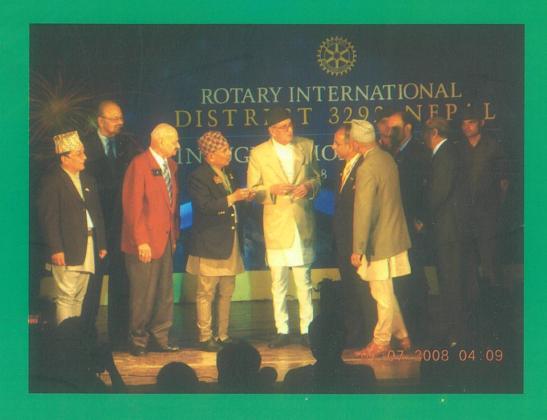
RWTARY CLUB OF PATAM

District 3292, Club No. 23126

100% PHF Club





२३ औँ पदस्थापन विशेषाङ्क



ललितधारा पूर्णाङ्क ७६६

MR. Mr. & Mrs. M.L. Kayastha & Associates Pvt. Ltd.

7 June, 1976

std Date:

lame of the Firm:

rief History of the Firm:

Ar. & Mrs. M.L. Kayastha & Associates Pvt. Ltd. is among the pioneer fullime firm of Consulting Architects and Engineers. The works carried out by he firm in the past three decades cover a wide range in terms of size, complexity and nature of work. he Principals are founder members of Society of Nepalese Architects SONA), the professional society of all the Nepalese architects. Architect M. L. Kayastha was President of the Society from 1995 to 1997.

Chief Architects of the Firm: Ar. Matsyendra Lal Kayastha

Ar. (Mrs.) Chandralekha Kayastha

Services Provided:

The Firm has capabilities to perform multi-disciplinary Architectural and Engineering Projects and offers comprehensive and integrated range of planning, design and technical services such as:

* Preparation of Construction Drawings and Documents

* Feasibility Studies

* Design Studies

- * Contract Negotiation
- Contract Documents Preparation of
- Contract Administration
- * Construction Supervision
- * Surveying

Designs of Infrastructure Works

Building Services Designs

all Architectural Works

* Designs for

Structural Designs

- * Property Inventory
- * Property Valuation / **Assessment**

* Landscape Architecture

Cost Estimates

* Interior Designs

Development of Properties * Development Plans/

MIK Building, Kandevtasthan, Kupandole, Lalitpur 10, Nepal. mlkayastha@wlink.com.np

> Address: Email:

KAYASTHA ENGINEERS, . **Z** MRS. ARCHITECTS, Š

DEVELOPERS

య

DESIGNERS

ంర

LTD.

PVT.

ASSOCIATES

NEPAL BHARAT BP SABHA GRIHA

Nepal Bharat Sahayog Manch Location: Birgunj (On-going Project)
Client/ Owner: Birgunj Sub-Metropolitan City/

BOUDHABARI BUSINESS COMPLEX

Boudhabari, Teku, Kathmandu

Town Developers Pvt. Ltd.

Client/ Owner:

THE PARTY OF THE P

Location:

(On-going Project)





Sundhara, Kantipath, Kathmandu

Karmachari Sanchaya Kosh

Client/ Owner:

Location:

June 2005

Completed:

KARMACHARI SANCHAYA KOSH



ew of the Con

Client/ Owner: Agricultural Development Bank

Completed:

NEPAL BAYERN ELECTRIC BUILDING

Nepal Bayem Electric Pvt. Ltd.

Client/ Owner:

Location:

Sept. 1998

Patan Dhoka, Lalitpur.

Madhyapur. April 2003

CENTRAL TRAINING CENTRE

Sept. 2003 (Extension Block)

Dec. 1997 (Main Block)

Completed:

Client/ Owner: B & B Hospital Pv1. Ltd.

Gworku, Lalitpur

ocation:

Main Block & Extension Block

B & B HOSPITAL:



KATHMANDU PLAZA: Commercial Complex

Kamaladi, Kathmandu

Client/ Owner: Concept Developers Pvt. Ltd.

Completed:

KATHMANDU TOURIST SERVICE CENTRE

Bhrikuti Mandap, Kathmandu

Location:

Tourism Infrastructure Development Project

Feb. 1997

Completed:

ew of Courtyard

Client/ Owner: HMG / DoT /

View of NABIL House



Corporate Office Building of NABIL Bank Ltd.

VABIL HOUSE:

Kamaladi, Kathmandu

Location:

Client:

Soaltee Hotel Ltd.

July 1996

Completed:

Tel: 5523758

LALITPUR - HO

KOPUNDOLE,

KANDEVTASTHAN,

BUILDING,

MLK

Fax No. : +977-1-5524758

E-mail: mikayastha@wlink.com.np







Congratulations and Best Wishes



to

All Nepalese Rotarians

on formation of New Rotary International District 3292 Nepal and

to the first Governor Rtn.Dr.Tika Man Vaidya. We all wish him for a very fruitful and successful tenure.



Rotary Club of Patan



Inner Wheel Club of Patan



Rotaract Club of Patan

उच्च स्तरीय प्रविधिबाट तयार गरिएको विभिन्न साइजको बलियो तथा कम दामको भरपर्दो HDPE/PP प्लाष्टिकका बोराहरुको लागि सम्भन्होस् । नेपालको एक मात्र उद्योग

यूनाइटेड पोलिस्याक्स् प्रा. लि. UNITED POLYSACKS PVT. LTD.

HDPE/PP प्लाष्टिकका बोराहरुको उत्पादक ३/८४ मेनरोड, नारायणगढ बजार, चितवन, नेपाल फोन: ०५६-५२०१३१, ५२६५४९, फ्याक्स: ०५६-५२३७२५

Branch Office:

Kopundole 10, Lalitpur Tel 5011613, 5011614, Fax: 5011612 PO Box: 12247, Kathmandu, Nepal E-mail: unitedp@ccsh.com.np

Factory:

Thumsi, Gaidakot-9, Nawalparasi, Lumbini, Nepal Tel: 056-501396

Rotary International District 3292





Dr. Tikaman Vaidya District Governor 2008-2009

July 01, 2008

"Make Dreams Real" आ नो भद्राः कतवो यन्त विश्वतः "Let noble thoughts come to us from every side" -Rigveda

Congratulations for being the member of your Club on the first year of our new Rotary International District 3292. This is a great honour and privilege but at the same time we have certain responsibility as committed Rotarians to serve the needy people selflessly. We believe that unitedly we can make visible changes in the society in improving the quality of lives of our fellow citizens.

Make Dreams Real is the theme given by the Rotary International President Rtn. D.K.Lee, for the year 2008-2009. I think this theme is most befitting to our new Rotary International District 3292. Why I am saying this is because of long standing cherished dreams of all Nepalese Rotarians to have our own Rotary District for Nepal. We made our dreams real in achieving our goal to have our own Rotary District. But our dream is fulfilled partially only because we have yet to make the new Rotary District functional and to undertake Rotary activities successfully.

Rotary International President D.K.Lee has entrusted us with his theme of reducing the child mortality through activities which would address the causes of child mortality. He has mentioned Health and Hunger, Literacy and Water Management as the areas through which we can reduce the child mortality. In addition to that we have also to prioritize some of our own community need-based programs which are necessary in improving the quality of lives of our people. Projects such as people living with disabilities,

Auxiliary Nurse Mid- Wife training, Prolapsed Uterus, Breast Cancer, Vision screening, use of solar energy, adopting one Ward or one VDC and make it 100 percent literate have been identified to work on.

My fellow Rotarians of RI District 3292, we have several promises to keep, we have still many "Dreams" to be fulfilled. I know it is difficult to achieve all the identified goals. But our greatest weakness lies in giving up. The certain way to succeed is always to try just one more time. Go on working freely and furiously and you will make progress. The pleasure in life is doing something which people say you cannot do. I wonder why people give up big dreams for small realities. As of now Rotarians of Nepal are enthusiastic and willing and that is the greatest asset for us.

Upanishads have said: "Have faith in all you do. Only the men of faith do the doors of this world open. Faith is daring to go further than you can see".

Fellow Rotarians: Forsake all inhibitions. Pursue Thy Dreams. Together there is no limit to what we can accomplish. I love to see the bright side of things not the seamy side.

I wish all the success during the year 2008-2009. Enjoy Rotary!

Yours-in-Rotary,

Dr. Tikaman Vaidya

Mailing Address:

Office: Nepal Fertility Care Centre, Jwagal, Kopundole, PO Box No. 5223, Kathmandu, Nepal, Ph. No: 977-1-5527337, 5528630 Residence:

SURYABUDHI II, Bhainsepati, Lalitpur, Ph. No. 977-1-5590258, Cell: 977-9851020607, Fax: 977-1-5523612

Fax: 977-1-5523612, Email: tmv@mos.com.np, nfcc@mos.com.np, tikamanvaidya@yahoo.com



Message of Dist. Governor Elect



July 7, 2008

Rtn. Santa Kumar Shrestha President 2008-09 Rotary Club of Patan

Dear President Santa Kumar,

My most sincere congratulations to you and your team on this happy occasion of the 23rd Installation of the Rotary Club of Patan and on being the chosen leader of this club during the Inaugural Year of Nepal District 3292. I would also like to thank outgoing President Rtn. Keshab B. Mathema and his team for successfully completing their responsibilities for Rotary year 2007-08

This year RI President Rtn. Dong Kurn Lee announced the theme of " MAKE DREAMS REAL" for the world's children, and urged us to use our resources to help curb child mortality. The theme " MAKE DREAMS REAL" encourages all Rotarians to use their expertise, abilities and strengths to continue the unfinished work of Rotary's dream for -WATER, HEALTH, HUNGER AND LITERACY for all by asking Rotarians to focus their efforts in each of these areas on children.

I am confident that under your leadership, the Rotary Club of Patan will promote the Rotary International's Presidential theme of" MAKE DREAMS REAL" in the best possible way in the year to come, and make a meaningful contribution to the great movement of Rotary.

Best wishes from me and Chandra.

Yours-in-Rotary Ratna Man Sakya

District Governor Elect

RI District 3292

Message of Dist. Governor Nominee





President, Rotary Club of Patan,

Dear Rtn. Santa Kumarji,

I am delighted to know that you are going to publish a Souvenir on the auspicious occasion of the 23rd Installation Meeting of the Club to be held on 21th July 2008.

First of all, let me congratulate you on becoming the President of the Club during the historic year 2008-2009 which coincides with the formal establishment of a separate District 3292 of our own beginning 1st July 2008.

After more than a decade-long hard work, our dream of having a separate RI District for Nepal has become a reality. Now we have to work very hard in the days ahead to make our district comparatively better than other districts in the region. To this end, I am confident that you will

lead your team during the coming year in a manner that will successfully carry out the objectives of the Rotary thereby making a significant contribution to the Rotary movement in Nepal.

Let us unite and work together for noble causes.

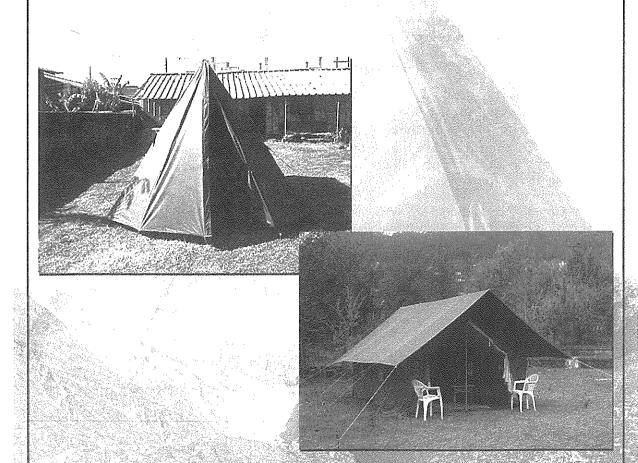
Yours-in-Rotary

DGN (2010-2011) RI District 3292

Rtn. Tirtha Man Šakya,



With best compliments





Himal Tents (Pvt.) Ltd.
69, Patan Industrial Estate, Lagankhel, Lalitpur,
Tel (Off.) 5522202, 5527202 (Res.) 5526070, 5528836 Fax: (977)-1-5527167 Email: info@himaltents.com URL: www.himaltents.com

There is an old Brazilian saying – "If we dream alone, it is a dream, if we dream together, it is a reality". This fits in so perfectly with this year's Rotary theme, "Make Dreams Real". In Nepal's case, we Rotarians had a little dream also – to have a separate Rotary district of our own. As it was a common dream of all Nepalese Rotarians, it has become a reality as Nepal gets a separate district of its own beginning 1st July 2008

The advent of a new Rotary District 3292 is a joyous occasion for all Nepalese Rotarians. We have every reason to rejoice at this achievement. With a separate district of its own, Nepal has acquired a distinct identity in the Rotary world. This will also give a boost to the Rotary movement in Nepal. New and greater opportunities will open up for the Rotary in Nepal.

But along with opportunities, challenges also will appear. And we should be ready to face up to the new and unseen challenges. We will have to work harder to live up to the rising expectations of a new district. Our club has a fairly good track record of achievements in many areas. We should keep up the good work that we have been doing and strive to broaden and deepen our programs and projects, with greater involvement of our members, including the new ones.

With nearly 40 members, our club is among the larger clubs of the country. But we should try to get more members, preferably younger ones to counterbalance the relatively higher age average

of the club. The induction of younger members will also give a fresh impetus to the activities of the club.

The new team led by President Rtn. Sant Kumar Shrestha will succeed the outgoing team of President Rtn. Keshab Bhakta Mathema. We can look back with satisfaction at our work for the year 2007-08. We are confident the new team will forge ahead in full gear in carrying forward the torch of Rotary.

It is a matter of pride for all of us that our Club got the first prize this year for our weekly bulletin Lalitdhara of which this is the Souvenir Issue. The credit goes solely to our senior Rotarian Kamal Mani Dixit for his zeal and devotion in bringing out the bulletin week after week without interruption all these years. In conclusion, I would like to thank the contributors and advertisers for their cooperation. Thanks are also due to other members of the Editorial Board of the Souvenir Bulletin – Rtn. Ganesh Raj Shrestha and Rtn. Kedar Bhakta Shrestha- for their hard work and invaluable advice in bringing out this Souvenir Issue.

M. n. Shresha

Rtn. Dr. Mukti Narayan Shrestha Coordinator Editorial Board Lalitdhara Souvenir Bulletin

Editorial Board



Kamal Mani Dixit



Ganesh Raj Shrestha



Kedar B. Shrestha



Mukti N Shrestha



President's Message



Dear Fellow Rotarians,

As my term as your President comes to a close, I take this opportunity to extend my warmest gratitude to all of you for contributing to our common vision and for helping realize much of it. This, I believe, has made our Club so unique and special. My gratitude in particular goes to all of my Board members and the members of Inner Wheel, who have selflessly advised me in our activities during the course of fulfilling the greater part of our mission.

The recent change in Nepal's political order has not only been profound historically but it has also opened up fresh avenues for civil action. The inclusive governance that has been promised for the new Nepal has the potential to narrow the social and economic divide and alleviate the deepening poverty that has plagued our country for so long. It is in these extraordinary times of our history that I welcome and congratulate the new team under the leadership of my friend Rotarian Santa Kumar Shrestha. I urge him to seize the new opportunities before him and before the country to address the concerns of those who are still outside the development mainstream. I am confident that Rotary's strength of vision and the force of our commitment will go a long way toward

fulfilling at least some of the aspirations of a new Nepal. This is also a significant year for us to welcome our own Rotary District 3292 and its first Governor Rotarian Dr. Tika Man Vaidya. It is the beginning of a new era for Nepal Rotary. The new District will now provide a much needed platform for consolidating the efforts of all the Clubs in the country so that our total engagements become more resounding and effective.

In closing, I quote from a well-known British philosopher George Bernard Shaw, "Life is no brief candle for me. It is a sort of splendid torch which I have got hold of for the moment, and I want to make it burn as brightly as possible before handing it on to future generations." Let us keep the 'torch' burning.

With all my good wishes,

Yours in Rotary

Vernameins

Keshab B. Mathema President, 2007/2008

President's Message





Dear Fellow Rotarians,

I have great pleasure to say that a long awaited dream of having a separate district has become a reality. Every Rotarian in Nepal is proud and happy on this achievement. To mark the event, all Rotarians have celebrated by participating, with great fanfare and enthusiasm, in numerous activities beginning on 1st July 2008.

It is a great honour for me and my team that we are taking charge of our Club on the day that Nepal gets a new District. This is a happy coincidence that will also add a new and heavy responsibility on our shoulders to prove that we are worthy to have a new district of our own. For that, we have to work hard and devote ourselves whole-heartedly in promoting the ideals of Rotary.

I am extremely happy to have a team of experienced and dedicated colleagues whose help and cooperation will equip us to face up the challenges before us. I am confident that my new team will not fail in its obligation to carry forward the name of Rotary in Nepal and to that end, I will count on the valuable cooperation of the previous team as well as the advice and guidance of our club's veteran Rotarians. Let us all work

together for making our dreams real.

RI President Dong Kurn Lee has set the theme for 2008-09 to "Make Dreams Real" for the world's children. Building on that theme, our Club should focus on children's health, nutrition and education by providing them with facilities like clinic, midday meal, visiting nurse and so on. So I humbly request all fellow Rotarians to maintain the emphasis of recent years- water, health, hunger and literacy. Let us all work hard and sincerely so that we can achieve something unique and praiseworthy.

Finally, I would like to thank the Coordinator and other members of the Editorial Board of the Lalitdhara Souvenir Bulletin for their excellent and hard work in bringing out this issue.

Yours-in-Rotary

Santa Kumar Shrestha President, 2008/2009

Shistha.



We extend our

Best Wishes

for the

grand success

of

Rotary Club of Patan

on the 23rd

Installation Ceremony



Bakhundole, Pulchok, Lalitpur Tel: 5536421, 5010535 Fax: 977-1-5524588,

Email: vision@wlink.com.np



Past Presidents of Rotary Club of Patan



Rtn. S.R. Sharma 1985-87



M.L. Kayastha 1987-89



Rtn. B. R. Prasai 1989-90



Rtn. P. P. Prasai 1990-91



Rtn. H. R. Bajracharya 1991-92



Rtn. B.K. Mainali 1992-93



Rtn. B.B. Bajracharya 1993-94



Rtn. Rtn. S. SJB. Rana 1994-95



Rtn. T.M. Shakya 1995 -96



Rtn. B.P. Dhital 1996-97



Rtn. R.R. Pandey 1997-98



Rtn. T. Neupane 1998-99



Rtn. Kamal Nyachhon 1999-2000



Rtn. Pushkar M Shakya 2000-2001



Rtn. Narayan G Halwai 2001-2002



2002-2003



Rtn. Yagya B Shrestha Rtn. Shiva B. Rajbhandhary 2003-2004



Rtn. Dr. CP Maskey 2004-2005



Rtn. Gyanu R Shakya 2005-2006



2006-2007



Rtn. Ganesh R Shrestha Rtn. Keshab B. Mathema 2007-2008



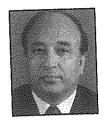
Rotary Club of Patan

RI District 3292 Club No. 32126 Chartered on 19th April 1985

EXECUTIVE BOARD 2008 - 2009



Rtn. Santa K. Shrestha President



Rtn. Keshab B. Mathema IP President



Rtn. Kedar B. Shrestha President -elect



Rtn. Dr. Prakash R. Regmi President-nominee



Rtn. Jeevan K. Shrestha Secretary



Rtn. Jamuna K. Tamrakar Vice President



Rtn. Krishna B. Basnyat Membership



Rtn. Bharat N. Joshi Publice Relations



Rtn. Piyush B. Bajracharya Club Admistation



Rtn. Padam Lal Maharjan Service Projects



Rtn. Satya Pradhan The Rotary Foundation



Rtn. Bhim B. Kshetry Treasurer



Rtn. Shreedhar S. Rana Joint Secretary



Rtn. Kiran Shrestha Sergeant-at-arms

Club Activities for the Rotary Year 2007-2008



Avenues of Services

Club Service

Director: Rtn. Biswa Nath Rai

1. Joint Installation

A joint installation of incoming Presidents of four Clubs of Lalitpur, namely RC Patan, Patan South, Mt. Everest and Kopundol was held amidst an impressive gathering of Rotarians and Annes of the four Clubs, District officials, Assistant Governors and DGN **Dr. Tika Man Vaidya**, at Hotel Himalaya on 30 June 2007.



IPP Ganesh hands over Charter Certificate to President Keshab

The impressive yet simple ceremony provided ample opportunities for exchange of information between Clubs, particularly regarding the challenges and opportunities that lie ahead in achieving the goals set by the District and RI.

