

ललित धारा

RI District 3292

Club No. 23126

Chartered: 29 August 1985

President: Shiva K. Pradhan Past President & Editor: Bijaya Mallapaty Past President & Assistant Editor: Chandralekha Kayastha

Issue No. 1488

Date: 11 Poush 2079 / 26 December 2022

Today's Programme:

Election of 2023-2024 Board Members, and
Talk programme by Rtn. Mukti N. Shrestha

Congratulatory Events

Birthdays: Nil
Wedding Anniversaries: Nil

Minutes of Meeting No. 1834

Date: 4 Poush 2079 / 19 December 2022

1. President Rtn. Shiva K. Pradhan called the RCP's Meeting No.1834 to order with 15 seconds of 'Silent Invocation' for world peace, health, and happiness.
2. Guests welcomed by the President: Rtn. Shanker M. Rai, Dr. Kiran Nakarmi, Mr. Hemanta D. Joshi, Dr. Bishal Karki, and Ms. Jenni Khadka from Kirtipur Hospital.
3. The last meeting minutes were reviewed and adopted.
4. 'Happy News' Contributions:
 - Rtn. Gabriele Mallapaty – for 'Happy Birthday', Mr. Kiran Thapa's participation, and the talk programme of the Kirtipur Hospital team (NRs. 1,500).
 - Rtn. Suraj Pradhan – for a successful trip to upper Mustang (NRs. 500).
 - Rtn. Shiva K. Pradhan (NRs. 200), – for today's talk programme by the Kirtipur Hospital team.
 - Rtn. Prakash R. Regmi – for the participation of Mr. Kiran Thapa, today's talk programme, and for his 10-day trip to south India to attend the conference of Cardiologists Society of India (NRs. 1,000).
 - Rtn. Bijaya Mallapaty – for Rtn. Gabriele Mallapaty's birthday, and for today's talk programme (NRs. 1,000).
 - Rtn. Nirmal K. Pradhanang – for the above, and for Mr. Kiran Thapa's participation today (NRs. 600).
 - Rtn. Lalita C. Thapa – for the above, and for a successful joint meeting of four clubs as their AG (NRs. 1,000).
 - Rtn. Ramesh L. Maskay – for 'Happy Landing' from India (NRs. 500).
 - Rtn. Jamuna K. Tamrakar – for becoming the Chair of the committee of Binayak Colony residents (NRs. 500).
 - Rtn. Shiv P. Khemka – for Mr. Kiran Thapa's participation, and for 'Happy Landing' from Bangalore (NRs. 500).
 - Mr. Kiran Thapa – for attending the RCP weekly meeting after a long gap (NRs. 200).
 - Rtn. Kedar B. Shrestha – for good participation in the meeting today (NRs. 500).
5. Other Contributions: Rtn. Nirmal K. Pradhanang contributed NRs. 2,500 to the RCP's PEEF Programme Fund from his participation in the NOH Board. He also briefed about the new Management Board of the NOH with the participation of five members from Nepal Disabled Association.
6. Rotary Information:
 - Rtn. Ganga R. Gautam briefed on the TEACH Committee meeting held earlier today, which developed plans of activities that included visits to the three adopted schools next week, development of a questionnaire by a sub-group, and planning of teacher training, menstrual-hygiene, heart-health, and other training activities after the winter vacation of the schools.
 - Rtn. Nirmal K. Pradhanang updated on the Global Grant Project of Ambulance and Hospital Equipment for the community hospital in Mirge, Dolakha. This N.Rs. 54 Lakh project is progressing well and is expected to be completed within the next three months.
 - President Rtn. Shiva K. Pradhan briefed on his participation at the latest NRCL meeting, and the Adventure Rota Camp being organised by Interact District 3292 during 30 December 2022 to 1 January 2023 at Kakani, Nuwakot.
 - Rtn. Khadak S. Bisht shared the banner of Rotary Club of Tegernsee, Germany, handed over to him by a visiting Rotarian of this club who wanted to join the RCP meeting but was not able to do it.
7. Salutation: By Rtn. Shiva P. Khemka - Rotary Club of Cairns, Queensland, Australia; Chartered: 1930; & Members: 27. District: 9550, Clubs: 49, & Members: 1983. He also gave some highlights of Queensland.

