



ललित धारा

RI District 3292

Club No. 23126

Chartered: 29 August 1985

President: Khruschev Shrestha

President Nominee and Editor: Bijaya Mallapaty

Vice-President and Assistant Editor: Chandralekha Kayastha

Issue No. 1075

Date: 3 Kartik 2071 / 20 October 2014

Today's Programme:

Update on Lifestyle and Heart Health
by Rtn. Dr. Prakash R. Regmi

Forthcoming Programme:

27 Oct. - Vocational Award Ceremony

Congratulatory Events

Birthdays: NIL

Wedding Anniversaries: NIL

Minutes of Meeting No 1429

Date: 27 Aswin 2071 / 13 October 2014

1. President a.i. Matsyendra L. Kayastha called the Meeting No. 1428 to order with 15 seconds of 'silent invocation' for peace and happiness.
2. The last meeting's minutes were reviewed and adopted.
3. 'Happy News' Contributions:
 - Rtn. Som Paneru – for 'Happy Dashain' celebrations with parents.
 - Rtn. Kamal M. Dixit – for coverage in Kantipur with photo of the Varanasi 'Madan Puraskar' ceremony.
 - Rtn. Dr. Mukti N. Shrestha – for being nominated for the 'Global WSAVA Meritorious Service Award' to be presented to him during the World WSAVA (the World Small Animal Veterinary Association) Congress in 2015 in Thailand. On the occasion of the news of this highest honour in veterinary service, he contributed one each of all the available Nepali currency notes dedicating them to each of the animals represented in the respective notes of nine different denominations that totalled NRs. 1,713.
 - Rtn. Dr. Bishwa B. Sharma – for an enjoyable trip to 'Langtang' during Dashain holidays.
 - Rtn. Jamuna K. Tamrakar – for a 'Happy Family Reunion', including those residing in Canada, during 'Dashain' festivities.
 - Rtn. Mahendra Thapa – for the harvest of home 'Avocado Tree' sold at NRs. 12,000.
 - Rtn. Dr. Prakash R. Regmi – for a 'Happy and Peaceful Dashain' festivities (due also to wrong telephone numbers in the Rotary District & the RCP directories). Also see Point 8 below for additional contribution.
 - Rtn. Santa K. Shrestha – for the renewal case of his Hotel Resort in Chitwan being cleared at the Supreme Court.
 - Rtn. Siba B. Rajbhandary – for a 'Happy Family Gathering' during Dashain festivities.
 - President a.i. Rtn. Matsyendra L. Kayastha - for a 'Happy Family Gathering' during Dashain festivities.
4. Other Contributions:
 - Rtn. Nirmal Pradhanang contributed NRs. 5,000 to the 'PEEF' as one time contribution in memory of his 'Mentor' from Australia Mr. Keith Smith's passing away on the 8th of October 2014.
 - Rtn. Jamuna K. Tamrakar contributed NRs. 1,000 to the PEEF Operational Fund from his participation at the NOH Board.
5. Rotary News/Information Sharing:
 - Rtn. Gabriele Mallapaty briefed on the meeting with Prof. Chris O'Brien re Matching Grant for the Mirge Project. After the project visit of Prof O'Brien and completion of the project the MG is being closed.
 - Rtn. Siba B. Rajbhandary briefed on the Interact Conference being held during 19-22 December in Bangladesh with participation from 4 South Asian countries. The RCP may sponsor Rotaracts/Interacts.
 - Rtn. Satya Pradhan requested all to join in the 'Breast Cancer Walkathon' organized by the Rose Foundation for Cancer support on Saturday, 18 October 2014. Gathering is at the Krishna Mandir in Patan at 7:30 a.m. with the walk up to Jawalakhel followed by a health camp.
 - Rtn. Som Paneru requested anyone going to Chandibhanjyang to take the last lot of 'Surbottam Pitho' to the RCP's Mid-Day Meals Project in the school there with the Chepang community.
6. The 4th Board Meeting of RY 2014-15 was held on 10 Oct., chaired by President a.i. Matsyendra L. Kayastha and hosted by Rtns. Gabriele and Bijaya Mallapaty. The 'House' noted the information and endorsed/approved the decisions of the Board – see next page for minutes/decisions.
7. Coordinator Rtn. Dr. Prakash R. Regmi briefed on the planned 'Vocational Award Ceremony' now postponed to 27 October 2014. For a 3rd Award of NRs. 5,000 funds were raised through contributions from Rtns. Nirmal Pradhanang 500, Som Paneru 500, Mahendra Thapa 500, Jamuna K. Tamrakar 500, Bijaya Mallapaty 600,

Gabriele Mallapaty 600, Matsyendra L. Kayastha 500, Chandralekha Kayastha 500, Narayan G. Halwai 200, and Piyush B. Bajracharya 600.