2. Weekly publication of "Lalitdhara"

A weekly publication of 'Lalitdhara', a bulletin, which captures the minutes of the weekly meeting, comes out every Monday without interruption since its inception. The discussion and approval of the minutes of the preceding meeting is based on Lalitdhara. This weekly bulletin has also received a District award for punctuality and excellence.

3. COTS

A one-day seminar on COTS was organized at Yak Palace, Lalitpur by AG Rtn. Mahendra Rajkarnikar. The President of RC Patan, Club Secretary and all the avenue Directors attended the training.

4. PETS/SETS

District 3290 organized a two-day PETS and SETS programme at Park Village, Budhanilkantha, Kathmandu. The Club President and the Club Secretary both attended the training. It was followed by a dinner at Hotel Radisson, which was also attended by many other members of RC Patan.

5. Calendar

A six-month calendar of activities of the Club was prepared and distributed to all the members following proper discussion and approval. It covered the first and second half of the tenure, i.e. July to December 2007 and January 2008 to June 2008 respectively.

6. Club attendance

The Club has consistently maintained an average of 70% attendance in all its meetings.

7. Club membership

Although the Club lost two of its senior members in the beginning of the term, it has managed to induct four new members, which include two lady members. In spite of the attrition, the Club has maintained its original membership level of 38. Efforts are underway to invite a few more members with emphasis on ladies and youth. One more lady member is going to be inducted in our forthcoming 23rd installation ceremony.

8. Inter-city meeting

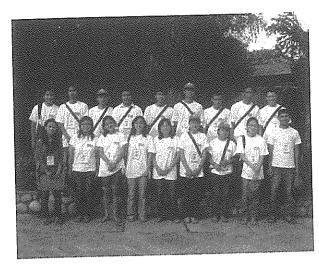
The inter-city meeting with a theme on 'The Rotary Foundation', organized by the Rotary Club of Jawalakhel, was participated by 13 members of our Club.

9. RC Patan as a mediator

Our Club mediated a grant of Rs. 3.5 lakhs from a German donor called AACHEN-Help Nepal Association, for the construction of toilets in five schools in Lamjung district, together with some furniture and stationeries for the schools.

10. Host Club

Rotary Club of Patan is one of the four Clubs to host Rotary Youth Leadership Award (RYLA) 2008 which was successfully held from June 11th to 15th, 2008 at Little Angels' School, Hattiban.



Group participants of RYLA 2008

11. Family Month

On the eve of Family Month, our Club organized a family picnic at Godavari, a few miles from Kathmandu. Almost all the members of the Club with Annes and the family members attended. One of the Club members held a special session on Yoga for healthy living.

12. Representation at District level

It is a privilege to note that twelve members of our Club have been appointed at various positions in the new District 3292 instead of 6 members in 2006-2007 and 2007-2008.

They are as follows:

- a) Rtn. Tirtha Man Sakya- District Advisory Council (also DGN for 2010/2011)
- b) Rtn. Siba Bhakta Rajbhandary- District Programme Coordinator
- c) Rtn. Pushkar Man Shakya- Distrct Membership Coordinator

Members in various District Committees

- (a) Rtn. Matsyendra Lal Kayastha- District Finance Committee
- (b) Rtn. Gyanu Raj Shakya- District Programme Committee
- (c) Rtn. Narayan Govind Halwai- District Programme Committee (Water)
- (d) Rtn. Ganesh Raj Shrestha District RI Convention/Promotion Committee
- (e) Rtn. Kamal Mani Dixit- District Rotary Foundation Committee
- (f) Rtn. Keshab B. Mathema District Literacy Resource Group

13. Partner-in-Service

Two Rotaractors of Rotaract Club of Patan were sponsored to attend a meeting held in Kolkata, India on 10 to 15 January 2008.

ROSTER OF BOARD MEETINGS OF RC PATAN (YEAR 2007-2008)							
MONTH	DATE	HOST/VENUE					
JULY	04th August 2007	Jamuna Krishna Tamrakar/Dhokaima Restaurant					
AUGUST	01st September 2007	Piyush Bajracharya/Dhokaima Restaurant					
SEPTEMBER	29th September 2007	Krishna B. Basnyat/Dhokaima Restaurant					
OCTOBER	02 nd November 2007	Biswa N. Rai/Dhokaima Restaurant					
NOVEMBER	01st December 2007	Kedar B. Shrestha at his residence					
DECEMBER	4 th January 2008	Shreedhar Acharya at his residence					
JANUARY	02 nd February 2008	Dr. Prakash R. Regmi at Hotel Greenwich					
FEBRUARY	01 nd March 2008	Jeevan Kumar Shrestha/China Town Restaurant					
MARCH	28 March 2008	Bharat N. Joshi at his residence					
APRIL	2 nd May 2008	Santa K. Shrestha (Joint B/Meeting) at his residence					
MAY	6 th June, 2008	Ganesh R, Shrestha (Joint B/Meeting) at his residence					
JUNE "	27 th June 2008	Keshab B. Mathema (Joint B/Meeting) at Rice & Bowl					

Club Activities for the Rotary Year 2007-2008

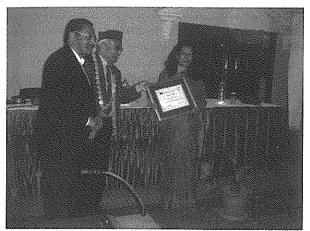


Vocational Service

Director: Rtn. Jeevan Shrestha

1. Award

Vocational award is usually given to a person or to an organization for some exemplary work in the service of mankind. This year such an award was given to Ms. Pushpa Kamal Joshi of Chakupat, Lalitpur for her outstanding contribution to teaching vocational education to selected physically challenged children in Patan community-based Rehabilitation programme. She is a graduate in Education from Tribhuvan University. A cash grant of Rs. 5,000. with a certificate acknowledging her contribution was awarded.



President Keshab hands over vocational award to Ms. Puspha Kamal Joshi

2. Training

Rotary Club of Patan organized a three-day training on 'felt making' at the premises of our Club Service Director Rtn. Biswa Nath Rai in September 2007. Eleven women from Sampana Rai community participated in the training under the supervision and guidance of Mrs. Nanumati Sampang. A French lady also participated and assisted in the training. Our Club's Past President Rtn. Pushkar Man Shakya, who is also the Chairman of Handicraft Association of Nepal, conducted several training sessions and inspired the participants about using wool in making many exportable items (mainly for Europe and other western countries), which can support their own livelihood. Our Club Secretary Rtn. Jamuna Krishna Tamrakar, who also assisted in the conduct of the training, highlighted that Rotary should continue to support such training activities, which can help alleviate poverty through empowerment of women in income generating activities.

3. Computer Aid

The District Governor (3290) approved a DDF grant of US \$ 5,000. for this project, which will be matched by Rotary Club of Patan accordingly.

Community Service

Director: Rtn. Piyush Bajra Bajracharya

1. Education - Literacy Programme

Project to provide scholarship to poor and needy children, in 6 to 10 grades (both inclusive), has been the flagship programme of the Club with measurable success in the last several years. To date, 504 deserving children in grades 6 to 10 have been receiving scholarships on the basis of their economic conditions and merit, of which 64% are girls. The overall emphasis of the programme is to encourage girls to school system (due to low enrollment of girls across the country) without any prejudice to boy students.

The Club has put forward an ambitious yet doable goal of reaching 1000 students by 2010, which would include children studying in schools even outside Lalitpur and Kathmandu. Some of the schools under the programme have also benefited in library extensions (in collaboration with an international NGO called *Room to Read*), water purification plant and so on. The programme also maintains a trust fund, which amounts to Rs. 38 lakhs. The annual disbursement of scholarship is on the average of Rs. 5.5 lakhs.

2. Senior Citizens' Home

A home for senior citizens was constructed in Godavari, a few miles from Kathmandu, in a serene environment, with the help of a German Foundation (Ferderkreis Hilfe Fur Nepal) at the cost of Rs. 1 crore and 50 lakhs, a few years ago. The home consisting of 30 beds, has now become functional with all the basic facilities. Five senior citizens are already staying in the home. The number of occupants is expected to rise as more and more people come to know about it.

Recently, our Club in collaboration with 11 other Rotary Clubs of Lalitpur organized a ceremony to honour 150 elderly citizens. The group included many octogenarians and four of them had already become centenarians.

3. Orthopaedic Hospital

Some years ago, Rotary Club of Patan with the help of Rotary Clubs of USA committed to support the construction of an orthopaedic facility in Nepal for the benefit of those, who are less able to meet the costs of the treatment. Nepal Orthopaedic Hospital in Jorpati as it is called was born out of this commitment.

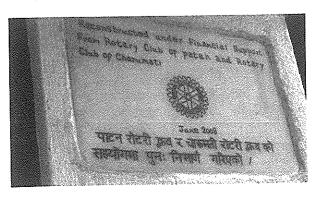
Generous support came from many other International Rotary Clubs, German-Nepal Help Association, Foundation Help for Nepal, Holland Association -Fennes D'Europe, in addition to some excellent support received from local benefactors. The hospital is now well established and extends help to those who are unable to pay. Rotary Club of Patan has been deeply involved in the activities of the NOH where two of the club members IPP Ganesh Raj Shrestha and Piyush B. Bajracharya are represented in the Hospital Management Board. RC Patan can justifiably feel proud to be associated with such a praiseworthy project.

4. Water Purification

Five water filtration plants were installed and operated in five schools in Kalthmandu and Lalitpur, which includes a school for the deaf children. Each system costs about US \$ 6,000.The installation costs amount to Rs. 50,000. each. The fund to cover the provision of plants and installation has been made available from A-CHILDRIGHT programme based in USA. The costs of the plants includes a provision to replace spare parts for the next five years.

5. Toilet Project

As part of the sanitation drive, 18 toilets have been constructed in schools, which include separate toilets for the girl students (lack of toilets for girls in schools is one of the primary reasons for their low enrollment as shown by several studies). The schools provide education to the children about the correct use of toilets and their maintenance. So far US \$ 25,000. has already been spent on this project.



6. Health Camp

Our Club, under the leadership of Rtn. Dr. Prakash Raj Regmi, a cardiologist, organized a number of health camps in several places in Lalitpur. The camp, also solicits support from other health practitioners, include general health tests, distribution of free drugs (supported by the members of the Club) and some treatments. One of the camps conducted 55 ECG tests. Recently, a special health camp was organized for the Chepang community, which is believed to be one of the most under-served and economically deprived groups in Nepal.

7. Rotaract Club

The Rotaract Club of Patan, under our patronage, is active in conducting various activites concerning environment, HIV/AIDS awareness, blood donation, drug abuse, programme for physically and mentally challenged people and so on. The past President of Rotaract Rtr. Mahesh Bajracharya has been selected to participate in the GSE team to United Kingdom. There is a practice of holding a joint session with its parent Club at least once a year.

8. Hearing-aid Project

In close collaboration with the Rotaract Club of Patan, a camp to test hearing was conducted on about 600 people. Selected people with impaired hearing received hearing aid devices, which in future is targeted to reach 1000 people with hearing disabilities. This project is coordinated by PP Rtn. R.R.Pandey, who is also the District Coordinator for Physically Challenged.

Club to Club Service

Under this initiative, Rotary Club of Patan coordinated with the Rotary Club of Lamjung, to assist the local schools in the provision of furniture and other educational equipment at the cost of Rs. 17 lakhs, received from Nepal Help Association. Our PP Rtn. Pushkar Man Shakya has been instrumental in mobilizing the resources for the project.

International Service

Director: Rtn. Krishna Bahadur Basnyat

1. Club Salutation

It has been the practice of this Club to honour and greet one Rotary club outside Nepal in its

Club Activities for the Rotary Year 2007-2008



weekly meeting by acknowledging their status, membership, charter date and its location, on the basis of the International Directory. This practice has helped to broaden the knowledge of our members about the fellow Clubs around the world.

2. TRF

Rotary Club of Patan is a 100% PHF with two major donors and a number of members with MPHF. Two newly inducted members, Rtn. Dr. Mukti N. Shrestha and Rtn. Mahendra B. Thapa have also pledged to become PHF. Meanwhile, several members have become MPHF with others to follow (see page 20).

3. Group Study Exchange (GSE)

(a) Two GSE groups from USA (RI District 7410) and UK (RI District 1040) visited India (Kolkata) and Nepal in January/February 2008, for more than 4 weeks. The visit was coordinated by our IPP Rtn. Ganesh Raj Shrestha. The groups separately made extensive Club visits in the Kathmandu Valley and outside, which included some visits to project sites. All members of the groups were provided home hospitality by some Rotarians of respective host Clubs.



GSE team from RI Dist. 1040 of UK with RI Dist. Governer



GSE memorandum form signed by RI Dist. Governor 3290 seen with President Keshab, GSE Chair IPP Ganesh and GSE team leader to RI Dist. 1040 PP Puskar at Kolkata Dist. Conference in January 2008

(b) An exchange visit of GSE team from Nepal will visit UK under the leadership of our PP Rtn. Pushkar Man Shakya. One of the members of the team selected to go to UK under this programme is Rtr. Mahesh Bajracharya of Rotaract Club of Patan.

4. District Conference (Kolkata, India)

The District Conference with a theme "Angikar" took off in a spectacular manner at the Science City of Kolkata on 11 January 2008. Many Rotarians and Annes from Nepal attended (more than 200 in number, including some family members), which included 7 Rotarians and 4 Annes from this Club.



Participants from RC Patan Group Photo session with RI Dist. Governor at Kolkata District Conference

This visit provided ample opportunities to the Rotarians from Nepal to meet with fellow Rotarians from Kolkata and the District officials and to understand the work of the District.

5. Inter-city meeting

In the inter-city meeting organized by the Rotary Club of Jawalakhel, our Club received special plaque from the Governor in recognition of its achievement of 100% PHF. Two senior Rotarians from this Club Rtn. Matsyendra Lal Kayastha and Rtn. Siba Rajbhandary were also recognized with plaques as major donors.

6. Projects in pipe-line

Rotary Club of Patan has been successful in its efforts to attract projects under RI, District DDF, 3-H Grant and from other Clubs in US, Europe and UK. Recently, a 3-H grant project for physically challenged has been approved for the new District 3292, in which this Club will participate actively.

7. Visitors

(a) The Club received a group of distinguished visitors from USA, which included a President of the University, Deans, President of US-Nepal Friendship Association and others. They received extensive briefing on the ongoing projects of the Club. It is perhaps the first time that the Club has received such a high level non-Rotarians.

(b) A group of 19 Rotarians and Rotaractors from USA visited Nepal in February 2008. They also visited many projects in Lalitpur, Kathmandu and outside the valley. Some of them received home hospitality from the members of Rotary Club of Patan and

Best Wishes on the Occasion of 23rd Installation Ceremony of Rotary Club of Patan

Shreedhar Acharya Tel. 5560675/5521780

Bijaya B. Bajracharya Tel. 5521525/5529452

Krishna B. Basnyat Tel. 5534341/4240896

Piyush B. Bajracharya Tel. 5529640/4223960

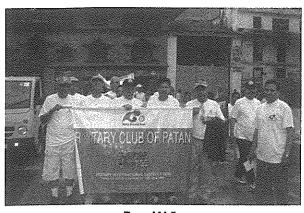
Kamal M. Dixit Tel. 5536338/5521014 Lochan Gyawali Tel. 5521311/5522871

Chandra S. Gyawali Tel. 5521311/5522871

Bharat N. Joshi Tel. 5521126/5521223

Narayan G. Halwai Tel. 5521364/4477634

Photo Gallery



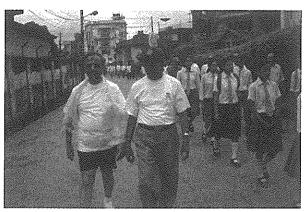
Peace Walk
On formation of Rotary International New District 3292 Nepal
on 1st July, 2008.



Peace Walk



Peace Walk



Peace Walk
President Santa Kumar with PRIP Raja Saboo



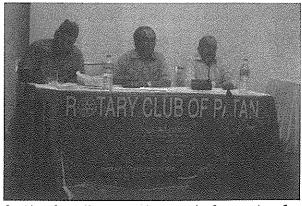
Distribution of PHF by Senior Rotarian Kamal Mani Dixit



Rotaract 11th Installation Ceremony Photo Session



IPP Ganesh receiving Dist. Governor's Recognition Award from DG 3290



President Santa Kumar presiding over the first meeting of RC Patan after formation of New Dist. 3292



List of Major Donors and MPHFs



PP Rtn. Matsyendra L. Kayastha Major Donor



PP Rin. Siba B. Rajbhandary Major Donor



PP Rtn. R.R. Pandey MPHF+2



PP Rtn. Bijaya B. Bajracharya MPHF



PP Rtn. Narayan G. Halwai MPHF



PP Rtn. Tirtha Man Sakya MPHF



PP Rtn. Tulsi P. Neupane MPHF



PP Rtn. Ganesh R. Shrestha MPHF



IPP Rtn. Keshab B. Mathema MPHF



P Rtn. Santa K. Shrestha MPHF



PE Rtn. Kedar B. Shrestha MPHF



PN Rin. Dr. Prakash R. Regmi MPHF



Rtn. Chandra S. Gyawali MPHF



Rtn. Kamal Mani Dixit MPHF

Committee Plan 2008/09



CLUB ADMINISTRATION

Piyush B. Bajracharya Director/Chairman

Administration/Attendance

Co-ordinator: M.L. Kayastha Members: Krishna B. Basnyat

> N.G. Halwai Mahendra B. Thaba

Rotary Info/Bulletin/Web Site

Co-ordinator: Kamal Mani Dixit

Ganesh R. Shrestha Members: Kedar B. Shrestha

Dr. Mukti N. Shrestha

Fellowship/Program Club Assemblies

Co-ordinator: Kedar B.Shrestha Members: Jamuna K. Tamrakar

> Jeevan K. Shrestha Gyanu R. Shakya

Project Support Committee

Co-ordinator: Siba B. Rajbhandary

Members:

Santa Kumar Shrestha

R. R. Pandey

Land & Building

Co-ordinator: M.L. Kayastha Members:

Santa K. Shrestha

Shreedhar S. Rana Gyanu R. Shakya

MEMBERSHIP

Krishna B. Basnyat Director/ Chairman

Goal & Action Plan

Co-ordinator: Tirtha M. Sakya

Members:

Santa K.Shrestha Puskar M. Shakya Prospective Members/Retention

Co-ordinator: Puskar M. Shakya Members:

Kiran Shrestha

Co-ordinator: N. G. Halwai Santa K. Shrestha Members:

Siba B. Rajbhandary Gyanu R. Shakya

SERVICE PROJECTS

Padam Lal Maharjan Director/Chairman

Community Development

Co-ordinator: Bijaya B. Bajracharya

Members:

Kamal B. Nyachhyon Mahendra B. Thapa

Dr. Prakash R. Regmi

Digital Divide/Library/Water Sanitation

Co-ordinator: Siba B. Rajbhandary

Members:

Jamuna K. Tamrkar Jeevan K. Shrestha

Lochan Gyawali

PP Education Endowment Fund

Training/Classification

Co-ordinator:

N.G. Halwai

Members:

Bhim B. Kshetry Sharda Prasai Chandra S. Gyawali

Partner in Service

Rotaract: Interact:

Jamuna K. Tamrakar Chandralekha Kavastha

RCC:

Khruschev Shrestha

Nepal Orthopaedic Hospital

Ganesh R. Shrestha

Siba Bhakta Rajbhandary

Senior Citizens' Home

Kedar Bhakta Shrestha M.L. Kayastha

Hearing Aid/Differently Able

Co-ordinator: R.R. Pandey

Members:

Siba B. Rajbhandary

Kedar Bhakta Shrestha Ganesh Raj Shrestha Kamal B. Nyachhyon

Jamuna K.Tamrakar

THE ROTARY FOUNDATION

Satya Pradhan Director/Chairman

Foundation/Fund Raising

Co-ordinator: Kamal Nyachhyon

Members:

Arti Thapa Shrestha Bharat N. Joshi

Resources/Grant Funds

Co-ordinator: Gyanu R. Shakya

Members:

Shreedhar Acharya Suresh C. Lakhe

Polio Plus

Co-ordinator: Tulsi Neupane

Members:

Shreedhar S. Rana Krishna B. Pradhan

PUBLICRELATIONS

Bharat Narsing Joshi Director/Chairman

Plans & Action Steps

Co-ordinator: Yagya B. Shrestha Members:

Biswa Nath Rai

Khruschev Shrestha

Communication

Members:

Co-ordinator: Ganesh R. Shrestha Keshab B. Mathema Dr. Prakash R. Regmi Publicity & Media

Co-ordinator: Tirtha M. Sakya Members: Kamal Mani Dixit

Kamal Nyachhyon

Rotary Club of Patan 21

"Nepal Orthopaedic Hospital"

A glimpse



Rtn. Ganesh R. Shrestha Past President 2006-2007

The foundation of Nepal Orthopaedic Hospital (NOH) was laid on 3rd June, 1993 jointly by Robert McLeod, District Governor of Rotary International District 7090 and the then Mayor of Kathmandu, Mr. P.L. Singh on the land provided by Nepal Disabled Association (NDA).

