education was quite acute at the primary level and that it was more so for the girl children. Eighteen of the twenty five principals of the schools interviewed for the study cited poverty as the main reason for student dropout. This further showed that it was mostly the school age girls who bore the major brunt of poverty when it came to, access to school education.

In terms of benefits of investment in education to households at different economic statuses, a recent World Bank analysis (Brajesh Pant, 2000, World Bank/Nepal) concluded "the benefits of public spending on education accrues unequally to students at higher levels of education and to students from wealthier families. For every 100 Nepalese rupees spent on primary education, roughly 20 goes to each quintile of household income levels. However, for each level of education the gap in participation rates and benefits of public spending widens. Participation in secondary level education is 5 percent from the poorest quintile, 16 percent from middle quintile, and 44 percent from the richest quintile. Secondary level subsidies benefit the better off more than the poor. For 100 rupees spent on this level, only 5 goes to the poorest 20 percent of population while 44 goes to the richest 20 percent of population." In other words, it is the relatively richer in society who get to access the secondary education and benefit disproportionately from government spending for it. The poorest are the most disadvantaged and have only nominal access to secondary education.

All these findings force the conclusions that the primary education deserves special attention and investment and that lack of access to school education, particularly of the girl children, derive directly from their state of being poor. This conclusion has immense implications for the objectives of the RCP Scholarship Programme which, as stated above, is mandated to contribute to the education of" those needy girls and boys belonging to the economically impoverished stratum of our society".

MEASURES FOR IMPROVEMENT

The Scholarship Committee in its November 15, 1999 meeting decided to continue the grants to the present recipients of all grades until they go on to pass the SLC examination without interruptions of failure or dropout from school. Departing from the earlier practice, it also decided to provide the scholarship grant of the whole year in one installment at the beginning of the academic year so that the money could be used for education-related purposes only. In order to ensure this condition, the concerned schools have been asked to form a committee of teachers

for overseeing the payment and use of the grants. Responses are beginning to trickle in from the schools.

Regarding the identification of new recipients for the scholarship grant, the Committee decided to explore the possibility of using the fund resources to attract out-ofschool children, particularly girl children, to schools and promote 100 percent enrollment of all school age children in the communities. Following the Imadol meeting of Fagun 3, 2056 mentioned above, the Committee decided to launch collaborative programs in cooperation with the local VDCs. The Committee recognized that such an approach would have many advantages. Firstly, local resources would be mobilized for helping poor children to go to school, thus augmenting resources available for poor children's education. Secondly, it would also have replication value potentially, because more VDCs might want to launch such programs. Thirdly, it is likely to make the scholarship program more effective, because of the increased role and interest of the VDC leadership in implementing the program.

The Scholarship Committee is already in communication with three VDCs in this respect namely, Tikathali, Dukuchhap and Chhampi. A survey form has been designed and some 100 copies of it have been sent to Tikathali VDC for undertaking a baseline survey in at least one ward in the VDC in preparation for designing and implementing the school enrollment program there. Similarly, the Chhampi VDC too, in a different meeting, has expressed its willingness to implement such a cooperative program in its wards where people are mostly poor. Its 2056/57-budget even includes an allocation of 20,000 rupees for "educational purposes". The VDC has indicated that this money could be used for implementing a joint program with the Rotary Club of Patan in promoting the access of poor people to education in the VDC.

The Committee hopes that it would be able to implement such programs based on community and school participation for enhancing the enrollment of more poor children in schools and retaining them there. In this connection, a conceptual framework of Push and Pull factors guides the Committee. The Push Factor has to do with enhancing the interest of the community to educate their children and promoting a norm for all parents to send their school age children to school. The Pull Factor on the one hand has it that the local public schools should run more interesting educational programs so as to make the children more attracted to go to school regularly.





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IMPORTANCE OF ORAL HEALTH AND ITS MAINTANENCE



Dr. Sumi Shrestha

The essentiality of oral health and its maintenance has been of prime concern to mankind from last century onwards. Over these years, there has been a vast turnover in the dental field where people have become more aware of the dental heath.

The oral cavity (ie. The mouth) plays an important role as a biological indicator of the health status of an individual right from birth till the last sign of departure from earth. Above, all it helps in mastication by means of teeth, swallowing and speech by means of tongue, thus establishing communication with the external environment. However, mankind has taken this cavity for granted and has subjected it to various insults like tobacco chewing, alcohol, pan, betel nut etc. leaving behind an "anoxious" imprint on the delicate tissue which in turn leads to a range of disease which may be harmful to the body.

Studies have been proved that 40% of all cancer in South Asia are oral cancer of which 25 – 30% are found to occur in Nepal while only 3% of less are seen in Europe and USA. The vast difference is due to increase use of the products like tobacco, pan, betel nut more in Nepal. These products when used for a long span of time causes pre cancerous lesions and if not treated in time may lead to permanent damage to the oral tissue.

Before, emphasizing on the mode of maintenance of oral health, a short outline on the oral cavity and the structures within it.

The oral cavity consist of the teeth, gums, bone supporting the teeth, tongue and the palate.

The tooth is an important component of the mouth which helps in mastication, speech and esthetics. It comprises of 3 layers:-

Outer layer: It is know as enamel which is seen above the gum and cementum seen below the gum. The enamel is the hardest tissue of the body.

Inner layer: It is known as dentine which protects the overlying enamel and is seen in both crown and root.

Inter most layer: Known as the pulp and is the most vital part of the tooth as it consist of the nerves and blood vessels. Thus, the whole tooth depends on the pulp for its nutrition.

The tooth are of two types:

- 1. Milk teeth which is known as the deciduous teeth.
- 2. Adult teeth which is known as the permanent teeth. The milk teeth are the teeth that are formed from the time of birth and falls off between the ages of 6 − 13 years The importance of milk teeth is it forms pathway for the eruption of the permanent teeth. Thus early extraction of milk teeth will hamper the eruption of



permanent teeth. Similarly, if the milk teeth is infected and not treated in time this in turn will effect the underlying permanent teeth. Hence, it is essential to take good care of the milk teeth as well.

What is tooth decay/caries?

Decay of tooth is caused when food particles mainly the sugary food gets stuck on the tooth surface and if not removed are turned into acids by bacterial present in the mouth leading to demineralisation and destruction of the tooth structure. Tooth decay follows different stages.

- Initial/Incipient decay that is decay of the tooth structure without involving the pulp. This decay can be prevented from spreading further by removing the caries/decay and cementing it.
- Deep decay that is decay which stimulates the nerve in the pulp leading to server pain and sometimes leading to pus discharge. For this root canal treatment that is filling up to the root apex has to be done.

If tooth resulting in such condition is not treated in time might later result to ever condition like abscess formation which may lead to swelling of the face and unfortunately inability to open the mouth. Therefore, it is important and a must to restore the tooth in time.

Why does bleeding of gums and tooth mobility occur? Gums are the tissue that supports the bone which holds the tooth. If the long standing food debris collected over the tooth surface and gums are not removed in time, it initiates infection of the gums followed by bleeding further leading to swelling of gums and thereby causing resorption of the underlying bone supporting the tooth as well as mobility of the tooth.

Just as a car needs servicing for its smooth function so does our mouth deserves a regular wash and maintenance, polish and check up. Hence, it is advisable to undergo scaling that is cleaning of the teeth every six months.

Majority of people in Nepal have the misconception that the tooth becomes mobile after undergoing scaling. This is a false conception because a tooth which is held only by tartar along with resorption of bone will become mobile after the tartar is removed. Because it is the tartar that cause resorption of bone. But if in time the debris is removed, the mobility of the tooth can be reduced.

In addition bad breath is also caused by accumulation of food debris trapped in the mouth leading to foul small similar to rotten food kept in closed kitchen for days. Thus, scaling that is cleaning of the oral cavity is very necessary to obtain a healthy condition. In addition brushing twice daily for 3 – 4 minutes with fluoridated toothpaste and visiting the dentist every six months for routine dental checkup.

Depending on the different structures of the oral cavity and its maintenance dentistry is divided into 8 branches.

- 1. Oral medicine and radiology
- 2. Conservative / Endodontics
- 3. Periodontics
- 4. Pedodontic
- 5. Prosthodentics
- 6. Orthodontics
- 7. Oral and maxillofacial surgery
- 8. Oral pathology.

Therefore, as a recognition of Oral Health as an important component of Primary Health Care has now been realized in our country, Nepal even though is just passing through its infancy, a great amount of work is to be done to bring it at par with the rest of the world. This can be brought about by providing adequate knowledge to all people about oral health and its maintenance to be able to make "health choices the easy choices."





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PUBLIC SECTOR INVOLVEMENT IN FOOD DISTRIBUTION IN NEPAL



Rtn. Bhim Bahadur Kshetry Treasurer

Background:

Food is an element of basic human need. Right to an adequate quality food or rather nutritious diet is now considered as an element of basic Human Right. But on the other side we are also accustomed to seeing and hearing the people suffering from hunger, malnutrition and disease particularly in the less developed countries. The problem of hunger and malnutrition or under nutrition in the poorer countries are more sever and painful. It has ill effect on human growth, reproduction, health and over all quality of live. The loss of this human potential has social and economic consequences that no country can tolerate. Development of developing or less developed countries are much harmed due to lack of this potential human resource.

The problems of hunger and malnutrition vary widely both in their severity and in their root cause from region and country to country. The problem is more pronounced and heavier in the rural areas than in the rich urban.

Food is not only an economic goods but it has also political and security dimension. It is in this aspect of political and security dimension that had surpassed economic value. Hence self sufficiency in food production for food security or to supply adequate amount of food to feed the populace has become the national priority and national policy objective of many countries. There has been significant improvement in the production as well as supplies of food in the world. But despite of this significant improvement in the supplies of food in the world it is said that about 15 - 20 percent of world people still do not have sufficient food to lead a healthy and productive life. While the problem of malnutrition may be the effect of incorrect diet and unsafe food in the richer countries it is mainly the effect of non-availability or not access to adequate food in the poor countries. The root cause of malnutrition and hunger in the poorer countries is their poverty.

Self sufficiency in food production or enough food is not sufficient to guarantee food security, not every one has access to adequate food at all times, the basic requirement for food security. A host of pathetic factors that influence food insecurity may include, political stability, civic strife or social unrest, poorly developed marketing, storage and distribution system or inadequate transport facility. But access to a nutritious diet is not merely a matter of increasing over all food supplies nor it is only a question of transportation and distribution, often food may not be available to every one. Because they lack purchasing power to buy or they can't buy food because of high food price. In such a situation a segment of the low income group become chronically food insecure in the sense that it lacks the means to secure an adequate diet/food. This vulnerable group is in need of special and continuous support by the state. It is a question of equity and social justice which the state must take responsibility.

History of Public Distribution of foodgrain in Nepal:

Different agencies under different names in different period of time were established for the public distribution of foodgrain in Nepal. Historically it can be traced back to the rule of the then Prime Minister Jang Bahadur Rana. A rationing godown popularly known as Rashad godown was established in Thapathali, Kathmandu. The paddy collected in the form of land revenue was milled and the rice thus produced used to distribute a specified quantity to army and civil servant.

The great earthquake disaster that hit Kathmandu valley in 1933 (B.S. 1990) further made the government involve to supply foodgrain distribution for earthquake victimized people. There was a big shortage of foodgrain then. Foodgrain procured from the Terai regions was supplied to Kathmandu valley.

A brief history of public sector involvement in foodgrain distribution can be summarized as under:

- In 1946 Department of Paddy Milling and sales called Dhan Kutani Bikri Bibhag under the then Prime Minister Juddha Samsher Jang Bahadur Rana was set-up with an objective of securing supplies of foodgrain to army and civil servant in Kathmandu. Food Commission/Council called Khadya Parishad was also created to provide policy guidance. The paddy procured under Beghati system (a kind of levy) in Terai was dispatched to Kathmandu and was supplied to army, public employee and other general consumer in Kathmandu under coupon system.
- In 1951 Regional Food Control Offices or Pradesik Khadya Niynatran Karyalaya for supplying foodgrain in Kathmandu and Department of Food or Khadya Bibhag to provide policy guidance and co-ordination of regional offices activity were created.
- In 1957 The Department of Food and Pradesik Khadya Niyantran Karyalaya (Regional Food Control Office) were amalgamated into a Food Office which was later on divided into the Khadya Sanchaya and Bikri Bitaran Phant (Food Storage and Distribution Branch) and Department of Food.
- In 1962 Valley Food Management Committee or Upateka Khadyanna Bandobasta Samiti was created to give attention to Kathmandu Valley.



- In 1965 Following an acute shortage of foodgrain in Kathmandu Valley and with a view to systematize food procurement and Public distribution a Food Management Corporation (FMC) under the chairmanship of the then Bagmati Zonal Commissioner was established.
- In 1966 Established Agriculture Supply Corporation (ASC) Krisi Supply Sansthan to handle agricultural input.
- In 1972 A serious femine occurred all over the country in 1972, necessitated to established Agriculture Marketing Corporation (AMC) Krishi Kharid Bikri Sansthan by amalgamating FMC and ASC.

 The organization was entrusted with the responsibility of carrying out national foodgrain policy with policy guidelines like stabilization of foodgrain price, supply of foodgrain in food deficit district and sale at fair price, and co-ordination of input and out put under a single management.
- In 1974 In view of the food deficit situation in the hills and mountains and ever increasing demand of food grains, need of a single specialized organization taking care of food supply and handling was realized as such the govt. splitted AMC into Nepal Food Corporation (NFC) and Agriculture Input Corporation under the Corporation Act of 1964.

The main objectives of Nepal Food Corporation:

- 1. Procure foodgrain from foodgrain surplus regions of Terai zone and Supply at fair price in food deficit inaccessible area specially remote hills and mountains.
- 2. To arrange marketing of foodgrain with a view to uphold the welfare of the producer farmers by guaranteeing minimum support price as fixed by HMG.
- To implement the food policy of HMG effectively.

Nepal Food Corporation has to fulfill two conflicting interests one safeguard the interest of the consumer and at the same time protect the interest of the producer by ensuring reasonable price of the food produced by them.

Although public institution is engaged in food marketing and distribution private traders are not discouraged. The major parts of grains produced are traded in the private sector. Institutional handling of foodgrains amounts to little over 2% of the of the total production of foodgrain. In this respect foodgrain is almost under private sector trading in Nepal. Domestic procurement of foodgrain, external import and foreign Aid of foodgrain handled by NFC is shown below:

Table - I.

<u>Domestic Procurement, Import (Commercial) and Foreign Aid Cooperation.</u>

Quantity: M.T.

F.Y.	Domestic Procurement by NFC		Total	Import (External) Commercial by NFC	Foreign Aid/ grant handled by NFC		Total	
	Paddy	Rice	Wheat		Rice	Rice	Wheat	
1993/94							77.2344	
(050/51)	39631	25512	1375	65143	22336	17628		17628
1994/95								
(051/52)	5339	13799	1080	20218	Management	1877	2840	4717
1995/96								
(052/53)	40414	20659	1151	62224	55530	14209	5973	20182
1996/97								
(053/54)	31442	17912	12496	61850			3919	3919
1997/98								
(054/55)	16628	1715		18343		_	3933	3933
1998/99								5,00
(055/56)	4771	19442	·	24313	14517	_	24299	24299

The people in food deficit regions can not afford to buy foodgrain paying high cost of transportation. Because of too high transportation cost and too low purchasing capacity the private sector very shy to deal in the foodgrain business. Under this situation and the problem compounded by frequent occurring of national calamities and unfavourable weather condition like excess rain, hailstone, flood, landslide, drought etc., the food situation in those areas are very critical and vulnerable. The act of supplying food under this critical situation is a very challenging job. Under this circumstance it is the responsibility of the govt. to protect the disadvantaged people from hunger and death by supplying food at fair price. Hence the supply of foodgrains to vulnerable sections of society in deficit areas of the country at subsidized price has been a consistent and important feature of foodgrain policy of HMG/N.

Distribution of foodgrains in the hills and mountains often posed problem specially when it is highly subsidised. The ever



increasing demand of foodgrains has been often attributed to its low price beside discouraging the private dealer to supply. Keeping this situation in view, the HMG/N has adopted a policy to reduce the involvement of public sector, in the distribution of foodgrains and gradually reduce the subsidy in food supply. This however warranted a serious objective by local politicians. They argued that the rural poor are adversely affected by this policy.

Foodgrain Supplied by NFC in 38 food deficit Hills and Mountains and Its Cost of Transportation.

Table - II. Quantity in M.T. Cost in Rs. 000

Fiscal Year	1994/95	1995/96	1996/97	1997/98	1998/99
Foodgrains					
Supply quantity	14438	17370	15114	14000	17492
Cost of transportation	173800	185945	226819	267349	351460

Food Situation:

Food occupy a very significant role in the process of economic development of Nepal where a vast majority of people depend on agriculture largely foodgrain production as a sources of livelihood. Because the agriculture is the mainstay of Nepalese economy contributing about 42 percent of GDP and employing over 80 percent of the people, this sector accordingly has been accorded highest priority in term of investment under the development plans since the first development plan of 1956.

Nepal has completed eight successive development plan since 1956 and is currently running the third year of ninth five year plan. It is the development of this lead sector through which the ninth plan envisaged to reduce the poverty from the present level of 42 to 32 at the end of the plan period (1997 - 2002 B.C.).

To meet the increasing requirement of food for internal consumption so as to ensure food security in the country increase in the production of foodgrain has been given top priority in each plan though achieved a less satisfactory result. Despite the top priority received in term of resource allocation under the development plans, the productivity performance of this sector however remained poor and largely subsistence. Production of major crops have remained almost stagnant over the past decades. The yield of paddy and wheat which were higher than in other Asian countries in the early 1960 became lower than those countries by early 1990s. More than four decades of planned economic development endeavor with heavy emphasis and priority in the agriculture development Nepal's foodgrains production is falling short to feed her ever growing population. Food output or foodgrain growth rate in Nepal has not been keeping with the population growth rate. The per capita foodgrain production decreased from 367 Kg. in 1974/75 to 277 Kg. in 1991/92 (APP document). The production growth rate of foodgrain over the period 1980/81 to 1990/91 have been 2.30 percent per year, the popn growth rate for the same period is accounted for 2.5 percent per year resulting per capita foodgrain availability short fall by 0.2 percent (Food Security challenge where does Nepal Stands by G.P. Koirala & G.B. Thapa Published by Winrock International June 1997). The increase in foodgrain production was mainly due to expansion of land area under food crops rather than increase in productivity.

Nepal which was recognized as a foodgrain exporter during the eighties has lost its self sufficiency in foodgrain production and now become an importer. Nepal is presently at a cross road facing food security challenge at the national level in general and at the local level in specific. Food shortage specially in the remote hills and mountains became the persistent problem now in Nepal as indicated by the increasing demand of foodgrain in the regions. With the food balance sheet situation in Nepal (base year 1993/94) deficit by 138609 M.T. it has predicated the deficit as much as 257120 Mt. by the year 2002/2003 (SPFP/NEP 1450 Ministry of Agriculture SPIN Report No. Oct 1996).

