
$\begin{array}{ccccc}\text { L．KAYASTHA } & \& \quad \& \quad \text { ASSOCIATES PVT．LTD．} \\ \text { ENGINEERS，} & \text { DESIGNERS } & \& & \text { DEVELOPERS }\end{array}$


EARLY CHILDHOOD EDUCATION CENTRE
Location： $\begin{aligned} & \text { Jawalakhel，Bhanimandal，Lalitpur } \\ & \text { Client／Owner：Early Childhood Education Centre } \\ & \text {（On－going Project）}\end{aligned}$



MR．\＆MRS
RCHITECTS．


BOUDHABARI BUSINESS COMPLEX
Location：Boudhobani．Teku，Kothmandu
Location：Boudhobel．


B \＆в hospital：
Main Block \＆Exte
Main Block \＆Extension Block


karmachari sanchaya kosh－ COMMERCIAL COMPLEX（KATHMANDU MAL） Client／Owner．Karmachari Sanchaya Kosh Client／Owner．June 2005


AGR


AGRICULTURAL DEVELOPMENT BANK－
Location：Macthopur．Thimi，Bhoktiour
Client／Owner：Agriculturual Development Bank Client／Owner：Agricultural
Completeed：Apri 2003 ราเดา


2

nepal bayern electric building $\qquad$
KATHMANDU PLAZA：Commercial Complex KATHMANDU PLAZA：Commercia
Location：Komoloci．Kothmandu
Kiter Location：$\quad$ Kamaloci．Kommand
Client／Owner．Concept Developers Put． tid． KATHMANDU TOURIST SERVICE CENTRE KAIHMAN：Bhrikuti Mandop．Kathmandu

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\begin{aligned}
& \text { Completed: Sept. } 1998 \\
& \text { CENTRE }
\end{aligned}
$$宮豪

关
空言 Tourism Infrastructure
Development Project
Feb． 1997
nabil house：
Corporate Office Building of NABIL Bank Ltd． Location：Komolacii．Kothmandu
Client：Soollee Hotel Itd． Completed：July 1996


jervices Provided：
nineering Projects and offers comprehensive and integrated range of planning，design and technical services such as：
＊Preparation of Construction Drawings and Documents ＊Contract Negotiation ＊Preparation of

Contract Documents
 ＊Construction Supervision ＊Surveying
＊Property Inventory ＊Property Valuation／ Assessment
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 ＊Feasibility Studies
sə！pnts u6işa＊
＊Designs for
all Architectural Works

＊Building Services Designs

＊Interior Designs
＊Landscape Architecture
＊Cost Estimates



Congratulations and Best Wishes to
on formation of New Rotary International District 3292 Nepal and to the first Governor Rtn.Dr.Tika Man Vaidya. We all wish him for a very fruitful and successful tenure.

Rotary Club of Patan

Inner Wheel Club of Patan

उच्च स्तरीय प्रविधिबाट तयार गरिएको विभिन्न साइजको बलियो तथा कम दामको भरपर्दो HDPE/PP प्लाष्टिकका बोराहरुको लागि सम्भनुहोस्। नेपालको एक मात्र उद्योग

## यूनाइटेड पोलिस्याक्स् प्रा. लि. <br> UNITED POLYSACKS PVT. LTD.

HDPE/PP प्लाष्टिकका बोराहरको उत्पादक
३/६४ मेनरोड, नारायणगढ बजार, चितवन, नेपाल फोन: ०प६-४२०१३१, प२६५४९, प्याक्स: ०乡६-प२३७२Ц

## Branch Office:

Kopundole 10, Lalitpur
Tel 5011613, 5011614, Fax: 5011612
PO Box : 12247, Kathmandu, Nepal
E-mail: unitedp@ccsh.com.np
Factory:
Thumsi, Gaidakot-9, Nawalparasi, Lumbini, Nepal
Tel: 056-501396


Dr. Tikaman Vaidya<br>District Governor 2008-2009

July 01, 2008
"Make Dreams Real"
आ नो भद्रा: क्तवो यन्त विश्वतः
"Let noble thoughts come to us from every side" Rigyeda

Congratulations for being the member of your Club on the first year of our new Rotary International District 3292. This is a great honour and privilege but at the same time we have certain responsibility as committed Rotarians to serve the needy people selflessly. We believe that unitedly we can make visible changes in the society in improving the quality of lives of our fellow citizens.

Make Dreams Real is the theme given by the Rotary International President Rin. D.K.Lee, for the year 2008-2009. I think this theme is most befilting to our new Rotary International District 3292. Why I am saying this is because of long standing cherished dreams of all Nepalese Rotarians to have our own Rotary District for Nepal. We made our dreams real in achieving our goal to have our own Rotary District. But our dream is fulfilled partially only because we have yet to make the new Rotary District functional and to undertake Rotary activities successfully.

Rotary International President D.K.Lee has entrusted us with his theme of reducing the child mortality through activities which would address the causes of child mortality. He has mentioned Health and Hunger, Literacy and Water Management as the areas through which we can reduce the child mortality. In addition to that we have also to prioritize some of our own community need-based programs which are necessary in improving the quality of lives of our people. Projects such as people living with disabilities,

Auxiliary Nurse Mid- Wife training, Prolapsed Uterus, Breast Cancer, Vision screening, use of solar energy, adopting one Ward or one VDC and make it 100 percent literate have been identified to work on.

My fellow Rotarians of RI District 3292, we have several promises to keep, we have still many "Dreams" to be fulfilled. I know it is difficult to achieve all the identified goals. But our greatest weakness lies in giving up. The certain way to succeed is always to try just one more time. Go on working freely and furiously and you will make progress. The pleasure in life is doing something which people say you cannot do. I wonder why people give up big dreams for small realities.As of now Rotarians of Nepal are enthusiastic and willing and that is the greatest asset for us.

Upanishads have said: "Have faith in all you do. Only the men of faith do the doors of this world open. Faith is daring to go further than you can see".

Fellow Rotarians: Forsake all inhibitions. Pursue Thy Dreams. Together there is no limit to what we can accomplish. I love to see the bright side of things not the seamy side.

I wish all the success during the year 2008-2009. Enjoy Rotary!

Yours-in-Rotary,


Dr. Tikaman Vaidya

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## Message of Dist. Governor Elect



July 7, 2008

## Rin. Santa Kumar Shrestha <br> President 2008-09 <br> Rotary Club of Patan

Dear President Santa Kumar,

My most sincere congratulations to you and your team on this happy occasion of the $23^{\text {rd }}$ Installation of the Rotary Club of Patan and on being the chosen leader of this club during the Inaugural Year of Nepal District 3292 . I would also like to thank outgoing President Rtn. Keshab B. Mathema and his team for successfully completing their responsibilities for Rotary year 2007-08

This year RI President Rtn. Dong Kurn Lee announced the theme of "MAKE DREAMS REAL" for the world's children, and urged us to use our resources to help curb child mortality. The theme " MAKE DREAMS REAL" encourages all Rotarians to use their expertise, abilities and strengths to continue the unfinished work of Rotary's dream for -WATER, HEALTH, HUNGER AND LITERACY for all by asking Rotarians to focus their efforts in
each of these areas on children.
I am confident that under your leadership, the Rotary Club of Patan will promote the Rotary International's Presidential theme of" MAKE DREAMS REAL" in the best possible way in the year to come, and make a meaningful contribution to the great movement of Rotary.

Best wishes from me and Chandra.


Yours-in-Rotary
Raina Man Sakya
District Governor Elect
RI District 3292


President, Rotary Club of Partan,

Dear Ran. Santa Kumarii,

I am delighted to know that you are going to publish a Souvenir on the auspicious occasion of the $23^{\text {rd }}$ Installation Meeting of the Club to be held on $21^{\text {th }}$ July 2008.

First of all, let me congratulate you on becoming the President of the Club during the historic year 2008-2009 which coincides with the formal establishment of a separate District 3292 of our own beginning $1^{\text {st }}$ July 2008.

After more than a decade-long hard work, our dream of having a separate RI District for Nepal has become a reality. Now we have to work very hard in the days ahead to make our district comparatively better than other districts in the region. To this end, I am confident that you will
lead your team during the coming year in a manner that will successfully carry out the objectives of the Rotary thereby making a significant contribution to the Rotary movement in Nepal.

Let us unite and work together for noble causes.

Yours-in-Rotary


Rein. Tirtha Man Sakya, DGN (2010-2011)
RI District 3292

## With lest campliments



## 0

Himal Tenis (Pvi.) Lid.
69. Patan Industrial Estate, Lagankhel, Laltpur,

Tel (Off) 5522202, 5527202 (Res.) 5526070,5328866 Fax: (977) 1.5527167
Email info@himaltents.com URL: wwwhimaltents.com

There is an old Brazilian saying - "If we dream alone, it is a dream, if we dream together, it is a reality". This fits in so perfectly with this year's Rotary theme, "Make Dreams Real". In Nepal's case, we Rotarians had a little dream also - to have a separate Rotary district of our own. As it was a common dream of all Nepalese Rotarians, it has become a reality as Nepal gets a separate district of its own beginning $1^{\text {st }}$ July 2008

The advent of a new Rotary District 3292 is a joyous occasion for all Nepalese Rotarians. We have every reason to rejoice at this achievement. With a separate district of its own, Nepal has acquired a distinct identity in the Rotary world. This will also give a boost to the Rotary movement in Nepal. New and greater opportunities will open up for the Rotary in Nepal.

But along with opportunities, challenges also will appear. And we should be ready to face up to the new and unseen challenges. We will have to work harder to live up to the rising expectations of a new district. Our club has a fairly good track record of achievements in many areas. We should keep up the good work that we have been doing and strive to broaden and deepen our programs and projects, with greater involvement of our members, including the new ones.

With nearly 40 members, our club is among the larger clubs of the country. But we should try to get more members, preferably younger ones to counterbalance the relatively higher age average
of the club. The induction of younger members will also give a fresh impetus to the activities of the club.

The new team led by President Rtn. Sant Kumar Shrestha will succeed the outgoing team of President Rin. Keshab Bhakta Mathema. We can look back with satisfaction at our work for the year 2007-08. We are confident the new team will forge ahead in full gear in carrying forward the torch of Rotary.

It is a matter of pride for all of us that our Club got the first prize this year for our weekly bulletin Lalitdhara of which this is the Souvenir Issue. The credit goes solely to our senior Rotarian Kamal Mani Dixit for his zeal and devotion in bringing out the bulletin week after week without interruption all these years. In conclusion, I would like to thank the contributors and advertisers for their cooperation. Thanks are also due to other members of the Editorial Board of the Souvenir Bulletin - Rtn. Ganesh Rai Shrestha and Rtn. Kedar Bhakta Shrestha- for their hard work and invaluable advice in bringing out this Souvenir Issue.

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\text { M. } 2 \text { S. Shestha }
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Rtn. Dr. Mukti Narayan Shrestha Coordinator Editorial Board Lalitdhara Souvenir Bulletin

# Editorial Board 




Ganesh Raj Shrestha


Kedar B. Shrestha


Mukti N Shrestha

## President's Message



Dear Fellow Rotarians,

As my term as your President comes to a close, 1 take this opportunity to extend my warmest gratitude to all of you for contributing to our common vision and for helping realize much of it. This, I believe, has made our Club so unique and special. My gratitude in particular goes to all of my Board members and the members of Inner Wheel, who have selflessly advised me in our activities during the course of fulfilling the greater part of our mission.

The recent change in Nepal's political order has not only been profound historically but it has also opened up fresh avenues for civil action. The inclusive governance that has been promised for the new Nepal has the potential to narrow the social and economic divide and alleviate the deepening poverty that has plagued our country for so long. It is in these extraordinary times of our history that I welcome and congratulate the new team under the leadership of my friend Rotarian Santa Kumar Shrestha. I urge him to seize the new opporiunities before him and before the country to address the concerns of those who are still outside the development mainstream. I am confident that Rotary's strength of vision and the force of our commitment will go a long way toward
fulfilling at least some of the aspirations of a new Nepal. This is also a significant year for us to welcome our own Rotary District 3292 and its first Governor Rotarian Dr. Tika Man Vaidya. It is the beginning of a new era for Nepal Rotary. The new District will now provide a much needed plafform for consolidating the efforts of all the Clubs in the country so that our total engagements become more resounding and effective.

In closing, I quote from a well-known British philosopher George Bernard Shaw, "Life is no brief candle for me. It is a sort of splendid torch which I have got hold of for the moment, and I want to make it burn as brightly as possible before handing it on to future generations." Let us keep the 'forch' burning.

With all my good wishes,

Yours in Rotary
lramannems
Keshab B. Mathema
President, 2007/2008


## Dear Fellow Rotarians,

I have great pleasure to say that a long awaited dream of having a separate district has become a reality. Every Rotarian in Nepal is proud and happy on this achievement. To mark the event, all Rotarians have celebrated by participating, with great fanfare and enthusiasm, in numerous activities beginning on $1^{\text {st }}$ July 2008.

It is a great honour for me and my team that we are taking charge of our Club on the day that Nepal gets a new District. This is a happy coincidence that will also add a new and heavy responsibility on our shoulders to prove that we are worthy to have a new district of our own. For that, we have to work hard and devote ourselves whole-heartedly in promoting the ideals of Rotary.

I am extremely happy to have a team of experienced and dedicated colleagues whose help and cooperation will equip us to face up the challenges before us. I am confident that my new team will not fail in its obligation to carry forward the name of Rotary in Nepal and to that end, I will count on the valuable cooperation of the previous team as well as the advice and guidance of our club's veteran Rotarians. Let us all work
together for making our dreams real.
RI President Dong Kurn Lee has set the theme for 2008-09 to "Make Dreams Real" for the world's children. Building on that theme, our Club should focus on children's health, nutrition and education by providing them with facilities like clinic, midday meal, visiting nurse and so on. So I humbly request all fellow Rotarians to maintain the emphasis of recent years- water, health, hunger and literacy. Let us all work hard and sincerely so that we can achieve something unique and praiseworthy.

Finally, I would like to thank the Coordinator and other members of the Editorial Board of the Lalitdhara Souvenir Bulletin for their excellent and hard work in bringing out this issue.

Yours-in-Rotary


Santa Kumar Shrestha President, 2008/2009

# We extend our 

Best Wishes

## for the

## grand success

of

# Rotary Club of Patan 

on the 23 rd

## Installation Ceremony

Bakhundole, Pulchok, Lalitpur
Tel: 5536421, 5010535 Fax: 977-1-5524.588,
Email: vision@wlink.com.np

# Past Presidents of Rotary Club of Patan 

Rtn. Narayan G Halwa 2001-2002


Rin. Gyanu R Shakya 2005-2006


Rtn. S.R. Sharma 1985-87


Rin. H. R. Bajracharya 1991-92


Rtn. T.M. Shakya 1995-96


Rin. Kamal Nyachhon 1999-2000



Rtn. P. P. Prasai 1990-91


Rtn. Rtn. S. SJB. Rana 1994-95


Rtn. T. Neupane 1998-99


Rin. Yagya B Shrestha Rtn. Shiva B. Rajbhandhary 2002-2003


Rin. Ganesh R Shrestha 2006-2007

2003-2004


Rtn. Keshab B. Mathema 2007-2008

## Rotary Clulb of Patan

RI District 3292
Club No. 32126
Chartered on 19th April 1985

EXECUTIIVE BOARD 2008-2009



Rin. Krishna B. Basnyat Membership


Rin. Bharat N. Joshi Publice Relations


Rtn. Bhim B. Kshetry Treasurer


Rin. Piyush B. Bairacharya Club Admistation


Rtn. Shreedhar S. Rana Joint Secrefary


Rin. Padam Lal Maharjan Service Projects


Rin. Kiran Shrestha Sergeanf-at-arms

## Avenues of Services

## Club Service

Director: Rîn. Biswa Nath Rai

## 1. Joint Installation

A joint installation of incoming Presidents of four Clubs of Lalitpur, namely RC Patan, Patan South, Mt. Everest and Kopundol was held amidst an impressive gathering of Rotarians and Annes of the four Clubs, District officials, Assistant Governors and DGN Dr. Tika Man Vaidya, at Hotel Himalaya on 30 June 2007.


IPP Ganesh hands over Charter Certificate to President Keshab

The impressive yet simple ceremony provided ample opportunities for exchange of information between Clubs, particularly regarding the challenges and opportunities that lie ahead in achieving the goals set by the District and RI.

## 2. Weekly publication of "Lalitdhara"

A weekly publication of 'Lalitdhara', a bulletin, which captures the minutes of the weekly meeting, comes out every Monday without interruption since its inception. The discussion and approval of the minutes of the preceding meeting is based on Lalitdhara. This weekly bulletin has also received a District award for punctuality and excellence.

## 3. COTS

A one-day seminar on COTS was organized at Yak Palace, Lalitpur by AG Rin. Mahendra Rajkarnikar. The President of RC Patan, Club Secretary and all the avenue Directors attended the training.

## 4. PETS/SETS

District 3290 organized a two-day PETS and SETS programme at Park Village, Budhanilkantha, Kathmandu. The Club President and the Club Secretary both attended the training. It was followed by a dinner at Hotel Radisson, which was also attended by many other members of RC Patan.

## 5. Calendar

A six-month calendar of activities of the Club was prepared and distributed to all the members following proper discussion and approval. It covered the first and second half of the tenure, i.e. July to December 2007and January 2008 to June 2008 respectively.

## 6. Club attendance

The Club has consistently maintained an average of $70 \%$ attendance in all its meetings.

## 7. Club membership

Although the Club lost two of its senior members in the beginning of the term, it has managed to induct four new members, which include two lady members. In spite of the atrition, the Club has maintained its original membership level of 38. Efforts are underway to invite a few more members with emphasis on ladies and youth. One more lady member is going to be inducted in our forthcoming $23^{\text {rd }}$ installation ceremony.

## 8. Inter-city meefing

The inter-city meeting with a theme on 'The Rotary Foundation', organized by the Rotary Club of Jawalakhel, was participated by 13 members of our Club.

## 9. RC Patan as a mediator

Our Club mediated a grant of Rs. 3.5 lakhs from a German donor called AACHEN-Help Nepal Association, for the construction of toilets in five schools in Lamjung district, together with some furniture and stationeries for the schools.

## 10. Host Club

Rotary Club of Patan is one of the four Clubs to host Rotary Youth Leadership Award (RYLA) 2008
which was successfully held from June $17^{\text {th }}$ to $15^{\text {th }}$, 2008 at Little Angels' School, Hattiban.


Group participants of RYLA 2008

## 11. Family Month

On the eve of Family Month, our Club organized a family picnic at Godavari, a few miles from Kathmandu. Almost all the members of the Club with Annes and the family members attended. One of the Club members held a special session on Yoga for healthy living.

