



ललित धारा

RI District 3292

Club No. 23126

Chartered: 29 August 1985

President & Editor: Bijaya Mallapaty

President Elect & Assistant Editor: Chandralekha Kayastha

Secretary: Bishwa Bandhu Sharma

Issue No. 1183

Date: 20 Mangsir 2073 / 5 Dec. 2016

Today's Programme: Business Meeting and Election of Club Officers/Directors

Forthcoming Programme:

12 Dec. - Classification Talk of Rtn. Mahendra S. Rawal

19 Dec. - Talk programme by Mr. Matrika Devkota, Founder President of 'KOSHISH' (Mental Health Self-Help Organization & our partner)

Rotary's Disease Prevention & Treatment Month

Congratulatory Events

Birthdays: NIL

Wedding Anniversaries: NIL

Minutes of Meetings No. 1535

Date: 13 Mangsir 2073 / 28 Nov. 2016

1. President Rtn. Bijaya Mallapaty called the meeting no. 1535 to order with 15 seconds of 'Silent Invocation' for peace and happiness.
2. The last meeting minutes were reviewed and adopted.
3. Guest welcomed by the President: Guest Speaker Ms. Neena Joshi, Programme Director of Heifer, Nepal
4. 'Happy News' Contributions:
 - Rtn. Dr. Aruna Uprety – for 'Happy Birthday' in absentia (ha.ba.).
 - Rtn. Mahendra S. Rawal – for 'Happy Wedding Anniversary'.
 - Rtn. Keshab B. Mathema – for 'Happy Wedding Anniversary' in absentia (ha.ba.).
 - Rtn. Pushkar M. Shakya – for 'Happy Landing' from Malaysia participating with Nepal Handicraft Association - Craft Demonstration Team.
 - Rtns. Nirmal K. Pradhanang, Gabriele Mallapaty, Bijaya Mallapaty, and Krishna B. Basnyat – for the successful 'Heart Health Camps' in Okhaldhunga and Solu during 23-27 Nov. 2016 with Nepal Heart Foundation.
 - Rtns. Matsyendra L. Kayastha and Chandralekha Kayastha – for the selection of their firm's technical architectural proposal for the Jawlakhel Handicraft Centre (NRs. 1,000).
 - Rtn. Mahendra Thapa – for a successful completion of training of 110 former Kamlaris under our Global Grant Project with Nepal Youth Foundation.
 - Rtn. Padam L. Maharjan – for the addition of 30 new buses by Sajha Yatayat in Kathmandu valley.
 - Rtn. Kamala Maharjan – for recovery from serious allergy & rashes of her spouse Rtn. Padam L. Maharjan.
 - Rtn. Dr. Shivaji B. Silwal – for starting National Heart Care and Medical Centre in Luvu, being appointed as the 'Personal Physician' of the Vice President of Nepal, and the visit of a best friend from his time in China in 1992 (NRs. 1,000).
 - Rtn. Ramesh Maskay – for 'Happy Landing' from Singapore (NRs. 500).
 - Rtn. Dr. Prakash R. Regmi – for the very successful 'Heart Health Camps' in Okhaldhunga and Solu in collaboration among Nepal Heart Foundation, Australian Aid and the RC Patan; the public awareness campaign on 'Heart Health'; and screening for Rheumatic Heart Disease in children during the camps. A total of 600 adults and 4,500 children were examined (NRs. 500). The RCP Team joining the camps had 12 participants.

In addition, for the convocation ceremonies of both daughters – elder for MBBS from Manipal and younger for Computer Engineering from Kathmandu University (NRs. 1,000).

 - Rtn. Kedar B. Shrestha – for good attendance with the participation of 25 members in today's meeting.
 - Rtn. Piyush B. Bajracharya – for the successful wedding ceremony of his nephew.
5. Other Contribution: Rtn. Ganesh R. Shrestha announced a contribution to cover the remaining shortfall in the last 'Birthday Fellowship'. Total shortfall was NRs. 8,446 of which, the President had contributed NRs. 5,000.
6. Rotary News/Information and Business:
 - Health Status of Rtn. Kamalmani Dixit was provided by Rtn. Kedar B. Shrestha – His health is improving while he is still under treatment in the B&B Hospital. The RCP family wishes him a quick recovery.

- The 'House' unanimously endorsed the selection of Rtn. Pushkar M. Shakya as the RCP's candidate for the Nomination Committee for 2019-2020 District Governor.
7. Salutation: By PP Rtn. Kedar B. Shrestha - RC of Freetown, Sierra Leone; Chartered: 1963; Members: 42. District: 9100, Clubs: 107, and Members: 2984.
 8. Please see below for a summary of the presentation made by Ms. Neena Joshi from Heifer Nepal.
 9. Before the closure of the meeting by the President, the Secretary announced: contribution of NRs. 8,700 (NRs. 2,500 for attendance and NRs. 6,200 for Sunshine Fund); attendance: 1 guest, 25 members, and 6 make-ups.

Rotary 'Q & A' presented by Rtn. Lalita Thapa

- Q.** What is the purpose of the Rotary tradition of calling club members by their first names?
A. Rotary recognizes the worth of all vocations regardless of titles (doctors, lawyers, engineers, etc.).
- Q.** What is Rotaract?
A. Community based service club for those 18-30 years old.

Summary of presentation by Guest Speaker Ms. Neena Joshi, Programme Director, Heifer Nepal

President Rtn. Bijaya Mallapaty introduced Ms. Neena Joshi and mentioned how proud and pleased we were in collaborating with Heifer Nepal and local partner 'Diyalo Pariwar' for the improvement of the Chandibhanjyang community where we used to provide mid-day meals to the school children.

Ms. Neena Joshi made a comprehensive presentation - first briefing on Heifer International and Heifer Nepal, then providing details of our Global Grant Project with an update on its success with progress report as of now.

Ms. Joshi first shared the appreciation of the villagers (primarily Chepangs and Gurungs) for our joint support, which has seen very good progress with overall improvements in the life of the community of Chandibhanjyang.

Introducing Heifer International, which had started in Puerto Rico in the 40s by Dan West with the motto 'Not a cup but a cow'. To-date, the organization has already worked in 125 countries with current activities in 30 countries. The goal of Heifer is to improve global sustainable livelihoods in 5 areas, namely Increasing Income and Asset; Food Security and Nutrition; Environment; Women's Empowerment; and Social Capital.

In Nepal, Heifer started its collaboration in 1957/58 with scaled-up action from 2007. Currently it works in 41 Districts supporting a cumulative number of 230,000 families with a target of expanding this to 500,000 families during 2012-2023.

The Global Grant Project with Rotary and the implementing partner 'Diyalo Pariwar' is for a duration of 2014-2018 and funded by Heifer (NRs. 1,09,75,790), Rotary (NRs. 72,36,600), VDC (NRs. 900,000), and the Community (NRs. 714,000). It is progressing as per plan and in many cases exceeding targets in supporting 832 families with 41 self-help groups. Our support includes inputs, technical training and social training for women's empowerment and building a social capital. Key challenges, which are being addressed, are in the areas of productivity, market mechanism and getting adequate seed goats of superior genetic merit.

Ms. Joshi concluded her presentation welcoming interested RCP colleagues to visit the project site.

On behalf of the RCP family, Primary Contact of the project Rtn. Dr. Mukti N. Shrestha gave a 'Vote of Thanks' to Ms. Neena Joshi for the comprehensive presentation and responses to the questions raised by RCP members; and the President presented her with 'Lalitdhara Souvenir' and 'Rotary Ka Kura' as a 'Token of Appreciation'.