Production of principal Food Crops from 1993/94 to 1998/99 is shows below : Table - III Production : 000 MT.							
Food Crops F/Y.	1993/94	1994/95	1995/96	1996/97	1997/98	1998/99	
Paddy	3493	2928	3579	3711	3641	3710	
Maize	1210	1273	1331	1317	1367	1346	
Wheat	873	914	1013	1072	1001	1086	
Barley	29	30	41	37	37	32	
Millet	274	268	282	289	285	291	
Total:	5879	5413	6246	6426	6331	6465	



Edible Cereal (Rice Barley Maize, Millet, Wheat) Production and Requirement in Nepal is shown below: Table-IV

Quantity: in M.T.

Fiscal Year	1991/92	1992/93	1993/94	1994/95	1995/96	1996/97	1997/98	1998/99
Production	3373448	3292126	3585112	3397760	3913878	3972587	4027348	4099597
Requirement	3561838	3633724	3723722	3882915	3948229	4079135	4198072	4285856
Balance	- 188390	- 341598	- 138610	- 485155	- 34351	- 106548	- 150729	- 1862
Source: 1) 2)	Statistical Information				. of Agri.			

In regard to the production and requirement of food there is a wide disparity among the ecological regions. The Terai regions comprising 23 percent of land and holding 47 percent of popn produce about 107 percent of its total requirement whereas the mountains and hills comprising 77 percent of physical land area and holding about 53 percent of total popn produce only about 70.5 percent of requirement leading to food deficit situation in the hills and mountains and surplus production in the Terai region. Hence food has to be moved from the food surplus Terai regions to food deficit hill and mountain regions.

Beltwise food (Rice, Maize, Wheat, Barley and Millet) Balance sheet in edible form is given in table below:

Table - V. Fiscal year 1994/95

Belt	Area Sq.Km.	Popn (Edible)	Total Production	Requirement	Surplus / Deficit.
Mountain	51817	15119477	162856	290221	- 127365
Hill	61345	9111914	1339930	1831491	- 491561
Terai	34019	9730398	1894974	1761203	+ 133771
Nepal	147181	20361789	3397759	3882915	- 485156

Fiscal Year 1996/97

Belt	Popn	Total Production	Requirement	Surplus / Deficit.
Mountain	1623503	179867	310090	- 130223
Hili	9620636	1548469	1933746	- 385277
Terai	10139769	2244251	1835299	+ 408952
Nepal	21383908	3972587	4079135	- 106548

Fiscal Year 1997/98

Belt	Popn	Total Production	Requirement	Surplus / Deficit.
Mountain	1656046	198337	316305	- 117968
Hill	9836700	1634546	1977176	- 3426630
Terai	10412132	2194466	1884596	+ 309879
Nepal	21904878	4027349	4178077	- 150729

Note: Note for the Supply of the Bhutanese 11429 MT. is extra required.



As regard to the number of food deficit in Nepal there were 55 food districts out of a total of 75 districts in 1994. The food balance of 1985 and 1995 by district shows that within a period from 1985 to 1995 the mountain district lost their food surplus position and one hill districts gain as shown in the table below:

No. of Food Deficit / Surplus District by Ecological Belt. Table - VI.

	Mountain	Hill	Terai	Nępal
No. of districts.	16	39	20	75
In 1985.				
Food Deficit Districts	13	34	6	53
Food Surplus Districts	3	5	14	22
In 1995.				
Food Deficit Districts	16	33	6	55
Food Surplus Districts		6	14	20

Source: Food Security Challenges where does Nepal Stands by G.P. Koirala and G. B. Thapa June 1997 Winrock International.

Food Security Problem in Nepal:

Foodgrain production in Nepal largely depends on monsoon or weather condition. The vulnerability of foodgrain production to weather condition have amply been exposed during the past few decade when drought, flood, excessive rains, hailstones occurring often have adversely affected the foodgrain production. Chronic food shortage and loss of lives and property by cold wave has been witnessed in high hills districts like Humla in 1998. Foodgrain production in the country particularly in Hill and Mountain has been critically affected by drought in the year 1999.

Hills and mountains constrained by physical inaccessibility due to difficult terrain, inadequate transport facility, disruption in the transport system during rainy season impeding the movement of foodgrain in the remote hill and mountain regions, small farm size subsistence farming inadequate irrigation facility and poverty are some of the factors leading to persistent food shortage thereby posing food security problem in hill and mountains. Apart from the cost of foodgrains itself transportation cost represent the single highest element of cost. The cost of transportation for out weight that of the grain itself. People in this region are disadvantaged by low income or low purchasing capacity.

The remote hill areas of the kingdom falling into the grip of acute food shortage has became a daily news reports in the recent past.

Owes of Karnali Zone:

Five districts namely Mugu, Kalikot, Dolpa, Jumla and Humla a house of Karnali Zone in the North-western Nepal, occupying 1.5 percent of the total land area of the country's population has only 0.8 percent arable land are often facing food shortage problem. Five out of the 10 most backward districts in Nepal in term of the human development index are in Karnali Zone. The country's present total road network of 10724 Km. could not touch Karnali. Karnali Zone does not have even one kilometer of proper road. The life expectancy of the people there is much lower (55 years) than the national average. The lower life expectancy is attributed to the result of nutritional deficiency which erodes the disease resistance capacity leading to death. Karnali Zone is considered as the most vulnerable in term of food insecurity.

Generally food consumption in these districts is below normal by standard. It is asserted that beans, maize and millet are their regular food. A bread of wheat/millet or two with a pinch of set constitutes the morning meal followed by the same in the evening. Tattered and patched cloth unwashed long times are the common attire of the people in the districts. Besides social ceremonies rice consume is only possible occasionally.

In the past three years newspaper have covered problem of food security, famine which have claimed many lives particularly in Humla districts.

The government of Nepal has been providing food in these districts mainly by air transportation with full subsidy on transportation.

Cereal food (Rice, Barley, Maize, Millet, Wheat) available/production, requirement, deficit and supply by NFC is presented on the next page.



Table - VII. Quantity in M.T.

FY/Distribution	1994/95	1995/96	1996/97	1997/98	1998/99
Population	275029	_	293433	299383	NA
Food available in edible form/Production	17523		21746	22066	NA
Requirement	52531		56045	57183	NA
Deficit	- 35006		- 34299	35117	NA
NFC'S Supply	2577	3052	3422	3798	5162
Cost of transportation in Rs.000)	72108	73861	121092	14832	217523

It is said that in the past the people had trade with the lower hills where people exchange the locally produced herb with foodgrain. Similarly they had trade with Tibet to exchange their product with salt. This kind of economic activity in Dolpa district is also depicted in the recent released movie Caravan. It is said that the decline of such traditional exchange coupled together with population growth has became some of the causes for Karnali district under stress in regard to the food availability.

National Reserve Stock of Foodgrain:

During the World Food Summit 1996 Nepal has also expressed its Commitment to the Rome Declaration on World Food Security and plan of action for creating capable political, social and economic environment to achieve food security for all and to reduce poverty.

The state should recognize its ultimate responsibility to provide food for all to avoid food crisis which may result in social unrest. It is argued that the policy of lazier fair in the matter of food supply particularly in the emergency situation can lead no where and probably ends in catastrophe. Hence it is important that a reasonable size of foodgrains reserve is need in the country. In view of the vagaries to the of monsoon hence food insecurity situation HMG/N has recently decided to keep a reserve stock of 40,000 MT. of foodgrain at various strategic locations in the country so that a coordinated approach can be made to supply food during critical food situation in any part of the country.

In an economic where agriculture has a key role and at the same time vulnerable to monsoon weather, food reserve hold the key for preserving national food security.

Agriculture Perspective Plan (APP):

In the wake of the increasing popn growth rate of 2.5 percent the growth rate of 3 percent per annum in agriculture has failed to contribute to the country's economic growth.

In recognition to the ailing fact of poor agriculture growth showing negative per capita food production and also in realizing the fact that the demand of foodgrain in the country cannot be fulfilled without a boost in agricultural productivity, the govt. of Nepal endorsed the implementation of a long term Agricultural Perspective Plan called APP covering 20 years period starting from 1995 and ending by 2015 B.C. The plan envisages to increase per capita agricultural growth by six fold from the present 0.5 percent (Agriculture growth rate 3% and popn growth rate 2.5%) to 3 percent per annum by the year 2015 B.C. and increasing per capita foodgrain production from 276 Kg. in 1994 to 426 Kg. per annum by the year 2014/2015. The plan aims at declining popn growth rate from the present rate of 2.5 percent to 2 percent.

The important feature of APP is to achieve foodgrain production with same surplus for export. Keeping in view to the important sector of economy, Agriculture Perspective Plan has been recognized as a major thrust in the Ninth Plan. The sector is expected to play a pioneer role in production, food security measure and creation of employment and poverty alleviation with an increase in income. The per capita production of foodgrain is expected to increase as follow.

Table-VIII.

Year	Per capita Production
	Kg.
1991/1992	277
1994/1995	276
1999/2000	312
2004/2005	352
2009/2010	393
2014/2015	426
Source: APP Document	



Conclusion:

The 20 years of long term Agriculture Perspective Plan aiming six fold increase in agriculture production to be successful needs an integrated and coordinated approach with other agriculture related national socio economic and technical plans and programmes like irrigation, land management, agriculture inputs, land ownership, commercialization of agriculture commodity, construction of agri-road, marketing infrastructures, decentralization of power, women empowerment, political stability etc. The ninth plan should be in line with the APP. The third year of the ninth plan (1997 - 2002) is currently running. The agriculture growth rate hovered around 1.8 percent per annum during this two years period of ninth plan is not showing encouraging result. However, it is expected to increase the agriculture growth by 6 percent in the 3rd year. The majority of household in Nepal had low income and could not afford to pay for food even today, four year after the country pleadged to provide food to the popn during the World Food Summit in 1996. Mr. C. P. Bastola the then Minister of Agriculture, as reported in the daily news "The Rising Nepal" pointed out the need to reframe APP as it is not showing promising result. Development of road infrastructure must receive a top priority for the success of APP. Of course political stability and co-ordination among the lawmakers are also the important factors for the success of APP.

Because of the shortage of food in the food deficit in high hills. NFC'S supply of foodgrain, however small in quantity is considered by the people as a valuable commodity. The supply of foodgrains by NFC attached very importance both or socially and economically. The foodgrains supplied by NFC is intended to distribute the low income bracket local people. However it cannot be now clearly defined how far the objective is fulfilled. It is assumed that only about 60 percent of the foodgrain distributed goes to general public and the remaining goes to other budgeted group including civil servant and security personnel.

Hence attention of the concerned authority should be drawn so that the subsidized food is received by the marginalized local general people for which the food is supplied. This act of distribution of food at low price or so called market intervention is criticized as being an inhibitor to the policy of economic liberalization that Nepal had already adopted. But the benefits of free market economy can be reaped under market competition. Under imperfect market competition or under seller's market condition or under the situation that people cannot afford to buy food because of the low purchasing powers, it become the responsibility of the state to protect the people from hunger by supplying food at socially reasonable price. Actually in all kinds of economics free or mixed some degree of intervention is required and still in an under developed country like Nepal where the market condition is extremely pathetic a greater dose of intervention by the state is called for. But the state of supplying food at subsidized price is not a solution to solve the food problem in the country. How much or how far should the govt. continue to feed the people with subsidized food at the cost of govt. revenue that needs for development work is a question that deserve attention of govt.

A long term strategy for the solution to the food problem in food deficit areas should be formulated. Development of road linking the food deficit districts with the national high-way network is a pre-requisite for solving the food shortage problem in Nepal.

There may be linkage between food security and political stability or domestic civic unrest. While food security can influence the political stability of countries political instability or social unrest can also influence food security. Hence peace and political stability are the inevitable for food security in the country. In this light it may be advisable to keep reserve stock of foodgrains in the western hills and mountains where violence and killing is often the news we find in the daily newspaper.

Food was sometimes called the "Green weapon" which the political leaders sometime use for gaining political liverage of some sort. In Nepal also we find the news covering on the subsidised food being politicised by the local politician for political propaganda that is made to gather votes during election time. However, this act of politicisation of subsidised food that intend to distribute to the poor is not socially desirable. This is a foul play sometime played by the politician. This well have counter productive effect as far as the food security is concerned.



WE EXTEND OUR BEST WISHES FOR THE GRAND SUCCESS OF Rotary Club of Patan ON THE 15th Installation Ceremony



















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ROTARIAN'S CONCERNS ON POPULATION AND DEVELOPMENT

-Rtn. Lachha Bahadur K.C

History and purpose:

Daker, Senegal was the site of the 1995 Rotary peace program on population and development. The peace program was the garden from which grew the international Fellowship on Population Development, created in 1996 to allow a continuing dialogue among Rotarians and friends interested in the world population issue. Rotarian Initiative For Population and Development (RIFP&D) members share a common belief that humanity is now at a crisis point concerning interlocking issue of over population, poverty, respond to this crisis with creative solutions that are effective, while respecting the diverse cultural and religious composition of Rotary International. The leaders of population peace conference organized initially vocational Fellowship as the structure of our Initiative. After a year it had more members than any other Rotary Fellowship. Since then, the membership has grown to over 14.000 Rotarians.

International Conference: RIFP&D

This RIFP&D organized 1st conference with UNFPA in 1997 in New York, USA and 2nd conference with UNFPA, together with the President and President-elect of Rotary International in New York in 1999. RI established Committee on "Population Growth and Development" and recommends "Population Issues" to clubs and districts for the Service Priorities. The Trustees of Rotary Foundation approves US\$500,000.

3-H Grants for the "Childspacing Family Health and HIV/ AIDS Education in Nigeria. On April (17-18), 2000 RI established a task force on "Population and Development".

The Rotarian Initiative For Population & Development (RIFP&D) actively and the corresponding publicity at the International Convention in Nice, Calgary, Glasgow, Indianapolis and Singapore have given the population issue presence, and continue to increase our membership which might contribute to the continuity of actions on "Population & Development" in Rotary. Conference of Rotary International – United Nations Population Fund (UNFPA) for Population and Development", July (28-30) in Zurich, Switzerland.

Why should we Rotarians join RIFP&D?

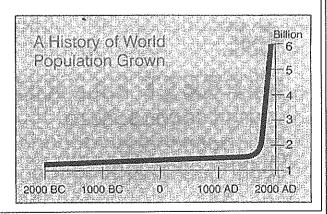
- * 6 billion people inhabit the Earth today
- * World Population has doubled in the last 50 years
- * 80 million added to world population annually
- * Africa's Population will double in 25 years
- * 600,000 mothers die a year. One in Four of these maternal deaths could be prevented by child spacing.
- * 35,000 children die of starvation daily.
- * One third of all the pregnancies are unintended
- * ½ mankind lives in conditions worse than 100 years ago
- * ¼ mankind lives in absolute poverty, with inadequate nutrition.

Humanity is now at a crisis point in the interlocking issues of over Population, Poverty, Environmental degradation and Human dignity. World Population growth must be slowed down.

We Rotarians can't ignore such humanitarian issues and should make every effort to overcome from this paramount problem.

RIFP&D - in Nepal:

Nepal involvement in RIFP&D since 1997 has encouraged to established National Committee, develop membership number to 200 (at present including Rotarians, Rotaracters & non-Rotarians. RIFP&D Nepal organized special Award Ceremony for Miss Indira Rana in presence of International Chairman Buck Lindsay with PHF and Naffis Saddik Award. The RIFP&D, Nepal Participated 2nd conference of RIFP&D – UNFPA International conference New York, USA on May 1999. The 1st RI-UNFPA Conference (July 28–30) in Zurich, Switzerland will be represented from Nepal.





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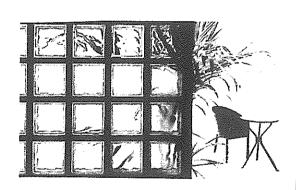
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रोटरी वलव, पाटनको विधान

प्रस्तावनाः

विभिन्न पेशा र व्यवसायीमा ख्याती प्राप्त व्यक्तिहरु बीच आपसी सम्बन्ध विकास गर्ने र त्यस्तो पेशा, व्यवसायलाई उच्च मर्यादित गराई विभिन्न पेशा व्यवसायीहरुको सु सम्बन्धको विकास र प्रवर्धन गर्न "रोटरी क्लव,पाटन"को नामवाट एक क्लबको स्थापना र सन्चालन गर्ने उद्देश्यले यो विधान बनाइएको छ।

परिच्छेद ^प प्र<u>ारम्</u>भिक्

संक्षिप्त नाम र प्रारम्भः

- (क) यस विधानको नाम "रोटरी क्लव, पाटनको विधान, २०५६" रहेको छ।
- (ख) यो विधान क्लव दर्ता भएको मिति देखि प्रारम्भ हुनेछ ।
- (ग) यो विधान क्लवका पदाधिकारी तथा सबै सदस्यहरुलाई लागु हुनेछ।

२. परिभाषा

विषय वा प्रसंगले अर्को अर्थ नलागेमा यस विधानमा :-

- (क.) "भलव" भन्नाले यस विधान बमोजिम संस्थापित "रोटरी क्लव, पाटन" सम्फनु पर्छ ।
- (ख) 'सदस्य' भन्नाले यस विधानको धारा १० वमोजिम क्लबको सदस्यता प्रात्त गरेको व्यक्ति सम्भानु पर्छ र क्लबका सदस्यलाई 'रोटरियन' भनी सम्बोधन गर्न सिकने छ।
- (ग) 'साधारण सभा' भन्नाले यस विधानको धारा १३ वमोजिम वोलाइएको साधारण सभा सम्भन् पर्छ ।
- (घ) ' सिर्मात' भन्नाले यस विधानको धारा ९५ बमोजिम गठित बलवको कार्य सिर्मित सम्भन्न पर्छ।
- (ङ) 'सीमितिको सदस्य' भन्नाले सिमितिको सदस्य सम्भानु पर्छ र सो शब्दले कार्य सिमितिको पदाधिकारी समेतलाई जनाउँछ।
- (च) 'पर्दाधिकारी' भन्नाले समितिको अध्यक्ष, उपाध्यक्ष, सचिव, सह सचिव र कोषाध्यक्ष सम्भन् पर्छ र सो शब्दले व्यवस्थापन सदस्यलाई समेत जनाउँछ।
- (छ) 'अध्यक्ष' भ्न्नाले सिमितिको अध्यक्ष सम्भन् पर्छ र सो शब्दले अध्यक्षको अनुपिस्थितिमा अध्यक्ष भई काम गर्ने व्यक्तिलाई जनाउँछ ।
- (ज) 'तोकिएको' वा 'तोकिए बमीजिम' भन्नाले यस विधानको अधिनमा रहि समितिले बनाएको नियम वा विनियमहरुमा तोकिएको वा तोकिए बमोजिम सम्फन् पर्छ ।

३. क्लवको नाम र छाप :

- (क) रोटरी क्लव, पाटनको नामबाट क्लवको स्थापना हुनेछ ।
- (ख)क्लवलाई अंग्रेजीमा Rotary Club of Patan (RCP) भनी सम्बोधन गर ीने छ।
- (ग) क्लवको काम कारवाहीको निमित्त आफ्नो एउटा छुट्टै छाप हुनेछ । क्लवको
 छापमा क्लवको नाम र स्थापना वर्ष अंकित गरिनेछ ।

४ क्लवको कार्यालय:

