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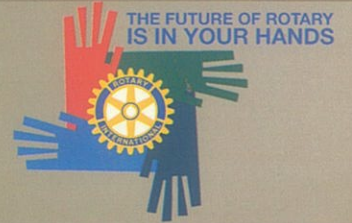
ROTARY

CLUB OF PATAN

RI District 3292, Club No. 23126

24th CHARTER CEREMONY 2009-2010

२४ औं स्थापना विशेषाङ्क



LALITDHARA SOUVENIR ISSUE

ललितधारा पूर्णाङ्क ८१८

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 Completed: July 2000



K.R.M.A. CHARI SANCHAYA KOSH COMMERCIAL COMPLEX (KATHMANDU MALI)
 Location: Sundhara, Kathmandu
 Completed: June 2005



B & B HOSPITAL
 Main Block & Extension Block
 Location: Gwarku, Lalitpur
 Completed: Dec. 1997 (Main Block)
 Sept. 2003 (Extension Block)



NEPAL BAYERN ELECTRIC BUILDING
 Location: Patan Dhoka, Lalitpur
 Completed: Sept. 1998



KATHMANDU TOURISM BOARD BUILDING
 Location: Bihulji Mandap, Kathmandu
 Completed: Feb. 1997



Perspective Sketch
 MLK Building, Kandevashtan, Kupandole, Lalitpur - 10, Nepal



KATHMANDU BUSINESS PARK
 Location: Boudhanabi, Jeku, Kathmandu
 Completed: November 2007



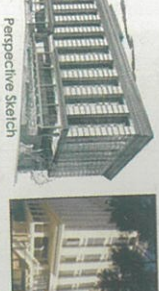
PAROP AKAR MATERNITY & WOMEN'S HOSPITAL (PRASUTI GRHA)
 EMERGENCY BLOCK
 Location: Topohal, Kathmandu
 Completed: October 2004



AGRICULTURAL DEVELOPMENT BANK LTD. CENTRAL TRAINING CENTRE
 Location: Machyagar, Thimi, Bhaktapur
 Completed: April 2003



KATHMANDU PLAZA: Commercial Complex
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 Completed: Sept. 1998



MABIL HOUSE: Cooperative Office Building of MABIL Bank Ltd.
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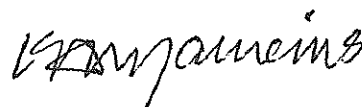
Editorial

When one looks at the persistent political stalemate, a sense of fear arises in the mind whether the hope for an inclusive state will wither away. The peace process, which earmarked the recent history, had brought so much hope when only a few years ago, the chaos and conflict were sweeping the political contours. The renewed hope was then based on the growing recognition that, for better or worse, we are all stake holders on this finite land, and our destinies, rich and poor are mutually intertwined. Such insights are central to how the Rotary Club of Patan envisions its work in coming days and to the way in which it proposes to tackle the principal challenges that face human progress. Such challenges include issues related to education, health and water, disability and many more. They must be confronted in a manner that meets the spirit and vision of Rotary. This special publication explores the environment in which these issues are managed so that the potentials for growth of the most vulnerable segment of society are vastly enhanced. This special Issue records Club's various activities and it charts a future plan toward that direction.

This Lalitdhara; a collage of writings, images and recollections that underpin Rotary's ideals and goals, include the activities of the Club in the past months and its plan for the future. This Issue also brings a train of recorded contributions of the Club to the neediest, for which special acknowledgements are in order for the extra services rendered by those Rotarians, who went out of their way to do so. This Issue also marks the beginning of the second year of the District and the new leadership in Rotary Club of Patan. It is also a year for preparation of the new leadership in the District for 2010/2011; the helm of which will be shouldered by a veteran member of our Club. The new team under the leadership of Rotarian Kedar Bhakta Shrestha should remain confident to carry on the legacy of its predecessors with added vigor and imagination. It is with a sense of conviction, we remain confident that

our Club's future activities under the new helmsman, will take us to a new height of achievements, building on the powerful foundation laid by its predecessors. The year ahead is full of new opportunities and challenges particularly as this year our Club takes the leadership in the District to explore one of the most important dimensions of human deprivation- a 3H Grant project on disability. The number of people afflicted by disability in one way or the other is simply staggering. In sheer size, the challenge of disability is next only to poverty. It is to be recognized, however, that the war against disability is likely to be lost if the preventive dimension is differed. It is said that that there are more people threatened by disability than victims of it. It is hoped that this significant initiative will certainly consider actions on disability in all its manifestations.

Before closing, I must thank my fellow Rotarians in the Editorial Team, namely Rotarian Kamal Mani Dixit, PP Rotarian Ganesh Raj Shrestha and Rotarian Bijaya Mallapaty for their tireless inputs in collating, editing and arranging this publication in its entirety, without which it would have been impossible to produce it in time for the occasion to celebrate the Club's Charter Day. All of us in the Editorial Team would like to acknowledge the great work of the out-going Board under PP Rotarian Santa Kumar Shrestha, who has paved the way for the in-coming team. We also would like to welcome the new team under Rotarian Kedar Bhakta Shrestha, who brings with him a host of new experiences and wisdom. We wish them all the best.



Keshab B. Mathema
Coordinator Editorial Team,
Lalitdhara Souvenir Issue

Editorial Board



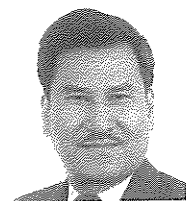
Kamal Mani Dixit



Ganesh Raj Shrestha



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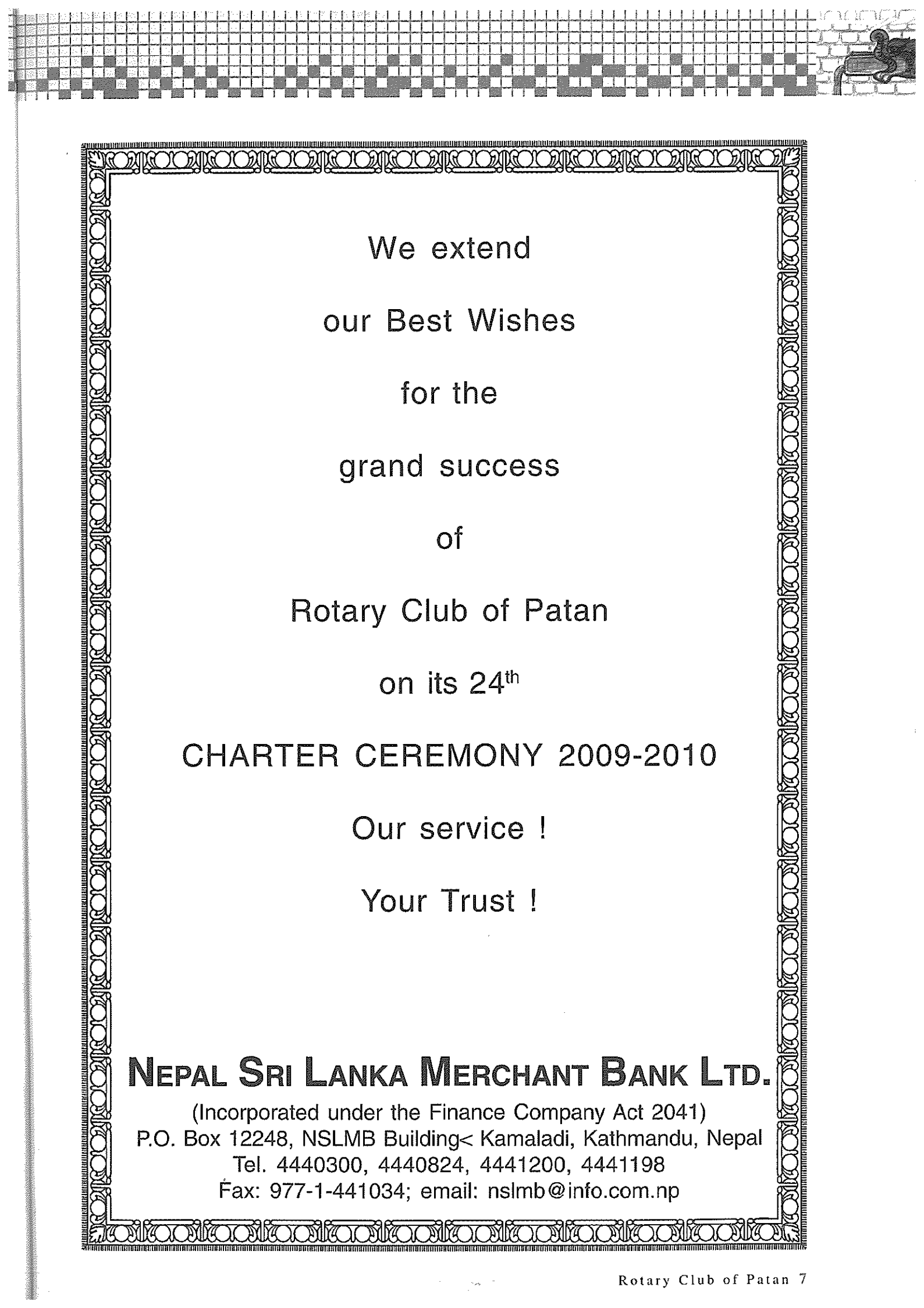
*Actual Sample Apartment Pictures.



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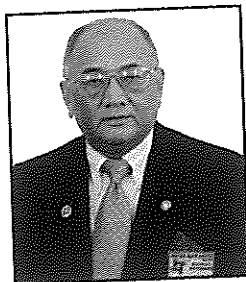
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Dist. Governor's Message



August 11, 2009

Rtn. Kedar Bhakta Shrestha
President 2009-10
Rotary Club of Patan.

Dear President Kedar Bhakta Shrestha,

It is my pleasure to congratulate you on Charter Day Ceremony of Rotary Club of Patan. I also take this opportunity to greet and felicitate all club members and wish you a successful and meaningful year ahead.

I am also delighted to learn that Rotary Club of Patan is going to publish a "Lalithdara" Souvenir to commemorate the happy occasion of the 24th Charter Day Ceremony, and would like to thank to the publication team for their hard work in bringing the Souvenir. I sincerely hope that the Souvenir will serve an important role of sharing responsibilities among Rotarians.

Paul Harris said, "If Rotary ceases to be a responsibility and becomes a more relaxation of pastime, its usefulness will cease. Whatever Rotary may mean to us, to the world it will be known by the results it achieves."

RI President John Kenny has also reminded all of us Rotarians of our personal responsibility to Rotary and its ideals by giving a wonderful theme to work for the coming year: "The Future of Rotary is in Your Hands."

Responsibility, what can we do as a Rotarian in building the future, is a big challenge for us but if we work hand in hand, we can make a difference in shaping the future.

I am confident that under your leadership Rotary Club of Patan will promote the Rotary International Presidential theme "The Future of Rotary is in Your Hands" in the best possible way in the year to come, and make a meaningful contribution in the great movement of Rotary.

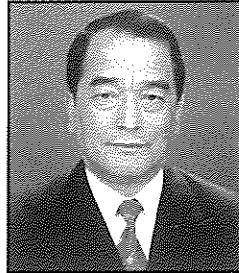
Best wishes from me and Chandra!

Yours-in-Rotary,

A handwritten signature in black ink, appearing to read "Ratna Man Sakya". The signature is written in a cursive style and is underlined with a horizontal line.

Rtn. Ratna Man Sakya
District Governor
RI District 3292.

Dist. Governor Elect's Message



August 29, 2009
Rtn. Kedar Bhakta Shrestha
President
Rotary Club of Patan

Dear President Kedar,

I am very glad to know that Rotary Club of Patan is publishing a Souvenir on the auspicious occasion of its 24th. Charter Night Ceremony on August 29, 2009. First of all let me congratulate and extend my warm greetings to you and your team on being elected and entrusted to lead your club, the Rotary Club of Patan, for the Rotary year 2009/2010 to a new height. I would also like to thank the outgoing President Rtn. Santa Kumar Shrestha and his team for successfully completing their responsibilities for the Rotary year 2008/2009.

I am confident that you and your team will dedicate enough time and efforts to the service of humanity in need and successfully uphold the motto of the Rotary "Service Above Self" in the best possible way and you will lead your team perfectly to make a meaningful contribution for greater movement of Rotary in Nepal and further enhancing the Rotary image in Nepal.

On this auspicious occasion of the Charter Night Ceremony of your club I would also like to extend my best wishes to the members of the club for all the success in their noble endeavors to continue their service efforts particularly in the areas of water, health and hunger, and literacy and request them to fulfill the objective of Rotary theme given by the Rotary International President John Kenny for the Rotary year 2009-2010 "The Future of the Rotary is in Your Hands" and to try "to be a true Rotarian, not just be a member of the Rotary Club".

Yours-in Rotary,

A handwritten signature in black ink, appearing to read "Tirtha Man Sakya". The signature is written in a cursive style with a horizontal line underneath.

Tirtha Man Sakya
DGE (2010-2011)
RI District 3292 Nepal



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 - ◆ Impact Evaluation Survey of JICA Projects in Kaski and Parbat districts/ JICA
 - ◆ Himalaya Cooperative Society Office Building Project, Old Baneswor, Kathmandu
 - ◆ Amarawati Housing Project, Matairitha, Kathmandu
- **Water Resources**
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 - ◆ Project Management of Small Towns Water Supply and Sanitation Sector Project, ADB funded
 - ◆ Preparation of Management Contract for Private Sector Participation in Urban Water Supply and Sanitation in Kathmandu Valley, The World Bank funded
- **Health and Community Development**
 - ◆ Community-Based Drug Management Programme/ GTZ
 - ◆ Basic Health Services Programme/ KfW
 - ◆ Family Health Programme/ KfW
- **Energy and Power**
 - ◆ Rural Electrification in 13 districts of Nepal for Nepal Electricity Authority, ADB funded
 - ◆ Rural Electrification and Distribution System Reinforcement in 2 districts for Nepal Electricity Authority
 - ◆ Consumer Data Management in 3 towns for Nepal Electricity Authority

Contacts:

Narayan G Halwai
 Managing Director

Shyam S Sharma
 Director

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of

Rotary Club of Patan

on the 24th

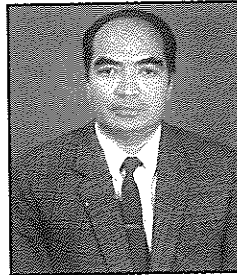
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Immediate Past President's Message



Dear Fellow Rotarians,

First of all, let me congratulate and very warmly welcome all the members of the Rotary club of Patan on the happy occasion of the Charter Night ceremony. As I have already handed over the presidency to Rtn. Kedar Bhakta Shrestha on 29th June 2009, at this moment of happiness, I would like to thank and present my best wishes to the new President and all the new members of our club.

I think I was the lucky President to lead the club in the first year of our new district 3292. The term of one year passes very quickly. But still we have carried out many important projects of our club. We served 735 hearing aids to the disabled persons in close collaboration with Rotary Club of Bellevue, district 5030 USA. The other important programmes are: disability awareness programme with a total cost of U.S \$186,500; programme for the physically challenged people with a club contribution of U.S. \$ 1000; distribution of 68 computers to schools; distribution of de-worming medicines to the downtrodden children and neglected children of a Chepang village, treatment and provision of drinking water to 8 institutions; and receipt of three different awards, i.e. the Rotary Literacy Award, the Inter-club Relations Award and the GSE team award. I am also very pleased that we had the opportunity to

open the new cub of Chandragiri sponsored by the Rotary club of Patan during my tenure of Rotary year 2008-2009. I am very much obliged to all the Rotarians of our club and all the members of Inner Wheel Club of Patan who helped me continuously throughout the year during my presidency.

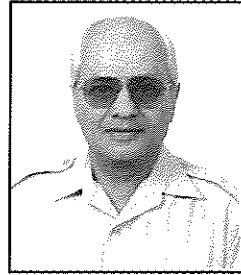
We all know that by working together we can achieve greater goals than working alone. Therefore being united in Rotary, we can help children by reducing the rate of child mortality. I would like to congratulate and thank my entire Board members and all the members for the Rotary year 2008-2009 for making this a successful year. I extend my sincere thanks to all the members of Inner Wheel club of Patan, and to all members of Rotaract club of Patan and also to the office secretary, Banik Adhikari. Finally, I and my wife Nirmala wish to extend our best wishes to the worthy, capable and talented President Kedar Bhakta Shrestha and first Lady Shanta Shrestha for the Rotary year 2009-2010. .

Yours in Rotary,

A handwritten signature in cursive script that reads "S.K. Shrestha".

Santa Kumar Shrestha
IP President

President's Message



We are often reminded that in Rotary, leaders change but not the leadership. The simple interpretation of this dictum would mean that the annual change of guard in Rotary does not affect the underlying spirit of Rotary, its service ideal, its goals and objectives. In other words, the style may change but not the substance.

What is this substance? First and foremost is the Rotary motto of **“Service Above Self”**. This is the essence of Rotary. No matter what you do in Rotary, if it is not done in a spirit of selfless service, it will not be in tune with the Rotary ideal in the true sense.

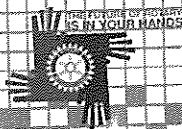
Over the years, Rotary has become a truly international service organization. Its activities and programs reach far corners of the globe and touches everyday life in towns and remote villages from Argentina to Zambia and from Alaska to Zimbabwe. However, though global in scope and its network, the real work of the Rotarians lie in their own villages and towns carried out through their own local clubs. Thus we Rotarians do think globally but act locally, as the popular saying goes.

RI President John Kenny has rightly said that Rotary is only as good as its clubs and the clubs are only as good as its members. The emphasis is clearly in making the clubs strong, effective and active. To do that the clubs must have an active, dynamic and motivated membership base. Luckily our club has all these characteristics in abundance. As President for the year 2009-10, I intend to make the best use of this pool of talented and motivated membership.

This year, our club will also concentrate on RI's focus areas of water, literacy, health and hunger in which we have been involved for a number of years. We will also try to increase the membership base and retain our record of a 100% PHF Club and hopefully add a few members as Multiple PHFs. For this, I count on the ready and willing cooperation of all the members in achieving these goals for **the future of Rotary is in your hands.**

A handwritten signature in black ink, appearing to read 'Kedar Shrestha'. The signature is fluid and cursive, with a horizontal line underneath it.

Kedar Bhaktā Shrestha
President 2009-10



Congratulations

&

Best Wishes

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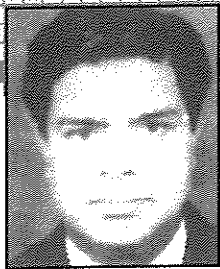
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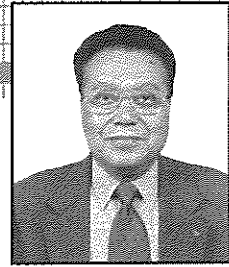
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Phone: 4221331



Late Rtn. S.R. Sharma
1985-87

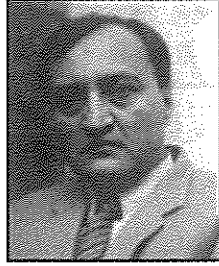
Past Presidents of Rotary Club of Patan



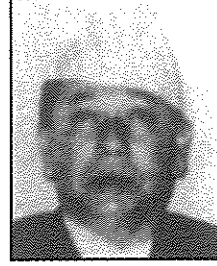
Rtn. M.L. Kayastha
1987-89



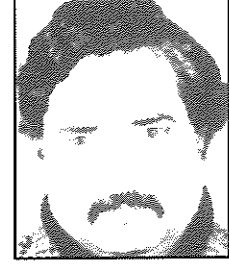
Rtn. B. R. Prasai
1989-90



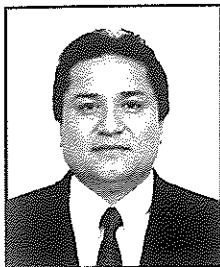
Late Rtn. P. P. Prasai
1990-91



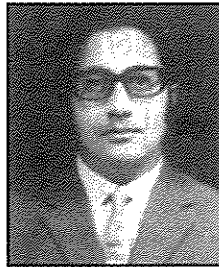
Late Rtn. H. R. Bajracharya
1991-92



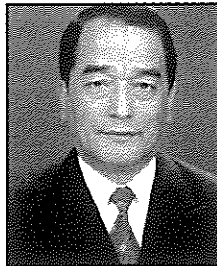
Rtn. B.K. Mainali
1992-93



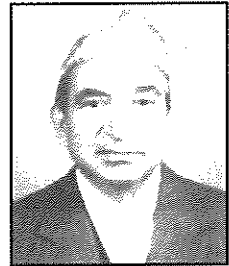
Rtn. B.B. Bajracharya
1993-94



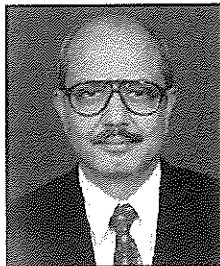
Rtn. Rtn. S. SJB. Rana
1994-95



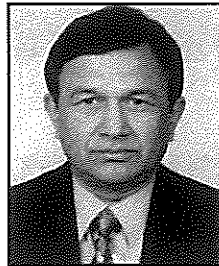
Rtn. T.M. Shakya
1995 -96



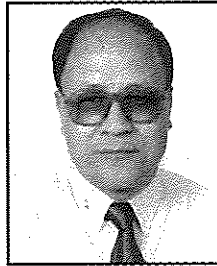
Late Rtn. B.P. Dhital
1996-97



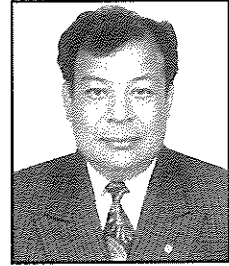
Rtn. R.R. Pandey
1997-98



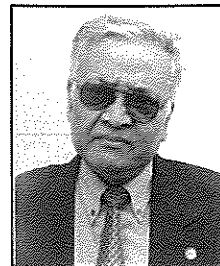
Rtn. T. Neupane
1998-99



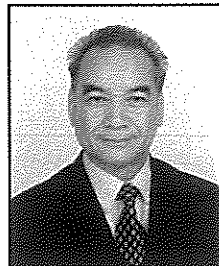
Rtn. Kamal Nyachhon
1999-2000



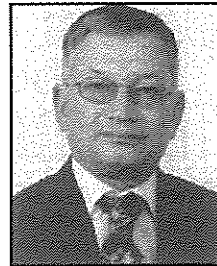
Rtn. Pushkar M Shakya
2000-2001



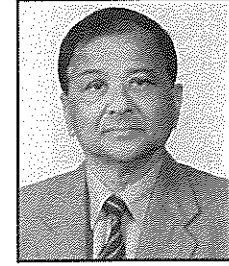
Rtn. Narayan G Halwai
2001-2002



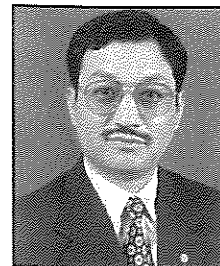
Rtn. Yagya B Shrestha
2002-2003



Rtn. Siba B. Rajbhandary
2003-2004



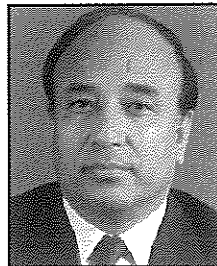
Rtn. Dr. CP Maskey
2004-2005



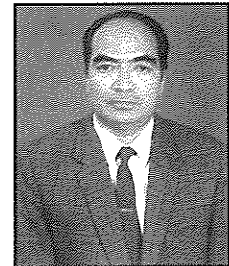
Rtn. Gyanu R Shakya
2005-2006



Rtn. Ganesh R Shrestha
2006-2007



Rtn. Keshab B. Mathema
2007-2008



Rtn. Santa K. Shrestha
2008-2009



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Club No. 32126
Chartered on 29th August 1985

