

**Issue No. 1599**

**Date: 11 Chaitra 2081 / 24 March 2025**

<p><b><u>Today's Programme:</u></b></p> <p>Regular Weekly Meeting with the 5<sup>th</sup> Club Assembly</p>	<p><b><u>Congratulatory Events</u></b></p> <p><b><u>Birthdays:</u></b> Rtn. Lalita C. Thapa – 19 Mar. Rtn. Bishnu P. Sigdel – 24 Mar. <b><u>Wedding Anniversaries:</u></b> Nil</p>
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**Minutes of Meeting No. 1943**

**Date: 4 Chaitra 2081 / 17 March 2025**

- President Rtn. Preeti Khemka called the RCP's Meeting No. 1943 to order with 15 seconds of 'Silent Invocation' for world peace, health, and happiness.
- Guests welcomed by the President: Chief Guest Assistant Governor Rtn. Suresh Acharya; Vocational Award recipients Dr. Rabindra Bhakta Timala and Ms. Sirjana (Sizzu) Oli with their families and colleagues; Rtn. Ewerhard Engels from RC Tegernsee, Germany; guests and RCP family.
- The last meeting minutes of the RCP were reviewed and adopted.
- Happy News Contribution Pledges:
  - Rtn. Siba B. Rajbhandary – for receiving the 'USA-Nepal Humanitarian Service Award' from RI District 7475, New Jersey, USA, PDG Rtn. Tulsi R. Maharjan in a ceremony at St. Xavier's School on 8 March 2025 (Rs. 5,000). President Rtn. Preeti Khemka, on behalf of all the RCP family, congratulated Rtn. Rajbhandary for receiving this honour.
  - Rtn. Krishna Hachhethu – for having the family visit from elder daughter with grandchildren (Rs. 1,000).
  - Rtn. Som Paneru – for 'Happy Landing' from the USA, daughter's 16<sup>th</sup> 'Happy Birthday', and visiting Chitwan for parents 84<sup>th</sup> 'Happy Birthday' (Rs. 1,500).
  - Rtn. Sandhya Regmi – for daughter's 21<sup>st</sup> and her own 'Happy Birthday' (Rs. 1,000).
  - Rtn. Shiva K. Pradhan – for 'Happy Wedding Anniversary' (Rs. 500).
  - Rtn. Chandralekha Kayastha – for the 2<sup>nd</sup> 'Janko' of her spouse Rtn. Matsyendra L. Kayastha together with herself (Rs. 2,000).
  - Rtn. Maheswari Bisht Rawal – for the RCP's 'Vocational Service Award' received by Ms. Sirjana Oli (Rs. 500).
  - Rtn. Nirmal K. Pradhanang – for 'Happy Birthday' of grandson and today's Vocational Awards (Rs. 1,000).
  - Rtn. Prakash R. Regmi – for today's Vocational Awards (Rs. 500).
  - Rtn. Rabendra R. Pandey – for today's Vocational Awards (Rs. 1,000).
  - Rtn. Preeti Khemka – for the above and for the participation of Rtn. Matsyendra L. Kayastha today (Rs. 1,000).
  - Rtn. Ganesh R. Shrestha – for officiating as 'Secretary' today (Rs. 500).
- Other Contributions: Rtns. Matsyendra L. and Chandralekha Kayastha family, and Rtn. Rabendra R. Pandey announced the contribution of one laptop each for the two RCP recommended students studying at Ullens School under full scholarship.
- Rotary Information: President Rtn. Preeti Khemka reminded about the forthcoming District Conference being held during 21-23 March with a large participation from the RCP. Any additional member wishing to participate may also join with on-the-spot registration.
- Before the adjournment of the meeting, Joint Secretary Rtn. Ganesh R. Shrestha announced: happy news contributions of Rs. 15,500 to the sunshine funds and Rs. 6,700 for the operational funds of the RCP; meeting attendance of 18 guests, 29 members, 4 spouses, and 6 make-ups.

## Summary of RCP's '14<sup>th</sup> Vocational Award Programme'

President Rtn. Preeti Khemka welcomed all to this annual programme of the RCP and Rtn. Prakash R. Regmi, Coordinator of the Vocational Awards Committee with the membership of Rtns. Rabendra R. Pandey and Nirmal K. Pradhanang, conducted the programme.