क्लवको कार्यालय ललितप्र उपमहानगरपालिका वडा नं. ३ मा रहने छ।

५. क्लव स्वशासित संगठित संस्था हुने :

- क. क्लब अविद्यिन्न उत्तराधिकारवाला स्वशासित र संगठित संस्था हुने छ।
- ख. क्लवले व्यक्ति सरह चल अचल सम्पत्ति प्राप्त गर्न, खरीद गर्न, विकी गर्न,उपभोग गर्न, वा अन्य कृनै प्रकारले व्यवस्था गर्न सक्ने छ ।
- ग. बलवले आफ्नो नामबाट नालिश उजुर दिन र क्लव सोही नामबाट नालिश उजुर

परिच्छेद-२ क्लवको उद्देश्य तथा काम, कर्तव्य र अधिकार

६. क्लवको उद्देश्य :

- क्लवको उद्देश्यहरु देहाय बमोजिम हुनेछन् :-
- (क) सदस्यहरुले गरेका पेशा तथा व्यवसायमा उच्च नैतिक मर्यादाको विकास गर ाउन प्रोत्साहित गर्ने ।
- (ख) समाज सेवा पु-यानको निमित्त रोटरियनद्वारा संचालित पेशा, व्यवसायलाई Recognized तथा Dignified बनाउन प्रयत्न गर्ने।
- (ग) प्रत्येक रोटिरयनको पेशा, व्यवसाय तथा सामुदायिक जीवनमा समेत सेवा भावनाको आदर्शता विकास र प्रवर्धन गराउने ।
- (घ) रोटरियनहरु बीच परिचय आदान प्रदानद्वारा व्यवसायीक सेवा प्रदान गर्ने अवसरको विकास गर्ने ।
- (उ) रोटरियनको पेशा, व्यवसायलाई विश्वव्यापीकरण गर्न व्यक्तिगत पेशा वा



व्यवसायमा अन्तराष्ट्रिय समभावारी बढाई आदर्श सेवा प्रदान गर्न अभिप्रेरित गर्ने।

संचालित कर्यक्रममा सिकय रूपमा भाग लिनु पर्नेछ।

७. क्लवको काम, कर्तव्य र अधिकार

- (९) क्लवले धारा ६ वमोजिमको उद्देश्य प्रप्तीका लागि देहायका कामहरु गर्न सक्नेछ :-
- (क) रोटरियन बीच आपसी सम्बन्ध, सद्भाव अभिवृद्धि गराउने।
- (ख) रोटिरियन बीच आपसी ज्ञानको आदान प्रदान खुल्ला रुपले गर्न वातावरण तयार गर्न प्रयत्निशल रहने।
- (ग) रोटरियनको व्यक्तिगत तथा व्यवसायीक विकासका लागि गोष्ठी, सेमिनार, छलफल जस्ता कार्यक्रमहरु संचालन तथा व्यवस्थापन गर्ने, गराउने।
- (घ) क्लवको निमित्त प्राप्त सहयोग ग्रहण गर्ने ।
- (इ) क्लवको लागि कुनै राष्ट्रिय वा अन्तराष्ट्रिय संस्थासंग नगद वा अन्य किसिमको सहयोग प्राप्त गर्ने। तर विदेशी संस्थासंग सहयोग प्राप्त गर्दा श्री ५ को सरकारको पूर्व स्वीकृति लिएर मात्र त्यस्तो सहयोग लिइनेछ।
- (च) क्लबको कामको सिलसिलामा आवश्यक सम्पर्क वा समन्वय कायम गर्ने ।
- (छ) क्लवको उद्देश्य प्राप्तिका निमित्त आवश्यक र सहायक हुने अन्य कामहरु गर्ने ।
- (२) क्लवले आफ्नो उद्देश्य प्राप्तीको निमित्त काम गर्दा श्री १ को सरकारको स्वीकृति लिनु पर्ने विषयमा त्यस्तो स्वीकृति प्राप्त गरेर र श्री १ को सरकारको कार्यक्रमसंग समन्वय गरी गर्नु पर्नेमा समन्वय गरी मात्र काम गरिनेछ ।

परिच्छेद-३ सदस्यता

<u>८. क्लवको सदस्यता र आवश्यक योग्यता :</u>

- (९) कुनै व्यपार, व्यवसाय वा पेशामा ख्याती प्राप्त गंरेको वा कुनै कार्यकारी पदमा काम गरीसकेको २९ वर्ष उमेर पूरा गरेको असल चरित्र भएको व्यक्ति यस विधान वमोजिम क्लवको सदस्य हुन संक्लेछ ।
- (२) सदस्यहरुको भेला, बैठक, बिचार तथा सूचनाको आदान प्रदान, आपसी समन्वय
 सम्बन्धमा गरिने व्यवस्था तोकिए बमोजिम हुनेछ ।

९. सदस्यको प्रकार :

- (१) क्लवमा देहाय वमोजिम सदस्यहरु रहने छन् :
- (क) साधरण सदस्य
- (ख) बरिष्ठ सदस्य
- (ग) मानार्थ सदस्य
- (२) साधारण सदस्य

विभिन्न व्यापार व्यवसायमा ख्याती प्राप्त गरेको वा कुनै कार्यकारी पदमा काम गरी अनुभव प्राप्त व्यक्तिलाई साधारण सदस्यता प्रदान गरिनेछ। त्यस्तो सदस्यलाई कियांसिल सदस्य भिनने छ र त्यस्तो सदस्यले क्लवको विनिभय वमोजिम क्लवद्वारा

(३) वरिष्ठ सदस्य

कुनै पिन सदस्यको उमेर ६० वर्ष नाघेपछि त्यस्तो सदस्यलाई विरिक्ष्ठ सदस्य भिननेछ र निजले क्लवको कार्यक्रममा सिक्तय रुपले भाग लिन नसक्ने भएमा त्यसरी भाग लिनु आवश्यक पर्ने छैन।

(४) मानार्थ सदस्य

क्लवलाई स्थापना, संचालन , आर्थिक व्यवस्थापनमा वा अन्य कुनै किसिमले सहयोग गर्ने व्यक्तिलाई मानार्थ सदस्यता (Honorary) प्रदान गर्न सिकनेछ।

१०. सदस्यता शुल्क तथा सदस्यता प्रदान गर्ने विधि :

- (१) क्लवको साधारण सदस्यता प्राप्त गर्न चाहने धारा द वमोजिम योग्यता पुगेको कुनै पिन व्यक्तिले तोकिए वमोजिमको प्रक्रिया पूरा गरिसके पिछ सदस्यता शुल्क वापत र १००० (एक हजार) तिरी सदस्यता प्राप्त गर्न सक्नेछ र निजलाई क्लवको साधारण सदस्य मानिने छ। साधारण सदस्यले प्रत्येक वर्ष साधारण सप्ताने किर्माण गरे वमोजिमको वार्षिक शुल्क वुभाई सदस्यता निवकरण गर्नु पर्ने छ। यस्तो वार्षिक शुल्क पुत्येक वर्ष आषाढ मसान्त भित्र वुभाई सक्नु पर्ने छ।
- (२) क्लवको उद्देश्य प्राप्तिका लागि विशिष्ट योगदान दिने व्यक्ति वा संस्थालाई समितिको सिफारिशमा साधारण सभाले मानार्थ सदस्यता प्रदान गर्न सक्ते छ।
 (३) सदस्यता प्राप्त गर्न दिनु पर्ने दरखास्तको ढाँचा तथा सदस्यता प्रदान गर्ने कार्यविधि तोकिए वमोजिम हुनेछ।

११. सदस्यको अयोग्यता :

- (१) यस विधानको धारा १० (१) बमोजिम नुक्ताउनु पर्ने शुल्क सोही धारामा तोिकएको म्याद भित्र बुक्ताई सदस्यता नविकरण नगराउने सदस्यको सदस्यता स्वतः समाप्त हुने छ ।
- (२) कुनै सदस्यले क्लवको उद्देश्य तथा हित विपरित काम गरेमा सीमितिले त्यस्तो सदस्यलाई क्लवको सदस्यवाट हटाउन सक्छ।

तर त्यसरी सदस्यताबाट हटाउने निर्णय गर्नु अधि सम्बन्धित सदस्यलाई सफाइको निमित्त उचित मौका दिईने छ।

परिच्छेद - ४ <u>साधारण सभा र कार्य</u> समिति

१२.साधारण सभा (गठन) :

- (९) क्लवका सम्पूर्ण सदस्यहरुको वार्षिक सभालाई साधारण सभा भनिने छ।
- (२) साधारण सभा क्लबको सबै भन्दा माथिल्लो अंग मानिने छ।
- (३) वार्षिक साधारण सभा वाहेक पनि क्लवले सभा वैठक वा छलफल कार्यक्रम



संचालन गर्न सक्नेछ र तत्सम्बन्ध व्यवस्थाहरु तोकिए बमोजिम हुनेछन्।

१३. साधारण सभाको बैठक:

- (१) साधारण सभाको वैठक सामान्यतया वर्षको एकपटक वस्ने छ।
- (२) साधारण सभाको वैठक समितिले तोकेको मिति, समय र स्थानमा वस्ने छ।
- (३)साधारण सभाको बैठक समितिको निर्णय बमोजिम सचिवले बोलाउने छ।
- (४) तत्काल साधारण सभाको बैठक वस्नु आवश्यक छ भिन कूल सदस्यको पिच्चस प्रतिशत सदस्यहरुले लिखित रुपमा माग गरेमा त्यस्तो सूचना प्राप्त भएको १५ दिन भित्र अध्यक्षले साधारण सभाको बैठक बोलाउनु पर्नेछ ।
- (५) साधारण सभाको बैठक वस्ने सूचना सो बैठक हुनु भन्दा कम्तीमा पन्ध दिन अगावै सवै सदस्यलाई दिनु पर्नेछ।
- (६) कुल सदस्य संख्याको पचास प्रतिशत सदस्यहरु उपस्थित नभई साधारण सभाको वैठक वस्ने छैन । एक पटक बोलाइएको वैठकमा गण पुरक संख्या नपुगेको कारणवाट पुन: साधारण सभा बोलाइएकोमा त्यस्तो वैठकामा पच्चीस प्रतिशत सम्म सदस्य उपस्थित भए पिन वैठकको लागि गण पुरक संख्या पुगेको मानिनेछ । तर सिमितिको सदस्यलाई हटाउने वा विशेष प्रस्ताव पेश गर्ने उद्देश्यले बोलाइएको वैठकमा कम्तीमा पचास पितशत उपस्थित हुन अनिवार्य हुनेछ ।
- (७) साधारण सभामा उपस्थित सदस्यहरुको बहुमतको निर्णय साधारण सभाको निर्णय मानिने छ।
- (द) समान्यतया अध्यक्षले बैठकको निर्णयमा मत दिने छैन । तर मत बराबर भएमा अध्यक्षले निर्णायक मत दिने छ ।
- (९) साधारण सभाको बैठक सम्बन्धी अन्य कार्यविधि साधारण सभाले निर्धारण गरे बमोजिम हुनेछ।

१४. साधारण सभाको काम, कर्तव्य र अधिकार :

साधाण सभाको काम, कर्तव्य र अधिकार देहाय बमोजिम हुनेछ :

- क. क्लवको कार्य संचालन गर्न निर्वाचन प्रक्रियाद्वारा कार्य समितिको गठन गर्ने ।
- ख. सिमितिद्वारा प्रस्तुत वार्षिक प्रतिवेदन तथा हिसाव किताव र लेखा परिक्षण प्रतिवेदन माथि छलफल गरी स्वीकृत गर्ने र हिसाव फछयौंट गर्ने ।
- ग क्लबको उद्देश्य वमोजिम वार्षिक तथा आवधिक कार्यक्रमहरु र योजनाहरु स्वीकृत गर्ने।
- घ. वार्षिक वजेट स्वीकृत गर्ने ।
- ङ. लेखापरिक्षको नियुक्ति गर्ने र पारिश्रमिक तोक्ने ।
- च. क्लवको कार्यनीति तय गर्ने ।
- छ, समितिलाई आवश्यक निर्देशन दिने।

<u> १५. समिति (गठन विधि):</u>

- (१) क्लबको कार्य संचालनको निमित्त देहायका पदाधिकारी तथा सदस्यहरु भएको एउटा कार्य समिति गठन हुने छ ।
- (क) अध्यक्ष

–एक जना

(ख) लगत्तै अगाडिको भू पू अध्यक्ष

--एक जना

- (ग) उपाध्यक्ष
- पाध्यक्ष –दुई जना
- (घ) सचिव

–एक जना

(ङ) कोषाध्यक्ष

–एक जना

(च) सह-सचिव

–एक जना

(छ) संचालक

- –चार जना
- (ज) व्यवस्थापन सदस्य (Sargent @ Arms) -एक जना
- (२) साधारण सभामा विशेष प्रस्ताव पारित गरी सिमितिका सदस्यहरुको संख्या थप घट गर्न सिकनेछ । तर सिमितिको कूल सदस्य संख्या सात भन्दा घटी र पन्ध भन्दा बढी हुने छैन ।
- (३) समितिका सदस्यहरु साधारण सभावाट निर्वाचित हुनेछन्।
- (४) समितिको सदस्यको पदावधि एक वर्षको हुनेछ।
- (प्र) राजिनामा दिई वा अन्य कुनै कारणले सिमितिको सदस्यको पद रिक्त हुन आएमा अर्को साधारण सभा नभए सम्मको लागि सिमितिले मनोनयनद्वारा सो रिक्त स्थान पूर्ति गर्न सक्नेछ।

१६. समितिको बैठक :

- (१) सिमितिको बैठक अध्यक्षले तोकेको मिति, समय र स्थानमा वस्ने छ।
- (२) समितिको बैठक आवश्यकता अनुसार वस्ने छ।
- (३) सिमितिको कुल सदस्य संख्याको कम्तिमा पचास प्रतिशत सदस्य उपस्थित नभई सिमितिको बैठक बस्ने छ।
- (४) समितिका सदस्यहरूको बहुमतको निर्णय मानिने छ।
- (५) सिमितिले कुनै स्वदेशी वा विदेशी विशेषज्ञ वा कुनै विशिष्ट व्यक्तिलाई सिमितिको वैठकमा आमन्त्रणा गर्न सक्ने छ ।
- (६) बैठक सम्बन्धी अन्य कार्यविधि तोकिए बमोजिमं हुनेछ।

१७. सिमितिको काम, कर्तव्य र अधिकार :

- (१) बलवको रेखदेख, नियन्त्रण तथा अधिकारको प्रयोग र कर्तव्यको पालन समितिले गर्नेछ।
- (२) उप-धारा (१) को प्रतिकूल नहुने गरी सिमितिले देहायका कामहरु गर्ने छ:
- (क) क्लवलाई आवश्यक परेमा कर्मचारी, विशेषज्ञ तथा सल्लाहकार
 हरुको निय्िक्त गर्ने, तिनीहरुको पारिश्रमिक, सुविधा तथा सेवाका शर्तहरु तोक्ने ।
- (ख) साधारण सभाबाट पारित नीति, कार्यक्रम तथा योजनाहरु कार्यान्वयनगर्ने ।
- (ग) क्लबबाट संचालन गरिने आविधिक यौंजना तथा वार्षिक कार्यक्रमहरु तर्ज्मा गर्ने, गराउने र स्वीकृतीको निमित्त साधारण सभामा पेश गर्ने ।
 - (घ) बलवको उद्देश्य प्राप्तीका लागि गर्नु पर्ने अन्य कामहरु गर्ने

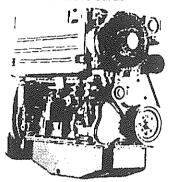
गराउने ।

- (३) साधारण सभाको बैठकमा आवश्यकता अनुसार स्वदेशी वा विदेशी व्यक्तिहरु पर्यवेक्षकको रूपमा भाग लिन आमन्त्रण गर्ने अधिकार समितिलाई हुनेछ।
- (४) समितिले क्लबको कामको लागि आवश्यकता अनुसार उपसमिति गठन गर्न सक्तेव्ह ।
- (५) सिमितिले आफ्नो अधिकारहरु मध्ये सबै वा केही अधिकार कुनै उपसिमिति,
 पदाधिकारी वा सदस्यलाई सुम्पन सक्नेछ । continued on 53 page

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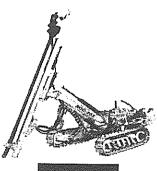
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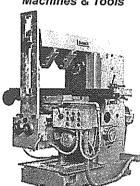


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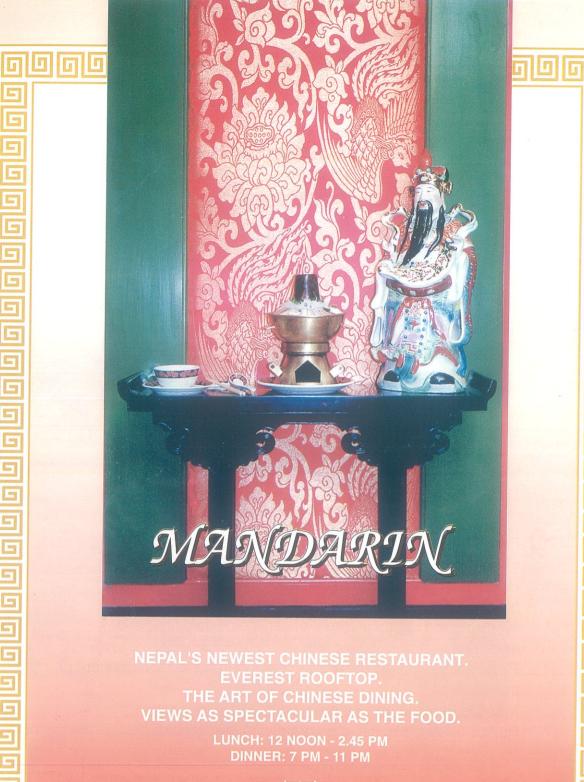
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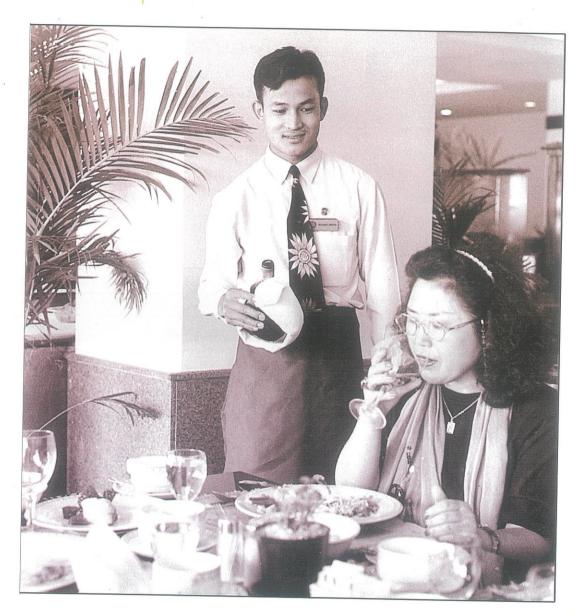
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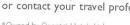