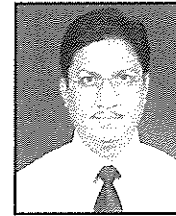
EXECUTIVE BOARD 2009 - 2010



Rtn. Kedar B. Shrestha
President



Rtn. Santa K. Shrestha
IP President



Rtn. Dr. Prakash R. Regmi
President Elect



Rtn. Jamuna K. Tamrakar
President Nominee



Rtn. Krishna B. Basnyat
Secretary



Rtn. Jeevan K. Shrestha
Vice President



Rtn. Dr. Mukti N Shrestha
Membership



Rtn. Tulasi Neupane
Public Relations



Rtn. Bharat N. Joshi
Club Administration



Rtn. Gabriele Mallapaty
Service Projects



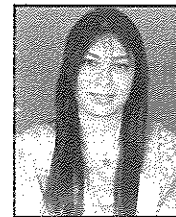
Rtn. Satya Pradhan
The Rotary Foundation



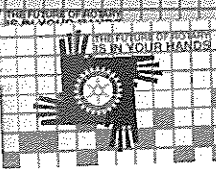
Rtn. Bhim B. Kshetry
Treasurer



Rtn. Khruschev Shrestha
Joint Secretary



Rtn. Arati Thapa Shrestha
Sergeant-at-arms



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Sherpa Mall

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Club Activities and Photo Gallery

1. Club Administration

- The RCP has consistently maintained 76% attendance in average. It has paid high attention to increase its membership with a varied classification.
- The RCP has been adopting salutation programme regularly during the weekly meetings. The RCP has felt the need to establish a permanent office to operate the secretariat in a more efficient and effective manner.
- The RCP has practiced the sharing of rotary information with its members regularly during weekly club meetings.
- A weekly publication of "Lalitdhara" bulletin, which captures the minutes of the weekly meetings, has been published and distributed to all the members without interruption since its inception. The minutes of the previous meeting is discussed and approved by the following meeting.
- The website of the RCP has also been maintained with regular updates.
- Regular fellowship events have been organized half an hour before the weekly meetings.
- In consultation with the President and the Board members, the Secretary has been preparing the programme on a bi-annual basis.
- Twelve board meetings were conducted during the Rotary Year 2008-2009.
- Four club assembly meetings have been held.
- Four fellowship gatherings were also organized.
- A farewell ceremony to GSE Team returning to the U.K. was also organized

2. Membership

- The RCP has maintained excellent reputation of retention of 100% members.
- The RCP had a target of 4 new members, which was successfully fulfilled. Out of the 4 new members, the RCP managed to get 2 women members.

The RCP sponsored a new rotary club known as 'Chandra Giri', which was chartered in April 2009.



- The 23rd Club Installation Ceremony was successfully graced by the District Governer Rtn. Dr. Tika Man Vaidya on 21 July 2008 in the presence of other district officials.
- President Rtn. Santa Kumar Shrestha attended the 'PETS' training organized in Dhulikhel, Kabhrepalanchowk.
- Ten RCP members participated in the District Assembly in Pokhara.



- 32 RCP members with Anns participated in the inauguration ceremony on the formation of the New District 3292 Nepal.
- The RCP displayed welcome banner across the road in front of the Himalaya Hotel, Lalitpur on the occasion of the 'Rotary Peace Walk'. Furthermore, the RCP served drinking water to the participants of the peace walk. The Club also extended a warm welcome to Rtn. Raja Sabu (PRIP) in the presence of the District Governor Rtn. Dr. Tika Man Vaidya on the same occasion.

The following members were selected in deserving positions in the new District 3292:

Rtn. Tirtha Man Sakya	- District Governor Elect
Rtn. Siba Bhakta Rajbhandary	- District Programme Co-ordinator
Rtn. Pushkar Man Shakya	- District Club Co-ordinator
Rtn. R. R. Pandey	- Dist.Special Project Co-ordinator (3H Grant - Physically Challenged)
Rtn. Ganesh Raj Shrestha	- District Rotary Exchange Chair
Rtn. Machyendra Lal Kayastha	- Dist.Finance and Image Committee
Rtn. Gyanu Raj Shakya	- Dist. Youth Exchange Committee
Rtn. Narayan Govind Halwai	- Dist. Programme Committe(Water)
Rtn. Kamal Mani Dixit	- Dist. Rotary Foundation Committee
Rtn. Keshab B. Mathema	- District Literacy Resouce Group
Rtn. Tulasi P. Neupane	- District Extension Committee

3. Service Projects

Digital Divide

The RCP, in partnership with the RC Grapevine, Texas, USA provided 68 computers to 4 public schools, to help them establish computer labs, with a view to provide computer education to students (See more detailed article in this issue, pp 58).

Drinking Water Project

The RCP, in partnership with the RC Vashon, Washington, USA and a US based NGO 'A Child's Right', installed the water filtration plants in 6 schools, under a Matching Grant project to provide safe drinking water to more than 5000 school children (See more detailed article in this issue, pp 82).

Sanitation

The RCP, in partnership with the RC University District, Seattle, USA, helped schools construct 26 units of toilets, with focus on separate toilet for girls. Some 9000 students, mostly girls benefitted from the Matching Grant project.



President Santa K Shrestha inaugurating the toilets at Shree Bhawani School, Gorkha.

Prajapati Education Endowment Fund (PEEF)

Rotary Club of Patan provided scholarships to 554 students, (58% girls), from 27 schools. These children are from economically deprived families who would have otherwise, dropped out of school (See more detailed article in this issue, pp 49).

Scholarship Fund-Raising Brochure: A colourful fund raising brochure was produced with design and editing done by volunteer Smriti Mallapaty to reach the RCP PEEF's target of providing educational scholarships for 1000 students per year as early as possible.

Dictionary Supply: 354 dictionaries (English/Nepali) were provided to school children in schools with PEEF supported scholarships programme.



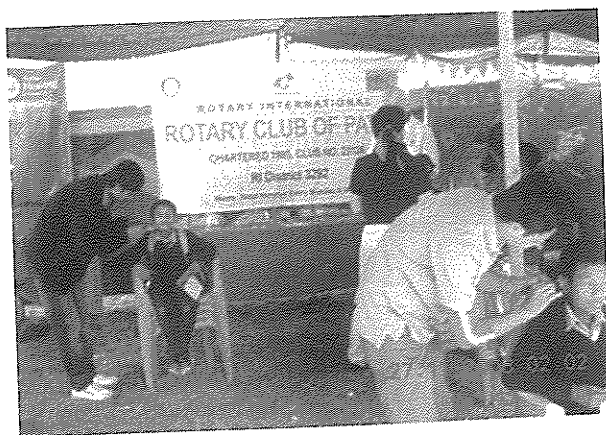
Nepal Orthopaedic Hospital

The Nepal Orthopaedic Hospital (NOH) established with the support of the RCP and some Rotary Clubs in the USA continues to be supported by the RCP and also receive generous support from other international Rotary Clubs, the German-Nepal Help

Association, and the Foundation Help for Nepal Holland Association - Fennes D'Europe. (See more detailed article in this issue, pp74).

Hearing Aid

In close collaboration with the Rotaract Club of Patan and the RC Bellevue, Washington, USA, the RC Patan conducted hearing tests in 9 check up camps and subsequently fitted hearing aid on 758 hearing impaired people, under a MG project.



Differently Able

The RI District 3292 and 5030 Project – Nepal Disability Awareness Campaign, which is led by the RC Patan (RCP) and RC Bellevue, USA in their respective districts, was officially launched in April 2009. The project is a Rotary 3H Grant # 62861 with a funding of US \$330,000. It endeavors to bring about positive changes in the lives of the people with disabilities (PWDs) in Nepal (See more detailed article in this issue, pp 32).

Community Development/Vocational Training

Hotel Waiter: Two local personnel from Chitwan are being given six months intensive vocational training on “Hotel Waiter” in Island Jungle Resort, Chitwan. After completion of the training they are guaranteed to provide suitable jobs in the same hotel.

Mid day Meal Programme: A school feeding programme for the Chepang village school students for two times a week has started by the RCP since June 2009 with the aim of expanding the programme to all school days for the deprived and undernourished school children of this community (See more detailed article in this issue, pp78).

Senior Citizens' Home

The home for senior citizens constructed at Godavari with the help of a German foundation Ferderkreis Hilfe Fur Nepal at the cost of Rs 15 million, a few

years ago, has now become functional with six senior citizens (above the age of 65) already staying in the house. They pay a monthly sum of rupees five thousand for their lodging and food. A weekly clinic with a doctor is available for free check up of the residents.

There are also six girl students residing freely in the home. This arrangement is as per the wishes of the HELP Nepal group. In return for free lodging and boarding, these girl students are expected also to look after the elderly residents. They also get a monthly allowance to meet their school fees and some minor expenses.

Partner in Service

Rotaract Club: The Rotaract Club of Patan, under our patronage, is active in conducting various club activities concerning environment, HIV/AIDS awareness, Blood donation, drug abuse, program for physically and mentally challenged people and so on. The past President of Rotaract Club of Patan Rtn. Mahesh Bajracharya has been selected and left Kathmandu to participate in the GSE team to United Kingdom (See more detailed annual report of the Rotaract Club in this issue, pp 87).

Club to Club Service: Under this initiative, the RCP coordinated with the RC Lamjung to assist the local schools in the provision of furniture and other educational equipment at the cost of N.Rs. 17 lakhs, received from Nepal Help Association.

4. The Rotary Foundation

The RCP has reached 41 members with two Major Donors, and is a 100% ‘PHF’ club. The RCP has also been contributing to the Rotary Foundation Fund. It has also been actively participating in the Polio Plus programme of the District as well as the 3H Grant’s disability awareness programme.

5. Public Relations

Rotary is a truly global network of volunteers. Every programme of Rotary, the club and district activities, the scholarships and exchanges and the vast and varied humanitarian projects – serves a different purpose. Every Rotary programme and activities relate to Public Relations, which is essential to Rotary’s future. It informs communities around the world that Rotary is a credible organization that meets real needs. It also motivates Rotarians to be active members of their club and district. Every

Rotary club should develop and implement a successful public relations plans to be effective in the community. Following these principles, the RCP has maintained excellent Public Relations. In addition, the following is highlighted:

- The RCP President Rtn. Santa Kumar Shrestha participated in the installation ceremony of most of the Rotary Clubs of Nepal including RC Damauli and four clubs of Chitwan district.
- Maintained good relation with all Rotary Clubs of Nepal regarding ICM, joint meetings, and the District Conference.
- Club Projects completion were publicized in the media to the maximum possible.
- Maintained active and good relationship with Partners-in-Service.
- Communicated the Club Activities and Service Projects with all Rotary Clubs of Nepal.



Plantation of 'Rudraksha' sapling in the NOH garden by RI President D.K. Lee during his Nepal visit in Nov. 2008.



Handing over Ceremony of wheel chairs to differently abled children at NOH premises by RI President D.K. Lee with First Lady during their Nepal visit in Nov. 2008.



PP Rtn. Pushkar M. Shakya with UK parliamentarian Mr. Barri Sherman and wife of District 1040 Governor Elect. Mrs. Chris Philip during his GSE Team's trip.

Guest Speakers: 2008-2009

Mr. Banwari Lal Mittal, Industrialist

Dr. Chandra Mani Khanal, Yogacharya

Ms. Gillian Mellisop, UNICEF Representative

Ms. Neeva Pradhan, Stress Management Expert

Ms. Shanta Dixit, Educationist

Hon. Renu Yadav, Education Minister

Mr. Prachanda Man Shrestha, CEO, NTB

Dr. Badri Prasad Shrestha, Economist and Former Minister

Dr. Jagadish Pokharel, Economist, Former VC, Planning Commission

Mr. Rajesh Hamal, Actor and Rotary Goodwill Ambassador

Dr. Aruna Uprety, Social Worker

Dr. K.S. Rawat, Reincarnation Researcher

Ms. Lisa Gautschi Ale, Yoga Practitioner

Mr. Bijaya Mathema, Rotarian

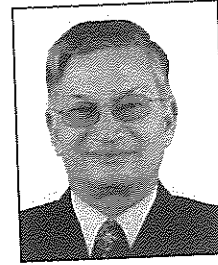
Amb. Imtiaz Ahmad, Ambassador of Bangladesh



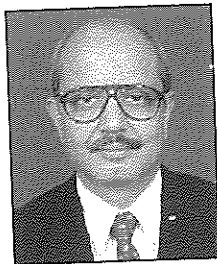
List of Major Donors and MPHFs



PP Rtn. Matsyendra L. Kayastha
Major Donor



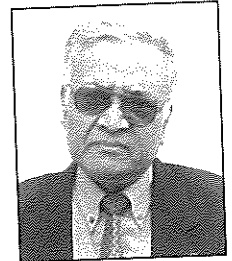
PP Rtn. Siba B. Rajbhandary
Major Donor



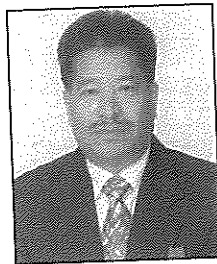
PP Rtn. R.R. Pandey
MPHF+2



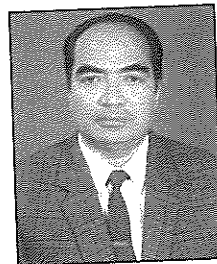
PP Rtn. Tulsi P. Neupane
MPHF+2



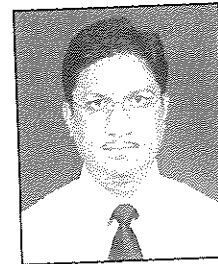
PP Rtn. Narayan G. Halwai
MPHF+2



PP Rtn. Ganesh R. Shrestha
MPHF+2



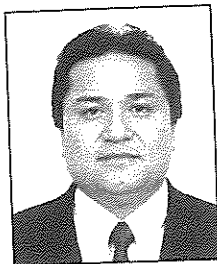
IPP Rtn. Santa K. Shrestha
MPHF+2



PE Rtn. Dr. Prakash R. Regmi
MPHF+2



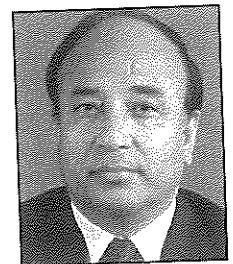
Rtn. Kamal M Dixit
MPHF+2



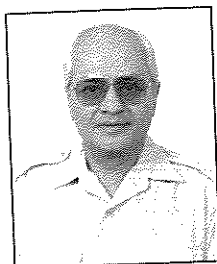
PP Rtn. Bijaya B. Bajracharya
MPHF



PP Rtn. Tirtha Man Sakya
MPHF



PP Rtn. Keshab B. Mathema
MPHF



P Rtn. Kedar B. Shrestha
MPHF



Rtn. Chandra S. Gyawali
MPHF



Rtn. Chandralekha Kayastha
MPHF

Committee Plan for 2009-10

Club Administration

Bharat Narsing Joshi-Director/Chairperson

Administration/Attendance

Coordinator- Krishna B. Basnyat
Members: Narayan G. Halwai
 Mahendra B Thapa
 Kedar B. Shrestha

Rotary Info/Bulletin/Website

Coordinator- Kamal Mani Dixit
Members: Ganesh R. Shrestha
 Keshab Mathema
 Bijaya Mallapaty

Fellowship/Programs/ Club Assemblies

Coordinator: Jamuna Tamrakar
Members: Jeevan K. Shrestha
 Santa Kumar Shrestha

Membership

Dr. Mukti N. Shrestha-Director/Chairperson

Goal & Action Plan:

Coordinator: Tirtha Man Sakya
Members: Puskar Man Shakya
 Padma L. Maharjan

Prospective Members/Retention

Coordinator: Puskar Man Shakya
Members: Santa K. Shrestha
 Kiran Shrestha

Training/Classification

Coordinator: N.G. Halwai
Members: Siba Rajbhandary
 Dr. Prakash Regmi

Service Projects

Gabriele Mallapaty –Director/Chairperson

Community Development

Coordinator: Kamal Nyachhyon
Members: Dr. Prakash Regmi
 Tulsi Neupane
 Piyush Bajracharya

Digital Divide/Library/ Water/Sanitation

Coordinator: Siba Rajbhandary
Members: Jamuna Tamrakar
 Jeevan Shrestha
 Lochan Gyawali

PP Endowment Fund

Coordinator: N.G. Halwai
Members: Sharada Prasai
 Ganesh R. Shrestha
 Siba Rajbhandari
 Jamuna Tamrakar
 Bijaya Mallapaty

Partner in Service

Rotaract: Jamuna Tamrakar
Interact: Chandralekha Kayastha
RCC: Krishna B. Basnyat

Nepal Orthopaedic Hospital

Siba Rajbhandary
 Ganesh R. Shrestha

Physically Challenged

Coordinator: R.R. Pandey
Members: Siba Rajbhandary
 Ganesh R. Shrestha
 Jamuna Tamrakar
 Kamal Nyachhyon

Senior Citizen's Home- M.L. Kayastha & Santa K. Shrestha

The Rotary Foundation

Satya Pradhan – Director/Chairperson

Foundation/Fund Raising

Coordinator: Kamal Nyachhyon
Members: Arti Thapa Shrestha
 M.L. Kayastha,
 Bharat N. Joshi

Resources/Grant Funds

Coordinator: Gyanu Shakya
Members: Suresh Lakhey
 Shreedhar Acharya
 Bijaya Bajracharya

PolioPlus

Coordinator: Tulasi Neupane
Members: Shreedhar Rana
 Krishna Pradhan
 Yadav Kunwar

Public Relations- Tulasi Neupane –Director/Chairperson

Plans & Actions: Biswa Nath Rai
Members: Khruschev Shrestha, Bharat N. Joshi

Communications/Publicity & Media -Coor- Tirtha M. Sakya
Members: Kamal Mani Dixit, Keshab Mathema



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On the Occasion of

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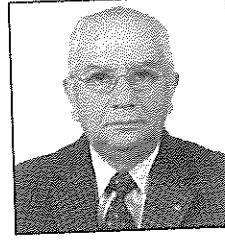
e-mail: info@nafico.com.np , Web site : www.nafico.com.np

Liaison office

Putali Sadak, Kathmandu

Tel : 4225793

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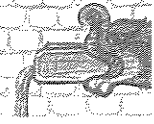
- रो. कमलमणि दीक्षित

'ललितधारा'को पहिलो सम्पादक म होइनँ। २०४४ सालमा हाम्रो क्लबले सर्वप्रथम यसको प्रकाशन सुरु गर्दा यो साप्ताहिक पनि भएको रहेनछ। मदन पुरस्कार पुस्तकालयमा पत्रिकातर्फको सूचीमा नम्बर २४०० मा दर्ता रहेको (त्यहाँ त्यसबेला पाइएको पहिलो अङ्क) मा यो बुलेटिन मासिक भनी छापिएको छ। अनि त्यसको सम्पादकमा रो. सुरेन्द्रराज शर्माको नाम छ। दुर्भाग्यवश, ऐले म.पु.पु.मा त्यो पहिलो अङ्क छैन। त्यहाँ फेला परेको ललितधाराको पहिलो प्रति पूर्णाङ्क ११ को मात्र रहेछ, १५ मार्च १९८३ (२०४८ चैत्र) त्यतिखेर भने यो बुलेटिन साप्ताहिक भैसकेको रहेछ। त्यसमा "अध्यक्ष: रो. विश्वकान्त मैनाली, सचिव: रो. नारायणगोविन्द हलवाई, सम्पादक रो. कमल दीक्षित," भन्ने छापिएको छ।

'ललितधारा' नेपालका रोटरी क्लबहरूले प्रकाशित गरेको दोस्रो बुलेटिन हो। पहिलो बुलेटिन रोटरी क्लब अफ काठमाण्डूले निकालेको थियो- 'याक बेल' भन्ने। त्यस क्लबमा छँदा मैले पनि निकै वर्ष त्यो बुलेटिन सम्पादनको कार्य गरेको थिएँ। मैले सम्पादन गर्न थालेपछि त्यहाँको त्यो 'याक बेल' पनि प्रेसबाट छापेर निकाल्न थालिएको थियो। त्यो मैले नै सुरु गरेकाले सम्झन्छु। त्यसअघि, 'याक बेल'को सम्पादक रो. डा. रवर्ट फ्लेमिङ (सिनीयर) थिए। र मैले बुकेसम्म त्यसको नामकरण गर्ने प्रथम सम्पादक पनि उनै थिए। मैले सम्पादनको जिम्मा लिँदा त्यो बुलेटिन लिथो छपाइ गरिन्थ्यो, अर्थात् साइक्लोस्टाइलबाट निकालिन्थ्यो। र त्यो काम पनि पहिले शान्तभवन