On behalf of the RCP, Rtn. Regmi welcomed the Chief Guest - Assistant Governor Rtn. Suresh Acharya, Awardees Dr. Rabindra Bhakta Timala and Ms. Sirjana (Sizzu) Oli, and all the participants on this occasion.

Rtn. Regmi and Rtn. Pandey briefed about the Rotary's Vocational Awards and the RCP's celebration of it for the last 14 years recognising and honouring outstanding contributors in the fields of health, journalism, and disability. The RCP honours them with a 'Token of Appreciation' and a cash prize of Rs. 25,000 each. This year the two recipients of the awards are from the health and journalism fields. The RCP celebrates their spirit of service, dedication, and excellence in the respective fields as an inspiration to all.

**Dr. Rabindra Bhakta Timala** was introduced by Rtn. Regmi. After MS (General Surgery) he did several Fellowships in the USA in Adult Cardiovascular Surgery, Paediatric/Congenital Heart Surgery and General Thoracic Surgery. He is currently a Senior Consultant Cardiac Surgeon, Chief Paediatric and Congenital Heart Surgery Unit at Shahid Ganga Lal National Heart Centre. Writer of numerous publications and recipient of several awards in his field, Dr. Timala is renowned for successfully performing many first successful cardiac surgeries in Nepal. Many of these complex surgeries, e.g. Heart Valve repair, particularly on children, have been his noteworthy contributions in the health field.

**Ms. Sirjana (Sizzu) Oli** was introduced by Rtn. Pradhanang. Born in 1997, she did her B. Sc. In Forestry, but her interests took her to social media where she became famous as a YouTuber and a Blogger. With deep interest in exploring and documenting Nepal and its beauty through adventurous video blogging (Vlogging), and skills in photography and videography, she has created engaging vlogs that blend trekking, solo travel, and social work. Her work in the far west region of Nepal has not only inspired others to explore and connect with nature but is also promoting tourism in Nepal's rich remote areas. Recipient of several awards for her social work, she has been featured by many media outlets with very large viewership.

The team of Chief Guest AG Rtn. Suresh Acharya, Charter Secretary & PP Rtn. Matsyendra L. Kayastha, President Rtn. Preeti Khemka and Awards Coordinator Rtn. Prakash R. Regmi presented the RCP's Vocational Awards of this year to Dr. Timala for his outstanding contributions in the health field and to Ms. Oli for her exceptional contributions in journalism field using the modern means of media. The family and teams of Dr. Timala and Ms. Oli were all acknowledged for their encouragement and support.

Acknowledging the honour bestowed upon them by the RCP, both Awardees appreciated the RCP's recognition. Dr. Timala gave a brief power-point presentation outlining the issues related to congenital heart diseases, how to further improve the situation in Nepal and the role of Sahid Ganga Lal National Heart Centre in this field. And Ms. Oli showed a short video of the Karnali region with its natural richness and beauty, which motivated her to devote her efforts in the region using the modern media techniques.

Chief Guest AG Rtn. Suresh Acharya appreciated the RCP's Vocational Awards and congratulated both the Awardees and wished them continued progress in their efforts. President Rtn. Preeti Khemka added her own words of appreciation and congratulations, concluded the session, and invited all the participants in the fellowship 'high tea'.

*Post meeting: Kantipur online posted the news on the above on the same day saying 'Rotary, which believes that there is no self-interest above service, has been rewarding those who do charity work while maintaining honesty, dedication, and high moral values in various professions.'*



### May the Laugh Bug Bite You 😄😄😄😄😄

*Three drunk guys entered a taxi. The taxi driver knew that they were drunk, so he started the engine and turned it off again. Then said, "We have reached your destination". The 1<sup>st</sup> guy gave him money & the 2<sup>nd</sup> guy said, "Thank You". The 3<sup>rd</sup> guy slapped the driver. The driver was shocked thinking the 3<sup>rd</sup> drunk knew what he did. But he asked, "What was that for?". The 3<sup>rd</sup> guy replied, "Control your speed next time, you nearly killed us".*