



ललित धारा

RI District 3292

Club No. 23126

Chartered: 29 August 1985

President: Khruschev Shrestha

President Nominee and Editor: Bijaya Mallapaty

Vice-President and Assistant Editor: Chandralekha Kayastha

Issue No. 1085

Date: 15 Poush 2071 / 29 December 2014

<p><u>Today's Programme:</u> 5th Monday of the Month Entertainment</p> <p><u>Forthcoming Programme:</u> 3 Jan: 7th Board Meeting 5 Jan: Business Meeting</p>	<p><u>Congratulatory Events</u></p> <p><u>Birthdays:</u> Nil</p> <p><u>Wedding Anniversaries:</u> Nil</p>
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Minutes of Meeting No 1439

Date: 7 Poush 2071 / 22 December 2014

1. President a.i. Matsyendra L. Kayastha called the Meeting No. 1439 to order with 15 seconds of 'silent invocation' for peace and happiness.
2. The last meeting's minutes were reviewed and adopted.
3. 'Happy News' Contributions:
 - Rtn. Nirmal Pradhanang - for including him in the 2015-16 Board of the RCP.
 - Rtn. Jamuna K. Tamrakar – for a very active month with 3 trips – Chepel, Parbat/Baglung, & Gorkha.
 - Rtn. Ganesh R. Shrestha – for 'Happy Landing' from participating in Rotary Institute event in Chennai.
 - Rtn. Chandralekha Kayastha – for her elder brother Dr. Dinesh Gongol honoured as the Chief Guest at the 2nd convocation ceremony of National Academy of Medical Sciences (NAMS), Bir Hospital, for the Post Graduates of the last 10 years.
 - Rtn. Rabendra R. Pandey – for 'Dashain' celebrations in the USA; having 22 first cousins in the greater Washington D.C. area; good health of spouse as per recent medical check-up in Delhi; continuation of his Chairmanship of the Kathmandu Medical College for another 4 year term; and 'Happy Landing' from the USA (NRs. 1,000).
 - **The twelve couples, participants of this year's 'RCP Family Outing', raised NRs. 14,000 – the highest ever 'Happy News' contributions to the 'Sunshine Funds' of the RCP. Congratulations to all the participants.**
4. Rotary News/Information Sharing:
 - Rtn. Ganesh R. Shrestha reminded to register for the District TRF Seminar being held on 27 December 2014, and the Rotary South Asia Conference on Peace being held during 6-9 February 2015 in Lumbini.
5. Salutation: By PP Rtn. Rabendra R. Pandey - Rotary Club of Alexandria, Egypt; Club ID 13375; Chartered: 1930; Members 35. District: 2451, Clubs: 73, and Members: 1874.
6. Please see 'Boxes' below for summary reports of the 'RCP's Annual Family Outing' to Gorkha; and a small Team's Project Site Visit of Chepel.
7. Before the adjournment of the meeting by the President a.i., the Secretary announced: contributions to Sunshine Fund: **NRs. 17,200** (including NRs. 14,000 from the Annual Family Outing mentioned above), attendance: members 24, and make-up 6.

RCP's Annual Family Outing 19-21 December 2014 to Gorkha

The RCP's 'Annual Family Outing' of Rotary Year 2014-2015 was successfully completed during 19-21 December 2014 with a trip to Gorkha (Gorkha Gaun Resort). Twelve RCP couples that included 16 Rotarians participated in this well-organized trip (Thanks to Rtn. Kedar B. Shrestha) that was truly enjoyable as well as educational. The highlights of the trip were:

- Comfortable transportation and quality accommodation with wonderful mountain views.
- Interactive sessions on Health/Nutrition, Lifestyle, Yoga and Meditation.
- Session with election of 'Ideal Couple' and 'Loving and Caring Husband' following which record contributions totalling NRs. 14,000 were made by all the participating couples of the trip to the 'Sunshine Fund' of the RCP.
- Session by senior club members sharing interesting events of life with others joining in with their own interesting anecdotes.
- Sports/Entertainment activities like 'Boule', 'Badminton', 'Swing (Ping)', Dancing/Singing.
- Visit of Gorkha Durbar and Museum.

Few things agreed for the future:

- Periodic Yoga/Meditation session at 'Kundalini' offered by Rtn. Dr. Prakash R. Regmi.
- Periodic 'National Anthem' in the RCP weekly meetings.

Project Site Visit of Chepel by Rtns. Jamuna K. Tamrakar, Gabriele & Bijaya Mallapaty

A visit of the planned 'Chepel Community Development Project' was conducted by the RCP Team of Rtns. Jamuna K. Tamrakar, Gabriele and Bijaya Mallapaty together with the VDC Leader Mr. Karma Sherpa and REMREC Engineer Rajendra Gautam during 25 November to 1 December 2014.

To reach Chepel, the Team flew to Kangel and from there two full days of walk that included steep uphill and downhill terrain. The priority of the project is to provide a 12 kW Micro-Hydro Power Plant with an estimated project cost of US \$80,000 to benefit the Chepel village, Pawai VDC wards 2 and 3 in Solukhumbu District with approximately 500 inhabitants.

Of the estimated \$80,000, the plan is to obtain \$50,000 donor support through Rotary Club of Russelsheim/Mainspitze, Germany District 1820 (Initiator/Contact in Germany Rtn. Dr. Isabelle Buschulte); and \$30,000 subsidy from the Government of Nepal. The RCP will be the managing partner together with the VDC, which will cover labour and maintenance.

The trip was very well received by the villagers with a warm welcome of the Team at the only village primary school. The whole village of mainly Sherpa and Rai community were involved in the welcome programme with dances and songs in appreciation of Rotary's efforts to meet one of their basic primary needs of electricity supply.

The Team also noted the dedicated service of two teachers from Terai at the Primary School for the last 26 years (with families in Terai) and their wish to have a small temple of 'Goddess Saraswati' at the school complex. Some RCP members immediately showed their interest to support this.

(The power point presentation with details of the Project and trip photographs can be seen in the RCP Facebook site depending upon the speed of the internet connection)



May the Laugh Bug Bite You 😄😄😄😄😄

A plumber attended to a leaking faucet at the neurosurgeon's house. After a two-minute job the plumber demanded \$150.

The neurosurgeon exclaimed, 'I don't charge this amount even though I am a surgeon.'

The plumber replied, 'I agree, you are right. I too, didn't either, when I was a surgeon. That's why I switched to plumbing!'