अस्पतालमा हुन्थ्यो पछि भने त्यो साइक्लोस्टाइल गरिदिने काम रो. मणिहर्ष ज्योतिको अफिसबाट हुन थालेको थियो।

आफ्नो क्लबको बुलेटिन 'ललितधारा'को इतिहास बताउन बसेको म किन 'याक बेल'को इतिवृत्तमा पुगें भनेर पढ्नेहरूलाई उदेक लाग्ला। त्यसको कारण छ। पहिलो कारण के भने 'ललितधारा'को प्रेरणास्रोत नै त्यही बुलेटिन हो। काठमाण्डू रोटरी क्लबबाट पाटनमा एउटा रोटरी क्लब खोल्न गभर्नर को प्रतिनिधि, 'जीएसआर' भई आएर पाटन रोटरी क्लब खोलेपछि म पनि उताबाट यता, यो क्लबमा सरेको हुँ। यता सरेपछि उतैको जस्तो एउटा बुलेटिन निकाल्नुपर्छ भनेर मैले त्यसबेलाका प्रेसिडेन्टहरूलाई पिट्टा दिन थालेको थिएँ। धेरै वर्ष त्यो सम्भव भएन। पछि, छापिदिनेसम्म जिम्मा मैले लिएपछि हाम्रा संस्थापक अध्यक्ष (स्व.) रो. सुरेन्द्रराज शर्माले त्यसको सम्पादक हुन मन्जुर गर्नुभयो र यो निस्कन थालेको थियो। तर त्यसबेला साप्ताहिक बुलेटिन निकाल्न सकिने अवस्था थिएन र त्यसैले यो मासिक भएर निकाल्नु परेको हो। तर मासिक रूपमा पनि यो नियमित हुन सकेन, कतिपय कारणले। र केही दिनपछि त यसलाई बन्द नै पनि गर्नुपरेको सम्झन्छु। केही वर्ष यसै भयो, सल्लाह गर्दागर्दै बित्यो। अनि हाम्रा छैटौं (६) प्रेसिडेन्ट विश्वकान्त मैनालीले मलाई भन्नुभयो- "कमलबाबु, 'ललितधारा'को जिम्मा तपाईं नै लिनुपर्छ, सम्पादक पनि तपाईं, मुद्रक पनि तपाईं नै।" अरु रोटेरियनहरू, मुख्यतः प्रजापति



प्रसाईको पनि जोड पत्रो र मैले यसलाई सम्पादक भएर चलाउन थालें। बीचबीचमा यसको सम्पादनको काम अरु साथीहरूको जिम्मा लगाउन नखोजेको होइन तर काम लागेन। किनभने त्यसो गर्दा कतिपटक यो बन्द नै भयो। अनि फेरि अध्यक्षज्यूहरू मलाई यो चलाउन अराउनुहुन्थ्यो र म फेरि जोरिन्थें। यस्तै भैरह्यो। यसैबीच नयाँनयाँ रोटरी क्लबहरू खुल्दै गए उनीहरूले रङ्गीन छपाइमा बुलेटिन निकाल्न पनि थाले। त्यसपछि हाम्रो थाङ्गे चालले लेटर प्रेसमा छापिने 'ललितधारा'लाई पनि रङ्गीन पार्नुपत्रो भन्ने 'प्रेसर' पत्रो। अनि अरु नभए पनि "मास्टरहेड" या शीर्षकसम्म रङ्गीन पारि यो। त्यसपछि फेरि अफसेटमा पूरै बुलेटिन छापनुपर्छ भनियो। त्यो भने क्लबको पैसाले भ्याउने नदेखेपछि कमसेकम कम्प्युटर प्रिन्टसम्म निकाल्न थालिएको हो। ऐले पनि अरु कान्छाकान्छा क्लबहरूले रङ्गीन फोटोहरू राखी निकालेका बुलेटिनहरू देखी हाम्रा साथीहरू लोभनुहुन्छ। हामीले किन यस्तो ननिकाल्ने भनेर हौसनुहुन्छ। तर त्यसलाई कति खर्च पर्छ भन्ने बुझेपछि आफै पछि सर्नुहुन्छ। यो यस्तै छ। तर निरन्तर रूपमा आठ सय अड्डसम्म, अर्थात् नरोकिईकन १६ वर्षसम्म 'ललितधारा' बगिरहेको देखेर हाम्रा साथीहरू खुसी हुनुहुन्छ। त्यो भएको देख्दा मलाई पनि आत्मसन्तोष भएको छ।

अब अलिकति पुराना कुराहरू सम्झूँ फेरि। बुलेटिन निकाल्ने निधो भएपछि यसको नाम के राख्ने भन्ने बहस भएको थियो। धेरै साथीहरू रोटरीको बुलेटिन भएकोले अङ्ग्रेजी नाम राख्नुपर्छ भन्नुहुन्थ्यो। त्यसमा उहाँहरू काठमाण्डू रोटरी क्लबको बुलेटिन 'याक बेल'को उदाहरण दिनुहुन्थ्यो। तर उहाँहरूलाई मैले बताएँ, त्यो 'याक बेल'लाई समेत मैले (त्यहाँ अध्यक्षहरूको स्वीकृति लिएर) अनुवाद गरी 'चौरीको घण्टी' बनाएको थिएँ र बुलेटिनमा 'याक बेल' र 'चौरीको घण्टी' सँगसँगै छापिन्थ्यो माथि शीर्षकमा। त्यति मात्र होइन 'याक बेल' 'चौरीको घण्टी' पनि बनेपछि मैले त्यो बुलेटिनमा नेपाली भाषालाई पनि चञ्चु-प्रवेश गराएको थिएँ। त्यसरी त्यहाँ एकदुई वाक्यले मात्र प्रवेश पाएको नेपाली भाषाले पाटन रोटरी क्लबको बुलेटिन पूरै नेपालीमा छापनुपर्छ भन्ने मेरो जिकिर थियो। नाम पनि नेपालीमै राख्ने तय भयो, पाटनको चिनारी हुने ढुङ्गेधारालाई जोरेर ललितपुरको धारा 'ललितधारा' राख्ने तय भएको थियो।

सम्झनाका पानाहरू अलिकति खोतल्ने जमर्को गरियो आज ललितधाराको २३ सौं वर्षको विशेषाङ्क (ललितधारा) पूर्णाङ्क ८१८)मा। साथीहरूलाई पनि रमाइलो लाग्ला यसरी मैले मेरा पुराना कुरा सम्झँदा! 'ललितधारा' चलाउँदाका।

२० साउन २०६६



The 4- Way Test



To achieve success, let us practice the Four-Way Test of the things we think, say or do as follows:

- Is it the Truth ?
- Is it Fair to all concerned ?
- Will it build Goodwill and Better Friendship ?
- Will it be Beneficial to all concerned ?





शिखर वित्तीय संस्था लिमिटेड

थापाथली, काठमाडौं, नेपाल

पो.ब.नं.: २५७६२, फोन: ४१००५२५, ४१००५२६, फ्याक्स: ४१००५२७
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नयाँ वर्ष २०६६ को शुभकामनाका साथ निक्षेपकर्ताहरूलाई आकर्षक ब्याजदर कायम भएको

जानकारी गराउँदछौं ।

क. निक्षेप तर्फ

मुद्दती निक्षेप

अवधि	त्रैमासिक ब्याजदर	एकमुष्ट ब्याजदर
३ महिने	-	७.२५%
६ महिने	-	७.५०%
१ वर्षे	८.७५%	९.२५%
२ वर्षे	९.२५%	९.५०%
३ वर्षे	९.५०%	९.७५%
४ वर्षे	९.७५%	१०.२५%
५ वर्षे	१०.२५%	१०.७५%

बचत निक्षेप

खाताको किसिम	ब्याजदर
विशेष बचत खाता	२%
साधारण बचत खाता	७%
शिखर प्लस बचत खाता	७.५०%
लगानीकर्ता बचत खाता	६.५०%
** (रु १०० वाट खोल्न सकिने)	
शेयर धनी बचत खाता	७.७५%
** (शून्य मौज्जातमा खाता खोल्न सकिने)	
जेष्ठ नागरिक बचत खाता	७.७५%
संचय कोष खाता	८%

(पाँच बर्ष भन्दा माथिको मुद्दती खातामा आपसी समन्वयकारीमा ब्याजदर कायम गरिनेछ ।)

रु. ५० लाख र सो भन्दा बढीको मुद्दती खातामा

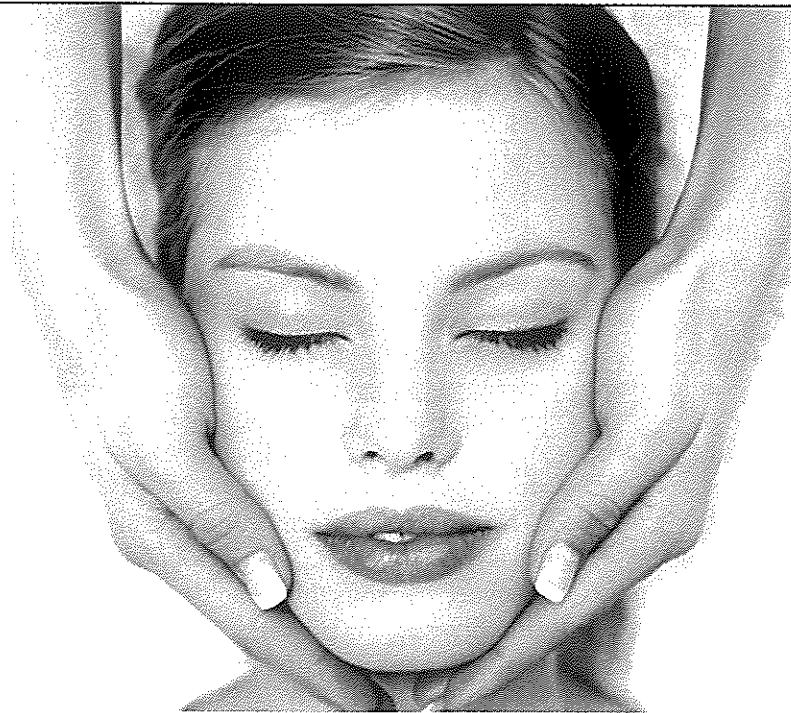
अवधि	त्रैमासिक ब्याजदर	एकमुष्ट ब्याजदर
१ वर्षे	९%	९.५०%
२ वर्षे	९.७५%	१०.२५%

ख. कर्जा सापत तर्फ

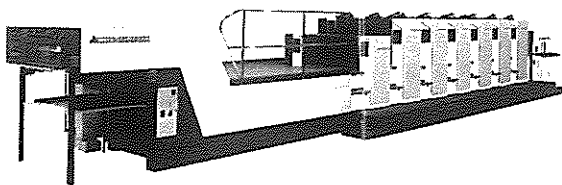
हायरपब्लिज कर्जा (सवारी सापत)	१४%-१५%
हायरपब्लिज कर्जा (घरायसी सापत)	११%
गृह निर्माण कर्जा	१४%-१५%
शैक्षिक कर्जा	१४%-१५%
औद्योगिक कर्जा	
क) सावधिक कर्जा	१२.५०%-१३.५०%
ख) चालू षंजी कर्जा	१४%-१५%
व्यापारिक कर्जा	१४%-१५%
व्यक्तिगत कर्जा	१४%-१५%
मुद्दती कर्जा	+२%
मुद्दती हिसावमा पाउने भन्दा २% थप गरी ब्याज लिइनेछ	
शेयरको जमानतमा दिइने कर्जा	११%
शेयर खरीद कर्जा	११%
वण्ड तथा सरकारी जमानतमा दिइने कर्जा	२%
(९% मा नघटाई वा पाउने भन्दा ३% ले बढी लिइनेछ)	
विज ग्याप कर्जा	१५%
शिखर फ्लेक्सि कर्जा	१४%-१५%
विल डिन्काउण्ट	१५%
जग्गा खरीद कर्जा	१४%
निक्षेप जमानत कर्जा	१०%
साह वित्तीयकरण कर्जा	

(यस सम्बन्धी सदस्य बैंक तथा वित्तीय संस्थाहरूको आपसी छलफलमा तय गर्नेछ ।)

- बचत निक्षेपकर्ताहरूको रु ५ लाख सम्मको दुर्घटना बीमा भएको व्यहोरा जानकारी गराउँदछौं ।
- यस संस्थाले नेपाल राष्ट्र बैंक, समाशोधन गृह (Clearing House) थापाथलीबाट चेकहरूको समाशोधन (Clearing) गराउने कार्य गरिसकेको व्यहोरा संस्थाका सम्पूर्ण ग्राहकमहानुभावहरूलाई सहर्ष जानकारी गराउँदछौं ।
- Western Union Money Transfer (Inward Remittance Service) को समेत कारोबार गरिने व्यहोरा सहर्ष जानकारी गराउँदछौं ।



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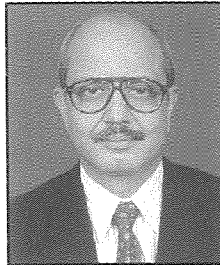
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Rotary Nepal Disability Awareness Campaign Project



PP Rtn. R.R. Pandey

The RI District 3292 and 5030 Project – Nepal Disability Awareness Campaign, which is led by the RC Patan (RCP) and RC Bellevue, USA in their respective districts, was officially launched in April 2009. The project is a Rotary 3H Grant # 62861 with a funding of US \$330,000. It endeavors to bring about positive changes in the lives of the people with disabilities (PWDs) in Nepal and has 3 components:

1. Multi media social marketing campaign,
2. Club to Club Projects, and
3. Referral center to address the needs of PWDs

The following partners are assisting us:

1. J Walter Thompson
2. Handicap International
3. Save the Children
4. Nepal Association for the Welfare of the Blind
5. Welfare Society for the hearing impaired
6. Hebert Research, USA
7. Impact Nepal and
- 8 The Rose International Fund for Children, USA

The project runs for 2 to 3 years and is initially being implemented at 7 pilot districts - Morang, Kathmandu, Lalitpur, Bhaktapur, Kaski, Rupendehi and Kailali.

The terms 'disable' and 'able'

The term 'disable' implies a disassociation from ability. Disabled Person implies that the whole person is disassociated from abilities. You will agree with me that nothing can be farther from truth. The truth is that the so called 'disabled person' is typically 'able' to do many things that the so called 'able persons' are incapable of doing. These people develop many additional abilities.

The term 'able' means (a) having the necessary power, skill, or opportunity to do and accomplish something and (b) being capable, being talented.

Either all of us are disabled or all are able. What do you call a Frenchman on his first trip across the English Channel unable to communicate in a restaurant for his meal because he does not speak or read a word of the English language? Able or disable? The same question arises if an Englishman goes over to France. Doesn't their lack of knowledge of the other's language make them disabled because they can't even order their meal? But we do not label them as disabled. Do we? So why should we label a visually impaired girl who won a Fulbright scholarship to graduate from Colorado State University, USA, or someone working for IOM as a cultural teacher for the Bhutanese refugees going to the USA as disabled? It does not make sense. Climbing Mt. Everest is regarded as one of the toughest challenges to mankind. Didn't Mr. Eric Weihenmeyer – a visually impaired person from the US conquered it a few years back? Do we call him disabled?

Faces of Nepal's 'Differently-Abled' ...



Driven by such thoughts, we have decided to come up with this 'positive' twist to the whole issue by agreeing to the tag line for our project 'we are all able' – which in fact we are in our own different ways (see logo below).

Rotary USA/Nepal Disability Awareness Project

Project Listing, Partnered Projects and Projects Needing Partners...



Project Contact: Rob Rose: rosephoto@comcast.net

Besides, the visual clearly depicts the care and love amongst each other without showing any sign of disability. There is movement involved in the visual, a lot of positive energy and enthusiasm. Red is the color of passion, vigor, action, energy, strength and determination. Blue is the color associated with innate intelligence, stability, unity and calm. It is considered beneficial to the mind and the body. It is also the color of our national flag. I am confident that the logo and the tag line will be a great tool in achieving the objectives of our project.

Until now we have received about 25 projects from 21 Rotary/Rotaract clubs. Out of this 9 have been matched with partner clubs in the USA. The total value of the projects, some of which are Matching Grants, exceeds \$100,000.

We are very pleased that, the leading figure of our Cinema, Mr. Rajesh Hamal, has agreed to be our 'Project Ambassador'. Rajesh needs no introduction as far as his image in the Nepali screen is concerned, but very few of us know about his love and support to the differently "able" people.

In conclusion, I would like to place on record my sincere appreciation to our partner organizations, members of our committee and project staff for their valuable inputs. A big thank you goes to DG Dr. Tika Man Vaidya and DG Jesse Tam for their support always. A very special word of thanks goes to Rtn. Robert Rose for his untiring efforts in bringing the project to this stage.

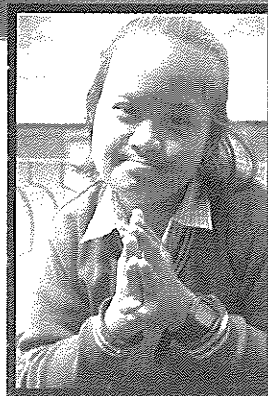
With your club's help, these children can have a brighter future...



A Chinese Proverb:

"If you want happiness for an hour — take a nap. If you want happiness for a day — go fishing. If you want happiness for a month — get married. If you want happiness for a year — inherit a fortune. If you want happiness for a lifetime — help someone else".

Thank You, Rotary!





The RCP in Media

Donation

KATHMANDU: Nepal Relief Association (NRA) based in Germany provided Histo Pathology machine worth Rs 4,00,000 to Bhaktapur Cancer hospital. Lalitpur Rotary Club Nepal district 3494 governor Ratna Man Shakya and Patan Rotary Club president Santa Kumar Shrestha gave the machine to the hospital. — HNS

नायक राजेश हमाल ललितपुरमा सोमवार रोटरी क्लब अफ पाटनले अपगताका लागि सहयोग अभियानको सद्भावना दत्त बनाएपछि। उक्त अभियान पहिलो चरणमा ललितपुर, भक्तपुर, काठमाडौं, मोरङ, कास्की, रूपन्देही र कैलालीमा सञ्चालन गरिनेछ। कार्यक्रममा अपांग महिलाका लागि सहयोगी किताब सार्वजनिकसमेत गरियो।



Participants attend the Rotary Nepal Disability Awareness Campaign Project in Lalitpur on Monday. The programme was organised by Rotary Club, Patan.

Rotary's aid to hospital

Himalayan News Service
Kathmandu, June 27

Rotary Club of Patan handed over a histopathology machine and other clinical equipment, costing around Rs 4 lakhs, to

equipment, costing around Rs 4 lakhs, to Bhaktapur Cancer Hospital today.

Issuing a press statement, the club mentioned that the equipment was sponsored by the Nepal Relief Association of Germany.

The Association has been providing regular assistance to Nepal in the sectors of education, health and drinking water,



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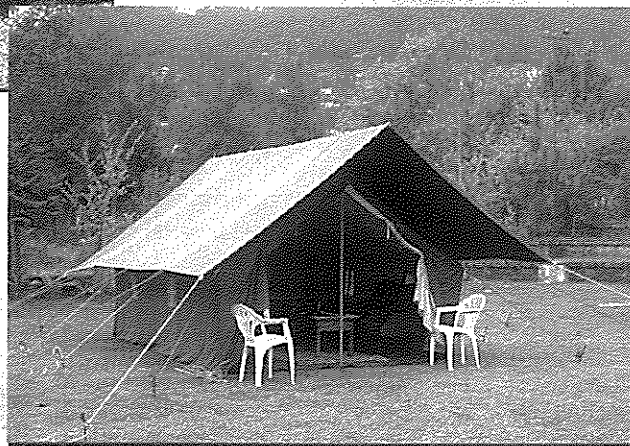


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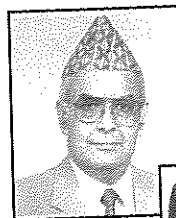
Members of Rotary Club of Patan



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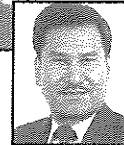
Past President



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Senior Member



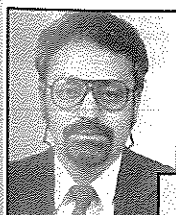
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Past President



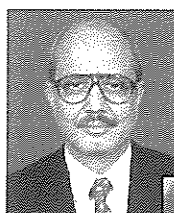
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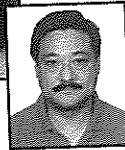
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Join: 1995

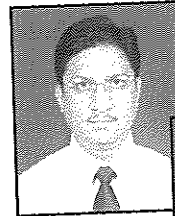


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Chairperson



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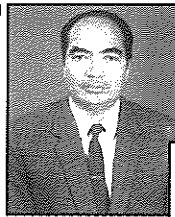
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 Director/Chairman

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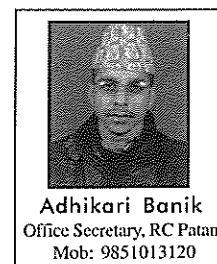
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Adhikari Banik
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We extend our Best Wishes for the success of
the Rotary Club of Patan
On the Occasion of its 24th Charter Ceremony

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Tel. 5521525

Rtn. Krishna B. Basnyat
Tel. 5533341

Rtn. Kamal Mani Dixit
Tel. 5521014

Rtn. Suresh Lakhey
Tel. 5529878

Rtn. Keshab Mathema
Tel. 5529385

Rtn. Krishna B. Pradhan
Tel. 4283939

Rtn. Shridhar Rana
Tel. 5541856

Rtn. Dr. Prakash Regmi
Tel. 5525536

Rtn. Tirtha Man Sakya
Tel. 5522467

Rtn. Dr. Mukti N. Shrestha (GC)
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Rtn. Kiran Shrestha
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Rtn. Chandralekha Kayastha
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Rtn. R.P. Pandey
Tel. 5521652

Rtn. Piyush Bajracharya
Tel. 5529640

Rtn. Chandrasekhar Gyawali
Tel. 5521311

Rtn. Lochan Gyawali
Tel. 5521311

Rtn. Narayan G. Halwai
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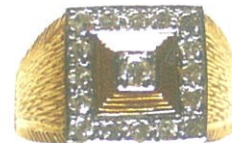
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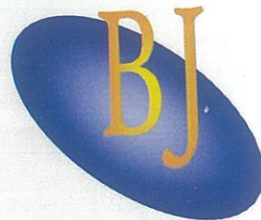
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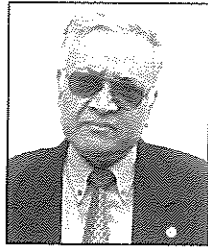
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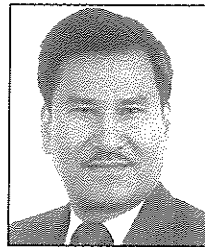
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Rotary Club of Patan Nepal (RCP)

Prajapati Education Endowment Fund (PEEF) – An Update



PP Rtn. N.G. Halwai



Rtn. Bijaya Mallapaty

Education for Nepali Children

Rotary Club of Patan (RCP), Nepal has been spearheading initiatives in the field of education for years, out of a commitment towards the intellectual development of the youth in the country. In a country like Nepal, one of the Least Developed Countries in the world with a Gross National Income per capita equivalent to US Dollars 400 in 2008 (World Development Indicator Database, World Bank) many children do not profit from the fundamental human right to empower themselves through learning.