8. Salutation: By PP Rtn. Kamal Nyachhyon - Rotary Club of Yerevan, Armenia; Club ID 50017; Chartered: 1996; Members 28. District: 2452, Clubs: 142, and Members: 4499. Rtn. Dr. Prakash R. Regmi recalled the good old days of his one year stay in Yerevan for Russian language training in 1978 and contributed additional NRs. 500 for this 'Happy Memory'.
9. Before the adjournment of the meeting by the President a.i., the Secretary announced: contributions to 'Sunshine' Fund: NRs. 5,063; attendance: members 22, and make-up 7.

Decisions/Minutes of the RCP's 4rd Board Meeting of RY 2014-2015 held on 10 Oct.14

1. Decisions of the 3rd Board Meetings held on 5 September 2014 were reviewed.
2. RCP's sponsoring of District events: (i) Suggestion of Past Presidents (PPs) of NRs.100,000 for co-hosting of District events was encouraged through specific fund-raising as the current budget of the club is not adequate. (ii) District events currently known for possible co-hosting are: District Conference in Chitwan, South Asia Conference on Peace in Lumbini, TRF Seminar, and one ICM. It was agreed to allocate NRs. 10,000 for the TRF Seminar being held in November and review possible allocations for other events at a later date. It was noted that co-hosting of District Conference in Chitwan may not require financial contribution. It was also noted that priority should be given to an ICM on Rheumatic Heart Disease as it is a RCP project.
3. PEEF – The PEEF committee meeting notes with decisions were shared, reviewed and noted by the Board.
4. KMDEEA – Board confirmed that the established committee should interview 3 best students, determine the order, and suggest a date of award ceremony as early as possible.
5. Global Grants – Rtn. Gabriele Mallapaty updated the Board members on fund-raising progress for 3 Global Grant projects: (i) Chepel Village Development Project (ii) Vocational Education Project for Kamlaris and (iii) Chandibhanjyang Community Development with Heifer Int'l. Decisions: (i) Board approved the above 3 Global Grant Projects with a minimum contribution of \$100 each from the RCP once sufficient funds are pledged by international donors. (ii) To request DDF funds for the Chandibhanjyang project under advice from Rtn. Siba B. Rajbhandary, District Grants Sub-Committee Chair.
6. Membership – Board supported the PPs' advice to increase the membership to 50 and requested all to actively look for appropriate candidates.
7. Calendar of Key Events for the following months:
 - (i) Vocational Award Ceremony date was fixed for 20 October 2014. The Committee coordinated by Rtn. Dr. Prakash R. Regmi is complete with membership of Rtn. Nirmal Pradhananga and Gautam Shakya. Nominations are due by Monday, 13 October. It was also decided to raise additional award funds of NRs. 5,000 for this programme on Monday, 13 October meeting.
 - (ii) Induction of Rtn. Nirmal Pradhananga - 20 October 2014
 - (iii) Interact Week (2-8Nov)—It was agreed to have social activities with Interacts coordinated by Rtns. Siba B. Rajbhandary and Chandralekha Kayastha during this week.
 - (iv) Annual Family Outing – Coordinator Rtn. Kedar B. Shrestha was requested to make proposals for 19-20 December 2014.
8. Forthcoming Board Meeting Hosts and Dates were agreed as follows:
 - (i) 5th Board Meeting – Host Rtn. Dr. Bishwa B. Sharma; Date: Saturday, 1 November
 - (ii) 6th Board Meeting – Host Rtn. Dr. Prakash R. Regmi; Date: Saturday, 29 November
9. In the absence of Treasurer Bharat N. Joshi, a brief financial update was made by Rtn. Bijaya Mallapaty. Details with statement of income and expenditures will be presented in the next Board meeting.
10. Rtn. Shiva K. Pradhan raised the issue of Board approval on all expenditures. Board noted that any commitment outside the agreed budget must be approved in advance by the Board.
11. Board requested Rtns. Jeevan K. Shrestha and Piyush B. Bajracharya to expedite the annual renewal of Club Registration.
12. Rtn. Narayan G. Halwai's e-mail suggesting the use of an empty field near Lagankhel Bus Park as a Rotary Children's Park under the leadership of the RCP was discussed. It was noted that more information is needed to review this at a later date.
13. On behalf of all the Board Members and invited guests, Past President Krishna B. Basnyat gave a 'Vote of Thanks' to Rtns. Gabriele and Bijaya Mallapaty for hosting the 4th Board meeting and for an excellent fellowship dinner at their residence.