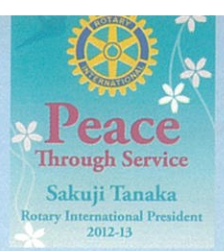


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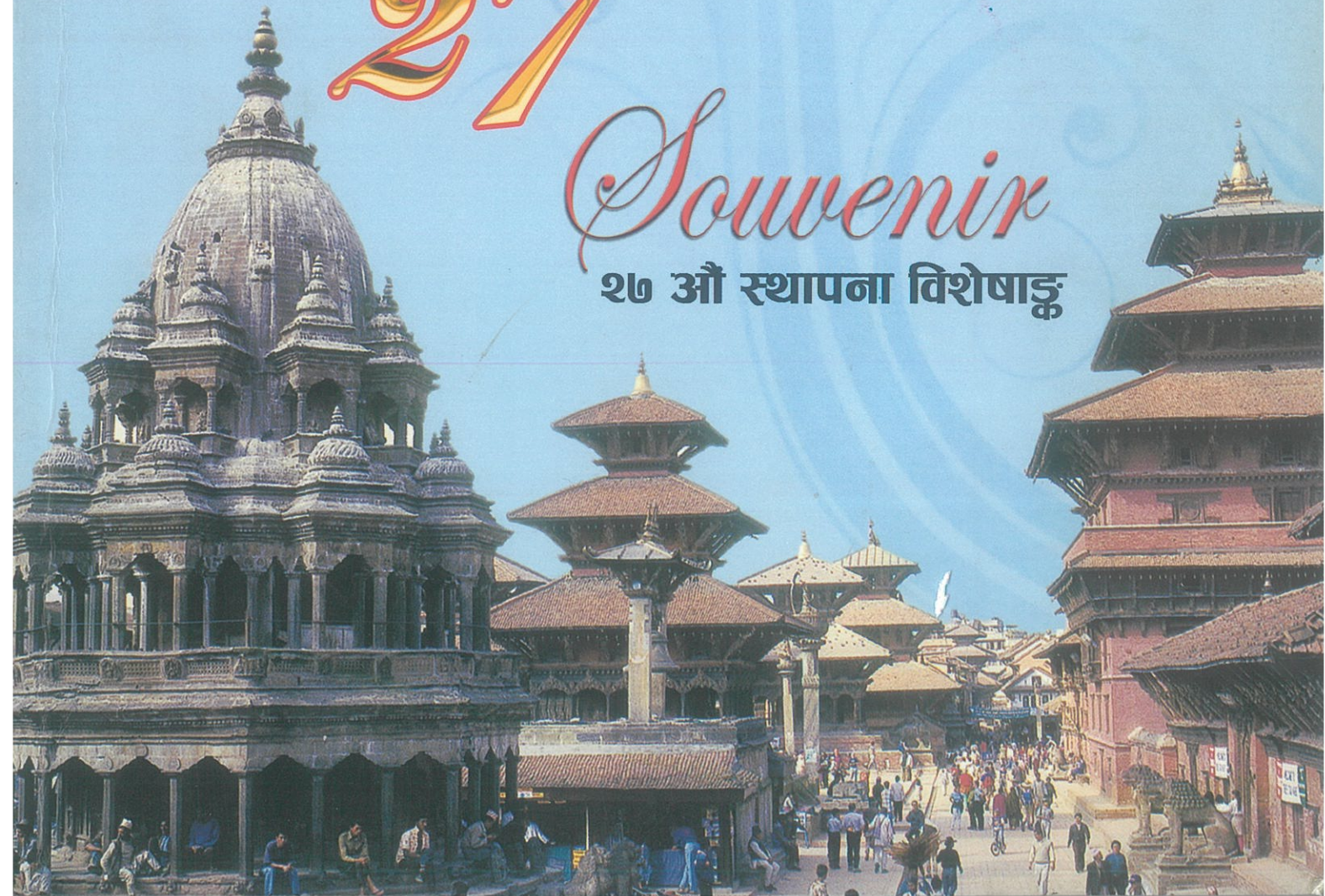
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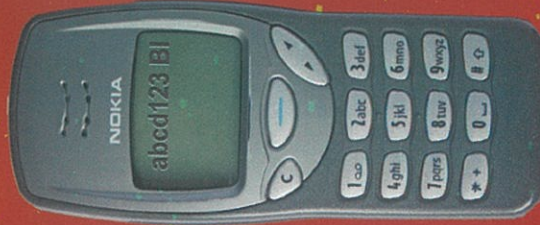
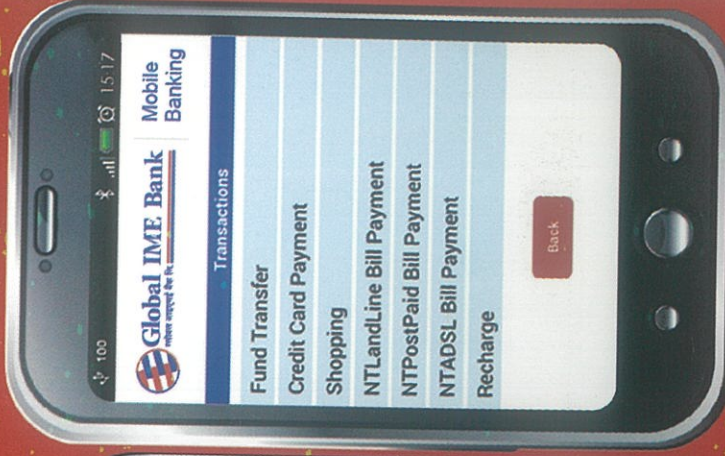
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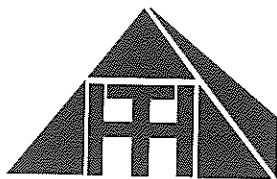
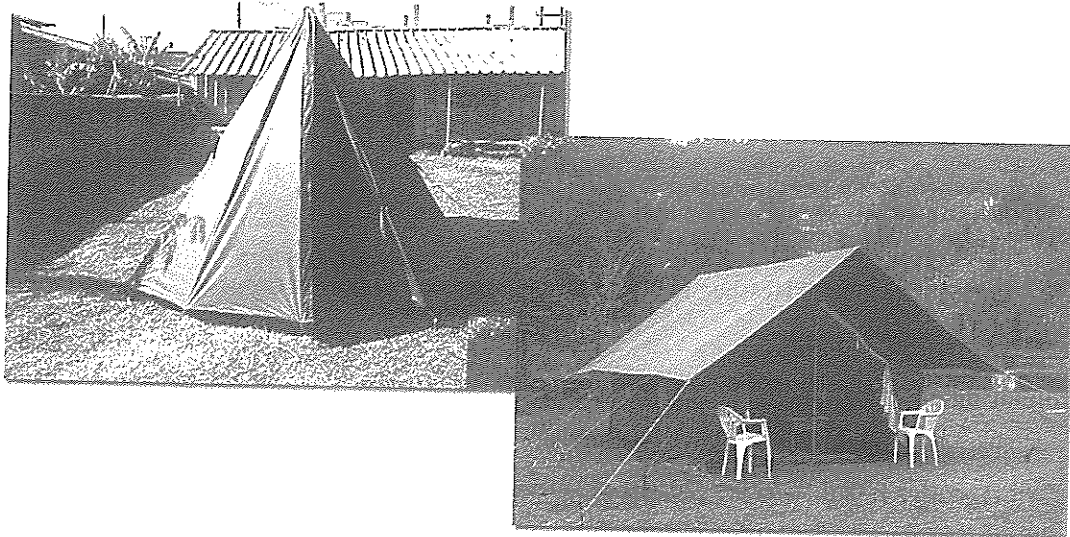
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Editorial

Once again, the Rotary Club of Patan takes pride in bringing out the "Lalitdhara Souvenir of 2012-13", on the occasion of our Charter Day. In this issue, we have tried to capture the essence of RCP's major achievements during the year 2011-12, as reflected in the IPP and Rtn. Mr. Jamuna Kirshna Tamrakar's report as well as its strategic thinking for the coming years.

Within the themes and priorities of The Rotary International and RI District 3292, some of RCP's exemplary services are highlighted in the articles: "Prajapati Education Endowment Fund (PEEF)" - in support of students of deprived communities, "Nepal Orthopedic Hospital" - aiming to provide quality service at an affordable price, and "Mid-Day Meal"- feeding hungry school going children of the deprived Chepang community. These endeavors are only possible because of the "culture of giving" of the Rotarian's along with their families and friends. This culture is also well reflected in Rtn. Kamal Mani Dixit's article "Sarbjana Hitaya Rotary" based on the Rotary's principles of the 4 Way Test.

Furthermore, in promoting our key objective of fellowship, we continue sharing our knowledge and experience among fellow Rotarians. Two articles that contribute to this, our labor of love, are: "My Two Years in Rotary", which is very inspiring for every true Rotarian and the article on "Immune Systems" that provides important health related information. The Souvenir also includes a Fellowships Dinner schedule. It may be noted that fellowship dinners have been very effective in enhancing the cordial relations and friendships among members.

As reflected in our Strategic Plan 2012-2013, and under the able leadership of current President Krishna B. Basnyat, we will continue to focus our efforts in enrolling "quality" members with carefully selected nominees who have full faith and belief on the 4 Way Test. The personal and professional development of fellow Rotarians will continue to take a lead in attracting and retaining a "new generation" of members. In this connection, the Membership Seminar organized by RI District 3292 on 18 August 2012 was found to be extremely relevant and timely.

The cordial relations between RCP and the Inner-Wheel club as well as the Rotaract Club of Patan, continue to grow. The annual reports from both these entities reflect the close collaboration and cooperation between them and the RCP. A special thanks is also accorded to the Immediate Past President, Rtn. Mr. Jamuna Kirshna Tamrakar and his team for their excellent contribution and dedication to make the RCP one of the most vibrant clubs.

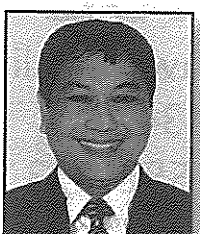
The Editorial team led by Rtn. and PP Mr. Kamal Mani Dixit would like to thank all the contributors to the Souvenir for their comprehensive reports and articles and the partners of Rotary Club of Patan for their good wishes on our endeavors. The team also grateful to the President Krishna B. Basnyat, Secretary Bijay Mallapaty and Sergeant-at-arms Kedar Bhakta Shrestha for their excellent support and guidance for a successful completion of this Souvenir.

Lalita Thapa
Editorial Team Member
Lalitdhara Souvenir

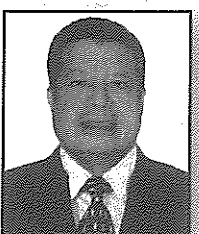
Editorial Team



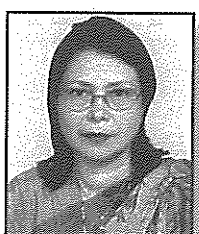
Kamal Mani Dixit



Khruschev Shrestha



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on its 27th

INSTALLATION CEREMONY

2012-2013

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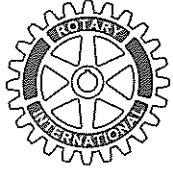
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SAKUJI TANAKA
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Rotary International President's Message

The concept of peace is one that differs among people and cultures. It may mean personal tranquility, happiness in the family, and a sense of inner contentment – or it may mean a situation of safety where basic human needs are met. However we define peace, it is a goal that can be achieved through service.

In Rotary, service is much more than a sideline or an occasional pursuit. It is a way of life. It is an approach that emphasizes consideration and caring for others, and leads to harmony among people. Through embracing service in all aspects of our lives, we foster a spirit of sharing, find goodwill for others, and choose peace.

In the 2012-13 Rotary year, peace will be our focus and our goal. I will ask all Rotarians to actively work for peace Through Service, beginning with every individual, family, club, district, region, and nation.

A belief in the power of service lies at the very heart of Rotary. By making service our priority, we put the needs of others above our own and transform our perspective. We empathize more deeply with the difficulties of other people; we feel a greater drive to reach out, to do what we can to help others live more happily. We become more generous with our time and resources, and more open to new ways to thinking. Instead of trying to change others, we recognize that everyone and everything has something to teach us – and every day, there are new ways for us to grow.

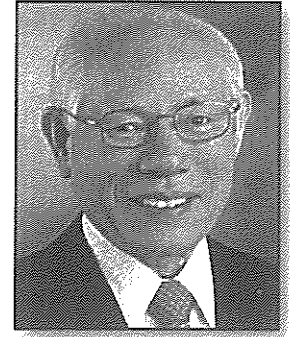
Through service, we become more tolerant of our differences, and more grateful for the people in our lives. Our sense of gratitude drives us to understand others better and to see the good in everyone. Through better understanding, we learn to respect others. With mutual respect, we live with others in peace.

Our Rotary service foster peace in many ways. In our clubs and our districts, we work to bring health, safety and human dignity to communities around the world. As individuals, we are inspired to value cooperation over competition, and the common good over personal gain. Through self-reflection, we recognize that none of us is perfect and that each of us something to learn from others.

The motto that is unique to Rotary, Service Above Self, describes the highest form of service. It is a path that anyone can walk – a path that Rotarians have built, and that the whole world can follow. It is a path that leads to greater kindness and contentment, tolerance and understanding. When we embrace Peace Through Service, we strive for a greater peace for ourselves, and for our world.

S. Tanaka

Sakuji Tanaka
President
Rotary International, 2012-13



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सम्पर्क

७:०० - ९:३० बिहान

आइतबार देखि शुक्रबारसम्म

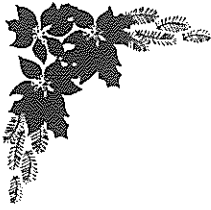
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८:०० - ५:३० बेलुकी

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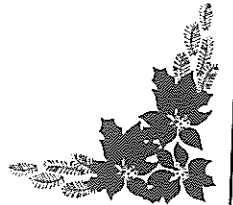
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Message for Installation Ceremony

Rtn. Krishna Bahadur Basnyat
President
Rotary Club of Patan



Please allow me to congratulate you and extend my warm greetings to you and your Team. Let me also thank IPP Rtn. Jamuna Krishna Tamrakar and his Team for completing Rotary year 2011/12. He and his Team left no stone unturned to make it a successful one, a memorable one and an exemplary one.

As a well wisher of this club, I have been noticing since a long time back, Rotary club of Patan as been as active Club and I am confident, you will definitely do much better to take your club to a new height.

There is nothing greater than the unity of friendship and zeal which are two faces of a coin. Looking at you and matters of your club, remind me that Rotary is designed to be shared, that is why, one of the Past RI President William E. Skelton gave his theme in 1983-84 "Share Rotary - Serve People".

"Peace Through Service" is the theme, RI President Sakuji Tanaka has given to us for this year. I feel this is one of the best RI theme Rotary ever had. Peace does not mean only an absence of war but it is a process, it is a condition and it is a state of mind. RI President Sakuji Tanaka says "we must go to the roots". We must concentrate our efforts to fulfill the physical needs of the people, their health, hunger, water and housing problem. This will definitely pave the way for peace.

To conclude, I once again, on behalf District Team of 2012/13, congratulate you and wish you all the success.

With best wishes

S/d
Yogendra Man Pradhan
District Governor

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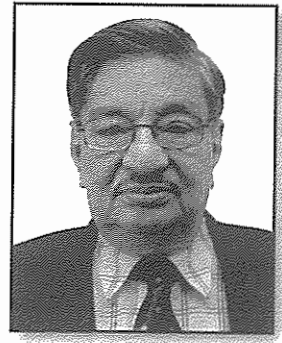
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President's Message



It is my great privilege to narrate Rotary's contributions to society in the fields of health, hunger and humanity. The Rotary's programmes are well recognized by society and the pivotal role the Rotarians are playing in providing services to their communities is well appreciated. "Rotary gets its opportunity to work for peace through "community services" and "fellowship" thus maintaining the image of Rotarians. "Services above self" is the key principle and is practiced by Rotarians to bring happiness to our community. RI President Sukuji Tanaka knows that he first needs to expose the best minds and best talents to the accumulated wisdom of Rotary. Rotarians should always strive to be ready to serve the needy communities.

Rotarians are committed to fulfill the "Four-Way Test". Rotarians are proud to practice the principles of the "Four-way Test" to the extent possible. All our conduct should be on the basis of "truth", making sure that we are fair to all concerned, building goodwill and better friendships; reaching out to humanity is our mission for success.

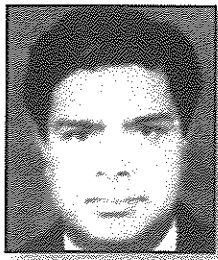
Rotarians continue to work tirelessly to fulfill their commitments, to eradicate polio from the world through its various programmes such as the polio plus programme, which is a remarkably prestigious project that carries the image and brand of Rotary.

Rotarian's contribution and efforts towards world peace through "services above self" and fellowship will further be strengthened.

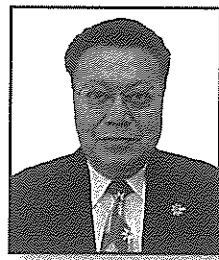
Let us be together to fulfill our motto of services to mankind and feel proud to be Rotarians.

Krishna B. Basnyat
President (2012-13)

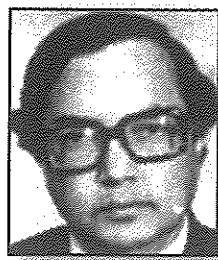
Past Presidents of Rotary Club of Patan



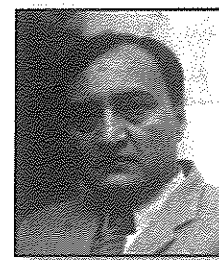
Late Rtn. S.R. Sharma
1985-87



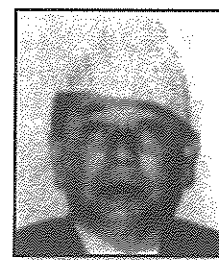
Rtn. M.L. Kayastha
1987-89



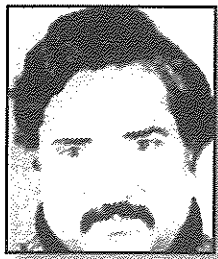
Rtn. B. R. Prasai
1989-90



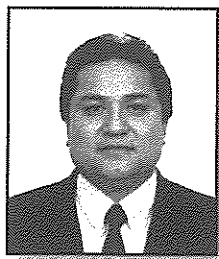
Late Rtn. P. P. Prasai
1990-91



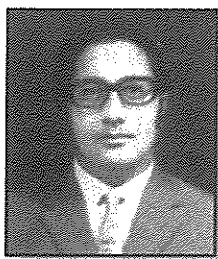
Late Rtn. H.R. Bajracharya
1991-92



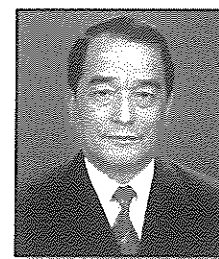
Rtn. B.K. Mainali
1992-93



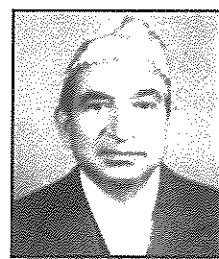
Rtn. B. B. Bajracharya
1993-94



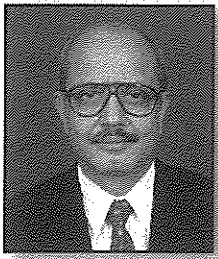
Rtn. S. SJB Rana
1994-95



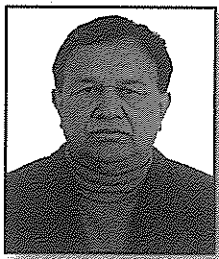
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1995-96



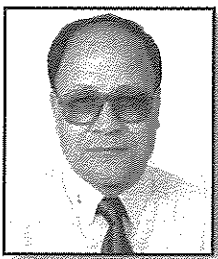
Late Rtn. B.P. Dhital
1996-97



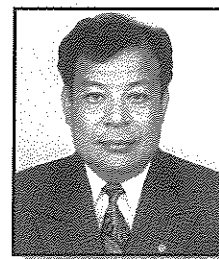
Rtn. R.R. Pandey
1997-98



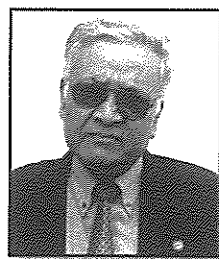
Rtn. T. Neupane
1998-99



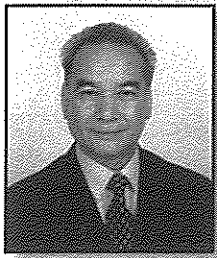
Rtn. Kamal Nyachhon
1999-2000



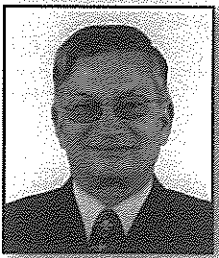
Rtn. Pushkar M. Shakya
2000-2001



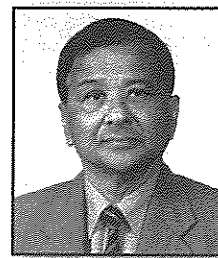
Rtn. Narayan G. Halwai
2001-2002



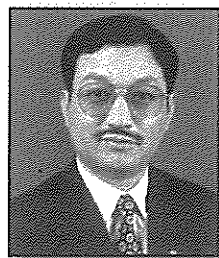
Rtn. Yagya B. Shrestha
2002-2003



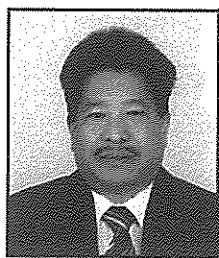
Rtn. Siba B. Rajbhandary
2003-2004



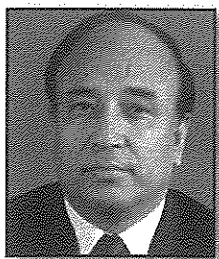
Rtn. Dr. CP Maskey
2004-2005



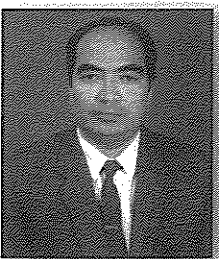
Rtn. Gyanu R. Shakya
2005-2006



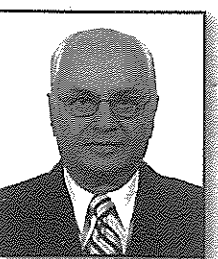
Rtn. Ganesh R. Shrestha
2006-2007



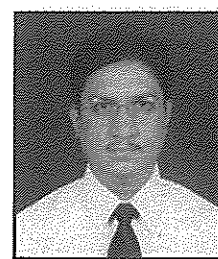
Rtn. Keshab B. Mathema
2007-2008



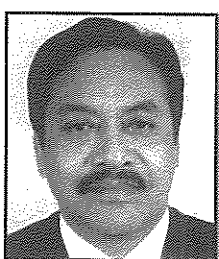
Rtn. Santa K. Shrestha
2008-2009



Rtn. Kedar B. Shrestha
2009-2010



Rtn. Dr. Prakash R. Regmi
2010-2011



Rtn. Jamuna K. Tamrakar
2011-2012

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Freedom... it's beginning!

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The Reva is an electric car, it sets you free from petrol-woes and worrying about sky-rocketing fuel prices.

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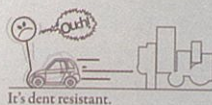
The Reva is a bold, clear statement - that you are concerned about the environment and that you are smarter, because you choose to evolve to the technology of the future. The Reva is not just a smart city car, it is a philosophy about living as an evolved, thinking Citizen.