The Nepalese government has declared its commitment to free primary education for all and also plans to provide free universal secondary education. However, the government's coverage does not include all school expenses, therefore in order to encourage lower-income families to continue sending their children to school, RCP initiated the education fund.

RCP's Scholarship Programme

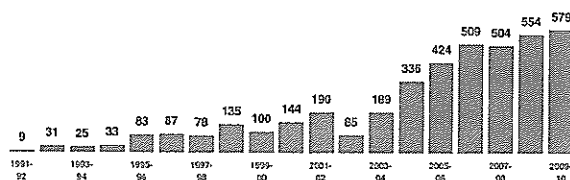
To support children's education in Nepal, the Rotary Club of Patan (RCP) established the "Prajapati Education Endowment Fund" (PEEF) in 1991 and simultaneously launched a Scholarship Programme to bridge the education gap for children from economically underprivileged families. RCP implemented the scholarship program in government schools, each year selecting four students enrolled in Class 6 to receive financial assistance until the completion of Class 10 as a supplement to family expenses on education. The assistance package is offered on a staggering scale based on student's educational performance.

Through generous donations from fellow Rotarians, other charitable institutions and individuals, RCP has mobilized funds to support a total of 1426 students

over a span of more than a decade. The girls represented 58% of these students. The RCP's supplement to their educational costs has allowed these students to continue attending school while reducing the burden to their economically poor families. In the year 2009/2010, the number of students receiving scholarships reached 579 from 27 participating schools. The programme hopes to reach the target of supporting 1000 students annually.

Although ambitious, RCP has full faith in the realization of this target and the benefit that the economically deprived children of Nepal stand to gain from its initiative.

Growth in number of students supported (1991-92 to 2009-10)



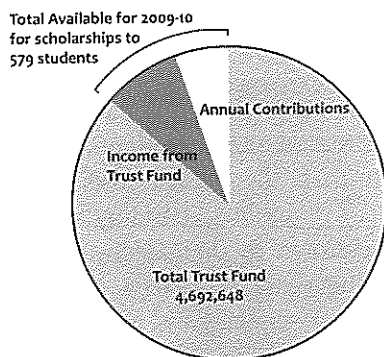
Management of the Scholarship Programme

The Fund is managed by a RCP Committee which meets regularly to discuss policy and practice. Every 3-4 months a progress report, including detailed account summaries, is submitted to the RCP General Meeting. All activities, from record-keeping, liaising with donors, communicating with schools, selecting suitable candidates, and checking-up on student performance are conducted by the RCP team in a transparent manner and on a voluntary basis. Because of the donation of time and expertise by the highly motivated Rotarians, there are no overhead costs to manage the scholarship programme.

The Trust Fund has reached an amount of Nepalese

Rupees 4,692,648, which would generate an income of approximately Rupees 445,800 this year. This income together with the additional annual contributions of Rupees 281,500 is used for planning the total number of affordable scholarships. Based upon this, RCP is supporting 579 students during the school-year 2009-2010, which is the highest number since the establishment of the Trust Fund.

The PEEF and Annual Sponsorship Amount



Students are selected not on a merit basis but rather on the basis of their economic need. In order for students to qualify for assistance, they must meet some of the RCP-designated criteria of:

- low income household/inability to pay for school fees, books, stationary and other education-related costs
- part of a large family with many children/school-going siblings
- no father or mother or both
- not working as a domestic helper as it would then be the responsibility of the house owner to educate the child

How Funds are Raised

A one time contribution of NPR 15,000 (approximately USD 250) supports one student's scholarship for perpetuity through interest earned from investing these funds in secured, maximum interest-bearing accounts by Rotary. Alternatively, contributions of NPR 1500 (approximately USD 25) per year, with a firm commitment to sponsor for a minimum of 5 years to allow for the completion of one student's secondary education (Class 6 to Class 10) are requested. However, RCP prefers one time contributions as this ensures continuity of the scholarship programme.

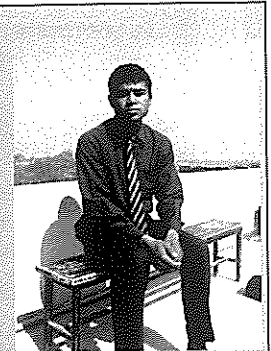
Feedback Provided to Donors

Each donor is assigned a student for a period of five

years, from Class 6 to Class 10, after which the scholarship is transferred to a new student beginning again from Class 6. Donors receive the selected student's photograph, a statement of annual examination scores, together with the student's receipt of scholarship money (See Annex. 1 with a list of sponsors and the latest funding details)

Examples of Appreciation by students

My father died when I was nine years old. I live with my mother, my elder sister and my younger sister. We suffered from economic difficulties even when my father was alive. The Rotary stipend helps me buy clothes and pay for books, which in the past I would not have afforded. My younger sister, Munu Maya, also receives scholarship money through this programme. I am very thankful for the assistance.



Rajendra, Class 10, Harishiddhi Secondary School

My two elder brothers left school after the first grade but my younger brother is still in school. Before receiving the Rotary scholarship, I would regularly not buy the necessary books for class. Sometimes my mother would come to school promising the headmaster to pay the school fees later, because we could not afford to pay them at the time. Now things have become financially easier.



Dina, Class 9 Harishiddhi Secondary School

A Little Goes a Long Way

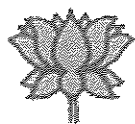
The two sample statements above demonstrate that the value of a small monetary donation is exponentially larger when calculated in non-monetary terms. To name a few: improvement in the child's well-being, expanded outlook and increased potential to develop communities. In continuing the splendid swing of sharing, we encourage donors, Rotarians and non-Rotarians alike, to contribute to the noble goal of educating 1000 disadvantaged students in Nepal every year.

Annex. 1: RCP Prajapati Education Endowment Fund: List of Sponsors - Amount- Student Nos. Year 2009-2010 - As of July 23, 2009

SN	Sponsor	Trust Fund	Ann Contri	Stud No	SN	Sponsor	Trust Fund	Ann Contri	Stud No
1	Rtn Bhim B Kshetry		4,800	4	12	Rtn. Narayan Govind Halwai	68,750		5
	1.1 Bikram B Kshetry (Rtn Bhim B Kshetry's son)		12,000	10		12.1 Mr. S. Muramoto, Japan	10,000		1
	1.2 On Top of the World, UK		121,200	101		12.2 Anne Muna Rajkarnikar	15,000		1
	<i>On Bhim Bahadur Kshetry's initiation</i>		138,000	115		12.3 Manish Rajkarnikar, Minnesota, USA	15,000		1
2	Rtn Siba B Rajbhandary and Family	133,195		9		12.4 Snurii Tuladhar, Minnesota, USA		1,200	1
	2.1 Mrs. Mary Pradhan, USA	38,290		3		12.5 Heema Rajkarnikar		1,200	1
	2.2 Mrs Deepa Hada Rustum, USA	46,920		3		<i>On Narayan Halwai's initiation</i>	108,750	2,400	10
	2.3 Mr. Yakshya B. Malla, USA	15,094		1	13	Rtn Puskar Shakya		2,400	2
	2.4 Mr. Keits Smith, Australia	15,000		1		13.1 Madam Teresa Cruz, Portugese Consular	112,767		7
	2.5 Ms. Linda Starodub, USA	17,033		1		13.2 Mr. Andre De Jonckheere, Belgium Consular	10,000		1
	2.6 Mrs. Richard C. Goldman, USA	7,547		1		<i>On Puskar Shakya's initiation</i>	122,767	2,400	10
	2.7 Late Kul Narayan Maharjan (Rtn. Tulsi's Father)	139,625		10	14	Rtn. Sharda Prasai	100,000		7
	2.8 Obi & Vibha Joshi, USA	14,400		1	15	Rtn. Shreedhar Acharya	71,000		5
	2.9 RC BranchBurg, USA		39,000	30	16	Rtn. Kamal Mani Dixit	78,500		5
	2.10 Late Krishna Mahajan (father of Mahan K Mahajan, USA)	232,650		28	17	Rtn. Suresh Lakhe	77,000		5
	2.11 Newa Pasha Pocha, USA		11,700	7	18	Rtn. Jamuna K Tamrakar		6,000	5
	2.12 Late Hari B Dongol (Rtn Tulsi, USA)		11,700	7	19	Rtn. Padma Lal Maharjan			
	2.13 Dillon Lal, USA	12,010		1		Mrs Lanthakawn - Grandmother	15,000		1
	2.14 Susan Sola, USA	35,248		2		Mr Sanu Maharjan - Padma's Father)	15,000		1
	2.15 PDG Amitav Mukerjee, India	39,500		3		Pankaj Maharjan, (Padma's son), USA	15,000		1
	2.16 Mr. Shreedhar (Nirmal) Shrestha, USA	3,773				Pascal Maharjan (Padma's son), USA	15,000		1
	<i>On Siba Bhakta Rajbhandary's initiation</i>	750,285	79,900	108		Poonam Maharjan (daughter), USA	15,000		1
3	Rotary Club of Patan including Vocational Fund	439,074		70		<i>On Padma Lal's initiation</i>	75,000	-	5
4	Late Rtn PP Prasai	14,000		1	19	Rtn. Ganesh Raj Shrestha	45,000		3
	4.1 Mr. Andre Gilloz, Switzerland	453,290		30		19.1 Bijaya N Bhattarai	15,000		1
	4.2 Mr Georges A Cuendet, Switzerland	381,227		25		<i>Total Ganesh Raj Shrestha's initiation</i>	60,000		4
	4.3 Ms Veera & Mr C Trachaz, Switzerland	149,980		10	20	Rtn. Piyush Bajra Bajracharya	15,000	1,200	2
	4.4 Mrs. Ines Ramaut, Belgium	28,488		2		20.1 Mandar Bajracharya (Rtn Piyush's son), USA	24,860		2
	4.5 Mr Patric & Mrs Martine, Belgium	13,972		1		<i>On Piyush Bajracharya's initiation</i>	39,860	1,200	4
	4.6 Ms Rita Jefer Weber, Switzerland	11,000		1	21	Rtn. Bijaya Mallapaty			
	<i>On Late Prajapati Prasai's initiation</i>	1,051,957	-	70		21.1 Ms. Smriti Mallapaty	15,000		1
5	Rtn. Matsyendra Lal Kayastha	112,500	7,200	13		21.2 Roraj Pradhanaga, USA	45,000		3
	5.1 Late Krishna B Gongol (Rtn. ML Kayastha)	1,200		1		<i>On Bijaya Mallapaty's initiation</i>	60,000	-	4
	5.2 Late Bhumati Devi Gongol (Anne CL Kayastha)	1,200		1	22	Rtn Santa Kumar Shrestha	25,111		2
	5.3 Anne Chandra Lekha Kayastha	15,000		1	23	Rtn. Prakash R Regmi	30,000		2
	5.4 Late Krishna Lal Kayastha (ML Kayastha' Father)	15,000		1	24	Rtn Gyana R Shakya	30,000		2
	5.5 Late Amrit Kumari Kayastha (ML Kayastha' Mother)	15,000		1	25	Rtn. Dr. Prachanda Pradhan	30,000		2
	5.6 Kanhaiya Lal and Rohini Kayastha, USA	15,000		1	26	Rtn Yogya B Shrestha		2,400	2
	5.7 Manish Kayastha, Singapore	30,000		2	27	Rtn. Dr. Anil Shrestha		2,400	2
	5.8 Mausam Kayastha, USA	15,000		1	28	PDG Rtn. T Manekshaw	25,001		2
	5.9 Megha Kayastha Joshi		1,200	1	29	Rtn. Tulsi L Maharjan, USA	35,585		2
	5.10 Matsyendra-Chandra Lekha Kayastha		6,000	5	30	PDG Rtn. Shekhar Mehta, India	25,000		2
	<i>Total ML Kayastha 's initiation</i>	217,500	16,800	28	31	Late Yasodhara Basnet (KB Basnet's wife)	15,000		1
6	Samjhouta Nepal	340,000		22	32	Rtn Chandra P Maskey, Dr	15,000		1
7	Rtn. Rabendra R Pandey	15,000		1	33	Rtn Chirinjibi Acharya	15,000		1
	7.1 Khagendra Piyush Education Guthi	15,000	10,800	10	34	Rtn. Bhism R Prasai	15,000		1
	7.2 Rtn. Robert Rose & Anne Gina, USA	15,000		1	35	Rtn. Kamal B Nyachhyon	15,000		1
	7.3 Rtn. Gale Jones, New Mexico, USA	14,807		1	36	Rtn. Karn B Shakya	15,000		1
	<i>On Rabendra R Pandey's initiation</i>	59,807	10,800	13	37	Rtn. Madan Rai	15,000		1
8	Rtn. Kedar Bhakta Shrestha	15,000	2,400	3	38	Rtn. Ram Singh Thapa	15,000		1
	8.1 Season Shrestha, USA	10,388		1	39	Rtn. Tirtha M Shakya	15,000		1
	8.2 Prem Raja Mahat, USA	10,388		1	40	Rtn. Tulsi Neupane	15,000		1
	8.3 Rajendra Shrestha, USA	10,388		1	43	Rtn. Shreedhar Shumsher JBR	15,000		1
	8.4 Sanjeeb & Soni Shrestha, USA	10,388		1	44	Rtn. Bharat N Joshi		1,200	1
	8.5 Dr. Sanjeeb Shrestha, USA (Inner Wheel Club)	60,000		4	45	Rtn. Krishna Bahadur Pradhan		1,200	1
	8.6 Indra -Jawahar Sahyog Samiti	15000		1	46	Rtn. Moti L. Shilpakar	13,000		1
	8.7 Keshab Lal & Ram Sundari Shrestha	15000		1	47	Saheed Dharma Bhakta Mathema (Rtn Renu)	15,000		1
	8.8 Shreedhar Lal & Sudhesna Shrestha, USA	15000		1	48	Om Rajbhandary	6,000		
	8.9 Relatives of Kedar Shrestha, USA	105000		7	49	Vishnu P Dhital	6,000		
	<i>Total Kedar Bhakta Shrestha's initiation</i>	266,532	2,400	21	50	Rtn. Jim Sinclair, USA	13,997		1
9	Rtn. Keshav Bhakta Mathema	66,000		4	51	Rtn. Shiyo Kaju Natsu, Japan	5,000		
	9.1 Chris & Kathleen Davis, USA	126,902		8	52	Rtn. Bijaya Bajracharya	1,000		
	<i>On Keshab Bhakta Mathema's initiation</i>	192,902	-	12	53	Rtn. Biswa Nath Rai		2,400	2
10	Chandra Shekhar Gyawali	5,000	12,000	10	54	Rtn. Siddhi B Shakya	3,000		
11	Inner Wheel Club of RCP	140,000		10	55	Dhruva Thapa	1,000		
					56	Dhruva Bahadur Raut	1,000		
					57	Sagar Shumsher JBR	5,000		
					58	Rtn. Denik Irak, Belgium	1,000		
	Sub-total	3,463,077	259,900	479		Sub-total	1,229,571	21,600	100
						Grand Total	4,692,648	281,500	579
						Fund for scholarship = 0.095*4,692,648+281,500		727,302	



We extend
our Best Wishes
for the
grand success
of the
Rotary Club of Patan
on its 24th
CHARTER CEREMONY 2009-2010
Our service !
Your Trust !

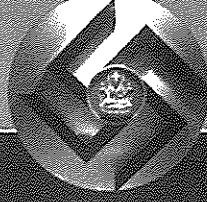


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बहुउद्देश्यीय सहकारी संस्था लि.

नेपाल सरकार
सहकारी ऐन २०४८ अन्तर्गत स्थापित
द.नं. १३४०

गाबहाल, वनबहाल, ललितपुर ।

फोन नं. ५५३३८५३

'सौभाग्य बहुउद्देश्यीय हो एउटै नाम
धेरै बचत गरी लिनुहोस् काम'

आवधिक निक्षेप तर्फको ब्याज दर
१ वर्ष भन्दा कम (६ महिनाको लागि) ७%

	त्रैमासिक ब्याज भुक्तानी	वार्षिक एकमुष्ट ब्याज भुक्तानी
१ वर्ष	९%	९.५%
२ वर्ष	९.५%	१०%
३ वर्ष	१०%	१०.५%
४ वर्ष	१०.५%	११%
५ वर्ष	११%	१२%

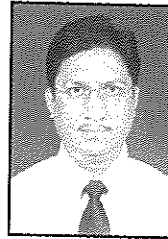
कर्जा लगानी तर्फको ब्याजदर

१. व्यक्तिगत कर्जा	१६%
२. औद्योगिक तथा व्यवसायिक कर्जा	१५%
३. घर जग्गा खरीद र निर्माण कर्जा	१४%
४. हायर पचेज कर्जा	१५%
५. शैक्षिक कर्जा	१५%
६. सुनचाँदी धितो कर्जा	१ महिनासम्म १६% १ महिनाभन्दा बढी १५%
७. आवधिक रसिद धितो कर्जा	२ थप%
८. ऋण पत्र धितो कर्जा	२ थप%

कर्जामा १ वर्ष भन्दा कममा १% र १ वर्ष र सो
भन्दा बढीमा २% का दरले सेवा शुल्क लाग्नेछ ।

Physical activity & heart

'Walk more, Live more'



Rtn. Dr. Prakash Raj Regmi, MD.

To lead a long and fulfilling life, it is important that one stays fit and healthy. There are several medical conditions such as high blood pressure, high blood cholesterol, coronary artery disease, diabetes, and cancer affecting a large part of our population these days. These medical conditions are making people unfit and unhealthy. It is therefore important to understand the risk factors affecting our heart and also the most effective methods to reduce the risk of getting these diseases. Having a healthy lifestyle is the key to stay fit & healthy. Physical activity is one of the most important components of a healthy lifestyle.

If you have coronary artery disease, high blood pressure, high blood cholesterol or diabetes, or if you are overweight or just had heart surgery, your doctor may already have advised you to do more physical activity. Physical activity might involve going swimming, doing an exercise class, or playing a sport. But it also includes everyday things such as walking, gardening and climbing stairs. Benefits and significance of physical activities are suggested below:

- ◆ Physical activity halves the risk of developing coronary artery disease.
- ◆ Among people who have heart attacks, those who have been physically active are more likely to survive the heart attack compared with people who have not been active.
- ◆ Physical activity as part of a rehabilitation program reduces the risk of dying after a heart attack.
- ◆ Physical activity reduces the risk of having a stroke.
- ◆ It helps lower blood pressure.
- ◆ It reduces chance of developing diabetes.
- ◆ If you already have diabetes, physical activity can help you to control it.
- ◆ It helps you to lose weight if you are overweight.

Physical activity also improves your health in other ways. It can:

- ◆ Make you feel more energetic.
- ◆ Relieve stress.
- ◆ Lower the risk of osteoporosis (thinning of the bones)
- ◆ Help you to relax.

The people who benefit the most are those inactive people who start to take regular moderate exercise, such as brisk walking, cycling or dancing. Also, there is no particular level of activity that you have to reach before you can benefit – a little activity is better than none! And the benefits will start to come as soon as you start being more active.

If you already go to the gym, play a sport or use special exercise equipment or do yoga, these all are good ways of keeping yourself fit and active. But you don't have to join a gym to gain the benefits of physical activity. You can become more active just by fitting more physical activity into your everyday life.

Many people who do regular physical activity say that it makes them feel better, and that they notice an improvement in their mood and self-confidence. It can also be sociable and a lot of fun.

What sort of activities are best ?

The type of exercise that helps your heart the most is called "aerobic" activity. It is repetitive, rhythmic exercise involving large muscle groups such as legs, shoulders and arms. Examples of aerobic activity include walking, cycling, swimming and dancing. Heart patients should avoid intense activities such as weightlifting, press-ups and heavy digging.

Whether or not you have a heart disease it is very important to increase your physical activity gradually. The following are few sensible precautions:

- ◆ Increase your physical activity gradually.
- ◆ Warm up and cool down each time.
- ◆ Dress warmly while doing outdoor activity in cold weather.
- ◆ Don't exercise if you have fever.
- ◆ Stop exercise if you have pain or feel uncomfortable.

Brisk walking

This is the best and easiest type of physical activity. Each time you start walking, begin slowly and build up gradually to the main pace. When you come to the end, slow down gradually and make sure do not stop suddenly. Your walking should be brisk enough to get maximum health benefit. You can check if you are walking briskly enough or not by doing the 'talk test' while you are walking.

Talk test

- ◆ If you can talk very easily, you are not walking briskly enough.
- ◆ If you can talk but you feel warm and are breathing more heavily than normal, you are walking at about the right pace.
- ◆ If you can't talk, you are walking too briskly, so you should slow down.