## 12. Representarion at District level

It is a privilege to note that twelve members of our Club have been appointed at various positions in the new District 3292 instead of 6 members in 2006-2007 and 2007-2008.
They are as follows:
a) Rin. Tirtha Man Sakya- District Advisory Council (also DGN for 2010/2011)
b) Rin. Siba Bhakia Rajbhandary- District Programme Coordinator
c) Rin. Pushkar Man Shakya- Distrct Membership Coordinator

## Members in various Disirict Commitiees

(a) Rin. Matsyendra Lal Kayastha-District Finance Committee
(b) Rin. Gyanu Rai Shakya-District Programme Committee
(c) Rin. Narayan Govind Halwai- District Programme Committee (Water)
(d) Rtn. Ganesh Raj Shrestha - District RI Convention/Promotion Committee
(e) Rin. Kamal Mani Dixit- District Rotary Foundation Committee
(f) Rin. Keshab B. Mathema - District Literacy Resource Group

## 13. Pariner-in-Service

Two Rotaractors of Rotaract Club of Patan were sponsored to attend a meeting held in Kolkata, India on 10 to 15 January 2008.

ROSTER OF BOARD MEETINGS OF RC PATAN (YEAR 2007-2008)

| MONTH | DATE |  |
| :--- | :--- | :--- |
| JULY | $04^{\text {th }}$ August 2007 | Jamuna Krishna Tamrakar/Dhokaima Restaurant |
| AUGUST | $01^{\text {st }}$ September 2007 | Piyush Bajracharya/Dhokaima Restaurant |
| SEPTEMBER | $29^{\text {th }}$ September 2007 | Krishna B. Basnyat/Dhokaima Restaurant |
| OCTOBER | $02^{\text {nd }}$ November 2007 | Biswa N. Rai/Dhokaima Restaurant |
| NOVEMBER | $01^{\text {st }}$ December 2007 | Kedar B. Shrestha at his residence |
| DECEMBER | $4^{\text {th }}$ January 2008 | Shreedhar Acharya at his residence |
| JANUARY | $02^{\text {nd }}$ February 2008 | Dr. Prakash R. Regmi at Hotel Greenwich |
| FEBRUARY | $07^{\text {nd }}$ March 2008 | Jeevan Kumar Shrestha/China Town Restaurant |
| MARCH | 28 March 2008 | Bharat N. Joshi at his residence |
| APRIL | $2^{\text {nd }}$ May 2008 | Santa K. Shrestha (Joint B/Meeting) at his residence |
| MAY | $6^{\text {th }}$ June, 2008 | Ganesh R, Shrestha (Joint B/Meeting) at his residence |
| JUNE | $27^{\text {th }}$ June 2008 | Keshab B. Mathema (Joint B/Meeting) at Rice \& Bowl |

## Vocational Service

Director: Rtn. Jeevan Shrestha

## 1. Award

Vocational award is usually given to a person or to an organization for some exemplary work in the service of mankind. This year such an award was given to Ms. Pushpa Kamal Joshi of Chakupat, Lalitpur for her outstanding contribution to teaching vocational education to selected physically challenged children in Patan community-based Rehabilitation programme. She is a graduate in Education from Tribhuvan University. A cash grant of Rs. 5,000. with a certificate acknowledging her contribution was awarded.


President Keshab hands over vocational award to Ms. Puspha Komal Joshi

## 2. Training

Rotary Club of Patan organized a three-day training on 'felt making' at the premises of our Club Service Director Rin. Biswa Nath Rai in September 2007. Eleven women from Sampang Rai community participated in the training under the supervision and guidance of Mrs. Nanumati Sampang. A French lady also participated and assisted in the training. Our Club's Past President Rin. Pushkar Man Shakya, who is also the Chairman of Handicraft Association of Nepal, conducted several training sessions and inspired the participants about using wool in making many exportable items (mainly for Europe and other western countries), which can support their own livelihood. Our Club Secretary Rin. Jamuna Krishna Tamrakar, who also assisted in the conduct of the training, highlighted that Rotary should continue to support such training activities, which can help alleviate poverty through empowerment of women in income generating activities.

## 3. Computer Aid

The District Governor (3290) approved a DDF grant of US $\$ 5,000$. for this project, which will be matched by Rotary Club of Patan accordingly.

## Community Service

## Director: Rin. Piyush Baira Bairacharya

## 1. Education - Literacy Programme

Project to provide scholarship to poor and needy children, in 6 to 10 grades (both inclusive), has been the flagship programme of the Club with measurable success in the last several years. To date, 504 deserving children in grades 6 to 10 have been receiving scholarships on the basis of their economic conditions and merit, of which $64 \%$ are girls. The overall emphasis of the programme is to encourage girls to school system (due to low enrollment of girls across the country) without any prejudice to boy students.

The Club has put forward an ambitious yet doable goal of reaching 1000 students by 2010, which would include children studying in schools even outside Lalitpur and Kathmandu. Some of the schools under the programme have also benefited in library extensions (in collaboration with an international NGO called Room to Read), water purification plant and so on. The programme also maintains a trust fund, which amounts to Rs. 38 lakhs. The annual disbursement of scholarship is on the average of Rs. 5.5 lakhs.

## 2. Senior Ciîizens' Home

A home for senior citizens was constructed in Godavari, a few miles from Kathmandu, in a serene environment, with the help of a German Foundation (Ferderkreis Hilfe Fur Nepal) at the cost of Rs. 1 crore and 50 lakhs, a few years ago. The home consisting of 30 beds, has now become functional with all the basic facilities. Five senior citizens are already staying in the home. The number of occupants is expected to rise as more and more people come to know about it.

Recently, our Club in collaboration with 11 other Rotary Clubs of Lalitpur organized a ceremony to honour 150 elderly citizens. The group included many octogenarians and four of them had already become centenarians.

## 3. Orihopaedic Hospital

Some years ago, Rotary Club of Patan with the help of Rotary Clubs of USA committed to support the construction of an orthopaedic facility in Nepal for the benefit of those, who are less able to meet the costs of the treatment. Nepal Orthopaedic Hospital in Jorpati as it is called was born out of this commitment.

Generous support came from many other International Rotary Clubs, German-Nepal Help Association, Foundation Help for Nepal, Holland Association -Fennes D'Europe, in addition to some excellent support received from local benefactors. The hospital is now well established and extends help to those who are unable to pay. Rotary Club of Patan has been deeply involved in the activities of the NOH where two of the club members IPP Ganesh Raj Shrestha and Piyush B. Bajracharya are represented in the Hospital Management Board. RC Patan can justifiably feel proud to be associared with such a praiseworthy project.

## 4. Waier Purification

Five water filtration plants were installed and operated in five schools in Kalthmandu and Lalitpur, which includes a school for the deaf children. Each system costs about US $\$ 6,000$. The installation costs amount to Rs. 50,000. each. The fund to cover the provision of plants and installation has been made available from ACHILDRIGHT programme based in USA. The costs of the plants includes a provision to replace spare parts for the next five years.

## 5. Toilet Project

As part of the sanitation drive, 18 toilets have been constructed in schools, which include separate toilets for the girl students (lack of toilets for girls in schools is one of the primary reasons for their low enrollment as shown by several studies). The schools provide education to the children about the correct use of toilets and their maintenance. So far US $\$ 25,000$. has already been spent on this project.


## 6. Healih Camp

Our Club, under the leadership of Rin. Dr. Prakash Raj Regmi, a cardiologist, organized a number of health camps in several places in Lalitpur. The camp, also solicits support from other health practitioners, include general health tests, distribution of free drugs (supported by the members of the Club) and some treatments. One of the camps conducted 55 ECG tests. Recently, a special health camp was organized for the Chepang community, which is believed to be one of the most under-served and economically deprived groups in Nepal.

## 7. Rotaract Club

The Rotaract Club of Patan, under our patronage, is active in conducting various activites concerning environment, HIV/AIDS awareness, blood donation, drug abuse, programme for physically and mentally challenged people and so on. The past President of Rotaract Rir. Mahesh Bajracharya has been selected to participate in the GSE team to United Kingdom. There is a practice of holding a joint session with its parent Club at least once a year.

## 8. Hearing-aid Project

In close collaboration with the Rotaract Club of Patan, a camp to test hearing was conducted on about 600 people. Selected people with impaired hearing received hearing aid devices, which in future is targeted to reach 1000 people with hearing disabilities. This project is coordinated by PP Rin. R.R.Pandey, who is also the District Coordinator for Physically Challenged.

## 9. Club to Club Service

Under this initiative, Rotary Club of Patan coordinated with the Rotary Club of Lamjung, to assist the local schools in the provision of furniture and other educational equipment at the cost of Rs. 17 lakhs, received from Nepal Help Association. Our PP Rin. Pushkar Man Shakya has been insitrumental in mobilizing the resources for the project.

## International Service

Director: Rin. Krishna Bahadur Basnyał

## 1. Club Salutation

It has been the practice of this Club to honour and greet one Rotary club outside Nepal in its

## Club Activities for the Rotary Year 2007-2008

weekly meeting by acknowledging their status, membership, charter date and its location, on the basis of the International Directory. This practice has helped to broaden the knowledge of our members about the fellow Clubs around the world.

## 2. TRF

Rotary Club of Patan is a $100 \%$ PHF with two major donors and a number of members with MPHF. Two newly inducted members, Rin. Dr. Mukti N. Shrestha and Rin. Mahendra B. Thapa have also pledged to become PHF. Meanwhile, several members have become MPHF with others to follow (see page 20).

## 3. Group Study Exchange (GSE)

(a) Two GSE groups from USA (RI District 7410) and UK (RI District 1040) visited India (Kolkata) and Nepal in January/February 2008, for more than 4 weeks. The visit was coordinated by our IPP Rin. Ganesh Raj Shrestha. The groups separately made extensive Club visits in the Kathmandu Valley and outside, which included some visits to project sites. All members of the groups were provided home hospitality by some Rotarians of respective host Clubs.


GSE team from RI Dist. 1040 of UK with RI Dist. Governer 3290


GSE memorandum form signed by RI Dist. Governor 3290 sesn with President Keshab, GSE Chair IPP Ganesh and GSE team leader to RI Dist 1040 PP Puskar ot Kolkata Dist. Conference in January 2008.
(b) An exchange visit of GSE team from Nepal will visit UK under the leadership of our PP Rin. Pushkar Man Shakya. One of the members of the team selected to go to UK under this programme is Rir. Mahesh Bajracharya of Rotaract Club of Patan.

## 4. Districi Conference (Kolkaia, India)

The District Conference with a theme "Angikar" took off in a spectacular manner at the Science City of Kolkata on 11 January 2008. Many Rotarians and Annes from Nepal attended (more than 200 in number, including some family members), which included 7 Rotarians and 4 Annes from this Club.


Participants from RC Patan Group Photo session with RI Dist. Governor at Kolkata District Conference

This visit provided ample opportunities to the Rotarians from Nepal to meet with fellow Rotarians from Kolkata and the District officials and to understand the work of the District.

## 5. Inter-city meeting

In the inter-city meeting organized by the Rotary Club of Jawalakhel, our Club received special plaque from the Governor in recognition of its achievement of $100 \%$ PHF. Two senior Rotarians from this Club Rin. Maisyendra Lal Kayasiha and Rin. Siba Rajbhandary were also recognized with plaques as major donors.

## 6. Projecis in pipe-line

Rotary Club of Patan has been successful in its efforts to attract projects under RI , District DDF, 3-H Grant and from other Clubs in US, Europe and UK. Recently, a 3-H grant project for physically challenged has been approved for the new District 3292, in which this Club will participate actively.

## 7. Visitors

(a) The Club received a group of distinguished visitors from USA, which included a President of the University, Deans, President of US-Nepal Friendship Association and others. They received extensive briefing on the ongoing projects of the Club. It is perhaps the first time that the Club has received such a high level
non-Rotarians.
(b) A group of 19 Rotarians and Rotaractors from USA visited Nepal in February 2008. They also visited many projects in Lalitpur, Kathmandu and outside the valley. Some of them received home hospitality from the members of Rotary Club of Patan and others.

## Best Wishes on the Occasion of

## 23rd Installation Ceremony

of Rotary Club of Patan

## Shreedhar Acharya

Tel. 5560675/5521780

Krishna B. Basnyat
Tel. 5534341/4240896

Kamal M. Dixit
Tel. 5536338/5521014

## Chandra S. Gyawali

Tel. 5521311/5522871

Bijaya B. Bajracharya
Tel. 5521525/5529452

Piyush B. Bajracharya
Tel. 5529640/4223960

## Lochan Gyawali

Tel. 5521311/5522871

## Narayan G. Halwai

Tel. 5521364/4477634
Tel. 5521126/5521223


Peace Walk
On formation of Rotary International New District 3292 Nepal on /st July, 2008.


PeaceWalk


Distribution of PHF by Senior Rotarian Kamal Mani Dixit


IPP Ganesh receiving Dist. Governor's Recognition Award from DG 3290


Peace Walk


PeaceWalk
President Santa Kumar with PRIP Raja Saboo


Rotaract /Ith Installation Ceremony Photo Session


President Santa Kumar presiding over the first meeting of RC Patan after formation of New Dist 3292

## List of Major Donors and MPHFs



PP Rtn. Maisyendra L. Kayastha Major Donor


PP Rtn. R.R. Pandey $\mathrm{MPHF}+2$

PP Rtn. Tulsi P. Neupane MPHF



PP Rtn. Bijaya B. Bajracharya MPHF


PP Rin. Narayan G. Halwai MPHF


IPP Rin. Keshab B. Mathema MPHF


PP Rtn. Tirtha Man Sakya MPHF


PP Rtn. Ganesh R. Shrestha MPHF

PN Rin. Dr. Prakash R. Regmi MPHF



PE Rin. Kedar B. Shrestha MPHF


Rtn. Chandra S. Gyawali MPHF


Rtn. Kamal Mani Dixit MPHF

# CLUB ADMINISTRATION 

Piyush B. Bajracharya
Director/Chairman

Administration/Attendance
Co-ordinator: M.L Kayastha
Members: Krishna B. Basnyat N.G. Halwai

Mahendra B. Thapa

Rotary Info/Bulletin/Web Site
Co-ordinator: Kamal Mani Dixit
Members: Ganesh R. Shrestha
Kedar B. Shrestha
Dr. Mukti N. Shrestha

Fellowship/Program
Club Assemblies Co-ordinator: Kedar B.Shrestha Members:/amuna K.Tomrakar Jeevan K. Shrestha Gyanu R. Shakya
Land \& Building
Co-ordinator: M.L Kayastha
Members: Santa K. Shrestha Shreedhar S. Rana Gyanu R. Shakya

Goal \& Action Plan<br>Co-ordinator: Tirtha M. Sakya<br>Members: Santa K.Shrestho<br>Puskar M. Shakya

Community Development
Comordinator: Bijaya B. Bajracharya
Members: Kamal B. Nyachhyon
Mar. Mahendra B. Thapa
Dr. Prakash R. Regmi

MEMBERSHR
Krishna B. Basnyat
Director/ Chairman

Training/Classification
Co-ordinator: N. G. Halwai Members: Siba B. Rajbhandary Gyanu R. Shakya

## SERVICEPROJECTS

Padam Lal Maharjan
Director/Chairman

## Parnnerin Service

$\begin{array}{ll}\text { Rotaract: } & \text { Jamuna K. Tamrakar } \\ \text { Interact: } & \text { Chondralekha Kayastha } \\ \text { RCC: } & \text { Khruschev Shrestha }\end{array}$

Nepal Orthopaedic Hospital<br>Ganesh R. Shrestha<br>Siba Bhakta Rajbhandary<br>Senior Cikizens' Home<br>Kedar Bhakta Shrestha M.L Kayastho

# "Nepal Orthopaedic Hospital" 

# A glimpse 



Rtn. Ganesh R. Shresiha Past President 2006-2007

The foundation of Nepal Orthopaedic Hospital ( NOH ) was laid on 3rd June, 1993 jointly by Robert McLeod, District Governor of Rotary International District 7090 and the then Mayor of Kathmandu, Mr. P.L. Singh on the land provided by Nepal Disabled Association (NDA).

As a result of the vision of our Past President Rtn. Dr. Bhishma Raj Prasai and Late Rtn. Nandaram Bhakta Mathema's whole-hearted dedication and involvement, the construction of the hospital was completed in 1996-1997. But owing to the lack of funds and technical support, it could not become operationl for two years. At the initative of Rotary Club of Patan along with RC Maldegem, Belgium and RC Mount Baker, USA and with the active participation of young and energetic Dr. Anil B. Shrestha, the hospital came into operation in the month of August 1998.

In a country where the majority of the people are not able to afford the high cost of modern orthopaedic surgery and treatment, the establishment of the hospital has, to some extent, fulfilled the need for quality orthopaedic care of the common people. Thus through the tireless efforts of various national and international individuals, organizations and more than 110 national and international Rotary Clubs, this dream of opening an orthopaedic center, which is affordable and which gives quality service to the common people in Nepal was conceived and materialized. The NOH was conceived as a World Community Service (WCS) Project by Rotary Clubs of District 7090 of USA and Canada with the Rotary Club of Patan and Nepal Disabled Association as local partners. ("ONE BRICK AT A TIME" in the July 2003 issue of The Rotarian.)

## Objectives of the NOH

The main objectives of the NOH are:

1) to provide orthopaedic care to all at an affordable price and provide free care to those who cannot afford the cost of such care;
2) to train adequate manpower in the field of orthopaedic care that includes doctors, nurses and the paramedics;
3) to conduct free camps in various parts of Nepal so that majority of people can benefit and
4) to attain self sustainability within this year.

## Previous Rotary Involvement

The NOH has received management and financial support of US\$ 736,815 from 110 Rotary Clubs of 7 Districts and from THE ROTARY FOUNDATION four Macching Grant Programs, WCS and District fund as follows:

1) Phase 1 Construction (US $\$ 225,000$ ) (1993 to 1996) - District 7090 WCS Project
2) MG No. 6042 - Hospital beds and furniture (US\$ 12,800) DDF with TRF MG - District 5050
3) MG No. 14370 - Bus, Moiorcycle \& Medical Equipment (US\$ 39,315) TRF MG District 1620
4) MG No. 19612 . Physical Therapy Equipment (US\$ 35, 100) DDF with TRF MG - Disirict 5050
5) Phase 2 Constructions (US\$ 310,000) - District 162082170
6) MG No.51860 - Medical \& Technical Equipment (US\$ 150,000) TRF Major MG District 1620

## Activities

The NOH has been involved in many activities including out-patient services/surgery, physical therapy, prosthetics, charity, health-camp, blood donations, telemedicine etc; since its outset in 1998. The NOH serves individuals from over 55 out of the 75 districts in Nepal. The out-patient department (opd) of the hospital has provided freatment to 15,311 patients in the year 2007, growing from a meager 631 in the year 1998. Also, the NOH carried out 1,543 surgeries in 2007 compared to only 26 in the year 1998. The NOH provides employment to 97 staff in 2007 increasing from 21 in 1998. The NOH treated 91,648 out-patients from its OPD and performed 8,458 surgeries during the nine years from 1998 to 2007 .