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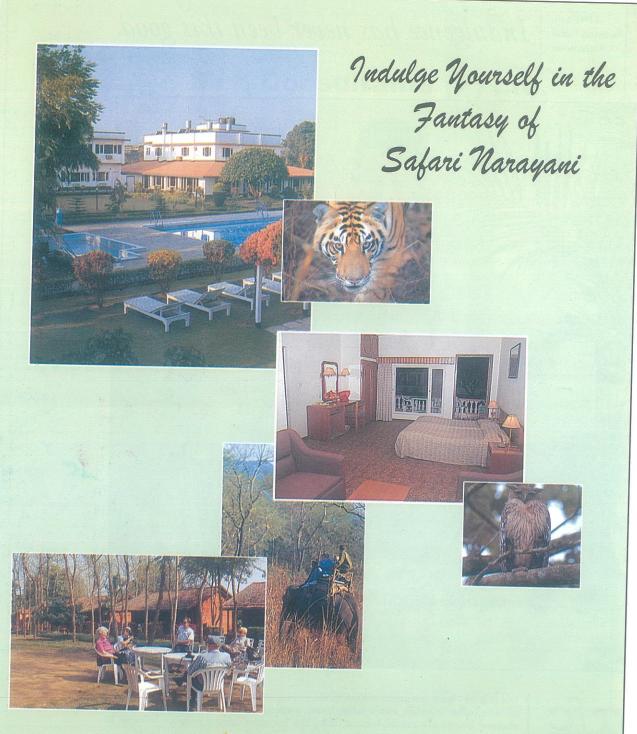
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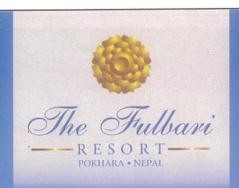
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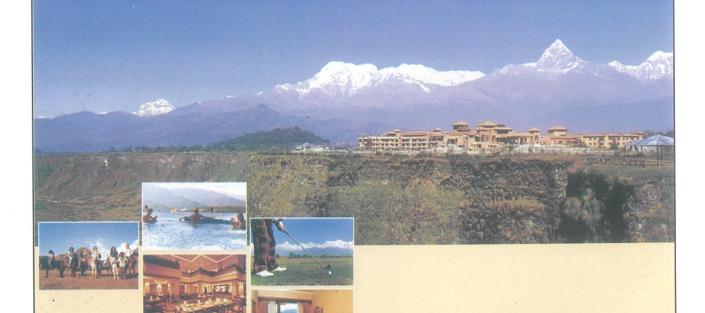
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१८. साधारण सदस्यको नियमित बैठक :

- (१) साधारण सदस्यहरुको नियमित बैठक हप्ताको एक पटक बस्नेछ ।
- (२) उप-धारा (१) बमोजिम वस्ने बैठकमा क्लबद्वारा गरिएको कामको अनुगमन,
 मृल्याङ्ग तथा आपसी क्षितका विविध विषयमा छलफल तथा निर्णय गरिनेछ।
- (३) साधारण सदस्यको बैठकमा स्वदेशी तथा विदेशी_विशिष्ट व्यक्तिहरुलाई आमन्त्रण गर्न सिकनेछ र त्यस्तो सभामा त्यस्ता विशिष्ट व्यक्तिहरुबाट प्रवचन गराउने वा कुनै खास विषयमा छलफल गराउन समेत सिकने छ ।

१९. निर्णय प्स्तिका राखिने :

- (१) साधारण सभा,सिमितिको वैठक तथा साधारण सदस्यहरुको नियमित वैठकको छुट्टा छुट्टै निर्णय पुरितका राखिने छ।
- (२) निर्णय पुस्तिकामा बैठकको उपस्थिति,छलफल भएका विषयहरु तथा निर्णय भएका कुराहरु उल्लेख गरिनेछ।
- (३) निर्णय पुस्तिका वैठकको अध्यक्षता गर्ने व्यक्ति र समिति वा साधारण सभाका कम्तिमा एक जना सदस्यको सहि छापद्वारा प्रमाणित गरि राखिने छ।

परिच्छेद- ५ <u>पदाधिकारीहरुको काम, कर्तव्य र अधिकार</u>

२०. पदाधिकारीहरुको काम, कर्तव्य र अधिकार :

समितिको पदाधिकारी तथा सदस्यको काम, कर्तव्य र अधिकार देहाय बमोजिम हुनेछ:-

- (क) अध्यक्षको काम कर्तव्य र अधिकार :
 - (१) साधारण सभा तथा समितिको वैठकको अध्यक्षता गर्ने ।
 - (२) क्लवको काम कारवाहीको रेखदेख र नियन्त्रण गर्ने।
 - (३) बैठकमा मत बरावर भएमा निर्णायक मत दिने ।
 - (४) सिर्मितका अन्य पदाधिकारीहरु तथा क्लवका कर्मचारीहरुलाई निर्देशन
- (५) क्लवको प्रतिनिधित्व गर्ने वा प्रतिधित्व गर्न प्रतिनिधि मनोनयन गर्ने ।
 - (६) अन्य आई पर्ने कामहरु गर्ने ।
- (ख) उपाध्यक्षको काम,कर्तव्य र अधिकार :

दिने।

- (९) बलवको कार्य सम्पादनमा समितिले तोकिदिएका र अध्यक्षद्वारा सुम्पिएका अधिकार तथा जिम्मेवारी बहन गर्ने ।
- (२) अध्यक्षको अनुपस्थितिमा अध्यक्षले गर्नु पर्ने पर्ने सबै काम गर्ने ।
 (ग) सचिवको काम,कर्तव्य र अधिकार :
- (९) अध्यक्षसंग परामर्श गरी साधारण सभा र समितिको बैठक बोलाउने ।
- (२) साधारण सभा तथा सिमितिको वैठकमा छलफल हुने विषयको कार्य सिच तयार गर्ने ।
- (३) साधारण सभा तथा सिमितिको बैठकको निर्णय पुस्तिका तयार गर्ने र जिम्मा लिने ।

- (४) सदस्यहरुको दर्ता अभिलेखन अध्यावधिक राब्ने र अन्तराष्ट्रिय रोटरी (Rotary International) को महाँ सचिवलाई पठाउने।
 - (५) क्लवको प्रशासकिय काम कारवाहीको रेखदेख र नियन्त्रण गर्ने ।
 - (६) समिति तथा अध्यक्षद्वारा तोकिएका अन्य कामहरु गर्ने ।
- (घ) कोषाध्यक्षको काम,कर्तव्य र अधिकार :
 - (१) क्लवको कोष, सम्पत्ति र लेखाको रेखदेख र नियन्त्रण।
 - (२) क्लवको वजेट तयार गर्ने र आय र व्ययको लेखा तुरुन्त राख्ने ।
 - (३) क्लवको आय व्यय विवरण तयार गरी गराई लेखा परिक्षण

गराउने ।

- (ङ) व्यवस्थापन सदस्यको काम,कर्तव्य र अधिकार :व्यवस्थापन सदस्यको काम,कर्तव्य तोिकए वमोिजम हुनेछ ।
- (च) संचालक सदस्यहरुको काम,कर्तव्य र अधिकार :
 - (१) क्लबको उद्देश्य प्राप्तीको लागि आवश्यक सहयोग गर्ने।
 - (२) सिमितिबाट सुम्पीएको जिम्मेवारी बहन गर्ने ।
 - (३) तोकिए वमोजिम अन्य काम गर्ने ।

परिंच्छेद - ६ <u>आर्थिक व्यवस्था</u>

२१. आर्थिक श्रोत :

- (१) क्लवको आर्थिक स्रोत देहाय वमोजिम हुने छ:
 - (क) सदस्यहरुवाट प्राप्त सदस्यता शुल्क ।
 - (ख) कुनै व्यक्तिबाट सहयोग स्वरुप प्राप्त नगद जिन्सी रकम।
- (ग) कुनै स्वदेशी वा विदेशी वा अन्तर्राष्ट्रिय संघ संस्था वा एजेन्सी वा अन्य कुनै श्रोत बाट प्राप्त नगद जिन्सी वा प्राविधिक सहयोग।
- (२) उप-धारा (९) को खण्ड (घ) वमोजिम विदेशी संघ संस्था वा एजेन्सीवाट सहयोग प्राप्त गर्दा श्री ५ को सरकारको स्वीकृति प्राप्त गरेर मात्र लिइनेछ।

२२. चल अचल सम्पत्तिको विवरण :

यस विधानको धारा २९वमोजिम प्राप्त हुने सबै नगद वा जिन्सी रकम क्लवको सम्मत्ति हुने छ र यस्तो सम्मित्तको हिसाव किताव र विवरण रााखिने छ । यस्तो सम्मित्तको विवरण स्थानिय अधिकारी समक्ष प्रत्यक वर्ष पेश गरिने छ ।

<u> २३. कोष :</u>

- (१) क्लवको आफ्नो एउटा छुट्टै कोष हुनेछ ।
- (२) उपधारा (१) बमोजिमको कोषमा देहाय बमोजिमका रकमहरु जम्मा गरिनेछ :
 - (क) सदस्यता शुल्क वापत प्राप्त रकम ।
 - (ख) सहयोग सहायता स्वरुप प्राप्त रकम
 - (ग) स्वदेशी वा विदेशी संघ संस्था वा निकायवाट प्राप्त रकम
 - (घ) अन्य श्रोतबाट प्राप्त रकम ।
- (३) यलवको नाममा प्राप्त सबै रकमहरु कुनै वाणिज्य बैंकमा खाता खोली राखिने



- (४) क्लबद्वारा गर्नु पर्ने सबै खर्चहरु उप- धारा (१) बमोजिम कोषबाट व्यहोरीने छ। तर कुनै खास उद्देश्य वा कार्यक्रमको लागि भिन प्राप्त भएको रकम सोही उद्देश्य वा कार्यक्रममा मात्र खर्च गरिने छ।
- (५) क्लवको खाता संचालन कार्य समितिले तोिकए बमोजिम हुनेछ । त्यसरी खाता संचालनको लागि तोब्दा सामान्यत: अध्यक्ष वा सचिव मध्ये एक जना र कोषाध्यक्ष गरी दुई जनाको संयुक्त हस्ताक्षरवाट संचालन गर्ने गरी तोिकने छ ।

२४. लेखा र लेखा परीक्षण :

- (१) क्लवको लेखा कार्य समितिले तोकिदिएको ढांचा र तरीका बमोजिम राखिने छ।
- (२) क्लवको हिसाव किताव र श्रेस्ताहरु अचावधिक गरी राखिने छ।
- (३) साधारण सभाद्वारा नियुक्ति मान्यता प्राप्त लेखा परिक्षकवाट क्लवको हिसाव कितावको लेखा परिक्षण गराईने छ।
- (४) क्लवको हिसाव किताबको विवरण, प्रगति प्रतिवेदन र लेखा परीक्षण प्रतिवेदन प्रत्येक वर्ष स्थानीय अधिकारी समक्ष पेश गरीने छ।

परिच्छेद - ७ विविध

२५.निर्वाचन सम्बन्धी प्रकृया

- (१) कार्य समितिको निर्वाचनको लागि साधारण सभाले निर्वाचन अधिकृत तोवने छ।
- (२) साधारण सभाद्वारा निर्धारित प्रकृया अनुसार निर्वाचन हुनेछ।
- (३) क्लव दर्ता भएको ६ महिना भित्र नयाँ कार्य समितिको निर्वाचन गराई सो को जानाकारी स्थानिय अधिकारीलाई दिइने छ।

२६. उम्मेदवार हुन अयोग्यता :

- (१) बलवको सदस्यता नरहेको व्यक्ति कार्य सिमितिको निर्वाचनमा उमेद्वार हुन सक्ने छैन ।
- अविश्वासको प्रस्ताव पारीत भै हटाइएको सिमितिको सदस्य निर्वाचनमा पुन:
 उमेद्वार हुन सक्ने छैन ।

२७. अविश्वासको प्रस्ताव :

समितिको कुनै सदस्यलाई समितिवाट हटाउन साधारण सभाका वा कार्य समितिका एक तिहाई सदस्यहरूले हस्ताक्षर गरी लिखित प्रस्ताव पेश गरेमा सो प्रस्ताव प्राप्त भएको २१ दिन भिन्न अध्यक्षले साधारण सभाको बैठक बोलाउनु पर्ने छ । अध्यक्ष उपरको अविश्वासको प्रस्ताव भएमा उपाध्यक्षले त्यस्तो बैठक बोलाउनु पर्नेछ । सो साधारण सभामा कुल सदस्य संख्याको पचास प्रतिशत भन्दा बढी सदस्यहरू उपस्थित भै उपस्थि सदस्य संख्याको दुई तिहाई बहुमतले सो प्रस्ताव पारित गरेमा समितिको त्यस्तो सदस्यलाई पदबाट हटाइने छ ।

तर त्यस्तो सदस्यतालाई सफाईको मौंकाबाट भने बन्चित गराइने छैन।

२८. विधानमा संशोधन :

क्लवको विधानमा संशोधन गर्नु पर्ने भएमा सो को विशेष प्रस्ताव साधारण सभामा पेश गरिने छ। सो प्रस्तावलाई साधारण सभामा उपस्थित सदस्य संख्याको दुई तिहाई वहुमतले पारित गरेमा विधानमा संशोधन गरिने छ।

तर यस्तो संशोधन स्थानिय अधिकारीको स्वीकृत प्राप्त भए पछि मात्र लागु हुनेछ । क्लवलाई समाज कल्याण परिषदमा दर्ता गरिएमा त्यस्तो संसोधन लागु गर्नु अधि सो परिषदको समेत स्वीकृत लिइने छ ।

२९. निष्कृय हुने :

यस विधानमा उल्लेखित कुनै कुरा प्रचलित नेपाल कानूनसंग वाभने भएमा त्यसरी वाभिभएको कुराहरु वाभिभएको हद सम्म निष्कृय हुनेछ।

३०. नियम तथा बनाउने अधिकार :

यस विधान बमोजिम क्लबको उद्देश्य कार्यन्वयनको लागि यस विधानको अधिनमा रही साधारण सभाको स्वीकृत लिई कार्य समितिले आवश्यक नियम तथा बिनियमहरू बनाउन सक्ने छ।

39. क्लवको विघटन :

यस विधान बमोजिम काम गर्न नसिक वा अन्य कुनै मानसिक कारणबाट क्लबको विघटन भएमा क्लवको सम्पूर्ण सम्पत्ति र जायजेथा श्री ५को सरकारमा सर्ने छ।

३२. क्लवको प्रवन्ध समिति :

- (९) यो क्लव दर्ता नहुन्जेल दर्ता र अन्य प्रारम्भिक कार्यहरु गर्न एक प्रवन्ध समिति गठन गरिएको छ।
- (२) उपधारा (१) बमोजिम गठित प्रबन्ध समितिमा संलग्न अनुसूचि बमोजिमका पदाधिकारी तथा सदस्यहरु रहने छन्।
- (३) उपधारा (१) वमोजिम गठित प्रवन्ध समितिले क्लव दर्ता भै साधारण सभाले निर्वाचन प्रक्रियाद्वारा कार्य समिति गठन नगरे सम्म यस विधान बमोजिम कार्य समितिलाई प्राप्त सबै अधिकारहरूको प्रयोग र कर्तव्य पालन गर्ने छ । ३३.अन्य व्यवस्था :

क्लवको मुख्य उद्देश्य देशको व्यापार, व्यवसाय वा पेशागत गतिविधिका सम्बन्धमा अध्ययन, अनुसन्धान तथा विश्लेषण गरी आर्थिक तथा सामाजिक विकासका लागि सेवा कार्य गर्नु हो। क्लवको आय तथा सम्पत्ति क्लवको उद्देश्य प्राप्तिको लागि खर्च गरिनेछ।

तर क्लवका अधिकृत तथा कर्मचारीलाई वा सल्लाहकारलाई उचित र उपयुक्त पारि श्रीमक दिन वा क्लवले प्राप्त गरेको ऋणमा व्याज दिन वा कृनै सम्पत्तिको भाडा तिर्न यस विधानमा लेखिएको कृराले बाधा पु-याएको मानिने छैन ।

अनुसूचि - १ (धारा ३२ को उप-धारा २ संग सम्बन्धित)

प्रवन्ध समितिका पदाधिकारी तथा सदस्यको नाम :

अध्यक्ष	-	रो. कमल वहादुर न्यान्छोयो
भू.पृ अध्यक्ष •	-	रो. तुल्सी न्यौपाने
उपाध्यक्ष	-	रो. पुष्कर मान शाक्य
उपाध्यक्ष	-	रो. नारायण गोविन्द हलवाई
सचिव		रो. यज्ञ वहादुर श्रेष्ठ
कोषाध्यक्ष		रो. राम सिंह थापा
सह-सचिव	-	रो. मदन राई
संचालक सदस्य	-	रो. ज्ञानु राज शाक्य
संचालक सदस्य	-	रो. गणेश राज श्रेष्ठ
संचालक सदस्य	-	रो. श्रीधर राणा
संचालक सदस्य	-	रो. चिरन्जीवी आचार्य
व्यवस्थापन सदस्य	-	रो. श्रीधर आचार्य

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तथा सेवाको लागि हामी उपस्थित छौं।
हामी ठूलो होस् या सानो
सबै ग्राहकहरुको सुरक्षाको लागि प्रतिबद्ध छौं।



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"ठूलो होस या सानो सुरक्षण सबैको"

शाखा कार्यलयहरू:

मेनरोड, विराटनगर फोन/फ्याक्स नं. ०२१-३१६६५

लिंक रोड घण्टाघर, विरगंज फोन/फ्याक्स नं. ०५१-२३७२५

दरवारमार्ग, वुटवल फोन नं. ०७१-४५९४१



LEASEHOLD FORESTRY FOR THE POOR



Rtn. J. K. Tamrakar Project Co-ordinator

Introduction

This paper aims to give an account of how poor people are directly benefiting through the leasehold forestry programme. Actually leasehold forestry programme is the concept of leasing forestland to some organization or to the poor with the purpose of developing forestland ecologically and also to get all products and benefits out of it. Since 1993, Forest Department has started on leasing degraded forestland to the groups of poor people under the Hills Leasehold Forestry and Forage Development Project. The project aims of uplifting the income of the poor families and improving the ecological condition in hills. Four line agencies have been involved to execute the programmes in the integrated manner in the field. The Department of Forest is the main coordinating body. Other line agencies are: Department of Livestock Services (DLS), Agriculture Development Bank of Nepal (ADBN), and Nepal Agriculture Research Council (NARC).

Project area:

Project at present covers total 10 hilly districts namely: Sindhupalchowk, Kavre, Ramechhap, Dolakha, Dhading, Chitwan, Makwanpur and Sindhuli in Central Development Region; and Gorkha and Tanahu in Western Development Region.

Target Groups:

Landless, marginal farmers, disadvantaged ethnic groups such as Tamang, Thami, Praja, Danuwar, Majhi and poor women are the target groups of the projects. All the programmes are launched focusing these target groups for their betterment and empowerment.

Targeted Lands:

Degraded barren lands with or without scattered trees are targeted forest areas for the improvement. Other land areas are: failure plantations, left over river beds, rocky and sloppy hills, overgrazed lands, shifting cultivation fallow lands, eroded lands, bushy and shrublands. These lands have very low productivity and generally lack irrigation facility. Generally these lands are not suitable for intensive agriculture and also left over by the community forestry. This land needs intensive care for its rehabilitation and improvement. Despite of all the negative aspects, these lands should be close to community accessible to the poor families so that can easily take care.