Doctors advise: Walk at a speed of 4 to 5 km per hour for 30 minutes at least 5 days a week. **'Walk more & live more'**

Best Wishes on the Occasion of the 24th Charter Ceremony of the Rotary Club of Patan

Rtn. Bhim B. Kshetry
Tel. 5521661

Rtn. Padam L. Maharjan
Tel. 4331236

Rtn. Tulsi P. Neupane
Tel. 5522320

Rtn. Kamal B. Nyachhyon
Tel. 5526070/5522202

Rtn. Satya Pradhan
Tel. 5524478

Rtn. Pushker Shakya
Tel. 5523492

Rtn. Arti Thapa Shrestha
Tel. 5592475

Rtn. Kedar B. Shrestha
Tel. 5522207/5524605

Rtn. Khruschev Shrestha
Tel. 5525886

Rtn. Jamuna K. Tamrakar
Tel. 5526944

निक्षेपकर्तालाई सुवर्ण अवसर

सुनको सिक्का उपहार

प्रत्येक २ लाखको मुद्दति खाता खोल्ने ग्राहकलाई एक ग्रामको सुनको सिक्का प्रदान गरिने छ । (सिमित अवधिको लागि)

ब्याज दर

मुद्दति	त्रैमासिक	निश्चित अवधि पछि
१ वर्षे	७.५०%	७.७५%
२ वर्षे	८.००%	८.२५%

दुई वर्षभन्दा बढी अवधिको निक्षेपमा आपसी छलफलबाट ब्याज निर्धारण गरिने

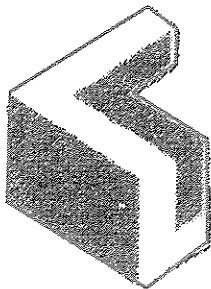
बचत खातामा

६.२५% ब्याज दैनिक मौज्जातमा प्रत्येक ६-६ महिनामा

क्रिप्टल बचत योजना

रु. १००००० मा CSD खाता खोल्नेलाई ७% ब्याज दिईने छ .*

(* सर्त लागू हुनेछ)



क्रिप्टल फाइनान्स लि.

चाइना टाउन सपिड सेन्टर, चर्चिल कम्प्लेक्स
बागदरवार, सुन्धारा, पो.ब.नं. १६३६०, काठमाडौं
फोन: ४२१८२६६, ४२१८२००, ४२१८२०९
फ्याक्स: ६००-१-४२१६०५८



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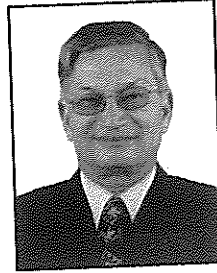
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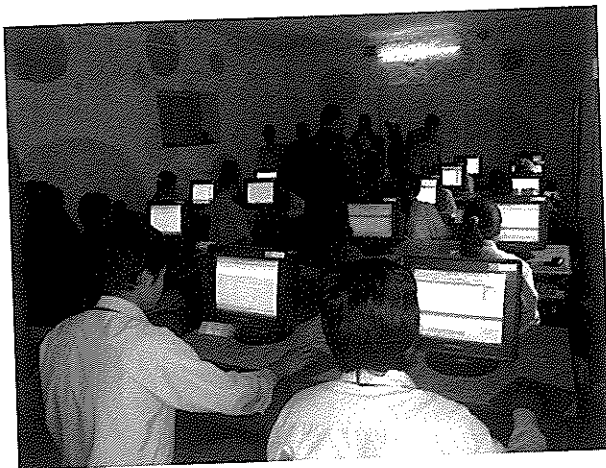
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Bridging the Digital Divide



PP Rtn. Siba Bhakta Rajbhandary

In continuing its efforts to bridge the digital divide between private schools and public schools, the Rotary Club of Patan handed over 68 locally purchased computers to 4 public schools in October 2008. This makes a total of 246 computers supplied to the schools in Lalitpur district in the last 4 years, making Rotary Club of Patan the biggest contributor of computers in Nepal. The computer labs are being run effectively. Approximately 3000 school students, some teachers and local community members are the beneficiaries.



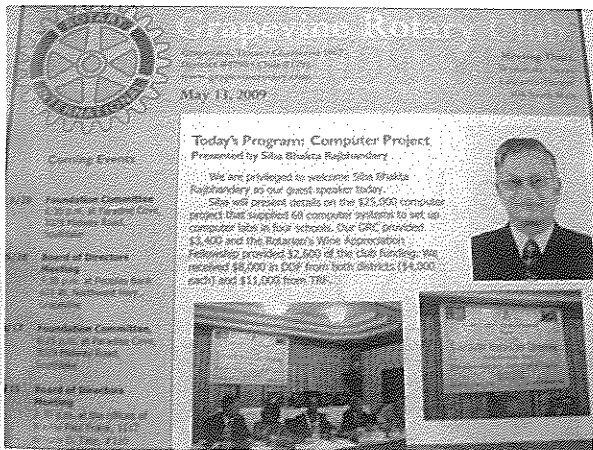
The vision behind this project is to ensure that all children have a more equal chance at developing themselves and their country by bridging the digital divide. In today's world, knowing how to use a computer and accessing the world through the internet is critical to expanding one's horizon. The divide created by access to computers and the knowledge and information that can be accessed through them needs to be bridged. This digital divide project is focused on contributing to achieving this goal.

In addition to the vision, the implementation of this Matching Grant (MG No 65650 for \$25,000) project is characterized by:

- a) *Cost sharing/partnership:* between schools and Rotary clubs: While Rotary Club supplied computers; schools provided carpeted class rooms, computer furniture and the required electrical wirings. This has given the schools a sense of ownership. Similarly, since the government has not provided for a science teacher, the school charges a small fee per student for computer use, which is adequate to pay for a full time computer teacher with Diploma in computer science.
- b) *Service to community:* computer labs are also available for use by the community for a small fee during school off hours. This also allows the school to raise funds to contribute to the maintenance of the computers.
- c) *Collaboration with another Rotary Club:* One of the 4 recipient schools ran short of funds to procure furniture, as it was extending school premises, which would have also accommodated a computer class room. Therefore, the school and the RC of Patan negotiated with RC of Kathmandu Mid town to provide funds for the furniture. The computer lab there was inaugurated jointly by the President of the RC of Kathmandu Mid Town and me on behalf of the RC of Patan.
- d) *Accomplishments exceeded target:* The project was designed to supply 60 computers. The project succeeded in procuring 68 computers, and was therefore able to establish a computer lab in an additional school. By supplying 8 computers to a school, which had already received 12 computers from the RC of Patan in the past, the project was able to help a fourth school to set up its computer lab. The computers were one of the latest models, which were provided together with Sony modems, laser



printers, and automatic voltage stabilizers to ensure that the labs run smoothly. Software included educational programmes. Matching Grant fund was received and handing over of computers and project was completed in October 2008.



e) *National and international exposure:* Computers were handed over to schools by the then Education Minister, at a special function. Another Minister for General Administration inaugurated the computer lab in Harisiddhi School, one of the 4 recipient schools. These events were widely covered by TVs, FM stations and the press. I had the distinct pleasure and honor of presenting this project at the District

Conference of RI District 5790, Texas, as a successful project. The Rotary Club of Grapevine, the International partner club, had also organized for me to present the project at their regular meeting; I take these events as special recognition for RC of Patan.

Recipient schools of this Matching Grant:

- 1) Champidevi Secondary School, Chhampi
- 2) Harisiddhi Higher Secondary School, Harisiddhi
- 3) Kitni Higher Secondary School, Kitni Godavari and
- 4) Shree Saraswati Higher Secondary School, Lele.

These schools were supplied with 20 computers each, as an evaluation of our past computer projects had shown that computers were being effectively utilized only in schools that received between 15 to 20 computers. Rotary Club of Patan's objective is to help establish computer classes in each of the 27 schools where it has scholarship programme. So far only eight schools, four under this project and 4 others that received support in the past, have established effective computer labs, thus leaving 15 more schools to be supported with computer labs.

Highly impressed by the effectiveness of this project, the Rotary Club of Grapevine, our international partner club, has agreed to continue partnership with RC Patan, in computer education in Nepal. Accordingly, a new Matching Grant project (5th) is already in process. A 6th Matching Grant project on computers also is in process with the Rotary Club of Branchburg, New Jersey. The Rotary Club of Patan is thankful to our District Governor and TRF Coordinator for approving \$ 5000 each DDF to these two Matching Grant applications. Considering the current financial situation of TRF, we should consider ourselves extremely fortunate, if the MG applications are approved as presented. Let us look at the bright side of things!

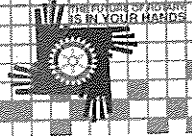


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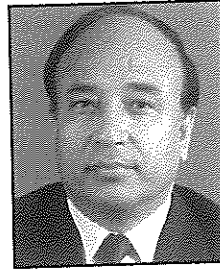
CHAPTER 9

All about food & wines...

Pulchok, Lalitpur

Tel No. 5525979

Endangered Childhood



PP Rtn. Keshab B. Mathema

The world, already into its third millennium, is on the threshold of new opportunities. To its credit, there have already been some stunning advances that have touched the lives of people. Yet, in spite of great human progress, the absolute number of people affected by poverty is staggering (estimated to have exceeded 1.4 billion). Several studies have confirmed that almost half of those poor live in South Asia. They suffer from severe deprivation, with limited or no access to nutrition, health services, water and sanitation, education, employment and so on. One of the sad consequences of such deprivation is the situation of children in difficult circumstances. One such predicament is that of child labour, the conditions that even deprive them of their childhood. Most of these children are driven to work by stubborn poverty and broken homes. The International Labour Organization estimates that, out of 250 million working children between the ages of 5 to 14, nearly 120 million work full time. Although nobody seems to know exactly how many children are economically active for various reasons, official international and national statistics reflect but a fraction of the children actually working. It is also true in the case of Nepal. A study to review the situation of child labour in Nepal supported by various concerned international organizations claims that "more than half of the children are working either outside for pay in cash/kind or contributing to domestic work. School going children are also included within these numbers and these children are mostly from the older age brackets (10-14 years)". While these figures are quite alarming, they do not fully reflect the qualitative magnitude of child labour problems in Nepal.

Undoubtedly, poverty is the root cause of child labour. It is the main reason why children are forced to take on work, which oftentimes deprives them of their basic rights. Obviously, child labour is most evident in Nepal, where poverty and material

deprivation are very much the order of things. There are, however, other determinants on child labour: the opportunities for attending school are limited, if not non-existent; the perceived returns from education relative to work are low; levels of technology and the cost of labour make it more 'profitable' to employ children, and parents farm their children out to work because they downgrade the importance of education.

Children working as household domestic servants, particularly in Nepal, are the most difficult to protect, especially those who live with their employers. The majority are girls, pre-adolescents who have been hired out for wages, typically paid to the parents with little or nothing going to the child. Child domestic workers are usually dependent and utterly at the mercy of employers, and therefore highly vulnerable to abuse. They are expected to work long hours with no regular days off. It is believed that many are malnourished, victims of physical and sexual abuse, and not able to attend school. Such cases are sparingly reported in the media.

The impact of child labour on children, particularly the young ones is devastating; physically, mentally and emotionally. Such impact is also inter-generational. A joint report of the World Health Organization (WHO)/Defense for Children International (DCI) on child labour states that 'normal growth spurts during puberty and adolescence are adversely affected by poor nutrient intake and increased manual work'. The report further notes other physical health hazards, including bony lesions and postural deformity, attributable to work such as carpet weaving, embroidery and lifting heavy weights. Psychological problems resulting from child labour are not just a result of the work situation but the violent changes to which the child worker is exposed. Most of the children are likely to exhibit anti-social behaviour due to their early

exposure to adult life of sex, crime, and alcoholism and drug abuse.

Historically, the single most common and direct approach to the problem of child labour has been the adoption of legislation specifically regulating children's work. Nepal also recently enacted an improved legislation on child labour. This is particularly important because it calls upon and places the authority of the State behind the protection of children. It also creates a forum within which a society clarifies its values and commitments to its young. In a country like ours, the task of implementing legal commitments concerning child labour is daunting. The mechanism for inspection, improvement notices and prosecutions, including counselling is not explicit. The other dimension is that the child's work is considered part of poor families' survival mechanism, and legal measures may not necessarily work in the interest of child workers and their families. This has led to some re-thinking on the policy of legislating against all forms of child labour below a minimum age. The International Labour Organization, for example, has declared that 'effective policies aimed at the protection of children at work and the gradual elimination of child labour must be adjusted to the socio-economic situation of each country...'. Recognizing that children who need or want to work will usually find a way, ILO, UNICEF and other organizations, without surrendering their long-term commitment to the total abolition of exploitative child labour, have focused their attention on the problem of improving children's working conditions, particularly those not covered by the formal sector. Child labour policy is moving beyond narrowly focused health and safety concerns established for adults to encompass a more specifically child centred perspective. In summary, although legal remedies remain a valid and continuing concern, there is a call for more practical supplemental approaches to protect working children, particularly in developing

countries like Nepal. One NGO that I am familiar with is Nepal RUGMARK Foundation, which is doing some commendable work along these lines to free child labourers in the carpet industry. The novelty of the programme rests on its ability to work with the carpet industry through a child labour-free carpet certification system, which has already helped 'to restore childhood to hundreds of carpet children'.

Childhood as a phase was not fully understood in its emotional, social and behavioural contexts until recently. It is said, "Childhood is a permanent and universal social formation in which a significant part of human life is experienced. Childhood is best described as a social and cultural category within the life cycle that guides, conditions, supports and legitimizes children's participation in, and exploration of, physical, social and cultural spaces". Childhood is therefore, as most social scientists indicate, a "permanent social category and not merely a transient phase of life". This concept, which is now universally accepted, has important bearings on the cultural and social development of a nation. When a child moves into the situation of adulthood, without experiencing childhood, an important sequence of maturing steps to the ultimate goal of adulthood is missed. In Nepal, if such large segments of children, as reported, are engaged in child labour with minimum or no educational or health facilities, we may have come to compromise the future of our nation. If the society, which upholds democratic principles and values, allows the childhood of so many children to slip away, how can we measure up to the vision of our forefathers? It is in this background that the vision of the national movement for children, particularly those who have lost their childhood, belongs. The violation of child rights should be regarded with the same seriousness as other crimes against humanity. Moreover, our failure to protect child victims, when we have the power to act, should also be declared 'a crime of complicity'. The time is now to take our moral obligations seriously.



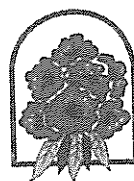
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TRADE LINK

Patan



Excerpts from an interview with Bill Gates on the Rotary Polio Challenge

(Published in *The Rotarian*, May 2009)

In 2007, the Gates Foundation awarded Rotary International a US\$100 million challenge grant to underwrite Rotary's commitment to eradicate polio. Rotary pledged to match the grant dollar for dollar and as of January 2009, it had raised nearly \$73 million. That grant was one of the largest challenge grants ever given by the Gates Foundation and, until recently, the largest grant received by Rotary, which has made polio eradication its top priority since 1985.

On 21 January, however, the Gates Foundation set a new record by awarding an additional \$255 million. Rotary committed to raising a total of \$200 million by 30 June 2012. Gates made the announcement during an enthusiastically received surprise appearance at Rotary's International Assembly in San Diego. When Bill Gates appeared at the assembly, he already had visited India and was planning a February trip to Nigeria.

By the time the world is certified polio-free, Rotary will have raised \$1.2 billion for polio eradication. "Just as important," Gates told the audience, "you have kept it high on the world's list of priorities. Together with WHO, UNICEF, CDC, and other partners, you've stopped millions of cases of polio. And you've saved more than a million lives. Without Rotary, the world wouldn't be anywhere close to a 99 percent decline in polio."

"We are making this grant and asking you to raise a total of \$200 million because we know that eradication doesn't come in an instant. We know that it's a formidable challenge to eradicate a disease that has killed and crippled children since at least the time of the ancient Egyptians. We don't know exactly when the last child will be affected. But we do have the vaccines to wipe it out. Countries do have the will to deploy all the tools at their disposal. If we all have the fortitude to see this effort through to the end, then we will eradicate polio."

After Gates' appearance, interviewer David Rensin and editor-in-chief of *The Rotarian*, Vince Aversano, met with him for the interview.

The Rotarian: UN Secretary-General Ban Ki-

moon recently said that polio will be history, like smallpox, and he credits Rotary and its partners. What is it about Rotary that makes you especially willing to back its commitment with this much cash?

Bill Gates: In the world of global health, success builds on success, and Rotary, in its commitment to eliminate polio, is unique. Rotary has taken a very strong leadership role, and we knew, based on Rotary's track record, that they would obviously be the key partner. My father is (an honorary Rotary club) member, and lately I've been learning more about Rotary and its geographic reach and its commitment to help on polio. I'm more and more impressed, the more I learn.

TR: Why did you decide to give the gift directly to Rotary as opposed to the whole polio initiative, whose partners include Rotary, the U.S. Centres for Disease Control and Prevention, UNICEF, and the World Health Organization?

Gates: You can say the World Health Organization is at the centre of the polio fight or that Rotary is at the centre. Both are true. WHO is a UN organization and, although wonderful, there are complexities in how they have to manage funds and do things. We're learning as we go and innovating in different ways in different countries, brainstorming about how and where the funding should be targeted. Giving directly to Rotary is an idea because they're just dedicated to the polio fight and not subject to the same complexities as a UN organization. It may be that Rotary, in turn, will grant (funds) through UNICEF, or directly to an NGO (nongovernmental organization) in one of the countries where polio exists, or to the endemic countries. You have to keep all these immunizations going as long as there's any of the disease spreading within a region. We're pretty close to the end on polio. Time makes so much difference.

Giving to Rotary also allows the fight to take place in the challenge format. Of the most recent gift, \$155 million is not part of the challenge but we felt best about having that in Rotary's hands.

TR: Three of the four polio-endemic countries are contiguous. Nigeria is almost like a wild card, surrounded by countries that have eradicated polio. What are the problems there?



In a recent trip to Nigeria, Bill Gates gives polio vaccine to Asma'u, held by her mother, Zalihatu Abubakar, as local health care workers assist.

Gates: The coverage rate is our big challenge. Nigeria has a huge population, with big growth in the north. That's where the problem is getting the leadership to spread the word that this is a safe and important vaccine. It's about getting the word out. In 2003, vaccinations in a large part of that area stopped. We've been rebuilding, but we're not at the level of vaccination needed to eliminate polio.

TR: Because there are still a lot of misconceptions about the disease?

Gates: The word went out five years ago that it was a dangerous vaccine. Some progress has been made in getting peoples so say, "No, that's wrong. In fact, it's the opposite. This vaccine is good for you." People care a lot about their children's health, and obviously we have to tap that as a positive force for getting them to take the vaccine. Now, a few of the states are at the (vaccination) levels we need, but there are still three states, including Kano, that are not. We've been talking to the leadership there – including the new health minister, about whom the people are enthusiastic – about what we should do to help get the word out.

TR: You went to India in November and met with experts dealing with outbreaks. You also met Hashmin, a little girl with polio. What do you learn from going out in the field?

Gates: Hashmin is what it's all about. I met her when I was on a trip with my dad and my two sisters. She's paralyzed for life. Kids in slums are most at risk; Hashmin had some drops of the vaccine, but given all the other diseases and nutritional challenges, not enough to fully protect her. Unfortunately, polio is not a disease you can treat. Once you get the disease, it ravages some of your nerve cells, and the effect is permanent. You can't be restored. All we have is a vaccine that's preventive.

TR: Was administering the vaccine an emotional moment?

Gates: Yeah.

TR: Any tears?

Gates: This is an oral vaccine, so all you're doing is (giving) drops. Some of the children are crying.

RT: I meant you.

Gates: (smiles) Not giving the vaccine. But meeting Hashmin, and knowing that she's still too young to be aware that she's even got polio – that was very emotional. When I made the trip to India, polio was the big theme. I'll probably be back in India in the next three months, with polio as the only reason to go. This trip to Nigeria (in February) IS 100 PERCENT A POLIO TRIP. My intent is to learn about the disease and help make sure that our



resources are being used well, along with talking to government leaders and thanking Rotary for their great work; that is now my full-time effort.

TR: What part do government health officials play?

Gates: In India, we also spent a lot of time with the health minister talking about the campaign, what new measures need to be taken, what new tools we can add. For instance, we have the technology that allowed us to track Hashmin's case back to a spread coming out of Uttar Pradesh (State), which is close to Delhi. That's important. The quality of the execution in India is really quite amazing. The government of India is funding a very high percentage of the polio activities. In New Delhi, we met with the vaccinators who map the neighbourhoods and mark the households.

TR: Was 2008 a good year?

Gates: All of us expected better progress in 2008, but the number of cases actually went up – not a huge number, but enough that we know we need to apply some new tactics.

TR: Is that what triggered the \$255 million gift – just a year after the first \$100 million?

Gates: About two years ago, people thought we were on the glide slope to success. Then, as challenges came up last year, that changed to saying the fight was winnable, but we were going to have to put more into it and pay more attention, particularly in the endemic countries. The news is that these are not the easy years. The last two have in some ways been the most difficult.

The money came out of a meeting that my wife, Melinda, and I had with our polio team. I write about this in my first annual letter about my work with our foundation. We asked our team, if we kept giving as we had been giving, would there be a good chance of success? The more I probed, the more they talked about the problems and challenges. So I raised the question, if we gave more money, would that raise the chances of success? They came back 30 days later and said yes. The extra time and some of the new ideas would take additional money. We decided to do two things: give more ourselves and reach out to everybody else who's involved, including Rotary and the governments, and get them to give more as well.