As a result of the vision of our Past President Rtn. Dr. Bhishma Raj Prasai and Late Rtn. Nandaram Bhakta Mathema's whole-hearted dedication and involvement, the construction of the hospital was completed in 1996-1997. But owing to the lack of funds and technical support, it could not become operation for two years. At the initative of Rotary Club of Patan along with RC Maldegem, Belgium and RC Mount Baker, USA and with the active participation of young and energetic Dr. Anil B. Shrestha, the hospital came into operation in the month of August 1998.

In a country where the majority of the people are not able to afford the high cost of modern orthopaedic surgery and treatment, the establishment of the hospital has, to some extent, fulfilled the need for quality orthopaedic care of the common people. Thus through the tireless efforts of various national and international individuals, organizations and more than 110 national and international Rotary Clubs, this dream of opening an orthopaedic center, which is affordable and which gives quality service to the common people in Nepal was conceived and materialized. The NOH was conceived as a World Community Service (WCS) Project by Rotary Clubs of District 7090 of USA and Canada with the Rotary Club of Patan and Nepal Disabled Association as local partners. ("ONE BRICK AT A TIME" in the July 2003 issue of The Rotarian.)

Objectives of the NOH

The main objectives of the NOH are:

- 1) to provide orthopaedic care to all at an affordable price and provide free care to those who cannot afford the cost of such care;
- to train adequate manpower in the field of orthopaedic care that includes doctors, nurses and the paramedics;

- to conduct free camps in various parts of Nepal so that majority of people can benefit and
- 4) to attain self sustainability within this year.

Previous Rotary Involvement

The NOH has received management and financial support of US\$ 736,815 from 110 Rotary Clubs of 7 Districts and from THE ROTARY FOUNDATION four Matching Grant Programs, WCS and District fund as follows:

- 1) Phase 1 Construction (US\$ 225,000) (1993 to 1996) District 7090 WCS Project
- 2) MG No. 6042 Hospital beds and furniture (US\$ 12,800) DDF with TRF MG District 5050
- 3) MG No.14370- Bus, Motorcycle & Medical Equipment (US\$ 39,315) TRF MG District 1620
- 4) MG No.19612- Physical Therapy Equipment (US\$ 35,100) DDF with TRF MG District 5050
- 5) Phase 2 Constructions (US\$ 310,000) District 1620 & 2170
- 6) MG No.51860 Medical & Technical Equipment (US\$ 150,000) TRF Major MG -District 1620

Activities

The NOH has been involved in many activities including out-patient services/surgery, physical therapy, prosthetics, charity, health-camp, blood donations, telemedicine etc; since its outset in 1998. The NOH serves individuals from over 55 out of the 75 districts in Nepal. The out-patient department (opd) of the hospital has provided treatment to 15,311 patients in the year 2007, growing from a meager 631 in the year 1998. Also, the NOH carried out 1,543 surgeries in 2007 compared to only 26 in the year 1998. The NOH provides employment to 97 staff in 2007 increasing from 21 in 1998. The NOH treated 91,648 out-patients from its OPD and performed 8,458 surgeries during the nine years from 1998 to 2007.

"Nepal Orthopaedic Hospital"





NOH Board Members

From left to right: Dr. Anil B. Shrestha, IPP Rtn. Ganesh R. Shrestha, Chairman Surendra B. Basnet, PP Rtn. Siba B. Rajbhandary, Pramod B. Shrestha and invitee Dr. Saju Pradhan.

Statistical Summary of the Nepal Orthopaedic Hospital

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fear of Operation	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	Total
Surgeries	26	316	378	517	730	1025	1090	1344	1489	1543	8458
Out-patients	631	3496	5339	6729	8590	10469	11746	14471	14866	15311	91648
Staff	21	31	35	43	47	56	65	76	82	97	553

The NOH is going to celebrate it's 10th anniversary in the coming month of October 2008 in which all the national and international donors will be invited. Rotary Club of Patan has been deeply involved in the activitives of the NOH where two of the club members are represented in the Hospital Management Board. RC Patan can justifiably feel proud to be associated with such a praiseworthy project.





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E-mail: sagarmathabrj@atcmail.com.np

Ganesh Bazar Biratnagar Tel. 021-528136 Fax: 021-528136 Durbar Marg Butwal Tel. 071-55941 Fax: 071-55941 Prithivi Chowk Pokhara Tel. 061-535057 Fax: 061-535057

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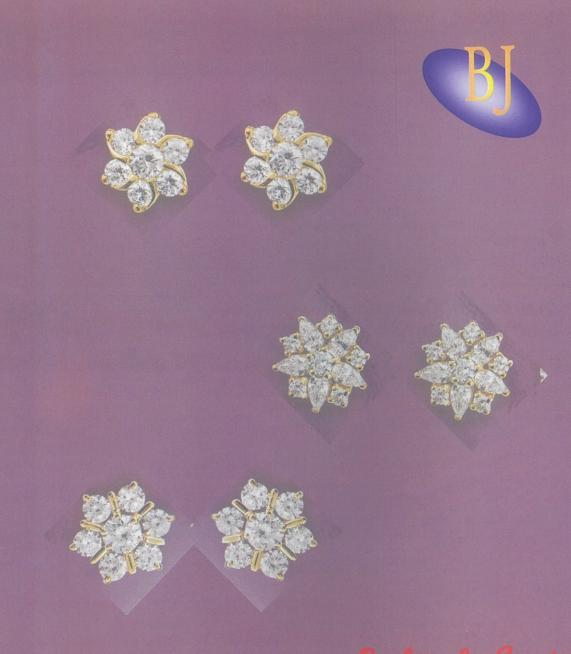




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Memories of Gopal Dai



(Late Gopal Raj Bhandari)

- PP Rtn.Siba B. Rajbhandary

As you enter Gopal Dai's home, the first thing that one notices is the Rotary tokens and plagues, and Letters of Appreciation from various social organizations, which overflow the shelves and walls. This room is testimony to the involvement, appreciation and contribution of Gopal Dai to Rotary movement and the people of Nepal. He has received Tokens of Love and Appreciation from most of Nepal's Rotary clubs and Past District Governors of RI District 3290. In addition, he has received the RI Service Above Self award. which is given to individual Rotarians who have rendered exemplary humanitarian Rotary service that embodies Rotary's motto of Service Above Self; this constitutes Rotary's highest honour for a Rotarian.

I had seen and knew of Gopal Dai from when I was a young boy. I would see him coming in and out of discussions and visits with some of my relatives. As it would be, I ended up marrying his sister, my wife Mithila. Yet, it was only after I joined Rotary that I got to

really know him. My relationship with him was strengthened by this common link.

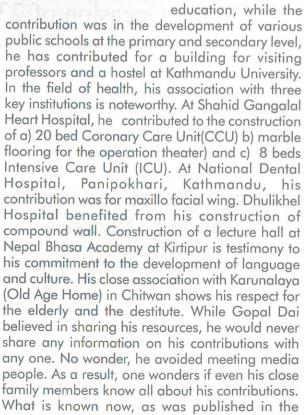
I had heard that he was a committed Rotarian from his early days. My wife had told me about his mobilization of his family members, including herself, to volunteer at the first Rotary Eye camp at Tundikhel in Kathmandu, in the 1960s, when he was the President of Rotary Club of Kathmandu. The Camp, first of its kind, with doctors from India, was inaugurated by the king and served more than 7,000 patients. A charter member of Rotary Club of Kathmandu, that was just the beginning of his Rotary days and he never looked back again.

Gopal Dai was always there for Rotary - be it attending a simple meeting, a club team installation, RI Presidential Summit or attending RI Convention. He never declined invitation from a Rotary Club or a Rotarian and would be there before others-very punctual. He felt that was one way of motivating Rotarians.

Gopal Dai enjoyed hosting and entertaining Rotarians at his residence; his guest list includes Past RI Presidents as well. I am yet to meet a visiting Rotarian from India who has not been to his place. I was most impressed to see the respect that the Indian Rotarians had for him when I was with him in New Delhi and Kolkata. PRIP Bhiachi Rattakul's call on Gopal Dai's family members, within a few hours of his arrival in Kathmandu last February, in connection with the Peace Conference, to express his condolence on the sad demise of Gopal Dai is manifestation of the high level of recognition that the Rotary world has. PDG Amitabh says that he was introduced to Rotary by Gopal Dai.

A philanthropist in the true sense of the term, Gopal Dai would help anyone coming to him for

> help. How many of us know that in addition providina scholarships destitute students, he has helped medical doctors and nurses in completing their graduate courses? His known contribution is mainly in the fields of education, health, language and culture. the field education, while the



special issue of Rotary Nepal News on Gopal Raj





Memories of Gopal Dai

Bhandari, is a result of an intensive research, in the last three months, following Gopal Dai's demise; any additional information would be welcome.

Now, coming back to Rotary, Gopal Dai had a dream, which is shared by all of us, to have Rotary Nepal District and he worked hard with all Nepalese Rotarians to "make dream real". In 2005, when RI President Glen Estees indicated, in New Delhi, his support to the proposal for a Rotary Nepal District, Gopal Dai was so happy that he organized two dinner parties for the Nepalese Rotarians attending the RI Presidential Summit. But he did not want any credit for himself. In 2005,he was in New Delhi when the news that Nepal's request for a separate District has been approved, he, on behalf of the Nepalese Rotarians, sent a bouquet of flowers to PRID Sunil Gupta, in appreciation of his support for the Nepalese cause. Had he wanted to be a District Governor, he could have been one as far back as 1972, when he was offered the position. Even in his last few months,

any time I spoke with him- be it during my stay with him for his diagnosis in LA or on the web cam in Singapore, his thoughts were around the preparation for the Rotary Nepal District and the following years. Despite his almost 50 years of contribution as a "patron"-he still did not think he had done much for Rotary in general and Nepal in particular.

Kamala Bhauju, Gopal Dai's spouse, was an all time support behind Gopal Dai's dedication and commitment to Rotary. Even, as late as a year before his demise, when he had knee problem, she was encouraging him to go to Rotary meetings, when other spouses in similar situation, would have stopped their husbands from going out.

Gopal Dai would have been truly satisfied and pleased if he could have been at the inauguration of RI District 3292. It is now up to us to make Gopal Dai proud of RI District 3292 and to ensure we follow the trail he has set out for us.

We extend our Best Wishes for the success of Rotary Club of Patan
On the Occasion of 23rd Installation Ceremony

Chandralekha Kayastha Tel. 5524626/5523758 Matsyendra L. Kayastha Tel. 5524626/5523758

Bhim B. Kshetry
Tel. 5521661

Suresh C. Lakhe
Tel. 5529878

Padam L. Maharjan Tel. 4227863/2322858

Keshab B. Mathema Tel. 5529385

Tulsi P. Neupane

Kamal B. Nyachhyon Tel. 5526070/5522202

Rabendra R. Pandey Tel. 5521652/4220759

Krishna B. Pradhan Tel. 4283939/4270260

Senior Citizens' Home - An Overview



s times change, societal norms and values also do change. Modernization has its impact on society, community and family. With growing urbanization, life-style also keeps changing. People tend to be more and more preoccupied with their work/profession. Family members have less and less time to spend together due to pressure of work as well as changing lifestyle. During week-days, it is the sheer busy working life, then comes the TGIF (Thank God It's Friday) syndrome that makes socializing and barhopping mandatory even among the middle class and the growing trend of outings on weekends.

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In Nepal also, especially in the urban areas, joint family system is gradually giving way to nuclear families. However, even if families become nuclear, old parent/parents have nowhere to go than to stay with the son or one of the sons. With the growing incidence of both husband and wife having jobs, the old parent/parents are increasingly left at the mercy of the attendants or on their own. It is not entirely due to lack of love, affection or respect that parents seem to be neglected but the demands of modern day life style have become such that sons and daughters do not have adequate time and energy to look after their elderly parents properly.

Additionally, a large number of Nepalese go abroad for employment, leaving behind their parents at home. Many Nepalese also migrate to different countries. Although parents of many of the migrating Nepalese are able to join their sons/daughters eventually, it takes years before they get their visas and are thus forced to stay back in the interim, not always in happy circumstances. Also, in many cases, many of the elderly parents who join their children find it extremely difficult to adjust living in a strange land with an alien culture and surrounding, and begin to yearn for returning home. But not many have willing relatives extending a welcoming hand.

Keeping in mind all these factors, the Rotary Club of Patan took the intiative a few years back to establish a Senior Citizens' Home in Godavari. It is situated in a sprawling area just half a kilometer down the well-known Godavari Village Resort. The two storey main building has 16 rooms and a common room with TV. There is also a separate dining hall with kitchen and a spacious and well maintained garden.

Background

RC of Patan has acquired a 99-year lease for 29 ropanies of land belonging to the nearby Kitini High School. Under the lease agreement, RC Patan and HELP NEPAL, a German NGO, have donated

one million rupees to help the Kitini High School upgrade itself to 10+2 level.

The master plan for the SCH consisting of three phases was developed by Rtn Matsyendra Lal Kayastha of the RC of Patan. The 1st



PE Kedar B. Shrestha

phase consisting of the main building and the dining hall was completed in 2002 at a cost of 12 million rupees (donated by HELP NEPAL). Phase II consists of a community hall with meditation centre and a new building with additional and better rooms. Under Phase III, a separate girl's hostel will be built.

Present Status.

At present, six elderly persons (above the age of 65) are living in the Home. They pay a monthly sum of rupees five thousand for their lodging and food. A weekly clinic with a doctor is available for free check-up of the residents. The Citizens Home is not a charitable institution but a non-profit institution seeking to be self-sustaining. Hence the monthly fees are charged to the residents.

There are also six girl students residing freely in the Home. This arrangement is as per the wishes of the HELP NEPAL group. In return for free lodging and boarding, these girl students are expected also to look after the elderly residents. They also get a monthly allowance to meet their school fees and some minor expenses.

The Home is a RC of Patan project and is being run under a Trust composed as follows:

Dr. B.N. Rana (Germany)	Chairperson				
	(Donor's Rep.)				
Mr. Tulsi. P. Neupane	Vice-Chairpersor				
	(RC Patan)				
Mr. Chirinjivi Acharya	Secretary				
	(Donor's Rep.)				
Mr. Kamal Rupakheti	Treasurer				
	(Donor's Rep)				
Mr. Kedar B. Shrestha	(RC Patan)				
Mr. Matysendra L. Kayastha	(RC Patan)				
Mrs. Sharada Prasai	(RC Patan)				
Dr. Novel Kishore Rai	(Donor'sRep)				
Mr. Subarna Chhetri	(Donor's Rep)				

There is a full time Resident Supervisor and a few support staff. The German donors have assumed the cost of running the SC Home until the end of 2010. Thereafter, fresh funds as well as extra

Senior Citizens' Home – An Overview

income from larger number of resident senior citizens will have to be generated to run the Home.

RC of Patan will need the support and cooperation of well-wishers and donors to expand and run the Home. Due to the lingering internal conflict lasting over ten years, there have been delays and problems in running the Home. Now it seems with the advent of peace, the SC Home will be able to run in a smooth and sustainable manner.

The Home has been established with an entirely new concept for Nepal. Such homes are run in many rich countries, mostly on a commercial basis. RC Patan has established this Home not with a commercial motive but as a non-profit but self-sustaining institution. The social milieu of Nepal does not readily support such drastic notion as that of an elderly home. Children fear that they may face social humiliation of abandoning their elderly parents to a retirement home. Thus,

many elderly parents are forced to live in a neglected situation at home rather than be allowed to stay in a place where they can find solace from the company of new friends. The senior citizens home is a totally new concept for Nepal but it is gradually getting a positive recognition.

RC Patan had envisaged that there would be a number of elderly foreigners as well in the SC Home since this is a well-accepted system in western societies. Moreover, the relative low cost for them and the beautiful setting and tranquil atmosphere of the Home should be an additional attraction for them.

I hope that the RC of Patan in collaboration with other Rotary clubs, in particular the Patan area clubs will take up the challenge to propagate this concept of elderly homes and do a service to many a suffering but voiceless senior citizens.

Best Wishes on the Occasion of 23rd Installation Ceremony of Rotary Club of Patan

Ganesh R. Shrestha Tel. 5524780/5522157 Jeevan K. Shrestha Tel. 5549059

Kedar B. Shrestha Tel. 5522207/5524606

Khruschev Shrestha

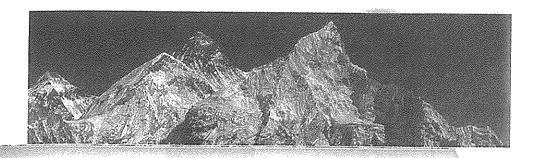
Kiran Shrestha Tel. 5591382 Dr. Mukti N. Shrestha Tel. 5524554/5524236

Santa K. Shrestha Tel. 5521745/4229116 Yagya B. Shrestha Tel. 5531825

Jamuna K. Tamrakar Tel. 5526944 Mahendra B. Thapa Tel. 5541399



Hearty Congratulations to all Rotarians on having your own RI District 3292 Nepal



SPECIAL PACKAGES

7 ~

III Everest Base Camp Trek



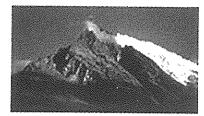
Duration: 13 Days Best Season: Spring Autumn

Grade: Moderate to Adventurous

1

Highest Point: 5545m

ND Langtang Valley Trek



Duration: 09 Days Best Season: Spring Autumn

Grade: Moderate to

Adventurous

Highest Point: 4984m



General Info Hiking In Nepal Tour In Nepal

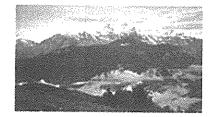
Trekking in Nepal Rafting in Nepal

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Bouddhanath, Swoyambhunath,
Pokhara, Trisuli river, Patan.



Duration: 05 Days Best Season: Spring & Autumn Grade: Easy to Moderate Highest Point: 3210M/POON

HILL

_ _ _ _



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Acharya Shreedhar (PHF) Classification: Hotelier Add: Godavari Village Resort Res: Kopundole, Lalitpur-10. Ph: (O) 5560675, 5521780, (R) 5531015

Born: 14 Jun; Wed: 22 Feb; Anne: BHAWANI,

Join: 1998, Serv: Sgt.JS, D E-mail: godavari@godavari.wlink.com.np



Senior Member



Gyawali Chandra Sekhar (MPHF) Classification: Senior Entrepreneur Add: Patan Dhoka, Lalitpur Ph: (O) 5522871 Ph: (R) 5521311; Fax: 5524139 Born: 14 Nov; Wed: 20 Jan Anne: BULU Serv: VP, Join: 1986

E-mail: info@nbe.com.np www.nbe.com.np



Past President

Bajracharya Bijay (MPHF) Classification: Gemologist

Add. Gems Jewellery Industries (P) Ltd. Ph: (R) 5521525, 5524586 (O) 5529452

Fax: 5526738 Born: 23 Aug Wed: 2 Mar

Anne: RAJANI; Serv: P. VP. D.

Join: 1986

E-mail: bj@ccsl.com.np



Member



Gyawali Lochan (PHF) Classification: Trekking Agent Add: Nepal Trek House Ph: (O) 5522871 (R) 5521311; Fax: 5524139

Born: 12 Nov; Wed: 30 Jan Anne: SANGITA, Serv: Sgt , Join: 1986

-mail: info@nbe.com.np

ww.nbe.com.np



Club. Adm. Director/Chairmar

Bajracharya Piyush Bajra (PHF) Classification: Ayurvedic Medical Practioner

Add: Piyushbarshi Aushadhalaya, Res: Jwagal, Kopundol-10, Lalitpur Ph. (O) 4223960 (R) 5529640

(M): 9851013388 Born: 12th December, Wed:

Anne: RAMITA, Serv D Join: 2005

Email: piyush@ntc.net.np



Past President



Join: 1987 E-mail: narayan.halwai@gmail.com

Halwai Narayan Govind (MPHF) Classification: Civil Engineer

MEH Consultants (P) Ltd. Add. 290,NK Singh Marg,

Mobile: 9851024556

Born: 4 Oct; Wed: 6 June

Anne: MUNU; Serv: S,D, P, AG

Baneshwar, Kathmandu Ph: (O) 4477634, 4491415 (R) 5521364 Fax: 4491387



Basnyat Krishna Bahadur (PHF)

Classification: Insurance Add: Sagarmatha Insurance Co. Ltd. Res: Manbhawan, Jawalakhel. Ph: (O) 4240896, 4247941

Ph: (R) 5534341, Fax: 4247947 Mob. 9851024313

Born; 8 July; Join: 2000, Serv D

Email: sagarmatha@insurance.wlink.com.np



Public Relations Director/Chairman



Manbhawan, Lalitpur Ph: (R) 5521126, 5 521223 (O), Mob. 9851023195 Born: 16 June; Wed: 25 Feb.