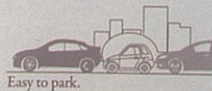
It's electric. Zero emissions.



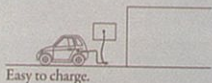
It's the quickest on crowded roads.



It's dent resistant.



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Easy to charge.


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Butwal: 071-543933, Birgunj: 051-527699

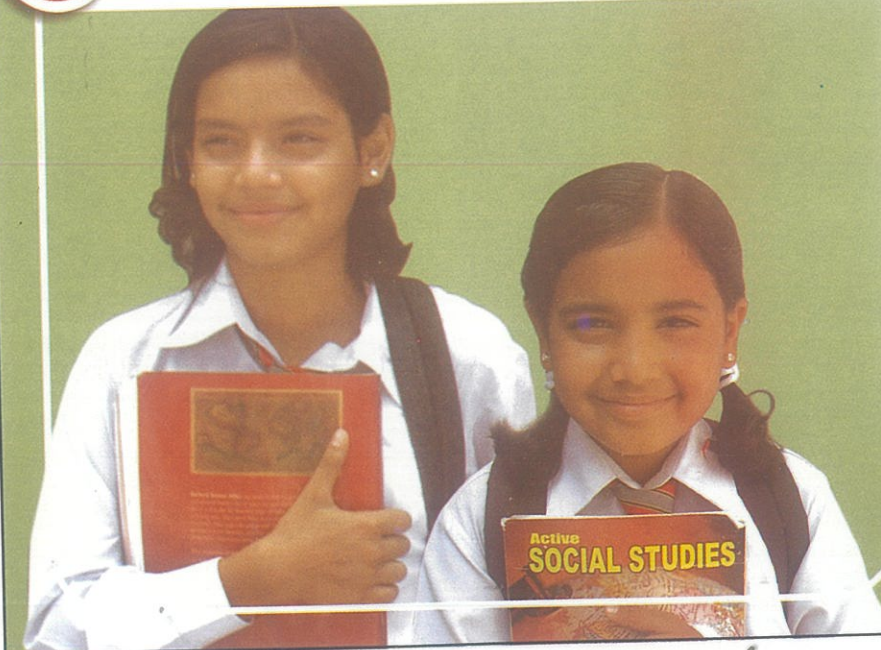
Dang: 082-522682, Hetauda: 057-525880

Itahari: 025-587031; Narayangarh: 056-571967

Nepalgunj: 081-551519/24, Pokhara: 061-525880



$(a+b)^2 =$ हामी कहिले पनि बिसिन्छौं



आयो नून
औषधिको गुण

- बालबालिकाको शारीरिक, मानसिक र बौद्धिक क्षमता बढछ ।
- बोलि नफुटने, कान नसुन्ने, होचोपन र टेटोपन जस्ता विकृतिबाट जोगिन्छन् ।
- IQ Level बढछ ।
- आयोडिनको कमीले हुने विकृति उपचार गरेर हटाउन सकिदैन । त्यस्ता विकृति आउन नदिने एकमात्र उपाय आयोडिनको प्रयोग हो ।



सुई बालबालिका विन्ड अक्षिरा आयोडिनयुक्त पाकेटका नून सधै प्रयोग गर्नुस ।

साल्ट ट्रेडिङ कर्पोरेशन लिमिटेड

Rotary Club of Patan

RI District 3292

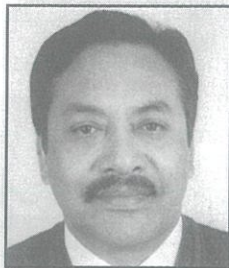
Club No. 32126

Chartered on 29th August 1985

Executive Board 2012-13



Rtn. Krishna B. Basnyat
President



Rtn. Jamuna K. Tamrakar
IP President



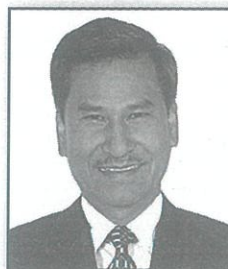
Rtn. Jeevan K. Shrestha
President Elect



Rtn. Khruschev Shrestha
President Nominee



Rtn. Piyush Bajracharya
Vice-President



Rtn. Bijaya Mallapaty
Secretary



Rtn. Shiva K. Pradhan
Joint-Secretary



Rtn. Maj Biswo N. Rai
Club Administration



Rtn. Tulasi Neupane
Public Relations



Rtn. Chandra L. Kayastha
Membership



Rtn. Gabriele Mallapaty
Service Projects



Rtn. Dr. B. B. Sharma
The Rotary Foundation



Rtn. Dr. Amina Shrestha
New Generation



Rtn. Bharat N. Joshi
Treasurer



Rtn. Kedar B. Shrestha
Sergeant-at-arms



Annual Report: 2011-2012

Rotary Club of Patan



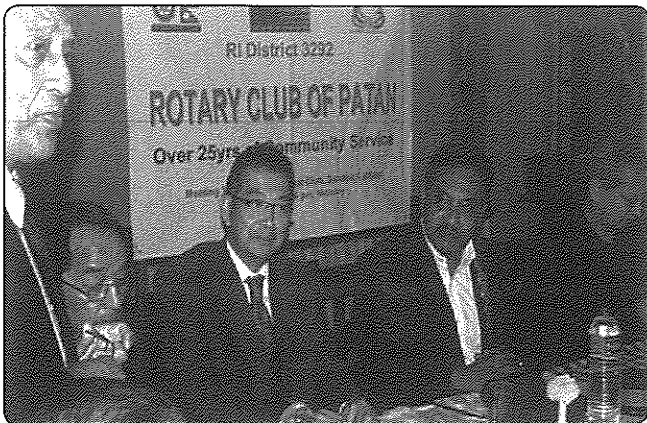
IPP, Rtn. Jamuna K. Tamrakar

Participation and Fellowship:

The RCP has had an outstanding participation in the regular meetings that on average reached more than 70 percent (highest 86% and minimum 55% during Nepal Bandh). The RCP President did substantial research to invite well known and appropriate personalities as Guest Speakers during two regular club meetings a month.



The innovative quarterly family fellowships based upon a clustering of members' birthdays continued to be a grand success with an average participation of 40 members of the RCP family. The annual family outing this year was in Nagarkot with the participation of 30 members of the RCP family.



In addition, the Charter Night celebrations had a participation of a total of 70 participants including the District Governor and many distinguished District level officials.

Board Meetings and Club Assembly:

The RCP successfully completed 12 Board Meetings and 5 Club Assembly.

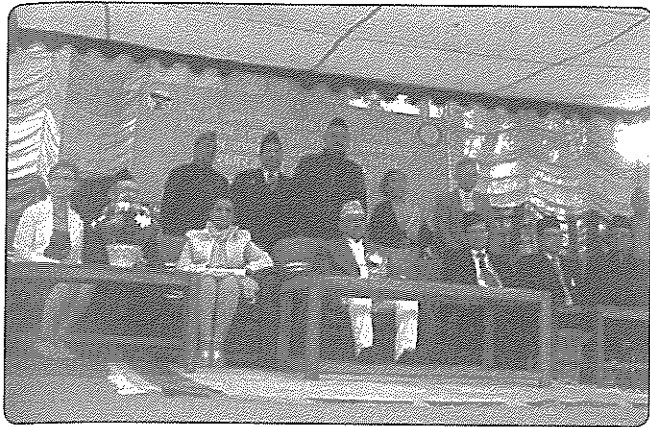


Matching Grant (MG) Service Projects:

During the Rotary Year 2011/12 the Rotary Club of Patan completed three MG projects with the total funding of US \$128,989. The Club also established four new MG projects with the total amount of US\$188,419.

MG 75113 Equipment to Nepal Orthopedic Hospital: The Project started in April 2011 with the total funding of US\$55,957 and officially ended in May 2012.

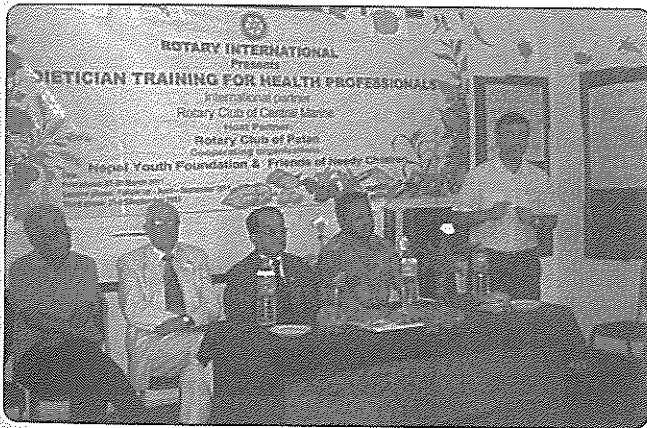
In addition to the RC Patan, the other partners to this project were: District 3292, RC Maldegem, District 1620 (Luc Salens, Belgium) and RC Aabt, District 1620. The funds were used in providing beds, furniture and washing machines to Nepal Orthopaedic Hospital.



The Project was inaugurated by the President of Nepal Rt. Hon. Dr. Ram BaranYadav. Coordinator: Rtn. Siba Bhakta Rajbhandari with Rtn. Ganesh Raj Shrestha and Rtn. Dr. Mukti Narayan Shrestha.

MG 73271 Dietician Training Programme: The Dietician Training Programme was started in Feb. 2011 with the total funding of US\$15,690 and ended in Dec 2011.

In this project the RC Patan partnered with the District 3292 in collaboration with the Nepalese Youth Foundation as well as the international partners such as RC of Central Main, and District 5150.



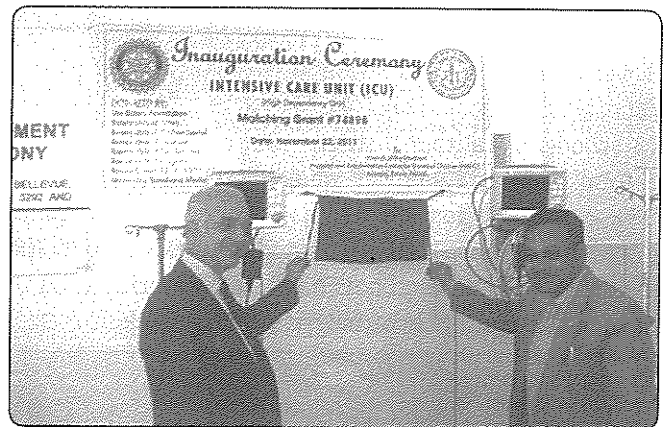
The project activities were focused on three aspects: providing dietician training, placing trained dieticians at hospitals and follow up training. Under this project 30 dieticians from different hospitals of Nepal were trained. The project was coordinated by Rtn. R.R. Pandey.

MG 74893 Equipment for ICU at Hospital and Rehabilitation Centre for Disabled Children (HRDC): The Project started in April 2011 and the MG has now been officially closed.

Total funds US \$ 57,342. Host: RC Patan, District 3292. International partner: RC Vashon Island, RC Des Moines, RC Bellevue, Districts 5030 and 3211. Coordinator: Rtn. R.R. Pandey with Dr. Prakash Raj Regmi. This project benefited hundreds of physically challenged people of Nepal.



In addition four new MG projects started this year totaling US\$ 188,419. These projects are: MG 76730 Aquaponics – US \$20,403; MG 76992 Medical Equipment to Nepal Orthopaedic Hospital – US\$ 75,450 and from other sources US\$ 21,689; MG 76482 Equipment to CFO children village – US\$ 46,115; and MG 76909 Second phase dietician training – US\$ 24,762.



(Inauguration of project by RCP President Jamuna Krishna Tamrakar and HRDC President Dr. Ashok Banskota)

Advocacy to raise TRF Contributions:

RCP under the leadership of the President was successful in raising club contribution to TRF of US\$10,150. Rtn. Narayan Govind Halwai (MPHF+3); Rtn. Ganesh Raj Shrestha (MPHF+4); Rtn. Jamuna Krishna Tamrakar (MPHF); Rtn. Khruschev Shrestha (MPHF); Rtn. Dr Amina Shrestha (MPHF); Rtn. Padma Lal Maharjan (MPHF); Rtn. Lalita Thapa (PHF); Rtn. Dr.Bishwa Bandhu Sharma (MPHF); Rtn. R.R. Pandey became MD; Club Contribution to four new MG Projects; and annual Polio Plus contribution from Rtn. Gabriele Mallapaty.

Fundraising and Contribution to Community Service Projects:

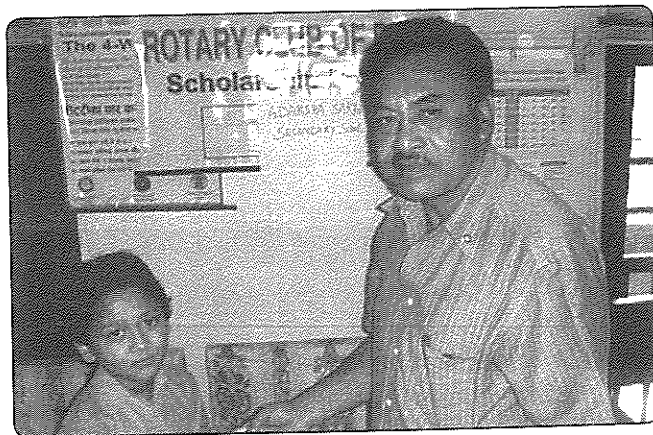
RCP also raised a total of NRs. 2,159,841 for community service projects. (PEEF Scholarships NRs 1,965,841; Chepang Village mid-day meal programme NRs

134,000; Patan senior citizens recognition NRs 25,000; and Rotary Walk NRs 35,000.)

The RCP Club Service Fund was increased by NRs 315,000 reaching NRs 615,000, due to the effective advocacy by RCP members. The purpose of the fund is to bring more sustainable contributions to the RCP club-owned service projects.

The RCP 'Sunshine' contribution reached at NRs 120,650. The voluntary announcements of 'good news' are encouraged from all RCP members and these include happy landing, happy birthdays, wedding anniversaries, various good news from family members of RCP members, publication and presentations in print media and TV programmes of members, and any other good news such as ownership of houses or vehicles. Members are also encouraged to bring a souvenir from international travel that is auctioned and the proceeds generated are donated by members. These are systematically reported in the weekly 'Lalithdharā' both as a formal record and as encouragement to others to voluntarily report the good news.

Scholarships: The RC Patan Prajapati Education Endowment Fund (PEEF) scholarships are given to 670 students in 28 schools of Lalitpur District. During this Rotary Year, a total of NRs. 1,965,841 were raised while a total of NRs. 2,019,600 (for two school years due to a change in distribution timing) are distributed in installments. The distribution trips to schools had a large participation of Rotarians, Anns and other relatives.

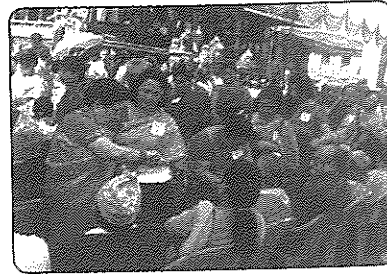


Handover of scholarship to a student by the RCP President

Village Development Programme through RCC and School Mid-day Meals: This project is benefiting about 150 students in their nutritional status and also to improve the attendance of the students in the Chepang Community School in Chandibhanjyang, Chitwan District. RC Patan members visited the village four times this year.

On 19 October 2011 a group of RC Patan members visited the village to observe the mid-day meal, RCC and Interact activities. During the visit 150 pieces of soap, 150 pieces

of pencils and erasers were distributed. Support by Inner Wheel of several boxes of warm clothes to women and children. Efforts are underway to collaborate with Heifer International to make RC Patan's support more sustainable.



Senior Citizens' recognition: On 1 October 2012, RC Patan fully participated along with the Anns to the 'Jestha Nagarik Samaz' in honouring senior

citizens of Patan who had crossed 90 years of age. On this occasion, 10 Anns and 9 Rotarians participated. RC Patan contributed NRs. 25,000 generated from its members.



Inner-wheel club members honouring the senior citizen participating in the programme:

Tree Plantation: On 16 July 2011, RCP organized a tree plantation programme in Dhikeshpatha, Lamatar VDC in collaboration with Rotaract Club of Patan, Inner-wheel Club of Patan, Community Forest Users Group and the District Forest Office. Some 400 trees were planted for the environmental benefits as well as to support the efforts of the village community. Total contribution from RCP



Tree planted by Senior Rotarian Kamal Mani Dixit



was NRs. 9,000 while the local community contributed the transportation of all the seedlings and throughout the plantation work. The local community is also responsible for the upkeep of the trees for its sustainability.



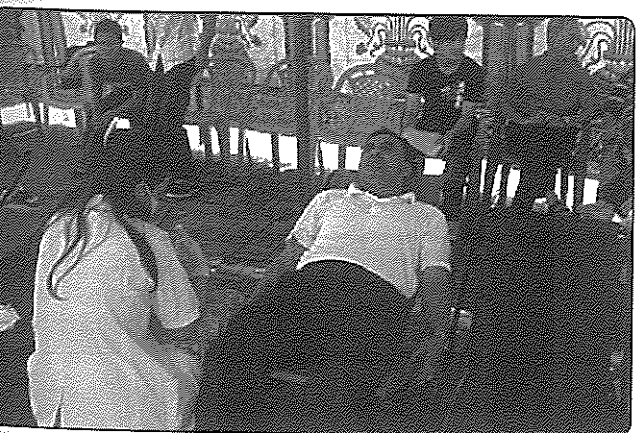
(Patan President with other members during Tree Plantation programme in Lamatar)

Rotary Walk: RCP members participated at the Rotary Walk during the International Day for the Disabled Person with IPDG

Health Services Related Community Services:

Historically RCPs Service Projects have had a strong focus on Education, Water and Sanitation, and Health. This Rotary Year, RCP has also formed a specific Health Activity Committee and has again carried out/participated in many health-related activities.

Blood Donation Camp: On 27 August 2012, the RCP organized a Blood Donation Camp at Mangal Bazar, Patan in collaboration with Rotaract Club of Patan, Innerwheel Club and the National Development Cooperative (NDC). Participants: 14 Rotarians, 2 Inner-wheel members, 30 members from Rotaract Club of Patan, and staff of the NDC including the Chairman and Directors.



Blood Donation by the RCP during the Camp in Mangal Bazaar on 27 August 2011

This programme was inaugurated by the President RCP himself and the first to be donating his blood. Altogether 48 packets of acceptable blood donation were received on that day. The RCP contributed NRs. 2,000 while the Partner NDC contributed NRs. 12,000.

Polio-plus programme: On 22 October 2011, the RCP participated in a Polio Eradication Rally organized by the District with a walk from Patan Durbar Square to Thapathali. Participants from RCP: 5 Rotarians and 1 Ann. This was a major advocacy programme that was covered by both the print media and TV.



The RCP President administering the Polio drop to a child

Heart Screening in Six Schools: Screening of about 3000 school children in 6 schools in Patan was conducted by medical doctors. Of which 87 children underwent further tests including echocardiography at Lalitpur Heart Clinic; 19 children were found to have heart disease, 8 of them needed heart surgery. They were sent to Ganga Lal Hospital for surgery. Doctors participating in the screening were Dr. Regmi, Dr. silwal, Dr. Amina, Dr. Harihar Khanal and Dr. Badri Nepal. The Program was jointly organized by RCP and Nepal Heart Foundation. Dates: Nov 2011 – Feb 2012.



(RCP Member, Rtn. Dr. Prakash R. Regmi examining a child)

Diabetes Public Awareness on World Diabetic Day:

Diabetes Public Awareness Program was organized on the occasion of the world diabetes day 14 Nov 2011. An interaction program was also organised in a school at Rabi Bhawan jointly by RCP and Nepal Diabetes Society. 100 people participated. Lecture on diabetes was given by Dr. Prakash R. Regmi and Rtn. Rtn Ganesh Shrestha also participated in the programme. Blood sugar test of 245 people was done.

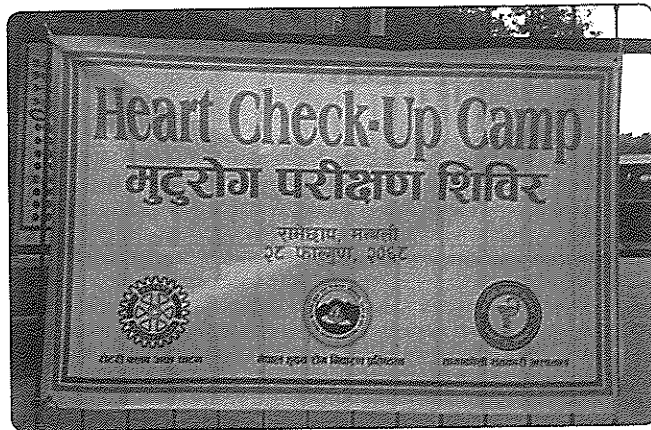
Heart Diseases Public Awareness with Nepal Heart Foundation:

Heart Diseases Public Awareness programs on heart diseases were organised in Lalbandi of Sarlahi district and in Kapilbastu on 19 and 20 Nov 2011. 45 people participated in Lalbandi, 170 people participated in Kapilbastu. Programme was conducted by Dr. Prakash R. Regmi of RCP jointly with local district branches of Nepal Heart Foundation.

Rheumatic Heart Disease Awareness-Dramas:

Rheumatic Heart Disease Awareness: 6 street drama on rheumatic heart disease were performed at Bir Hospital, Ratnapark and Tundikhel of Kathmandu on 4 Dec 2011. The artists were school students from Boudhaschool, Swoyambhu. Was organised by RCP, Nepal Heart Foundation and Nepal Breakdance Foundation. The drama was telecasted by NTV.

Health Camp in Manthali, Ramechhap: A Health Camp was conducted in Manthali, Ramechhap on 12 March 2012 at the Tamakoshi Community Hospital wherein 528 patients were examined with 98 ECG Tests, 58 Echo Tests and free medicine worth of NRs. 35,000 distributed.



The Camp was served by 8 doctors, 3 Technicians, 10 Nurses and 15 Volunteers which was led by the RCP Members: Dr. Prakash R. Regmi and Dr. Amina Shrestha. Organizers: RCP, Nepal Heart Foundation and Tamakoshi Sewa Samaj.

Talk on Hypertension & Diabetes, Lalitpur: A talk programme on "Hypertension & Diabetes" was conducted by Dr. Prakash Regmi at Sinchahiti organized by Sinchahiti

Saving and Credit. In that even, Dr Regmi also conducted Blood Sugar test for 80 people.

Vocational Services to the Community:

Vocational Awards: With cash award of NRs 5000 were given to Ms. Samjhana Maharjan who is working as a media staff in Sagarmatha FM radio and Ms. Bina Tamang working in Medicare Hospital as a Ward Assistant. The vocational award committee included Rtn. Kamal Nyachheon, Rtn. Ganesh Raj Shrestha and Rtn. Prakash Raj Regmi.



Ms. Samjhana Maharjan and Ms. Bina Tamang receiving the Awards

Vocational Training: On 19 May 2012, the vocational training on renewable energy technology was organized at the Engineering College, Patan for the Rotaracts of different Rotary Clubs. Total participants were 32. This event was hosted by the RC Chandragiri and co-hosted by RCP. Contribution from the RCP was NRs. 5,000 for this event.



(The RCP President at the Vocational Training at the Engineering College)

Involvement in District-wide Community Service Projects:

RC Patan is Managing the 3H Grant #62681: It was officially launched in April 2009 between District 3292



of Nepal and 5030 of USA and is near completion. The 3H Grant has four core objectives: 1) Increase awareness; 2) Disseminate information; 3) Establish a call center; and 4) Provide direct benefits to people with disabilities (PWDs) in Nepal. The Project has a funding of US\$330,000 and 25 clubs of Nepal have partnered with USA clubs for projects worth over US\$ 440,000. Coordinator: Rtn. R.R. Pandey RCP is also actively involved in District level Matching Grant.