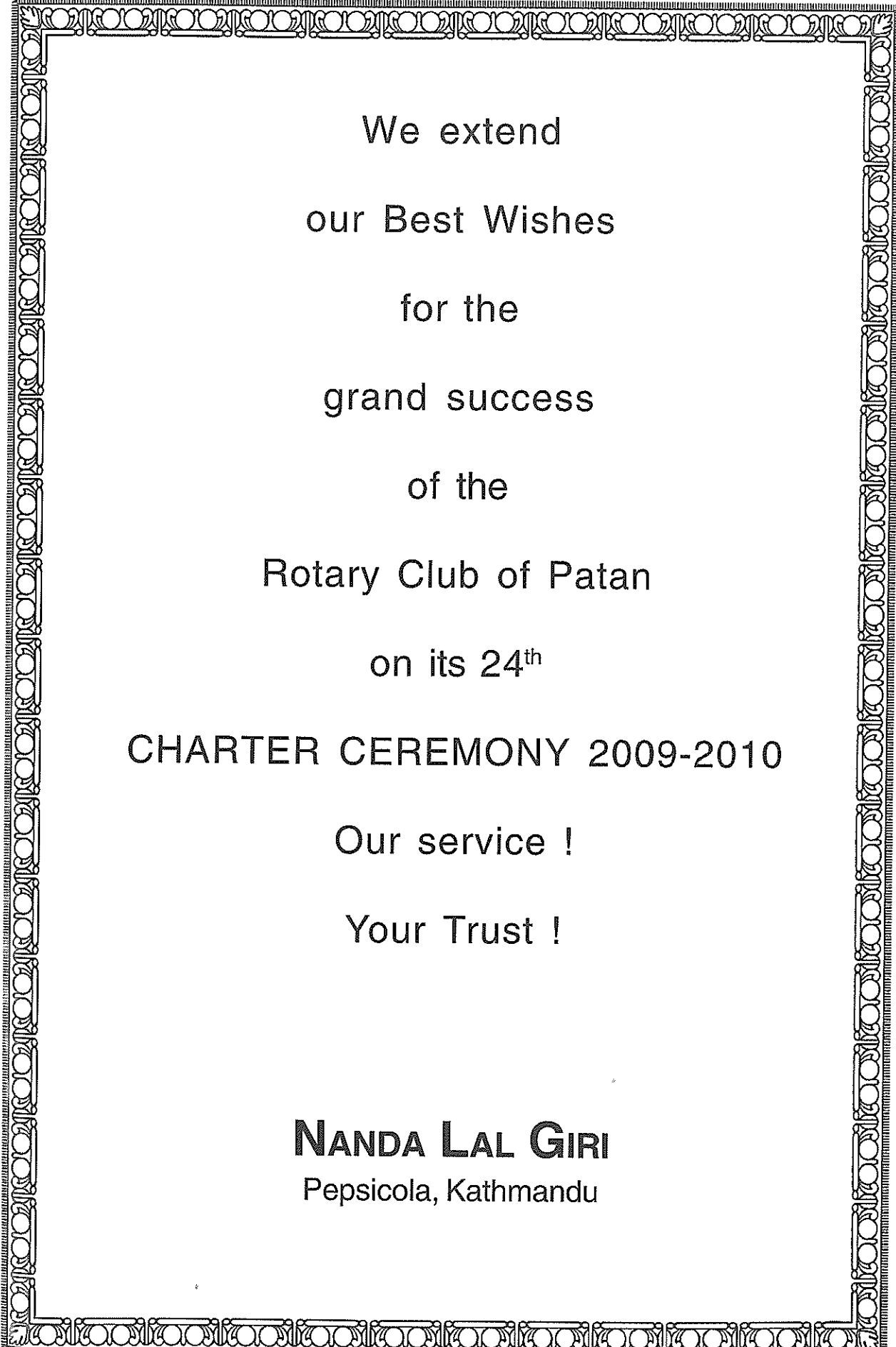
TR: So much potential money is bound up in the corporate sector. How do you motivate the business community to adopt humanitarian issues as a core value?

Gates: I've talked broadly about what I call "creative capitalism." The vast majority of the power, innovation, and ability to execute in the world are in business. The drug companies understand drugs and vaccines; the cell phone companies have the communications infrastructure; the food companies, through their buying and formulation and labs, understand seeds and things. If each company can think about how 5 percent of their innovative power could focus on the needs of the poorest and how we could tap more scientists, more resources, more abilities, it would be great.

Rotary is one of the best examples. They took on polio, and it drew them together. I wish we had more organizations and businesses taking on challenges like that. Businesses can match the gifts their employees give – such as (when) someone has given to the Rotary polio campaign. Or they could donate their expertise or supplies. Each business has to pick a particular theme. I think this can be very energizing.

Rotary will always stand out as a unique example. But there are great examples of Businesses – particularly the larger businesses – that are trying to make a difference.

In every industry, you have some leaders who are the key, because they set the example. If we could get everybody to be as good as the best – the best in the food, cell phone, drug, banking (industries) – then what we would have would be quite phenomenal. Businesses that are involved with Rotary have made the choice, whether it's in their community or the world, that the relationship between business and humanitarianism (should be) positive. I'm sure that some of them get business from other Rotarians, and that standing up and being a good citizen is of benefit to them. That's not to deny governments credit. The biggest dollars for all these battles against disease come from the governments – I mean the big, big numbers like for AIDS treatment, or the overall vaccination budgets.



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NANDA LAL GIRI
Pepsicola, Kathmandu

Memorable Group Study Exchange Events of 2007/2008



PP Rtn. Pushkar M. Shakya

Introduction

Group Study Exchange (GSE) event is one of The Rotary Foundation's educational programmes. It gives an opportunity to a team consisting of one Rotarian leader and four to six non-Rotarians to participate in a vocational exchange of 4-6 weeks with another Rotary District in a different country. The Rotary Foundation's GSE Programme is intended to promote international understanding and friendship through an exchange of business and professional people between different countries. The exchange is a cultural and professional immersion and worldwide fellowship experience, as teams are hosted with people of different cultures, races, beliefs and income levels. Since, 1965, over 57,000 participants from more than 100 countries have participated in Group Study Exchange.

Experience of the GSE Events of 2007-2008

The GSE of RI District 3290 in year 2007/2008 was lead by me to RI District 1040 with a group of ambitious youth comprising of four classifications, i.e. a bank employee, a tourism expert, an electrical engineer and a radio broadcaster. After selection by the selection committee of District 3292 then district 3290 several meetings to know each other, preparatory work for the journey and the presentation were enthusiastically done. The overall presentation job was more like an ambassadorial responsibility to promote your country and its culture.

After confirmation of all the programmes, the departure date was fixed for the 18th April, but to my utter surprise we learnt that our visa requests have been refused despite our completion of all the requirements of the British Embassy. It really hurt me as it was the first time in the history of my 35 years traveling experience in the world that I was denied a visa, and all the more for the travel of

Rotary's GSE programme. But I did not give up and made a resolve to fight for the success of the programmes. We reapplied for the visas paying UK Pounds 65 each for the second time on 17th of April. This time I was granted the visa but not the whole team. It was very embarrassing and I started requesting all my sources including friends from the Rotary to influence the British embassy in New Delhi.

In the meantime, I received a mail from District Governor Ken, which I quote "I am truly sorry that we have to cancel the arrangement, believe me it was not a decision that was taken lightly. I appreciate that you must be disappointed at this time but must ask that you understand our position" unquote. Receiving this mail shattered me, but I still did not give up hope and continued writing to all concerned including the District Governor Anirudha. I must appreciate him for his assurances that he was not going to cancel the programme.

I was confronted with another serious problem - how to hold the committed Rotarians to host and maintain the programme with this uncertainty on the travel dates. I also wrote to Ms. Anita Daniel, RI Coordinator, GSE programme, Roger Percival (DRFC 1040), Bill Kerr (Dist. GSE Officer 1040) and Ms. Erin Woodard, RI Senior GSE Coordinator.

On the 30th of April, I received a call from Rtn. Nugal Vaidya that the wife of District 1040 Governor elect, Mrs. Chris Philip was in Kathmandu and wanted to know what was happening about the GSE programme. Rtn. Nugal bought her to my house for a thorough briefing after which she called the British Embassy in New Delhi and discussed with the concerned persons at length. Following this, we sent all the passports back to New Delhi by courier. But to my surprise there was neither any

acknowledgement of its receipt nor any response for weeks. I kept on writing to the host districts Rtn. Bill Kerr, District Governor Ken Robert Shaw, Roger Percival and Chris. The efforts and words given by Chris saying, "I will not keep a single stone unturned to conclude this programme" was very encouraging.

Finally, on the 11th of June, our passports got stamped with visa for the whole team. Thanks to Mr. Barry Sherman, member of parliament in UK, who called the Embassy in New Delhi, and of course to Chris Philip and to all members in RI District for their constant efforts and continued support and encouragement given to me during this whole process and the words of Ken "Strongman can stand up for himself, it takes a stronger man to stand up for others". Even after receiving the visas we could not leave Kathmandu for the programme until the 24th of September because the activities needed to be rescheduled including getting new hosts where necessary. At last, we left by Jet airways to New Delhi and to Heathrow and towards Leeds/Bradford.

On arrival to Heathrow, we were asked 101 questions why we are refused visa and it took hours for clearance by the immigration officer to grant us the entry. At Heathrow airport, both my sons Sajil and Sujal had come to receive us and of course also to collect the gifts from their mother. Unfortunately, Delhi airport staff of Jet airways had sent all the baggage checked up to Leeds/Bradford though the baggage was checked up to Heathrow only from Kathmandu. Time was very short to take another flight as we have to go to another terminal. Thanks to my sons Sajil and Sujal, without whose help we would not have been able to catch the connecting flight from Heathrow to the final destination. The story does still not end, as upon arrival in Leeds/Bradford, we found that one important box with all the brochures and promotional materials from Nepal was missing. I filed the lost luggage claim to the airline and came out from the customs to reach the arrival hall.

To our surprise, a group of Rotarians, known faces of Roger Percival, Chris Philip and many other unknown faces but known by names welcomed us with a big ply-flex with photos of mine, Lila, Lunar,

Mahesh and Sushil. Big hugs and tears of joy rolled out from us and from many who were present there. It was already 11 p.m., so, they took us to the respective host of the Rotary club of Bingley, the first hosting club. I and Lila were hosted by President Colin Symes and Mrs. Helen, Rtn. Willie Clark, Rtn. Alan Wintersgill and Rtn. Brian Chippindale. Other hosts clubs during the entire programme were Rotary clubs of Harrogate, Huddersfield, Aireborough, Bingley Airedale, Sow Bridge and Mirfield.

I and my team members Lila, Lunar, Mahesh and Sushil, would like to thank from the core of our hearts to all the hosts and members of the Rotary clubs of District 1040 for their warm hospitalities and fellowships.

This is not end of what happened but if not for the space constraints, more detailed stories of the whole programme could go on for hundreds of pages. There are many untold and unwritten sweet memories, which we have kept close to our hearts - the friendship we had with all the hosts and Rotarian friends who were always present during our days with them, the days with rain and sunshine, the meeting with the dignitaries, the interview with radio

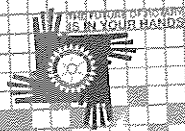


stations and newspapers, our presentation in different clubs and conversations during different fellowship gala dinners and so on. To keep it short, I must say to all Rotarian friends, you have to participate in this kind of GSE programme to gain experience and have to feel it personally - its warmth, hospitalities and fellowships.

I would also like to add my thanks to Tikaman dai, Tirtha man dai Dilendra, and Ganesh whose support and encouragement during this venture were very valuable to make this programme a success.

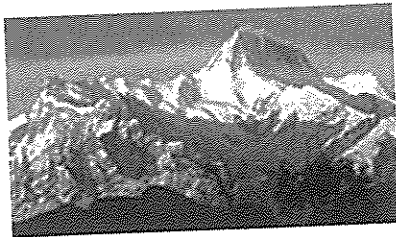
In conclusion, I would like to state, "It is said that it takes only a minute to find extra-ordinary people, an hour to appreciate them, a day to love them, but it takes a whole life to forget them. Learn to write the hurt in sand and curve your good experiences in stone you will never forget."

With this short message I would like to let all the hosts and members of RI District 1040 know that I will never forget them.



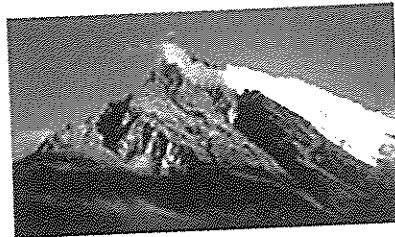
SPECIAL PACKAGES

▶▶ Everest Base Camp Trek



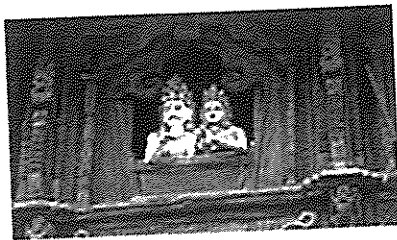
Duration: 13 Days
Best Season: Spring Autumn
Grade: Moderate to Adventurous
Highest Point: 5545m

▶▶ Langtang Valley Trek

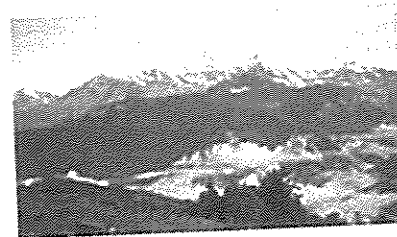


Duration: 09 Days
Best Season: Spring Autumn
Grade: Moderate to Adventurous
Highest Point: 4984m

▶▶ Grand Nepal Tour



Duration: 06 Days
Places : Kathmandu, Nagarkot, Bhaktapur, Pashupatinath, Bouddhanath, Swoyambhunath, Pokhara, Trisuli river, Patan.



Duration: 05 Days
Best Season: Spring & Autumn
Grade: Easy to Moderate
Highest Point: 3210M/POON HILL

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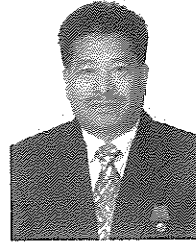
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Nepal
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Nepal Orthopaedic Hospital



- PP Rtn. Ganesh R. Shrestha

The Rotary Club of Patan (RCP) is greatly satisfied with the Nepal Orthopaedic Hospital (NOH) situated in Jorpati, Kathmandu with it being self-reliant after ten years of successful running. This hospital was initially sponsored by the RCP. By now, it has received support from more than 110 Rotary Clubs from all over the world. The RCP has been deeply involved in many activities organized by the NOH. Two of our club members, PP Rtn. Siba B. Rajbhandary and PP Rtn. Ganesh R. Shrestha represent the RCP in the Hospital Management Board (HMB). The HMB had also nominated PP Rtn. Ganesh R. Shrestha as the Co-ordinator of Employees Recruitment Committee for a period of two years.

The hospital has named an O.P.D. Block after Late Rtn. Nandaram Bhagat Mathema of the RCP and established a bust inside the block itself in October 2008. Late Rtn. Mathema had been the coordinator for the construction of the hospital building.



HMB Members PP Rtn. Siba B. Rajbhandary and PP Rtn. Ganesh R. Shrestha seen with late Mathema's daughter Ms. Nanda Mathema and Secretary Rtn. Jeevan Shrestha during the inaugural function.

Furthermore, the general ward block has been named after Rtn. Jim Sinclair of USA, the private ward block in the name of Rtn. Luc Salens of Belgium, and the operation theatre block in the name of Dr. Pierre Soete. A Belgian Orthopaedic Surgeon Dr. Soete provided nine years of voluntary service to the hospital. Prior to returning to his home country, he also provided a fund of Rs. 20,38,017.00 for the renovation, construction and painting of the hospital under his own supervision.



Rtn. Jim Sinclair block was inaugurated by his son Mr. Keith Sinclair.



Rtn. Luc Salens block was inaugurated by Rtn. Luc himself.



Dr. Pierre Soete in front of his Operation Theatre.

The Operation Theatre block was inaugurated by Dr. Soete himself.

Recently the hospital has been successfully running the City Satellite Clinic in Thapathali from 28 April 2009. Moreover, this clinic installed a Bone Densitometry Machine of the BMD (bone mineral density) test which indeed is the first BMD test machine ever introduced in Nepal. The RCP feels very proud to be associated with such a praiseworthy project.

उच्च स्तरीय प्रविधिबाट तयार गरिएको विभिन्न साइजको बलियो तथा कम दामको भरपर्दो HDPE/PP प्लाष्टिकका बोराहरुको लागि सम्भन्नुहोस् ।
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of the
Rotary Club of Patan

on its 24th

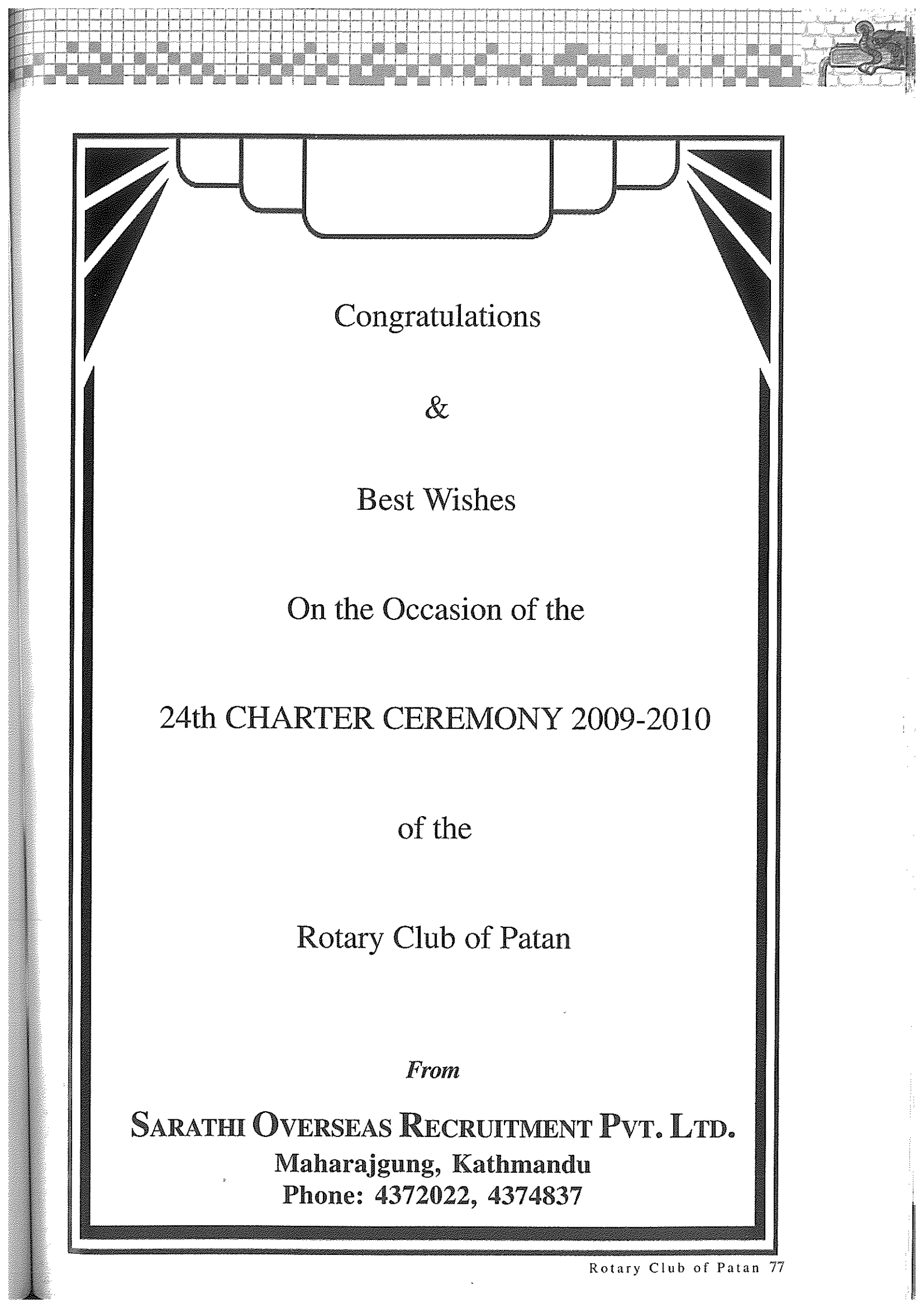
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Mid day Meal Programme

(A project of Rotary Club of Patan to feed the undernourished Chepang children)



Rtn. Dr. Prakash Raj Regmi

Background

Chepangs are one of the economically underprivileged and deprived community people of Nepal with their literacy rate far below the national average. They are normally settled in hill slopes along river banks and cultivate the marginal land. The agriculture products that they grow are only adequate for about 6 months and they have to earn their living for the remainder of the year either cutting trees for sale as wood or working as laborers. But earning like this is not secured and, therefore, they lack food for themselves and their children during several months in a year. Often, they are forced to remain hungry, which results in their children developing a high degree of malnutrition and vitamin deficiencies.

Visit to Chepang Village

Members of Rotary Club of Patan have visited a Chepang Community at about 3 km from Mugling, or about 110 km from Kathmandu on the Kathmandu-Pokhara -Narayanghat highway along the bank of Kali Khola (river), a tributary of Trisuli river. The settlement is approached by 20 minutes walk along steep uphill track. There is a primary school in their village which enrolls about 160 students; however, less than 50% of the students attend the school regularly as their parents keep them at home to look after smaller children while they are away either in agriculture field or in cutting trees for commercial wood. The children are undernourished, unclean, and prone to diseases.

During the visit, members of our club concluded that food is the main need of these children. If they get a staple mid-day meal, they would be nourished and remain healthy. They would be encouraged to attend schools because of the mid-day meals, thereby substantially improving the school attendance and educational achievements.

Offering egg and banana

During the visit, we offered one egg, one banana and a few biscuits to each student. They ate the food in a single breath. It was not difficult for us to notice how hungry they must have been. We discussed with school management, on a non-committal basis, whether they could manage to feed the students by arranging to prepare mid-day meals themselves, which they readily agreed.

Committee for meal management

Since then, a five member committee has been formed by the school for the mid-day meals scheme. The Chairman of the school management committee, Mr. Bhupendra Chepang, is the Chairman of the mid-day meals management committee as well, with the Headmaster being the Member Secretary. The Committee has guaranteed that there will be no misuse of the resources provided by the club to the school for this purpose.

Sample Menu and the cost

The mid-day meals will cost N.Rs. 10 per person and the menu has been decided to be as follows:

1. Chiura (bitten rice) with vegetable (potato, beans, grams, soya, peas etc.) cooked in oil
2. Bhuja (popped rice) with boiled or fried egg and banana or Haluwa (semul sweet)

School children will be given mid-day meals twice a week on Mondays and Thursdays. This will be a start only. We will endeavor to feed them daily on school days if this programme becomes effective and beneficial and of course if necessary funds would be available.

