

# ललित धारा

RI District 3292

Club No. 23126

Chartered: 29 August 1985

President & Editor: Bijaya Mallapaty

President Elect & Assistant Editor: Chandralekha Kayastha

Secretary: Bishwa Bandhu Sharma

Issue No. 1164

Date: 3 Shrawan 2073 / 18 July 2016

**Today's Programme:** Talk programme '*Understanding risk factors in heart health*' by Rtn. Dr. Prakash R. Regmi (Extended Mtg. till 7.15 p.m.)

**Forthcoming Programme:**

25 July – DG's Visit with 3<sup>rd</sup> Club Assembly, AGM & Regular Mtg.

29 July – 1<sup>st</sup> Board Meeting hosted by Rtn. Gabriele Mallapaty

1 Aug – Business Meeting

8 Aug – Earthquake response by the NGOs with 18 minutes of documentary film and an interaction programme

**Congratulatory Events**

**Birthdays:**

PDG Rtn. Tirtha M. Sakya – 21 Jul.

**Wedding Anniversaries:** NIL

Minutes of Meetings No. 1517

Date: 27 Asadh 2073 / 11 July 2016

1. President Bijaya Mallapaty called the 2<sup>nd</sup> Club Assembly Meeting No. 1517 to order with 15 seconds of 'silent invocation' for Peace and Happiness.
2. Guests welcomed by the President: Mr. Shiva P. Khemka, Wholesaler in Electronics Goods.
3. President welcomed the new Members Rtn. Mahendra S. Rawal and Rtn. Kiran Thapa to the RCP family.
4. President:
  - Noted congratulations from the RCP to Rtn. Dr. Mukti N. Shrestha on his success story interview of 45 minutes with the Radio Nepal in a programme called 'Saphalta ko Katha';
  - Informed about Secretary Rtn. Dr. Bishwa B. Sharma's sudden trip to Pokhara due to serious illness of his brother and wished his brother a speedy recovery;
  - Requested members to help Distribution Manager Rtn. Ganesh R. Shrestha in the distribution of PEEF scholarship of this year as early as possible;
  - Requested good participation with spouses to next week's talk programme '*understanding risk factors in heart health*' on popular demand by Rtn. Dr. Prakash R. Regmi to which there will also be external participation; and
  - Informed all members to collect the District Directory with Office Assistant Basant Ale Magar.
5. The last meeting minutes were adopted.
6. 'Happy News' Contribution:
  - Rtn. Krishna B. Basnyat – for 'Happy Birthday' (NRs. 500).
  - Rtn. Kiran Shrestha – for 'Happy Birthday' in absentia (ha.ba.).
  - Rtn. Kiran Thapa – for becoming a member and attending the first meeting as a member (NRs. 500).
  - Rtn. Mahendra S. Rawal – for becoming a new member and attending the first meeting as a member.
  - Rtn. Nirmal K. Pradhanang – to welcome new members and introducing guest Mr. Khemka.
  - Rtn. Dr. Nabal Pajiyar - for 'Happy Landing' after a month long trip to south India where he conducted several seminars and also attended the RC Guntu programme.
  - Rtn. Yagya B. Shrestha – for successful quarterly health check-up in Kathmandu and not having to travel.
  - Rtn. Kamalmani Dixit – for 'Happy Landing' from England.
  - Rtn. Lalita Thapa – for husband joining the RCP as a member.
  - Rtn. Matsyendra L. Kayastha - for being the highest contributor to the sunshine fund in RY 2015-2016.
  - Rtn. Dr. Prakash Raj Regmi – for being the second highest contributor to the sunshine fund in RY 2015-2016.
7. Other Contributions:
  - The names of 6 highest contributors to the sunshine fund of the RCP during the RY 2015-2016 were reported by Rtn. Gabriele Mallapaty: Rtns. Matsyendra L. Kayastha – NRs. 17,900, Dr. Prakash R. Regmi – 15,100, Nirmal Pradhanang – 13,550, Lalita Thapa – 12,300, Chandralekha Kayastha – 11,400, and Kedar B. Shrestha – 10577.
  - As committed earlier, Rtn. Kamalmani Dixit announced a contribution of NRs. 5,000 in the name of the highest contributor to the sunshine funds, i.e. Rtn. Matsyendra L. Kayastha and congratulated him.
8. Salutation: By PDG Rtn. Tirtha M. Sakya – Rotary Club of Arendal, Norway; Chartered: 1947; and Members: 57. District: 2290, Clubs: 45, and Members: 1978.

9. Before closing by the President, the Vice President announced: Contribution of NRs. 5,150 (2,600 from attendance & 2,550 for sunshine fund incl. for one phone ring); attendance: 1 Guest, 23 members and 3 make-ups.

### Rotary Q/A by Rtn. Siba B. Rajbhandary

#### Questions

#### Answers

Number of RCP Members at District Level - 12

4 new Clubs at the end of RY 2015-16

RC Baluwatar, RC Gongabu, RC Sindhuli and RC Nijgadh

### 2nd Club Assembly Meeting in preparation of District Governor's visit

On Monday, 25 July 2016 during the District Governor's official club visit there will be four programmes:

- (i) DG's meeting with Club Leadership
- (ii) DG's fellowship with the RCP members
- (iii) 3<sup>rd</sup> Club Assembly Meeting, &
- (iv) Annual General Meeting and Regular Weekly Meeting of the RCP.

President Bijaya Mallapaty presented a draft of the programme for the District Governor's official visit of the RCP on 25 July 2016 and took note of the comments and suggestions for its finalization and sharing with all members.

For the Club Assembly Meeting, which will be conducted by the District Governor, a draft of the standard format of presentation had been shared with all Chairpersons/Directors of the RCP Committees. Each Chair/Director made the presentation using the standard format and took note of the comments/suggestions from the 'House'. It was suggested to have the presentation finalized by 18 July 2016 with Rtn. Gabriele Mallapaty. It was also emphasized to be within the suggested time limit of 3 to 5 minutes.

### RI President John F. Germ's Message: July 2016



Today, we look ahead toward a Rotary year that may one day be known as the greatest in our history: the year that sees the world's last case of polio. Wild poliovirus caused only 74 cases of polio in 2015, all of them in Afghanistan and Pakistan. As we continue to work tirelessly toward our goal of eradication, we must also look beyond it: preparing to leverage our success into even greater successes to come.

It is tremendously important to Rotary's future that our role in the eradication of polio be recognized. The more we are known for what we've achieved, the more we'll be able to attract the partners, the funding, and, most important, the members to achieve even more. We're working hard at RI headquarters to be sure that Rotary gets that recognition. But it can't all happen in Evanston. We need you to get the word out through your clubs and in your communities about what Rotary is and what we do. We need to be sure that our clubs are ready for the moment when polio is finally eradicated – so that when people who want to do good see that Rotary is a place where they can change the world, every Rotary club is ready to give them that opportunity.

We know that if we want to see *Rotary Serving Humanity* even better in the years ahead, we'll need more willing hands, more caring hearts, and more bright minds to move our work forward. We'll need clubs that are flexible, so that Rotary service will be attractive to younger members, recent retirees, and working people. We'll need to seek out new partnerships, opening ourselves more to collaborative relationships with other organizations. Looking ahead, we also see a clear need to prioritize continuity in our leadership. We in Rotary are all playing on the same team, working toward the same goals. If we want to reach those goals together, we all have to move in the same direction – together.

Every day that you serve in Rotary, you have the opportunity to change lives. Everything you do matters; every good work makes the world better for us all. In this new Rotary year, we all have a new chance to change the world for the better, through *Rotary Serving Humanity*.