Premier Finance Co. Ltd.

Joshi Bharat Narsing (PHF) Classification: Financial Analyist

Anne: MEERA , Join: 2003, Serv: T,D Email: Premierfinance@info.com.np



Membership

Director/Chairman

Dixit Kamal Mani (MPHF) Classification: Senior Active

(Belles Lettres) Add. Madan Puraskar Pustakalaya Shree Durbar Tole, Lalitpur, Nepal Ph: (O) 5521014, (R) 5536338, Born: 2 Sep; Wed: 11 June Anne: ANJU; Serv: D; Sgt,

Join: 1986 Email: kamal@mpp.org.np



Member



Kayastha Chandralekha (PHF)

Classification: Architect Add. Mr. & Mrs. ML Kayastha & Associe Pvi. Ltd.

Ph: (O) 5523758 Ph: (R) 5524626 Fax: 5524758

Born: Wed: 7 July Spouse: MATSYENDRA

Join: 2008 E-mail: mlkayastha@gmail.com

Members of Rotary Club of Patan





Kayastha Matsyendra Lal (MD) Classification: Architect Add. Mr. & Mrs. ML Kayastha & Associates Pvt. Ltd. Ph: (O) 5523758 Ph: (R) 5524626 Fax: 5524758 Born: 25 May; Wed: 7 July Anne: CHANDRA LEKHA Join: 1984, Serv: P. S. AG



Past President



Born: 20 Mar, Wed: 16 Jan Anne: KAMALA; Serv: S. D. P Join: 1985

Neupane P. Tulasi (MPHF)

Res: Jhamsikhel, Lalitpur-3, Nepal.

Ph: (O) 5520597; Mob: 9851025865

Classification: Economist

(R) 5522320



E-mail: tpfm@mail.com.np



Treasurer

Kshetry Bhim Bahadur (PHF) Classification: Food Distribution Res: Kopundole, Lalitpur-10. Ph: 5521661 Born: 4 Feb; Wed: 5 Mar Anne: VIJAYA , Serv; T, JS, D

E-mail: mlkayastha@gmail.com





Classification: Heavy Textile Manufacturer Add: Himal Tents (P.) Ltd. (PIE) Ph (O): 5522202, 5527202 Ph (R) 5526070, 5528836; Fax: 5527167

Nyachhyon Kamal Bahadur (PHF)

Mobile: 9851023354 Born: 15 Jan; Wed: 15 Feb Anne: SULOCHANA; Serv: D, T, P

Join: 1986

Email: kamal@himaltents.com





Classification: Economist Res: Sanepa, Lalitpur-1, Nepal. Ph: (R) 5529878 Born: 15 Aug; Wed: 11 May

Anne: JANAKI Serv: D.

Join: 1986

Join: 1999



Past President



Pandey Rabendra Raj (MPHF+2) Classification: Airline GSA

Add: Everest Express Tours & Travel (P) Ltd Ph (O): 4220759, Mob: 9851020174

Fox: 4226795 (O) 5521652 (R) Born: 14 Dec: Wed: 19 Feb Anne: CHANDRA LEKHA

Serv: D, VP, P, AG Join: 1990

Email: rrpandey@everest-express.com.np



Service Projects Director/ Chairman

Maharjan Padam Lal (PHF)

Classification: Electronic Engineer Add:lchakhel Panga, Kirtipur-12 PO Box: 6562, Kathmandu Nepal Ph: 4227863(O) Mob. 2322858 Born: 13th Feb, Wed: 29th April

Anne: KAMALA, Serv: D, E-mail: padam132@yahoo.com



Senior Member



Pradhan Krishna Bahadur (PHF) Classification: Educationist

Add: Chhauni, Kathmandu Ph (O): 4270260 Ph (R): 4283939; Fax: 4284028 Born: 22 Aug; Wed: 7 May

Anne: SULOCHANA; Serv: D, SG

Join: 2000.

Email: pradhankris2005@gmail.com



Mathema Keshab B. (MPHF) Classification: Social Development 2/128 Dhokadol, Sanepa, Lalitpur Ph: 5529385; Mob: 9841282851 Born: 2 Jul ; Wed: 30 Nov Anne: SHANTI; Serv: D, VP, PE, P Join: 1998

E-mail: keshab.mathema@gmail.com



TRF Director/Chairma



Pradhan Satya (PHF) Classification: Polysack Add: Jagwal, Kupondole, Lalitpur-10 Ph (R): 5524478, Mob: 9841222128 Born: 26 Falgun; Wed: 12 Mangsir

Spouse: DR.YASHO VARDHAN Join: 2006, Serv: Sgt, D email: satyapradhan@hotmail.com



Members of Rotary Club of Patan





Member

Prasai Sharda (PHF) Classification: Travel Agent Add: Natraj Tours & Travels (P) Ltd. Ghantaghar, Kamladi Ph (O): 4222014, (R) 4229277 Fax: 4227372 Born: 14 June; Wed: 1 Feb

Join: 1999, Serv: D, SG Email: natraj@vishnu.ccsl.com.np



Past President



Sakya Tirtha Man (MPHF) Classification: Legislative Drafting Chairman, Public Service Commission, Former Chief Secretary, Nepal Govt. Res: 17Hakha Tole, Lalitpur-12, Nepal Ph (R): 5522467; (O) 4410910 Mobile: 9851026534 Born: 21 July: Wed: 14 Feb Anne: NANI SHOVA Serv: AG, P, VP, D, DC, DGN Join: 1987 Email: chairman@psc.gov.np



Member

Maj. Rai Biswa Nath (PHF) Classification: Retired British Gurkha Add: Ekantakuna Jawalakhel-13 POBox No. 9545 Ph (R): 5530553, Mob: 9851057367 Born: 21 Aug; Wed: 26 Feb Anne: SABITRI, Join: 2005, Serv: Sgt, D email: biswanathrai@hotmail.com



Past President



Shakya Gyanu Raj (PHF) Classification: Business Management Address: Vision Tours & Travels, Bakhund Pulchowk Res: Hakha Tale, Lalitpur

Ph(O): 5536421, 5010535 (R) 5524588, (M) 9851038196 Born: 20th May, Wed: 18th March Anne: SUNITA Serv: Sgt, D, VP, P ,CC, AG

Join: 1995, Email: vision@wlink.com.np



Past President



Rajbhandary Siba Bhakta (MD) Classification: Development Management

Add. Pulchowk, Lalitpur, Nepal. Ph: 5526856 Fax: 5526856 Born: 11 June Wed: 8 Mar Anne: MITHILA;

Serv: D, S, VP, P DS, DT, AG Join: 1999

E-mail: sibabr@gmail.com siba@mos.com.np



Past President



Shakya Pushkar Man (PHF)

Classification: Carpet Export Add: S 3 International Res: Man Bhawan, Lalitpur-5 Nepal Ph (R): 5523492; Fax: 5545682 Born: 14 Jan; Wed: 27 Feb Anne: RITA; Serv: AG, P D,T, Sec;

Join: 1993

Email: s3int@mos.com.np



Joint Secretary



Rana Shreedhar Shumsher (PHF) Classification: Ex - Serviceman

Add: Sri Sadan, 3/386 Pulchowk, Lalitpur, Nepal Ph (O): 5523915 Ph (R): 5541856; Fax: 5521122

Born: 16 Aug; Wed: 7 Falgun Anne: PADAM DEVI,

Join: 1995





Shrestha Arti Thapa Classification: Interior Designer

Add: Bhaisepati, Lalitpur Ph: (R) 5592475 Mob. 9851100984 Born: 17 Feb. Wed: Spouse: INDRA Join: 2007

Email: krashiba@hotmail.com



Dr. Regmi Prakash Raj (MPHF)

Classification: Cardiologist Lalitpur Heart Clinic Res: Dhobighat, Lalitpur Ph (O): 5536474 (R) 5525536 Mob: 9851051170 Born: 21 Ashad, Wed: 2 Baisakh Anne: UPASANA, Serv: D, S, VP

Join: 1990 Email: prregmi@wlink.com.np





Shrestha Ganesh Raj (MPHF) Classification: Rubber Recycling

Add: Pashupati Rubber Industries Res: Sinchahity, Lalitpur. Ph: (O) 5522157 Mo: 9851021440 (R) 5524780 Born: 22 Oct; Wed: 7 Jan Anne: BIJAYA LAXMI, Join: 1993

Serv: Sgt; T, D, Sec., VP, PE, P, CC

Email: ganeshrshrestha@hotmail.com

34 Rotary Club of Patan

Members of Rotary Club of Patan





Secretary



Shrestha Jeevan Kumar (PHF) Classification: Civil Engineer Add: Chakupat, Lalitpur Ph: (R) 5549059 Mob: 9851045085 Born: 6 May; Wed: 23 Jun Anne: Gunu Join: 2006 Serv: D Email: shrestha.jeevank@gmail.com





Shrestha Santa Kumar (MPHF)

Classification: Liquor Manufacturer Add: Island Jungle Resort, Durbar Marg GPO Box 2154, Kathmandu, Nepal Ph (O): 4229116, 4225615, 4220162 Ph (R): 5521745; 5522757; Fax: 4225615

Mob. 9851020640 Born: 5 Nov; Wed: 3 May Anne: NIRMALA;

Join: 1992 Serv. JS, D, VP, PE Email: island@mos.com.np



President- elect



Shrestha Kedar Bhakta (MPHF) Classification: Past Service Res: Kopundole Heights, Lalitpur Phone: 5522207, 5524605 Mob: 9851003833 Born: 18 Jan; Wed: 15 Feb Anne: SHANTA Serv: D, VP, PN Join: 2006 Email: kaybeeshan@hotmail.com



Past President



Shrestha Yagya Bahadur (PHF) Classification: Revenue Consultant Add:Chakupat, Lalitpur-10, Nepal.

Ph:(R) 5531825 Mob; 9841350194 Born: 8 Apr; Wed: 19 Feb Anne: MARY; Serv: P, D, Sgt, CC; Join: 1993

Email: yagyamary@yahoo.com





Shrestha Khruschev (PHF) Classification: Soil conservation Add: Kopundole, Lalitpur Ph: 5525886 Mo: 9851049924 Born: 27th Fagun Wed: 14th Falgun

Anne: KALPAÑA, Join: 2004 Serv:D, S

Email: khruschevshrestha@yahoo.com



Vice President



Tamrakar Jamuna Krishna (PHF)

Classification: Forestry Add: Man Bhawan Lalitpur Ph:(R) 5526944, Mob. 9851001408 Born: 17 Feb; Wed: 21 Apr Anne: Meera Join: 2000 Serv. D, S

Email: jktamrakar@info.com.np, jktamrakar@hotmail.com





Shrestha Kiran Classification: Steel Manufacturing Add: Bhaiseparti, Lalitpur Ph (R): 5591382 Mob. 9851043924 Born: 10 July ; Spouse: DHRUBA Wed: 13 Feb.

Join: 2007

Email: shrestha_dkuj@hotmail.com





Thapa Mahendra Bahadur (PHF)

Classification: Agricultural Economist Add: Shrutinagar Bagdol-4, Lalitpur Ph (R): 5541399 Mob. 9841580576

Born: 15 Jan.; Wed: 14 Apr.

Anne: LALITA Join: 2008

Email: manendra_thapa2@hotmail.com



Member



Shrestha Dr. Mukti Narayan (PHF) Former Secretary, Nepal Govt. Classification: Vet. Doctor Add: Vet Clinic Pulchowk, Krishna Galli Ph (R): 5524554, (O) 5524236 Mob. 9851000104 Born: 1 July; Wed: 19 Sep.

Anne: PRAVEENA

Email: drmnshrestha@hotmail.com



Adhikari Banik Office Secretary, RC Patan Mob: 9851013120



"Make Dreams Real"-Water and Sanitation

Rtn. N.G. Halwai and Rtn. Siba B. Rajbhandary

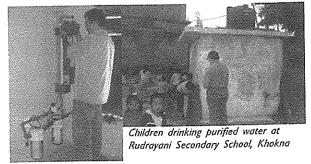
RI President DK Lee has challenged all Rotarians with the theme "Make Dreams Real" for children. "26,000 of our most precious children die every day from preventable causes. It was impossible, unthinkable, in the 21st century" D K Lee. One of the main reasons children die in the thousands every day, is because of the lack of something very simple- clean water to drink and wash in. We can all help to Make Dreams Real by bringing clean water to children. President Lee wants us not only to provide safe water to drink but also to build sanitation projects that keep children healthy. In Nepal, more than 44,000 children die each year from water borne illness. Our first DG of RI District 3292, Dr Tika Man is challenging us to be as proud of building toilets as we are of supplying drinking water. By improving sanitation, we prevent water from becoming contaminated and so we avoid needless deaths.

Rotary Club of Patan is pleased that in addition to supporting children in schools with scholarships, computers and library facilities, it is now also providing them water and sanitation facilities.

Water Purification

In municipal areas in Kathmandu valley, water supply is often contaminated with human and animal waste. Due to antiquated plumbing, overcrowding and poor distribution technique, drinking water in Kathmandu valley is a major health risk. Hence, Rotary Club of Patan, partnered with A- Childs-Right, a US based NGO, dedicated to providing safe drinking water to sites with high concentration of children. Together we installed water purification plants to provide clean and safe drinking water, in five public schools and a Children Home, benefiting more than 5,000 children in February 2008. The five benefiting schools are:

- 1) School for Deaf, Naxal
- 2) Ratna Rajya Laxmi High School, Baneswar
- Adarsha Kanya Niketan High School, Mangal Bazar,
- 4) Patan High School, Patan Dhoka,
- 5) Shree Rudrayani Secondary school, Khokana,
- 6) Children Home, Khokna



Water purification equipment being installed at Ratna Rajya H.S. School, Baneswor

Each installation has also been provided with 5 full years of spare parts and provisions to ensure constant access to potable water. A few key staff in each school have been trained to maintain the system on a daily basis. Rotary Club of Patan (PP Narayan Halwai and Rtn Jeevan Shrestha) provides on the ground technical and maintenance support; Patan Rotary Club will also do bi- annual maintenance and replacement of parts and supplies. The water purification plant and other supplies were all brought in from USA by A -Childs- Right volunteers, who installed the system. As a first step in the process, we have tested the water in many schools. Contrary to popular belief that all water is contaminated, water quality testing proved the belief to be wrong. This is especially in schools in rural areas and schools close to the supply source.

In 2008-2009, Rotary Club of Patan is aiming at providing similar water purification facilities to 10 additional schools, benifitting more than 8,000 school children. A Matching Grant of \$ 11,500, with Rotary Club of Vashon, Seattle USA, RI District 5030, has recently been approved. This will help install plants in four schools. Our campaign for additional fund raising will continue. The purification plant to be brought in this year will also not be reliant upon electricity. Well digging and rain water harvesting will be new areas to explore, depending upon funding availability.

Sanitation

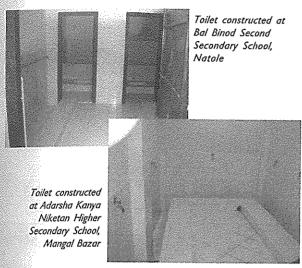
In 2003, during one of our scholarship distribution programmes, members of the RC Patan noticed a long queue of girl students waiting for their turn to use the only girls' toilet in a public school. For almost 300 girls there was only one toilet. While the boys used the open field as a toilet, girls did not have that option. It was then that we realized the seriousness of the challenge girls faced in schools.

RC Patan came across a similar situation in Lele, where we were accompanied by two members of Inner wheel Club of Patan. The ladies felt the real pinch as the school did not have a separate facility for airls. United Nations Women's Guild (UNWG), New York was approached, through Innerwheel Club Past President Mithila Rajbhandary, for support in construction of toilets. A grant of \$ 1000 from UNWG enabled the school to build a toilet that could be used by about 15 girls at a time; beneficiaries are about 400 girls. Design and supervision were all provided by PP Narayan Halwai. Three other toilets were also constructed with the support of \$ 1000 each from UNWG. The Lele school design became the prototype, with some minor modifications. One such facility was

"Make Dreams Real"-Water and Sanitation



also completed at the Adarsha Kanya Girls High School at Mangal Bazaar with financial support from the Inner wheel Club of Patan. The beneficiaries in these five schools number about 3600.



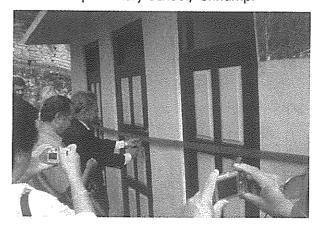
2005 was a landmark year in our efforts to improve sanitary situation in public schools. We received \$ 1130 for our Scholarship programme from RC University District in Seattle, RI District 5030. With the agreement of our club and the donor Club (Rtn Susan Sola of RI District 5030), we decided to re-allocate those funds for toilets. We developed a Matching Grant project, for \$5,000,with \$ 1130 as the seed money. We had heard about the District Development Fund (DDF), which is matched 100 % by TRF.

We applied for it and succeeded in getting \$8,000 DDF funds from RI District 3290. When we referred this development to Seattle, they too came up with DDF of \$3,152 for the project. We thus succeeded in having a MG project for \$24,000 out of an initial \$1,130 grant from RC University District, to support construction of 26 units of toilet blocks, each 10-15 users, in 16 public schools.

The sanitation programmes were designed to complement the ongoing scholarship programmes. This would allow us more efficient monitoring. Now the support has been extended to schools in Bandipur and Gorkha which were monitored by our club members. With a view to further improve inter club- relations and to strengthen relatively new clubs, funding of \$ 2000 each for two units of toilets has also been provided to 4 clubs in Zone 1, namely RC Budhanilkantha, RC Charumati, RC Himalayan Gurkhas and RC Nagarjun and a club sponsored by RC Patan-RC Jawalakhel. RC The Himalayan Gurkhas has implemented the project in Rolpa. Out of the planned 26 units of toilets, 22 units have been completed and the remaining 4 are scheduled to

be completed by August 2008. (Photo of DG Dr Tikaman handing over the toilet, on behalf of RC Patan and RC Charumati, to the school management at Sisnery, Lalitpur, on 3 July 2008). The projects have been implemented in the following 16 schools:

- Adharsa Kanya Niketan High School, Mangal Bazaar, Lalitpur
- 2. Harisiddhi Higher Secondary School, Harisiddhi, Lalitpur
- 3. Shramjit Higher Secondary School, Lukhusi, Lalitpur
- 4. Mahendra Brikuti Secondary School, Ekantakuna, Lalitpur
- 5. Bal Binod Secondary School, Natole, Lalitpur
- 6. Rudrayani Secondary School, Khokana, Lalitpur
- 7. Udaikharkha Secondary School, Lele, Lalitpur
- 8. Champi Secondary School, Champi, Lalitpur
- 9. Mahendra Adarsha Vidyashram, Satdobato, Lalitpur
- 10. Shree Bhawanit High School, Gorkha
- 11. Shree Panch Ratna Rajya Laxmi Kanya Lower Secondary School, Bandipur
- 12. Dhapasi Middle Secondary School, Dhapasi, Kathmandu
- 13. Jan Sewa Secondary School, Rolpa
- 14. Lamatar Secondary School, Lamatar, Lalitpur
- 15. Jaybhadrakali Secondary School, Tulung, Kathmandu
- 16. Chhampi Primary School, Chhampi



DG Dr. Tika M Vaidya inaugurating toilet at Sisneri School, Lamatar

The beneficiaries from the 26 units of toilets in 16 schools are about 9000.

In addition to its ongoing work with scholarships, and computers, Rotary Club of Patan is engaged in water purification and provision of toilets as well. Rotary Club of Patan is excited to be implementing service projects that already contribute to the RI President's theme for this year – making dreams of children real. In future, RC Patan hopes to be expanding this further, by emphasizing sanitation education to the schools to make water available.