MG 74703 School Toilets and Water Project: Total funds US\$ 46,150. This is a District managed project to allow smaller and newer clubs in rural Nepal to link to their local schools and communities. The project is to provide toilets for girls in public schools. Coordinator: Rtn. Narayan Halwai.

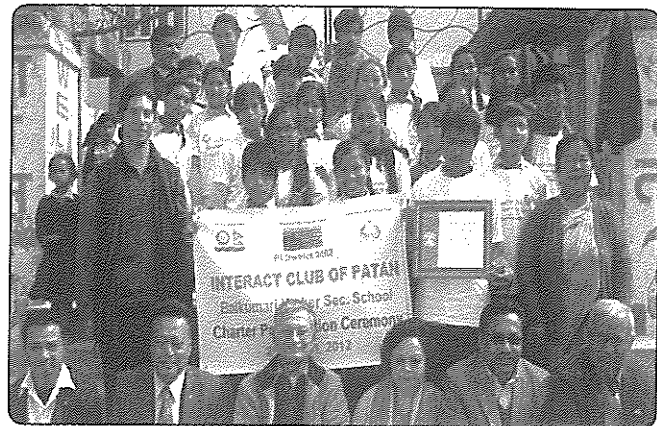
MG 76956 School Toilets Project: Coordinated by RC Patan Durbar Square in Nepal and several clubs in USA. RC Patan's role is to guide RC Durbar Square in implementing the project by sharing experience of MG 74703 and District Simplified Grant. RC Patan has also included two projects in the package.

Advocacy and Rotary Image:

Partners-in-Service: Under the leadership of the President, the RCP collaborated with many local, national and international partners through its club-owned projects, MG projects, and various community service projects. RCP oversees one Rotaract club, two Interacts club and one RCC. RCP also has an Innerwheel club.

Communication Efforts and Media Coverage: There were numerous TV programmes, Radio programmes and print media coverage for advocacy and communication generated from the activities of the RCP. The coverage this year has been very wide and too numerous.

Rota Quiz: The RCP participated and won the Rota Quiz programme competition of Zone 8 on 11 March 2012.



(Participation of RCP members on the Charter Day of a new interact club on 24 Feb. 2012)

Contributing to the overall leadership of the District:

RCP has 14 senior members in the various District level Committees and Sub-Committees. RCP was also involved in selecting and sponsoring a GSE member.

The RCP had an important participation in the **RI convention in Bangkok Thailand (15 members and 8 Anns)**; and several district events such as the Assembly, Conference, and Seminars, including maximum participation of 24 Members in the South Asia Literacy Seminar. The RCP also contributed NRs. 5,000 to the South Asia Literacy Seminar.

The RCP joined (4 Members and 2 Anns) the District Team to travel to Bhutan for the Charter ceremony of a new club in Bhutan under our District 3292.

RCP President participated in the South Asia Regional Conference on 'End Polio' on 24 October 2011.

(Report compiled and edited by Rtn. Gabriele Mallapaty, Service Project Chairperson, RCP)

हामी सबै सक्षम

we are all able

Rotary Club of Patan 2012-13

Grouping of Rotarians for Quaterly Fellowship Dinner

Group 1 (1st July to 2nd Sept)

1.	Dr. Mukti N. Shrestha	July 1
2.	Keshab B. Mathema	July 2
3.	Krishna B. Basnet (GC)	July 8
4.	Kiran Shrestha	July 10
5.	Tirtha M. Sakya	July 21
6.	Suresh C. Lakhey	Aug 15
7.	Shreedhar S. Rana	Aug 16
8.	Bijay Bajracharya	Aug 23
9.	Som Paneru	Sept 1
10.	Kamal M. Dixit	Sept 2

Group 2 (4th Oct to 18th Jan)

1.	Narayan G. Halwai	Oct 4
2.	Ganesh R. Shrestha	Oct 22
3.	Santa K. Shrestha	Nov 5
4.	Nabal Pajiyar	Nov 23
5.	Piyush B. Bajracharya	Dec 12
6.	Rabendra R. Pandey	Dec 14
7.	Gabriele Mallapaty	Dec 17
8.	Puskar Shakya	Jan 14
9.	Kamal Nyachhyon (GC)	Jan 15
10.	Kedar B. Shrestha	Jan 18

Group 3 (4th Feb to 4th May)

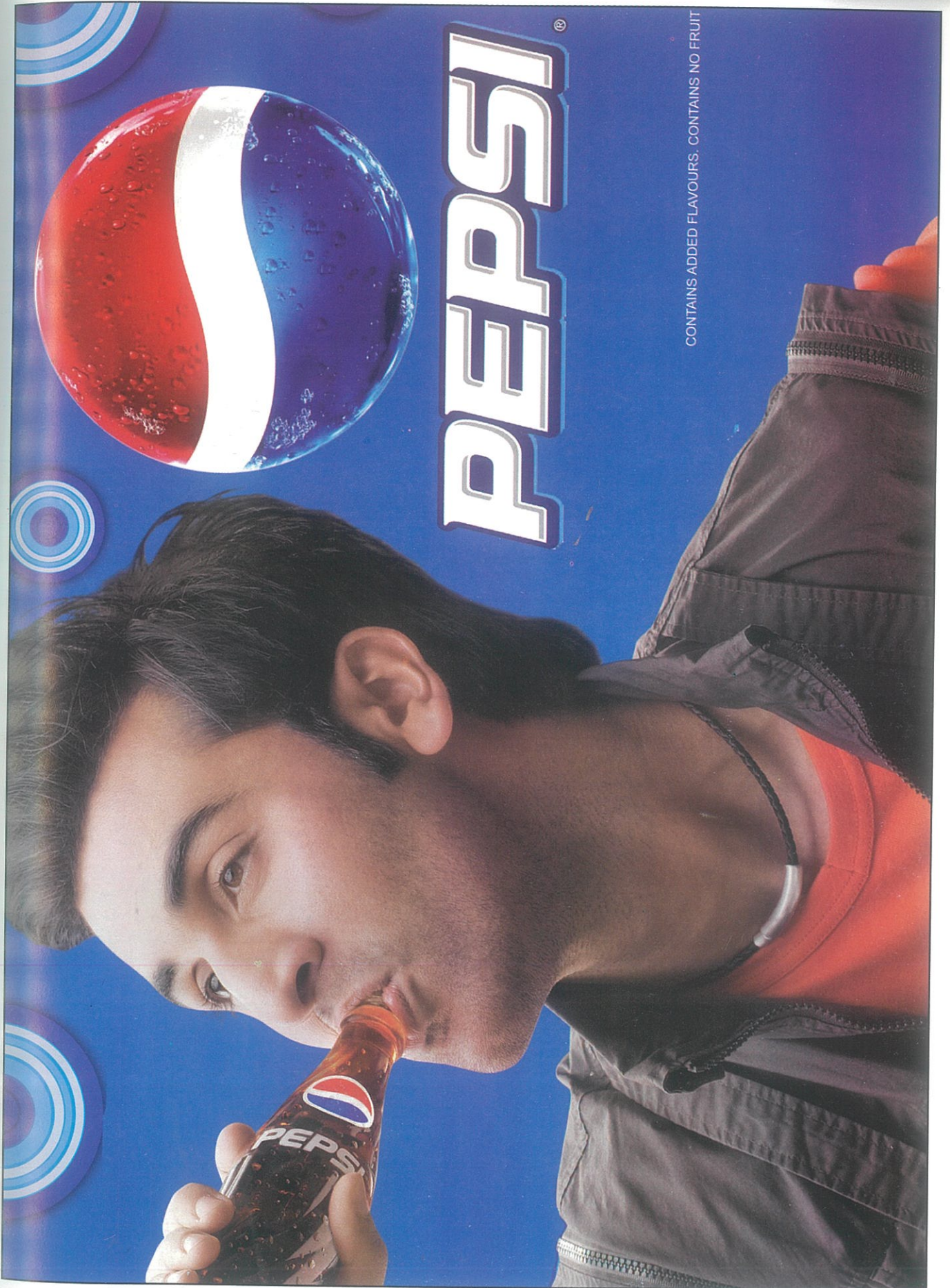
1.	Bhim B. Kshetry	Feb 4
2.	Padam L. Maharjan (GC)	Feb 13
3.	Jamuna K. Tamrakar	Feb 17
4.	Khruschev Shrestha	March 10
5.	Lalita Thapa	March 19
6.	Tulsi Neupane	March 20
7.	Yagya B. Shrestha	April 8
8.	Shiva Pradhan	May 2
9.	Chandralekha Kayastha	May 4

Group 4 (6th May to 30th June)

1.	Jeevan K. Shrestha	May 6
2.	Bijaya Mallapaty	May 9
3.	Matsyendra L. Kayastha	May 25
4.	Biswa N. Rai	May 27
5.	Dr. Biswa B. Sharma (GC)	June 2
6.	Dr. Amina Shrestha	June 5
7.	Siba B. Rajbhandary	June 11
8.	Sharada Prasai	June 14
9.	Bharat N. Joshi	June 16
10.	Dr. Prakash R. Regmi	June 30

The groups will have fellowships as follows:

Group 1	-	Mid-August
Group 2	-	Mid-November
Group 3	-	Mid-February
Group 4	-	Mid- May



CONTAINS ADDED FLAVOURS. CONTAINS NO FRUIT

दैवी प्रकोप होस् या आगजनी



चोरी होस् वा दुर्घटना



धन सम्पत्तिमा ठगी वा नोक्सान



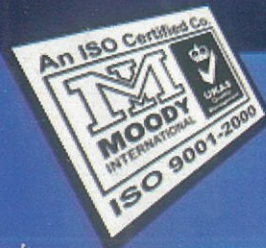
स्वास्थ्य समस्या वा क्षति



देशमा होस् या विदेशमा



सुरक्षा हरेक कदममा



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आई.जे. प्लाजा, तिनधारा पाठशाला, बरबारमार्ग, पो.ब.नं. १०७५
काठमाडौं, नेपाल, फोन: ४२४१६६६, फ्याक्स: १७७-१-४२४१६६७
ई-मेल: uic@mail.com.np

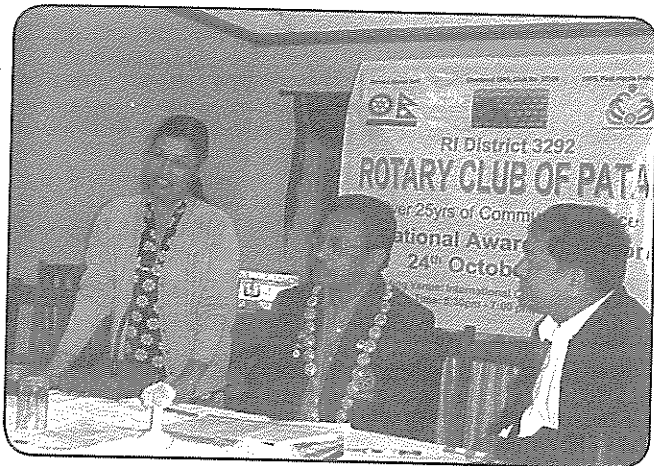
Photo Gallery



Handing over the Token of Love to Rotary Club from Germany



A regular weekly club meeting



Guest speaker in a club meeting



Fellowship Dinner event



Inauguration Ceremony of Intensive Care Unit of Nepal Orthopedic Hospital, Jorpati



Dietician Training for Health Professionals organized by RCP with International Partner RC Central Marine

Photo Gallery



Token of appreciation to a guest speaker



Charter Presentation Ceremony of the Rotary Club of Thimphu, Bhutan



Presentation of token of love to a guest speaker



District Governor's visit at Charter Day



4th District Conference at Biratnagar



Award Ceremony at Family Outing Programme, Nagarkot

Photo Gallery



Advocacy of the '4 Way Test' at school



Group photo during the Rota Quiz



Rotary logo affixed in a RCP Member's car



Charter night ceremony with DG and district officials



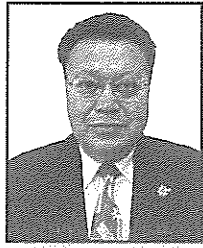
R.I. President (2010-11) Ray Klingensmith with President RCP (2012-2013) Rtn. K.B. Basnyat



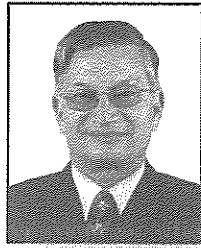
Polio Rally at 4th District Conference, Biratnagar



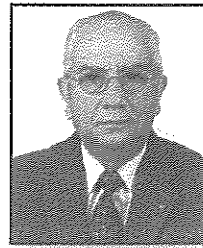
List of Major Donors and MPHFs



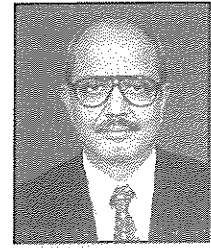
*PP Rtn. Matsyendra L. Kayastha
Major Donor*



*PP Rtn. Siba B. Rajbhandary
Major Donor*



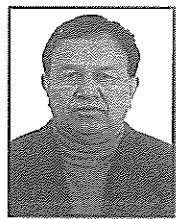
*Rtn. Kamal M. Dixit
Major Donor*



*Rtn. Rabendra R. Pandey
Major Donor*



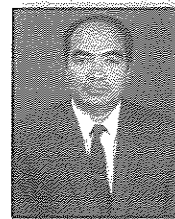
*Rtn. Ganesh R. Shrestha
MPHF +4*



*Rtn. Tulasi P. Neupane
MPHF +3*



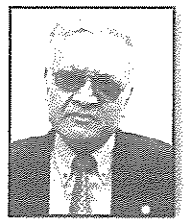
*Rtn. Keshab B. Mathema
MPHF +3*



*Rtn. Santa K. Shrestha
MPHF +3*



*Rtn. Dr. Prakash R. Regmi
MPHF +3*



*Rtn. Narayan G. Halwai
MPHF +3*



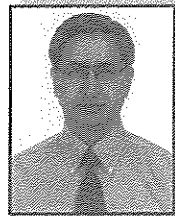
*Rtn. Tirtha M. Sakya
MPHF +2*



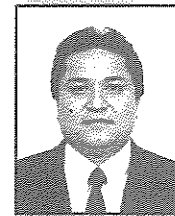
*Rtn. Kedar B. Shrestha
MPHF +2*



*Rtn. Chandrolekha Kayastha
MPHF +2*



*Rtn. Piyush B. Bajracharya
MPHF +2*



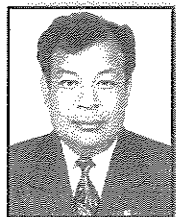
*Rtn. Bijaya B. Bajracharya
MPHF*



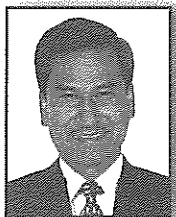
*Rtn. Krishna B. Bosnyat
MPHF*



*Rtn. Chandra S. Gyawali
MPHF*



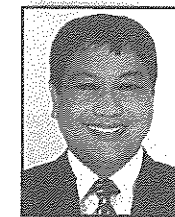
*Rtn. Puskar M. Shakya
MPHF*



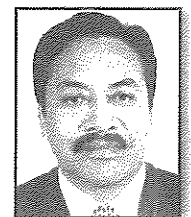
*Rtn. Bijaya Mallapaty
MPHF*



*Rtn. Gabriele Mallapaty
MPHF*



*Rtn. Khrushev Shrestha
MPHF*



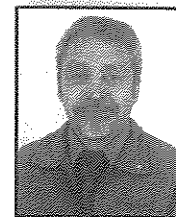
*Rtn. Jamuna K. Tamrakar
MPHF*



*Rtn. Dr. Amina Shrestha
MPHF*



*Rtn. Dr. Bishwa B. Sharma
MPHF*



*Rtn. Padam L. Maharjan
MPHF*

Committee Plan for 2012-2013

Club Administration - Rtn. Maj. Biswa Natha Rai, Chairperson

Administration / Attendance:

Co-ordinator - Rtn. N.G. Halwai
 Members - Rtn. Jeevan K. Shrestha
 - Rtn. Santa K. Shrestha

Rotary Info / Bulletin / Website:

Co-ordinator - Rtn. Khrushchev Shrestha
 Members - Rtn. Kamalmani Dixit
 - Rtn. Lalita Thapa

Fellowship / Programs/ Club Assembly:

Co-ordinator - Rtn. Kedar B. Shrestha
 Members - Rtn. Keshab B. Mathema
 - Rtn. Siba B. Rajbhandary

Club Mentor:

Rtn. Tirtha Man Sakya
 Rtn. M. L. Kayastha

Club Trainer:

Rtn. Jamuna Krishna Tamrakar
 Rtn. Puskar Man Shakya

Membership - Rtn. Chandra Lekha Kayastha, Chairperson

Co-ordinator Goal & Action Plan:

Rtn. Som Paneru
 Rtn. Piyush Bajracharya

Membership / Retention:

Rtn. Yagya B. Shrestha
 Rtn. Bharat N. Joshi

Training/Classification:

Rtn. Matsyendra Lal Kayastha

Service Projects - Rtn. Gabriele Mallapaty, Chairperson

Water / Sanitation:

Rtn. Siba B. Rajbhandary
 Rtn. Shiva K. Pradhan
 Rtn. Yagya B. Shrestha

P.P. Endowment Fund:

Rtn. N.G. Halwai Rtn. Bijaya Mallapaty
 Rtn. Sharda Parsai Rtn. R.R. Pandey
 Rtn. M.L. Kayastha Rtn. B.B. Kshetry

Physically Challenged:

Rtn. R. R. Pandey
 Rtn. K. B. Nyachhyon

Nepal Orthopedic Hospital:

Rtn. Dr. Prakash Raj Regmi
 Rtn. Jamuna K. Tamrakar IPP*
 (*to replace Rtn. Ganesh R. Shrestha
 after 3 months)

Health Camps:

Rtn. Dr. Prakash Regmi
 Rtn. Dr. Amina Shrestha
 Rtn. Padam Maharjan

Senior Citizen's Home:

Rtn. Tirtha Man Sakya
 Rtn. M. L. Kayastha
 Rtn. Tulsi Neupane

Rotary Foundation - Rtn. Dr. B. B. Sharma, Chairperson

Foundation/Fund Raising:

Rtn. Khrushchev Shrestha
 Rtn. Siba Bhakta Rajbhandary
 Rtn. Kedar Bhakta Shrestha

GSE / Member Exchange:

Rtn. Ganesh R. Shrestha
 Rtn. Puskar Man Shakya
 Rtn. Kamalmani Dixit

GSE / Member Exchange:

Rtn. Ganesh R. Shrestha
 Rtn. Puskar Man Shakya
 Rtn. Kamalmani Dixit

Public Relations - Rtn. Tulsi Neupane, Chairperson

Plan & Actions / Reporting:

Rtn. Keshab B. Mathema
 Rtn. Bharat N. Joshi
 Rtn. Suresh Chandra Lakhey

Communication/Publicity/Media:

Rtn. Tirtha Man Sakya
 Rtn. Jamuna K. Tamrakar
 Rtn. R. R. Pandey

New Generation - Rtn. Dr. Amina Shrestha, Director

Interact: Rtn. Kamal B. Nayachhyon

RYLA/RCC: Rtn. Ganesh R. Shrestha

Rotaract: Rtn. Khrushchev Shrestha

‘सर्वजनहिताय’ रोटरी



- रो. कमलमणि दीक्षित

अमेरिकाको सिकागोमा सन् १९०५ मा जन्मेको रोटरी ५३ वर्षपछि मात्र छिरेको हो नेपालमा । तर अंग्रेजको राज्य भएको छिमेकी, भारतमा भने यो सन् १९२० लाग्नुभन्दा अघि नै पसिसकेको थियो । सम्झे हुन्छ- एसियाकै पहिलो रोटरी क्लब भएर २० सदस्यीय रोटरी क्लब अफ क्यालकाटा खुलेको थियो, सन् १९२० को जनवरी १ तारीखका दिन । तर त्यो भन्दा ४ महिना अघि १९१९ को सेप्टेम्बर २६ मै त्यहाँका एकजना फलामका व्यापारी, रो.आर जी कम्सको अग्रसरतामा त्यहाँको प्रख्यात ग्राण्ड होटेलमा रोटरीको पहिलो कन्भेन्सन सम्पन्न भएको हो ।

कलकत्तालाई छाडेर नेपालमा आऊँ । कलकत्तामा क्लब चार्टर भएको ३८ वर्षपछि, रोटरीको तत्कालीन डिस्ट्रिक्ट ३२५ को एउटा क्लब, रोटरी क्लब अफ दरभङ्गाको संयोजकत्वमा २९ जुन १९५९ मा रोटरी क्लब अफ काठमाण्डूको चार्टर भयो । तर यहाँ पनि, त्यो चार्टर हुने भन्दा सात महिना पहिले नै सन् १९५८ को नोभेम्बर २० मा पहिलो रोटरी कन्भेन्सन सम्पन्न भएको थियो यहाँको होटेल रोयलमा । गौरव मान्नुपर्ने कुरा के भने त्यस कन्भेन्सनमा काठमाण्डू (अर्थात् नेपालका) गण्यमान्य जन, १०५ जनाको भव्य उपस्थिति थियो, र त्यसरी काठमाण्डूमा रोटरी क्लब खुल्दा नेपाल अधिराज्य रोटरी भित्र्याउने विश्वको १११ औं मुलुक हुनपुगेको थियो ।

‘स्वार्थभन्दा माथि सेवाभाव’ भन्ने परोपकारी सिद्धान्त बोकेर आएको रोटरीलाई त्यसरी भित्र्याउँदा हामीले नयाँ कुरा भने कथै गरेका थिएनौं । किनभने त्यो सेवा र पर-उपकार भन्ने कुरो हाम्रो नेपाली परम्पराभन्दा परको वस्तु नै थिएन ! अनादि कालदेखि हामी नेपालीहरूले अँगालि आएको धर्म (हिन्दू र बौद्ध) को अन्तर्निहित कुरा नै हुन् सेवा र दया भनेका । हाम्रो धर्मका अङ्ग नै हुन् यी ।

यसो भनेर मैले रोटरीको आदर्शलाई सानो देखाउन खोजेको होइन । बरु, त्यसको विपरीत, भन्न लागेको हुँ- ‘रोटरी-धर्म नेपालको धार्मिक आदर्शको ‘कम्प्याटिबल’ छ’ भनेर । रोटरीका आचारसंहिता र सिद्धान्त वाक्यहरू अध्ययन गर्नु भन्ने हामी देखौं ती सबै हाम्रा पारम्परिक धर्मसँग एकदमै मेल खान्छन् । जैन या बौद्ध दर्शनको आदर्श वाक्य ‘भवतु सब्ब मंगलम्’ रोटरीको ‘फोर-वे-टेष्ट’ को कति निकट छ तुलना गरी हेर्दा हुन्छ । ‘इज इट’ फेयर यान बेनिफिसियल टु अल कन्सर्न्ड’ नै

भनेको होइन त्यो ? अथवा उपनिषद्को ‘सत्यं वद, धर्मं चर’ या पुराणको ‘परोपकार पुण्याय पापाय परपीडनं’ पनि शत प्रतिशत हाम्रो रोटरी आदर्श अनुरूप नै छन् भन्ने प्रमाणित गर्नलाई कुनै स्वामीजी या प्रवचन-प्रवीण गुरूजीलाई गुहार्नु पर्दैन !