NOH Board Members
From left to right: Dr. Anil B. Shrestha, IPP Rtn. Ganesh R. Shrestha, Chairman Surendra B. Basnet, PP Rin. Siba B. Rajbhandary, Promod B. Shrestha and invitee Dr. Saju Pradhan.

Statistical Summary of the Nepal Orthopaedic Hospital

| Pear of Operation | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | 2004 | 2005 | 2006 | 2007 | Total |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Surgeries | 26 | 316 | 378 | 517 | 730 | 1025 | 1090 | 1344 | 1489 | 1543 | 8458 |
| Out-patients | 631 | 3496 | 5339 | 6729 | 8590 | 10469 | 11746 | 14471 | 14866 | 15311 | 91648 |
| Staff | 21 | 31 | 35 | 43 | 47 | 56 | 65 | 76 | 82 | 97 | 553 |

The NOH is going to celebrate it's 10th anniversary in the coming month of October 2008 in which all the national and international donors will be invited. Rotary Club of Patan has been deeply involved in the activitives of the NOH where two of the club members are represented in the Hospital Management Board. RC Patan can justifiably feel proud to be associated with such a praiseworthy project.


Sagarmatha Insurance Company Lid. (A JoINT VENTURE WITH CEYLINCO INSURANCE CO. LTD. SRLLANKA)

Kathmandu Plaza, Y Block, forth Floor, Kamaladi PBox 12211, Kathmandu, Nepal Tel.: 4240896, 4241245, 4247941,4242523Fax: 977-1-4247947

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New Road Office: Tel.: 4269973
E-nail: sic@mrbranch,wink.comnp

## Our Service

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- Contrachors all Risk Insurance
- Aviation Insurance


## BRANCH

Theha Lho, Manbhawan, Lalifpur Tel. 554 4106 章ax: 555296 L-mall: stcpn@wlink.com.

Link Road Ghantaghar
Dirgun
Tel.: 051-523795, Fax: 051.531895
L-mail: sagammathabrostcmail.com.np

Ganesh Bazar
Biramagar
Tel. 021-52813名
Fax: 12 $2-32836$

Dunbar Marg
Butwal
Tel. 071-55941
Hax: 071.55941

Prithivi Chowk

Tel. 061-535057
Wax: 061-535057

Contact Offce: Matn Rond, Narayanghat, Tel: 056.52964, Bintamode, Jhapa Tel: 023.543437

## "Big or Smalll-Security for All"

4

# Semanerimsestor man ur  



## GEMS \& JEWELRY INDUSTRY (P) LTD.

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GEMS \& JEWELRY INDUSTRY (P) LTD.<br>GPO Box No. 1807, Kathmandu, Nepal Tel. 5529452 Fax 977-1-5526738<br>Email:bj@ccsl.com.np

As you enter Gopal Dai's home, the first thing that one notices is the Rotary tokens and plaques, and Letters of Appreciation from various social organizations, which overflow the shelves and walls. This room is testimony to the involvement, appreciation and contribution of Gopal Dai to Rotary movement and the people of Nepal. He has received Tokens of Love and Appreciation from most of Nepal's Rotary clubs and Past District Governors of RI District 3290. In addition, he has received the RI Service Above Self award, which is given to individual Rotarians who have rendered exemplary humanitarian Rotary service that embodies Rotary's motto of Service Above Self; this constitutes Rotary's highest honour for a Rotarian.

I had seen and knew of Gopal Dai from when I was a young boy. I would see him coming in and out of discussions and visits with some of my relatives. As it would be, I ended up marrying his sister, my wife Mithila. Yet, it was only after I joined Rotary that I got to really know him. My relationship with him was strengthened by this common link.

I had heard that he was a committed Rotarian from his early days. My wife had told me about his mobilization of his family members, including herself, to volunteer at the first Rotary Eye camp at Tundikhel in Kathmandu, in the 1960s, when he was the President of Rotary Club of Kathmandu. The Camp, first of its kind, with doctors from India, was inaugurated by the king and served more than 7,000 patients. A charter member of Rotary Club of Kathmandu, that was just the beginning of his Rotary days and he never looked back again.

Gopal Dai was always there for Rotary - be it attending a simple meeting, a club team installation, RI Presidential Summit or attending RI Convention. He never declined invitation from a Rotary Club or a Rotarian and would be there before others-very punctual. He felt that was one way of motivating Rotarians.

Gopal Dai enioyed hosting and entertaining Rotarians at his residence; his guest list includes Past RI Presidents as well. I am yet to meet a visiting


Rotarian from India who has not been to his place. I was most impressed to see the respect that the Indian Rotarians had for him when I was with him in New Delhi and Kolkata. PRIP Bhiachi Rattakul's call on Gopal Dai's family members, within a few hours of his arrival in Kathmandu last February, in connection with the Peace Conference, to express his condolence on the sad demise of Gopal Dai is manifestation of the high level of recognition that the Rotary world has. PDG Amitabh says that he was introduced to Rotary by Gopal Dai.

A philanthropist in the true sense of the term, Gopal Dai would help anyone coming to him for help. How many of us know that in addition to providing scholarships to destitute students, he has helped medical doctors and nurses in completing their graduate courses? His known contribution is mainly in the fields of education, health, language and culture. In the field of education, while the contribution was in the development of various public schools at the primary and secondary level, he has contributed for a building for visiting professors and a hostel at Kathmandu University. In the field of health, his association with three key institutions is noteworthy. At Shahid Gangalal Heart Hospital, he contributed to the construction of a) 20 bed Coronary Care Unit(CCU) b) marble flooring for the operation theater) and c) 8 beds Intensive Care Unit (ICU). At National Dental Hospital, Panipokhari, Kathmandu, his contribution was for maxillo facial wing. Dhulikhel Hospital benefited from his construction of compound wall. Construction of a lecture hall at Nepal Bhasa Academy at Kirtipur is testimony to his commitment to the development of language and culture. His close association with Karunalaya (Old Age Home) in Chitwan shows his respect for the elderly and the destitute. While Gopal Dai believed in sharing his resources, he would never share any information on his contributions with any one. No wonder, he avoided meeting media people. As a result, one wonders if even his close family members know all about his contributions. What is known now, as was published in the special issue of Rotary Nepal News on Gopal Raj

## Memories of Gopal Dai

Bhandari, is a result of an intensive research, in the last three months, following Gopal Dai's demise; any additional information would be welcome.

Now, coming back to Rotary, Gopal Dai had a dream, which is shared by all of us, to have Rotary Nepal District and he worked hard with all Nepalese Rotarians to "make dream real". In 2005, when RI President Glen Estees indicated, in New Delhi, his support to the proposal for a Rotary Nepal District, Gopal Dai was so happy that he organized iwo dinner parties for the Nepalese Rotarians attending the RI Presidential Summit. But he did not want any credit for himself. In 2005, he was in New Delhi when the news that Nepal's request for a separate District has been approved, he, on behalf of the Nepalese Rotarians, sent a bouquet of flowers to PRID Sunil Gupta, in appreciation of his support for the Nepalese cause. Had he wanted to be a District Governor, he could have been one as far back as 1972, when he was offered the position. Even in his last few months,
any time I spoke with him- be it during my stay with him for his diagnosis in LA or on the web cam in Singapore, his thoughts were around the preparation for the Rotary Nepal District and the following years. Despite his almost 50 years of contribution as a "patron"-he still did not think he had done much for Rotary in general and Nepal in particular.

Kamala Bhauju, Gopal Dai's spouse, was an all time support behind Gopal Dai's dedication and commitment to Rotary. Even, as late as a year before his demise, when he had knee problem, she was encouraging him to go to Rotary meetings, when other spouses in similar situation, would have stopped their husbands from going out.

Gopal Dai would have been truly satisfied and pleased if he could have been at the inauguration of RI Disirict 3292. It is now up to us to make Gopal Dai proud of RI Disirict 3292 and to ensure we follow the trail he has set out for us.

# We extend our Best Wishes for the success of Rotary Club of Patan 

On the Occasion of $23^{\text {rd }}$ Installation Ceremony
Chandralekha Kayastha
Tel. 5524626/5523758

## Bhim B. Kshetry

Tel. 5521661
Padam L. Maharjan
Tel. 4227863/2322858

## Tulsi P. Neupane

Tel. 5522320
Matsyendra L. Kayastha
Tel. 5524626/5523758

Suresh C. Lakhe

Tel. 5529878

## Keshab B. Mathema

Tel. 5529385

## Kamal B. Nyachhyon

Tel. 5526070/5522202

Tel. 4283939/4270260

A$s$ times change, societal norms and values also do change. Modernization has its impact on society, community and family. With growing urbanization, life-style also keeps changing. People tend to be more and more preoccupied with their work/profession. Family members have less and less time to spend together due to pressure of work as well as changing lifestyle. During week-days, it is the sheer busy working life, then comes the TGIF (Thank God It's Friday) syndrome that makes socializing and barhopping mandatory even among the middle class and the growing frend of outings on weekends.

In Nepal also, especially in the urban areas, joint family system is gradually giving way to nuclear families. However, even if families become nuclear, old parent/parents have nowhere to go than to stay with the son or one of the sons. With the growing incidence of both husband and wife having jobs, the old parent/parents are increasingly left at the mercy of the atiendants or on their own. It is not entirely due to lack of love, affection or respect that parents seem to be neglected but the demands of modern day life style have become such that sons and daughters do not have adequate time and energy to look after their elderly parents properly.
Additionally, a large number of Nepalese go abroad for employment, leaving behind their parents at home. Many Nepalese also migrate to different countries. Although parents of many of the migrating Nepalese are able to join their sons/ daughters eventually, it takes years before they get their visas and are thus forced to stay back in the interim, not always in happy circumstances. Also, in many cases, many of the elderly parents who join their children find it extremely difficult to adjust living in a strange land with an alien culture and surrounding, and begin to yearn for returning home. But not many have willing relatives extending a welcoming hand.

Keeping in mind all these factors, the Rotary Club of Patan took the intiative a few years back to establish a Senior Citizens' Home in Godavari. It is situated in a sprawling area just half a kilometer down the well-known Godavari Village Resort. The two storey main building has 16 rooms and a common room with TV. There is also a separate dining hall with kitchen and a spacious and well maintained garden.

## Background

RC of Patan has acquired a 99 -year lease for 29 ropanies of land belonging to the nearby Kitini High School. Under the lease agreement, RC Patan and HELP NEPAL, a German NGO, have donated
one million rupees to help the Kitini High School upgrade itself to $10+2$ level.

The master plan for the SCH consisting of three phases was developed by Rin Matsyendra Lal Kayastha of the RC of Patan. The $1^{\text {th }}$ phase consisting of the main building and the dining hall was completed in 2002 at a cost of 12 million rupees (donated by HELP NEPAL). Phase II consists of a community hall with meditation centre and a new building with additional and better rooms. Under Phase III, a separate girl's hostel will be built.

## Present Status.

At present, six elderly persons (above the age of 65) are living in the Home. They pay a monthly sum of rupees five thousand for their lodging and food. A weekly clinic with a doctor is available for free check-up of the residents. The Citizens Home is not a charitable institution but a non-profit institution seeking to be self-sustaining. Hence the monthly fees are charged to the residents.

There are also six girl students residing freely in the Home. This arrangement is as per the wishes of the HELP NEPAL group. In return for free lodging and boarding, these girl students are expected also to look after the elderly residents. They also get a monthly allowance to meet their school fees and some minor expenses.

The Home is a RC of Patan project and is being run under a Trust composed as follows:

| Dr. B.N. Rana (Germany) | Chairperson <br> (Donor's Rep.) |
| :--- | :--- |
| Mr. Tulsi. P. Neupane | Vice-Chairperson <br> (RC Patan) |
| Mr. Chirinjivi Acharya | Secretary <br> (Donor's Rep.) <br> Mr. Kamal Rupakheti <br> Treasurer <br> Mr. Kedar B. Shrestha <br> Mr. Matysendra L. Kayastha <br> (Donor's Rep) <br> (RC Patan) <br> (RC Patan) <br> Drs. Shovada Prasai Kishore Rai <br> Mr. Subarna Chhetri |
| (RC Patan) |  |
| (Donor'sep) |  |
| (Donor's Rep) |  |

There is a full time Resident Supervisor and a few support staff. The German donors have assumed the cost of running the SC Home until the end of 2010. Thereafter, fresh funds as well as exira
income from larger number of resident senior citizens will have to be generated to run the Home.

RC of Patan will need the support and cooperation of well-wishers and donors to expand and run the Home. Due to the lingering internal conflict lasting over ten years, there have been delays and problems in running the Home. Now it seems with the advent of peace, the SC Home will be able to run in a smooth and sustainable manner.

The Home has been established with an entirely new concept for Nepal. Such homes are run in many rich countries, mostly on a commercial basis. RC Patan has established this Home not with a commercial motive but as a non-profit but self-sustaining institution. The social milieu of Nepal does not readily support such drastic notion as that of an elderly home. Children fear that they may face social humiliation of abandoning their elderly parents to a retirement home. Thus,
many elderly parents are forced to live in a neglected situation at home rather than be allowed to stay in a place where they can find solace from the company of new friends. The senior citizens home is a totally new concept for Nepal but it is gradually getting a positive recognition.

RC Patan had envisaged that there would be a number of elderly foreigners as well in the SC Home since this is a well-accepted system in western societies. Moreover, the relative low cost for them and the beautiful setting and tranquil aimosphere of the Home should be an additional attraction for them.

I hope that the RC of Patan in collaboration with other Rotary clubs, in particular the Patan area clubs will take up the challenge to propogate this concept of elderly homes and do a service to many a suffering but voiceless senior citizens.

# Best Wishes on the Occasion of 23rd Installation Ceremony of Rotary Club of Patan 

Ganesh R. Shrestha
Tel. 5524780/5522157
Kedar B. Shrestha
Tel. 5522207/5524606

## Kiran Shrestha

Tel. 5591382

Santa K. Shrestha
Tel. 5521745/4229116

## Jamuna K. Tamrakar

Tel. 5526944

## Jeevan K. Shrestha

Tel. 5549059

## Khruschev Shrestha

Tel. 5525886

## Dr. Mukti N. Shrestha

Tel. 5524554/5524236

## Yagya B. Shrestha

Tel. 5531825

Tel. 5541399

## Hearty Congratulations to all Rotarians on having your own RI District 3292 Nepal




Duration: 13 Days Best Season: Spring Autumn Grade: Moderate to Adventurous Highest Point: 5545 m

4
IV Langtang Valley Trek


Duration: 09 Days Best Season: Spring Autumn Grade: Moderate to Adventurous Highest Point: $4984 m$


Duration: 06 Days
Paces: Kathmandu, Nagarkot, Bhaktapur, Pashupatinath, Bouddhanath, Swoyambhunath, Pokhara, Trisuli river, Patan.

L
7


Duration: 05 Days
Best Season: Spring \& Autumn
Grade: Easy to Moderate Highest Point: $3210 \mathrm{~m} / \mathrm{POON}$ HILL


Acharya Shreedhar (PHF)
Classification: Hotelier
Add: Godavari Village Resort
Res: Kopundole, Lalitpur-10.
Ph: (O) 5560675, 5521780, (R) 5531015
Born: 14 Jun; Wed: 22 Feb;
Anne: BHAWANI,
Join: 1998, Serv: Sgt.JS, D
E-mail: godavari@godavari.wlink.com.np


Gyawali Chandra Sekhar (MPHF)
Classification: Senior Entrepreneur Add: Patan Dhoka, Lalitpur
Ph : (O) 5522871
Ph: (R) 5521311 ; Fax: 5524139
Born: 14 Nov; Wed: 20 Jan Anne: BULU Serv: VP, Join: 1986
E-mail: info@nbe.com.np
wwinbe.com.np


Bajracharya Biiay (MPHF)
Classification: Gemologist
Add. Gems Jeweilery Industries (P) Ltd.
Ph: (R) 5521525,5524586 (O) 5529452
Fax: 5526738
Born: 23 Aug Wed: 2 Mar
Anne: RAJANI; Serv: P. VP. D.
Join: 1986
E-mail: bj@ccsl.com.np


Gyawali Lochan (PHF)
Classification: Trekking Agent
Add: Nepal Trek House
Ph ( O ) 5522871
(R) 5521311 ; Fax: 5524139

Born: 12 Nov ; Wed: 30 Jan
Anne: SANGITA, Serv: Sgt , Join: 1986
-mail: info@nbe.com.np
nww.nbe.com.np


Bajracharya Piyush Bajra (PHF) Classification: Ayurvedic Medical Practioner Add: Piyushbarshi Aushadhalaya, Res: Jwagal, Kopundol-10, Lalitpur Ph: (O) 4223960 (R) 5529640 (M): 9851013388 Born: $12^{\text {th }}$ December, Wed: Anne: RAMITA, Serv D Join: 2005
Email: piyush@ntc.nef.np


Basnyat Krishna Bahadur (PHF)
Classification: Insurance
Add: Sagarmatha Insurance Co. Ltd.
Res: Manbhawan, Jawalakhel.
Ph: (O) 4240896, 4247941
Ph: (R) 5534341 , Fax: 4247947 Mob. 9851024313
Born; 8 July; Join: 2000, Serv D
Email: sagarmatha@insurance.wlink.com.np

Membership Director/Chairman

Dixit Kamal Mani (MPHF)
Classification: Senior Active
(Belles Leffres)
Add. Madan Puraskar Pustakalaya
Shree Durbar Tole, Lalitpur, Nepal
Ph: (O) 5521014, (R) 5536338.
Born: 2 Sep; Wed: 11 June
Anne: ANJU; Serv: D; Sgt,
Join: 1986
Email: kamal@mpp.org.np


Kayastha Chandralekha (PHF)
Classification: Architect
Add. Mr. \& Mrs. ML Kayastha \& Associc
Pvt. Ltd.
$\mathrm{Ph}:(\mathrm{O}) 5523758$
Ph: (R) 5524626 Fax: 5524758
Born: Wed: 7 July
Spouse: MATSYENDRA
Join: 2008
E-mail: mikayastho@gmail.com


Kayastha Matsyendra Lal (MD)
Classification: Architect
Add. Mr. \& Mrs. ML Kayastha \& Associates
Pvi. Ltd.
Ph: (O) 5523758
$\mathrm{Ph}:(\mathrm{R}) 5524626$ Fax: 5524758
Born: 25 May; Wed: 7 July
Anne: CHANDRA LEKHA
Join: 1984, Serv: P. S. AG
E-mail: mlkayastha@gmail.com


## Neupane P. Tulasi (MPHF)

Clossification: Economist
Res: Jhamsikhel, Lalitpur-3, Nepal.
Ph: (O) 5520597; Mob: 9851025865
(R) 5522320

Born: 20 Mar, Wed: 16 Jan
Anne: KAMALA; Serv: S. D. P
Join: 1985
E-mail: tpfm@mail.com.np