Best Wishes

Rotary Club of Patan

On 23rd Installation Ceremony-2008

OUR CLIENTS

- Bir Hospital.
- TU Teaching Hospital
- Royal Nepal Army Hospital
- Shaid Gangallal Nation Heart Center Hospital
- Menaka Enterprises
- Sudeep International Trading
- Surgical House
- Bhandari Surgical House
- Bhandari Trading Concern
- Om Hospital & Research Center
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Visit to a Chepang Village



Born in want, I was brought up in happiness. Hardship did not come my way, so I know little of it. My parents took pains to raise me in a comfortable atmosphere. The misery of others so touched my heart that I took up the profession of healing. As I went around the world, I found pain and suffering all around.

Someone suffers from hunger whereas another suffers from gluttony. If one suffers from poverty, another suffers from opulence. Inspired by the advice of my father to my mother that happiness lies in serving the less fortunate ones, I started up looking for the habitat of the wretched. I went climbing up the hills across the Kali River of Chitwan in order to organize a heart check-up camp in the settlements of the backward Chepana community. After the climb, I reached Shri Chandi Bhanjyang National Primary School, where upwards of 100 students greeted me with folded hands and soon after started searching my bags. With extended hands, they started begging for food. I was somewhat taken aback. Only after the teacher scolded the children for their misdemeanour, things came back to normal and I found my bearings.

This was a government primary school for Chepang children. The highway is only a 15-20 minutes walk downhill and Mugling Bazaar is a mere 3 kilometers away. Yet these children have not seen any town or city life. They have not seen food and are victims of malnutrition.

I started lining up the children for health checkup. Everybody had a bloated stomach but skinny arms and legs. Their lips were dry and charred, both sides of the faces showed wounds, almost all suffered from anaemia and their physical development was not at par with their age. A 5year child looked like a 3- year old one, a 3-year child still lay in the lap of the mother as he still could not walk. It looked like everybody had worms. Many of the symptoms of vitamin A and B deficiency and protein inadequacy in their diet became evident in the bodies of the children. As I continued with my check-ups, my eyes became watery and I felt like crying.

I asked the headmaster if the children did not get food to eat. Why were they emaciated? He started telling, "All the children of this school are from backward classes, mostly of the Chepang community. Their parents live over there, up in the hills, a good one or two hours uphill walk. There is no good farming. They sow maize, barley and tobacco in what little plots they have. The cultivated maize and barley hardly lasts for six months. Morning breakfast is not anything more

than inhaling the smoke of the wrapped-up tobacco leaves. By the months of May-June, something like famine descends on these settlements. Leaving behind the children, the grown-ups go looking for wild roots in the jungles.



PN. Dr. Prakash R. Regmi

If they manage to cut some wood from the jungles, they take them to the town for selling and in turn buy and bring back salt, sugar and basic food items. For six months in a year, there is virtually nothing to eat. That is the reason for these children being victims of malnutrition.

"Many die of cholera and pneumonia at an early age. Those who survive suffer from malnutrition. We have tried to teach these students in the school. Two sets of dresses per year, bag for books and the like are provide by an organization called RHEST which has helped the children a lot. Government provides books and free education. But how do you teach the hungry? Which child's brain would function properly in a hungry stomach?

Among the children getting admission, more than 50% quit the school within less than a month. Whoever remains, you have seen their condition." I kept listening. The more I listened the sadder I became.

The head of the school is also of the Chepang community. He is illiterate but has been appointed the head of the school. Somehow he tried to learn a bit by joining adult classes. But he could get no better opportunity to learn. So close to the towns and markets, yet this settlement has not been able to attract anybody's attention. Basic national programs like inoculating the children, giving deworming medicines and vitamin A and distributing enriched flour have not been able to go up a mere 20-30 minutes uphill walk. Although there are scores of organization for the protection and upliftment of the Chepang community, their programs have so far failed to reach them.

Till date it has not dawned upon the policy-makers of the UN World Food Programme that the children of Chandi Bhaniyang also need flour, ghee and sugar. National and international governmental and non-governmental assistance do reach more accessible places than these settlements. Why is it that their footsteps do not reach the settlements of these deprived Chepangs? By the time roads are built for Pajeros to negotiate the hilly tracks of Chandi Bhaniyang, the Chepang children will



Visit to a Chepang Village

keep on dying before they can even walk on the soil of the earth not for lack of milk but for want of a meal of flour.

I am not only a doctor and a Nepalese citizen but also a Rotarian. I related my visit to my Rotarian colleagues and it was generally felt that Rotarians should explore how they could do something to uplift the condition of the Chepangs. I was joined by some of my other Rotarian colleagues and the RHEST workers on my return trip to the same village on 13th June this year. This time we took with us boiled eggs and bananas to give to the hungry and ill-fed students. We could discern the feeling of

happiness and gratitude in the eyes of those poor students as they were eating the bananas and the eggs. We discussed with the head of the school and other local community leaders about providing nutritious food to the children a couple of times a week to start with and eventually during the entire school days. This would improve the health of the school children and also motivate them to attend school. We Rotarians should join hands in serving the society with the motto of "Service Above Self". Joining hands in providing nutritious meal to about 100 school children, who are dying in early childhood due to lack of basic food items, would be a noble and worthy cause in keeping with the ideals of Rotary.



We extend our Best Wishes for the success of Rotary Club of Patan On the Occasion of 23rd Installation Ceremony

Satya Pradhan
Tel. 5524478

Sharda Prasai Tel. 4229277/4222014

Biswa N. Rai Tel. 5530553 Siba B. Rajbhandary Tel. 5526856/5555856

Shreedhar S. Rana Tel. 5541456/5523915 Dr. Prakash R. Regmi Tel. 5525536/5536474

Tirtha M. Sakya Tel. 5522467/4410910 Gyanu R. Shakya Tel. 5536421/5510535

Puskar M. Shakya Tel. 5522492 Arti Thapa Shrestha Tel. 5592475 Congratulations

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Best Wishes

On the Occasion of

23rd Installation Ceremony of

Rotary Club of Patan

on 21 July, 2008

From

NDA-Nepal Orthopaedic Hospital

Celebrating 10 years of service Jorpati-4, Kathmandu. Phone No. 00977-1-4911725, 4911274, 4910505



'राइला' चञ्चुप्रवेश



–रो. कमलमणि दीक्षित

हाम्रो रोटरियन साथीहरुले 'राइला' RYLA बारे केही बुिक राख्नु राम्रो भनी यो निबन्ध लेखिएको छ । यसै पिन हाम्रो क्लबले 'राइला' प्रायोजन गर्नेमा केही महत्व पूर्ण योगदान गरेको छ ।

राइला भनेको एउटा नयाँ सोच, नयाँ विचारधारा हो रोटरीमा पलाएको । युवा पुस्तालाई समाजको नेतृत्वका लागि तयार पार्नुपर्छ भन्ने लाग्यो रोटेरियन अग्रजहरुलाई र राइला जन्मियो सन् १९६०/१९७१मा । रोटरीले आफै दिदैन तालिम य्वाहरुलाई, सहयोग गर्छ उनीहरु आफैले आफूहरुलाई तालिम दिन । 'पछि गएर आफ्नो समाजलाई अगाडि लैजाने काम हाम्रै हो' भन्ने जागरणको बीउ युवाहरुको मनमा रोपिदिने काम गर्छ रोटरीले । 'राइला' त्यही वीजारोपणको 'रोपाई' हो ! 'राइला'मा सहभागी हुन आउने युबाहरुलाई पहिले त 'रोटरी' के हो भन्ने नै बुफाइन्छ । हामी भन्छौं: रोटरी भनेको के हो ? धनी बुढाहरुले बसिवियाँलो गर्ने, रमाइलो गर्ने 'क्लब' होइन यो । यो सेवा-क्लब हो, अर्थात् सेवा गर्ने क्लब । रोटरीमा 'सेवा' भनेको दानदातव्य मात्र होइन । तन, मन र धन तीनै कुरा मिलेको हुन्छ रोटरीको सेवाभावमा । मनले नै प्रेरित गर्नुपर्छ मान्छेलाई सेवाकार्यमा लाग्नलाई । त्यसका लागि अलि शारीरिक कष्ट पनि गर्नुपर्छ अर्थात् आफ्नै हातखुट्टा पनि चलाउनु पर्छ भन्छ रोटरी । भन्नाले केही श्रम पनि गर्नुपर्छ भन्ने हो । पैसा मात्र छरेर, केही चन्दा दिएर गरिने कार्यलाई रोटरीले सेवा मान्दैन । आफू संलग्न नभई रकम मात्र उपलब्ध गराएर मख्ख पर्ने होइन, कुनै न कुनै रूपमा आफ्नो तन र मन पनि लगाउनुपर्छ सेवाकार्यमा भनिन्छ । रोटरी आदर्श हो त्यो । अनि धन त चाहिन्छ नै । आफ्नो औकातले भेटेसम्म, आफ्नो आर्थिक अवस्थाले अनुमति दिएसम्मको खर्च पनि गर्न् पर्छ भन्न रोटरी पछि पर्देन । तर, फुर्ती देखाउनलाई आफूले सक्नेभन्दा बढी रकम दान गर्नुहुदैन भन्छ रोटरीले। सक्तो मात्र गर्ने हो, तर कुनै महात्माले भने जस्तो 'गीभ टिल इट पिन्चेज' अर्थात् सकेको सम्म दान गर भन्ने हो रोटरीले पनि।

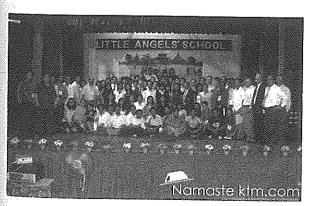
रोटरीको यति बयान किन गर्नुपऱ्यो र राइलाको यो युवा समूहमा ? भनेर सोध्छन् साथीहरु । म भन्छु— किनभने युवाहरुलाई भविष्यका नेता, कर्णधार मान्छ रोटरीले । यिनै सशक्त र समर्पित युवाहरुले पछि रोटरीको पनि नेतृत्व सम्हाल्नुपर्छ भन्ने धारणा राख्छ रोटरी । अतः रोटरी-आदर्श ऐले नै आत्मसात गरुन् उनीहरुले, हृदयङ्गम् गरुन् भनेर यति भन्नु परेको हो ।

हामीले ती तन्नेरी युवक र युवतीलाई वुक्षाउन सक्नु पऱ्यो रोटरीले आफ्नो जन्मको 'शतक' पार गरिसक्यो । सन् १९०५मा अमेरिकाको सिकागोमा चार जना अधवैंसे उद्यमीहरुले जन्माएको रोटरीले ऐले संसार ढाकेको छ । पौने २ सय जित देशमा बान्ह लाखभन्दा बेसी व्यक्ति सदस्य छन् यसको आदर्श मानेर यसका सदस्य भएका भन्ने बुफाए पछि हामीले भनिदिनु पर्छ रोटरीको छुट्टै गुठी छ लोकोपकारी काम गर्न, रोटरी फाउण्डेसन । संसारभरका लाखौं रोटेरियनहरुले दिएका खरवौं रुपिया छ, त्यस फाउण्डेसनमा र त्यसले वर्षैवर्ष अरवौ रुपिया छर्छ संसारभर सेवाकार्यमा ! कुनै संस्था यति दीर्धजीवी र यति सम्पन्न हुनलाई भित्री खुवी, आभ्यन्तरिक गुण नभई सम्भव छैन भन्ने कुरा ती युवाहरुले हृदयङ्गम गर्नुपर्छ । अनि हामीले भन्नु पर्छ- र ाइलामा संलग्न भएका युवाहरुले त्यो खुवी के हो, त्यो गुण के हो भनेर पत्ता लगाउन कोशिश गर्नु उचित हन्छ ।

नेपालमा रोटरी कसरी आयो भनेर पनि हामी

'राइला' चञ्चुप्रवेश

उनीहरुलाई बताउँछौं। हामी भन्छौं-नेपालमा रोटरी भारतको बाटोबाट छिरेको हो सन् १९५९, संवत् २०१६ सालमा । रोटरी क्लब अफ दरभङ्गाको अग्रसर तामा, रोटरी क्लब अफ काठमाण्डुको जन्म भयो तत्कालीन राजा महेन्द्रको संरक्षकत्वमा । जनरल किरण शमशेर राणा यसका संस्थापक अध्यक्ष. फाउण्डर प्रेसिडेन्ट हुन् । नेपालमा रोटरी क्लब भनेको त्यही एउटा मात्र रह्यो निकै वर्षसम्म । त्यसपछि सन् विराटनगरमा दोस्रो क्लब सन् १९७७मा र १९८५मा पाटनमा तेस्रो क्लब खुलेको हो। ऐले नेपालमा लगभग ७० ओटा रोटरी क्लबहरु खुलिसकेका छन्- देशको पश्चिममा नेपालगंञ्ज र पूर्वमा धनकुटासम्म । यी क्लबहरुले रोटरी फाउण्डेसनको सहयोगमा करोडौ रुपिया भित्रयाई अनेकौं सेवा-कार्यहरु पनि सम्पन्न गरिसकेका छन् । तर, हामीले युवाहरुलाई बुकाइ दिनुपर्छ-रोटरी फाउण्डेसनले सित्तैमा यस्तो आर्थिक सहयोग दिदैन । स्थानीय क्लबहरुले आफै श्रम, शीप र रकम लगानी गर्नुपर्छ शुरुमा । त्यति गरेपछि विदेशी रोटरी क्लबहरुबाट पहिले सहयोग पाइन्छ, अनि 'म्याचिड ग्रान्ट' भनी रोटरी फाउण्डेसनले पनि लगानी गर्छ । हन त नेपालका रोटेरियनहरुले आफैले पनि लाखौं डलर रोटरी फाउण्डेसनमा चन्दा दिएका छन् । तर त्यसको कैयौं गुना डबल्याएर फाउण्डेसनले नेपालमा रोटरी क्लबका सेवा आयोजनाहरुलाई आर्थिक सहयोग गर्ने गर्छ ।



RYLA 2008 Group Photo Session

राइलामा सम्मिलित युवाहरुले यति बुभ्रेपछि हामीले उनीहरुलाई नेपालको आफ्नो छुट्टै रोटरी डिष्ट्रिक आएको बारे बताउँछौं। हामी भन्छौं- नेपालमा रोटरी भित्रिएको आधा शताब्दीपछि नेपालको आफ्नै रोटरी डिष्ट्रिक्ट बनेको छ ३२९२ भन्ने । यसअघि नेपालले, भारत, पूर्वी पाकिस्तान (बङ्गलादेश), सिक्किम, बर्मा, इत्यादि देशहरु भएको विभिन्न डिष्ट्रिक्टहरुमा पर्दै आएको थियो । नेपालको आफ्नै डिष्ट्रिक्ट ३२९२ बन्नुभन्दा पूर्व यो ३२९० नामको भारतको पश्चिम बङ्गालको केही भाग र आण्डमन निकोवरसंग संयुक्त डिष्ट्रिक्टमा थियो । नेपालको पहिलो डिष्ट्क्ट गभर्नर रोटेरियन डाक्टर टीकामान वैद्य वन्नुभएको छ । त्यसो त रोटरी क्लब अफ काठमाण्डूका टेमस मानेक्सा डिप्ट्रिक्ट ३२९०को डिष्ट्रिक्ट गभर्नर भैसक्नु भएको हो केही वर्षअघि । अनि नेपाली नागरिक रोटरी डिष्ट्रिक्ट गभर्नर हुने चाहि (कवि) जगदीश शमशेर राणा हो । तर उहाँ भारतको डिप्ट्रिक्ट ३०६०का गभर्नर हुनुभएको हो निकै वर्षअघि ।

यसरी यस पटकको हाम्रो क्लबको 'इन्स्टलेसन सुभेनिर' मा लेख्दा मैले 'राइला'को निहुँ बनाएर साथीहरुको स्मृतिमा रोटरीकै वारेमा पनि केही बसोस् भनी यति लेख्ने जमर्को गरेको हुँ। यस बाट साथीहरुलाई 'राइला' बारे चञ्च प्रवेश गराउने र 'रोटरी' बारे पनि अलिकति केही कुरा सम्भाउन सहयोग होला भन्ने विश्वास छ।



RYLA 2008 Group Basket Ball Team Photo Session



WITH BEST COMPLIMENTS

from



MEH Consultants (P) Ltd.

290, NK Singh Marg, New Baneswar P. O. Box 4036, Kathmandu, Nepal, T el: +977-1- 4477634, 4477349, Fax: +977-1- 4477358

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- Preparation of Management Contract for Private Sector Participation in Urban Water Supply and Sanitation in Kathmandu Valley, The World Bank funded

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❖ Energy and Power

- Rural Electrification in 13 districts of Nepal for Nepal Electricity Authority, ADB funded
- Rural Electrification and Distribution System Reinforcement in 2 districts for Nepal Electricity Authority
- Consumer Data Management in 3 towns for Nepal Electricity Authority

Contacts:

Narayan G Halwai

Managing Director

Shyam S Sharma
Director

डिष्ट्रिक्ट २ रेटरी आदर्श





रो. तुलसी प्र. न्यौपाने पूर्व अध्यक्ष

मैले रोटरी क्लबमा प्रवेश गरेको २३ वर्ष भएछ । पहिलो रोटरी क्लब १९३६ मा काठमाडौँमा खुल्या "रोटरी क्लब अफ काठमाडौँ" र १९५५ मा काठमाडौँ उपत्यका भित्र दोश्रो क्लब खुल्यो "रोटरी क्लब अफ पाटन" । मेरो २३ वर्षको रोटरी यात्रामा भएका छोटा अनुभव मा डिष्ट्रीक्ट ३२९० कलकत्तासँग समन्वय भएर नेपाली क्लबले काम गर्दा निकै अफ्ठेरा अनुभव भएका छन ।

लामो प्रयास पछि नेपालमै आफ्नो डिष्ट्रीक्ट बनेको छ नं. ३२९२ । डिष्ट्रीक्ट बनाएर मात्र त पुग्दैन । रोटरीका उच्च आदर्श र मान्यताको प्रशासन कसरी गर्ने, सामाजिक उत्थानका विविध क्षेत्रमा के कसरी जाने र रोटरीमा इमान्दारीता आवश्यक हुन्छ भन्ने बोध प्रत्येक सदस्यलाई कसरी गराउँने भन्ने कुरा महत्वपूर्ण हुन्छ । यो "फोर वे टेष्ट"को विषय हो ।

रोटरीमा विभिन्न पेशामा रहेका व्यक्तिहरुको भिन्ना भिन्ने "क्लासिफिकेशन" हुने हुँदा आफ्नो योग्यता र क्षमता अनुसार सामाजिक रुपान्तरणमा दिने विश्वास बनोस भन्ने रोटरीको मान्यता हो । व्यापार र उद्योगमा संलग्न सदस्यहरुको आर्थिक देनले नयाँ योजनामा योगदान हुन सक्छ । "सर्भिस एभोव सेल्फ" भन्ने वचन नबुभने ले त रोटरीलाई कमाई खाने भाँडो पनि बनाउन सक्ने हुँदा यस विषयमा डिष्ट्रीक्टले तालिम, सेमिनार र छलफल गराएर आदर्श काम गर्ने वातावरण तयार गर्न सक्नुपर्छ।

विश्वका विकसित राष्ट्रका रोटरी क्लवहरु र रोटरी इन्टरनेशलको आफ्नै फण्डवाट पिन रोटरी प्रोजेक्टहरु कार्यान्वयन गर्न सिकन्छ । कितपय अरु मुलुकका रोटरी क्लवहरु सँग सहकार्य गर्न सिकन्छ । विकसित मुलुकहरुको खास खास प्रोजेक्ट नभएको अवस्थामा "फण्ड रेज" गर्न चाहेर पिन गर्न नसकेको स्थिति हुन्छ ।

स्पष्टता, आदर्श, विश्वास र नैतिकतालाई रोटरीले लिएको हुँदा रोटरीयनहरुले रोटरीका पद लोलुपता, ग्रुपिजम्, भ्रष्टाचार हुनेबाट टाढा राख्ने संकत्प र तदनुरुप नीति निर्माण र कार्यान्वयन रोटरियन नेतृत्ववाट हुन सकेमा यसको महान उद्देश्य पूरा हुन सक्नेछ, नयाँ डिष्ट्रिक्टको। रोटरीमा राम्रो सेवा गरे वापत् सन्तोष मान्ने र खुशी व्यक्त गर्नाले निन्द्रा पनि राम्रो आउँछरे । यो कुरा असहायहरुलाई सेवा गरिनै प्राप्त हुन सक्दछ । सेवा नै यसको मूल मन्त्र हो ।

बेलायतका पूर्व प्रधान मन्त्री सर विन्सट्न चर्चिलले प्रमुख अतिथि भएर एउटा रोटरी कार्यक्रममा जाँदा भन्नु भयो रे रोटरियनहरु आदर्श र उच्च मानव हुन्- उहाँको भनाई थियो : -

Excellent works by good people are more vital and satisfying than good work by eminent people. To the community, such ordinary people are precious than people like me and I must recognize these extraordinary people."