Institutionalization of Poor Families

The individual poor families close to degraded forestlands are institutionalized into small functional groups of 5-10 families who are living in proximity; have similar interest to work together in group; and similar socioeconomic condition. These groups are leased degraded forestlands ideally at the rate of one hectare per person. These groups have been gradually federated into intergroups of 8-15 groups and ultimately officially registered in the Leasehold Multipurpose Cooperative for its long-term sustainability. These groups and intergroups have regular monthly meeting, groups saving and its mobilization and its minimum record keeping system. These groups, intergroups and cooperatives have elected Chairperson, Secretary and Treasurer and have norms to run its institution smoothly.

Leasing forestland to the Poor Families:

Upon formal Application with Operational Plan, degraded forestland is leased to the leasehold group for maximum forty years. The leasehold group members prepare this Operation Plan with technical assistance of forestry, livestock and ADBN field staff. The forty-year lease period provides land tenure security for its development, and exclusive use of its products and benefits. This long period also gives institutional basis to keep poor families into small functional groups to harness the benefits of forestlands. This is direct and exclusive access of poor families on the resources for their subsistence livelihood. For leasing forestlands to the wood-based industry, community and other they have to pay annual lease fee but the government has waved this fee for the groups of poor families therefore they do not need to pay lease land tax to the government agency.

Technology and Input to the Poor Families:

The responsibility of the groups of poor families and government is clearly demarcated and stated for the restoration and development of degraded lands. The leasehold groups have to first protect the lease land from grazing and fire through guarding on rotational basis and also imposing fines. They also have invest their labour for the development of lease land such as plantation of forage, multipurpose tree, fodder tree, fruit trees of their own in-



terest. Upon the protection of one to three year, a lot of natural regeneration of tree species comes up which, in later stage, is managed by themselves.

For the development of degraded lands, both wife and husband are given practical training in the field. They are also provided with suitable technologies and minimum seeds and rootstocks of forage perennial and annual species. Likewise, they are also provided with training on seedling production and nursery management aiming to develop their capacity for this purpose. As a result, seedlings of their own choice are produced in their nurseries and planted in the lease land. For this purpose, they get minimum seeds, polythene bags, polythene pipe for irrigation, watering pot and wire-net. Thus, landscape of degraded land is turned into greenery area just after one year or two from the protection and also plantation with perennial species of forage and multipurpose species forming multi-strata which gives the poor families short-term and long-term products and benefits. This is the horizontal and vertical use of spaces above ground level and underground nutrients obsorption.

Skill Development of Poor Families:

In addition to training on lease land development and nursery management, the leasehold groups members are also provided with different kinds of skill development training as per their needs and interest. These trainings are focused on the aspects which can give them additional income and/or make easy their livelihood such as bee-keeping, improve cooking stove training, village animal health worker training, livestock management training and enterprise development training. Besides these trainings, cross visits within district and outside and workshops are organized to share experiences and get benefited from each other and learn good lessons. These trainings, cross visits and experience sharing gives good exposure to the people of remote areas and women.

Achievements:

By the middle of July 2000, about 1500 leasehold groups have been formed and about 7500 hectare of forestland to 10,500 poor families.

Impacts:

- i) Change in Environment: These lease lands were previously used for simply grazing ground without having any grass. This degraded land has been now turned into greenery area and good source of grass, fuelwood, broom grass and other non-timber forest products. Addition of a lot of leaf litter and its decomposition, productivity of the lease land has been substantially increased. Erosion has been controlled due to different strata of vegetative cover and least soil disturbance in the lease land.
- Encroachment Control: Lease land between forest and agriculture land is serving as a buffer zone for

the national forest. It has helped to halt the further encroachment in the national forest.

- iii) Stabilization of Shifting Cultivation Lands. In Chitwan and Gorkha districts, steep slopes areas which was previously practiced as shifting cultivation area, now leased to same families with land development technology and minimum inputs. Now these areas have been well established with perennial and improved varieties of grass, which gives them a lot of forage, fuelwood and other products without alarming environment. Those leasehold farmers who have got this technology are at present no longer practice shifting cultivation in other lands as well.
- iv) Stall-feeding practice: Wherever the leasehold programme is launched, grazing is strictly controlled and stall-feeding is practiced by the poor families because of having a lot of forage production in the leasehold forest as well as in private lands. This behavioral change put positive impact on forest on the otherhand children of leasehold families has got time to go to school rather than to go behind a few animal or goats as care-taker. This has also minimized unnecessary dispute created by cattle feeding in other's crop.
- v) Women Empowerment: Women are actively participated in all kinds of activities of leasehold forestry like grass and fuelwood collection and income generation. In some areas in the project, women used to spend 4-5 hours for the collection of one backload grass. Now they are getting fodder grasses easily from the lease land which saves their substantial amount of time. Now they utilize their saved time in child care and other household works.

Women involvement in the project in 25% by figure but their actual involvement in more than 50% in the project areas. Women previously were very shy and hesitant to talk to outsiders but many of them have become vocal to put forward their views and feelings to outsiders and in their meetings because of training, interaction and field visits.

Discussion and Conclusion:

This leasehold forestry programme is the national priority program and only poverty alleviation programme under Ministry of Forest and Soil Conservation. Lessons learned from the project since last seven years is that this programme is very effective to improve the condition of both poor land and poor people. This programme should be actually implemented as government regular programme all over the country. Plenty of degraded lands are available in midhills and large number of landless and marginal farmers are forced to live in very wretched condition. The leasehold forestry for poor would be a good option for them to manage it and get better livelihood.



We extend our

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for the grand success of

Rotary Club of Patan

on the 15th Installation Ceremony

Pashupati Rubber Industries (P.) Ltd.

Patan Industrial Estate Lagankhel, Lalitpur Ph: 522157



ROTARY A LIVING ART

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SERVICE HAPPINESS

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is Life Giving Power.

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is fulfills Aesthetic goals.

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is fulfills Ethical goals.

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with psychological maturity.

SERVICE

with creative activity.

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MEMBERS OF ROTARY CLUB OF PATAN



Acharya Chiranjibi
Classification: Audit General
Address: MC Traders
Kopundole, Lalitpur, Nepai
Residence: Lagankhel, Lalitpur-6, Nepal
Ph (O): 521803
Ph (R): 538378, 528970
Born: 10 Feb, Wed: 8 Mar
Anne: LALITA; Serv: T, Join: 1992



Dixit Kamal Mani (PHF)
Classification: Sen Active (Belles Letters)
Address: Madan Puruskar Pustakalaya
Shree Durbar Tole, Lalitpur, Nepal
Ph (O): 521014, Fax: 521013
Ph (R): 536338
Born: 2 Sept; Wed: 11 June
Anne: ANJU; Serv: D, SGT, Join: 1986



Acharya Shreedhar
Classification: Hotelier
Address: Central Godavari Resort
Ph (O): 560675, 521780
Ph. (R) 531015. Fax: 526683, 560777
E-mail: godavari@greenich.mos.com.np
Born: 14 June, Wed: Ashad 1
Anne: BHAWANI, Join: 1998



Prof. Dr. (Mrs) Giri Kanti (PHF)
Classification: Gynaecology
Address: Tribhuvan University Teaching
Hospital (TUTH)
Residence: Jyuti Sadan, Pulchowk
3/302 Lalitpur-3, Nepal
Ph (H) 412404, 410034
Ph (R): 521316, 527896
Born: 7 Mar; Serv - D; Join: 1994



Bajracharya Bijay Bahadur (MPHF)
Classification: Jeweller
Address: Gems Jewelry Industries (P) Ltd.
Naya Baneshwor, GPO 1807, Ktm., Nepal
Residence: Pulchowk, Lalitpur-3, Nepal
Ph (O): 478753, 478754, 529452
Ph (R): 521525, 524586, 487750
Fax: 526738, 472810
Born: 23 Aug; Wed: 2 March
Anne: RAJANI; Serv: P. VP. D; Join: 1986
Email: aqumarin@vishnu.ccst.com.np



Gyawali Bachan
Classification: Tourism Marketing
Address: Narayani Group
Lalitpur, Nepal
Residence: Shree Durbar Tole
Patan Dhoka, Lalitpur, Nepal
Ph (O): 525015
Ph (R): 524138; Fax: 52129
E-mail: travel@go-nepal.com
website: http://www.go-nepal.com
Born: 26 Dec; Wed: 15 April
Anne: BHAVANA; Serv: SGT; Join: 1992



Dhital Vishnu Prasad (Phf)
Classificatoin: Food and Agriculture
Residence: Shree Durbar Tole
P.O Box 41, Lalitpur, Nepal
Ph (O) 521024
Ph (R): 521024
Born: 15 Apr; Wed: 16 Feb
Anne: VIJAYA LAXMI; Serv: P, VP, D
Join: 1992



Gyawali Chandra Sekhar (MPHF)
Classification: Hotelier
Address: Narayanı Hotel
GPO 1357, Kathmandu, Nepal
Residence: Shree Durbar Tole
Pulchok, Lalitpur, Nepal
Ph (O): 522871, 525018
Ph (R): 521311; Fax: 521291
E-mail: info@nbe.mos.com.np
Website: http://www.go-nepal.com
Born: 14 Nov; Wed: 20 Jan
Anne: BULU; Serv: VP, Join: 1986



Gyawali Lochan
Classification: Trekking Agent
Address: Nepal Trek House
Patan Dhoka; Lalitpur, Nepal
Residence: Shree Durbar Tole
Patan Dhoka, Lalitpur, Nepal
Ph (O): 522871, 525018
Ph (R): 521311; Fax: 521291

E-mail: info@nbe.mos.com.np Website: http://www.go-nepal.com Born: 12 Nov; Wed: 30 Jan

Anne: SANGITA: Serv: Sgt; Join: 1986



Kayastha Matsyendra Lai (MPHF)

Classification: Architect
Add.: Mr. & Mrs. M.L. Kayastha &
Associates
Residence: MLK Building, Chandralaya,
Kupandole Lalitpur-10, Nepal
Ph (O): 523758, 520623

Ph (O): 523758, 520623
Ph (R): 524626; Fax: 524758
Born: 25 May; Wed: 7 July
Appe: CHANDRA LEKHA: Sopr. B.S.

Anne: CHANDRA LEKHA; Serv: P,S

Join: 1986

E-mail: (R) mlk@ccsl.com.np



Halwai Narayan Govind
Classification: Civil Engineer
Address: MEH Consultants (P) Ltd
Baneswor Height
GPO Box 4036 Kathmandu, Nepal
Residence: Thasikhel, Lalitpur-5, Nepal
Ph (O): 491715, 473296
Ph (R): 521364, Fax: 491387
E-mail: meh@info.com.np
Born: 4 Oct: Wed: 10 June;

Anne: MUNU; Serv: S,D; Join: 1987



Lakhey Suresh Raj Classification: Economist Add.: UNDP/ILO, 3 Jhamsikehl, Lalitpur. PO Box 107, Lalitpur, Nepal Residence: Sanepa, Lalitpur-1, Nepal Ph (O): 529878 Ph (R): 529878 Born: 15 Aug: Wed: 11 May

Anne: Janaki; Serv: D;Join: 1986



Joshi Hari Bhakta Classification: Sociologist Address: Kopundol, Guesingal, Lalitpur Ph (R): 537337, Fax: 527979 Born: 8 March, Wed: 17 March Anne: PADMA, Join: 1999



Mathema, Keshav B.
Classification: Development Consultant 2/128 Dhokadol, Sanepa, Lalitpur, Tel: 529385 (R)
E-mail: kmathema@wlink.com.np
Born: 2nd July, Wed: 30 Nov.
Anne: SHANTI; Join: 1998



Kshetry Bhim Bahadur Classification: Food Distribution Residence: Kupandole Lalitpur-10, Ph (R): 521661 Born: 4 Feb.; Wed: 5 March Anne: Vijaya Join: 1999



Neupane P. Tulasi
Classificatoin: Economist
Address: Ministry of Finance, Bag Durbar
GPO Box 2314, Kathmandu, Nepal
Residence: Jhamsikhel, Lalitpur-1, Nepal
Ph (O): 259781/259848
Ph (R): 522320; Fax: 535963
Born: 20 March: Wed: 16 Jan
Anne: KAMALA; Serv: S,D; Join; 1986
E-mail: fmp@mos.com.np
tpfm@mos.com.np



Nyachhyon Kamal Bahadur Classification: Heavy Textile Manufacturer Address: Himal Tents (P) Ltd.

Patan Industrial Estate, Lagankhei

Lalitpur, Nepal

Residence: 5/48 Lagankhel, Lalitpur-5 Nepal

Ph (O): 522202, 527202

Ph (R): 526070, 528836; Fax: 527167

Mobile: 981023354

Born: 15 Jan; Wed: 15 Feb

Anne: Sulochana; Serv: D.T. Join: 1986

E-mail: Kamal@col.com.np



Rajbhandary Siba Bhakta

Address: P.O.Box: 95 Lalitpur, Pulchowk

Tel: 526856 Fax: 526856 Born: 11 Jun; Wed: 8 Mar

E-mail: jasmine@mos.com.np

Join: 1999 Anne: MITHILA



Pandey Rabendra Raj (MPHF)

Classification: Airline GSA Address: Everest Express Tours & Travel (P) Ltd. GPO Box 482, Kathmandu, Nepal

Residence: Sanepa, Lalitpur, Nepal Ph (O): 220759

Ph (R): 521652; Fax: 226795(O) 525124 (R)

E-mail: rabendra@eett.mos.com.np

Born: 16 Apr: Wed: 19 Feb

Anne: Chandra Lekha, Serv: D, VP,D

Join: 1990



Rana Jagadish (PHF)

Classification: Sen Active (Literary Writing) Address: Trikuti, Battisputali GPO 1763, Kathmandu, Nepai

Ph (R): 472743

Born: 18 Aug; Wed: 16 July Anne: BHUVAN; Serv: DG, P

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Prasai Sharda

Classificatoin: Travel Agent Address: Natraj Tours & Travels (P) Ltd. Ghantaghar, Kamaladi GPO 495, Kathmandu, Nepal Residence: Thapathali Height Thapathli, Kathmandu, Nepal

Ph (O): 222014; Fax: 227372

Ph (R): 229277

E-mail: natraj@vishnu.ccsl.com.np

Born: 14 June; Wed: 1 Jan

Join: 1999



Dr. Rana Krishna Jung

Classicication: Public Health Residence Address: Happy Height, Tharo Dhunga, Dhobighat, Lalitpur, Nepal

Ph (R): 521819

Born: 3 Aug: Wed: 30 June Anne: SHANTA; Serv: D

Join: 1995



Rajbhandari Om

Address: P.O.Box 1217

Ward No. 1, Sitapaila VDC, Kathamndu

Tel (O): 271157 Tel: (R): 273348

Fax: 00977-1-271613 E-mail: om@mass.wlink.com.np

Born: 15 Jan; Wed: 25 Mangsir

Join: 1998



Rana Sagar Shumsher (PHF)

Classification: Traditional Handicrafts Address: Nepal Traditional Crafts, Pulchowk

GPO Box 979, Kathmandu, Nepal

Ph (O): 527916, 523608 Ph (R): 521667; Fax: 527871

Born: 17 Feb; Wed: 18 June

Anne:BRINDA; Serv: P.VP.D.

Join: 1986



Rana Shree Dhar Shumsher JB (PHF)
Classification: Ex-Serviceman
Address: Sri Sadma, 3/386 Pulchowk
Lalitpur, Nepal
Ph (O): 523915
Ph (R): 541856, 521122
Born: 16 Aug; Wed: 7 Falgun
Anne: PADAM DEVI



Shakya Tirtha Man
Classification: Legislative Drafting
Address: Chief Secretary
Cabinet Secretary, Singha Durbar,
Kathmandu, Nepal
Res.: 17 Hakha Tole, Lalitpur-12, Nepal
Ph (O): 228800,Fax: 227765
Ph (R): 522467 Fax: 533433
E-mail: Sakya@cs.wlink.com.np
Born: 21 July; Wed: 14 Feb
Anne: NANI SHOVA; Serv: P,VP,D
Join: 1987



Rai Madan Kuamr Classicication: Seed Technology Address: PO Box 334, Lalitpur, Nepal Ph (R): 570187 Born: 18 July; Wed: 15 May Anne: SUBHADRA; Join: 1995 E-mail: manjil@manjil.wlink.com.np



Shrestha Bihari Krishna Classification: Anthropologist Res.: Chakupat, Patan Dhoka Lalitpur, Nepal Ph (R): 522173 E-mail: bks@wlink.com.np Born: 26 July; Serv: D Join: 1992



Shakya Gyanu Raj
Classification: Stone Crusher
174 Hakha Tole, Lalitpur 11, Nepal
Ph (O): 258326, Fax: 244114
Ph (R): 526014, 532886 Fax: 524588
E-mail: vision@wlink.com.np
Born: 5th Nov, Wed: 18 March
Anne: SUNITA; Join: 1995
Serv: SGT, D



Shrestha Ganesh Raj
Classification: Rubber Recycling
Address: Pashupati Rubber Industries
Patan Industrial Estate, GPO 1970
Kathmandu, Nepal
Residence: Sinchahity, Lagankhel
Ph (O): 522157 Ph (R): 524780, 530540
Born: 22 Oct; Wed: 7 Jan
Anne: BIJAYA LAXMI; Serv: Sgt; T
Join: 1993



Shakya Pushkar Man (PHSM)
Classification: Carpet Export
Address: Carpet House, Pulchowk
GPO Box 167, Kathmandu, Nepal
Residence: Man Bhawan, Lalitpur-5 Nepal
Ph (O): 521335, 527238
Ph (R): 523492; Fax: 521582
Born: 14 Jan; Wed: 27 Feb
Anne: RITA; Serv: D.T. Sec, P.E.; Join: 1993
E-mail: sakart@mos.com.np



Shrestha Prem Bahadur Classification: Steel Manufacturer J3143 Krishnagalli, Lalitpur G.P.O. 2734, Kathmandu Ph. (O) 526551, Fax: 526529 (R) 521631, 522967 Born: Aug. 31; Wed: Feb. 17 Anne: NIŁUMARI Join: 1998



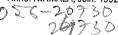
(Mrs) Shrestha Renu (PHSM)
Classification: Educatoin Primary
Address: Saheed Dharma Bhakta
Secondary School, Nakhu, Lalitpur
Gpo 8975 EPC 856, Kathmandu, Nepal
Residence: Lagankhel, Lalitpur-6, Nepal
Ph (O): 522239
Ph (R): 525677

Ph (R): 525677 Born: 12 Feb; Serv: D Join: 1992



Shrestha Santa Kumar

Classification: Liquor Manufacturer
Add.: Island Jungle Resort, Durbar Marg
GPO Box 2154, Ktm, Nepal
Residece.: Dhobighat, Jawalakhel
Lalitpur, Nepal
Ph (O): 229116, 225615, 220162
Ph (R): 521745, Fax: 225615
E-mail: island@mos.com.np
Born: 5th Nov; Wed: 3 May
Anne: NIRMALA; Join: 1992





Shrestha Yagya Bahadur

Classification: Revenue Consultant Address: Chakupat, Lalitpur-10, Nepali Ph (O): 271473, Fax: 271570 Ph (R): 523753, 535826 Born: 8 Apr; Wed: 19 Feb Anne: MARY; Serv: D, SGT Join: 1993

E-mail: yagyamary@yahoo.com



Tamrakar Jamuna Krishan

Classification: Forestry Add.: Dept. of Faoret, Babar Mahal Residence: Man Bhawan, Lalitpur Ph (R): 227632, 233605 Ph (R): 526944

E-mail: jktamrakar@info.com.np Born: 17 Feb.; Wed: 21 April Anne: MEERA; Join: 2000



Thapa Ram Singh

Classification: Financial Management 3/280 Jhamsikhel Dhobighat Lalitpur, Nepal Ph (R): 521103 Born: Sept 2; Wed: 25 Feb. Anne: SARALA; Join: 1997

CHARACTERISTICS OF A GOOD ROTARIAN

FAITH IN SERVICE
PURITY OF SERVICE
ESTEEM FOR SERVICE
SELF – RESTRAONT ON SERVICE
ZEAL FOR SERVICE
LOVE FOR SERVICE
MODESTY IN SERVICE

Service is never possible without self denial and lack of modesty which begets pride. In the absence of self denial and pride evils like a hankering for return, expectation of gratitude and getting displeased make their appearance thus marring the very purity of service.