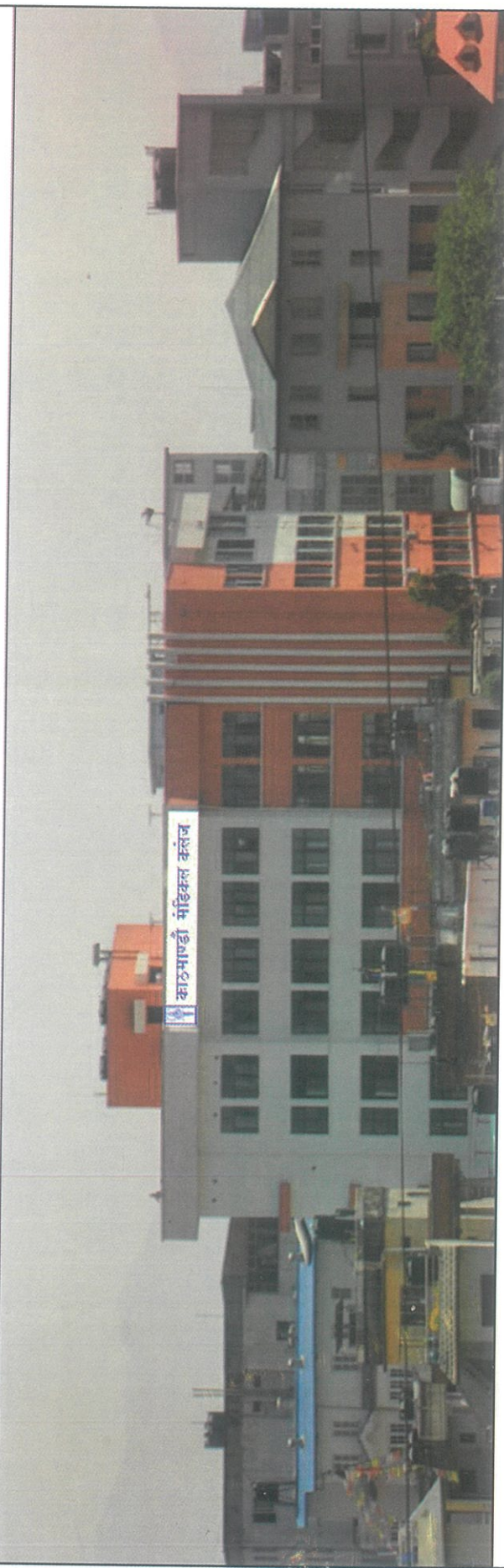
रोटरीको आगमनले हाम्रो पारम्परिक दानको प्रवृत्तिमा भने केही परिवर्तन ल्याइदिएको छ । र त्यो परिवर्तन स्वागतयोग्य नै छ, नराम्रो छैन । दानधर्म हामी पैले पनि गथरौं । हाम्रा यत्तिका मठमन्दिर, विहार र गुम्बाहरू छन् । ती सबै नेपाली दानशीलताका नै परिणाम हुन् । राम्रो हो । तिनमा हामी गर्व गर्छौं । तर ऐले, अब रोटरीले हामीलाई दानको थप नयाँ बाटो पनि देखाएको छ । रोटरीले भन्छ- ‘तिम्रा दान अलि बहुजनहिताय हुन् । को आफ्नो, को पराई भन्ने भन्नेमा ध्यान नराखी दाना गर !’

टीआरएफ अर्थात् रोटरी फाउण्डेसनमा दान गर्ने भनेको यही हो । यो ‘टीआरएफ’ भन्ने कुरा रोटरी अभियानको सबभन्दा महत्वपूर्ण कुरा हो भन्ने लाग्छ मलाई । यो नहुँदो हो त रोटरी र संसारभर अनगिन्ति संख्यामा रहेका अरु क्लबहरूका बीचमा कुनै फरक हुने थिएन । फाउण्डेसन या ‘दाता गुठी’ मात्र भनेर पनि हुँदैन, अरु फाउण्डेसनले पनि करोडौं या अफ अरबौं रुपिया दान गर्छन्, तर टीआरएफ-को दान गराइ निकै फरक हुन्छ । यसको ‘दान’ मा परोपकारको भाव त हुन्छ नै, तर त्यस भन्दा बढी मानवीयता भनी, कि मित्रता या सहभागिताको मात्रा रहन्छ जस्तो लाग्छ मलाई । अर्को कुरो । रोटरी फाउण्डेसनमा दिएको दान संसारभरका विपन्न र पीडित वर्गमा पुग्छ । सबैको हितमा, सकेसम्म धेरैको सेवा गर्छ टीआरएफ-मा दिएको दानले । त्यति मात्र पनि होइन । अन्य देशका असहायहरूको सेवा गरिसकी त्यो दान फेरि फर्केर आएर दान दिने दाताको आफ्नै देशमा सेवा गर्छ पछि । यो भन्दा आदर्श दान अरु के हुन सक्छ ?

हुन पनि, नेपालले आजसम्ममा टीआरएफ-मा जम्माजम्मी २ लाख डलरभन्दा बढी पठाएको छैन, अनुदान दिएको छैन । तर नेपालले आफ्ना विभिन्न रोटरी क्लबहरू मार्फत अनेक परोपकारी प्रोजेक्टहरूका लागि म्याचिङ्ग ग्रान्टको रूपमा आजसम्ममा कममा पनि १ करोड डलर भित्र्याइसकेको छ । यो टीआरएफ-मा दान या अनुदान दिने भनेको तुलतुला नगद या जिन्सी अनुदान दिने पठाउने भन्दा पनि हामी रोटेरियनहरूले ‘पीएचएफ’ मा ‘मल्टीपीएचएफ’ भैदिनु अत्यन्त राम्रो कुरा हो । सबैको हित गर्छ यसले !!!



काठमाडौं मेडिकल कलेज पब्लिक लिमिटेडले विगत १५ वर्षदेखि अनवरत रूपमा गुणास्तरीय स्वास्थ्य शिक्षा तथा सेवा प्रदान गर्दै देशको स्वास्थ्य क्षेत्रमा विशेष योगदान पुऱ्याउन पाएकोमा यस संस्था गौरवान्वित महसूस गर्दछ ।



काठमाडौं मेडिकल कलेज पब्लिक लिमिटेड

सिनामंगल, काठमाडौं
फोन नं.: ४४६९०६४, ४४७६९५२
फ्याक्स: ९७७-१-४४७७९२०
ईमेल: info@kmc.edu.np

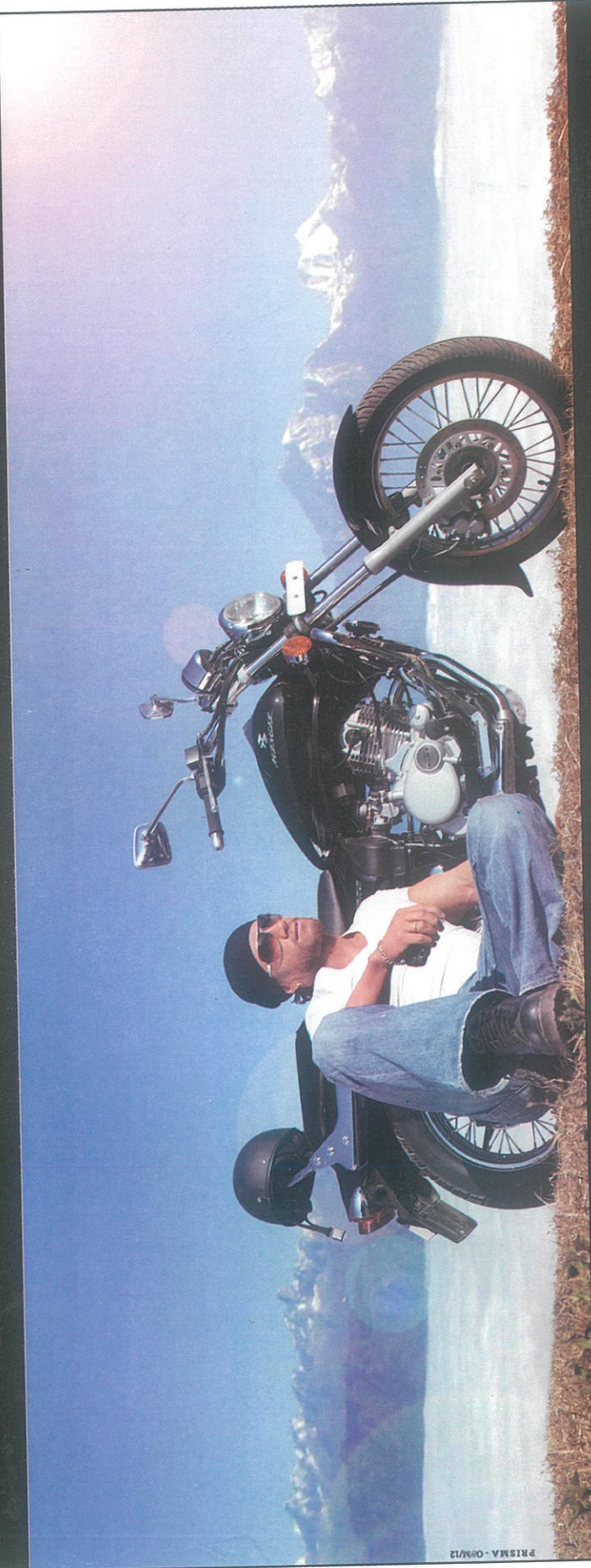
दुवाकोट, भक्तपुर
फोन नं.: ६६९६७८२
ईमेल: kmcbasic@kmc.edu.np

Web: www.kmc.edu.np

BAJAJ
AVENGER 220

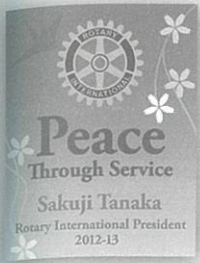
FEEL LIKE GOD

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Rt. Hon. Dr. Ram Baran Yadav
President of Nepal



Past President



Bajracharya Bijay (MPHF)

Classification: Gemologist
Add: Gems Jewellery Industries (P) Ltd.
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Member



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Vice-President



Bajracharya Piyush B. (MPHF+2)

Classification: Ayurvedic Medical Practitioner
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(M): 9851013388
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Anne: RAMITA, Serv: D.S.
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E-mail: piyush@ntc.net.np



Past President



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President

Basnyat Krishna Bahadur (MPHF)

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Join: 2000
E-mail: sagarmatha@insurance.wlink.com.np



Treasurer



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Join: 2003
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Shree Durbar Tole, Lalitpur
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Anne: ANJU. Serv: D; Sgt
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E-mail: kamal@mpp.org.np



Membership Chairperson



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Join: 2008
E-mail: mlkayastha@gmail.com



Senior Member



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Anne: BULU; Serv: VP
Join: 1986
E-mail: info@nce.com.np



Past President



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Anne: CHANDRALEKHA
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E-mail: mlkayastha@gmail.com

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Senior Member

Kshetry Bhim Bahadur (PHF)

Classification: Food Distribution
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Fax:
Born: 4th Feb; Wed: 5th March
Anne: VIJAYA; Serv: T, JS, D
Join: 1999
E-mail:



Past President

Neupane Tulasi P. (MPHF+3)

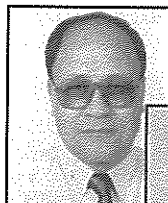
Classification: Economist
Add: Jhamsikhel, Lalitpur-3
Ph: (R) 5522320
Cell: 9851025865
Born: 20th March; Wed: 16th Jan
Anne: KAMALA; Serv: S. D. P
Join: 1985
E-mail: tpfm@mail.com



Senior Member

Lakhey Suresh Chandra (PHF)

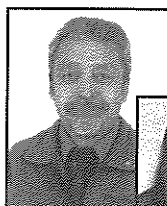
Classification: Economist
Add: Sanepa, Lalitpur
Ph: (R) 5529878
Born: 15th August; Wed: 11th May
Anne: JANAKI; Serv: D.
Join: 1986
E-mail:



Past President

Nyachhyon Kamal Bahadur (PHF)

Classification: Heavy Textile Manufacturer
Add: Himtal Tents (P.) Ltd.
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Cell: 9851023354
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Anne: SJLOCHANA; Serv: D, T, P
Join: 1986
E-mail: kamal@himaltents.com



Member

Maharjan Padam Lal (MPHF)

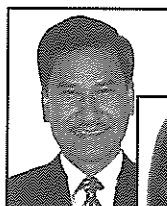
Classification: Electronic Engineer
Add: Ichakhel Panga, Kirtipur-12
Ph: (R) 4331236, 5552686 (O)
Cell: 9841348337
Born: 13th Feb; Wed: 29th April
Anne: KAMALA
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E-mail: padam132@yahoo.com



Past President

Pandey Rabendra Raj (MD)

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Add: Everest Express Tours & Travel (P) Ltd.
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Secretary

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Classification: Development Management
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Member

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Service Projects
Chairperson

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Spouse: BIJAYA; Serv: D
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E-mail: gabriele.mallapaty@gmail.com



Asst. Secretary

Pradhan Shiva Kumar (PHF)

Classification: Photo Lab
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Born: 2nd May; Wed: 19th Phagun
Anne: TIKA
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Past President

Mathema Keshab B. (MPHF+3)

Classification: Social Development
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Cell: 9841282851
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Anne: SHANTI; Serv: D, VP, PE, P
Join: 1998
E-mail: keshab.mathema@gmail.com



Member

Prasai Sharada (PHF)

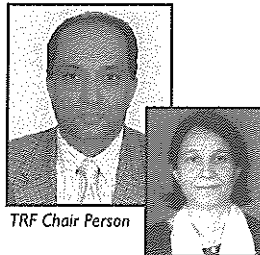
Classification: Travel Agent
Add: Natraj Tours & Travel (P) Ltd.
Ph: (R) 4229277, (O) 4222014
Fax: 4227372
Born: 14th June; Wed: 1st Feb
Join: 1999
Serv: D, SG
E-mail: info@natrajtours.com.np

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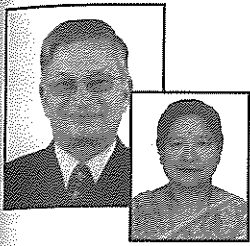
Maj. Rai Biswa Nath (PHF)
 Classification: Retired British Gurkha
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 Cell: 9851057367
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 Anne: SABITRI; Serv: Sgt, D
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 E-mail: biswanathrai@hotmail.com

Club Administration
Chair Person



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 E-mail: bbs1234@gmail.com

TRF Chair Person



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 Join: 1998
 E-mail: sibabr@gmail.com



Shrestha Dr. Amina (MPHF)
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 Join: 2010
 E-mail: amina.shrestha@yahoo.com

New Generation
Chair Person



Rana Shreedhar Shumsher (PHF)
 Classification: Ex. Serviceman
 Add: Sri Sadan 3/386, Pulchowk
 Ph: (R) 5521122
 Born: 16th Aug; Wed: 7th Falgun
 Join: 1995
 E-mail: baggy@mail.com.np

Senior Member



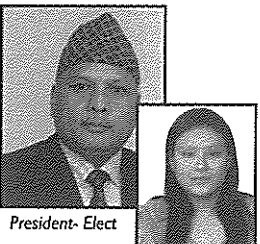
Shrestha Ganesh Raj (MPHF+4)
 Classification: Rubber Recycling
 Add: Pashupati Rubber Industries
 Res: Sinchahity, Lalitpur
 Ph: (R) 5003780, (O) 5522157
 Cell: 9851021440
 Born: 22nd Oct; Wed: 7th Jan
 Anne: BIJAYA LAXMI
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 Join: 1993
 E-mail: ganeshshrestha@hotmail.com

Past President



Regmi Dr. Prakash Raj (MPHF+3)
 Classification: Cardiologist
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 Cell: 9851051179
 Born: 21st Ashad; Wed: 2nd Baisakh
 Anne: UPASANA
 Join: 1990
 E-mail: prregmi@wlink.com.np

Past President



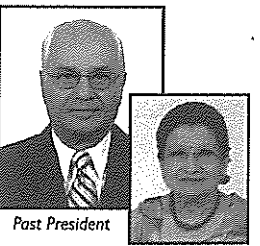
Shrestha Jeevan Kumar (PHF)
 Classification: Civil Engineer
 Add: Chakupat, Lalitpur
 Ph: (R) 5260059
 Cell: 9851045085
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 Anne: GUNU; Serv: D, S, VP
 E-mail: shrestha.jeevank@gmail.com

President- Elect



Sakya Tirtha Man (MPHF+2)
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 Former Chairman, Public Service Commission,
 Chief Secretary, Govt. of Nepal
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 Born: 21st July; Wed: 14th Feb
 Anne: NANI SHOVA
 Serv: d, VP, P, AG, DC, DGN, DGE, DG
 Join: 1988
 E-mail: tirtha.sakya@yahoo.com

Past President



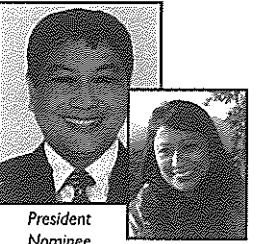
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 Classification: Past Service
 Add: Kupondol Heights, Lalitpur
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 Cell: 9849850226
 Born: 18th Jan; Wed: 15th Feb
 Anne: SHANTA
 Serv: VP, PN, PE, PP
 Join: 2006
 E-mail: kaybeeshan11@gmail.com

Past President



Shakya Pushkar Man (MPHF)
 Classification: Carpet Export
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 Anne: RITA
 Serv: T, S, D, P, AG, DPC
 Join: 1993
 E-mail: pushkarsakya@gmail.com

Past President



Shrestha Khruschev (MPHF)
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 and Watershed Management
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 Ph: (R) 5525886
 Cell: 9841779026, 9751025255
 Born: 10th March; Wed: 14th Fhagun
 Anne: KALPANA
 Serv: CA, SP, A. Sec, Sec
 Join: 2004
 E-mail: khruschevshrestha@yahoo.com

President
Nominee

S.P. Wal



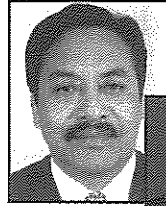
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Member



Shrestha Kiran (PHF)
Classification: Steel Manufacturing
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Cell: 9851043924
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Spouse: DHRUBA
Join: 2007
E-mail: shrestha_dkuji@hotmail.com



Past President



Tamrakar Jamuna Krishna (MPHF)
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Cell: 9851001408
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Anne: MEERA; Serv: D, S, VP, PN, PE
Join: 2000
E-mail: jktamrakar@hotmail.com



Member



Shrestha Dr. Mukti Narayan (PHF)
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Add: Vet. Clinic, Pulchowk, Krishna Galli
Ph: (R) 5521147, (O) 5524236
Cell: 9851000104
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Anne: PRAVEENA; Serv: D
Join: 2008
E-mail: dr.mnshrestha@gmail.com



Member



Thapa Lalita (PHF)
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Spouse: KIRAN
Join: 2012
E-mail: lalita.thapa@hotmail.com



Past President



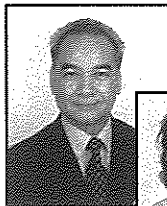
Shrestha Santa Kumar (MPHF+3)
Classification: Liquor Manufacturer
Add: Island Jungle Resort
Ph: (R) 5521745 (O) 4229116, 4225615
Born: 5th Nov; Wed: 3rd May
Anne: NIRMALA;
Serv: JS, D, VP, PE, P
Join: 1992
E-mail: island@mos.com.np



Member



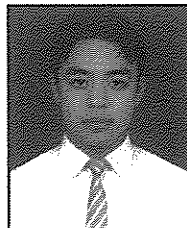
Pajiyar Dr. Nabal
Classification: Memory Trainer
Mind Power Development Systems P. Ltd.
Add: Koteswor, Kathmandu
Cell: 9844117444, 9849870062
Born: 23rd Nov; Wed: 3rd Feb
Spouse: Er. BINA
Join: 2012
E-mail: nabalpajiyar@gmail.com



Past President



Shrestha Yagya Bahadur (PHF)
Classification: Revenue Consultant
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Ph: (R) 5260853
Cell: 9849674267
Born: 8th April; Wed: 19th Feb
Anne: MERRY; Serv: P.D, SVT
Join: 1993
E-mail: yagyamary@yahoo.com



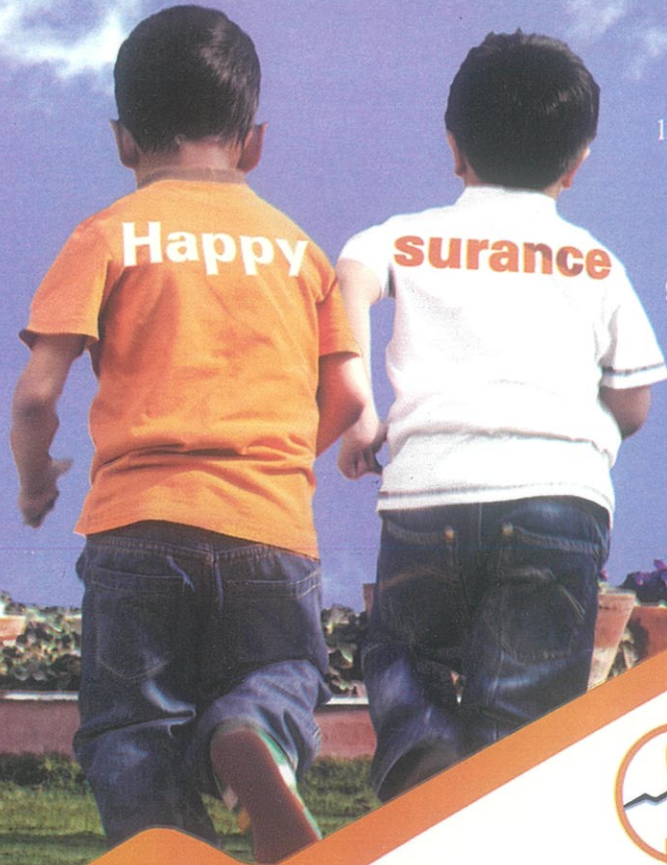
Rabi Shakya
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1	Anwar Ahmed Junejo														1															1	
2	Arti Shrestha Thapa																							1	1	1	1				4
3	Ashish Giri	1																												1	
4	Bachan Gyawali							1	1	1	1	1	1	1	1	1	1	1	1	1	1									13	
5	Basudev Leuntel	1	1	1																										3	
6	Bharat Narsingh Joshi																		1	1	1	1	1	1	1	1	1	1	1	11	
7	Bharti Sharma								1																					1	
8	Bhisma R Prasai	1	1	1	1	1	1	1	1	1	1	1	1	1				1	1	1	1	1	1	1	1	1	1	1	1	20	
9	Bhim B. Kshetry														1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	15	
10	Bihari K. Shrestha							1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	11	
11	Bijay Bajracharya	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	28	
12	Bijay Mallapaty																								1	1	1	1	1	5	
13	Biswa K Mainali	1	1	1	1	1	1	1	1	1	1	1																	11		
14	Biswa N. Rai, Major																					1	1	1	1	1	1	1	1	8	
15	Chandralekha Kayastha																									1	1	1	1	5	
16	Chandra P. Maskey																		1	1	1	1	1	1					12		
17	Chandra S. Gyawali	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	28	
18	Chirinjibi Acharya							1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	16	
19	Dhan B. Sherchan			1	1																									2	
20	Dhruba K. Deep	1																												1	
21	Dhruba Thapa	1	1	1	1	1	1	1	1	1	1	1	1	1															14		
22	Dhruba MS Rajbhandary																1	1												2	
23	Dinesh Shrestha	1	1	1	1	1	1	1	1																					8	
24	Durga Lal Shrestha		1	1	1																									3	
25	Gabriel Mallapaty																								1	1	1	1	1	5	
26	Ganesh R. Shrestha							1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	21	
27	Gyanu Shakya									1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	17	
28	Hari Bhakta Joshi															1	1	1	1	1	1									6	
29	Hari Prasad Poudyal	1	1																											2	
30	Hom Raj Bajracharya	1	1	1	1	1	1	1	1	1	1	1																	11		
31	Indra B. Shakya									1	1	1	1	1																5	
32	Jagdish SJB Rana									1	1	1	1	1	1	1														7	
33	Jamuna K. Tamrakar															1	1	1	1	1	1	1	1	1	1	1	1	1	1	14	
34	Jeevan K. Shrestha																							1	1	1	1	1	1	7	
35	Kamal Mani Dixit	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	28	
36	Kamal Nyachhyon	1	1			1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	28	
37	Kanti Giri									1	1	1	1	1	1	1	1	1	1											10	
38	Karna B. Shakya					1	1	1											1	1	1	1								7	
39	Kedar B. Shrestha																		1	1	1	1	1	1	1	1	1	1	1	10	
40	Keshav B. Mathema																		1	1	1	1	1	1	1	1	1	1	1	16	
41	Keshab Lamichhane			1																										1	
42	Khruschev Shrestha																			1	1	1	1	1	1	1	1	1	1	10	
43	Kiran Shrestha																								1	1	1	1	1	5	
44	Krishna Acharya			1	1																									2	
45	Krishna B. Basnet																1	1	1	1	1	1	1	1	1	1	1	1	1	13	
46	Krishna B. Pradhan																1	1	1	1	1	1	1	1	1	1	1	1	1	10	
47	Krishna Jung Rana									1	1	1	1	1	1	1	1	1	1	1	1									11	
48	Lochan Gyawali	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	28	
49	Madan K. Rai									1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	14	
50	Madhav Lal Pradhan	1	1	1	1	1	1	1	1	1																				10	
51	Madhusudan Subedi				1																									1	
52	Mahendra B Thapa																								1	1	1			3	