उहाँको यो भनाईले रोटरीयनहरु माथि यति ठूलो विश्वास अभिव्यक्त भएको छ कि यो विश्वव्यापी मान्यता हो। एउटा उदाहरण पोलियो निर्मूल कार्यक्रममा रोटरीले खेलेको भूमिकालाई लिन सिकन्छ।

म जि. एस. आर (गभर्नस् स्पेसियल रेप्रेजेन्टेटिभ) भएर खोलेको " रोटरी क्लब अफ पाटन वेष्ट" का प्रथम प्रेसिडेन्ट डा. टिकामान वैध डिष्ट्रीक्ट ३२९२ खुलेपछिका प्रथम गभर्नर हुनु भएकोमा मलाई गौरव र खुशी अनुभव भएको छ। तसर्थ हाम्रो आफ्नै डिष्ट्रीक्ट भएको छ, यो समयलाई रोटरियनहरुले एउटा चुनौतिका रुपमा लिएर विश्वका रोटरियनहरुलाई चिकत पार्दे हाम्रा सामु रहेका सामाजिक विभेद, असक्षमता, र गरिवीलाई निर्देश गर्ने काम गर्ने वचनवद्धता लिने समय आएको छ। रोटरियनहरुलाई यो मार्गबाट अगाडी बढ्ने प्रेरणा अवश्य मिल्ने छ।

रोटरी इन्टरनेशनल सेवा, विश्व पिहचान, सद्भाव र शान्तिका लागि प्रतिवद्ध संस्था भएकोले हाम्रो नयाँ डिष्ट्रीक्टमा नयाँ सोचाई र आदर्श वोकेर सेवामा समर्पित हुने वातावरण रोटरियन लिडरहरुले निर्माण गर्न पर्ने हुन्छ ।



Special Projects on Physically Challenged

(Based on 3H Grant # 62861 application)



Rtn. Rabendra Raj Pandey
District Special Project Coordinator,
Physically Challenged

raditional belief in Nepal concerning people with disabilities is that they are cursed and not worthy of further education, training or support. In partnership with District 5030 (RC Bellevue, USA in particular), we plan to promote understanding about people with disabilities via a disability awareness campaign piloted in five districts of Nepal. The integrated, multi-media campaign will create awareness of their condition, potential, abilities and personal rights that will lead to opportunity, education and productive lives. A call center will be established providing the caller with information and referrals to other agencies that will give specific assistance. Matching Grant/Club-funded projects between RI districts 5030 and 3292 will leverage this campaign.

Salient Features:

Objective 1:

Increase awareness about people with disabilities and their capabilities via a media campaign

Specific Activities

- Develop the social marketing materials and implement the media campaign.
- Different materials will be developed for different markets depending on the literacy rate of the targeted area. Awareness campaign materials for areas with lower literacy will contain more drawings than words. Educational materials developed for school children will be age appropriate.
- Detailed information on the development of the marketing materials is available on the attached marketing campaign budget.

Measurements

Results of pre & post-campaign focus groups surveys (see attached survey) & attitudinal survey will provide details of effectiveness. Nepali District 3292 Rotaractors will administer the survey (see attached agreement letter from the Nepali Rotaract District representative).

Objective 2:

Disseminate information on Disabilities. Knowledge of disability, services available, education available and opportunities.

Specific Activities

- Rotarians and Rotarctors will set up meetings that gather employers, educators, political leaders and civic leaders to address issues pertaining to people with disabilities.
- Educational materials will be distributed to village health posts and schools by Rotarians and Rotarctors. Rotarctors will present street theater performances demonstrating the campaign message and distribute printed literature.
- Help coordinate the organizations already working to help people with disabilities to distribute awareness materials and inform them of our call-center referral service so they can be prepared for the inquiries from our clients with disabilities.
- Involve people with disabilities, Rotarians and Rotarctors on radio and television to do interviews and stories about the project and its goals.

Measurements

The amount of materials distributed. The effectiveness of the information distributed will also be measured by the post-campaign attitudinal survey.

Objective 3:

Provide a person with a disability or families with a person with a disability access to services, education and opportunities.

Specific Activities

Establish a 'call-center' contact phone number and publish/broadcast the number in all marketing materials. Set up a 'call-center' staffed by people with disabilities to field and refer calls

Special Projects on Physically Challenged



that come in as a result of the awareness campaign for a two-year period. Assemble a computer database of agencies that can be used to refer people to depending on their needs. Train callcenter workers in the areas of computer use and customer service.

Measurements

We will monitor the number of calls received and successfully referred over the life of the awareness campaign.

Objective 4:

Provide direct benefits to people with disabilities.

Specific Activities

Partner all 67 Rotary clubs and Rotaract Clubs in the new Nepali District 3292 with clubs in District 5030, District 5050 and other Rotary districts in the USA to work together on projects to provide help to people with disabilities in the Nepali Rotary community.

Measurements

The target is to match all Rotary & Rotaract Clubs in Nepal with partners in the USA. The measurement of success will be how many Nepali clubs participate and how many partners we can find in the USA.

Need and Justification

There is a lack of general awareness amongst family and community about children or persons with disability. The community collectively has neither understanding nor knowledge or awareness of where to access information about identifying a disability, its causes, treatment or any services that they can avail for rehabilitation or corrective medical services. They, therefore, are not aware of the capabilities of this population and discriminate against them. 68.2% of people with disabilities have no education as opposed to 43.9% of the general population. This nearly 25% discrepancy denotes the lack of value placed on educating people with disabilities.

Most heads of organizations that provide services to the disabled find their patients have not been diagnosed early enough to mitigate the long-term effects of a disability and as such, rehabilitation and training take longer or is sometimes unproductive especially in language communication for the deaf. Another example is when physical deformities could have been treated before bones become fused together. Even basic treatment of blind or deaf children is inhumane

due to the ignorance prevalent in most villages. The NGO's (Non-Governmental Organizations) and CBO's (Community-Based Organizations) in the community are focused on helping those that do approach them for help. Most often, the treatment is given to people who know someone working at the NGO since most information is transferred by word of mouth.

In the 'recommendation' section of UNICEF's comprehensive 2001 study of Disability, 'Awareness' is cited as a cornerstone issue that needs to be properly addressed on many levels in order for people with disability to achieve opportunities that they are due. Until some level of societal awareness of their value is achieved, there will be no substantive positive change in the lives of these worthy people.

It is common for parents of children in the village who are born deaf to have no concept of their disability. They know something is wrong, and they go to the temple and pray for it to get better. They have no idea that there is a school for the deaf that their children could go to because they don't understand the disability. If they do eventually figure out what is wrong with their child, it sometimes becomes too late to join the school, because the children lose their ability to properly learn sign language after a certain age.

The awareness-raising methodology being implemented by the existing NGOs is inadequate. There are several hospitals that do outreach camps to address medical issues but only those community members that are aware seek medical advice and that is not the general attitude of the community at large.

Who will benefit from this project?

The project will take place in both urban and rural areas (Please refer to attached demographic information for the seven target districts). In the urban areas where there is more access to education and information, we still find that 31% of head of households have no education versus 55% of head of households in rural areas have no education. It was identified that urban households with a person with disabilities had a higher rate of illiteracy, 60% of the head of households had no education compared to 32% of head of households in rural areas with a disabled person. Among the total population surveyed, 52.2% were literate. It is evident that there is an increase in literacy in the younger generations. There has been a gender disparity concerning the literacy status where only 37.7% of the females were literate while 66.7% of the males were literate.



Special Projects on Physically Challenged

Most of the occupations among the communities we will pilot the project center around agriculture at 60% while professional and skilled labor make up 20% of the work force. Unskilled labor and other petty business make up 16%. However, again it was noted in the study that households with a disabled person have lower rates of occupation in skilled and professional services than households without a person with disability.

The prevalence of disability among the youngest age group - 0-4 years of age is .9 % due to difficulty in detecting disability and early death of children with disabilities. The prevalence rate of people in the age group 20-59 is 2.17% as this is the most active age group and most prone to acquiring disability. The highest proportion of people with disabilities was in the prime working age group- 15-59, accounting for 64.3% of all people with disabilities. There is a higher prevalence of disability amongst men. The prevalence of disability is lower in the urban areas as opposed to the rural areas. While assessing distribution of people with disabilities in the three ecological belts, it was found that more lived in the Terai region (lowlands) - 35.6% than in the other belts.

Benefits from the Project

As the goals for this project involve making a tangible change over seven districts of Nepal, our main source of statistics and facts for the benefiting community is UNICEF's 2001 comprehensive study, "A Situation Analysis of Disability in Nepal". By their definition of disability and from the percentage of people with disabilities found in their sample of 75.994 Nepali households at 1.6%. There are also a number of pocket studies that have shown the incidence of disability to be between 3% - 5%. However, these numbers include varying types of impairments and also sampled the population over 70 years of age, which wasn't included as part of the UNICEF assessment. If we utilize the population total of approximately 4,423,000 people living in the seven districts in which we are piloting the awareness program and then multiply it by the 1.6% figure of disability from the UNICEF study, we come up with a total of 72,094 people with disability in our target areas. (Please see attached demographic information for the seven target districts). So, potentially 72,000 people will benefit from this program.

How many people will indirectly benefit from the project?

The families with disabled persons will benefit indirectly in the long term because if they act on the premise of the campaign and begin to realize that with education and support, their disabled family member may be self-sufficient in the future, or provide income to the household. In addition, the majority of people with disabilities within our piloted project area may benefit indirectly by the programs we are instituting.

Project Continuity and Evaluation

The basic premise of our program is for people with disabilities to be valued as members of their family, community and Nepali society. If our pilot program is successful and with outside funding to take the program nationwide, I think that the best measure of our results would be the number of children with disabilities being educated through their high school years and taking their SLC (School Leaving Certificate) Examination. From UNICEF's 2001 Situational Analysis of Disability in Nepal, we have a figure of 31.8% of disabled persons had acquired any form of education, including non-formal education. The goal would be to increase this literacy rate by 100% over the 10-year period.

Rotary Identity

Rotary emblem on all marketing materials for the awareness campaign will be displayed. Newspaper ads, radio announcements, pamphlets, television, billboards and more (see marketing budget). As this is a marketing awareness campaign, there will be no shortage of Rotary publicity for this project throughout the piloted districts via the awareness materials.

The Trustees of The Rotary Foundation have approved the 3H Grant application # 62861 in April 2008. Rotarians and Rotaractors of RI District 3292 and 5030 are looking forward to working together on this 'dream' project and bring about a definite change in the lives of the 'differently able' community of Nepal. There could not have been a better time to launch this project than to coincide with the launch of Nepal's own RI District 3292 on July 1, 2008.



Prajapati Education Endowment Fund

A Noble and Notable Project of RC Patan



PP Rtn. N.G. Halwai

It is a well established fact that a nation's development is directly related to its rate of literacy. In Nepal's case, the status of literacy coverage and enrollment as of FY 2006/07 (National Planning Commission, 2007) is as follows:

Literacy	Coverage	
6+ Years	63%	
15+ years	52%	
Enrollment	% Total	% Girls
Primary school	87.4	48
Lower secondary	71.5	46.6
Secondary	56.7	46.6
Higher Secondary	23	
Higher Education	6	

The chart would indicate that at the secondary level, school enrollment drops to 56.7% from 87.4% at the primary level. Maybe as in many other under-developed countries, in Nepal also sharp dropout in higher classes belongs to children mainly from economically deprived families because parents are unable to afford the cost of education. Also, grown-up children are required to lend a hand in their household chores and are compelled to leave school.

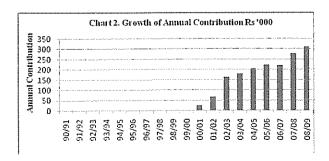
In an attempt to address this issue, Rotary Club of Patan (RCP) had established Prajapati Education Endowment Fund (PEEF) and launched an education program in 1991 to support the children from economically deprived families, who would have otherwise dropped out of the school, to continue their schooling. RCP implemented the support program in governmental schools where four students are selected each year in Class 6 for support which will be continued till they complete Class 10. This support would continue unless they leave the school or failed for 2 consecutive years. The program has supported Chart 1. Growth of Trust Fund

17.11st Fund In Rs. 1000 90/91 - 00000 0000 91/92 - 00000 0000 95/96 - 000000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 000000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 000000 95/96 - 000000 95/96 - 000000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 00000 95/96 - 000000 95/96 - 0000 95/96 - 0000 95/96 - 0000 95/96 - 0000 95/96 - 1,157 students during 1991/92 to 2007/08, of which 57% are girls. It supported 504 students in 2007-2008, of which 64% are girls. It plans to support 568 students in 27 schools in year 2008-2009 of which about 60% will be girls. Till date RCP has mobilized Rs 4.13 million as a trust fund and Rs 225,000 as an annual contribution.

Most of the Rotary programs are based on onetime contribution/expenditure. However, supporting such large number of children for several years and subsequent extensions require large efforts in mobilizing sustainable resources and in managing them. This is possible only by establishing credibility in managing the program in a transparent manner – selection of needy students, account keeping and recording which are regularly provided to the donors. An RCP endeavor in establishing credibility is briefly described below.

Criteria and procedure for selection of students in Class 6 are well established. The criteria are:

- Student's need and not merit or class-room performance; only government schools included;
- Children from economically deprived families, without father / or mother or both, not staying at parental house;
- One or two earning members but a large family to support, father/mother on lowly paid jobs as labour, etc.
- Not provided to children working as a domestic helper as it is the responsibility of house owner to educate the helper;
- Students selected in Class 6; school recommends 8 needy students, out of which 4 are selected after interview;
- Support ranging from Rs 1000 to Rs 1500 per

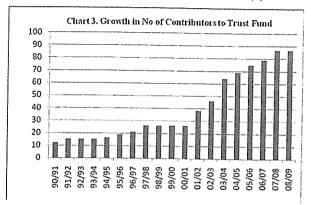


Prajapati Education Endowment Fund



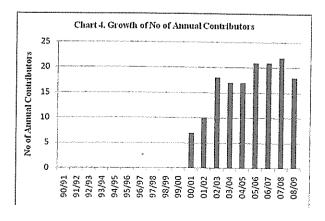
annum depending on their academic performance, is provided. The amount is meant to supplement the families' expenses to educate their child.

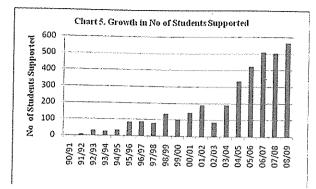
RCP has developed a form to be filled up by the school for each deserving student indicating his/her social and economic status. The school normally recommends twice the number of students to be supported. The Rotarians visit the school and based on review of the form and interview, select the students to be supported.



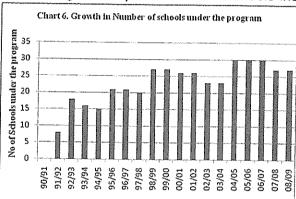
Noteworthy experience during selection was -a student who had been selected reported that her friend who was not selected needed the support more than herself and requested whether support provided to her could be transferred to her friend.

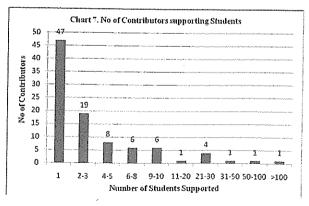
The management of maintaining records of the students receiving support; account keeping of amount received from contributors; informing the contributors about the students he/she is supporting; logistics of sending forms to 27 schools, fixing appointment with the school for visit and informing the Rotarians in the team and visiting them for interview; and maintaining transparency in all these activities takes considerable efforts. These are reflected in establishing credibility among the contributors and their increasing support. The growth of the program and its current status are presented in Chart 1 to Chart 7, which are self explanatory.





RCP's goal is to provide support to 1000 students. Currently we have achieved only 56% of our target and will have to get 44% additional resources to reach the goal. One-time contribution of Rs. 15,000(\$250) will support a student during the entire program period whereas an annual contribution of Rs.1200 (\$20) is required for supporting one student for a year. I humbly request all Rotarians and non-Rotarians to contribute generously to the Fund to enable the





Club to achieve its noble goal of reaching 1000 students.

Besides support to students, other school programs include providing matching funds (\$3000) for construction of 27 unit of 10-15 users toilets in 17 schools, \$1000 for establishing library facilities in 20 schools in association with *Room To Read*, providing computer facilities in schools (174 computers have already been provided and 2 projects to provide about 150 computers are in the pipeline) and furniture to 5 schools.



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कुकुर किन पाल्ने ?





रो. डा. मुक्ति नारायण श्रेष्ठ

कुकुरमा त्यस्ता के विशेषताहरु छन् जसबाट मानिसहरु कुकुर पाल्न लालायित हुन्छन् ? मानिसको सबै भन्दा असल साथी र सहयोगीको संज्ञा दिइन्छ किन ? मानिस बस्ने घर, टोल, छिमेक जताततै ठाउँ मात्र नओगटी यो पाल्तुले मानिसको मनमस्तिस्कमा समेत यस्तो विधी किन ओगटेको ? मानिस विवेकिशल र चेतनशील प्राणी भएकोले पक्कै पनि कुकुरका सकारात्मक पक्षहरु प्रति सजगं भएर नै यो जन्तुलाई असल साथीको रुपमा आत्मासात गरेको हो कि ? काखमा लुटपुटिने, माया दिने, माया लिने, र घर परिवारकै घनिष्ट र औधी प्रिय सदस्य कसरी हुन पुग्छ ?

यसका कारणहरु हुन्, मानिसमा भन्दा ४५ गुना तिव्र सुँघ्ने शक्ति (मानिसमा नाक भित्रको भिल्लीमा ५० लाख Receptor cells हुन्छ भने कुकुरमा २२ करोड ५० लाख), देख्न र सुन्न सक्ने अत्याधिक शक्ति, मानिस भन्दा छिटो चारखुट्टाले वेतोडले दगुनें शक्ति, आफ्नो आकार भन्दा वढी ठुलो आवाजले भुकेर थर्काउन सक्ने सामर्थ्यता, आफ्नो मालिक र घर परिवार प्रति भक्ती, वफादारी, इमान्दारी र आज्ञाकारिता र विभिन्न प्रकारका खास जाती विशेषता, भिन्न नाप, आकार, रंग र शारिरिक वनौट, गठन, संधै स्फुर्त, निष्कपट, आत्मिय समर्पण स्वभाव, मिलनसार

र आफ्नो मालिकलाई सजिलै खुशी पार्न सक्ने, मायालु, विश्वासिलो, इसारा र कुरा वुभ्ने (हाम्रा भाषा वाल्ने मात्र नसक्ने), मित्र वा शत्रु छुट्टाउन सक्ने, रक्षक, खुसी र दुखीको भावना पोख्ने, छैठौ इन्द्रिय (sixth sense) भएको, अध्यार ोमा पिन देख्न सक्ने, हाम्रो संगसंगत मन पराउने, तालिम सिक्ने, मनोरञ्जन रमाइलो गराउने आदि गुणहरुले कुकुर हाम्रो विशेष प्यारो हुन्छ । हामी जे जस्तो प्रकृतिको भए पिन उनीहरु हामीलाई मन पराउन छोड्दैन । हामीबाट उनीहरुले ठुलो आशा आकांक्षाहरु राखेको हुदैनन् । यसरी उनीहरु विना शर्त र स्वार्थ निश्चल भावले हामीहरुलाई संधै सेवा गरिराखेका हुन्छन् । कुकुर पालक चाहे धनी होस्

वा भुत्रे गरिब, सुन्दर होस् वा कुरुप, शक्तिशाली वा कमजोर, प्रख्यात होस् वा कुख्यात, राजा होस् वा रंक, सानो होस् वा ठूलो, वालक वा वृद्ध सवैलाई एकनाशले संधै माया गर्छ । तिनीहरुलाई पिटे पिन पुच्छर लुकाएर फेरी संगै वस्न र मुख चाट्न छोड्दैनन् । कहिल्यै पिन मानिस भें मुखमुखै नलाग्ने, ओठे जवाफ निदने, नत हामीलाई ठग्ने, मुर्ख बनाउने र धोका दिने नै गर्छन् । यसता साथीको संगतवाट यो भन्दा बड़ी के नै चाहान्छौ र ? यी मित्रहरुले हाम्रो जीवनमा आयुका वर्षहरु थपी हामीलाई दीर्घजीवि वनाउने र उनीहरुको संगतले स्तरीय जीवन विताउन सहयोग गर्छन् । यसैले यिनीहरु

हाम्रो जीवनमा ठूलो हिस्सा हुन्, संगी र सहकर्मी प्रिय साथी हुन् । हाम्रो मानसिक स्वास्थ्यमा उनीहरुले सकारात्मक प्रभावहरु पार्छन र शारिरिक, भावनात्मक, समाजिक क्षेत्रमा पनि

धेरै भुमिका खेल्छन् । मानसिक स्वास्थ्यमा दिनहुँको तनाव, चिन्ता र डर आदि हामीले वेहोरीरहेकालाई पाल्तुले शान्त पार्ने, चिन्ता घटाउने, तनाव हटाउने सहयोग गर्ने र साथै सुरक्षाका भावनालाई अभिवृद्धि गर्छ । मानिसको तनाव घटाउने यसता पाल्तु सवैभन्दा असल साधन हुन, यहाँ सम्म कि अति सम्वेदनशील तथा आकामक व्यक्तिहरु पनि आफ्नो कुकुरका

संगतमा शान्त र आनन्दित हुन्छन्। एक्लो मानिसकोलागी उनीहरुको संगतले हाम्रो जीवन अर्थपूर्ण र स्तरीय वनाउँछ। तालिमी कुकुरहरु त उत्कृष्ट रक्षक पनि हुन्छन्।

आफ्नो पाल्तुलाई थपथपाउंदा हाम्रो मुटु र स्वासप्रश्वासको गितलाई कम गर्ने, हाम्रो रगतको कोलेस्ट्रोल घटाउने, र क्त चाप घटाउने, मुडमा सुधार ल्याउने, रमाइलो आनन्द अनुभृति दिने, हृदयपक्षघातमा सुधार ल्याउने, क्यान्सर रोगीहरुमा रोगसंग लड्न सक्ने क्षमता वृद्धि गराउने हालको अध्ययनले प्रमाणित गरेको छ ।

कुकुर किन पालने ?