Nyachhyon Kamal Bahadur (PHF)
Classification: Heavy Textile Manufacturer
Add: Himal Tents (P) Ltd. (PIE)
Ph (O): 5522202, 5527202
Ph (R) 5526070, 5528836; Fax: 5527167 Mobile: 9851023354
Born: 15 Jan; Wed: 15 Feb
Anne: SULOCHANA; Serv: D, T, P
Join: 1986
Email: kama@@himaltents.com


Pandey Rabendra Rai (MPHF+2)
Classification: Airline GSA
Add: Everest Express Tours \& Trovel (P) Ltd
$\mathrm{Ph}(\mathrm{O}): 4220759, \mathrm{Mob}: 9851020174$
Fax: 4226795 (O) 5521652 (R)
Born: 14 Dec; Wed: 19 Feb
Anne: CHANDRA LEKHA
Serv: $D, V P, P, A G$
Join: 1990
Email: rrpandey@everest-express.com.np


Pradhan Krishna Bahadur (PHF)
Classification: Educationist
Add: Chhauni, Kathmandu
$\mathrm{Ph}(\mathrm{O}): 4270260$
Ph (R): 4283939 ; Fox: 4284028
Born: 22 Aug; Wed: 7 May
Anne: SULOCHANA;
Serv: D, SG
Join: 2000,
Email: pradhankris2005@gmail.com


Pradhan Satya (PHF)
Classification: Polysack
Add: Jagwal, Kupondole, Lalitpur-10
$\mathrm{Ph}(\mathrm{R}): 5524478$,
Mob: 9841222128
Born: 26 Falgun; Wed: 12 Mangsir Spouse: DR, YASHO VARDHAN
Join: 2006, Serv: Sgt, D
email: satyapradhan@hotmail.com


Member

Prasai Sharda (PHF)
Classification: Travel Agent
Add: Natraj Tours \& Travels (P) Ltd.
Ghantaghar, Kamladi
Ph (O): 4222014, (R) 4229277
Fax: 4227372
Born: 14 June; Wed: 1 Feb
Join: 1999, Serv: D, SG
Email: natraj@vishnu.ccsl.com.np


Maj. Rai Biswa Nath (PHF)
Classification: Retired British Gurkha Add: Ekantakuna Jawalakhel-13 POBox No. 9545
Ph (R): 5530553, Mob: 9851057367
Born: 21 Aug; Wed: 26 Feb Anne: SABITRI, Join: 2005, Serv: Sgt, D
email: biswanathrai@hotmail.com


## Shakya Gyanu Raj (PHF)

Classification: Business Management
Address: Vision Tours \& Travels, Bakhunde Pulchowk
Res: Hakha Tole, Lalitpur
$\mathrm{Ph}(\mathrm{O}): 5536421,5010535$ (R) 5524588 , (M) 9851038196

Born: 20th May, Wed: 18th March
Anne: SUNITA Serv: Sgt, D, VP, P , CC, AG Join: 1995, Email: vision@wlink.com.np


Rajbhandary Siba Bhakta (MD) Classification: Development Management Add. Pulchowk, Lalitpur, Nepal.
Ph: 5526856 Fax: 5526856
Born: 11 June Wed: 8 Mar
Anne: MITHILA;
Serv: D, S, VP, P DS, DT, AG
Join: 1999
E-mail: sibabr@gmail.com siba@mos.com.np


Rana Shreedhar Shumsher (PHF)
Classification: Ex - Serviceman Add: Sri Sadan, 3/386 Pulchowk, L.alitpur, Nepal $\mathrm{Ph}(\mathrm{O}): 5523915$
Ph (R): 5541856; Fax: 5521122 Born: 16 Aug; Wed: 7 Falgun Anne: PADAM DEVI, Join: 1995


Dr. Regmi Prakash Raj (MPHF) Classification: Cardiologist Lalitpur Heart Clinic
Res: Dhobighat, Lalitpur
$\mathrm{Ph}(\mathrm{O}): 5536474$ (R) 5525536
Mob: 9851051170
Born: 21 Ashad, Wed: 2 Baisakh Anne: UPASANA, Sery: D, S, VP Join: 1990
Email: prregmi@wlink.com.np


## Shresiha Arti Thapa

Classification: Interior Designer
Add: Bhaisepati, Lalitpur
Fh: (R) 5592475
Mob. 9851100984
Born: 17 Feb . Wed:
Spouse: INDRA
Join: 2007
Email: krashiba@hotmail.com


## Shrestha Ganesh Raj (MPHF)

Classification: Rubber Recycling
Add: Pashupati Rubber Industries
Res: Sinchahity, Lalitpur.
Ph: (O) 5522157 Mo: 9851021440
(R) 5524780

Born: 22 Oct; Wed: 7 Jan
Anne: BIJAYA LAXMI,
Join: 1993
Serv: Sgt; T, D, Sec., VP, PE, P, CC
Email: ganeshrshrestha@hotmail.com

## Members of Rotary Club of Patan



Shrestha Jeevan Kumar (PHF) Classification: Civil Engineer Add: Chakupat, Lalitpur Ph: (R) 5549059 Mob: 9851045085 Born: 6 May; Wed: 23 Jun
Anne: Gunu Join: 2006 Serv: D
Email: shrestha.jeevank@gmail.com


Shrestha Kedar Bhakta (MPHF)
Classification: Past Service
Res: Kopundole Heights, Lalitpur
Phone: 5522207, 5524605
Mob: 9851003833
Born: 18 Jan; Wed: 15 Feb
Anne: SHANTA
Serv: D, VP, PN
Join: 2006
Email: kcybeeshon@hotmail.com


Shrestha Yagya Bahadur (PHF) Classification: Revenue Consultant Add:Chakupat, Lalitpur-10, Nepal. Ph :(R) 5531825
Mob; 9841350194
Born: 8 Apr; Wed: 19 Feb
Anne: MARY; Serv: P, D, Sgt, CC; Join: 1993
Email: yagyamary@yahoo.com


Shrestha Khruschev (PHF)
Classification: Soil conservation Add: Kopundole, Lalitpur
Ph: 5525886 Mo: 9851049924
Born: 27 ${ }^{\text {th }}$ Fagun Wed: $14^{\text { }}$ Falgun Anne: KALPANA,
Join: 2004 Serv:D, S
Email: khruschevshrestha@yahoo.com


## Shrestha Kiran

Classification: Steel Manufacturing
Add: Bhaisepari, Lalitpur
$\mathrm{Ph}(\mathrm{R}): 5591382$
Mob. 9851043924
Born: 10 July; Wed: 13 Feb.
Spouse: DHRUBA
Join: 2007
Email: shrestha_dkui@hotmail.com


Thapa Mahendra Bahadur (PHF)
Classification: Agricultural Economist
Add: Shrutinagar Bagdol-4, Lalitpur
Ph (R): 5541399
Mob. 9841580576
Born: 15 Jan. ; Wed: 14 Apr.
Anne: LALITA
Join: 2008
Email: manendra_thapa2@hotmail.com


Shrestha Dr. Mukti Narayan (PHF)
Former Secretary, Nepal Govt.
Classification: Vet. Doctor
Add: Vet Clinic Pulchowk, Krishna Galli
Ph (R): 5524554, (O) 5524236
Mob. 9851000104
Born: 1 July; Wed: 19 Sep.
Anne: PRAVEENA
Join: 2008
Email: drmnshrestha@hotmail.com


Adhikari Banik Office Secretary, RC Patan Mob: 9851013120

RI President DK Lee has challenged all Rotarians with the theme "Make Dreams Real" for children. " 26,000 of our most precious children die every day from preventable causes. It was impossible, unthinkable, in the $21^{\text {st }}$ century" D K Lee. One of the main reasons children die in the thousands every day, is because of the lack of something very simple- clean water to drink and wash in. We can all help to Make Dreams Real by bringing clean water to children. President Lee wants us not only to provide safe water to drink but also to build sanitation projects that keep children healthy. In Nepal, more than 44,000 children die each year from water borne illness. Our first DG of RI District 3292, Dr Tika Man is challenging us to be as proud of building toilets as we are of supplying drinking water. By improving sanitation, we prevent water from becoming contaminated and so we avoid needless deaths.

Rotary Club of Patan is pleased that in addition to supporting children in schools with scholarships, computers and library facilities, it is now also providing them water and sanitation facilities.

## Water Purification

In municipal areas in Kathmandu valley, water supply is often contaminated with human and animal waste. Due to antiquated plumbing, overcrowding and poor distribution technique, drinking water in Kathmandu valley is a major health risk. Hence, Rotary Club of Patan, partnered with A- Childs-Right, a US based NGO, dedicated to providing safe drinking water to sites with high concentration of children. Together we installed water purification plants to provide clean and safe drinking water, in five public schools and a Children Home, benefiting more than 5,000 children in February 2008. The five benefiting schools are:

1) School for Deaf, Naxal
2) Ratna Raiya Laxmi High School, Baneswar
3) Adarsha Kanya Niketan High School, Mangal Bazar,
4) Patan High School, Patan Dhoka,
5) Shree Rudrayani Secondary school, Khokana, and
6) Children Home, Khokna


Water purification equipment being installed at Ratna Rajra H.S. School, Boneswor

Each installation has also been provided with 5 full years of spare parts and provisions to ensure constant access to potable water. A few key staff in each school have been trained to maintain the system on a daily basis. Rotary Club of Patan (PP Narayan Halwai and Rin Jeevan Shrestha) provides on the ground technical and maintenance support; Patan Rotary Club will also do bi- annual maintenance and replacement of parts and supplies. The water purification plant and other supplies were all brought in from USA by A -Childs- Right volunteers, who installed the system. As a first step in the process, we have tested the water in many schools. Contrary to popular belief that all water is contaminated, water quality testing proved the belief to be wrong. This is especially in schools in rural areas and schools close to the supply source.

In 2008-2009, Rotary Club of Patan is aiming at providing similar water purification facilities to 10 additional schools, benifititing more than 8,000 school children. A Matching Grant of \$11,500, with Rotary Club of Vashon, Seattle USA, RI District 5030 , has recently been approved. This will help install plants in four schools. Our campaign for additional fund raising will continue. The purification plant to be brought in this year will also not be reliant upon electricity. Well digging and rain water harvesting will be new areas to explore, depending upon funding availability.

## Samitation

In 2003, during one of our scholarship distribution programmes, members of the RC Patan noticed a long queve of girl students waiting for their turn to use the only girls' toilet in a public school. For almost 300 girls there was only one toilet. While the boys used the open field as a toilet, girls did not have that option. It was then that we realized the seriousness of the challenge girls faced in schools.

RC Patan came across a similar situation in Lele, where we were accompanied by two members of Inner wheel Club of Patan. The ladies felt the real pinch as the school did not have a separate facility for girls. United Nations Women's Guild (UNWG), New York was approached, through Innerwheel Club Past President Mithila Rajbhandary, for support in construction of toilets. A grant of \$ 1000 from UNWG enabled the school to build a toilet that could be used by about 15 girls at a time; beneficiaries are about 400 girls. Design and supervision were all provided by PP Narayan Halwai. Three other toilets were also constructed with the support of \$ 1000 each from UNWG. The Lele school design became the prototype, with some minor modifications. One such facility was
also completed at the Adarsha Kanya Girls High School at Mangal Bazaar with financial support from the Inner wheel Club of Patan. The beneficiaries in these five schools number about 3600.


2005 was a landmark year in our efforts to improve sanitary situation in public schools. We received \$ 1130 for our Scholarship programme from RC University District in Seattle, RI District 5030. With the agreement of our club and the donor Club (Rin Susan Sola of RI District 5030), we decided to re-allocate those funds for toileis. We developed a Matching Grant project, for $\$ 5,000$ with $\$ 1130$ as the seed money. We had heard about the District Development Fund (DDF), which is matched $100 \%$ by TRF.

We applied for it and succeeded in getting \$8,000 DDF funds from RI District 3290. When we referred this development to Seatile, they too came up with DDF of $\$ 3,152$ for the project. We thus succeeded in having a MG project for $\$ 24,000$ out of an initial \$ 1,130 grant from RC University District, to support construction of 26 units of toilet blocks, each 10-15 users, in 16 public schools.

The sanitation programmes were designed to complement the ongoing scholarship programmes. This would allow us more efficient monitoring. Now the support has been extended to schools in Bandipur and Gorkha which were monitored by our club members. With a view to further improve inter club-relations and to strengthen relatively new clubs, funding of $\$ 2000$ each for two units of toilets has also been provided to 4 clubs in Zone 1, namely RC Budhanilkantha, RC Charumati, RC Himalayan Gurkhas and RC Nagariun and a club sponsored by RC PatanRC Jawalakhel. RC The Himalayan Gurkhas has implemented the project in Rolpa. Out of the planned 26 units of toilets, 22 units have been completed and the remaining 4 are scheduled to
be completed by August 2008. (Photo of DG Dr Tikaman handing over the toilet, on behalf of RC Patan and RC Charumati, to the school management at Sisnery, Lalitpur, on 3 July 2008). The projects have been implemented in the following 16 schools:

1. Adharsa Kanya Niketan High School, Mangal Bazaar, Lalitpur
2. Harisiddhi Higher Secondary School, Harisiddhi, Lalitpur
3. Shramiit Higher Secondary School, Lukhusi, Lalitpur
4. Mahendra Brikuti Secondary School, Ekantakuna, Lalitpur
5. Bal Binod Secondary School, Natole, Lalitpur
6. Rudrayani Secondary School, Khokana, Lalitpur
7. Udaikharkha Secondary School, Lele, Lalitpur
8. Champi Secondary School, Champi, Lalitpur
9. Mahendra Adarsha Vidyashram, Satdobato, Lalitipur
10. Shree Bhawanit High School, Gorkha
11. Shree Panch Ratna Raya Laxmi Kanya Lower Secondary School, Bandipur
12. Dhapasi Middle Secondary School, Dhapasi, Kathmandu
13. Jan Sewa Secondary School, Rolpa
14. Lamatar Secondary School, Lamatar, Lalitpur
15. Jaybhadrakali Secondary School, Tulung, Kathmandu
16. Chhampi Primary School, Chhampi


DG Dr. Tika M Vaidya inaugurating toilet ot Sisneri School, Lamatar
The beneficiaries from the 26 units of toilets in 16 schools are about 9000 .

In addition to its ongoing work with scholarships, and computers, Rotary Club of Patan is engaged in water purification and provision of toilets as well. Rotary Club of Patan is excited to be implementing service projects that already contribute to the RI President's theme for this year - making dreams of children real. In future, RC Patan hopes to be expanding this further, by emphasizing sanitation education to the schools to make water available.

## Best Wishes

## Rotary Club of Patan

On 23rd Installation Cer emony-2008

## OUR CLIENTS

- Bir Hospital.
- TU Teaching Hospital
- Royal Mepal Brmy Hospital
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## ITEMS.

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Born in want, I was brought up in happiness. Hardship did not come my way, so I know little of it. My parents took pains to raise me in a comfortable armosphere. The misery of others so touched my heart that I took up the profession of healing. As I went around the world, I found pain and suffering all around.

Someone suffers from hunger whereas another suffers from gluttony. If one suffers from poverty, another suffers from opulence. Inspired by the advice of my father to my mother that happiness lies in serving the less fortunate ones, I started up looking for the habitat of the wretched. I went climbing up the hills across the Kali River of Chitwan in order to organize a heart check-up camp in the settlements of the backward Chepang community. After the climb, I reached Shri Chandi Bhanjyang National Primary School, where upwards of 100 students greeted me with folded hands and soon after started searching my bags. With extended hands, they started begging for food. I was somewhat taken aback. Only after the teacher scolded the children for their misdemeanour, things came back to normal and 1 found my bearings.

This was a government primary school for Chepang children. The highway is only a 15-20 minutes walk downhill and Mugling Bazaar is a mere 3 kilometers away. Yet these children have not seen any town or city life. They have not seen food and are victims of malnutrition.

1 sfarted lining up the children for health checkup. Everybody had a bloated stomach but skinny arms and legs. Their lips were dry and charred, both sides of the faces showed wounds, almost all suffered from anaemia and their physical development was not at par with their age. A 5year child looked like a 3 -year old one, a 3 -year child still lay in the lap of the mother as he still could not walk. It looked like everybody had worms. Many of the symptoms of vitamin $A$ and $B$ deficiency and protein inadequacy in their diet became evident in the bodies of the children. As I continued with my check-ups, my eyes became watery and I felt like crying.
1 asked the headmaster if the children did not get food to eat. Why were they emaciated? He started telling, "All the children of this school are from backward classes, mostly of the Chepang community. Their parents live over there, up in the hills, a good one or two hours uphill walk. There is no good farming. They sow maize, barley and tobacco in what little plots they have. The cultivated maize and barley hardly lasts for six months. Morning breakfast is not anything more
than inhaling the smoke of the wrapped-up tobacco leaves. By the months of May-June, something like famine descends on these settlements. Leaving behind the children, the grown-ups go looking for wild roots in the jungles.


PN. Dr. Prakash R. Regmi If they manage to cut some wood from the jungles, they take them to the town for selling and in furn buy and bring back salt, sugar and basic food items. For six months in a year, there is virtually nothing to eat. That is the reason for these children being victims of malnutrition.
"Many die of cholera and pneumonia at an early age. Those who survive suffer from malnutrition. We have tried to teach these students in the school. Two sets of dresses per year, bag for books and the like are provide by an organization called RHEST which has helped the children a lot. Government provides books and free education. But how do you teach the hungry? Which child's brain would function properly in a hungry stomach?

Among the children getting admission, more than $50 \%$ quit the school within less than a month. Whoever remains, you have seen their condition." I kept listening. The more I listened the sadder I became.

The head of the school is also of the Chepang community. He is illiterate but has been appointed the head of the school. Somehow he tried to learn a bit by joining adult classes. But he could get no better opportunity to learn. So close to the towns and markets, yet this settlement has not been able to attract anybody's attention. Basic national programs like inoculating the children, giving deworming medicines and vitamin A and distributing enriched flour have not been able to go up a mere 20-30 minutes uphill walk. Although there are scores of organization for the protection and upliftment of the Chepang community, their programs have so far failed to reach them.

Till date it has not dawned upon the policy-makers of the UN World Food Programme that the children of Chandi Bhaniyang also need flour, ghee and sugar. National and international governmental and non-governmental assistance do reach more accessible places than these settlements. Why is it that their footsteps do not reach the settlements of these deprived Chepangs? By the time roads are built for Pajeros to negotiate the hilly tracks of Chandi Bhanjyang, the Chepang children will
keep on dying before they can even walk on the soil of the earth not for lack of milk but for want of a meal of flour.