SN	Name	85/86	86/87	87/88	88/89	89/90	90/91	91/92	92/93	93/94	94/95	95/96	96/97	97/98	98/99	99/00	00/01	01/02	02/03	03/04	04/05	05/06	06/07	07/08	08/09	09/10	10/11	11/12	12/13	Yrs. In Club	
53	Mahesh Lal Pradhan	1																		1	1									3	
54	Matsyendra L. Kayastha	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	28	
55	Moti L. Shilpakar	1	1	1	1	1	1	1	1	1	1	1																		11	
56	Mukti N. Shrestha, Dr.																								1	1	1	1	1	5	
57	Nagendra Thapa	1																												1	
58	Nandaram B. Mathema		1	1	1	1	1	1	1																					7	
59	Narayan G. Halwai		1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	27	
60	Narendra NS Shakya								1	1	1	1																		4	
61	Om Rajbhandari													1	1	1	1	1	1	1	1									8	
62	Padma Lal Maharjan																			1	1	1	1	1	1	1	1	1	1	9	
63	Padma Raj Shakya		1	1	1																									3	
64	Piyush B. Bajracharya																				1	1	1	1	1	1	1	1	1	9	
65	Prachanda Pradhan Dr.																				1	1	1	1						4	
66	Prafulla Man Pradhan									1	1	1																		3	
67	Prajapati Prasai	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1														15	
68	Prakash Raj Regmi, Dr.					1	1	1	1	1	1	1	1	1					1	1	1	1	1	1	1	1	1	1	1	20	
69	Prem Bahadur Shrestha											1	1	1	1	1														5	
70	Punch Bahadur Basnet				1	1	1	1	1																					5	
71	Puskar Shakya								1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	21	
72	Rabendra R. Pandey					1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	24	
73	Rabindra Kumar Kohli									1																					1
74	Ram Chhaya M. Amatya			1	1	1	1	1	1	1	1	1																		9	
75	Ram Singh Thapa												1	1	1	1	1	1	1	1	1	1	1							11	
76	Reema Kohli									1	1																				2
77	Renu Shrestha							1	1	1	1	1	1	1	1	1	1	1	1	1	1	1								14	
78	Rishi Shah						1	1	1	1	1	1																			6
79	Sagar SJB Rana	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1									19	
80	Sant Kumar Shrestha							1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	22
81	Sanu Nani Rajkarnikar							1																							1
82	Satya Pradhan																							1	1	1	1	1	1	1	5
83	Sharda Prasai														1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	14	
84	Shreedhar SJB Rana										1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	19	
85	Siba B. Rajbhandary														1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	15	
86	Siddhi B. Shakya	1	1	1	1	1	1	1	1	1	1	1																		11	
87	Siddhi Man Basnet													1	1	1														3	
88	Shreedhar Acharya													1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	14	
89	Subash Gopal Baidya				1	1	1	1																							4
90	Sudan R. Shakya																1	1													2
91	Suresh Chandra Lakhe	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	28	
92	Surendra Raj Sharma	1	1	1	1	1	1	1	1																						8
93	Sushil Upadhyay	1																													1
94	Tirtha M. Shakya		1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	27	
95	Tulsi Neupane	1	1	1	1	1	1	1		1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	27	
96	Vishnu Dhittal							1	1	1	1	1	1	1	1	1	1	1	1	1											13
97	Yadav Kunwar																										1				1
98	Yagya B. Shrestha									1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1			1	1	18	
99	Yogendra P. Dhakal	1																													1
100	Som Paneru																										1	1	1	1	4
101	Shiva K. Pradhan																										1	1	1	1	4
102	Chandra B. Shrestha Dr.																											1			1
103	Amina Shrestha, Dr.																											1	1	1	3
104	Biswa B. Sharma, Dr.																											1	1	1	3
105	Shivjee B. Silwal, Dr.																											1			1
106	Lalita Thapa																												1	1	2
107	Nabal Pajiyar, Dr.																														1
	Total	27	26	29	31	28	30	37	38	39	42	41	34	38	38	39	40	41	42	44	43	38	40	39	40	43	45	39	41		



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- » ग्राहकमुखी निक्षेप तथा कर्जा योजनाहरू
- » विभिन्न रेमिटेन्स कम्पनी मार्फत रेमिटेन्स सेवा



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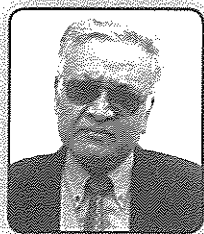
चौथो तल्ला, कमलादी कम्प्लेक्स, कमलादी, काठमाडौं
फोन: ०१-४२२६७०, ४२२७३०, फ्याक्स: ०१-४२२८८२

Rotary Club of Patan

Current Members: 2012/13

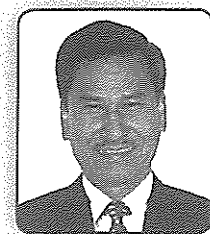


SN	Name	85/86	86/87	87/88	88/89	89/90	90/91	91/92	92/93	93/94	94/95	95/96	96/97	97/98	98/99	99/00	00/01	01/02	02/03	03/04	04/05	05/06	06/07	07/08	08/09	09/10	10/11	11/12	12/13	PHF Status	Yrs. In Club	Date of Birth
1	Bajracharya Bijay	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF	28	23 Aug	
2	Bajracharya P. Bajra																				1	1	1	1	1	1	1	1	MPHF+2	9	12 Dec	
3	Basnyat K. Bahadur																1	1	1	1	1	1	1	1	1	1	1	1	MPHF	13	8 July	
4	Dixit Kamal Mani	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	Maj.Don	28	2 Sept	
5	Gyawali C. Sekhar	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF	28	14 Nov	
6	Gyawali Lochan	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	PHF	28	12 Nov	
7	Halwai N. Govind		1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+3	27	4 Oct	
8	Joshi Bharat Narsing																		1	1	1	1	1	1	1	1	1	1	PHF	11	16 June	
9	Kayastha Chandralekha																								1	1	1	1	MPHF+2	5	4 May	
10	Kayastha Matsyendra Lal	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	Maj.Don	28	25 May	
11	Kshetry Bhim Bahadur														1	1	1	1	1	1	1	1	1	1	1	1	1	1	PHF	15	4 Feb	
12	Lakhey Suresh Chandra	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	PHF	28	15 Aug	
13	Maharjan Padam Lal																			1	1	1	1	1	1	1	1	1	MPHF	9	13 Feb	
14	Mallapaty Bijaya																								1	1	1	1	MPHF	5	9 May	
15	Mallapaty Gabriele																								1	1	1	1	MPHF	5	17 Dec	
16	Mathema Keshab B.													1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+3	16	2 July		
17	Neupane Tulsi P.	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+3	27	20 Mar	
18	Nyachhyon K. Bahadur	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	PHF	28	15 Jan	
19	Pajiyar Dr. Nabal																											1	PHF	1	23 Nov	
20	Pandey Rabendra Raj					1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	Maj.Don	24	14 Dec	
21	Paneru Som																									1	1	1	1	PHF	4	1 Sept
22	Pradhan Shiva K.																									1	1	1	1	PHF	4	2 May
23	Prasai Sharda															1	1	1	1	1	1	1	1	1	1	1	1	1	PHF	14	14 June	
24	Rai Maj. Biswa Nath																					1	1	1	1	1	1	1	1	PHF	8	27 May
25	Rajbhandary Siba Bhakta															1	1	1	1	1	1	1	1	1	1	1	1	1	Maj.Don	15	11 June	
26	Rana Shreedhar Shumsher										1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	PHF	19	16 Aug	
27	Regmi Dr. Prakash Raj					1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+3	20	30 June	
28	Sakya Tritha Man		1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+2	27	21 July	
29	Shakya Pushkar Man								1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF	21	14 Jan	
30	Sharma Dr. B. Bandhu																										1	1	1	MPHF	3	2 June
31	Shrestha Dr. Amina																										1	1	1	MPHF	3	5 June
32	Shrestha Ganesh Raj								1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+4	21	22 Oct	
33	Shrestha Jeevan Kumar																						1	1	1	1	1	1	1	PHF	7	6 May
34	Shrestha Kedar Bhakta																			1	1	1	1	1	1	1	1	1	MPHF+2	10	18 Jan	
35	Shrestha Khrushev																			1	1	1	1	1	1	1	1	1	MPHF	10	10 Mar	
36	Shrestha Kiran																							1	1	1	1	1	1	PHF	5	10 July
37	Shrestha Dr. M. Narayan																									1	1	1	1	PHF	5	1 July
38	Shrestha Santa Kumar							1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF+3	22	5 Nov	
39	Shrestha Yagya Bahadur									1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	PHF	18	8 April
40	Tamrakar Jamuna Krishna															1	1	1	1	1	1	1	1	1	1	1	1	1	MPHF	14	17 Feb	
41	Thapa Lalita																											1	1	PHF	2	19 Mar



Rtn. Narayan G. Halwai
Past President

Rotary Club of Patan (RCP) PRAJAPATI EDUCATION ENDOWMENT FUND (PEEF)



Rtn. Bijaya Mallapaty
Secretary

Education for Nepali School Children

The Rotary Club of Patan (RCP), Nepal has been spearheading its initiatives in the field of education for years out of a commitment towards the intellectual development of the youth in the country. In a country like Nepal, one of the Least Developed Countries in the world with the latest per capita income equivalent to US \$ 742 (The Economic Survey 2011-12), many children do not profit from the fundamental human right to empower themselves through learning.

The Nepalese government had previously declared its commitment to provide free primary and, since a few years, secondary education for all. However, the government's coverage does not include all school related expenses of a student. Therefore, in order to encourage lower-income families to continue sending their children to schools, RCP initiated this programme.

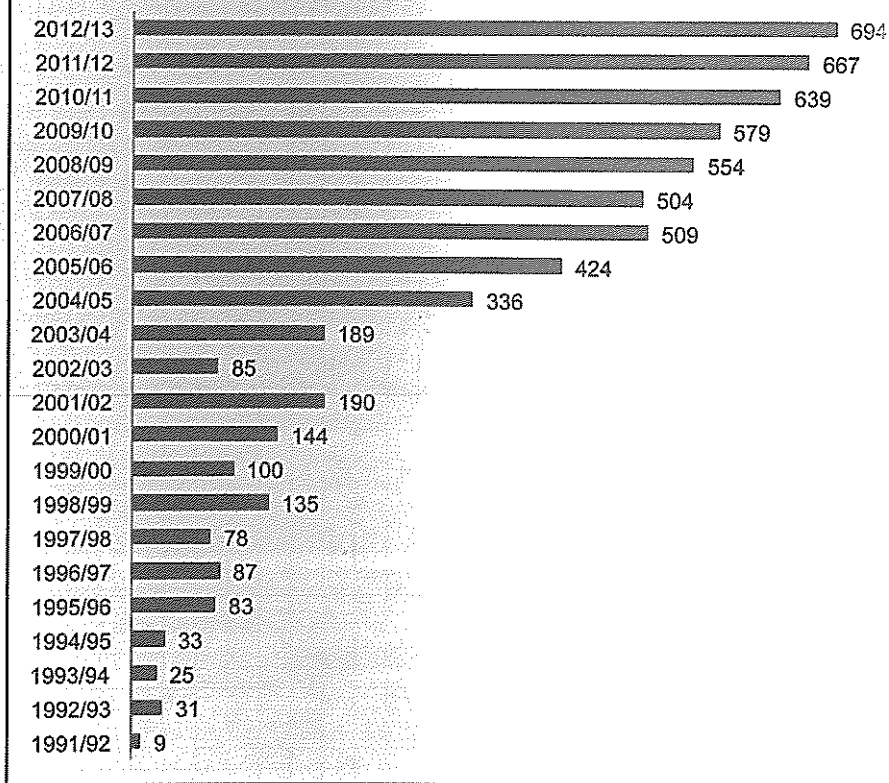
RCP's Scholarship Programme

To support children's education in Nepal, the Rotary Club of Patan (RCP) established the "Prajapati Education Endowment Fund" (PEEF) in 1991 and simultaneously launched a scholarship programme to bridge the education gap for children from economically underprivileged families. The RCP implemented the scholarship programme in government schools, each year selecting four students enrolled in class 6 to receive financial assistance until the completion of class 10 as a supplement to family expenses on education. The need-based assistance package has been offered on a staggering scale to take into account student's educational performance. From the school year 2011/2012, the package has been maximized for all (Rs. 1,500 per child), with higher amounts (Rs. 2,000 per

child) to recognize students performing with distinction.

Through generous donations from fellow Rotarians, friends and relatives of Rotarians, and other charitable institutions and individuals, RCP has mobilized funds to support a total of 2001 students, over a span of more than two decades. The girls represented 58% of these students in the school year 2012-13. This year, twenty-three Rotarians, 3 Anns and 5 others associated with the RCP took part during the selection and distribution of the scholarships.. Many of them made several visits totalling 64 visits. The RCP's supplement to their educational costs has allowed these students to continue attending school while reducing the burden to their economically

Growth in Number of Students 1991/92 - 2012/13



challenged families. In the year 2012/2013, the number of students receiving scholarships reaches 694 from 28

participating schools. The programme's aim is to reach a target of supporting 1000 students annually.

Although ambitious, the RCP has full faith in the realization of this target and the benefit that the economically deprived children of Nepal stand to gain from its initiative.

Management of the Scholarship Programme

The Fund is managed by a RCP Committee which meets regularly to discuss policy and practices. Every 3-4 months a progress report, including detailed financial information, is submitted to the RCP General Meeting. All activities, from record-keeping, liaising with donors, communicating with schools, selecting suitable candidates, and checking-up on student performance are conducted by the RCP team in a transparent manner and on a voluntary basis. This effort has been the prime driver in the success of this programme. In addition to the resources, the donation of valuable time and expertise by the highly motivated Rotarians and their family members, ensure that there are no overhead costs to manage this model scholarship programme. The RCP Management Committee of the PEEF is also looking into the best options for investment of the Trust Fund in the context of fluctuating interest rates with a downward trend and the need to secure adequate funds to cover annual requirements.

The Trust Fund has reached an amount of Nepalese Rupees 7.99 million and there are additional annual contributions of Rs. 281,200 as detailed in the annex 1. The anticipated income being generated by the Trust Fund together with the additional annual contributions have brought about a budget of Rs. 2,019,600 for the school years 2011-12 and 2012-13. Because of a change in the distribution schedule the amounts of two school years are reported together during this Rotary Year.

Criteria for Student Selection

Students are selected on the basis of their economic need. In order for students to qualify for assistance, the RCP Selection Committees take into account the following criteria:

- low income household/inability to pay for school fees, books, stationary and other education-related costs
- part of a large family with many children/school-going siblings
- no father or mother or both
- not working as domestic helpers whose education would be the responsibility of the house owner.

How Funds are Raised

A onetime contribution of NPR 15,000 to the PEEF proposed to be raised to Rs. 20,000 (approximately USD 250) supports one student's scholarship for perpetuity through interest earned from investing these funds in secured, maximum interest-bearing accounts by Rotary. With the growth in the number of students supported, RCP has decided to advocate only this mechanism (stopping any new annual contributions), as this ensures continuity of the scholarship programme.

Feedback Provided to Donors

Each donor is assigned a student for a period of five years, from Class 6 to Class 10, after which the scholarship is transferred to a new student beginning again from Class 6. Donors receive a statement of annual examination scores together with the student's receipt of scholarship money. In addition a photograph of the student is also sent wherever possible. (See Annex. 1 with a list of sponsors and the latest funding details)

Testimony of a beneficiary Ms. Ramita Maharjan, Recipient 1999-2004, is currently working as a Nurse in Ganga Lal Heart Hospital, Bansbari, is presented below:

"...small amount of Rs. 1200 helped to pursue my education and stand on my own feet, otherwise I was unable to study in the school

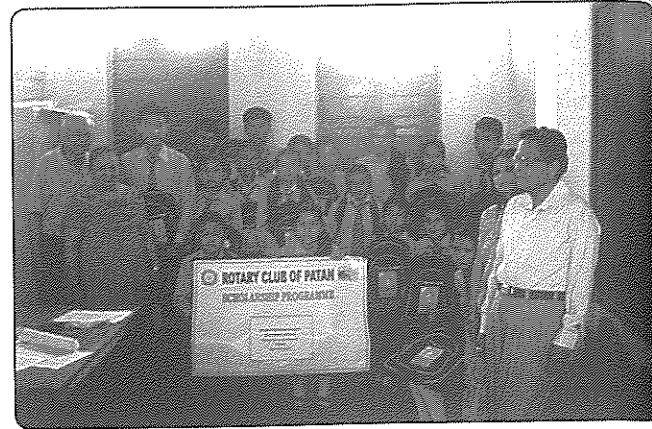
***Ramita Maharjan
Recipient 1999-2004
Nurse
Ganga Lal Heart Hospital
Bansbari, Kathmandu***



Examples of Scholarship Distribution at Schools in the presence of the Rotarians of RCP:



Distribution of 2nd installment on 07 December 2011 at Pragati Sikshya Higher Secondary School. Recipients, School Management, Rotarians & Sponsors



Distribution on 27 April 2012 at Mahendra Brikuti Secondary School, Jawalakhel. Recipients, School Management, Rotarians & Sponsors



Distribution of 2nd installment on 14 February 2012 at Balkumari Secondary School, Sunakothi. Recipients, School Management, Rotarians & Sponsors



Distribution on 02 May 2012 at Adarsha Saul Higher Secondary School, Saibhu Baishepati. Recipients, School Management, Rotarians & Sponsors

A Little Goes a Long Way

The regular feedback from students, school management, and first-hand observation by RCP Rotarians demonstrate that the value of a small monetary donation is exponentially larger when calculated in non-monetary terms. To name a few: improvement in the child's well-being, expanded outlook and increased potential to develop communities. The RCP is also using this flagship programme for a multiplier effect by directing other support programmes such as computer labs, library materials, provision of potable drinking water, toilet facilities, health check-ups etc. to these schools.

In continuing this splendid tradition of sharing, we encourage donors, Rotarians and non-Rotarians alike, to contribute to the noble goal of educating 1000 disadvantaged students in Nepal every year.