Project cost

The project cost is estimated at Rs. 1, 20,000 or approximately US \$1,500 (Rs. 10 per meal / student * 120 students * 100 days) a year. The funding would be needed each year.

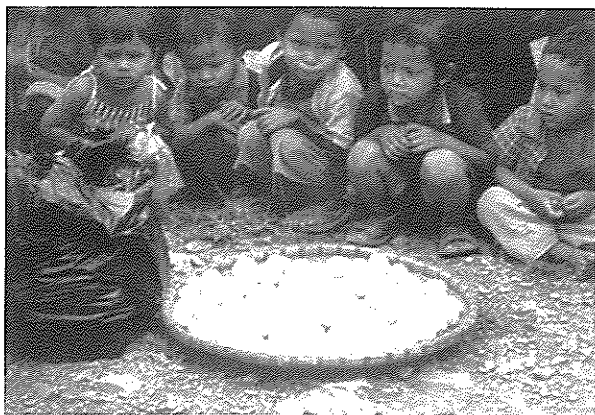


Monitoring

The Club members will visit the school regularly to monitor the programme and also implement other health programmes by providing Vitamin A capsules, de-worming tablets and general health check up.

Contribution from club members

Most of the members from Rotary club of Patan have contributed to this project of hunger, humanity



and health. However, we still need additional funds to fully implement this important humanitarian programme. Rotarians and non-Rotarians alike are cordially requested to make contributions to feed these undernourished but deserving children. This is an example where even a small contribution can make a big difference in the lives of these children. Fellow Rotarians could save many lives by participating in this worthy project.

Status of the Project

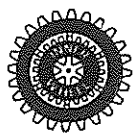
This project has already started with effect from 3rd June 2009 (20th Jestha 2066). The cost of one day's meal for the entire student body comes to Rs. 1, 200 (approximately USD 15).

Share your happiness by sponsoring the cost of a day's or several days' meals

Club Project Contact: Dr. Prakash Raj Regmi

Email Address: prregmi@wlink.com.np

Home/Office/Mobile Numbers: 977-1-552 5536 / 977-1-55 36 474 / 977-985 105 1170



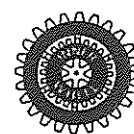
We extend our Best Wishes

for the grand success

of the Rotary Club of Patan

on its 24th CHARTER CEREMONY 2009-2010

Inner Wheel Club of Patan Rotary





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grand success
of the
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on its 24th
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Our service !

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BOSSINI

Drinking water: 'Dreams Made Real'

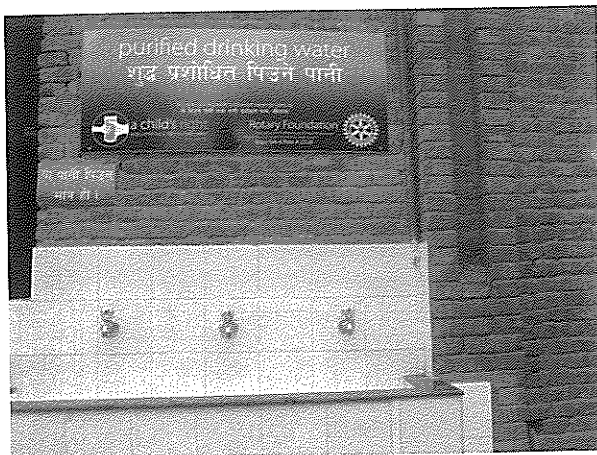


PP Rtn. Siba Bhakta Rajbhandary

Every child deserves a chance of a healthy life. Unfortunately, thousands globally, and at least 40 in Nepal die every day from a lack of the most basic resource: clean water. Hence, past RI president DK Lee asked all Rotarians to "Make Dreams Real" for these children, by making clean water, among other things, available to them. The Rotary Club of Patan, under a Matching Grant (# 67413 for \$ 19,475) and in partnership with A Child's Right, a US Based NGO, and the Rotary Club of Vashon, Seattle, has installed water purification units in 6 schools, Maiti Nepal, and Kanti Hospital, the only children's' hospital, in Nepal.

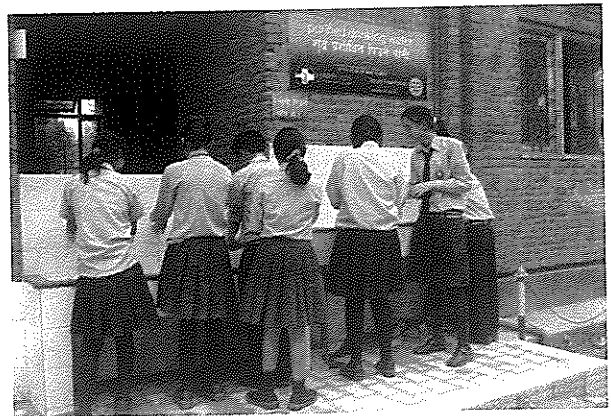
The benefiting schools are:

- 1) Mahendra Adarsha Higher Secondary School, Imadol
- 2) Mahendra Adarsha Higher Secondary School, Sat Dobato
- 3) Pragati Higher Secondary School. Kopundol
- 4) Shanti Nikunja Madhyamic Vidyalaya, Maruhiti
- 5) Padma Kanya Higher Secondary School, Dillibazar and
- 6) Deaf school, Naxal.



Each installation is also supplied with 5 years of spare parts to ensure continued success of the system we provide. Eight thousand children annually will get to

drink safe drinking water as a result of these installations. Water purification units were also installed in five schools benefiting some 5000 children last year.



Me and my Rotary Club

I am Arati, a novice am just like a bird to take its first flight help of my Rotarian With your nurture hope to reach my interested in the activities of



in this club. I who is trying through the friends and care, I goals. I am

Rotary International that happens inside and outside the country.

The generous contribution made by the Rotary clubs around the world as a help to the needy and deprived people is commendable. I believe that serving mankind is the best contribution one should make in a lifetime. To serve above one's self is the slogan of the Rotarians. I as a Rotarian would like to do my duties and pay the rent to this earth. I want to give my humble regards to all the Rotarians around the world who have put their heart and soul to the work done here. Lastly, I would also salute the Rotary Club of Patan for all the good deeds it has done.

Rtn. Arati Thapa Shrestha



Congratulations

&

Best Wishes

On the Occasion of the

24th CHARTER CEREMONY 2009-2010

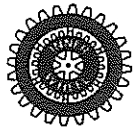
of the

Rotary Club of Patan

From

CHANDRA PRASAD SHRESTHA

New Baneshwor, Kathmandu



Inner Wheel Club of Patan Rotary

Chartered on June 4th, 1994 Club No. 4365

Annual Report for Year 2008-2009



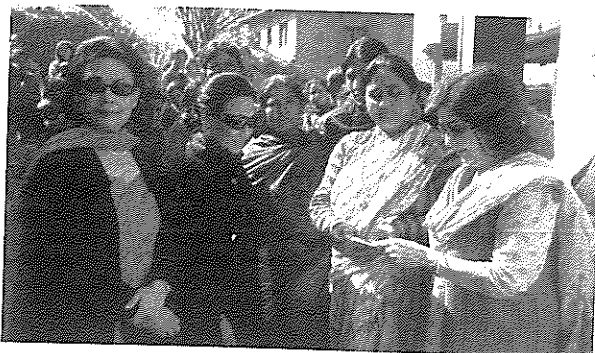
Brinda Rana
President 2008-2009

We achieved a great deal during the year 2008-2009. The most noteworthy was that we were able to start two projects for water management. • 8,000 was donated by the Inner Wheel Club of Strasbourg, Tivoli, France. The President Danielle Magoni and Secretary Marie-Madeleine Link had come to Kathmandu in August 2008. We invited them for tea where they asked us if we could recommend a suitable project. We showed them the water reservoir project and submitted a report which they took back to their club for consideration in October 2008.

These projects would not have materialized without their generous donation for which we are very grateful.

PROJECTS AND ACTIVITIES 2008-2009

1. Construction of water reservoir for hundred thousand liters water tank at Dol Bhanjang, Bishankhunarayan VDC Ward # 8. Cost of labour was contributed by the community members themselves. Women were also involved as it benefits them directly. The supply of water will be enough for 100-120 houses for another 15-20 years.



2. The second water reservoir project is in Bistagaon, Chapagaon VDC # 8. We are repairing the existing water tank and constructing a new water reservoir. Here again the labour work is being done by the community members themselves. This Project will benefit at least 80 houses, and the women will be the direct beneficiaries who are very grateful to us.
3. Monetary help of Rs. 15,000 was given to Rimjhim Women Community Organization in Badikhel for the plaster of their community hall. The hall was being used for skills training programme for women.



4. Our fund-raising programme in the month of September was a success. We raised Rs. 50,000 for our club activities.
5. Talk programme by Mrs. Rudra Lakshmi on meditation and Yoga was also organized. This was very useful and interesting for our members.

6. Rotarian Dr. Prakash Regmi held a demonstration in his clinic on 4th May 2008 regarding Cardio Pulmonary Resuscitation (CPR) to acquaint members on how to provide first aid to a person suffering from a heart-attack or showing symptoms of it

7. The Club has been providing scholarship to seven girl students in various schools in Lalitpur together with Rotary Club of Patan by supporting the Rotary Prajapati Education Endowment Fund.

8. Members of Inner Wheel Club of Butwal visited Kathmandu on Nov 15th, 2008. We invited them for tea where they briefed us about their club's activities and also suggested to do a programme/project jointly.

I am grateful to the members of our Inner Wheel Club for giving me the opportunity to serve the club once more as president for 2009-2010.



Inner Wheel Members of Patan & Butwal

I would also like to extend my sincere thanks to all the office bearers and members of our Inner Wheel Club for their participation in the meetings and also supporting the various club activities of the club.

I hope to get the same support and participation for the year 2009-2010 and trust that we will be as successful as the previous year in raising funds for any upcoming projects.

Lastly, on behalf of the Inner Wheel club members, we would like to thank the Rotary Club of Patan for inviting us to join them in their programmes and providing space in their souvenir issue.

✚ हाम्रो चाहना तपाईंको सुस्वास्थ्य ✚

कथं कदाचित् नयाँ वा पुरानो (क्रनिक) रोग लागेमा

सम्भन्नुहोस्

पीयूषवर्षी औषधालय, ह:खा, ललितपुर

सम्पर्क:

७:०० - ८:३० बिहान

आइतबार देखि शुक्रबारसम्म

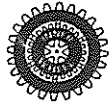
विशेष राय सल्लाह:

४:०० - ५:३० बेलुकी

आइतबार र बिहबार

हाम्रो विशेषता

वाथ, मधुमेह, अल्सर, लिभरको रोग आदिका आयुर्वेदिक उपचार



Inner Wheel Club of Patan



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Brinda Rana
Res: Kopundole,
Lalitpur-3.
Ph: 5521667, 5526460
Born: 4 Oct
Wed: 18 June
Spouse: SAGAR
email: nepaltdl@mos.com.np



Vice President

Shanta Shrestha
Res: Kupundole Heights, Lalitpur
Ph: 5522207
Born: Wed: 15 Feb.
Rtn: KEDAR



Secretary

**Past President
Munu Rajkarnikar**
Res: Thasikhel, Lalitpur.
Ph: 5521364
Born: 5 Aug Wed: 10 June
Rtn: NARAYAN



Treasurer

**Past President
Mithila Rajbhandari**
Res: Pulchowk, Lalitpur.
Ph: 5526856
Fax: 5526856
Rtn: SIBA



*Intl. Club Serv.
Director*

**Past President
Sulochana Pradhan**
Res: Chhauni
Ph: 4270260
Born: 7 July
Wed: 7 May
Rtn: KRISHNA
email: sulopradhan@yahoo.com



Joint Secretary

**Past President
Bijaya Laxmi Shrestha**
Res: Sinchahity, Lagankhel,
Lalitpur, G.P.O.Box: 1970
Ph: 5003780
Born: 12 Apr Wed: 7 Jan
Rtn: GANESH



Joint Treasurer

**Past President
Nirmala Shrestha**
Res: Dhobighat, Jawalakhel,
Lalitpur.
Ph: 5521745, 5522757
Born: 25 Apr Wed: 3 May
Rtn: SANTA

Executive Members



Kamala Maharjan
Res: Thapathali, Kathmandu
Ph: 4331236
Born: Wed:
Rtn, PADAM
email: padam@yahoo.com



Nani Shova Shakya
Res: 17-Hakha Tole,
Lalitpur-12.
Ph: 5522467
Born: 21 Oct Wed: 14 Feb
Rtn: TIRTHA



**Past President
Shanti Mathema**
Res: 2/128 Dhokadol,
Sanepa, Lalitpur.
Ph: 5529385
Rtn: KESHAV

Members



Binu Kunwar
Res: Bhanimandaf, Jawalakhel
Lalitpur
Mob. 9851022869
Rtn: YADAV



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Chandralekha Pandey**
Res: Sanepa, Lalitpur.
Ph: 5521652
Born: 17 Sep Wed: 18 Feb
Rtn: RABENDRA



Kalpana Pradhan
Res: Kopundole, Lalitpur.
Ph: 5525886
Rtn: KHRUSCHEV



Meera Tamrakar
Res: Man Bhawan,
Lalitpur.
Ph: 5526944
Born: 15 Dec
Wed: 21 April
Spouse: JAMUNA



Praveena Shrestha
Res: Chakupat, Lalitpur.
Ph: 5523753
Rtn: MUKTI



Rajani Bajracharya
Res: Pulchowk, Lalitpur.
Ph: 5524586
Born: 20 Feb Wed: 2 Mar
Rtn: BIJAYA



Sabitri Rai
Res: Ekanta Kuna,
Lalitpur-13
Ph: 5530553
Born: 21 Aug Wed: 26 Feb
Rtn: BISWO NATH



Sulochana Nyachhyon
Res: 5/48, Lagankhel,
Lalitpur.
Ph: 5526070
Born: 18 Aug Wed: 15 Feb
Rtn: KAMAL

Annual Report of Rotaract Club of Patan

Rota Year 2008-2009

Avenue: Club Service

- On 28 June Binod Awale, Preeti Shakya & Roshani Shakya were inducted as new club members during 11th Installation Ceremony of the RC Patan.
- The April-May issue of monthly bulletin of the RC Patan "Lalit Patan" was released on 21 June 2008 during the 299th General Meeting by Mrs. Kalpana Arora, Human Resource Consultant and the guest speaker for the meeting.
- On the occasion of the 11th Installation, the Chief Guest Rtn. Tirtha Man Shakya released the Souvenir of the club "Lalit Patan".
- On 26 July 2008 IPP Rtr. Mahesh Bajracharya presented the training on account keeping based on the Rotaract club.
- On 23 August 2008, IPP, Rtr. Mahesh Bajracharya spoke on the topic "Responsibilities of Rotaractors on Disability Awareness Camp". This national level camp is running under different Rotary Clubs of USA.
- On Saturday 28th of June 2008, the 11th Installation of the RC Patan was held at Ideal Model School, Dhobighat, Lalitpur.
- In the presence of DRR Rtr Rajan Piya and District club service director Jyoti Neupane, the RC Patan and the RC Damauli signed a Memorandum of Understanding (MOU) of twin club formation.
- On the Occasion of Dashain, the RC Patan released the annual Dashain special bulletin "Dashain Aayo Tihar Aayo".
- On 1 Nov 2008, the guest speaker Miss Manita Shrestha, a Nepali student studying in Japan, gave a talk programme on "My experience sharing" at Patan High School, Patan Dhoka.
- The RC Patan organized a fellowship gathering on 22 Oct 2008 in honor of Rtn. Phaedra Palfrey, Rotary Club of Westbourne, England and Ms. Sioux Talbot, founder and project director, The Talbot Centre, at Café De Patan, Lalitpur.
- On 6 November 2008 Rtr. Sagar Shrestha visited WHO and UNDP offices to promote the Rotaract & the Rotaract movement.
- The Rotaractors from the RC Patan participated in the documentary show "Greater Nepal" programme organized by the RC Damauli on 24 Oct 2008 at Damauli, Tanahu district.
- On 25 Oct 2008, the RC Patan & the twin club RC Damauli conducted the joint meeting at Roof Top Restaurant, Damauli.
- On the occasion of New Year, Nepal era 1129, the RC Lalitpur organized the annual programme 'Candle walk' on 28 Oct 2008. The RC Patan participated in the walk.
- 1st PS Meet was organized jointly by the RC Dhulikhel and the RC Bhaktapur on 22 Nov 2008. President Rtr. Bikesh Raj Bajracharya and Rtr. Anil Shrestha attended the meet at Hotel Horizon, Banepa.
- On 13 Oct 2008, members from the RC Patan participated in the talk program "Wheel Chair Mission".
- On 20 October 2008, 5 Members of the RC Patan participated in the computer hand over ceremony organized by Rotary Club of Patan at Hotel Himalaya, Kopundole.
- On 17 November 2008 IPP Rtr. Mahesh Bajracharya and President Rtr. Bikesh Bajracharya attended the felicitation dinner organized for the RI President D. K. Lee at Hotel Yak & Yeti.
- Rtr. Yugal Bajracharya gave a talk programme on the topic "Reports on Club Avenues" in the joint meeting of RC Patan and RC Jawalakhel Manjushree on 11th of April at Patan High School.
- On 14 March 2009 Rtn. Robert Rose from Rotary Club of Bellevue was invited to the club's regular meeting for the experience sharing as 'being the Rotarian'.
- On 11 April 2009, the RC Patan and the RC Jawalakhel Manjushree organized a joint meeting at Patan High School. In the joint meeting, the club souvenir, the club flag and the letter head were exchanged with each other.
- On 14 March IPP Rtr Mahesh Bajracharya gave the presentation on Rotaract club to the Rotary Club of Balaju marking the Rotaract Week Celebration.
- On 9 March 2009 a joint meeting with the Rotary Club of Patan was held to celebrate a week long "World Rotaract Week".
- 3 Members form the RC Patan participated in the Rotary District Conference held on 4 April 2009 along with the members from Bellevue Community College Rotaract.

- On 16 May 2008 President Rtr. Bikesh Raj Bajracharya participated in the Rotary District Assembly in Pokhara at Hotel Grand.

Avenue: Community Service Avenue: Community Service

- The Ear Impression Camps under the hearing aid project were held at Kirtipur, Ikhachen, Mangalbazaar, Bungamati and the Deaf School, Banepa on 5 July, 16 August, 6 and 27 September, and 2 August 2008 respectively.
- On 18 August 2008, the day of Matya "the festival of light", the RC Patan set up Health Camps at two different locations.
- On 13 September 2008, the RC Patan distributed clothes and medicines for the Koshi flood victims.
- The Prajapati Scholarship distribution commenced from the month of August. The 5 group leaders along with the members from the Rotary Club of Patan started distributing the scholarship amounts to the students in 27 different schools around the valley.
- On 17 August 2008, the RC Patan had distributed old newspapers to the CSD (Central Supplies Department) of the Patan Hospital.
- On 13 September, the RC Patan organized a drawing programme for the orphans at CWC Taukhel, Godawari. Drawing materials were donated to the CWC so that the children won't stop creating new things in the canvas.
- On 6 October 2008, the RC Patan donated food for the elders living at Samaj Kalyan Kendra at Pashupati during Dashain.
- The Hearing Aid Device distribution was done on 26 Nov at Mangal Bazaar, on 27 Nov at Rotary Hall, Thapathali and on 28 Nov at the School for Deaf, Naxal. More than 900 Hearing Aid Devices were distributed during the project. The project was jointly by RC Bellevue, RC of Patan and Starkey Foundation.
- On 25 Dec 2008, the RC Patan and Dillibazar jointly organized the interaction program on disability: attitude and awareness campaign. Rameshwor Dhakal, President of DHRC was a resource person.
- On 27 Dec 2008, the RC Patan donated more than 500 books to the Jyotidaya Cooperative School at Chapagaon, Lalitpur.

Avenue: International Service

- On the Occasion of the Friendship Day, the RC Patan, the RC Nagarjun and the JCI Junior

Patan Lady jointly organized this programme with the theme "Be my Friend" on 3 August.

- On 21 2008, the RC Patan celebrated the world peace day and participated in a project titled "Extremely peace", initiated by Rac Alexandria Montazah, Egypt D.2450.
- On 27th September 2008 the RC Patan celebrated the World Tourism Day by promoting the internal tourism at Bungamati.
- On 11 of September 2008 the RC Patan participated in the International Recipe Calendar 2008 organized by the RC Toronto.
- On 16 September 2008 Rtr Pratibha from the RC Patan participated in the International RYLA organized in Calcutta and bagged an award in Oratory Competition there.
- The RC Patan participated in a project titled "Extremely peace" and was initiated by Rac Alexandria Montazah, Egypt D.2450 to celebrate International Day of peace on 21 September.
- The RC Patan organized a talk program on "Disaster Reduction Management: Landslide and Debris Flow" by Prakrit Raj Joshi on 18 Oct 2008 at the general meeting at Patan High School, Patan Dhoka.
- On 6 Dec 2008, the RC Patan participated in the program "Run for the climate" rally organized by Clean Energy Nepal. The rally was organized to mark the "World Global Warming and Climate Change Day".
- Members from the RC Patan participated in the message competition on awareness of the global warming on the Himalayan Times English Daily. The messages were published on the daily of 6 Dec 2008, on "World Global Warming Day".
- On 14 & 15 Feb 2009 a research for "Disability Awareness Campaign" was organized by the RC Patan to get better result & accurate data. Jim Herbert of Herbert Research Inc. conducted the training on surveying project with the twin club.
- On 26 March 2009, the Rotaractors from Bellevue Community College and members from the RC Patan visited the School for deaf, Naxal and Wheel Chair Club, Pradarshani Marg. The team of Rotaractors visited Nepal for making a documentary on children with disabilities.
- On 29 March 2009, Rotaractors from the RC Bellevue Community College & Rtr. Sachindra Shakya and Rtr. Mahesh Bajracharya from the RC Patan visited the Embassy of USA for the support to the Disability Awareness Campaign.
- On March 22, World Water Day, the RC Patan organized a documentary show "Blue Gold"



which was screened in more than 50 locations the same day with interaction programmes relating to current global & local water crisis.