I am not only a doctor and a Nepalese citizen but also a Rotarian. I related my visit to my Rotarian colleagues and it was generally felt that Rotarians should explore how they could do something to uplift the condition of the Chepangs. I was joined by some of my other Rotarian colleagues and the RHEST workers on my return trip to the same village on $13^{\text {th }}$ June this year. This time we took with us boiled eggs and bananas to give to the hungry and ill-fed students. We could discern the feeling of
happiness and gratitude in the eyes of those poor students as they were eating the bananas and the eggs. We discussed with the head of the school and other local community leaders about providing nutritious food to the children a couple of times a week to start with and eventually during the entire school days. This would improve the health of the school children and also motivate them to attend school. We Rotarians should join hands in serving the society with the motto of "Service Above Self". Joining hands in providing nutritious meal to about 100 school children, who are dying in early childhood due to lack of basic food items, would be a noble and worthy cause in keeping with the ideals of Rotary.

# We extend our Best Wishes for the success of Rotary Club of Patan 

On the Occasion of $23^{\text {rd }}$ Installation Ceremony

## Satya Pradhan <br> Tel. 5524478

## Biswa N. Rai

Tel. 5530553
Shreedhar S. Rana
Tel. 5541456/5523915
Tirtha M. Sakya
Tel. 5522467/4410910

## Puskar M. Shakya <br> Tel. 5522492

Best Wishes

On the Occasion of

23rd Installation Ceremony of

Rotary Club of Patan

on 21 July, 2008

From
NDA-Nepal Orthopaedic Hospital
Celebrating 10 years of service Jorpati-4, Kathmandu.
Phone No. 00977-1-4911725, 4911274, 4910505

-रो. कमलर्मणि दीक्षित

हास्रो रोटरियन साथीहरुले ‘राइला' RYLA बारे केही बुभि राख्नु रास्रो भनी यो निबन्ध लेखिएको छ। यसै पनि हाम्रो क्लबले 'राइला' प्रायोजन गर्नेमा केही महत्व पूर्ण योगदान गरेको छ।

राइला भनेको एउटा नयाँ सोच, नयाँ विचारधारा हो रोटरीमा पलाएको। युवा पुस्तालाई समाजको नेतृत्वका लागि तयार पार्नुपई भन्ने लाग्यो रोटेरियन अग्रजहरुलाई र राइला जन्मियो सन् १९६०/१९७१मा । रोटरीले आफै दिदैन तालिम युवाहरुलाई, सहयोग गई उनीहरु आफैले आफूहरुलाई तालिम दिन। 'पछि गएर आफ्नो समाजलाई अगाडि लैजाने काम हास्तै हो' भन्ने जागरणको बीउ युवाहरुको मनसा रोपिदिने काम गई्छ रोटरीले । 'राइला' त्यही वीजारोपणको 'रोपाई' हो ! 'राइला'मा सहभागी हुन आउने युबाहरुलाई पहिले त ‘रोटरी' के हो भन्ने नै बुभाइन्छ। हामी भन्छों: रोटरी भनेको के हो ? धनी बुढाहरुले बसिवियाँलो गर्ने, रमाइलो गर्ने 'क्लब' होइन यो। यो सेवा-क्लब हो, अर्थात् सेवा गर्ने क्लब। रोटरीमा ‘सेवा’ भनेको दानदातव्य मात्र होइन । तन, मन र धन तीनै कुरा मिलेको हुन्छ रोटरीको सेवाभावमा। मनले नै प्रेरित गर्नुप्छ मान्छेलाई सेवाकार्यमा लाग्नलाई । त्यसका लागि अलि शारीरिक कष्ट पनि गर्नुपद्छ अर्थात् आफ्नै हातखुट्टा पनि चलाउनु पई्ध भन्छ रोटरी। भन्नाले केही श्रम पनि गर्नुपई्छ भन्ने हो। पैसा मात्र छरेर, केही चन्दा दिएर गरिने कार्यलाई रोटरीले सेवा मान्दैन । आफू संलग्न नभई रकम मात्र उपलब्ध गराएर मख़ पर्ने होइन, कुन न कुनै रूपमा आफ्नो तन र मन पनि लगाउनुपई्छ सेवाकार्यमा भनिन्छ । रोटरी आदर्श हो त्यो । अनि धन त चाहिन्छ नै। आप्नो औकततले भेटेसम्म, आप्नो आर्थिक अवस्थाले अनुमति दिएसम्मको खर्च पनि गर्नु पछ्छ भन्न रोटरी पछि पर्दैन । तर, फुर्ती

देखाउनलाई आफूले सक्नेभन्द्रा बढी रकस दान गर्नुहुदैन भन्छ रोटरीले। सक्तो मात्र गर्ने हो, तर कुनै महात्माले भने जस्तो ‘गीभ टिल इट पिन्चेज’ अर्थात् सकेको सम्म दान गर भन्ने हो रोटरीले पनि ।

रोटरीको यति बयान किन गर्नुपन्यो र राइलाको यो युवा समूहमा ? भनेर सोध्छन्न् साथीहरु । म भन्छुकिनभने युवाहरुलाई भविष्यका नेता, कर्णधार मान्छ रोटरीले । यिनै सशक्त र समर्पित युवाहरुले पछि रोटरीको पनि नेतृत्व सम्हाल्नुपर्छ भन्ने धारणा राख्छ रोटरी । अतः रोटरी-आदर्श ऐले नै आत्मसात गरून् उनीहरुले, हृदयड़्न् गरुन् भनेर यति भन्नु परेको हो।

हामीले ती तन्नेरी युवक र युवतीलाई वुभ्भाउन सक्नु पन्यो रोटरीले आफ्नो जन्मको 'शतक' पार गरिसक्यो। सन् १९०४मा अमेरिकाको सिकागोमा चार जना अधनैंसे उद्घमीहरुले जन्माएको रोटरीले ऐले संसार ढाकेको छ। पौने $२$ सय जति देशमा बान्ह लाखभन्दा बेसी व्यक्ति सदस्य छन् यसको आदर्श मानेर यसका सदस्य भएका भन्ने बुभ्काए पछि हामीले भनिदिनु पई रोटरीको छुछट गुठी छ लोकोपकरी काम गर्न, रोटरी फाउण्डेसन। संसारभरका लाखौं रोटेरियनहरुले दिएका खरबौं रुपिया छ त्यस फाउण्डेसनमा र त्यसले वर्षैवर्ष अरबौ रुपिया छईई संसारभर सेवाकार्यमा! कुनै संस्था यति दीर्धजीवी र यति सम्पन्न हुनलाई भित्री खुवी, आभ्यन्तरिक गुण नभई सम्भव छैन भन्ने कुरा ती युवाहरुले हृदयद्गस गर्नुप₹्छ। अनि हामीले अन्नु पर्छ- र इललामा संलग्न भएका युवाहरुले त्यो खुवी के हो, त्यो गुण के हो भनेर पत्ता लगाउन कोशिश गर्नु उचित हुन्छ।

नेपालमा रोटरी कसरी आयो भनेर पनि हामी

उनीहरुलाई बताउँछौं। हामी भन्छौं-नेपालमा रोटरी भारतको बाटोबाट छिरेको हो सन् १९५९, संवत् २०१६ सालमा। रोटरी क्लब अफ दरभङ्गाको अग्रसर तामा, रोटरी क्लब अफ काठमाण्डूको जन्म भयो तत्कालीन राजा महेन्द्रको संरक्षकत्वमा । जनरल किरण शमशेर राणा यसका संस्थापक अध्यक्ष, फाउण्डर प्रेसिडेन्ट हुन् । नेपालमा रोटरी क्लब भनेको त्यही एउटा मात्र रह्यो निकै वर्षसम्म । त्यसपछि सन् बिराटनगरमा दोस्रो क्लब सन् १९७७मा र १९丂पया पाटनमा तेय्यो क्लब खुलेको हो। ऐले नेपालमा लगभग ७० ओटा रोटरी क्लबहरु खुलिसकेका छन्- देशको पश्चिमसा नेपालगंज्ज र पूर्वमा धनकुटासम्म । यी क्लबहरूले रोटरी फाउण्डेसनको सहयोगमा करोडौ रुपिया भित्र्याई अनेकौं सेवा-कार्यहरु पनि सम्पन्न गरिसकेका छन्। तर, हामीले युवाहरुलाई बुभ्राइ दिनुपई्छरोटरी फाउण्डेसनले सित्तैमा यस्तो आर्थिक सहयोग दिदैन । स्थानीय क्लवहरुले आफै श्रम, शीप र रकम लगानी गर्नुपछ्छ शुरुमा। त्यति गरेपछि विदेशी रोटरी क्लबहरुबाट पहिले सहयोग पाइन्छु, अनि ‘म्याचिङ ग्रान्ट' भनी रोटरी फाउण्डेसनले पनि लगानी गाई्छ। हुन त नेपालका रोटेरियनहरुले आफैले पनि लाखौं डलर रोटरी फाउण्डेसनमा चन्दा दिएका छन्। तर त्यसको कैयौं गुना डबल्याएर फाउण्डेसनले नेपालमा रोटरी क्लवका सेवा आयोजनाहरुलाई आर्थिक सहयोग गर्ने गई।


RYLA 2008 Group Photo Session

राइलामा सम्मिलित युवाहरुले यति बुक्फेपछि हामीले उनीहरुलाई नेपालको आफ्नो छुद्टै रोटरी डिष्ट्रिक आएको बारे वताउँछौं। हामी भन्छौं- नेपालसा रोटरी भित्रिएको आधा शताब्दीपछि नेपालको आफ्नै रोटरी डिष्ट्रिक्ट बनेको छ ३२९२ भन्ने । यसअघि नेपालले, भारत, पूर्वी पाकिस्तान (बड्गलादेश), सिक्किस, बर्मा, इत्यादि देशहरु भएको विभिन्न डिष्ट्रिक्टहरुमा पर्दै आएको थियो । नेपालको आफै डिष्ट्रि्ट्ट ३२९२ बन्नुभन्दा पूर्व यो ३२९० नामको भारतको पश्चिस बड़ालको केही भाग र आण्डमन निकोवरसंग संयुक्त डिष्ट्रिक्टमा थियो । नेपालको पहिलो डिष्ट्रिक्ट गभर्नर रोटेरियन डाक्टर टीकामान वैद्य बन्नुभएको छ। त्यसो त रोटरी क्लब अफ काठसाण्डूका टेमस मानेक्सा डिष्ट्रि्ट्ट ३२९०को डिष्ट्रिक्ट गभर्नर भैसक्नु भएको हो केही वर्षअघि । अनि नेपाली नागरिक रोटरी डिष्ट्रि्ट्ट गभर्नर हुने चाहि (कवि) जगदीश शमशेर राणा हो । तर उहाँ भारतको डिष्ट्रिक्ट ३०६०का गभर्नर हुनुभएको हो निकै वर्षअचि ।

यसरी यस पटकको हाम्रो क्लबको 'इन्स्टलेसन सुभेनिर' मा लेख्दा मैले ‘राइला'को निहुँ बनाएर साथीहरुको स्मृतिमा रोटरीकै वारेमा पनि केही बसोस् भनी यति लेख्ने जमर्को गरेको हुँ। यस बाट साथीहरुलाई ‘राइला’ बारे चन्चु प्रवेश गराउने र ‘रोटरी’ बारे पनि अलिकति केही कुरा सम्क्काउन सहयोग होला भन्ने विश्वास छ।


RYLA 2008 Group Basket Ball Team Photo Session

## WITH BEST COMPLIMEITS

## from

MEH Consultants (P) Lid.
290, NK Singh Marg, New Baneswar
P. O. Box 4036, Kathmandu, Nepal, T
el: +977-1-4477634, 4477349,
Fax: +977-1-4477358
E-mail: meh@mehconsultants.com

## CONSULTING FIELDS




## SCOPE OF SERVICES

- Project Identification and Formulation
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- Master Planning
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We are established lately in October 1997, but we have been able to mobilize 47 shareholders, mositly professionals, who have invested over Rs 15 million for the establishment of the company. During a short span we have been providing management services mainly to externally funded projects and some local institutions. Some outstanding projects are listed below:

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- Workshop and Customer Services Facilities at Naikap for Sripadi Trading Pvt. Lid., Kathmandu
- Nepal Orthopaedic Hospital Extension at Jorpati, Kathmandu
- Karmachari Sanchaya Kosh Building Complex at Sundhara, Kathmandu
- Impact Evaluation Survey of JICA Projects in Kaski and Parbat districis/ JICA
- Himalaya Cooperative Society Office Building Project, Old Baneswor, Kathmandu
= Amarawati Housing Project, Matatirtha, Kathmandu
* Water Resources
a Project Management of Melamchi Water Supply Project, ADB funded
= Detailed Design of Bulk Distribution Component of Melamchi Water Supply Project, ADB funded
» Project Management of Small Towns Water Supply and Sanitation Sector Projec, ADB fundedt
- Preparation of Management Contract for Private Sector Participation in Urban Water Supply and Sanitation in Kathmandu Valley, The World Bank funded
\% Health and Community Development
- Community-Based Drug Management Programme/ GTZ
- Basic Health Services Programme/ KfW
a Family Health Programme/ KfW
\% Energy and Power
- Rural Electrification in 13 districts of Nepal for Nepal Electricity Authority, ADB funded
- Rural Electrification and Distribution System Reinforcement in 2 districts for Nepal Electricity Authority
- Consumer Data Management in 3 towns for Nepal Eleciricity Authority


## Contacts:

Narayan G Halwai<br>Managing Director

Shyam S Sharma<br>Director



रो. तुलसी प्र. न्यौपाने पूर्व अध्यक्ष

मैले रोटरी क्लबमा प्रवेश गरेको २३ वर्ष भएछ। पहिलो रोटरी क्लब $9 ९$ §ू, मा काठमाडौंसा खुल्या "रोटरी क्लब अफ काठमाडौं" र $9 ९$ दर म मा काठसाडौं उपत्यका भित्र दोश्रो क्लब खुल्यो "रोटरी क्लब अफ पाटन"। मेरो २३ वर्षको रोटरी यात्रामा भएका छोटा अनुभव मा डिष्ट्रीक्ट् ३२९० कलकत्तासँग समन्वय भएर नेपाली क्लवले काम गर्दा निकै अफ्ठेरा अनुभव भएका छन ।

लामो प्रयास पछि नेपालमै आफ्नो डिष्ट्रीक्ट् बनेको छ नं. ३२९२। डिष्ट्रीक्ट बनाएर मात्र त पुगदैन । रोटरीका उच्च आदर्श र मान्यताको प्रशासन कसरी गर्ने, सामाजिक उत्थानका विविध क्षेत्रमा के कसरी जाने र रोटरीमा इसान्दारीता आवश्यक हुन्छ भन्ने बोध प्रत्येक सदस्यलाई कसरी गराउँने भन्ने कुरा महत्वपूर्ण हुन्छ। यो "फोर वे टेष्ट"को विषय हो।

रोटरीमा विभिन्न पेशामा रहेका व्यक्तिहरुको भिन्ना भिन्नै "क्लासिफिकेशन" हुने हुँदा आफ्नो योग्यता र क्षमता अनुसार सामाजिक रुपान्तरणमा दिने विश्वास बनोस भन्ने रोटरीको मान्यता हो । व्यापार र उद्योगमा संलग्न सदस्यहरकुो आर्थिक देनले नयाँ योजनामा योगदान हुन सक्छ। "सर्भिस एभोव सेल्फ" भन्ने वचन नवुभ्ने ले त रोटरीलाई कमाई खाने भाँडो पनि बनाउन सक्ने हुँदा यस विषयमा डिष्ट्रीक्टले तालिम, सेमिनार र छलफल गराएर आदर्श काम गर्ने वातावरण तयार गर्न सक्तुपछ्छ।

विश्वका विकसित राष्ट्रका रोटरी क्लवहरु र रोटरी इन्टरनेशलको आपन्नै फण्डबाट पनि रोटरी प्रोजेक्टहरु कार्यान्वयन गर्न सकिन्छ। कतिपय अरु मुलुकका रोटरी क्लबहरु संग सहकार्य गर्न सकिन्छ। विकसित मुलुकहरुको खास खास प्रोजेक्ट नभएको अवस्थामा "फण्ड रेज" गर्न चाहेर पनि गर्न नसकेको स्थिति हुन्छ।

स्पष्टता, आदर्श, विश्वास र नैतिकतालाई रोटरीले लिएको हुँदा रोटरीयनहरुले रोटरीका पद लोलुपता, ग्रुपिजम, भ्रष्टाचार हुनेबाट टाढा राख्ने संकल्प र तदनुरुप नीति निर्माण र कार्यान्वयन रोटरियन नेतृत्ववाट हुन सकेमा यसको महान उद्देश्य पूरा हुन सक्तेछ, नयाँ डिष्ट्रिक्टको।

रोटरीमा राम्रो सेवा गरे वापत् सन्तोष मान्ने र खुशी व्यक्त गर्नाले निन्द्रा पनि रास्रो आउँछरे । यो कुरा असहायहरुलाई सेवा गरिनै प्राप्त हुन सक्दछ। सेवा नै यसको मूल मन्त्र हो।

बेलायतका पूर्व प्रधान मन्न्री सर विन्सट्न चर्चिलले प्रमुख अतिथि भएर एउटा रोटरी कार्यक्रमसा जाँदा भन्नु भयो रे रोटरियनहरु आदर्श र उच्च मानव हुन्- उहाँको भनाई धियो :-
Excellent works by good people are more vital and satisfying than good work by eminent people. To the community, such ordinary people are precious than people like me and I must recognize these extraordinary people."

उहाँको यो भनाईले रोटरीयनहरु माथि यति ठूलो विश्वास अभिव्यक्त भएको छ कि यो विश्वव्यापी सान्यता हो । एउटा उदाहरण पोलियो निर्मूल कार्यक्रममा रोटरीले खेलेको भूमिकालाई लिन सकिन्छ।

म जि. एस. आर (गभर्नस् स्पेसियल रेप्रेजेन्टेटिभ) भएर खोलेको " रोटरी क्लव अफ पाटन वेष्ट" का प्रथम प्रेसिडेन्ट डा. टिकामान वैध डिष्ट्रीक्ट ३२९२ खुलेपछिका प्रथम गभर्नर हुनु भएकोमा मलाई गौरव र खुशी अनुभव भएको छ। तसर्थ हाम्रो आप्तै डिष्ट्रीक्ट भएको छ, यो समयलाई रोटरियनहरुले एउटा चुनौतिका रुपमा लिएर विश्वका रोटरियनहरुलाई चकित पार्दे हाम्रा सामु रहेका सामाजिक विभेद, असक्षमता, र गरिवीलाई निर्देश गर्ने काम गर्ने वचनवद्धता लिने समय आएको छ। रोटरियनहरुलाई यो मार्गवाट अगाडी बढ्ने प्रेरणा अवश्य मिल्ने छ।

रोटरी इन्टरनेशनल सेवा, विश्व पहिचान, सद्भाव र शान्तिका लागि प्रतिवद्ध संस्था भएकोले हाम्रो नयाँ डिष्ट्रीक्टमा नयाँ सोचाई र आदर्श बोकेर सेवामा समर्पित हुने वातावरण रोटरियन लिडरहरुले निर्माण गर्न पर्ने हुन्छ।


Rtn. Rabendra Raj Pandey
District Special Project Coordinator, Physically Challenged

Traditional belief in Nepal concerning people with disabilities is that they are cursed and not worthy of further education, training or support. In partnership with District 5030 (RC Bellevue, USA in particular), we plan to promote understanding about people with disabilities via a disability awareness campaign piloted in five districts of Nepal. The integrated, multi-media campaign will create awareness of their condition, potential, abilities and personal rights that will lead to opportunity, education and productive lives. A call center will be established providing the caller with information and referrals to other agencies that will give specific assistance. Matching Grant/Club-funded projects between RI districts 5030 and 3292 will leverage this campaign.