Annex 1 (Ref. from 2): RCP, PEEF - List of Sponsors with Amount and Students No. of 31 July 2012

S.No.	Sponsor's Name	Contribution		Students
		Trust Fund	Annual	
	Contribution on Initiation of Rotarians			
1.	Rtn. Bhim B Kshetry		6,400	4
2.	Bikram B Kshetry (son)		16,000	10
3.	On Top of the World, UK		117,000	73
	On Bhim B. Kshetry's initiation		139,400	87
4.	Rtn. Bijaya Mallapaty	15,000		1
5.	Smriti Mallapaty, (daughter)	15,000		1
6.	Roraj Pradhananga, USA (nephew)	62,750		4
7.	Bhawani Sapkota, USA	30,000		2
8.	Ajaya Mallapaty, USA (son)	30,000		2
9.	Rtn. Gabriele Mallapaty	30,000		2
10.	Sujala Pant, USA	15,000		1
11.	Katherine Piedra, USA	15,000		1
12.	Ilse Hahn, Germany (mother-in-law)	15,000		1
13.	Late Mr. Dilli Raj Upreti	15,000		1
14.	Shiva and Mangala Pradhananga	45,000		3
15.	Mrs. Manuela Muecke (sister-in-law)	15,000		1
16.	Ms. Surabhi Bhattarai	15,000		1
	On Bijaya Mallapaty Family's initiation	317,750		21
17.	Rtn. Ganesh Raj Shrestha	75,000		5
18.	Bijaya N Bhattarai	15,000		1
19.	Yadav Kunwar	75,000		5
20.	IW Bijaya Shrestha	15,000		1
21.	Ujala Shrestha	15,000		1
	On Ganesh Raj Shrestha's initiation	195,000		13
22.	Rtn. Chandra Shekhar Gyawali	5,000	25,600	16
23.	Dr.iur. Karl-Heinz Loderle, Austria	82,386		5
24.	Takashi Kawasaki, Japan	60,000		4
25.	On Oswin, Bachan & David Oswin's friends	75,000		5
	On Gyawali Family's initiation	222,386	25,600	30
26.	Rtn. Kedar Bhakta Shrestha	15,000	3,200	3
27.	Season Shrestha, USA	10,388		1
28.	Prem Raja Mahat, USA	10,388		1
29.	Rajendra Shrestha, USA	10,388		1
30.	Sanjeeb & Soni Shrestha, USA	25,158		2
31.	Dr. Sanjeeb Shrestha, USA (Inn WC)	60,000		4
32.	Indra -Jawahar Sahyog Samiti	15,000		1
33.	Keshab Lal & Ram Sundari Shrestha	15,000		1
34.	Shreedhar Lal & Sudhesna Shrestha, USA	18,773		1
35.	Bharat & Baijayanti, USA	14,770		1
36.	Anuva & Kraig Bonzek, USA	14,770		1
37.	Raj Shrestha, USA	14,770		1
38.	Nabin & Agnes Shrestha, USA	14,770		1
39.	Bikas & Bijaya Shrestha, USA	7,161		
40.	Pankaz & Monika Shrestha	14,770		1
41.	Sabin Shrestha	14,770		1
42.	Awohar Devi Shrestha	15,000		1
	On Kedar B. Shrestha's initiation	290,876	3,200	22
43.	Rtn. Keshab Bhakta Mathema	66,000		4
44.	Chris & Kathleen Davis, USA	126,902		8

S.No.	Sponsor's Name	Contribution		Students
		Trust Fund	Annual	
45.	Nick Symonds Foundation	366,000		20
46.	Varun Mathema (son)	30,000		2
	On Keshab B. Mathema's initiation	588,902		34
47.	Krishna B. & Sulochana Pradhan	15,000		1
48.	Mahesh & Sandhya Pradhan	15,000		1
49.	Sarosh & Rajshree Pradhan	15,000		1
	On Late Krishna B Pradhan's initiation	45,000		3
50.	Krishna B Basnyat	15,000		1
51.	Yasodhara Basnyat (late spouse)	15,000	1,600	2
	On Krishna Basnyat's initiation	30,000	1,600	3
52.	Rtn. Matsyendra Lal Kayastha	152,500	9,600	16
53.	Late Krishna B Gongol (father-in law)		1,600	1
54.	Late Bhumati D. Gongol (mother-in-law)		1,600	1
55.	Rtn. Chandra Lekha Kayastha	15,000		1
56.	Late Krishna Lal Kayastha (father)	15,000		1
57.	Late Amrit Kumari Kayastha (mother)	15,000		1
58.	Kanhaiya Lal & Rohini Kayastha, USA	15,000		1
59.	Manish Kayastha, (son)	60,000		4
60.	Mausami Kayastha, USA	32,725		2
61.	Megha Kayastha Joshi		1,600	1
62.	Matsyendra-Chandra Lekha Kayastha		8,000	5
63.	Rayhan Kayastha Adcock (grandson)	15,000		1
64.	Nand Lal & Chiniya Devi Kayastha	15,000		1
65.	Mr & Mrs Singh Bir Kayastha	15,000		1
66.	Prasthana Shrestha Kayastha (Daughter-inlaw)	15,000		1
67.	Dr. Bruce Adcock, USA (son-in-law)	17,700		1
	On M.L. Kayastha Family 's initiation	382,925	22,400	39
68.	Rtn. Narayan Govind Halwai	68,750		5
69.	S. Muramoto, Japan	10,000		1
70.	Anne Munu Rajkarnikar	15,000		1
71.	Manish Rajkarnikar, USA (son)	57,500		4
72.	Heema Rajkarnikar Joshi, USA (daughter)	15,000		1
73.	Rtn. Jim Sinclair, USA	14,497		1
74.	Manish-Smriti Rajkarnikar, (son and d-in-law)	30,000		2
75.	Shubha Rajkarnikar Shrestha, Australia	15,000		1
76.	Neeru Shakya	15,000		1
77.	Rtn. Pralhad Manandhar	15,000		1
78.	Saurab Anju and Melbourne friends	30,000		2
79.	Suresh, Dr Indira Satyal, RC KTM	30,000		2
80.	Darshan Shrestha, Australia	15,000		1
81.	Smriti Tuladhar & Friends, USA	15,000		1
	On Narayan Halwai's initiation	345,747		24
82.	Mrs Lanthakun (grandmother)	15,000		1
83.	Mr Sanu Maharjan (father)	15,000		1
84.	Pankaj Maharjan, USA (son)	15,000		1
85.	Pascal Maharjan, USA (son)	15,000		1
86.	Poonam Maharjan, USA (daughter)	15,000		1
87.	Emi Ashikawa Maharjan, USA (daughter-in law)	15,000		1
	On Padam Maharjan's initiation	90,000		6
88.	Rtn. Piyush Bajra Bajracharya	45,000		3
89.	Mandar Bajracharya (son), USA	24,860		2



S.No.	Sponsor's Name	Contribution		Students
		Trust Fund	Annual	
90.	Sabita R Bajracharya, USA	15,000		1
	On Piyush Bajracharya's initiation	84,860	-	6
91.	Late Prajapati Prasai	14,000		1
92.	Sharda + Shikhar Prasai	150,000		10
93.	Mr. Andre Gilloz, Switzerland	453,290		30
94.	Mr Georges A Cuendet, Switzerland	381,227		25
95.	Ms Vera + Mr C Trachaz, Switzerland	573,473		38
96.	Mrs. Ines Ramaut, Belgium	28,488		2
97.	Mr Patric + Mrs Martine, Belgium	13,972		1
98.	Ms Rita Jefer Weber, Switzerland	11,000		1
	On Prasai Family's initiation	1,625,450	-	108
99.	Rtn. Puskar Shakya		3,200	2
100.	Madam Teresa Cruz, Portugese Consular	112,767		7
101.	Mr. Andre De Jonckheere, Belgium Consular	10,000		1
	On Puskar Shakya's initiation	122,767	3,200	10
102.	Rtn. Rabendara R. Pandey	15,000		1
103.	Khagendra Piyush Education Guthi	15,000	14,400	10
104.	Rtn. Robert Rose & Anne Gina, USA	15,000		1
	On Rabendra R Pandey's initiation	45,000	14,400	12
105.	Rtn. Yagya B Shrestha		3,200	2
106.	Dr. Sumi + Subin Shrestha		3,200	2
	On Yagya B Shrestha's initiation	-	6,400	4
107.	Prakash R Regmi, Dr.	45,000		3
108.	IW Upasana Regmi	15,000		1
	On Dr. Prakash Regmi's initiation	60,000	-	4
109.	Rtn. Siba B. Rajbhandary and Family	161,795		11
110.	Mrs. Mary Pradhan, USA	38,290		3
111.	Mrs Deepa Hada Rustum, USA	46,920		3
112.	Mr. Yakshya B. Malta, USA	15,094		1
113.	Mr. Keits Smith, Australia	46,000		3
114.	Ms. Linda Starodub, USA	17,033		1
115.	Mrs. Richard C. Goldman, USA	7,547		1
116.	Obi & Vibha Joshi, USA	14,400		1
117.	Dillon Lal, USA	12,010		1
118.	Rtn. Susan Sola, USA	35,248		2
119.	PDG Amitav Mukerjee, India	39,500		3
120.	Prayag Man Pradhan, Australia	15,000		1
121.	Dr. Tulsi Maharjan	40,708		2
122.	Late Haari B. Dongol (Tulsi's Uncle)	148,000		10
123.	Late K. Manandhar (Madhu's Father)	455,950		30
124.	RC Branchburg, USA		48,000	30
125.	Late Kul N. Maharjan (Tulsi's Father)	139,625		10
126.	Wen-Chinan Yang Memorial Scholarship	148,000		10
127.	PDG Shekhar Mehta, India	25,000		2
128.	Sponsors for three orphan students	45,000		3
129.	International Ladies Bridge Club	30,000		2
130.	Grijesh Man Shrestha, USA	15,000		1
131.	Jarod Lall Rajbhandary, USA	15,000		1
132.	Everst B. Rajbhandary, USA	34,501		2
133.	Laxmi Maya Maharjan, USA	37,000		2
134.	Dr. Roji Rajbhandary	15,000		1
135.	Late Shailendra K. Upadhyay	15,000		1
136.	Late Mohan N. Shrestha	15,000		1

S.No.	Sponsor's Name	Contribution		Students
		Trust Fund	Annual	
137.	RC Yala for Sankhu	180,000		12
138.	Dr. Sushila Rajbhandari Pradhan	30,000		2
	On Siba B. Rajbhandary's initiation	1,837,621	48,000	153
139.	Inner Wheel Club of RCP	200,000		14
140.	Anne Prabina Shrestha	45,000		3
	On Inner Wheel Club initiation	245,000	-	17
	Sub-total on Initiation RCP members	6,529,284	264,200	596
	Contribution from individual RCP members			
141.	Rtn. Bharat N Joshi		1,600	1
142.	Rtn. Bijaya Bajracharya	1,000		
143.	Rtn. Dr. Bishwa Bandhu Sharma	15,000		1
144.	Rtn. Maj. Biswa Nath Rai		3,200	2
145.	Rtn. Jamuna K. Tamrakar	75,000		5
146.	Rtn. Kamal B Nyachhyon	15,000		1
147.	Rtn. Kamal Mani Dixit	108,500		7
148.	Rtn. Kiran Shrestha (with Aarti & Usha & Ava)	15,000		1
149.	Rtn. Santa Kumar Shrestha	25,111		2
150.	Rtn. Shreedhar Shumsher JBR	15,000		1
151.	Rtn. Suresh Lakhey	77,000		5
152.	Rtn. IPDG Tirtha M Shakya	15,000		1
153.	Rtn. Tulasi Neupane	15,000		1
	Sub-total Individual Contrib. RCP members	376,611	4,800	28
	Contribution from other Individuals			
154.	Rtn. Alan Cope, Isle of Man, UK	1,000		
155.	Rtn. Denik Jrak, Belgium	1,000		
156.	Rtn. Gale Jones, New Mexico, USA	14,807		1
157.	Rtn. Siddhi B Shakya	3,000		
158.	Dr. Bhism R Prasai	15,000		1
159.	Dr. Chandra P Maskey	15,000		1
160.	Chirinjibi Acharya	15,000		1
161.	Dhruva Bahadur Raut	1,000		
162.	Dhruva Thapa	1,000		
163.	Gyanu R Shakya	15,000		1
164.	Karna B Shakya	15,000		1
165.	Madan Rai	15,000		1
166.	Moti L Shilpakar	13,000		1
167.	Om Rajbhandary	6,000		
168.	Late PDG T Manekshaw	25,001		2
169.	Dr. Prachanda Pradhan	30,000		2
170.	Ram Singh Thapa	15,000		1
171.	RC Patan including Voc. Fund	439,074		29
172.	Sagar Shumsher JBR	5,000		
173.	Saheed Dharma B Mathema (Rtn. Renu)	15,000		1
174.	Samjhouta Nepal	340,000		22
175.	Shiyo Kaju Netsu, Japan	5,000		
176.	Shreedhar Acharya	71,000		5
177.	Vishnu P Dhital	6,000		
178.	Govinda Pratisthan (Rtn. I. Pradhan, Patan W)	15,000		1
	Sub-total other Contributions	1,096,882	-	71
	Total All Contributions	8,002,777	269,000	695



MY TWO YEARS IN ROTARY



—Rtn. Bishwa B. Sharma

One Monday morning, I was frantically searching for my Rotary pin. My wife was observing me curiously and she made a poignant remark, "You miss so many deadlines all the time. It is not because you do not have time, but because you are so forgetful, but every Monday morning you don't forget to fix your Rotary pin. What is so special about your club which makes you so devoted?" I gave her a short answer, "To understand this, first you should be a Rotarian." It was a casual conversation, but it makes my passion for Rotary work clear. Actually my contact with Rotary life started almost twenty years ago when my friend Dr. Prakash Raj Regmi was an active member and encouraged me to be a Rotarian. But his attempts then did not meet with success. The reason was my scepticism and incomplete information about the Rotary movement.

Since I joined the club two years ago, my perception of Rotary has changed completely. I think the Rotary movement itself has gone through a process of transformation over time. It is no longer perceived as a gathering of rich traders with bow tie and pocket square, smoking cigars and chatting their daily businesses. This image has been completely transformed into a global network of diverse professionals dedicated to serve. This is the first message I observed during these two years of Rotary life. The second thing I discovered is that once you become a Rotarian, you cannot leave it easily. The reason, in my opinion, is the friendship and mutual intimacy we develop in our club. Although different people may have different motives to join a club, I came simply because I wanted company of people from various walks of life. And I felt the need to be in an intellectual circle spending my free time in worthwhile interactions. For this, there could not be a better place than a Rotary Club.

I did not anticipate that within this short span of time, I could develop such a passion to club life. Many Rotarians

from elsewhere tell me that RC Patan is a special club with distinctive image. Some say, it is an elite among the clubs. Whatever may be the reason, it is already an integral part of my life.

Sometimes, during our club meetings I feel, I am in a Board Meeting of some corporate house, especially, when we discuss projects and proposals. A tired and almost retired busy psychiatrist may not give any input in such serious plans. So I am consciously avoiding taking any serious responsibility in the club, at least for the time being. But, I am truly following the MANTRAS spoken to me at my induction: attend the meetings regularly, pay the dues timely, and contribute, as you can, to charity; the rest depends on your time, desire, motivation etc. Nevertheless, I truly became a Rotarian with the spirit of service and fellowship.

I notice there are few things very distinctive to rotary culture. First, we are punctual and very conscious of time. I have attended many highly professional business meetings of international standard and almost every time the proceedings are behind schedule and last speakers often have to face almost empty halls. I never observed this in any of the Rotarian gatherings. Second, we are very concise and clear in our agendas. I have not seen any Rotarian talking near and around, but always to the point. Third, we know our business: service and mutual fellowship, nothing with politics and religion.

I was fortunate to attend the RI Convention in Bangkok this year. I anticipated that it would be a superfluous fanfare and multiple appeals to donate to different charities. But I was wrong. I was impressed by the grandeur and meticulous preparation of the event. My salutations to the organizers and volunteers who made it such a grand success! The preparation and proceedings were flawless, with Rotarian-punctuality. The scale of the events involving

around 30,000 people were breathtaking. The breakout sessions, where concrete issues were discussed, were of the highest standard. After this unique experience, I am more convinced that I made the right decision to join Rotary. I will never be a black sheep among my Rotary friends.

I realize that just joining a Rotary Club does not mean we have ideal values in life. There is a long way to go to internalize the Rotary's 'Four Way Test' in our daily life. We come from different background and upbringing. We are human beings, and the human weaknesses are also part and partial of us. Sometimes we aspire to get an advantage from the club or fellow Rotarians. We feel upset, even offended, if expectations are not fulfilled. I,

being a psychiatrist, take it as a common and casual part of human behavior. If we continue to be Rotarians, one day this "self above all" will be replaced by 'Service above Self'.

Lastly, I would like to mention the challenges the Rotary is facing today. In my understanding, the first challenge is the dwindling membership. Our size in global scale is stuck around 1.2 Million. Maybe we have to change our approach according to the changed time of globalization and information technology. The second challenge is its traditional image outside of Rotary. Now, time has come to go to the society with a mission to convert it into a mainstream movement in social change.



HAVE YOU EVER DONATED MONEY TO NEPAL ORTHOPEDIC HOSPITAL ???

Please make sure that your contribution has reached the hospital account
The Hospital has no official individual designated to collect funds of its behalf.

Donations have come to the hospital from individuals directly or from rotary Foundations or other donor organizations so far.

If you want to donate money to the hospital for any specific cause, please correspond to the following address as:

Dear Medical Director / Administrator,

NEPAL ORTHOPEDIC HOSPITAL

Khagendra New Life Centre, Jorpati-04, Kathmandu, Nepal.

Phone: 00977-1-4911725, 4911274, Fax: 00977-1-4911467

E-mail: neporth@mos.com.np, Website: www.noh.org.np



NEPAL ORTHOPEDIC HOSPITAL A ROTARY HOSPITAL



*Rtn. Siba B. Rajbhandary
Past President*

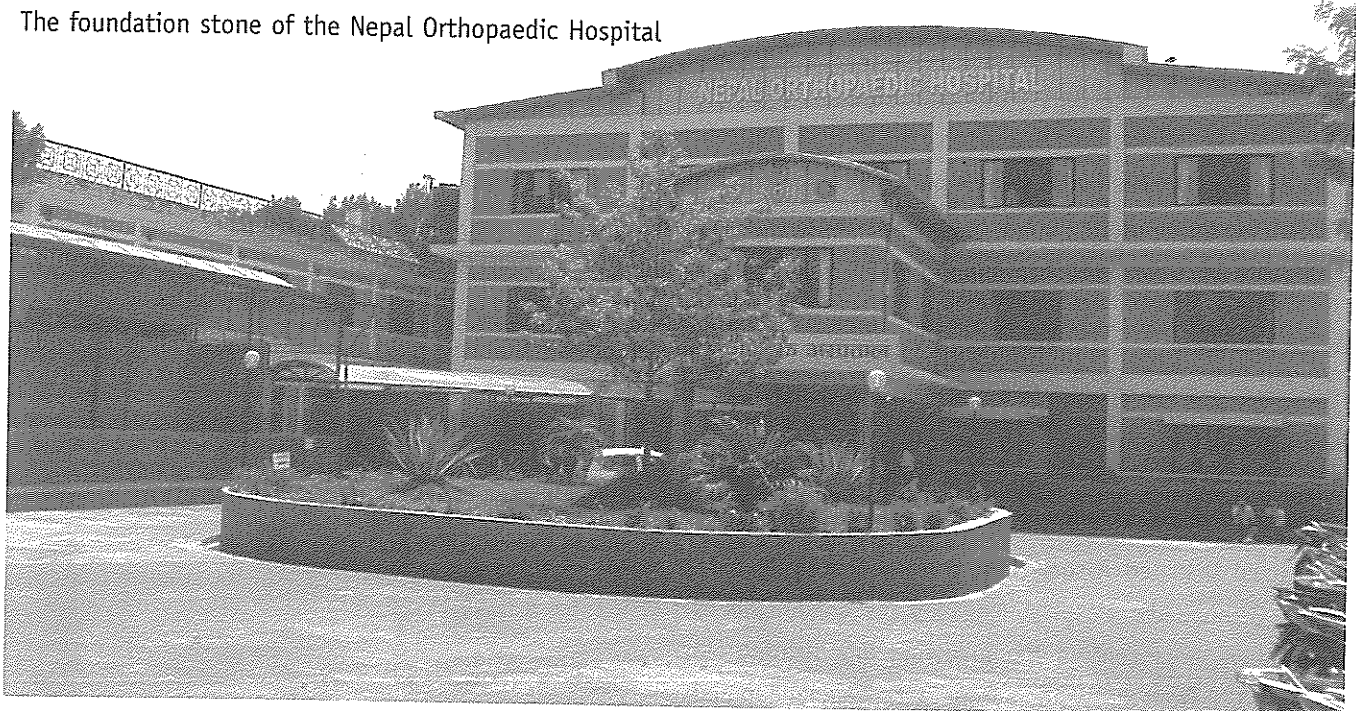
History

In 1988, there was not a single facility for the medical rehabilitation of physically handicapped people in Nepal, and so the Nepal Disabled Association (NDA) developed a proposal for a 32 bed hospital, and started looking for funds. As a result of this search, the Rotary Club of Patan, under the Rtn. Late Nanda Ram Bhakta Mathema became the key partner for NDA. In 1989, Rtn Mathema, who was also the Assistant Secretary General of the NDA, presented the proposal to Rotarian Jim Sinclair, who was visiting RC Patan, for a make up. Rotary Club of Amherst South, NY RI district 7090, home club of Past President Rt James Sinclair, the RID 7090, adopted the Orthopaedic Hospital as a World Community Service (WCS) project. Rtn Jim Sinclair has credited the late Rtn Nanda Ram Bhakta Mathema "for his gentle, effective and persuasive nature in convincing the Rotary clubs of RI District 7090 of the need for the hospital".

The foundation stone of the Nepal Orthopaedic Hospital

was laid on 2 June 1993 and the building was completed in June 1994. Due to financial constraints, the project was scaled down to a 16 bed facility for a total fund of \$225,000 (contributed by more than 50 Rotary Clubs in RID 7090). Although RCP and NDA had negotiated a MOU with a German NGO for providing equipment and technical assistance for four years to run the hospital, this did not materialize. Thus, without the essential equipment and financial support, the hospital complex remained unutilized.

It was at this critical juncture (in 1998) that two champions, Dr. Anil Bahadur Shrestha, who later became a rotarian, and Rtn Luc Salens of RC Maldegem, Belgium, appeared on the scene. Rtn Luc played a very catalytic role and procured donation from RI District 1620 and friends in Belgium worth \$ 40,000 that helped meet the cost of basic equipment to run the hospital. It was followed by a Matching Grant from RC Patan with \$12,800 to procure



twenty new beds and office furniture. Dr. Anil accepted the challenge to run the hospital, with the motto of "quality service at an affordable price" and it started functioning from 17 August 1998, with 20 beds. Five beds were added in 2001 (bringing the total to 25 beds). Soon after that, Rtn Luc Salens again provided a forty-foot container full of hospital accessories; however, these accessories could not be put to good use due to lack of space.

In view of the growing community demand of services at the hospital, its management decided that a second phase expansion of the hospital was needed. This expansion would make it a 75 bed hospital by adding 50 new beds. Consequently, with the support of the rotarians of Nepal, international partner rotary clubs, international donors, German-Nepal Help Association, Foundation Help for Nepal-Holland, Association-Fennes D'Europe and many others, the expansion was completed and became operational in April 2004. It was inaugurated by the then king Gyanendra on 16 April, 2004. The excellent reputation and credibility of the hospital has attracted more and more patients. The general ward being generally full so that even some poor patients were compelled to stay in expensive private wards, hence a 25 bed general ward has been added with financial support of national and international donors; and furniture and equipment procured under a Matching Grant from RC Patan. This "Sagarmatha" general ward was inaugurated by the President of the Republic of Nepal, HE Dr. Ram Baran Yadav, on 3 December, 2011.

A new Intensive Care Unit (ICU) with three ventilators which was the only missing link to have the NOH recognized as the Centre of Excellence, is now being established, for which a Matching Grant from RC Patan and rotary clubs of RI District 1620 has recently been approved.

NOH Today

Following the first decade of its history under the successful leadership of Dr. Anil, the first Medical Director, NOH is now under the dynamic leadership of Dr Saju Pradhan. The hospital complex is owned by the Nepal Disabled Association and operated under the Nepal Orthopaedic Hospital Management Committee of 8 members, representing the following organizations:-4 from NDA, 2 from RC Patan, 1 from RC Kasthamandap and

Hospital Medical Director, who also serves as the Member Secretary of the Management Board.

Service includes surgery (6 days a week) in 3 operation theatres. A total of 2707 surgeries were done in 2011 in 3 operation theatres; of these 480 were charity patients, exceeding Rs. 21 lakh in charity. Orthopaedic camps are also conducted in remote districts. Currently, the hospital is manned by 140 dedicated staff including 18 surgeons and medical doctors. Starting with nearly 80% external dependency in the initial years, the hospital is now self reliant, with fees generated from the services to the patients and through fund raising events.

NOH has thus evolved from a small service provider to a major service provider "with one brick at a time" in the care of Nepal's trauma and orthopaedic needs. The hospital is very well maintained, with cleanliness at par with the best private hospitals in the country.

Initiated by Rotary club of Patan, NOH is truly a Rotary hospital. It has received support from more than 112 rotary clubs, from 9 RI Districts, in three continents. Support under 9 Matching Grants is approximately \$500,000. Rotary Club of Patan is privileged to have supported the hospital with 5 of the 9 MGs that include the first MG to provide equipment to start the hospital, the fourth MG to supply beds and furniture for the "Sagarmatha" ward and the fifth MG to procure Ventilators for the ICU, and thus, make it a full fledged hospital. During his visit in 2008 the RI President DK Lee was highly impressed with the progress made by the hospital. All Rotarians, especially those from RC Patan, will find a visit to the hospital, a well worth investment of time and feel proud of the service that rotary has provided to the community.



