





RI District 3292 Club No. 23126 Chartered: 29 August 1985

President: Shiva K. Pradhan Past President & Editor: Bijaya Mallapaty Past President & Assistant Editor: Chandralekha Kayastha

Issue No. 1503

Date: 4 Baisakh 2080 / 17 April 2023

Date: 27 Chaitra 2079 / 10 April 2023

Today's Programme:

Regular Weekly Meeting with a talk programme by Mr. Saroj Kushwaha on 'Alternative Education'

Congratulatory Events

Birthday:

Rtn. Ganga R. Gautam – 15 April *Wedding Anniversaries*:

Rtn. Mahendra B. and Lalita Thapa – 14 April Rtn. Prakash R. and Upasana Regmi – 15 April

Minutes of Meeting No. 1849

- 1. President Rtn. Shiva K. Pradhan called the RCP's Meeting No.1849 to order with 15 seconds of 'Silent Invocation' for world peace, health, and happiness.
- Guests welcomed by the President: Mr. Sunil Kusuwaha, Mr. Bishnu P. Sigdel, and two representatives of Interact District.
- 3. The last meeting minutes were reviewed and adopted.
- 4. 'Happy News' Contributions:
 - Rtn. Maheswari Bisht Rawal for 'Happy Birthday' in absentia (NRs. 500).
 - Rtn. Nirmal K. Pradhanang for a 'Happy New Year 2080' (NRs. 500).
 - Rtn. Ganga R. Gautam for 'Happy Landing' from a visit to Banasthali Vidyapeeth (a Gurukul type large school for women) near Jaipur, Rajasthan, India (NRs. 500).
 - Rtn. Shiv P. Khemka for the participation of Mr. Sunil Kusuwaha as a guest today (NRs. 500).
 - Rtn. Shiv P. and Preeti Khemka for moving into their new residence (NRs. 2,000).
 - Rtn. Lalita C. Thapa for the participation of M/S Kusuwaha and Sigdel as guests today (NRs. 500).
 - Rtn. Mahendra S. Rawal for the above as his long-time friends (NRs. 500).
- 5. Rotary Information:
 - Rtn. Lalita C. Thapa informed about the District's 'New Member Orientation and Retention Workshop' being held on 15 April 2023 at Hotel Yellow Pagoda. President Rtn. Shiva K. Pradhan had shared the details of this via Viber. RCP participation, particularly new members, were requested to join.
 - Interact District Representative Interact Saphal Shrestha briefed on the Interact District Conference being held at Godawari during 16 to 18 June 2023 and requested for its sponsorship by the RCP. It was noted that the RCP will review this in its Board meeting.
 - Rtn. Mahendra S. Rawal informed about an event with important contribution for an additional building at the Anandakuti Vidyapeeth, which was motivated by the RCP's project with the ERRRP funding in collaboration with the Alumni of that school earlier.
 - Rtn. Nirmal K. Pradhanang informed about the need to postpone the planned trip (handover of the ambulance combined with the RCP's annual family outing) to Mirge by two weeks due to the delay in the arrival of the ambulance for this project.
 - Rtn. Mahendra B. Thapa reminded about the District's request for suggestions to the District By-Laws revision by the clubs duly endorsed by its 'House'. Suggestions were requested, which will be reviewed in the next weekly meeting.
- 6. Salutation: By Rtn. Preeti Khemka Rotary Club of Cuttack, Orissa, India; Chartered: 1945; & Members: 90. District: 3260, Clubs: 129, & Members: 3966. She also shared some information about Orissa.

7. Before the adjournment of the meeting by the President, Secretary Rtn. Khadak S. Bisht announced: happy news contributions of NRs. 8,000 (NRs. 5,000 to the Sunshine Fund and NRs. 3,000 to the Operational Fund of the RCP), and the meeting attendance of 2 guests, 2 Interacts, 18 members and 10 make-ups.

Rotary Questions/Answers presented by Rtn. Kedar B. Shrestha

- Q. When and where did RI establish its regional office in Asia for the first time?

 A. In 1984 in New Delhi, India.
- Q. Rotary has seven regional offices. Name the countries where Ri's regional offices are located.
- A. Australia, Brazil, India, Japan Korea, Argentina, and Switzerland.
- **Q**: What is the new term used for District Assembly as per the decision of COL 2013? **A**. District Training Assembly.

Classification Talk Programme of Rtn. Kuldeep R. Tuladhar

Rtn. Kuldeep R. Tuladhar is a civil engineer who graduated from Indian Institute of Technology and did his Masters in Sanitary Engineering with DELPHI technique. He is married and has a son and a daughter.

Following his work in water and sanitation with UNICEF and WHO in Rasua, Nuwakot and the eastern parts of Nepal, the devastating impact of the 2045 B.S. earthquake in the schools brought him back to work in structural engineering.

During 2000 to 2010 A.D., Rtn. Tuladhar did a lot of renovation and retrofitting of old buildings. His work in renovating the UNICEF regional office for South Asia (ROSA) was proven successful as the 2015 earthquake did not damage it. Other old building he renovated and retrofitted such as the FEDEX building provided shelter during the 2015 earthquake.

He came in contacts with the Anandakuti Vidyapeeth and studied it to find that more than the earthquake, poor maintenance was the reason for the damages. He found low-cost retrofitting solutions for the Rotary and Anandakuti Alumni Association's joint project to renovate and retrofit the 'Mudita Bhawan', which was successfully competed in one year. Motivated with the success of this project, other buildings at Anandakuti Vidyapeeth have been retrofitted with voluntary contributions raised.

With his experience of renovating and retrofitting the old buildings, Rtn. Tuladhar concludes that this is a good option and costs only between 30 to 40% of demolition and building anew. He provided the details on renovation and retrofitting possibilities for older buildings in Nepal. The mud and mortar old building are very much suitable for renovation and retrofitting at lower cost. These are long lasting as the current trend of concrete buildings only last up to 50 years. It has also been experienced that having wells in the opposite direction of the buildings also make the buildings earthquake resistant.

Following a Q/A session, President Rtn. Shiva K. Pradhan concluded the session thanking Rtn. Kuldeep R. Tuladhar for his classification talk programme of today.

Rotary Information

Rotary convention speakers envision a more peaceful, equitable world

The keynote speakers at the 2023 Rotary International Convention are transforming health care, rethinking cities, advancing the cause of peace, and working to protect our environment. They share a vision of a more sustainable, equitable world. When they take the stage in Melbourne, Australia, 27-31 May, they'll tell how that vision can be realized – not just in the years to come, but right now.

For more details with a full list of convention speakers, please see rotary.org