## Salient Features:

## Objective 1:

Increase awareness about people with disabilities and their capabilities via a media campaign

## Specific Activities

- Develop the social marketing materials and implement the media campaign.
- Different materials will be developed for different markets depending on the literacy rate of the targeted area. Awareness campaign materials for areas with lower literacy will contain more drawings than words. Educational materials developed for school children will be age appropriate.
- Detailed information on the development of the marketing materials is available on the attached marketing campaign budget.


## Measurements

Results of pre \& post-campaign focus groups surveys (see attached survey) \& attitudinal survey will provide details of effectiveness. Nepali District 3292 Rotaractors will administer the survey (see attached agreement letter from the Nepali Rotaract District representative).

## Objective 2:

Disseminate information on Disabilities. Knowledge of disability, services available, education available and opportunities.

## Specific Activities

- Rotarians and Rotarctors will set up meetings that gather employers, educators, political leaders and civic leaders to address issues pertaining to people with disabilities.
- Educational materials will be distributed to village healkh posts and schools by Rotarians and Rotarctors. Rotarctors will present street theater performances demonstrating the campaign message and distribute printed literature.
- Help coordinate the organizations already working to help people with disabilities to distribute awareness materials and inform them of our call-center referral service so they can be prepared for the inquiries from our clients with disabilities.
- Involve people with disabilities, Rotarians and Rotarctors on radio and television to do interviews and stories about the project and its goals.


## Measurements

The amount of materials distributed. The effectiveness of the information distributed will also be measured by the post-campaign atitifudinal survey.

## Objective 3:

Provide a person with a disability or families with a person with a disability access to services, education and opportunities.

## Specific Activities

Establish a 'call-center' contact phone number and publish/broadcast the number in all marketing materials. Set up a 'call-center' staffed by people with disabilities to field and refer calls
that come in as a result of the awareness campaign for a two-year period. Assemble a computer database of agencies that can be used to refer people to depending on their needs. Train callcenter workers in the areas of computer use and customer service.

## Measurements

We will monitor the number of calls received and successfully referred over the life of the awareness campaign.

## Objective 4:

Provide direct benefits to people with disabilities.

## Specific Activities

Partner all 67 Rotary clubs and Rotaract Clubs in the new Nepali District 3292 with clubs in District 5030, District 5050 and other Rotary districts in the USA to work together on projects to provide help to people with disabilities in the Nepali Rotary community.

## Measurements

The target is to match all Rotary \& Rotaract Clubs in Nepal with partners in the USA. The measurement of success will be how many Nepali clubs participate and how many partners we can find in the USA.

## Need and Justification

There is a lack of general awareness amongst family and community about children or persons with disability. The community collectively has neither understanding nor knowledge or awareness of where to access information about identifying a disability, its causes, treatment or any services that they can avail for rehabilitation or corrective medical services. They, therefore, are not aware of the capabilities of this population and discriminate against them. $68.2 \%$ of people with disabilities have no education as opposed to $43.9 \%$ of the general population. This nearly $25 \%$ discrepancy denotes the lack of value placed on educating people with disabilities.

Most heads of organizations that provide services to the disabled find their patients have not been diagnosed early enough to mitigate the long-term effects of a disability and as such, rehabilitation and training take longer or is sometimes unproductive especially in language communication for the deaf. Another example is when physical deformities could have been treated before bones become fused together. Even basic treatment of blind or deaf children is inhumane
due to the ignorance prevalent in most villages. The NGO's (Non-Governmental Organizations) and CBO's (Community-Based Organizations) in the community are focused on helping those that do approach them for help. Most offen, the treatment is given to people who know someone working at the NGO since most information is transferred by word of mouth.

In the 'recommendation' section of UNICEF's comprehensive 2001 study of Disability, 'Awareness' is cited as a cornerstone issue that needs to be properly addressed on many levels in order for people with disability to achieve opportunities that they are due. Until some level of societal awareness of their value is achieved, there will be no substantive positive change in the lives of these worthy people.

It is common for parents of children in the village who are born deaf to have no concept of their disability. They know something is wrong, and they go to the temple and pray for it to get better. They have no idea that there is a school for the deaf that their children could go to because they don't understand the disability. If they do eventually figure out what is wrong with their child, it sometimes becomes too late to join the school, because the children lose their ability to properly learn sign language after a certain age.

The awareness-raising methodology being implemented by the existing NGOs is inadequate. There are several hospitals that do outreach camps to address medical issues but only those community members that are aware seek medical advice and that is not the general attitude of the community at large.

## Who will benefit from this project?

The project will take place in both urban and rural areas (Please refer to attached demographic information for the seven target districts). In the urban areas where there is more access to education and information, we still find that $31 \%$ of head of households have no education versus $55 \%$ of head of households in rural areas have no education. It was identified that urban households with a person with disabilifies had a higher rate of illiteracy, $60 \%$ of the head of households had no education compared to $32 \%$ of head of households in rural areas with a disabled person. Among the total population surveyed, $52.2 \%$ were literate. It is evident that there is an increase in literacy in the younger generations. There has been a gender disparity concerning the literacy status where only $37.7 \%$ of the females were liferate while $66.7 \%$ of the males were literate.

Most of the occupations among the communities we will pilot the project center around agriculture at $60 \%$ while professional and skilled labor make up $20 \%$ of the work force. Unskilled labor and other petty business make up $16 \%$. However, again it was noted in the study that households with a disabled person have lower rates of occupation in skilled and professional services than households without a person with disability.

The prevalence of disability among the youngest age group - $0-4$ years of age is $.9 \%$ due to difficulty in detecting disability and early death of children with disabilities. The prevalence rate of people in the age group $20-59$ is $2.17 \%$ as this is the most active age group and most prone to acquiring disability. The highest proportion of people with disabilities was in the prime working age group- 15-59, accounting for $64.3 \%$ of all people with disabilities. There is a higher prevalence of disability amongst men. The prevalence of disability is lower in the urban areas as opposed to the rural areas. While assessing distribution of people with disabilities in the three ecological belts, it was found that more lived in the Terai region (lowlands) - $35.6 \%$ than in the other belts.

## Benefits from the Project

As the goals for this project involve making a tangible change over seven districts of Nepal, our main source of statistics and facts for the benefiting community is UNICEF's 2001 comprehensive study, "A Situation Analysis of Disability in Nepal". By their definition of disability and from the percentage of people with disabilities found in their sample of 75.994 Nepali households at $1.6 \%$. There are also a number of pocket studies that have shown the incidence of disability to be between $3 \%-5 \%$. However, these numbers include varying types of impairments and also sampled the population over 70 years of age, which wasn't included as part of the UNICEF assessment. If we utilize the population total of approximately $4,423,000$ people living in the seven districts in which we are piloting the awareness program and then multiply it by the $1.6 \%$ figure of disability from the UNICEF study, we come up with a total of 72,094 people with disability in our target areas. (Please see attiached demographic information for the seven target
districis). So, potentially 72,000 people will benefit from this program.

## How many people will indirectly benefit from the project?

The families with disabled persons will benefit indirectly in the long term because if they act on the premise of the campaign and begin to realize that with education and support, their disabled family member may be self-sufficient in the future, or provide income to the household. In addition, the majority of people with disabilities within our piloted project area may benefit indirectly by the programs we are instituting.

## Project Continuity and Evaluation

The basic premise of our program is for people with disabilities to be valued as members of their family, community and Nepali society. If our pilot program is successful and with outside funding to take the program nationwide, I think that the best measure of our results would be the number of children with disabilities being educated through their high school years and taking their SLC (School Leaving Cerificate) Examination. From UNICEF's 2001 Situational Analysis of Disability in Nepal, we have a figure of $31.8 \%$ of disabled persons had acquired any form of education, including non-formal education. The goal would be to increase this literacy rate by $100 \%$ over the 10 -year period.

## Rotary Identity

Rotary emblem on all marketing materials for the awareness campaign will be displayed. Newspaper ads, radio announcements, pamphlets, television, billboards and more (see marketing budget). As this is a marketing awareness campaign, there will be no shortage of Rotary publicity for this project throughout the piloted districts via the awareness materials.

The Trustees of The Rotary Foundation have approved the 3H Grant application \# 62861 in April 2008. Rotarians and Rotaractors of RI District 3292 and 5030 are looking forward to working together on this 'dream' project and bring about a definite change in the lives of the 'differently able' community of Nepal. There could not have been a better time to launch this project than to coincide with the launch of Nepal's own RI District 3292 on July 1, 2008.

# Prajapati Education Endowment Fund <br> A Noble and Notable Project of RC Patam 



PP Rtn. N.G. Halwai

It is a well established fact that a nation's development is direcily related to its rate of literacy. In Nepal's case, the status of literacy coverage and enrollment as of FY 2006/07 (National Planning Commission, 2007) is as follows:

Literacy
$6+$ Years
$15+$ years
Enrollment
Primary school
Lower secondary
Secondary
Higher Secondary
Higher Education

Coverage
63\%
52\%
\% Total
87.4
71.546 .6
$56.7 \quad 46.6$
23
6

The chart would indicate that at the secondary level, school enrollment drops to $56.7 \%$ from $87.4 \%$ at the primary level. Maybe as in many other under-developed countries, in Nepal also sharp dropout in higher classes belongs to children mainly from economically deprived families because parents are unable to afford the cost of education. Also, grown-up children are required to lend a hand in their household chores and are compelled to leave school.

In an attempt to address this issue, Rotary Club of Patan (RCP) had established Prajapati Education Endowment Fund (PEEF) and launched an education program in 1991 to support the children from economically deprived families, who would have otherwise dropped out of the school, to continue their schooling. RCP implemented the support program in governmental schools where four students are selected each year in Class 6 for support which will be continued till they complete Class 10. This support would continue unless they leave the school or failed for 2 consecutive years. The program has supporied
Chart 1. Growth of Trust Fund


1,157 students during 1991/92 to 2007/08, of which $57 \%$ are girls. It supported 504 students in 2007-2008, of which $64 \%$ are girls. It plans to support 568 students in 27 schools in year 20082009 of which about $60 \%$ will be girls. Till date RCP has mobilized Rs 4.13 million as a trust fund and Rs 225,000 as an annual contribution.

Most of the Rotary programs are based on onetime contribution/expenditure. However, supporting such large number of children for several years and subsequent extensions require large efforts in mobilizing sustainable resources and in managing them. This is possible only by establishing credibility in managing the program in a transparent manner - selection of needy students, account keeping and recording which are regularly provided to the donors. An RCP endeavor in establishing credibility is briefly described below.

Criteria and procedure for selection of students in Class 6 are well established. The criteria are:

- Student's need and not merit or class-room performance; only government schools included;
- Children from economically deprived families, without father / or mother or both, not staying at parental house;
- One or two earning members but a large family to support, father/mother on lowly paid jobs as labour, etc.
- Not provided to children working as a domestic helper as it is the responsibility of house owner to educate the helper;
- Students selected in Class 6; school recommends 8 needy students, out of which 4 are selected after interview;
- Support ranging from Rs 1000 to Rs 1500 per

annum depending on their academic performance, is provided. The amount is meant to supplement the families' expenses to educate their child.

RCP has developed a form to be filled up by the school for each deserving student indicating his/ her social and economic status. The school normally recommends twice the number of students to be supported. The Rotarians visit the school and based on review of the form and interview, select the students to be supported.


Noteworthy experience during selection was - a student who had been selected reported that her friend who was not selected needed the support more than herself and requested whether support provided to her could be transferred to her friend.

The management of maintaining records of the students receiving support; account keeping of amount received from contributors; informing the contributors about the students he/she is supporting; logistics of sending forms to 27 schools, fixing appointment with the school for visit and informing the Rotarians in the team and visiting them for interview; and maintaining transparency in all these activities takes considerable efforts. These are reflected in establishing credibility among the contributors and their increasing support. The growth of the program and its current status are presented in Chart 1 to Chart 7, which are self explanatory.



RCP's goal is to provide support to 1000 siudents. Currently we have achieved only $56 \%$ of our target and will have to get $44 \%$ additional resources to reach the goal. One-time contribution of Rs. $15,000(\$ 250)$ will support a student during the entire program period whereas an annual contribution of Rs. 1200 ( $\$ 20$ ) is required for supporting one student for a year. I humbly request all Rotarians and non- Rotarians to contribute generously to the Fund to enable the



Club to achieve its noble goal of reaching 1000 students.

Besides support to students, other school programs include providing matching funds ( $\$ 3000$ ) for construction of 27 unit of $10-15$ users toilets in 17 schools, $\$ 1000$ for establishing library facilities in 20 schools in association with Room To Read, providing computer facilities in schools (174 computers have already been provided and 2 projects to provide about 150 computers are in the pipeline) and furniture to 5 schools.

To maintain healliny Pets

Use Pet Meal, Pet Chow, Hl Provit \& Steplac

Obest wishes for the sucoess

## 23 rd Installation Ceremony Rotary Club of Patan



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रो. डा. मुक्ति नारायण श्रेष्ठ

कुकुरमा त्यस्ता के विशेपताहर छन् जसवाट मानिसहरु कुकुर पाल्न लालायित हुन्छन् ? मानिसको सवै भन्दा असल साथी र सहयोगीको संज्ञा दिइन्ध किन ? मानिस बस्ने घर, टोल, छिमेक जताततै ठाउँ मान्र नओगटी यो पाल्तुले मानिसको मनमस्तिस्कमा समेत यस्तो विधी किन ओगटेको ? मानिस विवेकशिल र चेतनशील प्राणी भएकोले पथके पति कुकुरका सकारात्मक पक्षहरु प्रति सजगं भएर नै यो जन्तुलाई असल साथीको रुपमा आत्मासात गरेको हो कि ? काखमा लुटपुटिने, माया दिने, माया लिने, र घर परिवारकै घनिष्ट र औधी प्रिय सदस्य कसरी हुन पुग्छ ?

यसका कारणहु हुनू, मानिसमा भन्दा $૪ \prec$ गुना तित्र सुँघृने शक्ति (मानिसमा नाक भिन्तको किल्लीमा प० लाख Receptor cells हुन्ब भने कुकुरमा २२ करोड पू० लाख), देख्न र सुन्न सक्ते अत्याधिक शक्ति, मानिस भन्दा छिटो चारखुद्दाले वेतोडले बगुन्नें शक्ति, आप्नो आकार भन्दा वढी ठुलो आवाजले भुकेर थकाउन सक्ते सामर्थ्यता, आप्नो मालिक र घर परिवार प्रति भक्ती, वफादारी, इमान्दारी र आज्ञाकारिता ₹ विभिन्न प्रकारका खास जाती विशेषता, भिन्न नाप, आकार, रंग र शारिरिक बनौट, गठन, संधै स्फुर्त, निष्क्पट, आत्मिय समर्पण स्वभाव, मिलनसार र आफ्नो मालिकलाई सजिलै खुशी पार्न सक्ते, मायालु, विश्वासिलो, इसारा र कुरा वुभ्ने (हाम्रा भाषा बाल्ने मान्र नसक्ने), मित्र वा शतु छुछ्टाउन सक्ते, रक्षक, खुसी र दुखीको भावना पोल्जे, छैठौ इन्द्रिय (sixth sense) भएको, अध्यार †मा पनि देल सक्ने, हाम्रो संग्संगत मन पराउने, तालिम सिक्ते, मनोरश्जन रमाइलो गराउने आदि गुणहरूले कुकुर हाम्रो विशेष प्यारो हुन्ध। हामी जे जस्तो प्रकृतिको भए पनि उनीहर हामीलाई मन पराउन छोड्दैन । हामीबाट उनीहरूले ठुलो आशा आकांक्षाहर राखेको ढुदैनन् । यसरी उनीहरु विना शर्तं र स्वार्थ निश्चल भावले हामीहरूलाई संचै सेवा गरिराखेका हुन्छन्। कुकुर पालक चाहे धनी होस्

वा भुने गरिब, सुन्दर होस् वा कुरुप, शक्तिशाली वा कमजोर, प्रख्यात होस् वा कुख्यात, राजा होस् वा रंक, सानो होस् वा ठूलो, वालक वा वृद्ध सवैलाई एकनाशले संधै माया गई्छ। तिनीहरूलाई पिटे पति पुच्छ्र लुकाएर फेरी संगै वस्न र मुख चाट्न छोड्दैनन् । कहिल्ये पनि मानिस केँ मुखमुखै नलाग्ने, ओठे जवाफ नदिने, नत हामीलाई ठगने, मुर्ख बनाउने र धोका दिने नै गर्धन् । यसता साथीको संगतवाट यो भन्दा बडी के नै चाहान्छ़ः र ? यी मिनहहरले हाग्रो जीवनमा आयुका वर्षहरु थपी हामीलाई दीर्घजीवि वनाउने र उनीहरुको संगतले स्तरीय जीवन विताउन सहयोग गई्छत्। यसैले यिनीहरु हाम्रो जीवनमा ठूलो हिस्सा हुन, संगी र सहकर्मी प्रिय साथी हुन् । हाम्रो मानसिक स्वास्थ्यमा उनीहरले सकारात्मक प्रभावहरु पार्छन र शारिरिक, भावनात्मक, समाजिक क्षेत्रमा पनि बेरै भुमिका बेल्छन् । मानसिक स्वास्थमा दिनहुंको तनाव, चिन्ता र डर आदि हामीले विहोरीरहेकालाई पात्तुले शान्त पार्ने, चिन्ता घटाउने, तनाव हटाउने सहयोग गर्ने र साथै सुरक्षाका भावनालाई अभिवृद्धि गर्ध। मानिसको तनाव घटाउने यसता पाल्तु सवैभन्दा असल साधन हुन, यहाँ सम्म कि अति सम्वेदनशील तथा आकामक व्यक्तिहरु पनि आप्नो कुकुरका संगतमा शान्त र आनन्दित हुन्छन्। एक्लो मानिसकोलागी उनीहरुको संगतले हास्रो जीवन अर्थपूर्ण र स्तरीय बनाउँ । तालिमी कुकुरहरु त उत्कृष्ट रक्षक पनि हुन्छन् ।