True service is neither advertised nor made a commodity. Service constitutes the innate disposition and zeal of a Rotarian. Service implies resources, in the shape of Body, money, knowledge and intelligence and more importantly time which are put into humble service in a disinterested spirit.

A good Rotarian dies not

Seek honour or applause.
Want to lord over others.
Cherish love or hatred for people.
Consider others his own or
otherwise.
Regard others ignorant facility or

Regard others ignorant, foolish or inferior.
Vilify of carry tales against others.

Expect comfort or dainty dishes from others.

A good Rotarian is naturally fired with the spirit to serve all living beings. He is kind, pure hearted, firm, tactful, reverent, industrious, self – controlled, humble and of noble character. Service is the essence of ROTARY and thus a good Rotarians life.



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ROTARY INTERNATIONAL AND THE ROTARY FOUNDATION

Budget for 1998-99

\$208.4 million combined expense budget for

Rotary International and The Rotary Foundation

of Rotary International.

ROTARY INTERNATIONAL

Founded 1905

Budget for 1998 99 \$64.1 million

82% of Rotary International's expense budget is

derived from annual dues and publication

subscription fees

Membership 1,193,461 Rotarians as of 30 June 1999

29.728 Rotary Clubs

528 Rotary districts as of 1 January 1999

162 countries

35 geographical regions

Women in Rotary 92,860 women Rotarians (estimated)

1,900 women club presidents

Interact Clubs 160,000 members (estimated)

Started in 1962 6,800 clubs

104 countries & geographical regions

Rotaract Clubs 154,000 members (estimated)

Started in 1968 6,684 clubs

146 countries & geographical regions

Rotary Community Corps 3,395 corps

Started in 1986 55 countries & geographical regions

Rotary Youth Exchange 7,000 youths participate annually (estimated)

Started in 1929 85 countries & regions involved in 1998 - 1999



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ACTIVITIES REPORT ON INNER WHEEL CLUB OF PATAN



Anne Bijay Laxmi Shrestha President 2000 - 2001

- The medicine that were collected by the club members were donated to the free health clinic located within the premise of Patan industrial estate. The medicine would be distributed free of cost to the low – income workers and their family as and when needed.
- 2. As per the decision made during the club meeting no. 76 a member of the club joined the 'Scholarship Fund Management Committee, RCP" as a representative with the objective of ensuring the smooth operation of the scholarship program. The club would further be supporting the program by donating a sum of Rs. 50,000.
- During the past year club members had the opportunity to hear two distinguished speakers on the topics as listed below.
 - A. Mr. Keshab Bahadur Shrestha, General Director of Nepal Soka Gakkie International introduced the organization and highlighted the activities of the organization. Nepal Soka Gakkie International is a non-profit organization working towards social welfare.
 - B. An interaction program was held with Mr. Balram Shrestha who is a lawyer and a lecturer at Shanker Dev Campus. The program covered the isues on Womens' Rights.
- As per the scholarship program, one more student was provided with the scholarship in the last year. At present five students are benefiting from the program.
- 5. In an effort to support the "Rotaract Club of Patan" towards maintaining the greenery at the "Hakha Chowk, Lalitpur, the club also extended its support by providing financial aid to built a plant pot.
- 6. This year we are glad to welcome Anne Sunita Shakya

as our new member.

7. A new executive committee was formed during the year with the following office bearers.

President	Ann. Bijaya Laxmi Shrestha
Vice president	Ann. Mary Shrestha
Secretary	Ann. Nirmala Shrestha
Jt. Secretary	Ann. Sulochana Nyachhyon
Treasurer	Ann Mithila Rajbhandari
Club Correspondent	Ann. Chandra Lekha Pandey
Int. Club Corresponded	Ann. Munu Rajkarnikar

Last year, the constitution of the International Inner Wheel was amended to include the provision for the current president of the club to continue serving the club in the same post for two consecutive years. As per the provision, I was honored to be reelected as president for the year 2000-2001. I am deeply touched by the faith and trust that club members have shown towards me.

In the coming year too, I hope that the club members would continue to support the activities of the club with the same zeal and interest. I wish the new executives every success in fulfilling all responsibilities and would also like to extend my deepest gratitude towards the ex-executive members for carrying out their responsibilities with much vigor and interest.

Lastly on behalf of the club members, I would like to extend my deepest gratitude towards the Rotary club of Patan for supporting the activities of Inner Wheel Club. The Rotary Club of Patan would continue to be a source of inspiration for the club. Last but not the least our special thanks also goes to the Narayani Hotel for providing us the venue for the meetings.





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MEMBERS OF INNER WHEEL CLUB OF PATAN



Anju Dixit Res. Shree Durbar Tole, Lalitpur Ph. 536338 Born: 27 Jan.; Wed: 11 June RTN. Kamal Mani



Chandralekha Pandey
Res. Sanepa, Lalitpur
Ph. 521652 — 2 2 0 7 5 7
Born: 17 Sept; Wed: 18 Feb
RTN. Rabendra



Bijaya Laxmi Shrestha Res. Sinchahiti, Lagankhel, Lalitpur G.P.O. Box 1970 Ph. 524780 Born: 12 Apr. Wed: 7 Jan. RTN. Ganesh



Kamala Neupane Res. 3 Jhamsikhel, Lalitpur Ph. 522320 Bom: 27 March; Wed:16 Jan RTN. Tulasi



Brinda Rana Res. Kupondole, Lalitpur-3 Ph. 521667 Born: 4 Oct. Wed: 18 June RTN. Sagar



Mary Shrestha Res. Chakupat, Lalitpur Ph. 523753, Fax: 535826 Born: 22 Chaitra; Wed: 19 Feb RTN. Yagya

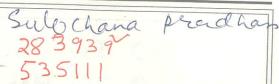


Chandralekha Kyayastha
Res. Kupondole, Lalitpur
Ph. 524626
Born: 4 May; Wed: 7 July
RTN. Matsendra



Munu Rajkarnkar Res. Thasikhel, Lalitpur Ph. 521364 Bom: 5 Aug; Wed: 10 June RTN. Narayan

Mohan Dehi - 27/804 CLUB OF PATAN DISTRICT 3250, CLUB NO 23126 Medra Panrakar Sulp Chana Prendhar 526944 - Man mawas - 53.5111





Res. Pulchok, Lalitpur Ph. 526856, Fax: 526856 RTN: Shiva



Shanta Rana Res. Happy Height, Tharidhunga Dhobighat Ph. 527007 Born: 14 May; Wed: 30 June RTN. Krishna



Nani Shova Shakya Res. 17, Hakha Tole, Lalitpur-12 Ph. 522467 Born: 21 Oct; Wed: 14 feb RTN. Tirtha



Shanti Mathema Res. 2/128 Dhokadol, Sanepa, Lalitpur Ph. 529385 (R) RTN: Keshav



Nirmala Shrestha Res. Dhobighat, Jawalakhel, Lalitpur Ph. 521745, 522757 Born: 25 Apr; Wed: 3 May RTN. Shanta



Sulochana Nyachhyon Res. 5/48, Lagankhel, Lalitpur Ph. 521167 — \$260 \(\) — Born: 18 Aug; Wed: 15 Feb RTN. Kamal



Rajani Bajracharya Res. Pulchowk, Lalitpur Ph. 524586 Born: 20 Feb; Wed: 2 Mar RTN. Bijaya



Sunita Shakya Res. Hakha Tole, Lalitpur GPO 3173, Kathmandu Ph./Fax 524588 Born: Wed: 18 Mar.
RTN. Gyanu
532886



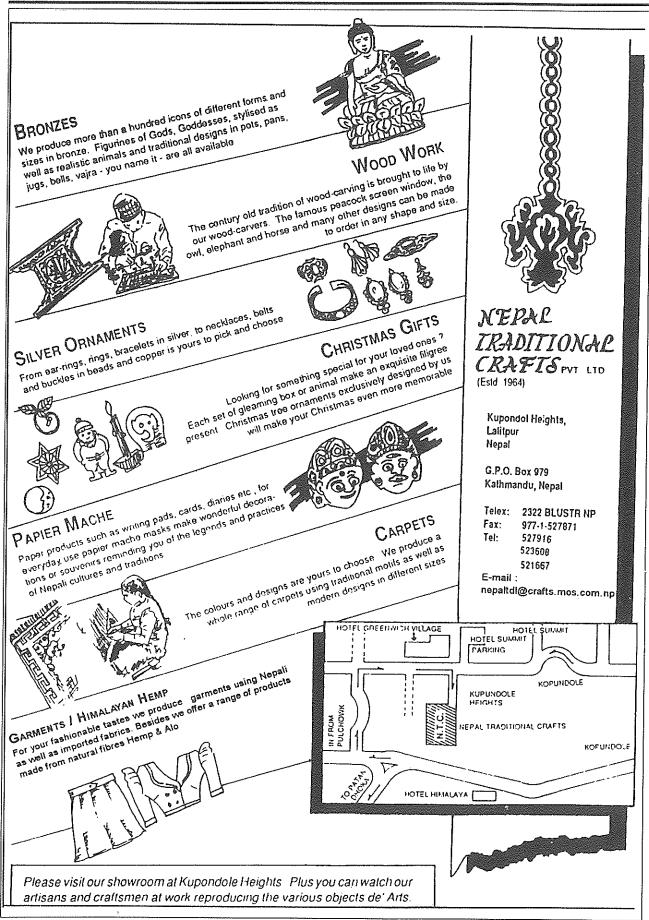
Rita Shakya Res. Manbhawan, Lalitpur-5 G.P.O. Box No. 167 Ph. 523492 Born: 6 July; Wed: 27 Feb. RTN. Pushkar



Vijaya Laxmi Dhital Res. Shree Durbar Tole P.O.Box No. 41, Lalitpur Ph. 521024 Born: 15 Aug; Wed: 16 Feb RTN. Vishnu

525 454-31 mg Kamda Rajbhandan Banshari - 372891







ACTIVITIES REPORT ON ROTARACT CLUB OF PATAN

Sponsored By Rotary Club of Patan Chratered on 30th June 1997 R.I. District 3290

1. Monthly Bulleting Publication

Rotaract Club of Patan Published the monthly bulletin regular from this year 1999/2000. The objective of publishing the bulleting was to inform relationship among Rotary International, Rotaract Publicity, club report, club information and Rotary Rotaract movement in Nepal.

2. Camps on Various Subjects:

a. Polio Immunization Camps

Rotaract Club of Patan has successfully conducted first and second polio immunization day. Under the co-odination of Rtr. Narendra Shakya and his group. They set up polio immunization camp in three Toles of Patan City namley Hakha Tole, Chakrabhahil & Lukhushi, and also five village of Lalitpur Disctric, namely:-

- 1. Dukuchhap
- Bhattedanda
- Kaleshowr
- Godawari
- Chapagaun

On that day three respected personnels Dr. Jeans Smith from WHO. Mr. Lyndaon Brown from USAID and Miss. Kazuaya from Japan University. Inspected our management and execution process in all our camps and they were fully satisfied with our work. We would like to thank all our members and other none-member volunteers, who worked so actively to make polio immunization day successful.

b One Day Acupuncture Camp

On the occasion of world Rotaract week 2000, Club organized one day acupuncture camp in Miss. Vidya Laxmi Shakya's Clinic held in Hakha Tole.

60% old Patients from the pervious years and 5 new patients took advantage from the camp. The service were voluntarily provided by Dr. Murai Kunimechi (Japan) and Miss. Vidya Laxmi Shakya.

c. First-Aid Camps:

Every year, we organized First-Aid Camp on the occasion of "Mataya" the festival of light in Patan city.

Mataya is the short for of "MATA" & "YA" "MATA" means lamp or flame and "YA" means



the walking procession. On this occasion devotes camps for different places from whole Nepal got together in one particular place where the MATAYA was organized (The organizers were changed every year) and devots take parikrama of all buddhists stupas, temples and chowk carring candle lamp on hand for whole day in Patan City. This year also the club members were kindly willing to do the program based on social works.

Main objective of this camp was to provid medicines as well as to impart the message to the devotes participating in the procession.



3. Saving and Credit Training:

On the occasion of new year 2057. As per the request of Nhoo Hissu Puchaw Tapahiti Patan, The Rotaract Club of Patan organized seven days Saving and Credit Training on 25th April to 2nd May 2000 at Yuba Club Hakha Building.

Twenty trainee of Nhoo Hissu Pachaw, Three Trainee from club had participated the training. In that training trainers had successfully completed



the training course and the resource person were provided by Rotaract Club of Patan.

4. Cloth Distribution:

On 25th March 2000, Rotaract Club of Patan proudly participated cloth distribution program held by sponsored club at Gusale V.D.C.

It is on of the remote village of Lalitpur District. The Gusale V.D.C. is untouched by road and the participation's had to walk four hour up to the hill to reach there. The condition of Village is uneducated & very poor.

People from five wards of Gusale V.D.C. participated in the distribution ceremony. Depending upon the economic condition of individual family one to four packets of cloth was distributed to about 140 family.

5. Induction New Member:

One 25th March 2000, induction program was held in Club meeting. In the program club service director Rtr. Sushil presented the bio-data of be member Mr. Prabin Benjankar. New member Mr. Benjankar was inducted by Rtn. Narayan Govinda Halwai in the present of the current presidents of sponsored club(Rotary Club of Patan) Rtn. Kamal Bahadur Nyachhyon.

President Rtn. Nyachhon presented him an international club pin after the induction. There were participated Rotarians from sponsor club and Inner Wheel Club at that program.

6. First Inner Valley Rotaract Snooker Championship 2000.

The First Inner Valley Rotaract Snooker Championship 2000 was organized on 26th feb 2000 by Rotaract Club of Lalitpur Patan was held in Galaxy Snooker & Pool House.

In the Competition following participants, participated representing the Rotaract Club of Patan.

i. Rtr. Ranjit Shakyaii. Rtr. Mahesh Shakya

iii. Rtr. Rohit

iv. Rtr. Uttam Raj v. Rtr. Binod

v. Rtr. Binoc vi. Rtr. Sunil

In the contest Rtr. Ranjit Shakya was the first champion of this tournament. Rtr.Bibek Vidya of R.C Patan West was Second, Rtr. Dinesh Shrestha of Patan West and Rtr. Naresh Shakya of Yala-Patan won third and forth prize respectively.

* See 7 & 8 table on next page

9. Rotarins & Rotaractor Visit 1999-2000 Following Rotarians personal visited the Rotaract Club of Patan in the Various occasions.

P.P, R.C.C., & D.R.C.C. Rtn. Tritha Man Shakya, past persident Rtn. Sagar S.J.B. Rana, Persident Rtn. Kamal Bahadur Nyachhyon President (Elect) Rtn. Pushkar Man Shakya Vice President Rtn. Narayan Govinda Halwai Rtn. Ganesh R. Shrestha Rtn. Gyanu Raj Shakya from sponsor club.



7. Talk Program:

S.No	Date	Name	Subject
!	12 th Feb 2000	Mr. Buddhi Raj Bajracharya Mayor of Lalitpur Sub-Metropolitan City.	Youth Activities of Present
II	25th march 2000 Rtn.Narayan Gobinda Halway Drinking Water Situation of		Drinking Water Situation of
		Rotary Club of Patan.	the Kathmandu Valley
Ш	8th April 2000	Dr. Rajesh Shakya	
IV	24th June 2000	Propojal Member of Club Mr. Ramesh Chitrakar Dept. Mayor of	Struggle to become of Doctor. Hepatitis-E
		Lalitpur Sub-Metropolitan City	Tropositio III

8. Classification Talk Program:

S.No	Date	Name	Profession
I.	26 th Feb 2000	Rtr. Shailesh Shakya	Radio Engineering of International Airport.
II.	8 ^{լի} April 2000	Rtr. Prabin Benjankar	Student of Environmental Science

D.S/President (Elect) Rtn. Hari Om Shrestha Rtn. Sidhi Bahadur Shakya, Rtn. Lachhe Bahadur K.C. form Patan west President Bidya Laxmi Shrestha from Inner Wheel Club of Patan.

Following Rotaractors Personal visited the club in various occasions.

Past persident Rtr. Raju Pantha, President Rtr.Bishal Gauchan from Kathmandu Mid-Town, President Rtr. Sanju Shakya, President (Elect) Rtr. Gopal Shrestha, Rtr. Govinda Awale & Rtr. Manjil Amatya from Lalitpur Patan. President Rtr. Abhaya Shah, President (Elect) Rtr. Yalamber Kairgoli from Kathmandu North, President Rtr. Vishal Dali, President

(Elect) Rtr. Era Pradhan, Rtr. Prakash Manadhar, Rtr. Smriti Shrestha form Patan West. Preident Rtr. Upendra Karki, President (Elect) Rtr. Dipendra K.C., Rtr. Subodh Koirala, Rtr. Bijay Giri from Kathmandu. P.P Rtr. Rabin Lal Shrestha, P.P. Rtr. Dipendra Shakya, President Uraj Nakrami, President (Elect) Rtr. Gambhuir Man Shrestha, Rtr. Kamala Dangol, Editoril Rtr. Tonil Maharjan, from Patan-yala. President Rtr. Uttam Timilsina, Rtr. Bikash Shrestha, Rtr. Bhesh Raj from Kathmandu Pashupati.

10. Miscellaneous:

- i. Display of banner at Mangal-Bazar on the occasion of New Era 1120:
- Distribution of greetings on the occasion of Happy New Era 1120 and Happy Dipawali 2056.
- iii. On the Occasion of Buddha Jayanti 2544 Rotaract Club of Patan provide volinturly service by the request of the Buddha Jayanti organizing committee Lalitpur.

Note. Rotaract Club of Patan is having meeting twice a month on saturday of the second and Fourth week at 8:30 A.M. to 10:00 A.M.. The meeting venue is Hotel Narayani.





ROTARACT CLUB OF PATAN

Executive Board 2000 - 2001



Rtr. Gauttam Shakya President.



