



ललित धारा

RI District 3292

Club No. 23126

Chartered: 29 August 1985

President & Editor: Bijaya Mallapaty

President Elect & Assistant Editor: Chandralekha Kayastha

Secretary: Bishwa Bandhu Sharma

Issue No. 1208

Date: 15 Jestha 2074 / 29 May 2017

Today's Main Programme: - 5th Monday Entertainment

Forthcoming Programme:

5 June - Business Meeting

12 June - Talk Programme by Rtn. Nirmal K. Pradhanang on "How a radar operates and how aircraft surveillance is done"

19 June - First Club Assembly of RY 2017-2018 and Briefing on RI convention in Atlanta, USA.

26 June - Final weekly meeting of 2016-2017 President

30 June (Friday) - Joint Board Meeting followed by Fellowship Dinner

Congratulatory Events

Birthdays:

Rtn. Kamala Maharjan – 29 May

Wedding Anniversaries: Nil

Minutes of Meetings No.1560

Date: 8 Jestha 2074 / 22 May 2017

1. President Rtn. Bijaya Mallapaty called the meeting nos. 1560 to order with 15 seconds of 'Silent Invocation' for peace and happiness.
2. Guests welcomed by the President: Guest Speaker Ms. Indira Shrestha, Founder President of Shtri Shakti (S2), Dr. Kundu Yonzom, Chairperson of S2, Mr. Shailesh K. Shrestha, Director of Programme of S2, four spouses of RCP members, and Rotaract Peshal Bhattarai.
3. The last meeting minutes were reviewed and adopted.
4. 'Happy News' Contributions:
 - Rtn. Matsyendra L. Kayastha – for 'Happy Birthday' (NRs. 1,000).
 - Rtn. Gabriele Mallapaty – for the approval of the Chepel GG by the RI (NRs. 250)
 - Rtn. Siba B. Rajbhandary – for daughter-in-law Roji Rajbhandary named among the top 5 doctors of Fortworth, Dallas in the USA (NRs. 500).
 - Rtn. Nirmal K. Pradhanang – for drivers' obedience of 'No Horn' rule in Kathmandu valley.
 - Rtns. Lalita and Kiran Thapa – for having Ms. Indira Shrestha as today's guest speaker (NRs. 500 + 200).
 - Rtn. Dr. Prakash R. Regmi – for having Ms. Indira Shrestha as today's guest speaker from whom he had received the book 'Gita' (NRs. 500).
 - Rtn. Kedar B. Shrestha – for his 4th granddaughter's double graduation with honours in New York, and for today's meeting attendance by 25 members (NRs. 700).
5. Other Contributions:
 - Rtns. Lalita Thapa, Kiran Thapa, Matsyendra L. Kayastha, Chandralekha Kayastha, Nirmal K. Pradhanang, and Ramesh Maskay handed over the pledged contribution of NRs. 5,460 each for the Global Grant Project in Chepel, and Rtn. Bijaya Mallapaty handed over NRs. 54,600 for the same.
 - Rtn. Nirmal K. Pradhanang and Ramesh Maskay handed over NRs. 26,000 each as contribution to the Club Service Fund for a PHF recognition.
6. Rotary News/Information:
 - Rtn. Bijaya Mallapaty briefed on the process leading to the final approval of the Global Grant Project for Chepel and updated on the follow-up work being done on earthquake related projects by Rtn. Mahendra Rawal and other secondary contacts during the travel of Primary Contact Rtn. Lochan Gyawali.
 - District 3292 has been the best district in Zone 4 and 6 in 'Membership' with an addition of 818 new members so far during this Rotary Year.
 - Rtn. Ganesh R. Shrestha, Distribution Manager of PEEF, updated on this year's distribution plan with funds given to most Coordinators.

