

## Issue No. 1483

Date: 5 Mangshir 2079 / 21 November 2022

<b><u>Today's Programme:</u></b>  Classification talk of Rtn. Ganga R. Gautam	<b><u>Congratulatory Events</u></b>  <b><u>Birthdays:</u></b> Rtn. Ganesh R. Shrestha – 22 Nov.  <b><u>Wedding Anniversaries:</u></b> Nil
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## Minutes of Meeting No. 1829

Date: 28 Kartik 2079 / 14 November 2022

1. President Rtn. Shiva K. Pradhan called the RCP Meeting No.1829 to order with 15 seconds of 'Silent Invocation' for world peace, health, and happiness.
2. Guests welcomed by the President: Guest speaker Rtn. Maheswor B. Shrestha and three Rotaracts from the Rotaract Club of Patan.
3. The last meeting minutes were reviewed and adopted.
4. 'Happy News' Contributions:
  - Rtn. Lochan Gyawali – for 'Happy Birthday' (Contribution made in advance last week).
  - Rtn. Piyush B. Bajracharya – for good family get-together (NRs. 200).
  - Rtn. Nirmal K. Pradhanang (NRs. 500) & Rtn. Prakash R. Regmi (NRs. 200) - for 'World Diabetes Day, 14 Nov.'
  - Rtn. Shiva K. Pradhan – for having today's guest speaker (NRs. 200)
  - Rtn. Rabendra R. Pandey – for having today's guest speaker and for 'World Diabetes Day' (NRs. 1,000). He also shared delicious chocolates for Rota Quiz.
5. Other Contributions:
  - Rtn. Shiva K. Pradhan confirmed the payment of NRs. 10,000 to the RCP's Animal Welfare for Public Health programme as pledged earlier.
  - Rtn. Lalita C. Thapa confirmed the payment of the pledged amount of US \$1,000 to The Rotary Foundation.
  - Rtn. Rabendra R. Pandey pledged to contribute NRs. 50,000 to the RCP's Animal Welfare for Public Health programme.
6. Rotary Information:
  - On the occasion of the RI President's visit to Nepal, Rtn. Lalita C. Thapa enquired if the RCP's projects such as the WASH project at Kitini could be visited. A visit of the Kitini School by a team of President, President Elect and Rtn. Lalita C. Thapa was suggested to check if it would be appropriate before proposing it to the District.
  - It was suggested to register the names of the RCP members interest to participate in the programme on 5 December during the RI President's visit. An e-mail/Viber communication will be sent to all members to register the names with the President/Secretary by Wednesday, 16 November 2022.
7. Salutation: By Rtn. Ganga R. Gautam - Rotary Club of Setubal, Portugal; Chartered: 1926; & Members: 26. District: 1960, Clubs: 72; & Members: 1423. He also gave a summary highlight on the country and the club.
8. Before the adjournment of the meeting by the President, Secretary Rtn. Khadak S. Bisht announced: contributions of NRs. 4,100 (NRs. 2,100 to the sunshine fund and NRs. 2,000 to the operational fund of the RCP), and the meeting attendance of 2 guests, 16 members, 3 Rotaracts, and 12 make-ups.

In memory: Fifteen seconds of silence was observed by the Rotary Club of Patan in loving memory of Nepal Rotary's first District Governor Rtn. Tika Man Vaidya who passed away on 14 November 2022

### **Rotary Questions/Answers presented by Rtn. Rabendra R. Pandey**

- Q.** RC Patan is the 3rd 100% Paul Harris Fellow (PHF) Club in Nepal (12 Sept. 2006). Name the first and the second clubs? **A.** RC Nagarjun on 28 November 2005 and RC Biratnagar on 11 June 2006.
- Q.** How much does one need to contribute to receive PHF recognition? **A.** Equivalent of US\$ 1,000 to the Annual Fund, PolioPlus Fund or an approved global grant.
- Q.** How many Trust Funds do the Rotary Club of Patan have? **A.** Three: PEEF, KPAD and Club Service Fund.

### **Summary of Rtn. Maheswor B. Shrestha's presentation of 'Photo Journey to Everest base camp' and the Himalayas of Nepal**

Rtn. Kedar B. Shrestha introduced Rtn. Maheswor B. Shrestha who is well known to the RCP family. He did his M. Com from Tribhuvan University and post-graduate from the University of Westminster in London, U.K. Rtn. Shrestha worked for 24 years in the then RNAC and joined Rotary in 2001. Since joining Rotary, he has served in various positions including as the first District Secretary of Rotary in Nepal. He has contributed immensely to the Rotary movement in Nepal including as the author of 'District at a glance.' After his working career, he is well known with his twin qualities/experiences as a photographer and trekking expert.

Rtn. Maheswor B. Shrestha made his power point presentation while narrating the breath-taking photographs of the Himalayas. He had made this presentation to our club and many other clubs earlier and, therefore, he calls today's revised presentation about the Himalayas of Nepal. In the presentation, he included the photographs of the Himalayas taken from Kathmandu, from a mountain flight, during the trek to the Everest Base Camp as well as photographs taken by his son.

Rtn. Shrestha described how Nepal is well-known with 14 Himalayan ranges and many peaks spread across 885 kilometres in the north of Nepal. Known for the highest peak Mt. Everest (shared with Tibet, China as Mt. Qomolangma), only the peaks over 6,000 metres in Nepal number some three hundred. Named after the British surveyor and geographer Colonel George Everest, its Nepali name 'Sagarmatha' was only given in 1963 by Nepalese historian and literary scholar Mr. Baburam Acharya. UNESCO declared it a world heritage site in 1979.

Mount Everest today, measured at 8,848.86 metres (29,032 ft), was first climbed by Sir Edmund Hillary and Sherpa Tenzing Norgay on May 29, 1953. Since then, over 7,000 people have climbed it. A Rotaract couple Pemba Dorjee Sherpa and Moni Mulepati from the Rotaract Club of New Road City made history by exchanging marriage vows and hoisting the Rotary International flag at the summit on 20 May 2005.

The foothills of the Himalayas in Nepal have some 2,700 Buddhist monasteries. The Mt. Everest is also called a 'Mahalangoor Himal', which is some six million years old. Rtn. Shrestha highlighted the serenity, mental and health benefits of trekking in Nepal that is considered a spiritual journey, which rejuvenates one's soul. It detoxifies and recondition the body, which is recommended as unique memories that widens one's thinking horizon. He encouraged trekking to the Everest Base Camp and gave details of the route with a series of photographic views from the trek starting from Lukla airport. The best view of Mt. Everest as the 'solid gold at sunset time' is seen from 'Kala Pathar.'

Rtn. Shrestha explained how Mt. Everest is a precious gift of nature to Nepal that also brings over \$4 million in direct revenue as royalty in addition to all the revenue generated from the climbing and tourist groups coming to Nepal every year. There is also a national park with bird sanctuary that is well-known for rare birds.

Following a Q/A session, on behalf of the RCP family, Rtn. Rabendra R. Pandey gave a 'Vote of Thanks' to Rtn. Maheswor B. Shrestha for the wonderful presentation and encouragement to trek for good health as well as excellent memories. President Rtn. Shiva K. Pradhan also thanked Rtn. Shrestha and presented him with a 'Token of Appreciation' before concluding the session.