Rtr.Shailendra K. Shakya Immediate Past President.



Rtr.Mahesh Shakya Vice President.



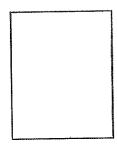
Rtr.Narendra Shakya Secretary



Rtr.Subeen Man Joshi Treasurer.



Rtr. Rohit Shakya Club Service



Rtr.Praman Shakya Community Service.



Rtr. Shailesh Shakya Prof. Development.



Rtr.Uttam Raj Shakya Int'l Service.



Rtr. Sushil Shakya Joint Secretary.



Rtr. Randeep Tamrakar Sgt. At-Arms



आकर्षक ब्याज र शुलभ कर्जाको लागि हामीलाई सम्भनुहोस्

ब्याजदर

(क) मृहती निक्षेप

अवधि	त्रैमासिक रुपमा दिइने व्याजदर	अवधि समाप्ति पश्चात दिइने व्याजदर
३ महिने	5.00%	द.००%
६ महिने	5. 2 %	5. ₹ሂ%
९ महिने	5.678	5. ९५%
१ वर्षे	९.००%	९.३०%
२ वर्षे	९.२५%	90,00%
३ बर्षे	९.५०%	१०.८०%

(ख) कर्जा तथा सापट (सबै प्रकारको)

सुरक्षणको विवरण	ब्याजदर
- अचल सम्पत्तिको सुरक्षणमा	१७% देखि १९%
- शेयरको सरक्षणमा	१६% देखि १७%
- बैंक तथा वित्त कम्पनीको बैंक ग्यारेन्टीमा	१५% देखि १७%
- सरकारी प्रतिभुति, अन्य बैंक तथा वित्त	
कम्पनीको मुद्दर्ती रसिदको धितोमा	१२% देखि १४%

हाम्रो सेवाहरु

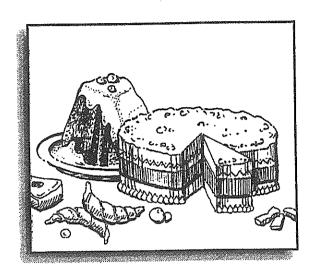
* नि:शुल्क दुर्घटना विमा निक्षेप रकमको पाँच दोब्बर वा अधिकतम रू. १,००,०००/- सम्म जुन चाहिं कम हुन्छ .
 * बिहान १० वजे देखि बेलुका ३.३० वजे सम्म रकम जम्मा गर्न पाउने सुविधा ।
 * बजार निर्माताको रुपमा सरकारी धितोपत्र, ऋण पत्रहरु खदि बिक्ती गर्ने ।

युनिभर्सल फईनान्स एण्ड क्यापिटल मार्केट्स लि.

कमलाक्षि, कान्तिपथ, काठमाडौं । पो. व. नं. १२३९६ फोन नं. २३०२३४, २४०९९८, २४५८६० फ्याक्स नं. २४५८९५ शाखा कार्यलय :- भानुचोक, धरान । फोन नं. २१९५८ फ्याक्स नं. २१९६४



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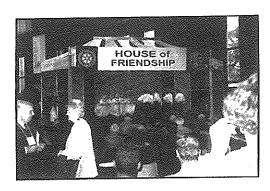
ROTARY CLUBS OF NEPAL

NAME OF CLUB	VENUE	MEETING DAY	TIME
1. Biratnagar	Adarsh Pustakalaya	Tuesday	5.30 P.M.
2. Birgunj	Hotel Hira Plaza	Friday	7.00 P.M.
3. Butwal	Hotel Sindur	Sunday	6.00 P.M. (Sum)
			5.30 P.M. (Win)
4. Chitwan	Hotel Narayani Safari	Friday	6.00 P.M. (Sum)
			5.00 P.M. (Win)
5. Dharan	Rotary Salan, Gautam Path	Saturday	5.00 P.M.
6. Dhulikhel	Hotel Himalayan Horizon	Saturday	8.00 P.M.
7. Hetauda	Hotel New Rapti	Friday	7.00 P.M. (Sum)
			6.30 P.M. (Win)
8. Itahari		Monday	5.00 P.M.
9. Kathmandu	Rotary Hall, Thapathali	Wednesday	5.30 P.M. (Sum)
			5.00 P.M. (Win)
10. Katipur	Hotel Ambassador	Tuesday	5.00 P.M. (Win)
11. Kathmandu North	Hotel Shangrila, Lazimpat	Sunday	5.00 P.M.
12. Kathmandu Mid Town	Hotel Sherpa, Durbar Marg	Friday	7.30 A.M.
13. Kathmandu Pashupati	Hotel Aquamarine, Baneshwore	Wednesday	8.00 A.M.
14. Kathmanu, Dillibazar	Pension Vasana, Hotel, Dillibazar	Monday	5.30 P.M.
15. Lumbini	Hotel Shantanu	Friday	6.00 P.M.
16. Nepalgunj	Hotel Snaha	Friday	5.30 P.M.
17. Patan	Hotel Narayani, Pulchoke	Monday	5.30 P.M.
18. Patan Lalitpur	Hotel Zenith, Chakupat	Saturday	9.00 A.M
19. Patan: Mt. Everest	Hotel Greenwich	Sunday	8.00 A.M.
20. Patan South	Hotel Clarion, Jawalakhel	Tuesday	5.30 P.M. (Sun)
		*	5.00 P.M. (Win)
21. Patan West	Hotel Summit, Sanepa	Thursday	5.30 P.M. (Sum)
			4.30 P.M. (Win)
22. Patan Yale	Adarsha Kanya Niketan School	Friday	5.30 P.M.
23. Pokhara	Hotel Kantipur	Monday	5.30 P.M.

सान आण्टोनियो जाॐ!



रो. कमल दीक्षित





अर्जोण्टना राज्यको राजधानी वुयनोस आइरिसमा यही जुन महिनाको ४ देखि ७ तारिखसम्म रोटरी इण्टरनेशनलको ९१औं कन्भेन्सन समपन्न भयो। त्यसमा भाग लिन म पुगेको थिएँ। नेपालबाट त्यहांसम पुग्नेमा यसपटक सके म एक्लै थिएँ। मैले अरु कसैलाई भेटिनँ। नेपालबाट मात्र होइन हाम्रो सार्क देशहरुबाट पनि अरु धोरै जनाको मात्र उपस्थिति थियो त्यहां। यताबाट जान धेरै टाडा र खिंचलो पनि बढी भएकोले होला यताको सहभागिता मसिनो थियो। जताबाट गएपनि हबाईजहाजमै, आकाशमै एकतर्फ २०/२२ घण्टा भन्दा

वढी विताउन पर्ने भएकोले यतातिरबाट धेरै जना नगएको हुनुपर्छ। पोहोर साल सिगापुर कन्भेन्सनमा नेपालवाट ३०/४० जना पुगेका थियौं। रमाइलो भएको थियो । यसपटक नरमाइलो भयो । भएपनि कन्भेन्सनमा पूरै समय भागलिइयौ । कन्भेन्सन शुरु हुनु भन्दा पनि दुई दिन अगाडिनै म त्यहां पुगेको थिएँ २ तारिखमा। किन भने सार्जेण्ट- याट- आर्म्सको तालिम कक्षा २ तारिखमै राखेको थियो, अपराहन्न । त्यसो त त्यो टेनिड़को अर्को सत्र भोलिपन्ट १० बजे पनि थियो । तर मैले भने पहिलो दिन नै त्यसमा भागलिई भोलिपल्ट चाहिं ९ बजे देखि नै 'सार्जेण्ट' को कार्य सम्हालिहालें। त्यस दिन म लगायत २०/२१ जना यासिट्याण्ट सार्जेण्ट-याट— आर्म्सहरु रजिप्ट्रेशन गर्ने हलमा थियौं । 'इन-साइट' रजिष्ट्रेशनपट्टि म थिएं। हाम्रा हाकिम, डेपुटी सार्जेण्ट तोसियो इतावासी थिए । आर आइ. का एशोसियट जनरल सेकेटरी रो. एड फुटा पनि त्यसै ठाउँमा डेपुटी सार्जेण्ट भएर काम गर्दैथिए। भोलिपल्ट मुख्य कार्यक्रम २ वजे मात्र शुरु भयो-ओपेनिङ सेसन। ओपेनिङ सेसन दुई पटक हुने थियो आधा जित डेलिगेटका लागि २.४५ वजेदेखि अर्को आधालाई ५ बजपछि। अघिल्लो र पछिल्लो ओपनिडका लागि गेट-पास भिन्नाभिन्नै रंगका थिए । भित्र पस्ता त्यो गेट-पास सार्जेण्ट -याट-आर्म्सलाई वुभाउनु पर्दथ्यो । अर्को, आइडेन्टिटी कार्ड चाहिं घाँटीमा भ्रुण्डाइराख्नु पर्ने नत्र उताउता गर्ने नपाइने। यत्रो कडा स्रक्षा व्यवस्था किन गरिएको त भन्दा आर्जेण्टीनाका राष्ट्राध्यक्ष डा. फर्नान्दो दे ला रुवा आउने रहेछन्। तर पहिलो दिनको त्यो सुरक्षा बेकारै भयो, किन भने त्यो ३ वजे आउने भनेको प्रसिङेन्ट त्यो दिन नआएर भोलिपल्ट १० वजे मात्र आए र वेलकम याड्रेस (स्वागत भाषणः गरे । उनको भाषण स्पेनियालीमा थियो । त्यसको तत्काल ट्रान्सलेसन अंग्रजीलगायत अरु पांच भाषामा भयो । वास्तवमा त्यो स्वागतभाषण बाहेक जुनसुकै भाषणको पनि तत्काल-अनुबाद सुन्न सिकन्थ्यो -तर एउटा एफएम रेडियो लिनु पर्थ्यो । यस्तो गर्ने अव र ोटरी कन्भेन्सनहरूमा एउटा परम्परानै बंसिसकेको छ। यो तत्काल अनुवाद गर्ने कार्य अंग्रेजी वाहेक, फ्रान्सेली, स्पेनियाली, कोरियाली, पोर्तुगाली र जापानी भाषामा हुन्छन्। एफ एम रेडियोको मोल दश डलर तिरेर लिन सिकन्थ्यो-त्यो कन्भेन्सन सेण्टरमा।

"तंलाई त्यो कन्मेन्सनमा सबभन्दा के राम्रो लाग्यो ?" भनेर सोध्यो भने म भन्छु- त्यसै दिन छानिएको भनिएका (तर वास्तवमा पहिले नै कमिटीले छानी डेलिगेटहरुबाट त्यसीदिन तािलिपिटेर औपचािरकता पूरा गरिएको मात्र) आर. आइ. का नयाँ (२००१-२) प्रसिडिण्ट - इलेक्ट रो. रिचार्ड डी. किंड (नाइल्स, क्यालिफोर्नियाका) को यावसेप्टेन्स स्पीच खुवै राम्रो लाग्यो। त्यसो त अवका प्रेसिडेण्ट, मेक्सिकाका रो. फाइ जे डेमिलनको भाषण पिन राम्रो थियो। उनको रोटरी वर्षको नारा, (थिम) किएट एवेरनेस, टक यावसन (अर्थात् चेतना जगाओं, काममा लागों) भन्ने थियो। उनले त्यसै आसयको बीसिमिनेट लामो सुन्दर भाषण गरेका थिए।

टाङ्गो नाचको देश अर्जेण्टिना , यस पटक हाउस अफ फ्रेण्डिसपमा विभिन्न जोडीहरूले टाङ्गो नाचको प्रदर्शन गरी डेलिगेटहरूको मनोरञ्जन गराएका थिए। त्यसवाहेक पैसा तिर र (टिकट किनेर) सहभागी हुने टाङ्गो डिनर शो र टाङ्गो नाइट एक्स्ट्रा भेगाञ्जा भनेर पिन राखेको थियो ६ तारिख जुनको राति ८ वजेदेखि लुना पार्कमा। भोलिपल्ट वुभदा त्यो नांच पार्टी विहान २/३ वजेसम्म पिन चलेख।

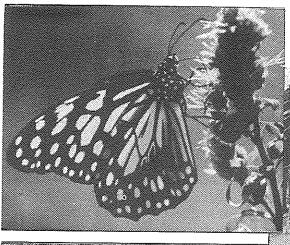
कन्भेन्सन हलमा चाहिं भाषणहररुका वीच-वीचमा ल्याटा अमेरीकन संगीत, एण्डीजको पहाडिया संगीत, उत्तैका मौलिक पुराना वाजाहरुका सूरमा खूव सुन्न पाइएको थियो। हाम्रो नेपाली पहाडिया संगीतसंग मिल्न खोज्ने ती गाना र वजाना सुनदा मलाई चाहिं बुयनोस आइरिस प्रोको सार्थक भएको जस्तो लागेको थियो।

अरु कुरा त सबै जस्तै हो । एकपटक एउटा आर आइ. कन्भेन्सन (महासम्मेलन)मा सहभागी भएर आइसकेपछि. सबै जस्तैजस्तै हो- फर्म्याटमा हालेर, हालेर राखेजस्तो ।

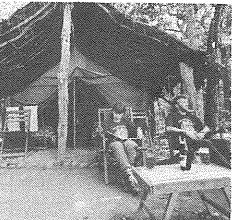
तर भिनन्छ के भने रोटेरियनहरुले एकपटक कमसेकम एउटा कन्भेन्सनमा भाग लिनै पर्छ रे । नव हामी मरेर गएपछि हाम्रा इन्द्र महाराजले, "मछेन्द्र भीटो हेरेर आएको होस् ?," "विस्केट जावा हेरेर आएको होस् ?" भनेर सोधे जस्तै पाउल ह्यारिसले माथि सोढछन् र े- "रोटरी इण्टरनेशनल कन्भेन्सनमा कैले भाग लिएका थियौ ?" भनेर । त्यसैले साथीहरु, बुयनोस आइरिस नपुगे पिन, अर्को वर्ष टेक्सास (अमेरिका) को जुन २४-२७ सम्म हुने सान आन्टोनियोमा जान कोशिश गर्ल मन्छ म । अथवा यस्तो नारा लगाऊँ - "रोटरियनहरु, अर्को वर्ष सान आण्टोनियो जाऊँ !"



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CONVENTIONS OF ROTARY INTERNATIONAL

	YEAR	GIV	DATE REG	ISTRATION
Ì	1910	Chicago IL, USA	August 15-17	60
	1911	Portland OR, USA	August 21-23	149
-	1912	Duluth MN, USA	August 6-9	598
	1913	Buffalo NY, USA	August 18-21	930
	1914	Houston TX, USA	June 22-26	1,288
	1915	San Francisco CA, USA	July 18-23	1,988
	1916	Cincinaati OH, USA	July 16-20	3,591
	1917	Atlanta GA, USA	June 17-21	2,588
	1918	Kansas City MO, USA	June 24-28	4,145
	1919	Salt Lake City UT, USA	June 16-20	3,083
	1920	Atlantic City NJ, USA	June 21-25	7,213
	1921	Edinburgh, Scotland	June 13-16	2,523
	1922	Los Angeles CA, USA	June 5-9	6,096
	1923	St. Louis MO, USA	June 18-22	6,779
	1924	Toronto ON, Canada	June 16-20	9,173
	1925	Cleveland OH, USA	June 15-19	10,216
	1926	Denver CO, USA	June 14-18	8,886
	1927	Ostend, Belgium	June 5-10	6,412
	1928	Minneapolis MN, USA	June 18-22	9,428
	1929	Dallas TX, USA	May 27-31	9,508
	1930	Chicago IL, USA	June 23-27	11,008
	1931	Vienna, Austria	June 22-26	4,296
	1932	Seattle WA, USA	June 20-24	5,182
	1933	Boston MA, USA	June 26-30	8,430
İ	1934	Detroit MI, USA	June 25-29	7,377
ļ	1935	Mexico City, Mexico	June 17-21	5,330
	1936	Atlantic City NJ, USA	June 22-26	9,907
ļ	1937	Nice, France	June 6-11	5,790
	1938	San Francisco CA, USA		10,432
Ì	1939	Cleveland OH, USA	June 19-23	9,241
ļ	1940	Havana, Cuba	June 9-14	3,713
	1941	Denver CO, USA	June 15-20	8,942
	1942	Toronto ON, Canada	June 21-25	6,599
	1943	St. Louis MO, USA	May 17-20	3,851
	1944	Chicago IL, USA	May 18-22	403
	1945	Chicago IL, USA	May 31, June5, 12, 19	
	1946	Atlantic City NJ, USA	June 2-6	10,958
	1947	San Francisco CA, USA		14,678
	1948	Rio de Janeiro, Brazil	May 16-20	7,511
	1949	New York NY, USA	June 12-16	15,961
	1950	Detroit MI, USA	June 18-22	6,949 8 453
	1951	Atlantic City NJ, USA	May 27-31	8,453 6,804
	1952	Mexico City, Mexico	May 25-29	6,804 10,107
	1953	Paris, France	May 24-28	10,107 8.015
	1954	Seattle WA, USA	June 6-10	8,015 1/i 312
	1955	Chicago IL, USA	May 29-June 2	14,312

YEAR	CITY	DATE	REGISTRATION
1956	Philadelphia PA, USA	June 3-7	10,003
1957	Lucerne, Switzerland	May 19-23	9,702
1958	Dallas TX, USA	June 1-5	14,035
1959	New York NY, USA	June 7-11	15,475
1960	Miami Beach FL, USA	May 29-June 2	11,354
1961	Tokyo Japan	May 28-June 1	23,366
1962	Los Angeles CA, USA	June 3-7	22,302
1963	ST. Louis MO, USA	June 9-13	10,779
1964	Toronto On, Canada	June 7-11	14,661
1965	Atlantic City NJ, USA	May 30-June 3	9,368
1966	Denver Co, USA	June 12-16	12,929
1967	Nice, France	May 21-25	19,362
1968	Mexico City, Mexico	May 12-16	11,840
1969	Honolulu HI, USA	May 25-29	14,453
1970	Atlanta GA, USA	May 31-June	10,803
1971	Sydney NSW, Australia	May 16-20	16,646
1972	Houston TX, USA	June 11-15	13,287
1973	Lausanne, Switzerland	May 13-17	17,187
1974	Minneapolis-St. Paul MN, U		10,015
1975	Montreal PQ, Canada	June 8-12	12,975
1976	New Orleans LA, USA	June 13-17	13,935
1977	San Francisco CA, USA	June 5-9	14,168
1978	Tokyo, Japan	May 14-18	39,834
1979	Rome, Italy	June 10-13	14,429
1980	Chicago IL, USA	June1-5	18,309
1981	Sao Paulo, Brazil	May 31-June	į.
1982	Dailas TX, USA	June 6-9	13,222
1983	Toronto ON, Canada	June 5-8	16,250
1984	Birmingham England	June 3-7	22,452
1985	Kansas City MO, USA	May 26-30	12,920
1986	Las Vegas NV, USA	June 1-4	18,426
1987		June 7-10	26,909
1988	Philadelphia PA, USA	May 22-25	16,316
1989	Seoul, Korea	May 21-24	38,878
1990	Portland OR, USA	June 24-27	21,053
1991	Mexico-City, Mexico	June 2-5	15,638
1992	Orlando FI, USA	June 14-17	
1993	Melbourne, Vic., Australia	May 23-26 June 12-15	
1994	Taipei, Taiwan	June 12-15 June 11-14	i
1995	Nice, France	June 11-14 June 23-26	
1996	Calgary, AB, Canada	June 23-26 June 15-18	
1997	Glasgow, Scotland	June 15-16 June 14-17	
1998	Indianapolis, IN, USA	June 14-17 June 13-16	
1999	Singapore, Singapore	June 4-7	15,000
2000	Buenos Aires, Argentina		
2001	San Antonia, Texas, US	n vunc 24-2/	



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Others	14.50 %
Working Capital Loan	
Prime	
Industry	13.00 %
Trade/Commercial	13.50 %
Others	14.50 %
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Hire Purchase Loan	
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	Whichever is higher
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Other loans	15.50 %

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We extend our Best Wishes for the grand success of Rotary Club of Patan on the 15th Installation Ceremony

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THE ROTARY FOUNDATION



PDG Tehmas R. Maneshaw District Leadership Trainer - Nepal Chairman, Nepal Ntional Polio Plus Committee - 1999 -2002

Rotary international, founded in 1905, is now a network of nearly 1,170,904 members in 29,268 clubs in 162 countries and 34 geographical region. Members are business and professional leaders united in commitment to the object of Rotary, exemplified in the motto, "SERVICE ABOVE SELF"

The object of the Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First: the development of acquaintance as an opportunity for service.