आप्नो पात्तुलाई थपथपाउंदा हाम्रो मुटु र स्वासप्रश्वासको गतिलाई कम गर्ने, हाम्रो रगतको कोलेस्ट्रोल घटाउने, र क्ष चाप घटाउने, मुडमा सुधार ल्याउने, रमाइलो आनन्द अनुभुति दिने, हृदयपक्षघातमा सुधार ल्याउने, क्यान्सर रोगीहरुसा रोगसंग लड्न सक्ने क्षमता वृद्धि गराउने हालको अध्ययनले प्रमाणित गरेको छ।

पाल्तुले हामीमा धैरै सकारात्मक गुणहरु बढाउने, वढी आत्मविश्वास जगाउने, माया प्रेस बढाउने, स्वयममा पूर्णताको अनुभुति गराउने, स्वावलम्बी र मेहनती बनाउने र कुकुरको स्याहार गर्दां आत्मसम्मान वढाउने गर्दछ। बच्चाहरुको निम्ति त पाल्तुले उनीहरुको हृदयमा विशेष स्थान राख्छ, एक विश्वासयोग्य दुख भुलाउने सहचर । उनीहरु संग खल्दा खुसी हुने, कुरा गरिहरदा आफ्नो समस्या बताउने गई्छन । बच्चाहरु पढाईमा राम्रो हुने, दयालु, मायालु हुने सकारात्मक असर पारिरहेको हुन्छ। एक्लो उदास र निराश मानसिक रोगीहरुलाई सकारात्मक भावना जागृत गराई आत्महत्यावाट बचाउने र सकृय जीवन विताउन सहयोग गर्छन्।

हजारौ वर्ष परापुर्वकाल देखि कुकुर र मानिसको घनिष्ट सम्बन्व हुँदै आएको छ। आफ्नो मालिकसंग शिकारमा जाने, आहार उपलब्ध गर्न सहयोग गर्ने देखि लिएर, सुरक्षा पनि दिदै आएका हालमा पनि हाग्रो धर्म र संस्कृतिमा समेत सहत्वपूर्ण भुमीका खेल्दै आएका छन्। द्वापरयुगमा जिउदै स्वर्ग गएको शास्त्रमा उल्लेख भएको देखि लिएर हाल भूमण्डल देखि अन्तरीक्ष सम्म पुगेर अन्तरीक्ष विज्ञानलाई समेत सहायता पुय्याउँदै आएको कैयौ गुणहरुको कारण मानिस कुकुरको सहयोगमा निर्भर हुनु परेको छ. नेपालीहरुको भातृत्व र सदभावको प्रतिक चाड, तिहारमा कुकुरको पुजा गरिनुमा मानवजातीको कल्याणमा उनीहरूले खेल्दै आएको भुमिकाको कदर गदै स्नेह, सदभाव र कृतज्ञता गरिनुमा हाम्नो संस्कार भित्र मानवता समेटिएको छ, मानवीय मूल्यतामा आधारीत हाम्रो परम्परालाई जीवन्त राखेको छ। कुकुरको तिक्ष्ण सुंहे शक्तिलाई अपराधीको सुराक लगाउन, विमानस्थल लगायतका स्थानहरुमा लागु औषधी र वारुदी सुरुड़मा विस्फोटक पदार्थ पत्ता लगाउन, हिउँमा गाडा तान्ने देखि लिएर हिउँमा पुरिएकाहरुको र भुकस्प विनाशबाट भत्केका भवन मुनि पुरिएकाहरुको उद्वार कार्यमा लगाइएका छन् । अत्याधिक शुँधने शक्ति भएको कारण हाल छाला र पिसावको गन्व सुँधेर क्यान्सर रोग भए नभएको पत्ता लगाउने काममा समेत कुकुराई प्रयोग गर्न थालिएको छ। क्यान्सर ग्रस्त व्यक्तिकों पिसावमा वेग्लै असामान्य प्रोटिन पाइन्छ । कुकुरले त्यसलाई सुँधेर सजिलै थाहा पाउन सक्छ। यो पत्ता लगाऊन कुकुर अत्याधूनिक मेशिन भन्दा अगाडी छ। शिकारमा सुँ्न, सुन्न र तेज दौडने शक्तिका उपयोग, भेडाच्यांग्रा वस्तुभाउको रेखदेख, सुरक्षा र herding देखि लिएर अन्धो मानिसको "आँखा" पथ प्रदर्शक हुने गरेको सर्व विदित्तै छ। रोमनकाल

देखि कुकुहरु लडाईमा अत्याधिक प्रयोग गरिए जस्तै हाल पनि महत्वपूर्ण सुरक्षा संस्थाहरुमा रेखदेख, अनाधिकृत घुसपैठ रोक्न तालिमी कुकुरहरु शन्रुघात पहिल्याउन सुरक्षा सेना, प्रहरीमा अहिले पनि प्रहरी र सेनाको भुमिकामा निरन्तरता पाएको छ। चिक्ठी ओसार पसार गर्ने हुलाकीको काम, घर कामकाजमा ढोका खोले, पानी ल्याउने, टेलिफोन उठाउने, पानीमा डुब्नबाट बचाउने, घरको पहरेदार, बच्चाहरुसंग खेल्ने मनोरञ्जक संश्रि, एक्लो वृद्धवृद्धा तथा रोगी, अपा⿸厂, असहायको सहारा, दक्षिणपूवी एशियालीका केही देशहरममा कुकुरको मासु खाने गरेका, प्रोटिन आहारमा यसको उपयोग र भूकम्पको सवैभन्दा छिटो अग्रिम जानकारी दिने सुचक हुने गरेका छन्।

सर्कसमा चटकि र फिल्म टेलिभिजनमा नायक नायिकको भूमिकामा सर्व साधारणलाई मनोरञ्जन प्रदान गर्ने, शिशु विहिन दम्पतिहरुलाई भावनात्मक आवश्यकता परिपूर्ति गर्ने गर्दछ। कुकुरहरुको प्राकृतिक गुणहरु मध्य मानिस प्रतिको भक्ति, समर्पण र आज्ञाकारिता नै मुख्य हुन् । अंग्रेजीमा DOG (कुकुर) लाई अर्थ्याउंदा, $D$ को Devotion (समर्पणा) $O$ को Obedience (आजाकारिता) र G को Generosity (उदारता)। कुकुर वास्तवमा समर्पण, आज्ञाकारिता र उदारताको प्रतिक हो। त्यसैले मानिस परिवारमा कुकुरको विशेष स्थान छ। उनीहरुले मानिसको सामाजिक शक्ति बेरै गुणा बढाएको छ। त्यसैले संवेदनशील कुकुर मालिकहरु आफुलाई "मालिक" भनाउन रुचाउँदैन, आप्नो कुकुरलाई "कुकुर" भनेकोमा आपत्ति गार्छन र यस्तो नाता जोड्ने गर्छन्: "यो त मेंरो प्यारो छोरी (पोथीलाई) sweetie हो, कुकुर नभन्नुस्" आदि आदि।

कुकुरको आफ्नो मालिक प्रतिको निष्ठा र वफादारीका अनगिन्ती उदाहरणहरु छन्। जसका कारण केहि व्यक्तिहरुले आफ्नो सम्पूर्ण जायजेथासम्पत्ति सन्तानलाई नदिई आफ्नो पाल्तुको नाममा छोडेका छन, कतिले आप्नो कुकुरको प्रतिमा बनाएका छन् भने कतिले कुकुरको नाममा ट्रष्ट खोलेका छन। थाइलैण्डमा हालै इन्टरनेट कुकुर रेडियो स्टेशन खोलेर उनीहरूलाई संगीत सुनाएर उदासी हटाउन मनोरञ्जन दिने गरिएको, विदेशका शहरहरुमा कुकुरलाई स्वस्थ र सुन्दर पार्न व्यूटिपार्लर र उनीहरुलाई नुहाउने, स्याम्पु गरिने, मसाज तथा अरोमाथेरापी दिन मसाज सेन्टर खोलिएका छन्। दक्षिण कोरीयामा एक वौद्ध मन्दिरमा वौद्ध भिक्षुहरुले कौ एउटा कुकुरले पनि भिक्षुहरुको

अनुशरण गर्दें शीर भुकाएर प्रार्थनामा संलगन हुँदै आएवाट मानिसलाई धार्मिक प्रेरणा दिंदै आएको छ। यसको विपरित कतिपय हास्रा "असल साथीहरु" हास्रा दुर्व्यवहार का सिकार भइरहेका छन्, मानविय व्यवहारको अभावले अत्याचारबाट पिडित पनि छन्।

अति अविकसित मुलुक नेपालमा मानिसलाई दुई हात मुख जोड्न धौधौ परेको बेला जताततै फोहोर गर्ने कुकुर पाल्न कत्तिको युक्ति संगत छ ? प्रश्न उठाउने गरेका छन् । "कुकुर त हाम्रो परोपजिवी हुन्, हाम्रो दाना आहारमा वाच्ने भतुवा र अनावश्यक आर्थिक भार हो" भन्ने एक थरिको सोचाई नभएको होइन। यसलाई आंशिक सत्य मान्ने हो भने पनि यसलाई प्रजातान्त्रिक सोचाई भन्न मिल्छ र ? राज्यले कुकुर पाल बन्देज लगाउन सम्भव छ र ? कुकुर पाल्ने नपाल्ने व्यक्तिको स्वतन्न्रतामा छोडनु वेस

होलाकी ? जथाभावी पाल्ने, सरुवा रोग विरुद्ध खोप नलगाउने, जुगाको औषधी नखुवाउने, रछयानको जुठो भात वा गल्लीको फोहोर खान दिएर भैरवदेवको वहानलाई पाल्नु त अभिशाप हो। यी रोगका "घर" भएर आफू र आफ्नो समुदायलाई रोग निक्त्याउने र आयु छोट्याउने साधन नवनोस् । यसमा राज्यले नियमको पालना गराउनु पर्ने हुन्छ र पालक पनि सचेत हुन अति आवश्यक छ।

यदि राम्रो व्यवस्थित किसिमले आफ्नो पाल्तुलाई खोप, औषधी, आपनो समय, जात अनुसार ठाउँ र रेखदेख स्याहार पुच्याउन सकिदैन भने पाल्तु नपाल्नु नै बेस हुन्छ, सबैको भलाईको लागि। तर ध्यान रहोस स्वास्थ्य पाल्तुको हेलमेलबाट पाइने भावनात्मक खुसी र सहयोगको कुनै विकल्प छैन।

## - हाओो वाहबा तणाइको सुर्वार्थ -

## कथं कदाचित् नयाँ वा पुरानो (क्रनिक) रोग लागेमा समभनुहोस्

पीयूषवर्षी औषधालय, हःखा, ललितपुर

सम्पर्क:
७:00 - ム:३० बिहान आईतबार देखि शुक्रबाइसम्म

विशेष राय सल्लाह:
४:00-y:३0 बेलुकी
आइतबार इ बिहिबार

Annual Report 2007-2008

<br>Anne Chandralekha Kayastha<br>President 2007-2008

It gives me immense pleasure to see that the Club we started 14 years back has come this far. The club was chartered on June 4, 1994 with 19 members and the club no. being 4363. I was fortunate to be charter President. We have had various active presidents and members who carried out various projects successfully. All along, our club has been active in social welfare activities undertaking various projects in the field of improving health and education of the needy people particularly women and children.
The club has been providing scholarship to students of various schools in Lalitpur together with Rotary Club of Patan by supporting the Rotary Prajapati Education Endowment Fund. The


Selection of deserving students for Scholarship at Pragoti sikshya Sadon Madhyamik Vidhyalaya at Kopundole, Laltipur.
members actively participate in selecting needy children from economically deprived families to help them continue their education and also distribute the scholarship personally ai schools.

The club has been supporting Hakha Mahila Samiti to conduct 1 - month basic tailoring training to poor girl students for the last 3 years. The girls are selected from class 7 and 8 from various schools to conduct the program during winter vacation.

The club has organizes various talk programs by various distinguished guest Speakers. All the members have felt the importance of listening to
guest speakers as the topics of talk program have been regarding health, education and beauty. This


Certificates Distribution after completion of Tailoring Pragrom ot Hakha Mahila Samiti ot Hakha, Lalitpur.
year also we had a talk program by beautician Ms. Sunita Sabarwal on how to take care of skin, hair and health.

The club also participated in various Health Camps organized by Rotary Club of Patan.

The Club also has been receiving support from other International Inner Wheel Clubs from UK, USA and Japan. Such funds have been utilized in construction of School Buildings, toilets for girls and essentials furnitures in school. Lasi year also


2 classes being run in one Hall at Shree Sramic Primary School at Subahal, Lalitpur.
we had received some fund from Inner Wheel Club of Strasbourg Tivoli, France during the visit of President Anne Daniel Magoni and Secretary Anne Marie - Madeleine Linck and were utilized in making very essential partition wall at Shree Sramic Primary School at Subahal, Lalitpur.

Before concluding my report, I would like to extend my best wishes to the new Executive Board for 2008-2009, as follows:

President
Anne Brinda Rana
IPP
Vice President
Secretary
Joint Secretary
Treasures
Intl. Club Service

Anne Chandralekha Kayastha
Anne Kamala Maharjan Anne Shanti Mathema Anne Nirmala Shrestha Anne Mithila Rajbhandari Anne Sulochana Pradhan


PP Mithila Rajbhandary reciving Certificate of Appreciation from DGE Dr. Tika Man Vaidya on the occasion of Innerwheel Club of New Road City Charter Presentation Day.

I would also like to extend my sincere thanks to all the office bearers and members of our Inner Wheel Club for their participation in meetings and activities of the Club.

Lastly, on behalf of the Inner Wheel Club members, I would like to thank Rotary Club of Patan for inviting us to join them in their activities and providing space in this Souvenir issue.


Getting ready for the Peace Walk on July 1:2, 2008

## Inner Wheel Club of Patan

## EXECUTIVE MEMBERS 2008-2009



Past President
Bijaya Laxmi Shrestha Res: Sinchahity, Lagankhel, Lalipur. G.PO.Box: 1970
Ph: 5524780
Born: 12 Apr Wed: 7 Jan
Rin: GANESH


Past President
Chandralekha Pandey
Res: Sanepa, Lolitpur.
Ph: 5521652
Born: 17 Sep Wed: 18 Feb
Rtn: RABENDRA


Gunu Shrestha
Res: Chakupat, Lalitpur
Ph: 5549059,
Mob 9841401076
Born: Bhadra 4 Wed: Asad 9
Rin. JEEVAN


Past President Munu Rajkarnikar Res: Thasikhel, Lalitpur. Ph: 5521364
Born: 5 Aug Wed: 10 June Rin: NARAYAN


Past President
Mary Shrestha
Res: Chakupat, Lalitpur.
Ph: 5523753 Fax: 5535826
Born: 22 Chaitra
Wed: 19 Feb
Rtn: YAGYA


Meera Tamrakar Res: Man Bhawan, Lalitpur.
Ph: 5526944
Born: 15 Dec
Wed: 21 April
Spouse: JAMUNA

Nani Shova Shakya
Res: 17-Hokha Tole,
Lalifpur-12.
Ph: 5522467
Born: 21 Oci Wed: 14 Feb
Rtn: TIRTHA


Sabitri Rai
Res: Ekanta Kuna,
Lalitpur- 13
Ph: 5530559
Born: 21 Aug Wed: 26 Feb
Rtn: BISWO NATH


## Shanta Shrestha

Res: Kupondole Heights, Lalitpur
Ph: 5522207
Born: Wed: 15 Feb.
Rtn: KEDAR


Rajani Baipracharya
Res: Pulchowk, Lalitpur.
Ph: 5524586
Born: 20 Feb Wed: 2 Mor
Rtn: BIJAYA


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# RCP Digital Divide Project 4 

By PP Narayan G. Halwai

PP Siba B. Rajbhandary

The world today is divided between the 'haves' and 'have nots' not only by wealth but by a growing number of separations, including the access to knowledge and information which is provided through information technology -known as the digital divide. The governmental schools are unable to provide computer facilifies at their schools, as such the gap between students studying in private schools and governmental schools are also widening. The condition is more acute in villages, where private computer training facilities are also not available. Rotary Club of Patan (RCP) has good networking with 27 schools where it distributes scholarships and visits the schools twice in a year; hence,RCP has a good knowledge of where the computers, if provided, could be more effective.

RCP had distributed 176 computers in 20032004, of which 43 computers were newly procured in Nepal, through Matching Grant No. 22588 with Rotary Club of Branchburg, USA and the other were used computers from UK and USA. These were provided to 22 schools; 4 schools received 16 computers and more each, whereas other schools received 2 to 8 computers each. Again, on 31 December 2007, Rtn. CS Gyawali, Chairman Narayani Group, handed over 2


Rtn. CS Gyawali, Chairman Narayani Group, handed over 2 computers through Rtn. Keshob B Mathema to Shree Gonesh Secondary School Dukuchhop on 31 December 2007
computers through Rtn. Keshab B Mathema to Shree Ganesh Secondary School, Dukuchhap. This adds up to a total of 178 computers handed over to public schools. It is pleasing to note that some of the recepient schools have succeeded in adding a few more computers, to the fleet we supplied, from other sources, to run effective computer class rooms.

With the support of Rotaract Club of Patan, RCP conducted an evaluation study on the use of the computers we provided. The study concluded that
a school requires 15-20 computers for effective computer education. With the lower number of computers, these are used mainly for school management. The study also found that unavailability of trained teachers in schools, frequent breakdown of used computers and lack of resources to maintain them are consiraints.

Based on above experience, RCP, in partnership with RC Grapevine, USA applied for a Matching Grant for supply of 60 computers to 3 schools, and was approved (MG No 65650). Schools in rural areas were selected which have committed firmly to provide one classroom with adequate furniture, 2 trained teachers, and maintain the equipment. The schools are advised to generate income by levying a nominal fee from students and participants from community attending computer classes, which could be used to facilitate the teacher and maintain and upgrade the system as required. The three selected schools are - Saraswati Higher Secondary School, Lele; Harisiddhi Higher Secondary School, Harisidhhi and Chhampi Secondary School, Chhampi.

RCP is processing to apply for another Matching Grant in partnership with RC Branchburg, USA through Rin. Dr. Tulsi Maharian in USA to provide minimum of 15 computers each, in 3 schools. The main criteria for schools selection will be the level of firm commitment for sustainability of the computer use.

Rotary Club of Patan is pleased that the club, on its own, will succeed in more than meeting the target set by our District Governor' to supply 100 computers to public schools this year.

With 16 computers from RCP, Patan Higher Secondary School established Computer Laboratory with its own resources, full time computer teacher is recruited, a fee of Rs 25 per student is collected. Computer classes are compulsory from Class IV to VIII, optional in Classes X and X and $10+2$ classes. Government Curriculum is followed.