- Rtn. Bijaya Mallapaty briefed on a meeting of Rotary Clubs in Lalitpur called by PDG Dilendra Shrestha to plan the management of District funded Earthquake Project as well as a Global Grant with Korean partners, for the reconstruction and provision of supplies respectively, to 12 remote schools of Lalitpur district. The schools are not among our PEEF supported schools, and we may not have the capacity given so many ongoing global grants that RCP is managing.
7. Salutation: By PP Rtn. Ganesh R. Shrestha - Rotary Club of Colombo Uptown, Western Province, Sri Lanka; Chartered: 1985; & Members: 44. District: 3220, Clubs: 65, & Members: 1793.
8. Before the closure of the meeting by the President, the Joint Secretary announced: contribution of NRs. 6,600 (NRs. 2,800 for attendance and NRs. 3,800 for sunshine funds); attendance: 3 guests, 4 spouses, 1 Rotaract, 25 members, and 5 make-ups.

**Talk Programme by Ms. Indira Shrestha, Founder
President of Shtri Shakti on 'Women and Community Development'**

Rtn. Kedar B. Shrestha introduced today's guest speaker Ms. Indira Shrestha, Founder President of 'Shtri Shakti' (S2). Following a Master's Degree from the Tribhuvan University, she did a second Master's degree in Social Science from the University of Wales. Ms. Shrestha has been very active in development issues and gender issues, with career starting with the UN. During the course of her 35 years of development work, she has collaborated and worked with various international organizations and development-aid institutions. She also headed the social development division as the first women member of the National Planning Commission, and has been honoured with several prestigious awards including 'Women Manger of the Year' by Management Association of Nepal, and Nominee for 1000 Peace Women for Nobel Peace Prize.

Ms. Indira Shrestha thanked Rtn. Kedar B. Shrestha for giving her this opportunity to talk to Rotarians, and started with a statement that development begins with the 'individual' and has, in its widest sense, a spiritual dimension. This philosophy articulated the Shtri Shakti (S2) she founded in 1991. S2 is a women-led non-governmental and development institution that links an understanding of gender issues with sustainable development and personal growth. S2 works at all levels throughout te 75 districts of Nepal with a holistic view to reach the heart and spiritual centre of a person. It is planned that S2 becomes a physical institute as a 'centre of excellence' in the future.

The programmes of S2 spans for a period of three years in each place and uses the methodology of 'Shtri', meaning Shtri, Training, Research, Information and Intervention. It uses a holistic approach demonstrated in the 'Golden Triangle' she explained as covering Energy, Esteem and Emotion, affecting the circle of influence. The Golden Triangle's message of internal changes creating external changes empowers women and youth. The S2 believes that bringing out the best of both the masculine and the feminine traits present in all human beings, one could bring the best results.

Ms. Shrestha explained the goal of S2 is to be a role model for holistic community development and make it a brand name in Nepal and South Asia. For more details on the philosophy and work of S2, she also suggested to visit its website.

Following a Q/A session, Rtn. Lalita Thapa gave a 'Vote of Thanks' on behalf of the RCP family to Ms. Indira Shrestha for an excellent presentation, responses to questions, and wished her all the best. Rtn. Bijaya Mallapaty Presented Ms. Shrestha with 'Lalithdara Souvenir' and 'Rotary Ka Kura' as a token of appreciation on behalf of the Rotary Club of Patan.



May the Laugh Bug Bite You 😊😊😊😊😊 (Courtesy: Rtn. Keshab B. Mathema)

An Engineer dies and goes to Hell. Dissatisfied with the level of comfort, he starts designing and building improvements. After a while, Hell has air conditioning, flush toilets and escalators. The engineer is a pretty popular guy. One day God calls and asks Satan, "So, how's it going down there?"

Satan says, "Hey things are going great. We've got air conditioning and flush toilets and escalators, and there's no telling what this engineer is going to come up with next."

God is horrified. "What? You've got an engineer? That's a mistake - he should never have gone down there! You know all engineers go to Heaven. Send him up here! "

Satan says, "No way. I like having an engineer on the staff. I'm keeping him."

God says, "Send him back up here or I'll sue."

"Yeah, right," Satan laughs, "and where are you going to get a lawyer?"