8. Before the adjournment of the meeting, by the President, Secretary Rtn. Khadak S. Bisht announced: happy news and attendance contributions of NRs.11,100 (NRs. 8,000 to the sunshine fund and NRs. 3,100 to the operating fund of the RCP), and the meeting attendance of 1 visiting Rotarian, 5 guests, 25 members, 1 spouse & 9 make-ups.

Rotary Questions/Answers presented by Rtn. Nirmal K. Pradhanang

- Q. Who was the first Assistant Governor appointed from Nepal? **A. Late Rtn. Jogendra Jha.**
- Q. As per Council of Legislation (COL-2016), how many club meetings are mandatory in a month? **A. Two.**
- Q. Who was the first female member of the RCP, when did she join, and who was the President then? **A. Rtn. Sanu Nani Rajkarnikar, in 1991-1992, and during the presidency of late Rtn. H.R. Bajracharya. (She left the club the next year).**

Talk programme by Dr. Shanker M. Rai, Director of Kirtipur Hospital, who was accompanied by his team that included Dr. Kiran Nakarmi, Mr. Hemanta D. Joshi, Dr. Bishal Karki, and Ms. Jenni Khadka on 'Burn care in Nepal'

Rtn. Bijaya Mallapaty introduced the Kirtipur Hospital Team led by its Director Dr. Shanker M. Rai who is also a Rotarian from the Rotary Club of Budhanilkantha. Dr. Rai is a renowned world figure in plastic surgery associated with Interplast International. Under Public Health Concern Trust, Nepal (pfect-NEPAL), Dr. Rai has led the Nepal Burns and Cleft Centre established in 2014 to a full-fledged one hundred bed Kirtipur hospital and training centre. The RCP has been collaborating with the hospital since 2016 with several support projects. The first global grant project (over US \$100,000) was done with international Rotary partners from Italy to improve the intensive care facilities for burn victims. This led to several other collaboration projects with the Italians who were very impressed with the work being done under Dr. Rai's selfless and very able leadership.

Dr. Shanker M. Rai appreciated the collaboration with the RCP and made a very moving presentation, with the support of power-point, on the plight of the burn victims in Nepal. The Kirtipur Hospital has become the foremost teaching hospital for burns and cleft palate surgeries in Nepal and are currently fundraising and preparing to open a second cleft and burn centre in Itahari, Nepal.

Dr. Rai explained that the Kirtipur Hospital is a community teaching hospital, which has introduced many different types of services at free or subsidized rates, particularly for the benefit of the poor and vulnerable from all over Nepal. For burn victims, it is the only referral centre in Nepal with dedicated operation room and care facilities. The Hospital receives interns, fellows, and trainees from different universities and academies within the country and abroad with support to the global south (e.g., Mali, Mozambique, Bhutan) in this field.

Talking about burn care situation in Nepal, Dr. Rai explained what is achieved thus far and what needs to be done. Despite limited data available, available information from 2010 indicated that there are over 55,000 burn incidences every year without counting many cases, which go unreported. Most of these happen in poor communities. The Kirtipur Hospital cleft & burn centre admits largest number of burn victims, some 700 per year. It collaborates with different national and international organisations including Rotary in public awareness programmes, prevention, first aid, skin donations, treatment, and research.

Dr. Rai explained the 'Burn Paradox' as burn care is expensive and, but patients are generally poor. According to WHO, there are about 11 million burn incidences per year globally of which, 95% are in developing countries. In the Nepalese context, there are some 2,100 deaths due to burns annually and yet there is no one specifically responsible for this at the Ministry of Health. He mentioned that more children died of burn injuries than the combined deaths from Tuberculosis, Malaria and HIV/AIDS.

Since the establishment of the Cleft and Burn Centre in 2014, lives of many burn victims have been saved. From a 100% mortality rate of 40+% burn victims, they have been able to save one out of three victims with as much as 55% burns. Annual admission in the Kirtipur hospital has increased from 90 in 2014 to 622 in 2021.

Dr. Shanker M. Rai requested to continue its collaboration with the RCP, to further expand the infrastructure available for burn victims, and also explained its programme of awareness raising for 'skin donations pledge' after death, which would be crucial to save lives.

Following a Q/A session, on behalf of the RCP, Rtn. Mahendra S. Rawal thanked Dr. Shanker M. Rai and his team for the presentation and the wonderful work he and his team are doing. Rtn. Prakash R. Regmi added words of appreciation for the dedicated service under the leadership of Dr. Shanker M. Rai. President Rtn. Shiva K. Pradhan also added his words of thanks before closing the session.