## Annual Report of Rotaract Club of Patan

## Avenue: Professional Development

Workshop on "Goal Setting for Leadership Development" with 14 participants on $18^{\text {点 }}$ August 2007 at Patan High School, Patan Dhoka.


- Classification Talk program on "Tour Guide" on $3^{\text {rd }}$ November 2007 at Patan High School, Patan Dhoka by Rir. Rajiv Shakya.
- Talk program on "Scope of Handicraft for Youth" on $24^{\text {th }}$ November 2007 at St. Xavier's School, Jawalakhel by Mr. Pushkar Man Shakya, President of Federation of Handicraft Association of Nepal (FHAN) with an objective to motivate youths to make a career in handicraft business.
- Organized 3 months Guitar Training Class from $24^{\text {th }}$ September 2007 at Rtr. Sachindra's Residence to enhance guitar skills of the members by Trainer Rtr. Sachindra Shakya.
- Talk Program on "Management \& Benefits of Cooperative" on $8^{\text {th }}$ December 2007 by Mr. Indramune Shakya from Padmawoti Co-operative at Patan High School, Patan Dhoka.
- Talk program on "Tax and VAT System in Nepal" by Mr. Surendra Keshav Amatya, Associate Professor, TU on 22nd December 2007 at Patan High School, Patan Dhoka.
- Sign Language Training classes for 4 Months from 22nd December 2007 for the club members at Shree Minnath Adarsha School, Tangal, Patan with financial support from The Rose International Fund For Children, USA.
- Documentary Show "Freedom is not Free" on $12^{\text {th }}$ April 2008 during $296^{\text {th }}$ general meeting of the club at Dhokaima Café, Patan Dhoka by by world renowned motivational speaker and management consultant, Mr. Shiva Khera.
- Classification talk program on "Sharing my professional career" by club members on different professional careers on 194h April 2008 at Patan High School, Patan Dhoka.
* Talk program on "Event Management" by Mr. Trilokeshwor Malla, Managing Director of DECC on $10^{\text {th }}$ May 2008 at Patan High School, Patan Dhoka.
- $4^{\text {th }}$ Rotaract Leadership Development Training on $3^{\text {rd }}$
\& $17^{\text {th }}$ May 2008 with 23 participants at Patan High School, Patan Dhoka
- Talk program on "Active Listening" by Rtr. Raju Khadgi on $31^{\text {st }}$ May 2008 at Dhokaima Cafe, Patan Dhoka during $298^{\text {th }}$ general meeting of the club.
- Avenue: International Service \& Multi District Actitivies
- Joint Tree Plantation Program with RC Buddhanilkantha and RC Kathmandu Metro 10 ${ }^{\text {th }}$ August 2007 at Baniyatar VDC, Gongabu, Kathmandu in support of UNEP's Billion Tree Campaign
- Hosting of 12 members Rotaract Club of Victoria, Hong Kong Team from $17^{\text {li }}$ July - $23^{\text {rd }}$ July 2007.
- Joint meeting with RC New Road City, Jawalakhel \& RC Victoria (Hong Kong) on 21st July 2007 Singha Art Gallery, Patan Industrial Estake, Lagankhel.
- Club Flag, Bulletin \& Souvenir exchange with RC Victoria, RI District 3450, Hong Kong on 23rd July 2007 at Singha Art Gallery, Patan Industrial Estate, Lagankhel.
- Formation of Inter District Twin Club with RC South Brisbane, District 9630, Australia on $25^{\text {th }}$ August 2007 during $278^{\text {th }}$ General Meeting of RC Patan at Patan High School, Patan Dhoka.
- Celebration of World Literacy Day on $8^{\text {th }}$ September 2007 at Shri Mahendragram Madhyamik Bidhyalaya, Tikathali VDC (SAP Area) by organizing a book donation program to the library of the school.
- Celebration of World Tourism Day on $27^{\text {th }}$ September 2007 at Mangalbazar with a "Heritage Tour of Patan" for the Rotaractors with the help of Rtn. Dilendra Raj Shrestha as resource person and distribution of postcards of historic places to 100 tourists.
- Celebration of World Natural Disaster Reduction day on $13^{\text {th }}$ October 2007 at Dhokaima Café, Patan Dhoka in association with Disaster Recovry Team of Nepal Bayern Electric P. Ltd.
- Participation in SAARC Multi Couniry RYLA 07 from $14^{\text {th }}-16^{\text {th }}$ September 2007 at Prakash Bhawan, Salt Lake City, Kolkata, India by Rtr Prama Shrestha and Rir. Rukamanee Maharian and Bulletin, Souvenir \& Club Flag exchange program with International Clubs
- E Bulletin Exchange with RC Bombay North Island on $25^{\text {th }}$ September 2007.
- International Pen Pal Project on $25^{\text {th }}$ November 2007 at Durbar High School, Kathmandu with joint effort of Rin. Robert Rose, Rose International Fund For Children, Washington, USA between the students of Durbar High School, Kathmandu and Meadowdale High School, Bellevue, USA.
- Participation in Rotary ICM on New Generation on $15^{\text {th }}$ September 2007 at Prakash Bhawan, Salt Lake City, Kolkata, India.
- Christmas Gift Distribution Program on 25th December 2007 at Children Welfare Center, Godavari in association with Inter District Twin Club Rotaract Club of Brisbane, RI Ditrict 9630, Australia.
- Jointly with visiting Rotary Team of USA and inter district twin club, Bellevue Community College Rotaract, RI District 5030, Washington USA organized a musical
\& entertainment program "A Day of Fun" for the children with disabilities at Nepal Orthopedic Hospital, SOS village, Jorpati on $16^{\text {th }}$ February 2008
- International Joint Bulletin release with the topic "One World One Fight HIV/AIDS Affects Us All" with RC Johannesburg, South Africa on ${ }^{\text {tr }}$ December 2007 at Paian High School, Patan Dhoka.
- Polio Camp Supervision on 29th December 2007 at various locations of Patan.
- New Year 2008 Greeting Cards Distribution to various International Rotaract Clubs for the progress and success of the members of Rotaract family.
- Club flag exchange, bulletin/souvenir presentation to GSE Teams from USA \& UK at Himalaya Hotel, Kopundole.
- Hosting for President of Bellevue Community College Rotaract, Rtr. Katie Wilson of RI District 5030, Washington USA from $15^{\text {th }}$ to $25^{\text {th }}$ February 2008
- Club Visit by Rotary Team of USA on $23^{\text {rd }}$ February 2008 and joint School painting program at Sanjiwani High School, Dhulikhel.
- Signing of MOU for Twin Club formation with Bellevue Community College Rotaract, RI District 5030, Washington, USA during 291 ${ }^{\text {s }}$ general meeting of RC Patan on $23^{\text {rd }}$ February 2008 held at Sanjiwani High School, Dhulikhel.
- Club flag exchange, bulletin/souvenir presentation to Visiting Rotary Team of USA on $23^{\text {rd }}$ February 2008 at Sanjibini High School, Dhulikhel
- International Women's Day Celebration with a Documentary Show on "Violence \& Crime Against Women" jointly with RC Dillibazar on $8^{\text {h }}$ March 2008 at NIC College, Dillibazar.
- Organized Nature Hiking program to celebrate World Water Day $22^{\text {nd }}$ March 2008 at Champadevi, Dakshinkali
- Celebration of $40^{\text {th }}$ World Rotaract Week Celebration on $9^{\text {th }}-15^{\text {th }}$ March 2008 with various programs as per event suggested by Rotary International.
- Celebration of World Earith Day through Documentary Show " $11^{\text {th }}$ Hour" and "Save the Planet Earth" on 22 "nd April 2008 at Patan High School, Patan Dhoka
- Marking "World No Tobacco Day" through interaction program on "Tobacco Free Youth on $31^{\text {th }}$ May 2008 Nepal Administrative Staff College, Jawalakhel
- Support to "International Blood Donation Project" "MAGNA ES VIS HUMANITATIS" initiated by Nina Kolenc, DRR of D 1910, Slovenia by organizing a blood donation program on $13^{\text {th }}$ March 2008 jointly with, Rotary Club of Patan, Rotaract Club of Kathmandu West and Hiranya Misha Pucha, a local community based women's organization.
- Participation in "Adopt a Tree" project of RC Bombay North Island on $13^{\text {th }}$ March 2008 at Rotary Garden, Juhu, Mumbai, India to celebrate $40^{\text {th }}$ World Rotaract Week.
- Hosting of Rotaract Club of Shaw College, Hong Kong team from 20 ${ }^{\text {lh }}$ May - $27^{\text {lh }}$ May 2008.
- Club Flag, Bulletin \& Souvenir exchange with RC of Shaw College, RI District 3450, Hong Kong on $27^{1 \mathrm{~h}}$ May 2008 at Hotel Mushtang, Thamel.


## Avenue: Community Service

- Joint Tree Plantation Program on $10^{\text {th }}$ August 2007 at Baniyatar VDC, Gongabu, Kathmandu jointly with RC Buddhanilkantha \& Rotaract Club of Kathmandu Meiro in support of worldwide tree plantation campaign "Billion Tree Campaign: Plant for the Planet" launched by United Nation's Environment Program (UNEP).
- Cloths hand over to flood victims on $14^{\text {th }}$ August 2007 at Women for Human Rights office, Baluwatar, Kathmandu.
- Joint Mataya Health Camp with RC Kathmandu West on $30^{\text {th }}$ August 2007 at Okubahal \& Nabahal, Patan on the day of Mataya Festival of Patan.
- Co-Hosting of Senior Citizens Felicitation program organized by 12 Rotary Clubs on $1^{\text {st }}$ October 2007 at Mangalbazar, Lalitpur
- Book Donation program on occasion of World Literacy Day on $8^{\text {th }}$ September 2007 at Shri Mahendragram Madhyamik Bidhyalaya, Tikathali VDC, SAP area of RC Patan.
- One Day Eye Check Up Camp on $17^{\text {th }}$ November 2007 at Shri Mahendragram Madhyamik Bidhyalaya, Tikathali VDC, Lalitpur
- Matching Grant Hearing Aid Project: Ear Check Up Camps from January to February 2008 at Kirtipur, Nazal, Bungmati, Banepa, Ikhanchhen Patan
- Organized 9 Ear Check UP Camps under Matching Grant Hearing Aid project of Rotary Club of Patan \& Rotary Club of Bellevue, District 5030, Washington, USA, from January 1, 2008 to June 2008 at various locations of Kathmandu, Patan, Bhaktapur \& Banepa with total beneficiaries of around 950.
- Organized Blood Donation program on $13^{\text {ih }}$ March 2008, Thursday at Ilanani, Patan, Lalitpur, Nepal to support the International Blood Donation Project, "MAGNA ES VIS HUMANITATIS", initiated by Nina Kolenc, DRR of District 1910


## Avenue: Club Service

- $10^{\text {th }}$ Charier Anniversary \& Installation Ceremony on 30'th June 2007 at Women Development Training Center, Jawálakhel.
- Fellowship dinner program on occasion of $10^{\text {th }}$ Charier Anniversary \& Installation Ceremony on $30^{\text {th }}$ June 2007 at Café de Patan, Mangal Bazar
- Joint meeting with RC New Road City, RC Jawalkhel \& RC Victoria (Hong Kong) on $21^{\text {st }}$ July 2007 at Singha Art Gallery, Patan Industrial Estate, Lagankhel.
- Joint Fellowship Tea Party in honor of Rotaract Club of Victoria, Hong Kong members on $23^{\text {rd }}$ July 2007 at Shaligram Apartment Hotel, Jawalakhel.
- First Club Assembly \& Strategy Planning meeting for 2007/08 on $11^{\text {th }}$ August 2007 at Patan High School,

Patan Dhoka.

- Rotaract Quiz Contest organized within the club members to enhance the knowledge about the rotaract.
- Formation of Intra District Twin Club for the rota year 2007-08 on $25^{\text {th }}$ August 2007 with RC Biratnagar on $278^{\text {th }}$ General Meeting of RC Patan at Patan High School, Patan Dhoka.
- Publication and Distribution of Dashain \& Tihar Greetings Cards on 15 ${ }^{\text {th }}$ October 2007 at Patan High School, Patan Dhoka to establish good relationship and to promote Rotaract in the public.
- Annual Dashain Fellowship Tea Party on the occasion of Bada Dashain on $18^{\text {th }}$ October 2007 at Patan High School with an objective of exchanging greetings and wishes for Dashain and Tihar.
- Dashain Fellowship Gathering of Club Members on $22^{\text {nd }}$ October 2007 at Rir. Bikesh's Residence to celebrate the dashain festival.
- Talk program on "An Understanding various family planning methods available in Nepal" on $6^{\text {th }}$ October 2007 at Patan High School, Patan Dhoka 281 th general meeting with the guest speaker Ms. Karuna Laxmi Shakay, Quality Assurance Advisor, N-MARC.
- Joint Meeting with RC Kupondole on $13^{\text {th }}$ October 2007 at Dhokaima Café, Patan Dhoka \& talk program on "Disaster Manangement: Earthquake Awareness" in association with Nepal Bayern Electric P. Ltd. to mark World Natural Disaster Reduction day.
- Special Bulletin Release "Dashai Aayo, Tihar Aayo" on $18^{\text {th }}$ October 2007 at Patan High School, Patan Dhoka
- Celebration of World Peace Day on $21^{\text {st }}$ September 2007 at Lagankhel Stupa in order to have prosperous life of the people and development of the community and country.
- Orientation Class for Proposed Members on $5^{\text {th }}$ December 2007 at Taleju Restaurant, Mangal Bazar, and on $19^{\text {th }}$ December at U.K. Restaurant, Mangalbazar.
- Organized Fellowship Bhogate Party on 29th December 2007 at Rrr. Anil's Residence
- $2^{\text {nd }}$ Club Assembly of the year on $5^{\text {th }}$ January 2008 at Patan High School, Patan Dhoka during the general meeting no. 287.
- Election of Board of Director 2008-09 on $9^{\text {th }}$ February 2008 at Patan High School, Patan Dhoka during $290^{\text {th }}$ general meeting of the club.
- Fellowship dinner in honor to the Rtr. Katie Wilson, President of Bellevue Community College Rotaract, RI District 5030, Washington, USA, on $16^{\text {th }}$ February 2008 at UK Restaurant, Mangal Bazar.
- Participation in fellowship dinner organized in honor of GSE Teams from district 7410 USA and District 1040, Yorkshire, England organized by Rotary District Council at Patan Museum, Patan Durbar Square on 20 January 2008
- Joint meeting with Rotary Club of Patan to celebrate
$40^{\text {th }}$ World Rotaract Week on $10^{\text {th }}$ March 2008 , Monday at Hotel Himalaya, Kopundole, Lalitpur
- Club visit by Rotarian Peter Reid in the general meeting no 293 \& a talk program on "Education in Nepal: An Outsider's View" on $15^{\text {th }}$ March 2008, Saturday at St. Xavier's School, Jawalakhel, Patan.
- Fellowship Holi Gathering of the club members on $21^{\text {st }}$ March 2008 at Rtr. Anil's residence, Chakupat.
- Joint Bulletin release with twin club, Rotaract club of Biratnagar "Twin Tale" on 19" April 2008 at Patan High School, Patan Dhoka during $296^{\text {th }}$ general meeting of RC Patan.
- Participation in $3^{\text {rd }}$ Inter Rotaract Dance Competition organized annually by Rotary \& Rotaract Club of Patan Durbar Square on $22^{\text {nd }}$ March 2008 at Ashok Party Palace, Patan
- Toial 13 new members inducted during the year

- 4 quarterly club activities reports submission to parent club, Rotary Club of Patan.
- Publication of 12 monthly club bulletin "Lalit Patan".


## Avenue: Public Relations \& Rotaract Promotion

- News Coverage of Club projects Rotaract Career Workshops and Tree Plantation program at Lamatar VDC, Lalitpur organized by Rotaract Club of Patan on $26^{\text {th }}$ May 2007 and $19^{\text {th }}$ May 2007 in Nepal Rotary issue no. 24 of July 2007.
- Presentation of Club Souvenirs, Posicards to tourists from various countries of the world who visited Patan to celebrated "World Tourism Day" on $27^{\text {th }}$ September 2007 at Golden Temple \& Mangal Bazar, Patan.
- Release \& Distribution of Peace Sticker "May Peace Prevail on Earth" on $21^{\text {st }}$ September 2007 at Lagankhel Stupa, Lalitpur to celebrate World Peace Day.
- Participation in AIDS Rally organized by the National Centre for AIDS and STI Control (NCASC), teku and Government of Nepal on $1^{\text {s }}$ December 2007 at Dasharath Stadium.
- Publication of Annual Calendar 2008 on $5^{\text {ih }}$ January 2008, Saturday at Patan High School, Patan Dhoka by Rtn. Keshav Bhakta Mathema, President of Rotary


## Annual Report of Rotaract Club of Patan

Club of Patan.

- Ear check up camps in collaboration various local organizations in the month of January \& February 2008 at various locations of the valley like, Naxal, Kirtipur, Bungmati, Banepa, Ikhanchn (Patan) in joint collaboration of various NGOs and local organizations. The camps has been organized with support from Nepal Association of Hard of Hearing (NAHOH), Impact Nepal, Welfare Society of Hearing Impaired (WSHI), Bungmati Paropakar Samaj, Kathmandu Deaf Association, Kavre Deaf School, Banepa Deaf Association, Patan CBR, Aalok Pustakalya, Technical Institiute for Training \& Education (TITE).
- News coverage by National Dairy "Annapurna Post" on Ear check up camp on $9^{\text {th }}$ February 2008
- Presentation on Rotaract in the meeting of Rotary Club of Nagarjun on $15^{\text {th }}$ March 2008, Saturday at Shangrila Hotel, Lazimpat, Kathmandu, Nepal to celebrate 40th World Rotaract Week by promoting Rotaract
- News coverage of various club projects in monthly Rotary Bulletin of Nepal Rotary


## Avenue: Partners in Service

- Joint blood donation program with Rotary Club of Patan during $40^{\text {th }}$ World Rotaract Week Celebration.
- Ear Check up camps under Matching Grant Hearing Aid Project of Rotary Club of Patan and Rotary Club of Bellevue, USA.
- A joint entertainment \& musical program "A Day of Fun" jointly with visiting Rotary Team of USA for the children with disabilities at Nepal Orthopedic Hospital, SOS village, Jorpati on $16^{\text {th }}$ February 2008
- A joint school painting program at Sanjiwani High School, Dhulikhel with visiting Rotary Team of USA on $23^{\text {rd }}$ February 2008.

- Volunteering at RYLA 2008 held at Little Angel's School.

To achieve success, let us practice the Four-Way Test of the things we think, say or do as follows:

- Is it the Truth ?
- Is it Fair to all concerned ?
- Will it build Goodwill and Better Friendship ?
- Will it be Beneficial to all concerned ?


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    Fax: 977-1-5523612, Email: tmv@mos.com.np, nfcc@mos.com.np, tikamanvaidya@yahoo.com