Best Wishes
For the grand success
of

ROTARY CLUB OF PATAN

On its 27th Installation Ceremony



RAKSHA CONSULTING ENGINEERS- NEPAL

Thimi, Bhaktapur, Nepal

Tel/Fax No.: 977-1-6637497

Email: raksha_48@yahoo.com

Best Wishes
For the grand success
of

ROTARY CLUB OF PATAN

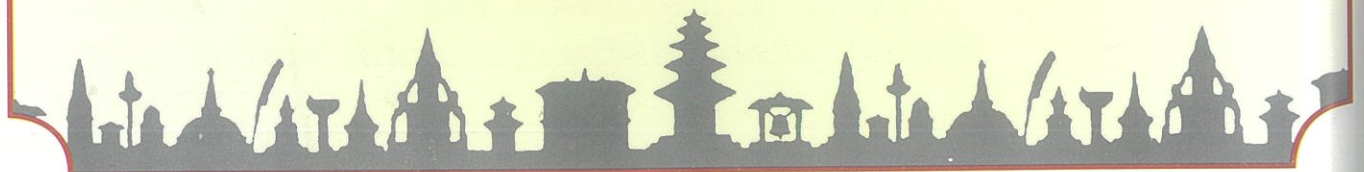
On its 27th Installation Ceremony

Mohan Purush Dhakal

(Insurance Surveyors & Loss Assessors)

Ga.-1/16, Kopundole, Lalitpur

Tel: 5520239



MID-DAY MEAL PROGRAMME

(Project of Rotary Club of Patan to feed the undernourished Chepang Children)

Three Years Review (2009- 2012)



*Rtn. Dr. Prakash Raj Regmi
Past President*

Background

Chepang is the commonly used name given to an indigenous ethnic group living in central and southern Nepal. The Chepangs inhabit in the remote districts of Makwanpur, Chitwan, Gorkha and Dhading. They are one of the economically underprivileged and deprived communities in the country with literacy rate far below than national average. They are normally settled in hill slopes along the river banks and cultivate marginal land of hill slopes. The agriculture produce that they have is adequate for just about 6 months and they have to earn for living cutting down trees, selling fodder or working as seasonal laborers. They are forced to remain hungry including their children for several months in a year. Thus, the children develop high degree of malnutrition and vitamin deficiency.

Mid-Day Meal at Devibhanjyang School

Rotary Club of Patan has initiated a feeding program (Mid-Day Meal Program) to Chepang children studying in Devi Bhanjyang Rastriya Primary School located in Chandibhanjyang village. It is about 3 km from Mugling, about 110 km from Kathmandu, along the river bank of Kali Khola - a tributary of Trisuli river. Chandibhanjyang village can be approached by 20 minutes of walk along a steep uphill. Devi Bhanjyang School has about 170 students. However, less than 50% of students attend the school regularly as their parents make them stay at home to look after smaller children while they are away either in the paddy fields or in the forest - cutting down trees. The children are highly undernourished and unclean; they are infested with diseases related to undernourishment.

The mid day meal project was started on 3rd June 2009 (26th Jesth, 2066). In the first year of the programme, the children were given the mid-day meal twice a week during school hours. From the second year, they were given mid day meal thrice a week. The meal menu consisted of Chiura (bitten rice), egg, seasonal fruits, beans, potato, dhindo

of sarbottam pitho (super flour) etc. It has been expected that providing mid day meal would improve the nutritional status as well as school attendance of the children.

Committee for Meal Management

A committee comprised of five members has been formed for the mid-day meal scheme. The committee includes the Chairman of the school management committee Mr. Bhupendra Chepang as the Chairman and the headmaster as the Member Secretary. It has been made clear that there will be no misuse of resources provided by the club to the school for this purpose.

A Rotary Community Corps (RCC) was also established in Chandibhanjyang. The Chairperson of RCC, Mr. Gopi Silwal has been supervising the Mid Day Meal Program.

Three Years Review (June 2009 to May 2012)

The Mid-Day Meal Program has completed three years of its services to the undernourished Chepang students. Rotary Club of Patan has contributed NRs 3, 15,518.00 to this program in 3 years (NRs 71,328, NRs 1,09,910 and NRs 1,34,280 for the first, second and third year respectively) Around 40% of the club members have participated in this program. Their generous financial contribution has made this program highly successful. As a result the following achievements have been made:

1. Attendance of the students has improved by 30%
2. Drop out rate from school has decreased by 35%
3. Overall nutritional status of the children has improved; anemia in children has been decreased significantly.

Monitoring and Evaluation

Monitoring has been done through the RCC. Two visits were made by the RC Patan members during the Rotary year 2011-12. It has been felt that direct monitoring by the club members has been a problem due to the difficult

locality of the village. Nevertheless attempts were made to keep in regular touch with the RCC and to make field visits whenever possible.

Sustainability of the Scheme

There has been a debate in the RC Patan about the sustainability of this project. This is a fully club-owned project. The project can continue only if the contribution from the club members is sufficient. Some members have expressed their commitment to contribute every year to this project. If all the members give some commitments then the program can continue. Feeding is the only way to support the children who have no food to eat. It would be good if this humanitarian project continue till the socio economic status of the inhabitants of Chandibhanjyang village improves. This can be done by initiating village development projects in this community. Till the time comes when the villagers become capable to feed their children themselves - in the name of humanity and service above self - someone should take care of the children who are dying from hunger. In this context Rotary Club of Patan is proud to be involved in such a humanitarian project.

Mid Day Meal Cost and Call for Contribution

The project cost estimated at Rs 10 per meal/student for an average of 140 students for 100 meal days is NRs 140000 (US\$ 1900) per year. This much of fund is needed each year. Till now this project is fully funded by contributions from the members of Rotary Club of Patan. Rotarians from RC Patan have contributed to this project of hunger, humanity and health. The project lacks sufficient funds, the members of the project team appeal to all the members of RC Patan to make generous contributions to feed the undernourished children. Your small contribution can make a huge difference. You can save many lives by participating in this project.

One month will cost NRs 14000 (US\$ 1700)

One day meal will cost NRs 1400 (US\$ 17)

You can share your happiness by sponsoring the cost of one day or more meals for these needy Chepang children.

Acknowledgement

I like to acknowledge all those who have wholeheartedly supported and contributed to this project. With this contribution many lives have been saved.



ROTARY'S '4 WAY TEST'

Of the things we think, say or do:

1. Is it the Truth ?
2. Is it fair to all concerned ?
3. Will it build goodwill and better friendships ?
4. Will it be beneficial to all concerned ?

IMMUNITY SYSTEM AND HEALTH



Rtn. Ar. M.L. Kayastha
Past President

IMPROVE IMMUNITY AND BE HEALTHY

It is important to keep our Immune System performing well. Our immune system is our self-defense system and is responsible in keeping our whole body healthy, free from illness and infection.

The strength of our immune system is what makes the difference between who gets sick and who does not. Weak immune system can lead to many infections, allergies, cancers and also some immunodeficiency disorders. Environment toxins, stress and even wrong diets can contribute to the down fall of the immune system.

We encounter millions of bacteria, fungi and parasites on a daily basis. So, it is very essential for us to boost our immune system in order to avoid adverse health conditions. It is easy to boost our immune system with improvement in healthy diet, exercise and certain changes in lifestyle.

DIET

Foods high in Vitamins A, B, C, E, Zinc and Omega 3 Fatty acids helps to boost immune system. Adequate, even abundant, nutrients strengthen the body's immune system and even prevent cancer.

Green Tea:

It is a powerful antioxidant and helps the immune system fight infections.

Lemon:

It is an ideal source for acid-alkaline balance in your body. Vitamin C strengthens your immune system by stimulating antibodies and cells in the immune system. It takes the offensive line against germs.

Garlic:

It has active allicin which fights infection and at least 30 types of bacteria, virus, parasite and fungi. Besides

boosting immunity it helps maintain healthy digestive bacteria. It acts like an antibiotic, helps blood pressure and maintain a healthy heart.

Ginger:

It has warming effect on the body, helps circulation problems and builds the immune system.

Onions:

Onions and garlic share many of the same powerful sulfur bearing compounds that work effectively as anti-viral and anti-bacterial agents.

Mushrooms:

It increases the production and activity of white blood cells making them more aggressive.

Sweet Potatoes:

It contains beta-carotene which our body turns into Vitamin A. Vitamin A is the defensive line of the immune system.

Yogurt:

Probiotics or the "live culture" found in yogurt are healthy to bacteria that keep the gut and intestinal tract free of disease causing germs.

Fish:

The Omega 3 (good fat) in fatty fish such as salmon, tuna, mackerels, trout, catfish etc. act as immune booster by increasing the activity of the white blood cells that eat up bacteria.

Wheat Grass Juice:

It is a very healthy juice rich in vitamins and helps detoxify the body.

SOME OTHER IMMUNE BOOSTING FOODS

Oranges, Strawberries, Potatoes, Sweet Potatoes, Tomatoes, Broccoli, Cauliflower, Carrots, Spinach, Chillies,

Red Peppers, Green Peppers, Legumes, Lentils, Honey, Low fat milk, Whole grain bread, Nuts, Seeds, Eggs, etc.

Eat lots of fruits and vegetables each day. Remember variety is the spice of life and eat a wide variety of foods.

IN THE KITCHEN

Use safe cooking methods like steaming, boiling, stir frying or roasting with good fat. Avoid as far as possible deep frying.

Water:

The single most important nutrient, helps your cells to properly communicate the healing messages, critical for an effective detox, vital for all body systems to function correctly to boost immune system, helps maintain healthy energy. Dehydration promotes cancer cell growth. Therefore, boost your immune system by drinking sufficient water. Drink 1/2 your weight in ounces of pure water (33 ml. per kg of body weight). Best time for drinking water is first thing in the morning, 1/2 hour before and 1-2 hour after meals.

FOODS TO AVOID OR MINIMIZE

Sugar, Chocolates, Processed Foods and Alcohol:

The changes in behavior that come about under the influence of alcohol, such as difficulty controlling muscles for walking and talking, may be influenced by immune cells in the brain. Excessive alcohol can damage the immune system because the alcohol will prevent nutrients from feeding your immune system. Taking one or two drinks a night is not likely to harm your immune system much. Three or more drinks a night is a significantly different story.

LIFESTYLE

The choices we make in our daily routine will determine our health. These factors are crucial for boosting immune system:

Wash Your Hands:

Many micro-organisms are passed via skin contact with infected individuals or objects. Washing your hands before touching your face (rubbing your eyes, contacting your mouth or ears) can greatly reduce your exposure to harmful microbes in the environment; this lessens your

chance of getting sick and of stressing your internal immune system.

Sleep:

The time when the body does the most repairing. The amount of sleep is directly related to the amount of energy we have the next day. For best immunity we should sleep average eight hours per night. Enjoy the powers of sleep.

Exercise:

Top immune booster for oxygenating the body (low oxygen levels breed cancer cells). Discover the wonders of workout. Get moving 30 minutes a day.

Laugh:

Laughter increases antibodies and boosts immune system. The mind influences the body, so laugh, meditate, play music, and stay happy.

Sunshine:

Sunshine increases killer T cells and adds Vitamin D which has many anti-cancer properties. However, too much or too little weakens immune system (don't burn).

Relax:

Relaxing increases antibody levels by reducing effects of stress which is vital for boosting immune system (stress is the most dominant factor over everything that affects our immune system). Learn to relax.



Inner Wheel Club of Rotary Club of Patan

Report for the year 2011-2012



*IW Shanta Shrestha
President, Inner Wheel Club
2011-2012*

The year 2011-12 had been a good year for the Inner Wheel Club of Patan. We had many activities and programs including monthly meetings and some fellowship. We also had a chance to interact with other Inner Wheel Clubs and deliberate on establishing a separate Inner Wheel District for Nepal.

Our club was awarded the first prize for highest attendance at the Rotary International District 3292 Conference held in Biratnagar.

As many as nine Inner Wheel members of our club participated in the Rotary International Convention held in Bangkok where Nepal's RI District 3292 was recognized as one of the top 15 districts in the world. The Bangkok Convention provided our Inner Wheel members with an opportunity to meet with IW members from other countries and also to be part of one of the largest Rotary Conventions ever held – with more than 33,000 participants from all over the world.

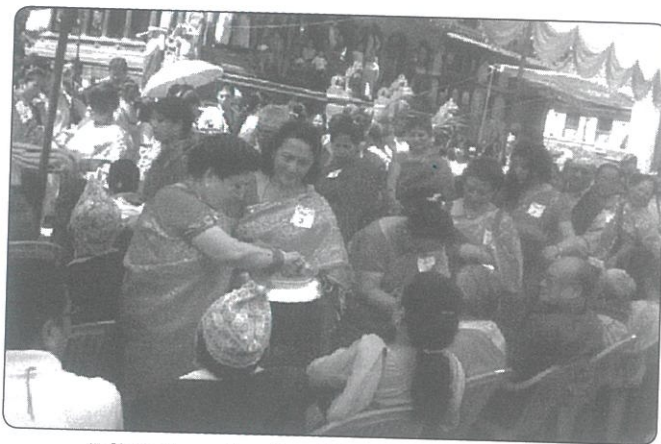
We should be happy with the club's activities during 2011-2012. But, I feel that there is room and need to further promote our activities during the coming years. We should aim to establish our club as one of the best Inner Wheel Clubs in the district. I am confident that the new team under the leadership of IW Kamala Maharjan will activate our club to that goal. My best wishes to the new executive committee members for every success in their activities and programs for the year 2012-2013.

Lastly, I would like to express my deep gratitude to my executive committee team for their whole-hearted support and cooperation and also to all the Inner Wheel members for their active participation in the club's programs and activities.

PROGRAMS AND PROJECT ACTIVITIES:

1. Distribution of Towels:

On the occasion of the International Seniors' Day, our club felicitated and donated 125 towels to the elderly people at a function held at Mangal Bazaar. We also distributed the same number of rugs to the senior citizens on behalf of the Rotary Club of Biratnagar.



Felicitations of senior citizens at Mangal Bazaar

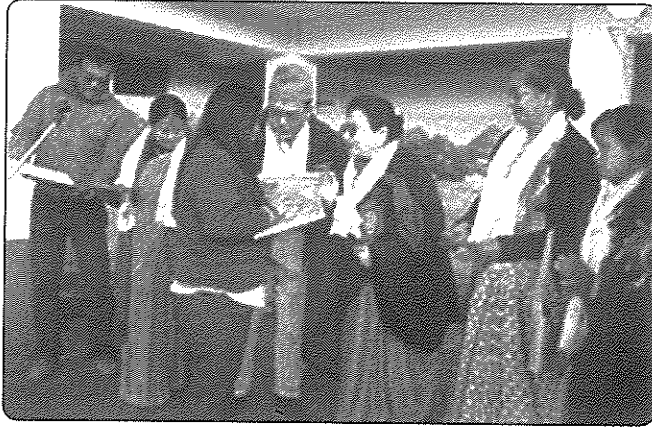
2. Donation of Tables and Benches:

Our club donated benches and tables worth Rs. 22,000 to the Adult Education for Women program organized by Sinchahity Mahila Samuha, Sinchahity, Ward No.6, Lalitpur.

3. Support to Visually-impaired Students:

On behalf of our club, President Shanta Shrestha handed over Rs. 10,000 to five visually impaired students (Rs. 2000 each) of Jana Sewa Higher Secondary School, Panga, Kirtipur in the presence of school Chairperson Madhab Lal Maharjan and Principal Nanda Kumari Maharjan. Senior Rotarian of RC Patan Kamal Mani Dixit spoke on the occasion in which a large number of teachers and students

were present including IW Mithila and Rtn. Siba B. Rajbhandary, IW Nirmala and Rtn. Santa Kumar Shrestha, IW Shanta and Rtn. Kedar B. Shrestha and IW Kamala and Rtn. Padma Lal Maharjan along with their son Pascal and daughter Poonam Maharjan.



President Shanta handing over cash donation at JSHSS, Panga.

4. Financial Support to CBR:

At a special fund raising meeting held at the Community Based Rehabilitation (CBR) premises, our club members donated a total of Rs. 60,150 for the building construction of the CBR centre. The funds were contributed by IW Shanta Shrestha (Rs. 50,000), IW Nirmala Shrestha (Rs. 5150), and IW Kamala Maharjan Rs. 5000.

5. Celebration of International Inner Wheel Day:

International Inner Wheel Day was celebrated on 10th January 2012 at the residence of Inner Wheel President Shanta Shrestha with a pot luck lunch and was attended by spouses and International Inner Wheel President's Representative IW Jaya Uma Pradhan.

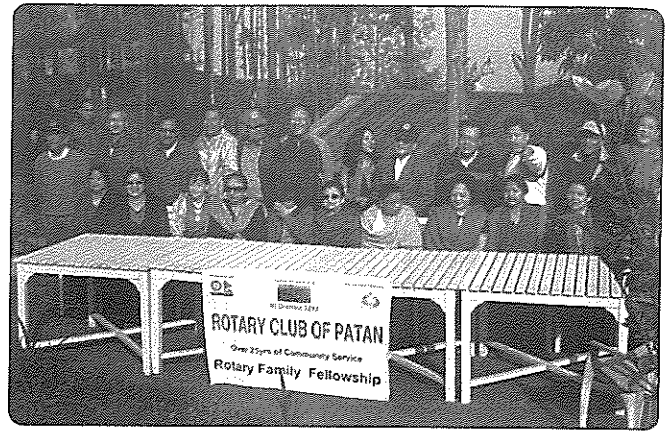


Celebration of International Inner Wheel Day.

6. Participation in the Annual Family Outing:

Our club actively participated in the annual family outing of the RC Patan at Nagarkot in which the Inner Wheel members organized games and entertainment programs. Inner Wheel members donated all of the prizes awarded to the winners.

On return from the family outing, Inner Wheel members participated in the tree plantation program organised by Rtn. Padma L. Maharjan and IW Kamala Maharjan at their land in Panga, Kirtipur.



At the Family Outing at Nagarkot.

7. Talk Program:

A talk program by Rtn. Dr. Amina Shrestha on the subject of Nervous System was also organized. The IW Club members also participated from time to time in talk programs organized by RC Patan.



At the District Conference in Biratnagar.





Executive Committee for 2012-2013



Shanta Shrestha
mediate Past President
Tel: 5522207



Kamala Maharjan
President
Tel: 9841348337



Nirmala Shrestha
Vice-President
Tel: 5521745



Bijaya L. Shrestha
Secretary
Tel: 5003780



Mithila Rajbhandary
Joint Secretary
Tel: 5526856



Munu Rajkarnikar
Treasurer
Tel: 5521364



Praveena Shrestha
Joint Treasurer
Tel: 5260846



Brinda Rana
International Club Service
Tel: 5521667



Sulochana Pradhan
Executive Member
Tel: 4283939



Shanti Mathema
Executive Member
Tel: 5529385



Nani Shova Shakya
Executive Member
Tel: 5522467

General Members



Mary Shrestha
Tel: 5260853



Meera Tamrakar
Tel: 5526944



Rajani Bajracharya
Tel: 5521525



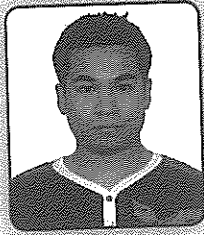
Sabitri Rai
Tel: 5530553



Sulochana Nyachhyon
Tel: 5526070

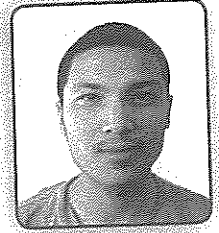


Bina Mandal
Tel: 9803211264



Rtr. Shailendra Shakya
President

Summary Report of the Rotaract Club of Patan 2011-12



Rtr. Sudeep Shakya
Secretary

Club Service

On July 9 2011, two talk programmes were organized at Patan High School: on "Sound System Management" by Rtr Kishor Shrestha and on "SWOT Analysis" by Mr. Pawan K. Shrestha. In a workshop on "Blogging" organized by Rotaract Club of Lalitpur, members of RCP, Rtr. Sailendra Shakya, Rtr. Pateek Bajracharya and Rtr. Bishal Bajracharya participated. On 18 July 2011, at Yala Maya Kendra, Patan Dhoka, 4 Rts attended the regular meeting of RCP and participated in the "Rotary Conference Experience". On 23 July, 2011, five avenue directors with the club members formulated the overall strategies for the Year 2011-12.

On 2 August 2011, at Ital Cafee, Manbawan, the Rotaract Club of Patan formed twin club with Rotaract Club of Butwal with the objective of improving fellowship, and signed the MOU in the presence of DRR Rtr. David Shakya, DLT Rtr. Amit Bajracharya and other district officials. On 20 August 2011, RAC Patan held their first Club Assembly, chaired by the Past President Rtr. Sudhir Shakya. The Avenue Directors presented their project reports and future plans.

On 28 August, 2011, President Rtr. Suresh Thapa along with Director Club service Rtr. Alisha Pradhan and Webmaster Rtr. Ravi Shakya attended special meeting that witnessed DG visit and Club Assembly of RCP. The Souvenir issue of "Lalitdhara" of RCP was released at the presence of DG Rtn. Basu Dev Golyan.

A Talk Program on "Website Development" was organized on 10 Sept, 2011. Rtr. Bikesh Raj Bajracharya talked about how we can connect with our audience with the help of website. He also informed about web hosting and security features.

On 12 Sept 2011, Rtr. Prama Shrestha, Rtr. Suresh Thapa, and Rtr. Ravi Shakya attended the regular general meeting of RCP and participated in talk program "Nutrition", focused on nutrition need on daily life and effective ways of getting health food. On 22 Sept. 2011, at Magalbazar, an orientation class was conducted for four proposed members to make them understand about Rotaract. On 24 Sept. 2011, an Induction of New Member took place at Patan High School, Patan Dhoka and inducted five new members in Rotaract family. Past President and DRR (E) Rtr. Bikesh gave oath and Rotary President Rtn. Jammuna

K, Tamrakar pinned up Rotaract pin to newly inducted members.

On 3 Oct 2011, on the occasion of Dashain and Tihar, RCP released the forth volume of "Aayo Dashain, Aayo Tihar". Rtn Jamuna K. Tamrakar, President, RCP, honored by releasing this special bulletin. Official DRR visit by Rtr. David Shakya along with DS Rtr. Aashish Chailagian was done on 15 Oct 2011 and presented their plans for 2011-12. On 15 Oct, Members of RAC Patan along with PP and DDR (E) Rtr. Bikesh Raj Bajracharya participated in Ro-Trek and visited Baktapur Darbar Square with rotaractors form Germany. On the occasion of Nepal Era 1132, members of RAC Patan participated on the Candle Walk "Mataya" organized by RAC Lalitpur on 26 Oct 2011. Interact Club of Patan-Shree Balkumari Higher Secondary School was officially formed on 31 Oct 2011. Rtn Sibas Rajbandari and Rtn Chandralekha Kayastha talked about the importance of Interact in Rotary Family.

On 12 Nov. 2011, a talk program on "Water for health" by Rtn. Machindra Kayastha of RC Patan was conducted. Copies of article related to Water and Health were distributed. Same day, the Rotary Ambassador Scholar Ms. Landsey visited RAC Patan and made her PowerPoint presentation on her study at Nepal about health.

RAC Patan held an in house speaking on "Truth Seeking" on 24 December 2011 at Patan High School, Patandhoka. The in house speaking was volunteered by Rtr. Rukamanee Maharjan. Realizing the importance of fellowship among the club members, fellowship momo party was organized for the club members by RAC Patan that was happened at Rtr. Bishal's residence located at Balkumari, Lalitpur on 30 Dec 2011.

Members of RAC Patan participated on Blood Donation Program on 14 Jan 2012 and some members also donated blood for the noble cause. Second Club Assembly of RAC Patan was held on 18th Feb 2012 at Patan High School. Each avenue directors of the club presented their reports of the past activities and their future plans. The second club assembly was chaired by PP Rtr. Sudhir Shakya.

On 12 March 2012, Rotaract Club of Patan held its 400th general meeting jointly with Sponsoring RCP to celebrate to Rotaract week and to strengthen the relationship between Rotary. On 17 March Rotaract Club of Patan held its 401th



general meeting in which Rotarian Chandra Lekha Kayastha delivered a talk on "Dynamics of Architect profession in Nepal: Some Reflections and Experience Sharing".