पाल्तुले हामीमा धेरै सकारात्मक गुणहरु बढाउने, बढी आत्मविश्वास जगाउने, माया प्रेम बढाउने, स्वयममा पूर्णताको अनुभृति गराउने, स्वावलम्वी र मेहनती बनाउने र कुकुरको स्याहार गर्दा आत्मसम्मान बढाउने गर्दछ । बच्चाहरुको निम्ति त पाल्तुले उनीहरुको हृदयमा विशेष स्थान राख्छ, एक विश्वासयोग्य दुख भुलाउने सहचर । उनीहरु संग खेल्दा खुसी हुने, कुरा गरिहरदा आफ्नो समस्या बताउने गर्छन । बच्चाहरु पढाईमा राम्रो हुने, दयालु, मायालु हुने सकारात्मक असर पारिरहेको हुन्छ । एक्लो उदास र निराश मानसिक रोगीहरुलाई सकारात्मक भावना जागृत गराई आत्महत्याबाट बचाउने र सकृय जीवन विताउन सहयोग गर्छन् ।

हजारौ वर्ष परापुर्वकाल देखि कुकुर र मानिसको घनिष्ट सम्बन्ध हुँदै आएको छ । आफ्नो मालिकसंग शिकारमा जाने, आहार उपलब्ध गर्न सहयोग गर्ने देखि लिएर, सुरक्षा पनि दिंदै आएका हालमा पनि हाम्रो धर्म र संस्कृतिमा समेत सहत्वपूर्ण भुमीका खेल्दै आएका छन् । द्वापरयुगमा जिउदै स्वर्ग गएको शास्त्रमा उल्लेख भएको देखि लिएर हाल भूमण्डल देखि अन्तरीक्ष सम्म पुगेर अन्तरीक्ष विज्ञानलाई समेत सहायता पुऱ्याउँदै आएको कैयौ गुणहरुको कारण मानिस कुकुरको सहयोगमा निर्भर हुनु परेको छ । नेपालीहरुको भातृत्व र सदभावको प्रतिक चाड, तिहारमा क्क्रको पुजा गरिनुमा मानवजातीको कल्याणमा उनीहरुले खेल्दै आएको भुमिकाको कदर गदै स्नेह, सदभाव र कृतज्ञता गरिनुमा हाम्रो संस्कार भित्र मानवता समेटिएको छ, मानवीय मूल्यतामा आधारीत हाम्रो परम्परालाई जीवन्त राखेको छ । कुकुरको तिक्ष्ण सुध्ने शक्तिलाई अपराधीको सुराक लगाउन, विमानस्थल लगायतका स्थानहरुमा लाग् औषधी र वारुदी सुरुङ्गमा विस्फोटक पदार्थ पत्ता लगाउन, हिउँमा गाडा तान्ने देखि लिएर हिउँमा पुरिएकाहरुको र भुकम्प विनाशबाट भत्केका भवन मुनि पुरिएकाहरुको उद्वार कार्यमा लगाइएका छन् । अत्याधिक शुँध्ने शक्ति भएको कारण हाल छाला र पिसावको गन्ध सुँधेर क्यान्सर रोग भए नभएको पत्ता लगाउने काममा समेत कुकुरलाई प्रयोग गर्न थालिएको छ । क्यान्सर ग्रस्त व्यक्तिको पिसावमा वेग्लै असामान्य प्रोटिन पाइन्छ । कुकुरले त्यसलाई सुँधेर सजिलै थाहा पाउन सक्छ । यो पत्ता लगाऊन कुकुर अत्याधूनिक मेशिन भन्दा अगाडी छ । शिकारमा सुँध्न, सुन्न र तेज दौडने शक्तिका उपयोग, भेडाच्यांग्रा वस्तुभाउको रेखदेख, सुरक्षा र herding देखि लिएर अन्धो मानिसको "आँखा" पथ प्रदर्शक हुने गरेको सर्व विदित्तै छ । रोमनकाल देखि कुकुरहरु लडाईमा अत्याधिक प्रयोग गरिए जस्तै हाल पिन महत्वपूर्ण सुरक्षा संस्थाहरुमा रेखदेख, अनाधिकृत घुसपैठ रोक्न तालिमी कुकुरहरु शत्रुघात पिहल्याउन सुरक्षा सेना, प्रहरीमा अहिले पिन प्रहरी र सेनाको भुमिकामा निरन्तरता पाएको छ । चिट्ठी ओसार पसार गर्ने हुलाकीको काम, घर कामकाजमा ढोका खोल्ने, पानी ल्याउने, टेलिफोन उठाउने, पानीमा डुब्नबाट बचाउने, घरको पहरेदार, बच्चाहरुसंग खेल्ने मनोरञ्जक संङ्गि, एक्लो वृद्धवृद्धा तथा रोगी, अपाङ्ग, असहायको सहारा, दक्षिणपूवी एशियालीका केही देशहरुमा कुकुरको मासु खाने गरेका, प्रोटिन आहारमा यसको उपयोग र भूकम्पको सबैभन्दा छिटो अग्रिम जानकारी दिने सुचक हुने गरेका छन्।

सर्कसमा चटिक र फिल्म टेलिभिजनमा नायक नायिकको भूमिकामा सर्व साधारणलाई मनोरञ्जन प्रदान गर्ने, शिशु विहिन दम्पतिहरुलाई भावनात्मक आवश्यकता परिपूर्ति गर्ने गर्दछ । कुकुरहरुको प्राकृतिक गुणहरु मध्य मानिस प्रतिको भक्ति, समर्पण र आज्ञाकारिता नै मुख्य हुन् । अंग्रेजीमा DOG (क्कुर) लाई अर्थ्याउंदा, D को Devotion (समर्पण) O को Obedience (आज्ञाकारिता) र G को Generosity (उदारता) । कुकुर वास्तवमा समर्पण, आज्ञाकारिता र उदारताको प्रतिक हो । त्यसैले मानिस परिवारमा कुकुरको विशेष स्थान छ । उनीहरुले मानिसको सामाजिक शक्ति धेरै गुणा बढाएको छ । त्यसैले संवेदनशील कुकुर मालिकहरु आफुलाई "मालिक" भनाउन रुचाउँदैन, आफ्नो कुकुरलाई "कुकुर" भनेकोमा आपत्ति गर्छन र यस्तो नाता जोड्ने गर्छन् : "यो त मेरो प्यारो छोरी (पोथीलाई) sweetie हो, कुकुर नभन्नुस्" आदि आदि।

कुकुरको आफ्नो मालिक प्रतिको निष्ठा र वफादारीका अनिगन्ती उदाहरणहरु छन्। जसका कारण केहि व्यक्तिहरुले आफ्नो सम्पूर्ण जायजेथासम्पत्ति सन्तानलाई निर्द्ध आफ्नो पाल्तुको नाममा छोडेका छन, कितले आफ्नो कुकुरको प्रतिमा बनाएका छन् भने कितले कुकुरको नाममा ट्रष्ट खोलेका छन । थाइलैण्डमा हालै इन्टरनेट कुकुर रेडियो स्टेशन खोलेर उनीहरुलाई संगीत सुनाएर उदासी हटाउन मनोरञ्जन दिने गरिएको, विदेशका शहरहरुमा कुकुरलाई स्वस्थ र सुन्दर पार्न व्यूटिपार्लर र उनीहरुलाई नृहाउने, स्याम्पु गरिने, मसाज तथा अरोमाथेरापी दिन मसाज सेन्टर खोलिएका छन् । दक्षिण कोरीयामा एक बौद्ध मन्दिरमा वौद्ध भिक्षुहरुले भन्नै एउटा कुकुरले पनि भिक्षुहरुको

कुक्र किन पाल्ने ?



अनुशरण गर्दे शीर भुकाएर प्रार्थनामा संलग्न हुँदै आएवाट मानिसलाई धार्मिक प्रेरणा दिंदै आएको छ । यसको विपरित कतिपय हाम्रा "असल साथीहरु" हाम्रा दुर्व्यवहार का सिकार भइरहेका छन्, मानविय व्यवहारको अभावले अत्याचारबाट पिडित पनि छन्।

अति अविकसित मुलुक नेपालमा मानिसलाई दुई हात मुख जोड्न धौधौ परेको वेला जताततै फोहोर गर्ने कुकुर पाल्न कित्तको युक्ति संगत छ ? प्रश्न उठाउने गरेका छन्। "कुकुर त हाम्रो परोपजिवी हुन्, हाम्रो दाना आहारमा वाच्ने भतुवा र अनावश्यक आर्थिक भार हो" भन्ने एक धिरको सोचाई नभएको होइन। यसलाई आंशिक सत्य मान्ने हो भने पिन यसलाई प्रजातान्त्रिक सोचाई भन्न मिल्छ र? राज्यले कुकुर पाल्न बन्देज लगाउन सम्भव छ र? कुकुर पाल्ने नपाल्ने व्यक्तिको स्वतन्त्रतामा छोडन् बेस

होलाकी ? जथाभावी पाल्ने, सरुवा रोग विरुद्ध खोप नलगाउने, जुगाको औषधी नखुवाउने, रछयानको जुठो भात वा गल्लीको फोहोर खान दिएर भैरवदेवको वहानलाई पाल्नु त अभिशाप हो । यी रोगका "घर" भएर आफू र आफ्नो समुदायलाई रोग निम्त्याउने र आयु छोट्याउने साधन नवनोस् । यसमा राज्यले नियमको पालना गराउनु पर्ने हुन्छ र पालक पनि सचेत हुन अति आवश्यक छ ।

यदि राम्रो व्यवस्थित किसिमले आफ्नो पाल्तुलाई खोप, औषधी, आफ्नो समय, जात अनुसार ठाउँ र रेखदेख स्याहार पुऱ्याउन सिकदैन भने पाल्तु नपाल्नु नै बेस हुन्छ, सबैको भलाईको लागि । तर ध्यान रहोस स्वास्थ्य पाल्तुको हेलमेलबाट पाइने भावनात्मक खुसी र सहयोगको कुनै विकल्प छैन ।

हामो चाहना तपाईको सुस्वास्थ

कथं कदाचित् नयाँ वा पुरानो (क्रनिक) रोग लागेमा

सम्भानुहोस्

पीयूषवर्षी औषधालय, हःखा, ललितपुर

सम्पर्कः

७:०० - ८:३० बिहान आईतबार देखि शुक्रबारसम्म विशेष राय सल्लाहः

४:00 - ५:३० बेलुकी

आइतबार र बिहिबार

हाम्रो विशेषता वाथ, मधुमेह, अल्सर, लिभरको रोग आदिका आयुवेर्दिक उपचार



Inner Wheel Club of RC Patan

Annual Report 2007 - 2008



Anne Chandralekha Kayastha President 2007 - 2008

It gives me immense pleasure to see that the Club we started 14 years back has come this far. The club was chartered on June 4, 1994 with 19 members and the club no. being 4363. I was fortunate to be charter President. We have had various active presidents and members who carried out various projects successfully. All along, our club has been active in social welfare activities undertaking various projects in the field of improving health and education of the needy people particularly women and children.

The club has been providing scholarship to students of various schools in Lalitpur together with Rotary Club of Patan by supporting the Rotary Prajapati Education Endowment Fund. The



Selection of deserving students for Scholarship at Pragati Sikshya Sadan Madhyamik Vidhyalaya at Kopundole, Lalitpur.

members actively participate in selecting needy children from economically deprived families to help them continue their education and also distribute the scholarship personally at schools.

The club has been supporting Hakha Mahila Samiti to conduct 1 – month basic tailoring training to poor girl students for the last 3 years. The girls are selected from class 7 and 8 from various schools to conduct the program during winter vacation.

The club has organizes various talk programs by various distinguished guest Speakers. All the members have felt the importance of listening to

guest speakers as the topics of talk program have been regarding health, education and beauty. This



Certificates Distribution after completion of Tailoring Program at Hakha Mahila Samiti at Hakha, Lalitpur.

year also we had a talk program by beautician Ms. Sunita Sabarwal on how to take care of skin, hair and health.

The club also participated in various Health Camps organized by Rotary Club of Patan.

The Club also has been receiving support from other International Inner Wheel Clubs from UK, USA and Japan. Such funds have been utilized in construction of School Buildings, toilets for girls and essentials furnitures in school. Last year also



2 classes being run in one Hall at Shree Sramic Primary School at Subahal, Lalitpur.

Inner Wheel Club of RC Patan



we had received some fund from Inner Wheel Club of Strasbourg Tivoli, France during the visit of President Anne Daniel Magoni and Secretary Anne Marie – Madeleine Linck and were utilized in making very essential partition wall at Shree Sramic Primary School at Subahal, Lalitour.

Before concluding my report, I would like to extend my best wishes to the new Executive Board for 2008 - 2009, as follows:

President **IPP**

Vice President Secretary Joint Secretary Treasures

Anne Brinda Rana

Anne Chandralekha Kayastha

Anne Kamala Maharjan Anne Shanti Mathema Anne Nirmala Shrestha

Anne Mithila Raibhandari Intl. Club Service Anne Sulochana Pradhan



PP Mithila Rajbhandary reciving Certificate of Appreciation from DGE Dr. Tika Man Vaidya on the occasion of Innerwheel Club of New Road City Charter Presentation Day.

I would also like to extend my sincere thanks to all the office bearers and members of our Inner Wheel Club for their participation in meetings and activities of the Club.

Lastly, on behalf of the Inner Wheel Club members, I would like to thank Rotary Club of Patan for inviting us to join them in their activities and providing space in this Souvenir issue.



Getting ready for the Peace Walk on July 1st, 2008

Inner Wheel Club of Patan



EXECUTIVE MEMBERS 2008-2009



Chandralekha Kayastha Res: Kopundole, Lalitpur. Ph: 5524626 Born: 4 May Wed: 7 July Rin: MATSENDRA



Res: Kopundole, Lalitaur-3. Ph: 5521667 Born: 4 Oct Wed: 18 June Spouse: SAGAR

Brinda Rana



Kamala Maharjan Res: Thapathali, Kathmandu Ph: 4331236 Born: W Rin. PADAM Wed:



Past President Sulochana Pradhan Res: Chhauni Ph; 4270260 Born: 7 July Wed: 7 May Rtn: KRISHNA



Past President Shanti Mathema Res: 2/128 Dhokadol, Sanepa, Lalitpur. Ph: 5529385 Rtn: KESHAV



Post President Nirmala Shrestha Res: Dhobighat, Jawalakhel, Lalitpur. Ph: 5521745, 5522757 Born: 25 Apr Wed: 3 May Rtn: SANTA



Director



Treasurer

Mithila Rajbhandari Res: Pulchowk, Lalitpur. Ph: 5526856 Fax: 5526856



Joint Secretary

Members



Past President Bijaya Laxmi Shrestha Res: Sinchahity, Lagankhel, Lalitpur. G.P.O.Box: 1970 Ph: 5524780 Born: 12 Apr Wed: 7 Jan Rtn: GANESH



Past President Chandralekha Pandey Res: Sanepa, Lalitpur. Ph: 5521652 Born: 17 Sep Wed: 18 Feb Rin: RABENDRA



Gunu Shrestha Res: Chakupat, Lalitpur Ph: 5549059, Mob 9841401076 Born: Bhadra 4 Wed: Asad 9 Rtn. JEEVAN



Past President Mary Shrestha Res: Chakupat, Lalitpur. Ph: 5523753 Fax: 5535826 Born: 22 Chaitra Wed: 19 Feb Rtn: YAGYA



Meera Tamrakar Res: Man Bhawan, Lalitpur. Ph: 5526944 Born: 15 Dec Wed: 21 April Spouse: JAMUNA



Past President Munu Rajkarnikar Res: Thasikhel, Lalitpur. Ph: 5521364 Born: 5 Aug Wed: 10 June Rin: NARAYAN



Nani Shova Shakya Res: 17-Hakha Tole, Lalitpur-12. Ph: 5522467 Born: 21 Oct Wed: 14 Feb Rtn: TIRTHA



Rajani Bajracharya Res: Pulchowk, Lalitpur. Ph: 5524586 Born: 20 Feb Wed: 2 Mor Rtn: BIJAYA



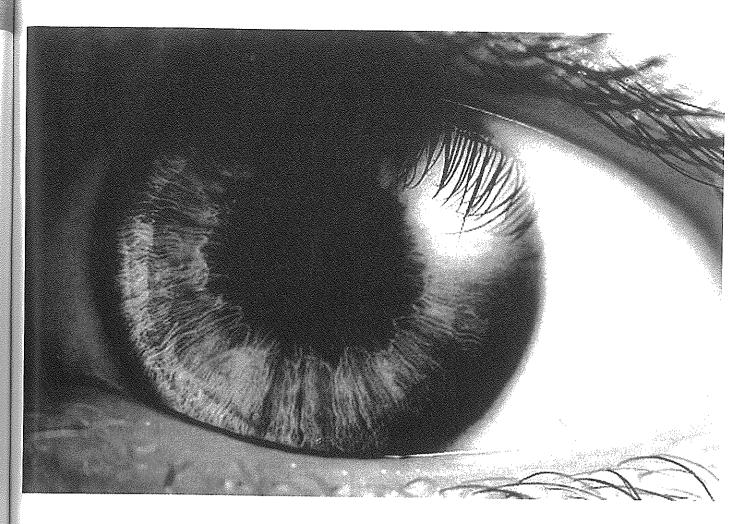
Sabitri Rai Res: Ekanta Kuna, Lalitpur-13 Ph: 5530559 Born: 21 Aug Wed: 26 Feb Rtn: BISWO NATH



Shanta Shrestha Res: Kupondole Heights, Lalitpur Ph: 5522207 Born: Wed: 15 Feb. Rtn: KEDAR

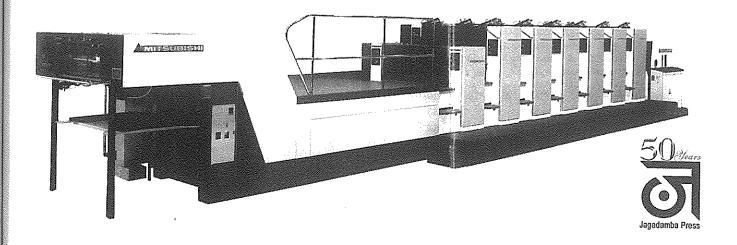


Sulochana Nyachhyon Res: 5/48, Lagankhel, Ph: 5521167, 5526070 Born: 18 Aug Wed: 15 Feb Rtn: KAMAL



An eye for detail

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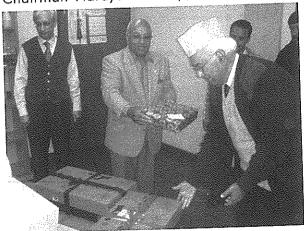


RCP Digital Divide Project 4

By PP Narayan G. Halwai PP Siba B. Rajbhandary

The world today is divided between the 'haves' and 'have nots' not only by wealth but by a growing number of separations, including the access to knowledge and information which is provided through information technology –known as the digital divide. The governmental schools are unable to provide computer facilities at their schools, as such the gap between students studying in private schools and governmental schools are also widening. The condition is more acute in villages, where private computer training facilities are also not available. Rotary Club of Patan (RCP) has good networking with 27 schools where it distributes scholarships and visits the schools twice in a year; hence,RCP has a good knowledge of where the computers, if provided, could be more effective.