Second: high ethical standards in business and professions, the dignifying of each Rotarian's occupation as an opportunity to serve society.

Third: the application of the ideal of service in each Rotarian's personal, business and community life.

Fourth: the advancement of international understanding, good-will and peace through a world fellowship of business and professional persons united in the ideal of service. In Rotary clubs, its four elements are opened to the development of club programs through four "avenues" of service: club service, vocational service, community service and international service.

Each Rotary international president elected to serve for one year, develops an RI theme generally expressed in a program of emphasis for that year. District and club programs are developed as expressions of the theme.

Through the four avenues of service, programs are devised to serve youth, the elderly and the disabled, to promote

literacy, to protect the environment, to encourage high ethical standards, and to advance international understanding and world peace. Programs of Rotary international emerge from the experiences of individual clubs and districts as models.

Rotary international is organized as a not-for-profit corporation in the state of Illinois, USA. It is an organization, or association, of over 29268 member Rotary clubs. Its purpose is to provide service to those clubs, and 528 Rotary district in which they are organized for administrative purposes. Rotary international has a staff of more than 550 men and women who assist clubs and districts through a menu of programs in the 4- Avenues of service.

Rotary International offer to clubs and districts a wide variety of activities; World Community Service, Youth Exchange, World Fellowship activities, Inter-country committees, Rotary Volunteers and other related programs and activities. These activities, however, are designed for district-to-district, or club-to-club, or even Rotarians-to-Rotarians interchange. Yet Rotary offers even further opportunities within the avenue of International Service, which include a menu of programs that require worldwide support from Rotary clubs everywhere. These are the programs of The Rotary Foundation of Rotary International.

The Rotary Foundation offers opportunities where Rotary clubs and districts can combine their strengths and carry out larger service activities than would ever be possible at the individual, club or district level. It is thanks to the combined efforts of Rotarians worldwide that the Foundation can offer one of the finest International Scholarship programs — a program that sends more than 1,300 men and women to study abroad each year. It is how the Foundation can offer its Group Study Exchange



Program, which sends approximately 2,000 men women abroad each year to learn about life and culture in another country. It is how the Foundation can fund its Humanitarian Grants programs – Matching Grants and Health, Hunger and Humanity Grants – and its Peace programs. It is how the Foundation can fund such efforts as the Grants for University Teachers to Serve in Developing Countries, Grants for Rotary Volunteers and the Carl. P. Miller Discovery Grant.

The Rotary Foundation is a part of the whole Rotary International – an important part because it gives Rotary clubs and districts the opportunity to join together in a significant International Service activities.

The Manual of Procedure of Roatary International defines The Rotary Foundation as "A not-for-profit corporation providing worldwide humanitarian grants to needs people and worthy projects, and educational awards for international exchanges of scholars and teachers, and business and professional people. Its objective is the achievement of World Understand and Peace through international charitable and educational programs".

The Foundation is governed by a 13 – members Board of Trustees appointed by the President of Rotary International and approved by the RI Board of Directors. Four of the Trustees are Past Presidents of R.I. Each Trustee serves a four – year term. The Trustees manage the affairs of the Foundation including the administration of all funds and property, as well as the administration of its programs.

The General Secretary of RI serves as General Secretary of the Foundation. This individual is the chief operating officer, responsible for carrying out decisions made by the Trustees.

A Brief History:

Rotarians the world over readily recognize and identify the name of Paul P. Harris as the founder of Rotary International. Less well-known, even to Rotarians, is the name of Arch C. Klumph. He, too, was an early President of R.I the sixth, serving in 1916 –17, and it was he who proposed to the 1917 Convention in Atlanta, Georgia, USA, the creation of an "endowment fund for Rotary... for the purpose of doing good in the world in charitable education, and other avenues of community progress."

The proposal was successful, and fund became a reality with receipt of its first contribution - \$26.50 from the Rotary Club of Kansas City, Missouri, USA. The gift represented the surplus of funds left over from the 1918 convention in that city. That was the beginning of what has now become a multimillion – dollar philanthropic enterprise.

By 1928 the fund had grown to \$ 5,739.07, and the RI Convention in Minneapolis, Minnesota, USA, decided it was time to give the fund legal recognition. It was renamed The Rotary Foundation, and five Trustees were named to "hold, invest, manage, and administer" all of its property and, with approval of R.I. Board of Directors, to "expend the corpus of the income therefor as a single trust, for the furtherance of the purposes of R.I."

The first Trustee included Past RI President Arch Klump, who served as Chairman for the next 5 – years. The grant was made in 1930 - \$ 500 to the International Society of Crippled Children.

The founder of Rotary International, Paul P. Harris died in January 1947. A lifelong friend of PRIP Arch Klumph, Paul Harris specially requested that memorial gifts be made as contributions to the then-dormant Rotary Foundation.

By 30 June 1948, more than \$1 million had been contributed — nearly twice as much as had been received over the previous 30 years. Using these gifts, the Foundation sent relief funds to war victims ultimately providing nearly 12,000 food and clothing packages to war-torn countries. In 1948, a group of 18 well-qualified scholars from seven countries became the first Rotary Foundation fellows for Advanced Study.

Annual contributions to the Foundation have increased steadily since 1948. They exceeded \$500,000 for the first time in 1954 – 55, and went over \$1 million a decade later. The number of Rotary Scholarships multiplied from 55 in 1949 – 50 to 126 in 1959-60. Currently, 1200 to 1300 scholarships are awarded annually. An individual is designated a Paul Harris Fellow when he or she contributes at least \$1,000 to the Foundation, or when that amounts is contributed to allow individuals to achieve this recognition over a period of several years with an initial donation of \$100. One who contributes US\$ 10,000 becomes a Major Donor.

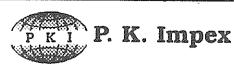


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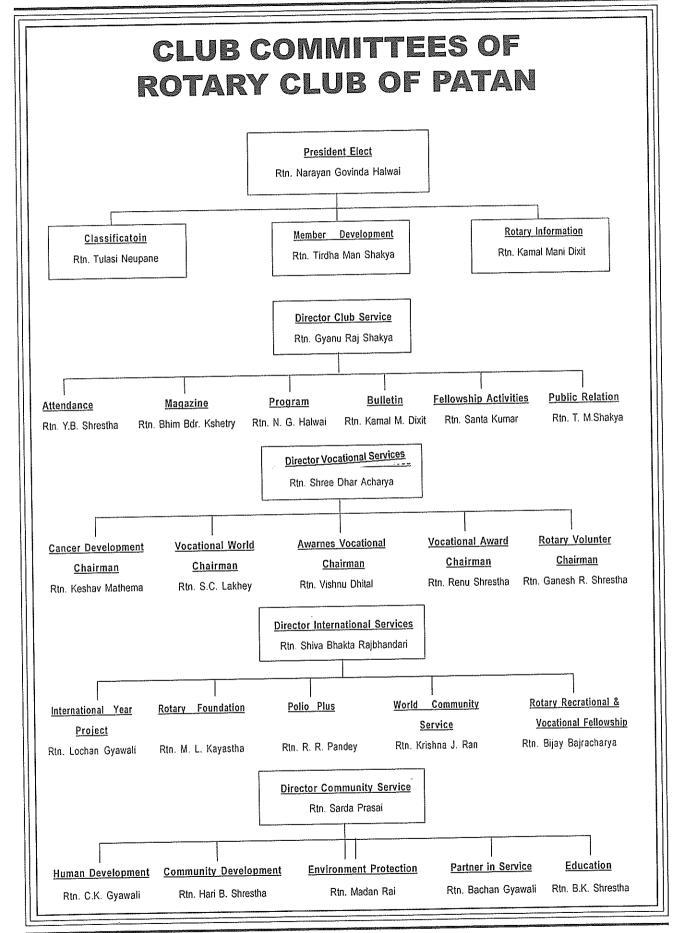


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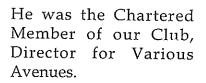


WE REMEMBER

This year we lost two Past Presidents of our club.



Late P.P. Prajapati Prasai
President 1990 - 91



His main contribution was for the establishment of Senior Citizen Home Project and the Education Scholarship to Poor Students Program.



Late P.P. Hom Raj Bajracharya President 1991 - 92

His main contribution was for providing Medical Equipment to the Patan Hospital and Anup Pipal Hospital and started the project to preserve Traditional sone Spout Rehabilitation in Patan.



STRESS AND HOW TO DEAL WITH IT

Rtn. Dr. Jwala Raj Pandey

What is stress?

Stress is the impact of a wide range of sensory and/or psychological experiences known as 'stressors' on the human body and mind, initiating a biological response which, if sustained over a period of time, will lead to deterioration of physical, mental, social and spiritual wellbeing of a person.

Stress and stress-related diseases and disorders are on the rise. Modern civilization with its fast pace has given us more occasions to feel the 'adrenaline rush'. Fierce competition in every sphere, high ambition, irregular and unfettered life-style have increased our susceptibility to stress and also less capability to cope with it.

Many diseases and disorders are directly or indirectly related to stress:

- Disease having strong relationship with stress: Heart diseases (coronary artery disease), high bloodpressure, peptic ulcer, obesity, diabetes, colitis (irritable bowel syndrome), viral infection, rheumatoid arthritis, asthma, skin diseases (meurodermatitis).
 - Cohen of Carmegie Mellon in 1991 stated that there is a tangible relationship between stress and immune dysfunction.
- Symptomatic disorder where stress is a factor
 Recurrent headaches particularly migraine, depression,
 digestive disorders, disorders of sleep, disorder of
 social behavior, loss of memory.
- Other problems
 Alcoholism, drug-abuse (both prescription drugs such as tranquilizers, anti-depressants and mood-elevators as well as non- prescription hard drugs)

It is wrong to believe that material loss or failure in material gain is the cause of stress. Poverty, physical disease, not having children and not achieving fame and social position, are wrongly considered as causes of stress and people spend their life-time following the rat – race to achieve all these. We know from our experience in life that rich people, physically healthy people, those having many children and those in high positions are not stress- free, rather they are more stressed than the others. Stress affects the psyche and the spirit of the man, hence its origin is not to it. The achievement of a stress-free state is therefore realization of the true spiritual of man and breaking the mental attachment and physical indulgence to material pleasures, and following spiritual pursuits.

Maharishi Patanjali, many thousand years ago, in his Aphotisms on Yoga (Yoga – sutra), described the true cause of stress and its manifestations:

'The main causes of stress leading to man's sufferring are- ignorance (not realizing the true spiritual nature of man and identifying oneself with the physical body and mind), egoismm (sense of invincibility when man is, in reality, a weak mortal being), attachment to sense – objects, and envy and jealousy, and the desire to fight for survival at any cost.'

Patanjali further describes the symptomatology of stress which is far better that the one described by the best of the modern physicians:

'Sickness, Laziness, doubt, lack of enthusiasm, despair, sloth, more craving for sense-pleasures, false perception, lack of concentration, unsteadiness of thought are the



disturbances of mind due to stress.'

'The above distractions and disturbances of the mind are manifested as grief, despondency, trembling of the body and irregular breathing and sighs.'

Lord Shri Krishna also, in the Bhagawatgita, states that over attachment to sense – objects is the main source of stress and sorrow:

'The man dwelling, on sense — object develops attachment to them: from attachment springs up desire and from desire (when unfulfilled) ensues anger, from loss of discrimination there is confusion of memory, from confusion of memory arises loss of wisdom and reason, and thus one goes into complete ruin.'

How to cope with stress?

Stress cannot be totally eradicate from our lives, but we can certainly reduce its impact on our physical and mental health. We should understand that more and more acquisition and achievement of material objects and name and fame are not the treatment of stress. On the other hand, they increase the stress more. Use of drugs and medicines, which the common physicians so readily prescribe, is also not a wise approach. Other methods which have been tried particularly in the west are – group therapy and support, motivation techniques, music therapy, consoling etc.

All of these management lies in dealing with it on spiritual plane.

As it is understood that mind is the seat of stress, its wandering nature has to be controlled disciplined first. Lord Krishna has said in the Bhagawatgita:

'The mind (which is restless no doubt) can be brought under control by repeated practice and by non-attachment to sense- objects,'

Yoga, which is now recommended as a therapy for stress,

depends on the above principle. Patanjali in his aphorisms on Yoga says:

'Yoga is really the control of thought - waves of the mind.'

The value of meditation as a method of mind discipline has now been realized even in the west. On the basis of this Dr. Herbert Benson established the mind-Body medical institute at Harvard. The University of Massachusetts has also established a center called 'Center for Mindfulness in Medicine'. Maharishi Mahesh yogi's Institutes on transcendental meditation are carrying out lot of research on effect meditation on human body, mind and spirit.

In order that meditation becomes more result- oriented certain disciplines of life must be followed which Patanjali describes as 'Yama and Niyama'. They are:

'Abstention from evil-diong, various bodily obser-vances, regular exercise, control of breathing, with-drawl of mind from sense-objects, concentration, and meditation.'

Whatever one does in life one should adopt a balanced approach. Lord Buddha calls it the 'middle way'. Patanjali calls it the path of 'samyama'. Lord Krishna describes the balanced life in the best possible manner in the Bhagwatgita:

'One who is regulated in food, recreation, performance of wordly activities, and who is regulated in sleep and wakefulness achieves a stress- free and happy life.'

Modern age is the age of stress. The trend is towards increase in stress-producing factors and situations. Mental illness, drug addiction and even suicide rate are on the rise because of despondency and despair. All mundane and material methods of stress management give only temporary benefit. Spiritual Knowledge and practices are the only effective way of dealing with stress and leading a happy and blissful and peaceful life.







We extend our Best Wishes for the grand success of Rotary Club of Patan on the 15th Installation Ceremony



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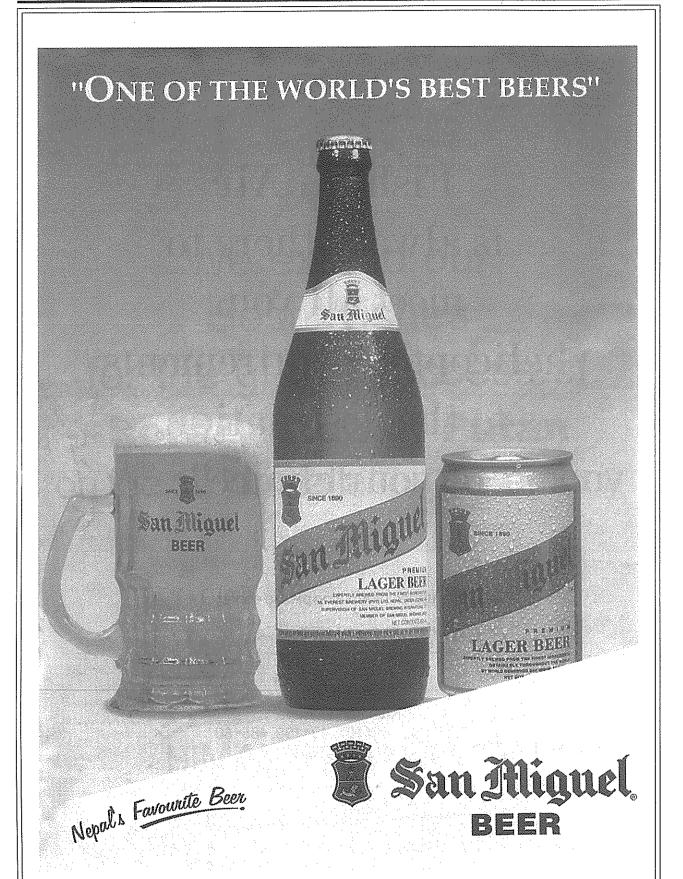


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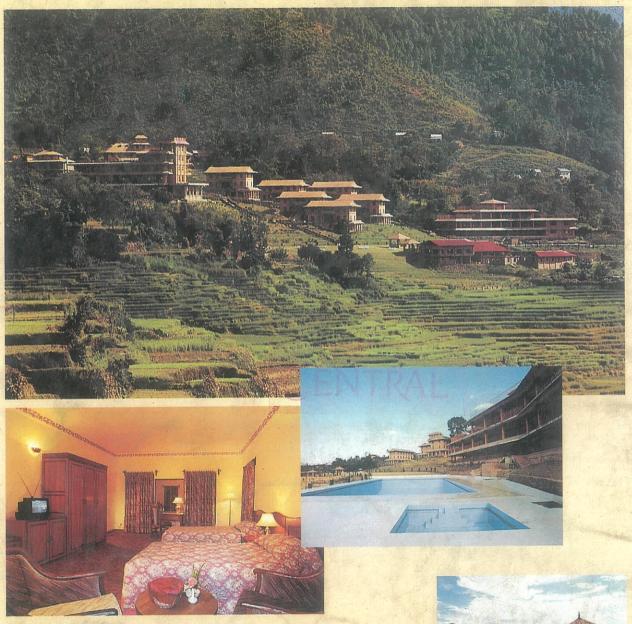
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et on the banks of a lazy meandering stream, amidst a lush green terraced valley, with the magnificent backdrop of the mighty Himalayan snow clad peaks. Your resort offers the finest traditions of Nepalese hospitality combined with International standards of luxury and personalised service.

50 well appointed spacious rooms, including two suites, for the ultimate in luxurious comfort. A well equipped conference hall for conferences or banquets, uniquely built to offer an amazing view of the surrounding Lofty mountains. Two additional Board rooms, with a sunny verandah. A fully equipped Health Club with Jacuzzi, Steam, Sauna & Massage. A Swimming pool, clay Tennis Courts, and a Billiards Room conceived as recreational delights.



CENTRAL

Godavari Resort

Amarabati (Toukhel) Godavari, Lalitpur, Nepal. Tel: 533675, 290675, Tel/Fax: 977-1-290777

Corporate Office: P.O.Box: 837, Kathmandu, Nepal. Tel: 521780, 522399, Fax: 977-1-526683, 527619