



ललित धारा

RI District 3292

Club No. 23126

Chartered: 29 August 1985

President: Khruschev Shrestha

President Nominee and Editor: Bijaya Mallapaty

Vice-President and Assistant Editor: Chandralekha Kayastha

Issue No. 1100

Date: 30 Chaitra 2071 / 13 April 2015

Today's Programme: Members' experience sharing

Forthcoming Programme: 27 April - Rtn. Jeevan K. Shrestha's talk about the suspension bridges of Nepal.

Congratulatory Events

Birthdays: Nil

Wedding Anniversaries:

Rtn. Mahendra B. Thapa – 14 April

Minutes of Meeting No 1454

Date: 23 Chaitra 2071 / 6 April 2015

1. President a.i. Matsyendra L. Kayastha called the Meeting No. 1454 to order with 15 seconds of 'silent invocation' for peace and happiness.
2. Guests welcomed by President a.i. Kayastha: Mr. Gopi Silwal, Coordinator of the RCP's Mid-day Meals Project, Chandibhanjyang,
3. The last meeting's minutes were reviewed and adopted.
4. 'Happy News' Contributions:
 - Rtn. Yagya B. Shrestha – for 'Happy Birthday'.
 - Rtns. Matsyendra L. and Chandralekha Kayastha – for Rtn. Chandralekha Kayastha's attendance in the meeting after a long absence due to her leg injury, for being the winner in the competition organized by Nepal Mountaineering Association in the area of architecture, and for hard work of Rtn. Lalita Thapa in the absence of Rtns. Bijaya and Gabriele Mallapaty (NRs.1,000).
 - Rtn. Dr. Prakash R. Regmi – for happy relief after handing over the Presidency of Nepal Heart Foundation to another colleague in the last AGM (Rs.500).
 - Rtns. Dr. Prakash R. Regmi and Ganesh R. Shrestha - as committed during the last Board Meeting, NRs. 200 each for President a.i.'s acceptance of a drink.
 - Rtn. Jeevan K. Shrestha – for chairing a meeting of S. Asia Community Access Project on Rural Road.
 - Rtn. Kamalmani Dixit – for reciting a poem in Bengali language in the presence of the Ambassador of Bangladesh (NRs.500).
 - Rtn. Som Paneru – for happy completion of 'Saya Dan' by his parents in Dev Ghat, Chitwan, for 'Happy Landing' from Malaysia and Europe, and for opening of a new chapter of Nepal Youth Foundation in Germany (NRs.1,000).
 - Rtn. Dr. Shivaji B. Silwal – for admission of his daughter in St. Mary's School, organizing various health camps, and 'Happy Landing' from Hong Kong and India (NRs.1,000).
5. Other Contributions:
 - Rtn. Bijay Bajracharya handed over a cheque of NRs. 15,000 for Club Trust Fund as committed earlier.
 - Rtn. Kiran Shrestha sent the amount of NRs. 10,000 for Club Trust Fund as committed earlier.
 - Rtn. Matsyendra L. Kayastha topped up with NRs. 2,500 (10% of Rs.15,000 and Rs.10,000 above) on the above contributions made to the Club Trust Fund as committed earlier.
6. Rotary News/Information Sharing:
 - Rtn. Dr. Prakash R. Regmi briefed on the closing of the Mid-day Meals Project and handing over of the remaining amount of NRs. 80,000 to the Coordinator Mr. Gopi Silwal from Chandibhanjyang. However, before handing over of the cheque, Rtn. Dr. Regmi and Rtn. Ganesh R. Shrestha made a special request to Mr. Silwal for activating both the RCC and the Interact Club in Chandibhanjyang. Similarly, the hoarding board of RCC/IRC was requested to be reinstated. Rtn. Dr. Regmi also thanked all the Rotarians of the RCP who had supported the Mid-day Meals Project.

Mr. Gopi Silwal spoke briefly about the benefits from the Mid-day Meals Project to the Chepang children of Chandibhanjyang and thanked all the supporters of the RCP. He also informed that a 'Bal Club' within the Interact Club has been established, which collects NRs.100 per month for Club Fund.