RCP had distributed 176 computers in 2003-2004, of which 43 computers were newly procured in Nepal, through Matching Grant No. 22588 with Rotary Club of Branchburg, USA and the other were used computers from UK and USA. These were provided to 22 schools; 4 schools received 16 computers and more each, whereas other schools received 2 to 8 computers each. Again, on 31 December 2007, Rtn. CS Gyawali, Chairman Narayani Group, handed over 2



Rtn. CS Gyawali, Chairman Narayani Group, handed over 2 computers through Rtn. Keshab B Mathema to Shree Ganesh Secondary School, Dukuchhap on 31 December 2007

computers through Rtn. Keshab B Mathema to Shree Ganesh Secondary School, Dukuchhap. This adds up to a total of 178 computers handed over to public schools. It is pleasing to note that some of the recepient schools have succeeded in adding a few more computers, to the fleet we supplied, from other sources, to run effective computer class rooms.

With the support of Rotaract Club of Patan, RCP conducted an evaluation study on the use of the computers we provided. The study concluded that

a school requires 15-20 computers for effective computer education. With the lower number of computers, these are used mainly for school management. The study also found that unavailability of trained teachers in schools, frequent breakdown of used computers and lack of resources to maintain them are constraints.

Based on above experience, RCP, in partnership with RC Grapevine, USA applied for a Matching Grant for supply of 60 computers to 3 schools, and was approved (MG No 65650). Schools in rural areas were selected which have committed firmly to provide one classroom with adequate furniture, 2 trained teachers, and maintain the equipment. The schools are advised to generate income by levying a nominal fee from students and participants from community attending computer classes, which could be used to facilitate the teacher and maintain and upgrade the system as required. The three selected schools are - Saraswati Higher Secondary School, Lele; Harisiddhi Higher Secondary School, Harisidhhi and Chhampi Secondary School, Chhampi.

RCP is processing to apply for another Matching Grant in partnership with RC Branchburg, USA through Rtn. Dr. Tulsi Maharjan in USA to provide minimum of 15 computers each, in 3 schools. The main criteria for schools selection will be the level of firm commitment for sustainability of the computer use.

Rotary Club of Patan is pleased that the club, on its own, will succeed in more than meeting the target set by our District Governor' to supply 100 computers to public schools this year.

With 16 computers from RCP, Patan Higher Secondary School established Computer Laboratory with its own resources, full time computer teacher is recruited, a fee of Rs 25 per student is collected. Computer classes are compulsory from Class IV to VIII, optional in Classes IX and X and 10+2 classes. Government Curriculum is followed.





We extend

our Best Wishes

for the

grand success

of

Rotary Club of Patan

on its 23rd

Installation Ceremony

Our service!

Your Trust!

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Rota Year 2007 - 2008

Avenue: Professional Development

 Workshop on "Goal Setting for Leadership Development" with 14 participants on 18th August 2007 at Patan High School, Patan Dhoka.



- Classification Talk program on "Tour Guide" on 3rd November 2007 at Patan High School, Patan Dhoka by Rtr. Rajiv Shakya.
- Talk program on "Scope of Handicraft for Youth" on 24th November 2007 at St. Xavier's School, Jawalakhel by Mr. Pushkar Man Shakya, President of Federation of Handicraft Association of Nepal (FHAN) with an objective to motivate youths to make a career in handicraft business.
- Organized 3 months Guitar Training Class from 24th September 2007 at Rtr. Sachindra's Residence to enhance guitar skills of the members by Trainer Rtr. Sachindra Shakya.
- Talk Program on "Management & Benefits of Cooperative" on 8th December 2007 by Mr. Indramune Shakya from Padmawoti Co-operative at Patan High School, Patan Dhoka.
- Talk program on "Tax and VAT System in Nepal" by Mr. Surendra Keshav Amatya, Associate Professor, TU on 22nd December 2007 at Patan High School, Patan Dhoka
- Sign Language Training classes for 4 Months from 22nd December 2007 for the club members at Shree Minnath Adarsha School, Tangal, Patan with financial support from The Rose International Fund For Children, USA.
- Documentary Show "Freedom is not Free" on 12th April 2008 during 296th general meeting of the club at Dhokaima Café, Patan Dhoka by by world renowned motivational speaker and management consultant, Mr. Shiva Khera.
- Classification talk program on "Sharing my professional career" by club members on different professional careers on 19th April 2008 at Patan High School, Patan Dhoka.
- Talk program on "Event Management" by Mr. Trilokeshwor Malla, Managing Director of DECC on 10th May 2008 at Patan High School, Patan Dhoka.
- 4th Rotaract Leadership Development Training on 3rd

- & 17th May 2008 with 23 participants at Patan High School, Patan Dhoka
- Talk program on "Active Listening" by Rtr. Raju Khadgi on 31st May 2008 at Dhokaima Cafe, Patan Dhoka during 298th general meeting of the club.
- Avenue: International Service & Multi District Actitivies
- Joint Tree Plantation Program with RC Buddhanilkantha and RC Kathmandu Metro 10th August 2007 at Baniyatar VDC, Gongabu, Kathmandu in support of UNEP's Billion Tree Campaign.
- Hosting of 12 members Rotaract Club of Victoria, Hong Kong Team from 17th July – 23rd July 2007.
- Joint meeting with RC New Road City, Jawalakhel & RC Victoria (Hong Kong) on 21st July 2007 Singha Art Gallery, Patan Industrial Estate, Lagankhel.
- Club Flag, Bulletin & Souvenir exchange with RC Victoria, RI District 3450, Hong Kong on 23rd July 2007 at Singha Art Gallery, Patan Industrial Estate, Lagankhel.
- Formation of Inter District Twin Club with RC South Brisbane, District 9630, Australia on 25th August 2007 during 278th General Meeting of RC Patan at Patan High School, Patan Dhoka.
- Celebration of World Literacy Day on 8th September 2007 at Shri Mahendragram Madhyamik Bidhyalaya, Tikathali VDC (SAP Area) by organizing a book donation program to the library of the school.
- Celebration of World Tourism Day on 27th September 2007 at Mangalbazar with a "Heritage Tour of Patan" for the Rotaractors with the help of Rtn. Dilendra Raj Shrestha as resource person and distribution of postcards of historic places to 100 tourists.
- Celebration of World Natural Disaster Reduction day on 13th October 2007 at Dhokaima Café, Patan Dhoka in association with Disaster Recovry Team of Nepal Bayern Electric P. Ltd.
- Participation in SAARC Multi Country RYLA 07 from 14th – 16th September 2007 at Prakash Bhawan, Salt Lake City, Kolkata, India by Rtr Prama Shrestha and Rtr. Rukamanee Maharjan and Bulletin, Souvenir & Club Flag exchange program with International Clubs
- E Bulletin Exchange with RC Bombay North Island on 25th September 2007.
- International Pen Pal Project on 25th November 2007 at Durbar High School, Kathmandu with joint effort of Rtn. Robert Rose, Rose International Fund For Children, Washington, USA between the students of Durbar High School, Kathmandu and Meadowdale High School, Bellevue, USA.
- Participation in Rotary ICM on New Generation on 15th September 2007 at Prakash Bhawan, Salt Lake City, Kolkata, India.
- Christmas Gift Distribution Program on 25th December 2007 at Children Welfare Center, Godavari in association with Inter District Twin Club Rotaract Club of Brisbane, RI Ditrict 9630, Australia.
- Jointly with visiting Rotary Team of USA and inter district twin club, Bellevue Community College Rotaract, RI District 5030, Washington USA organized a musical



- & entertainment program "A Day of Fun" for the children with disabilities at Nepal Orthopedic Hospital, SOS village, Jorpati on 16th February 2008
- International Joint Bulletin release with the topic "One World One Fight HIV/AIDS Affects Us All" with RC Johannesburg, South Africa on 1st December 2007 at Patan High School, Patan Dhoka.
- Polio Camp Supervision on 29th December 2007 at various locations of Patan.
- New Year 2008 Greeting Cards Distribution to various International Rotaract Clubs for the progress and success of the members of Rotaract family.
- Club flag exchange, bulletin/souvenir presentation to GSE Teams from USA & UK at Himalaya Hotel, Kopundole.
- Hosting for President of Bellevue Community College Rotaract, Rtr. Katie Wilson of RI District 5030, Washington USA from 15th to 25th February 2008
- Club Visit by Rotary Team of USA on 23rd February 2008 and joint School painting program at Sanjiwani High School, Dhulikhel.
- Signing of MOU for Twin Club formation with Bellevue Community College Rotaract, RI District 5030, Washington, USA during 291st general meeting of RC Patan on 23st February 2008 held at Sanjiwani High School, Dhulikhel.
- Club flag exchange, bulletin/souvenir presentation to Visiting Rotary Team of USA on 23rd February 2008 at Sanjibini High School, Dhulikhel
- International Women's Day Celebration with a Documentary Show on "Violence & Crime Against Women" jointly with RC Dillibazar on 8th March 2008 at NIC College, Dillibazar.
- Organized Nature Hiking program to celebrate World Water Day 22nd March 2008 at Champadevi, Dakshinkali
- Celebration of 40th World Rotaract Week Celebration on 9th – 15th March 2008 with various programs as per event suggested by Rotary International.
- Celebration of World Earth Day through Documentary Show "11th Hour" and "Save the Planet Earth" on 22nd April 2008 at Patan High School, Patan Dhoka
- Marking "World No Tobacco Day" through interaction program on "Tobacco Free Youth on 31st May 2008 Nepal Administrative Staff College, Jawalakhel
- Support to "International Blood Donation Project" "MAGNA ES VIS HUMANITATIS" initiated by Nina Kolenc, DRR of D 1910, Slovenia by organizing a blood donation program on 13th March 2008 jointly with, Rotary Club of Patan, Rotaract Club of Kathmandu West and Hiranya Misha Pucha, a local community based women's organization.
- Participation in "Adopt a Tree" project of RC Bombay North Island on 13th March 2008 at Rotary Garden, Juhu, Mumbai, India to celebrate 40th World Rotaract Week.
- Hosting of Rotaract Club of Shaw College, Hong Kong team from 20th May – 27th May 2008.

 Club Flag, Bulletin & Souvenir exchange with RC of Shaw College, RI District 3450, Hong Kong on 27th May 2008 at Hotel Mushtang, Thamel.

Avenue: Community Service

- Joint Tree Plantation Program on 10th August 2007 at Baniyatar VDC, Gongabu, Kathmandu jointly with RC Buddhanilkantha & Rotaract Club of Kathmandu Metro in support of worldwide tree plantation campaign "Billion Tree Campaign: Plant for the Planet" launched by United Nation's Environment Program (UNEP).
- Cloths hand over to flood victims on 14th August 2007 at Women for Human Rights office, Baluwatar, Kathmandu.
- Joint Mataya Health Camp with RC Kathmandu West on 30th August 2007 at Okubahal & Nabahal, Patan on the day of Mataya Festival of Patan.
- Co-Hosting of Senior Citizens Felicitation program organized by 12 Rotary Clubs on 1st October 2007 at Mangalbazar, Lalitpur
- Book Donation program on occasion of World Literacy Day on 8th September 2007 at Shri Mahendragram Madhyamik Bidhyalaya, Tikathali VDC, SAP area of RC Patan.
- One Day Eye Check Up Camp on 17th November 2007 at Shri Mahendragram Madhyamik Bidhyalaya, Tikathali VDC, Lalitpur
- Matching Grant Hearing Aid Project: Ear Check Up Camps from January to February 2008 at Kirtipur, Nazal, Bungmati, Banepa, Ikhanchhen Patan
- Organized 9 Ear Check UP Camps under Matching Grant Hearing Aid project of Rotary Club of Patan & Rotary Club of Bellevue, District 5030, Washington, USA, from January 1, 2008 to June 2008 at various locations of Kathmandu, Patan, Bhaktapur & Banepa with total beneficiaries of around 950.
- Organized Blood Donation program on 13th March 2008, Thursday at Ilanani, Patan, Lalitpur, Nepal to support the International Blood Donation Project, "MAGNA ES VIS HUMANITATIS", initiated by Nina Kolenc, DRR of District 1910

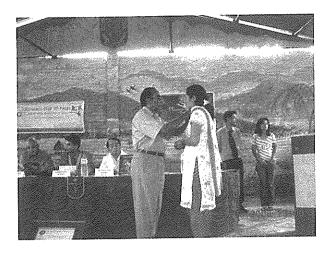
Avenue: Club Service

- 10th Charter Anniversary & Installation Ceremony on 30th June 2007 at Women Development Training Center, Jawalakhel.
- Fellowship dinner program on occasion of 10th Charter Anniversary & Installation Ceremony on 30th June 2007 at Café de Patan, Mangal Bazar
- Joint meeting with RC New Road City, RC Jawalkhel & RC Victoria (Hong Kong) on 21st July 2007 at Singha Art Gallery, Patan Industrial Estate, Lagankhel.
- Joint Fellowship Tea Party in honor of Rotaract Club of Victoria, Hong Kong members on 23rd July 2007 at Shaligram Apartment Hotel, Jawalakhel.
- First Club Assembly & Strategy Planning meeting for 2007/08 on 11th August 2007 at Patan High School,



- Patan Dhoka.
- Rotaract Quiz Contest organized within the club members to enhance the knowledge about the rotaract.
- Formation of Intra District Twin Club for the rota year 2007-08 on 25th August 2007 with RC Biratnagar on 278th General Meeting of RC Patan at Patan High School, Patan Dhoka.
- Publication and Distribution of Dashain & Tihar Greetings Cards on 15th October 2007 at Patan High School, Patan Dhoka to establish good relationship and to promote Rotaract in the public.
- Annual Dashain Fellowship Tea Party on the occasion of Bada Dashain on 18th October 2007 at Patan High School with an objective of exchanging greetings and wishes for Dashain and Tihar.
- Dashain Fellowship Gathering of Club Members on 22nd October 2007 at Rtr. Bikesh's Residence to celebrate the dashain festival.
- Talk program on "An Understanding various family planning methods available in Nepal" on 6th October 2007 at Patan High School, Patan Dhoka 281th general meeting with the guest speaker Ms. Karuna Laxmi Shakay, Quality Assurance Advisor, N-MARC.
- Joint Meeting with RC Kupondole on 13th October 2007 at Dhokaima Café, Patan Dhoka & talk program on "Disaster Manangement: Earthquake Awareness" in association with Nepal Bayern Electric P. Ltd. to mark World Natural Disaster Reduction day.
- Special Bulletin Release "Dashai Aayo, Tihar Aayo" on 18th October 2007 at Patan High School, Patan Dhoka
- Celebration of World Peace Day on 21st September 2007 at Lagankhel Stupa in order to have prosperous life of the people and development of the community and country.
- Orientation Class for Proposed Members on 5th December 2007 at Taleju Restaurant, Mangal Bazar, and on 19th December at U.K. Restaurant, Mangalbazar.
- Organized Fellowship Bhogate Party on 29th December 2007 at Rtr. Anil's Residence
- 2nd Club Assembly of the year on 5th January 2008 at Patan High School, Patan Dhoka during the general meeting no. 287.
- Election of Board of Director 2008-09 on 9th February 2008 at Patan High School, Patan Dhoka during 290th general meeting of the club.
- Fellowship dinner in honor to the Rtr. Katie Wilson, President of Bellevue Community College Rotaract, RI District 5030, Washington, USA, on 16th February 2008 at UK Restaurant, Mangal Bazar.
- Participation in fellowship dinner organized in honor of GSE Teams from district 7410 USA and District 1040, Yorkshire, England organized by Rotary District Council at Patan Museum, Patan Durbar Square on 20th January 2008
- Joint meeting with Rotary Club of Patan to celebrate

- 40th World Rotaract Week on 10th March 2008, Monday at Hotel Himalaya, Kopundole, Lalitpur
- Club visit by Rotarian Peter Reid in the general meeting no 293 & a talk program on "Education in Nepal: An Outsider's View" on 15th March 2008, Saturday at St. Xavier's School, Jawalakhel, Patan.
- Fellowship Holi Gathering of the club members on 21st March 2008 at Rtr. Anil's residence, Chakupat.
- Joint Bulletin release with twin club, Rotaract club of Biratnagar "Twin Tale" on 19th April 2008 at Patan High School, Patan Dhoka during 296th general meeting of RC Patan.
- Participation in 3rd Inter Rotaract Dance Competition organized annually by Rotary & Rotaract Club of Patan Durbar Square on 22nd March 2008 at Ashok Party Palace, Patan
- Total 13 new members inducted during the year



- 4 quarterly club activities reports submission to parent club, Rotary Club of Patan.
- Publication of 12 monthly club bulletin "Lalit Patan".

Avenue: Public Relations & Rotaract Promotion

- News Coverage of Club projects Rotaract Career Workshops and Tree Plantation program at Lamatar VDC, Lalitpur organized by Rotaract Club of Patan on 26th May 2007 and 19th May 2007 in Nepal Rotary issue no. 24 of July 2007.
- Presentation of Club Souvenirs, Postcards to tourists from various countries of the world who visited Patan to celebrated "World Tourism Day" on 27th September 2007 at Golden Temple & Mangal Bazar, Patan.
- Release & Distribution of Peace Sticker "May Peace Prevail on Earth" on 21st September 2007 at Lagankhel Stupa, Lalitpur to celebrate World Peace Day.
- Participation in AIDS Rally organized by the National Centre for AIDS and STI Control (NCASC), teku and Government of Nepal on 1st December 2007 at Dasharath Stadium.
- Publication of Annual Calendar 2008 on 5th January 2008, Saturday at Patan High School, Patan Dhoka by Rtn. Keshav Bhakta Mathema, President of Rotary



- Club of Patan.
- Ear check up camps in collaboration various local organizations in the month of January & February 2008 at various locations of the valley like, Naxal, Kirtipur, Bungmati, Banepa, Ikhanchn (Patan) in joint collaboration of various NGOs and local organizations. The camps has been organized with support from Nepal Association of Hard of Hearing (NAHOH), Impact Nepal, Welfare Society of Hearing Impaired (WSHI), Bungmati Paropakar Samaj, Kathmandu Deaf Association, Kavre Deaf School, Banepa Deaf Association, Patan CBR, Aalok Pustakalya, Technical Institiute for Training & Education (TITE).
- News coverage by National Dairy "Annapurna Post" on Ear check up camp on 9th February 2008
- Presentation on Rotaract in the meeting of Rotary Club of Nagarjun on 15th March 2008, Saturday at Shangrila Hotel, Lazimpat, Kathmandu, Nepal to celebrate 40th World Rotaract Week by promoting Rotaract
- News coverage of various club projects in monthly Rotary Bulletin of Nepal Rotary

Avenue: Partners in Service

 Joint blood donation program with Rotary Club of Patan during 40th World Rotaract Week Celebration.

- Ear Check up camps under Matching Grant Hearing Aid Project of Rotary Club of Patan and Rotary Club of Bellevue, USA.
- A joint entertainment & musical program "A Day of Fun" jointly with visiting Rotary Team of USA for the children with disabilities at Nepal Orthopedic Hospital, SOS village, Jorpati on 16th February 2008
- A joint school painting program at Sanjiwani High School, Dhulikhel with visiting Rotary Team of USA on 23rd February 2008.



 Volunteering at RYLA 2008 held at Little Angel's School.





The 4- Way Test



To achieve success, let us practice the Four-Way Test of the things we think, say or do as follows:

- Is it the Truth?
- Is it Fair to all concerned?
- Will it build Goodwill and Better Friendship?
- Will it be Beneficial to all concerned?



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Tel.: 4239392, 4239393

Fax - 977-1-4239306

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www.nicm.com.np



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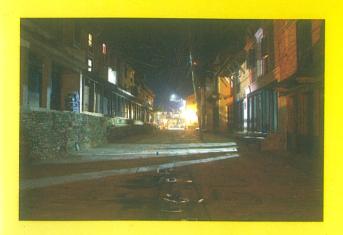
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Bandipur Mountain Resort





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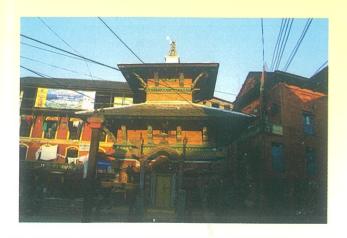








In Bandipur, one can visit Magar and Gurung villages and also some temples in the Bazaar area depicting the best example of Newar culture and woodcraft. Hike to Gurunche Hill, Mukunda Sen Ride and Ramkot, an old Magar Village are other attractions for the visitors.







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