Community Service

On 2 July 2011, at Sri Bahal, Lalitpur, Rotaract Club of Patan with Jhee Multiple co-operative Ltd. organized awareness program on Earthquake preparedness. On 16 July 2011 at Lamatar, Lalitpur, the annual Tree Plantation programme organized by Rotaract Club of Patan with RCP, Inner Wheel Club of Patan, Vikaspakha Forest User Group and District Forest Office, Lalitpur.

On 15 Aug 2011, at Vinchebahal, Lalitpur, Rotaract Club of Patan organized the "Matya Health Camp". Medicines, massage and other treatments were provided to the participation of Matya. The project was coordinated by Rtr. Subin Maharjan. On 27 Aug Rotaract Club of Patan joined the blood donation camp organized by RCP.

On 3 Sept. members of Rotaract Club of Patan visited School of Deaf, Kavre, Banepa. Audiogram test of 46 deaf students was conducted with the help of Dr. Ruchi and Babu Kaji. Again on 25th Feb 2012, members of Rotaract Club of Patan visited the Kabre School of Deaf for ear modeling.

Professional Development

The Rotaract Club of Patan organized various training programme for their club members that include: 20 days tally training; a two days Proposal Writing Training and a formal writing programme; a 5 days Joomla Training on website development using CMS technology Joomla; a Public Speaking Forum; and a "Vocational Training Program on Application of Renewable Energy Technology".

International Service

RAC Patan also organized and participated in several international services some them are: Tree Plantation Campaign supported by UNEP, awareness campaign against domestic violence "street Suraksha"; Int'l Friendship Day; Green Planet Montage campaign; World Peace Day; World Disability Day; HIV/Aids awareness campaign.

Zonal Event

RAC Patan took part in the following zonal events: fellowship get-together; zonal meetings; briefing of "Rotasia 2012"; zonal COTS.

District Event

RAC Patan attended following District Events: Rotaract District Assembly; District Installation; Rotasia Sub Committee Meeting and Rotasia Promotion.



Board Members of Rotaract Club of Patan for the Rota Year 2012-13

S.N	Name	Designation	Address	Tel (Mob)
1	Rtr. Shailendra Shakya	President	Nabahal, Patan	9841858711
2	Rtr. Suresh Thapa	IPP	Dhobighat	9841381147
3	Rtr. Sudeep Shakya	Secretary	Hakha, Patan	9803715253
4	Rtr. Prajwal Shakya	Vice President	Sribahal, Patan	9803141880
5	Rtr. Sagar Maharjan	Joint Secretary	Nakabahil, Patan	9849715292
6	Rtr. Binod Awale	Treasurer	Wolkhu, Patan	9849122367
7	Rtr. Sanjay Awale	Joint Treasurer	Bhindyalacchi, Patan	9849103891
8	Rtr. Reenu Shrestha	Club Service	Baneshwor	9849598250
9	Rtr. Rajan Maharjan	Community Service	Chabahal, Patan	9841680703
10	Rtr. Prabesh Maharjan	International Service	Baneshwor	9803376726
11	Rtr. Bipin Raj Vaidya	Professional Development	Kumaripati, Lalitpur	9849364271
12	Rtr. Pramit Shrestha	Editor	Hakha, Patan	9803158004
13	Rtr. Sujeep Maharjan	Co-Editor	Subahal, Patan	9841304315
14	Rtr. Bishal Bajracharya	Interact Co-Ordinator	Tangal, Lalitpur	9803974292
15	Rtr. Ravi Bajracharya	Web Master	Thasi, Sanogaun	9841175840
16	Rtr. Anisha Shakya	Public Relation	Sribahal, Patan	9808641608
17	Rtr. Heera Man Singh	Sgt @Arms	Nakabahil, Patan	9849933807

Rotary Club of Patan

Strategic Plan 2012 - 2013 to 2014 - 2015

Purpose:

Strategic planning is a tool to help us provide long-term direction for our club and create a framework to establish goals and objectives. RCP strategic plan will be a rolling plan and will be reviewed annually and revised as necessary.

Vision:

To be a thriving community service organization with continued support, and a growing membership.

Mission:

To foster service above self, to encourage fellowship among members, and to support the development of programs that lead to improved quality of life in our community and throughout the world.

Objectives:

- To maintain a motivated club membership, with leadership potential
- To ensure effective functioning of the Club.
- To enhance visibility of Rotary Club of Patan.
- To maintain good financial health of the Club.
- To balance activities in all five Avenues of service
- To increase the Club's international outreach.
- To educate members about the Club, Rotary International and The Rotary Foundation.

Goals: Goals / Strategies

Goal I : Motivated Club Membership:

- a) Maintain a motivated Club Membership (48 with 33% female or new membership), with district leadership potential.**

Action Steps:

1. Increase the Club's membership numbers to 48, with 33% female of new membership, through both retaining existing members and attracting new members;
2. Develop a membership recruitment plan. Place a high priority in having females and young professionals.
3. Retention of membership through "mentor" mechanism and monitoring/reporting at club assembly meetings.
4. Develop members into "true" Rotarians by ensuring they understand, support and promote the Object of Rotary and support Club, District and International activities and events.

5. Develop Rotary leaders by encouraging members to attend Rotary Leadership Institute (RLI) and other district training programmes to have a full understanding of the district level activities and responsibilities.
6. Encourage members to visit other clubs and have full comprehension of their activities.
7. As founder of NRCL, play leadership role in joint projects programs.
8. Continue quarterly fellowship programme, bi-monthly PP meetings and other fellowships.

Goal II : Effective Club Functioning:

1. Make timely payment of RI and district dues;
2. Encourage Sergeant-at-Arms for effectiveness and visibility;
3. Communicate "Salutations" with brief on projects to the clubs saluted;
4. Renew/update Club Registration with CDO office;
5. Initiate reporting of projects status to all members;
6. Improve Club Secretariat functioning by having proper record-keeping, checklist and hand-over mechanism from one year to the other; and provide quarterly financial status updates to all members;
7. Explore possibility of a central point/office for several clubs in a common venue to reduce costs;
8. Provide a variety of programmes representing all five avenues of service.
9. Strengthen information-sharing and improve RCP website through the establishment of a focused group/committee;
10. Further strengthen activities with Rotaract, Interact, Inner wheel and public service organizations;
11. Engage with the Rotary Community Corps (RCC);
12. Continually improve club's weekly news bulletin Lalitdhara digitally.

Goal III : Enhance Visibility of the Club:

Action Steps:

Develop a Media/PR plan. Such a plan can include the following elements:

1. Invite representatives of the media from time to time, in order to build relationships;



2. Press release/media advisories when speaker/project is particularly prominent;
3. Organize scholarship hand over functions, with VIP as chief guests and invite media;
4. Inform the media of grants distributed after each granting cycle (office);
5. Submit at least one story a year to Rotary News and GML for possible publication;
6. Participate actively in NRCL for our visibility;
7. Make vigorous efforts to have media persons join club.

Goal IV : Maintain Good Financial Health of the Club:

Action Steps:

1. Make necessary financial adjustment regularly;
2. Explore alternative sources of income;
3. Identify and focus on fund raising activities which are relevant to the Club's community of interest;
4. Provide sufficient funds, in a timely manner, to meet the needs of the ongoing Club, District and International Projects, agreed by the Board.

Goal V : Balance Activities in all 5 Avenues of Service

a) Vocational Service: Encourage Club Members to serve others through their vocations and to practice high ethical standards.

Action Steps:

1. Sponsor Vocation month by recognizing, with an award, one person/institution that has worked hard to enhance image of the vocation;
2. Establish a committee for vocational activities including preparation of criteria for the vocational award grant;
3. Contribute to district level vocational fund;
4. Organize one programme each year to help students understand various vocations-career counseling.

b) Community Service: Undertake projects and activities to improve life in our community.

Action Steps:

1. Ensure national level continuity of the Disability Awareness 3H Grant Project;
2. Raise additional funds and provide administrative support towards reaching scholarship support to 1000 students from the Prajapati Education Endowment Fund (PEEF);
3. Initiate health education programme in the scholarship programme schools;
4. Provide the remaining scholarship programme schools with IT support under the 'Digital Divide' project;

5. Provide water and sanitation facility in the remaining scholarship programme schools;
6. Raise fund and explore new avenues for service projects e.g. orphan students in scholarship schools, or support to school feeding;
7. Explore new avenues for other service projects;
8. Have pipeline projects, ready for submission to prospective donors.

c) New Generation: Enhance Youth Activities:

1. Host Rotary Youth Leadership Awards (RYLA);
2. Nominate candidates for RYLA;
3. Actively support Rotaract and Interact programmes.

Goal VI : Increase the Club's International Outreach

Action Steps:

1. Encourage members to attend club meetings whenever they are abroad and search additional ways the Club can generate funds for service projects.

Goal VII : Promote the Rotary Foundation (TRF)

Action Steps:

1. Increase the level of understanding of Club Members about TRF;
2. Support the Rotary Foundation through Club and individual contribution (5 Major Donors and 75% members as MPHF), participation in Group Study Exchange (GSE) programmes and education programmes.

A. Regular Club Proj	
Programs and	
Total Club Proj	◆◆◆◆
B. One-time Club Proj	
Mid day meal	
PEEF Grant from	
Contribution to the	
Total fund to Proj	
C. Individual Proj	
Prajapati Education	
Medical Project M	
Quapant Project	
Equipment to C/O	
MG 70482	
Orthopedic Hospital M	
Total Individual Proj	
Total Project and Proj	

Signed by
Rtn. Krishna B. Das
President 2012-2013



Rotary Club of Patan Annual Budget For Year 2012-2013

Rotary Club of Patan - Annual Budget for Year 2012-2013

Receipt		Receipt	
Description	Budget 2012-13	Description	Budget 2012-13
1. Club Dues and Refreshment			
Membership fee			
Members 40 persons * 9500	380,000	RI and District Dues	
Club support 40 persons*4500	180,000	RI dues (40*\$53*56*1.6015)	190,130
Additional for exchange rate fluctuation 40 person * 2,000	80,000	District Dues (40*1300)	38,700
		Rotary News (40*480*1.6015)	33,055
		Rotary (RI) - \$12*56*1.6015	1,076
		Sub-total RI and District Dues	262,961
		Dinner, Tea and Snacks	
Admission fee 2*1000	2,000	Tea snacks (225*25*50)	319,039
		Dinner at 25th Charter night	60,000
		Sub-total (dinner, tea and snacks)	379,039
Total Income	642,000	Total Club Operation	642,000

2. Club Operation		2. Club Operation	
Club Operation - Income		Club Operation - Expenditure	
Sunshine	150,000	Office Operation	6,000
Advertisement Souvenir	150,000	Printing and Stationary	6,000
Interest from Club Trust Fund	85,000	Telephone & Communication	500
		Bank charges	1,000
		Auditor's Fee	16,000
		Salary 13 months @ Rs. 4,500/month	54,000
		Lalitdhara publication	25,000
		Souvenir Printing	55,000
		Sub-total - Club Operation	163,500
		Surplus to Programs and contingencie	221,500
Sub-total	385,000		385,000

3. Club Projects and Programs			
A. Regular Club Program 1			
Programs and projects from 2.12	221,500	Club Program expenses	221,500
Total Club Program 1	221,500	Total Club Program 1	221,500
B. On-going Club Program 2			
Mid day meal	80,000	# Mid day meal	80,000
PEEF Trust from various sponsors	700,000	# PEEF Trust from various sponsors	700,000
Contribution to Club Trust Fund	200,000	# Contribution to Club Trust Fund	200,000
Total fund to Programs	980,000	Total fund to Programs	980,000
C. Individual Projects			
Prajapati Education Fund	1,075,000	Prajapati Education Fund	1,075,000
Dietician Project MG #76909	\$ 24,762	Dietician Project MG #75113,#76909	\$ 24,762
Aquaphonic Project MG 76730	\$ 20,403	Aquaphonic Project MG 76730	\$ 20,403
Equipment to CFO Children Village Project MG 76482	\$ 46,115	Equipment to CFO Children Village Project MG 76482	\$ 46,115
Orthopedic Hospital MG 76992	\$ 75,450	Orthopedic Hospital MG 76992	\$ 75,450
Total Individual Project	15,247,050	Total Individual Project	15,247,050
Total Project and Program Cost	16,448,550	Total Project and Program Cost	16,448,550

Grand Total	17,475,550	Grand Total	17,475,550
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On going programs and Individual Project account are operated seperately. Exchange rate is assumed as \$ 1 =NRs 80 for this year and \$1 = 85 for 2012-2013

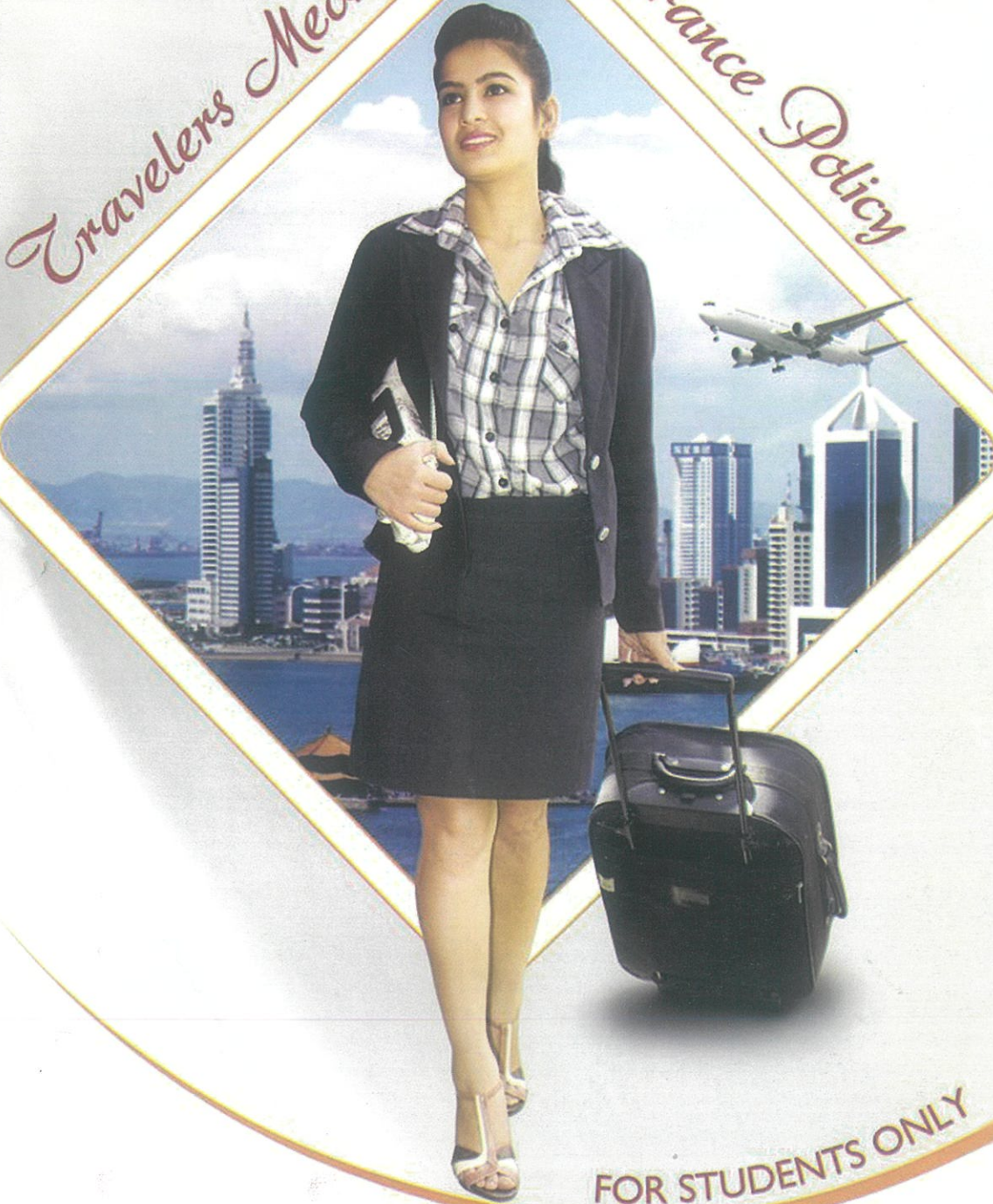
Signed by

Rtn. Krishna B Basnyat
President 2012-2013
Rtn. Bijaya Mallapaty
Secretary 2012-13
Rtn. Bharat Narsingh Joshi
Treasurer 2012-13

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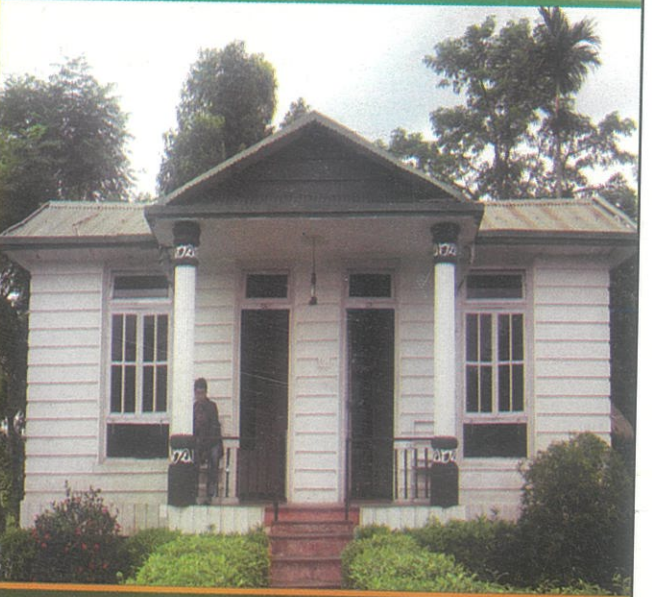
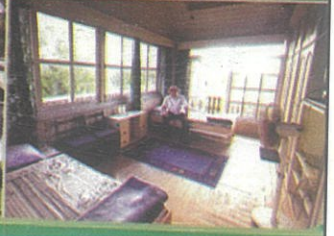
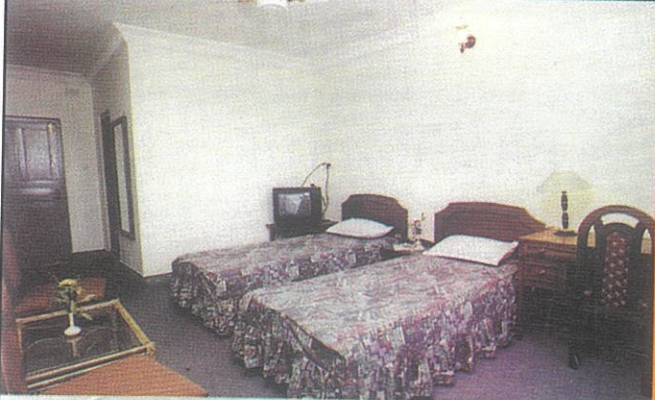
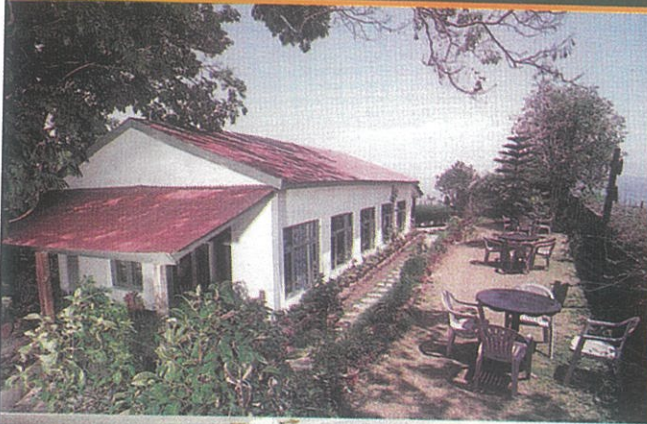
Bandipur Mountain Resort

Under the Management of Island Jungle Resort

Chitwan Tiger Resort

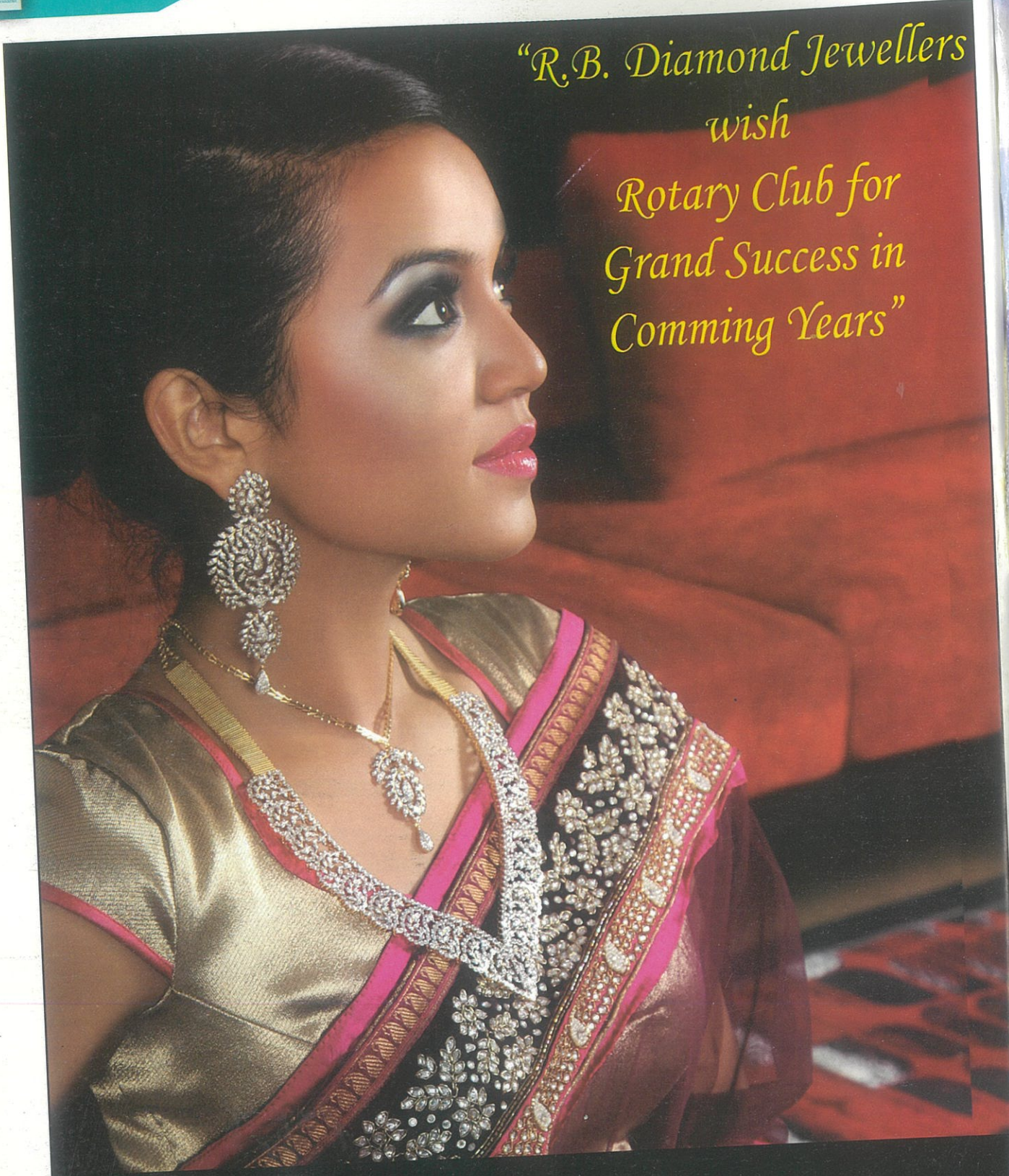
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