- President a.i. Kayastha reiterated the points made at the last Board Meeting to speed up the preparations for club's reports by the respective Committee Chairs by 15 April 2015.
7. At the request of President a.i., Rtn. Dr. Mukti N. Shrestha shared some information related to Swine Flu (H1N1) – type A influenza. Its first outbreak started from pigs in 2009 which took the lives of 10,000 in the USA. Recently 16,000 were infected with 1,000 deaths in India outbreak. In Nepal, 1,168 are estimated to be infected (19 deaths). Rtn. Dr. Shrestha also gave some very useful suggestions for its prevention such as to avoid overcrowded places, kissing, hugging, handshaking; washing hands with soap and water as frequently as possible; keeping 1-2 meters of distance from person showing cold symptoms; wearing masks; and increasing immunity by changing life-style.
 8. Salutation: By PP Keshab B. Mathema – Rotary Club of Antananarivo, Madagascar; Club ID 52991; Chartered: 1999; & Members: 29. District: 9220, Clubs: 62, and Members: 1549.
 9. Before the closure of the meeting by the President a.i. Rtn. Lalita Thapa announced: contributions to 'Sunshine' Fund - NRs. 6,000 (including NRs. 50 top-up by the President a.i.), attendance: guest 1, members 24, and make up 7.

Decisions/Minutes of the RCP's 10th Board Meeting of RY 14-15 held on 3 April 2015

The 10th Board Meeting was chaired by President a.i. Matsyendra L. Kayastha and hosted by Rtn. Bharat N. Joshi. The 'House' noted the information and endorsed/approved the decisions of the Board as follows:

1. The minutes of the 9th Board Meeting were reviewed.
2. Under the Global Grant No.1527136 for Vocational Training for freed Kamalari Girls, a separate bank account in the Century Commercial Bank will be opened. The account will be operated by any two signatories among Rtn. Mahendra Thapa (Primary Contact), Rtn. Piyush B. Bajracharya and Rtn. Bharat N. Joshi.
3. Regarding the preparation for the District Award, all the committee chairs were requested to speed up in completing their papers to be able to submit before 15 April 2015.
4. The events for the following two months:
13 April – Members will share their experiences (voluntary).
27 April - Rtn. Jeevan K. Shrestha will talk about the suspension bridges of Nepal.
15 May - 3rd Birthday Fellowship will be organized under the leadership of Rtn. Kedar B. Shrestha with the help of Rtn. Shiva K. Pradhan for fund collection.
5. The hosts for the upcoming board meetings:
11th Board Meeting – 30 April. Host: Rtn. Jeevan K. Shrestha
12th Board Meeting – Host: Rtn. Shiva K. Pradhan (date to be confirmed).
13th Board Meeting - Jointly by the incoming and outgoing presidents.
6. Financial Update: Treasurer Rtn. Bharat N. Joshi updated the board members on the financial position of the RCP as of end March 2015 with detailed statements. The cash in hand in the Club Trust Fund now amounts to NRs.10,03,800. The interest from the Club Trust Fund amounts to NRs.1,43,308, which will be added to the PEEF. Similarly, the remaining amount of NRs. 80,811 for the Mid-day Meal will also be handed over to the project (through Rtn. Dr. Prakash Regmi) and the project account will be closed.
7. Miscellaneous: For TEACH initiative, RCP needs to select seven members including a coordinator and a secretary. It was suggested to request the following Members: Rtns. Mahendra Thapa, Nirmal Pradhanang, R.R. Pandey, Ganesh R. Shrestha, Kamala Maharjan etc.
8. Vote of Thanks: On behalf of all the Board Members and the invitees, Rtn. Piyush B. Bajracharya gave the 'Vote of Thanks' to Rtn. Bharat N. Joshi for hosting the board meeting and also for the excellent fellowship dinner. This was supplemented by Rtns. Dr. Prakash R. Regmi, Ganesh R. Shrestha, Kedar B. Shrestha and Dr. Bishwa B. Sharma who appreciated Rtn. Joshi and his family members for the fabulous feast.

Rotary Q/A by Rtn. Siba B. Rajbhandary in preparation for District 'Rota Quiz'

<u>Questions</u>	<u>Answers</u>
Official colours of Rotary	Royal blue and gold (Please see Rotary.org for all the colours of Rotary as per the new Branding of Rotary).
Second Rotary club establishment	In San Francisco, USA in 1908
Venue of the first meeting of RC Patan	Hotel Narayani, Pulchok