Avenue: Professional Development

- On 20 July 2008, the RC Patan organized training in the topic "Accounts Handling" which was facilitated by IPP Rtr. Mahesh Bajracharya.
- On 13 September 2008, the guest speaker Mr. Surya Parajuli, President of "School for Art of living-Nepal", talked about facts of life and art of living life. "Life is Fact, Living is an Art", so everyone who got life must live in peace and calm.
- On 27 Sep. the Guest Speaker Mr. Surendra Man Bajracharya briefly explained about nature of Human Being's Life Style.
- On 23 Dec 2008, the RC Patan conducted the tally-accounting software to the members and non-members. Rtr. Yugal Bajracharya.
- On 9 Nov 08 talk programme on "Character Education based on Universal peace federal" by Shivaji Khadka at Hakha Tole Sudhar Samitte, Hakha. Shivaji Khadka is the president of the UPF School.
- On 20th, 21st & 22nd of February, 2009, the Annual project of the RC Patan "Leadership Development Training 2009" was held at the Environmental Resource Center, Sipadol, Bhaktapur .

Avenue: Public Relation

- On 15 August 2008, Rtr. Sagar and Rtr. Shailendra went to submit the letter of participation and club profile to the UN House and the JICA Nepal Office at Pulchowk. The main purpose of the visit was to promote the Rotaract and the RC Patan.
- On 24 September 2008 Rtr Sagar visited Kantipur FM at Pulchowk, UN Habitat & WHO (Mrs Tuladhar) to promote the RC Patan & its current activities, and submitted the bulletin that was released to mark the "International Peace Day".
- On 25 September 2008 Rtr. Sagar visited the UNV and met Mr. Christian Simmelkiar. He informed about the current activities of the RC Patan, and submitted the club flag and bulletin about the principles for peaceful and joyful living.
- On 1 December the RC Patan organized HIV & AIDS awareness programme screening a documentary show ON HIV AIDS at Padmawati Tution Center, Nabahal. Participants

of the programme were also given T- Shirts with Rotaract Logo.

- On 3 Jan 2009, the RC Patan's name and logo of the Rotaract and the RC Patan were displayed at the stage background during the concert organized by "Youth Initiative Nepal", which helped to promote the Rotaract in the mass of about 1000 people.

Avenue: Partner in Service

- On 1 of June 2008, a program was organized by Rotary District Council Nepal to mark the Formation of Rotary International New District 3292 Nepal. The program venue was Basantapur with a rally from Basantapur to Mangalbazaar. Hundreds of Rotarians, Inner wheels and Rotaractors participated in the rally.
- Many activities of 'Partner in Service' have already been mentioned under 'Community Service' and therefore not repeated here.

Avenue: District Project

- On 14 June 2008 members from the RC Patan participated in the first District Assembly of new District 3292 was titled "Shubhaarambha" and was jointly hosted by the RC Pashupati and the Rotaract of Kathmandu.
- On 28 of August 2008, 17 members form the RC Patan participated in the 'District Awards 2008' ceremony jointly hosted by the RC Himalaya Patan and Thamel at Ashok Hall, Lalitpur.
- On 16 of September 2008 Rtr Pratibha Maharjan participated in the International RYLA organized in Calcutta.
- On 22 November 2008 the RC Patan participated in the 1st PS meet hosted by the Rotaract Club of Bhaktapur and the RC Dhulikhel at Hotel Horizon, Dhulikhel.
- On 1 December members from the RC Patan participated in the World Aids Day: HIV/AIDS awareness rally hosted by the Rotaract Club of Patan Durbar Square.
- On 27 December 2008 the RC Patan participated in the seminar on Global Warming and Climate Change hosted by the RC Kathmandu at Rotary Hall, Thapathali,
- On 30 May 2009, the RC Patan participated in the district event '2nd President Secretary Meet 2009' hosted by the Rotaract Club of Butwal at Butwal.

Club Roster 2009-2010

Board of 2008-09

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IPP

Vice President

Secretary

Treasurer

Dir. Club Service

Dir. Professional Dev.

Dir. Community Service

Dir. International Service

Editor

Sergeant-at-arms

Rtr Sudhir Shakya
Rtr Bikesh Raj Bajracharya
Rtr Prama Shrestha and Rtr Sajeeb Shakya
Rtr Shiraddha Tamrakar
Rtr Shailendra Shakya
Rtr Binaya Raj Bajracharya
Rtr Situ Shrestha
Rtr Preeti Shakya
Rtr Vivek Bajracharya
Rtr Sudeep Shakya
Rtr Nigma Bajracharya

Club Information

Name of Club

Charter Date (dd/mm/yyyy)

Charter President

Sponsoring Rotary

Meeting Periodicity

Meeting Venue

Club Bulletin name

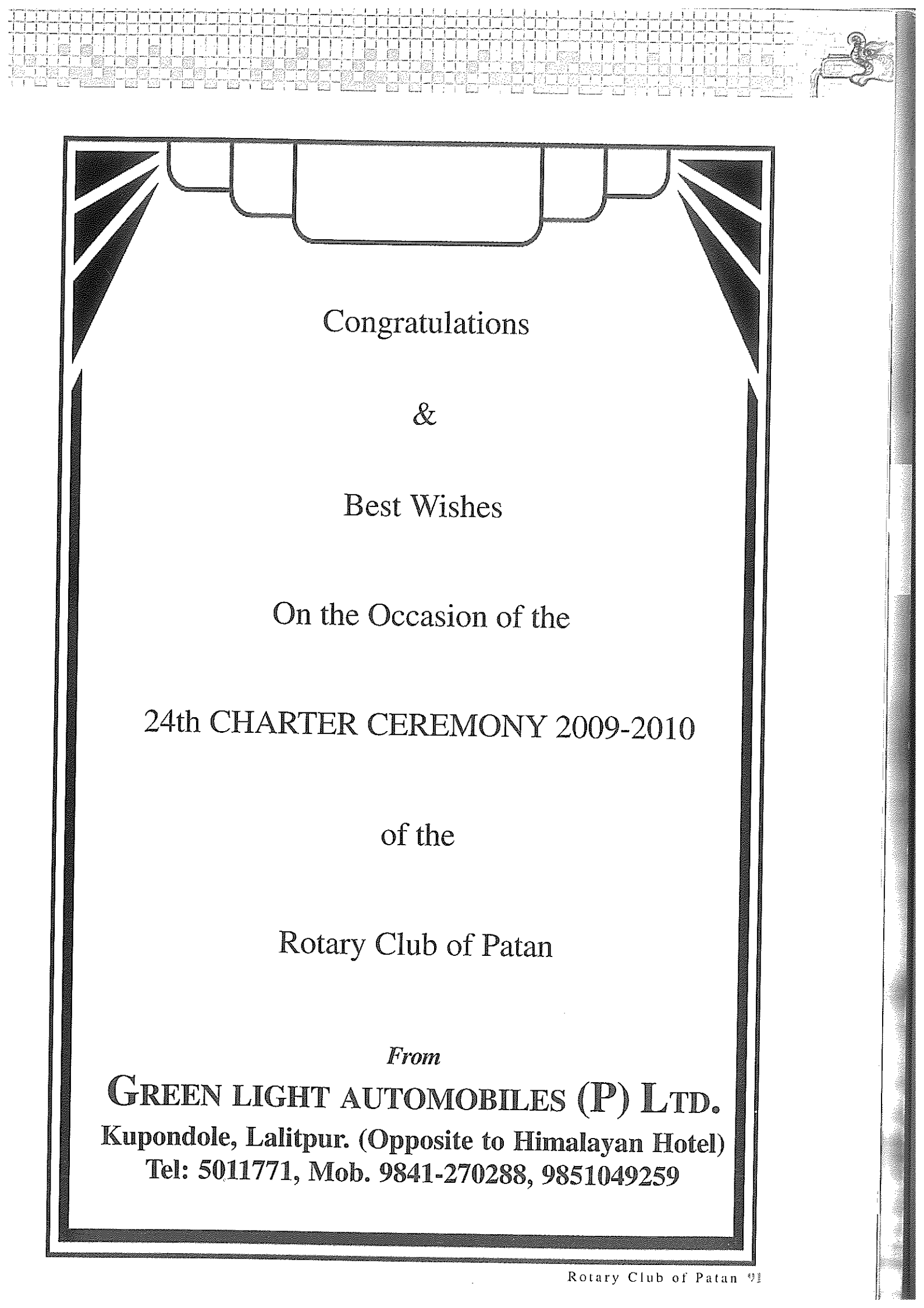
Club Website address

Club Theme

Membership Strength

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Sl. No.	Name	Designation	Address	E mail	Tel (F)	Tel (Mob)	Date of Birth	Date of Induction	Blood Group	Occupation
1	Rtr Sudhir Shakya	President	Nagbahal, Patan	sudhir_shakya@hotmail.com	01-5539046	9841390792	25/04/1984	9/10/2004	B+ve	Officer UK Visa App
2	Rtr Bikesh Raj Bajracharya	IPP	Bubahal, Patan	bikesh007@gmail.com	01-5546581	9841367161	30/8/1983	13/8/2005	A+ve	Officer UK Visa App
3	Rtr Prama Shrestha	Vice President 1	Hakha, Patan	shr_prama@hotmail.com	01-5539849	9841420952	20/6/1985	9/10/2004	B+ve	Nepal Agriculture Co-operative Fed. Ltd.
4	Rtr Sajeeb Shakya	Vice President 2	Sotna, Patan	nivaa@asia.com	01-5532509	9841949985	1/9/1981	9/10/2004	A+ve	Business-Handicraft
5	Rtr Shradha Tamrakar	Secretary	Hakha, Patan	chouchwee@hotmail.com	01-5531376	9841493424	28/3/1985	26/11/2005	O+ve	Student/Job holder
6	Rtr Rukmanee Maharjan	Jr Secretary	Purnachandi, Patan	ruku_244@yahoo.com	01-2120873	9841692424	1/2/1984	24/6/2006	O+ve	Researcher
7	Rtr Rukmanee Maharjan	Finance Director	Sundhara, Patan	bikram_ch@hotmail.com	01-5520397	9841765460	9/11/1985	22/12/2007	O+ve	Student/Job holder
8	Rtr Shailendra Shakya	Treasurer	Nabahal, Patan	rishaliendra@rcpatan.com	01-5545561	9841858711	9/9/1985	28/6/2008	A+ve	Student/Job holder
9	Rtr Binod Awale	Jr Treasurer	Wolkhu, Patan	efrens_binodi@yahoo.com	01-5533803	9849103400	30/8/1981	26/11/2005	B+ve	Business-Curio Goods
10	Rtr Binaya Bajracharya	Club Service	Bubahal, Patan	binaya_baj@hotmail.com	01-5538742	9849087084	16/7/1984	9/10/2004	A+ve	Marketing Executive-Advertising
11	Rtr Situ Shrestha	Professional Dev.	Nagbahal, Patan	situ_shrestha@hotmail.com	01-5546581	9803155671	12/5/1986	10/2/2006	A+ve	Student
12	Rtr Vivek Bajracharya	International Service	Bubahal, Patan	vivekbaj69@gmail.com	01-5538742	9841286530	29/10/1988	28/6/2008	A+ve	Student/Job holder
13	Rtr Preeti Shakya	Community Service	Nabahal, Patan	preetihpreet@hotmail.com	01-5539286	984175840	15/4/1990	13/9/2008	O+ve	Student/Job holder
14	Rtr Sujata Shakya	SAP	Nalole, Patan	tw_shringstar@hotmail.com	01-5527304	984175840	27/10/1983	13/9/2008	O+ve	Customer Service
15	Rtr Anil Maharjan	Co-SAP	Thasi, Sanganu	anil_pawan@yahoo.com	01-5548833	984381147	7/5/1983	27/2/2005	A+ve	Student
16	Rtr Nigma Bajracharya	Sgt @ Arm	Chhakupal, Patan	nigma_bajra@hotmail.com	01-5533541	9849185014	24/12/1988	27/2/2005	A+ve	Student/Job holder
17	Rtr Suresh Thapa	Web Master	Dhobihal,	suresh_thapa00@gmail.com	01-5531162	9841567369	11/9/1989	13/9/2008	A+ve	Program Co-ordinator
18	Rtr Manika Shakya	Editor	Hakha, Patan	barbie_dolly@hotmail.com	01-553120	9851014981	29/12/1980	26/11/2005	A+ve	Student/Job holder
19	Rtr Anil Maharjan	Co-Editor	Nabahal, Patan	everest_ange@hotmail.com	01-4473169	9803141880	22/11/1987	22/12/2009	O+ve	Student/Job holder
20	Rtr Anil Maharjan	Public Relation	Machindrabahal, Patan	bs_2044@hotmail.com	01-5533223	9841573329	23/12/1989	28/2/2009	O+ve	Student
21	Rtr Prayal Shakya	Intracl Co-ordinator	Patanchoka, Patan	shreshhaan@hotmail.com	01-5533223	9841738154	10/1/1989	28/2/2009	AB+ve	Student
22	Rtr Anil Shrestha	Deaf School Co-ordinator	Baneshwor, Kim	sweet_biosam@yahoo.com	01-5531164	9841367164	30/1/1983	12/3/2005	A+ve	Business-Wholeseller
23	Rtr Radha Maharjan	Pen Pal Co-ordinator	Purnachandi, Patan	rajiv_thecooly@hotmail.com	01-5531164	9841688766	9/5/1985	11/11/2006	A+ve	Student/Job holder
24	Rtr Rajiv Bajracharya	General Members	Ilanani, Patan	sagar_romeo77@hotmail.com	01-2113381	9841630612	9/8/1966	8/13/2007	O+ve	Student/Musician
25	Rtr Sagar Shrestha	General Members	Thapathiti, Patan	dishant_me@hotmail.com	01-5540761	9841437002	30/12/1981	8/14/2007	O+ve	Student
26	Rtr Pratibha Maharjan	General Members	Chasal, Patan	salim_shakya@hotmail.com	01-5533117	9841464204	15/5/1991	28/2/2009	B+ve	Student
27	Rtr Dinesh Nakarmi	General Members	Nalole, Patan	anityaywai@hotmail.com	01-4481380	9841464204	14/10/1991	28/2/2009	O+ve	Student
28	Rtr Salim Shakya	General Members	Baneshwor, Kim	shakya_jenish@hotmail.com	01-5537976	9841553970	17/7/1990	28/2/2009	O+ve	Student
29	Rtr Anil Gyalwal	General Members	Kumarpati	amrishaakya@hotmail.com	01-5531596	9841421613	16/4/1987	28/2/2009	AB+ve	Student
30	Rtr Jenish Shakya	General Members	Hakha, Patan	visit_anup26@hotmail.com	01-5533275	9841586645	8/10/1990	28/2/2009	AB+ve	Student
31	Rtr Amir Shakya	General Members	Nalole, Patan							
32	Rtr Anup Maharjan	General Members	Nalole, Patan							



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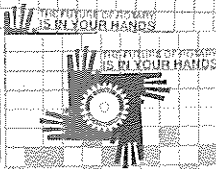
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Rtn. Shreedhar Acharya
Tel. 5531015

Rtn. Bharat N. Joshi (GC)
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Rtn. Matsyendra Kayastha
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Rtn. Sharada Prasai
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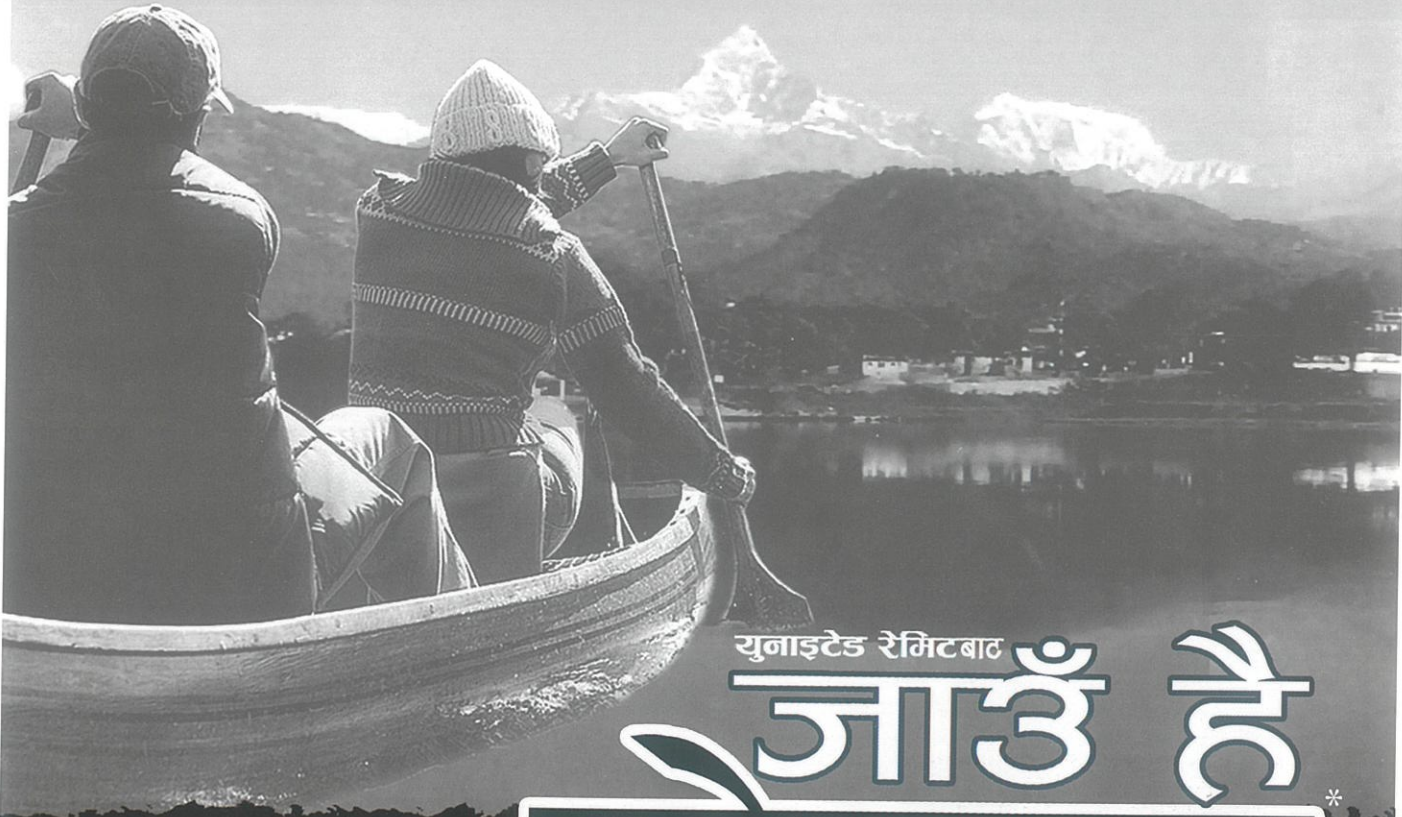


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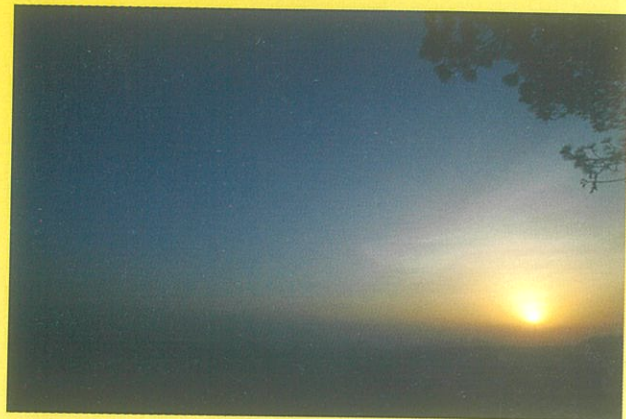
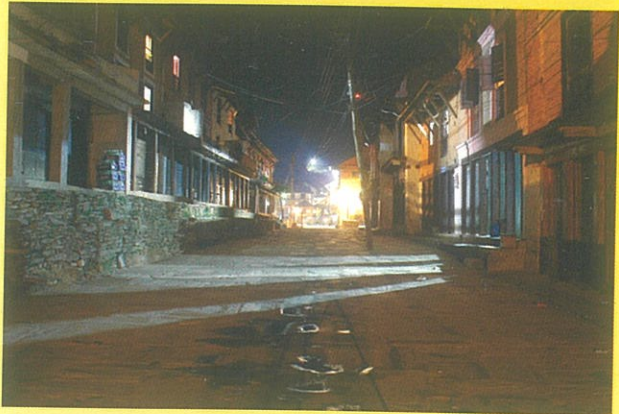
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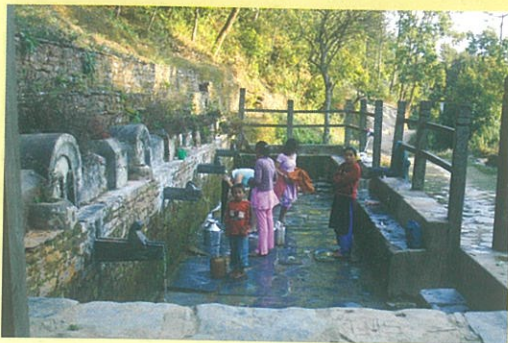
Bandipur Mountain Resort



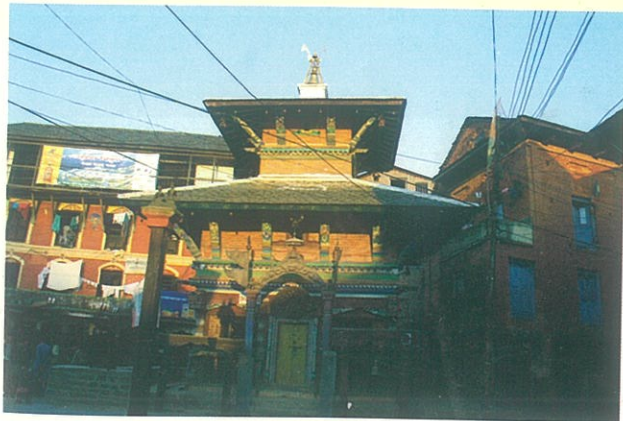
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