

Issue No. 1608

Date: 12 Jestha 2082 / 26 May 2025

<p><u>Today's Programme:</u></p> <p>Regular Weekly Meeting</p>	<p><u>Congratulatory Events</u></p> <p><u>Birthdays:</u> Rtn. Matsyendra L. Kayastha – 25 May Rtn. Kamala Maharjan – 29 May <u>Wedding Anniversaries:</u> Nil</p>
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Minutes of Meeting No. 1952

Date: 5 Jestha 2082 / 19 May 2025

1. President Rtn. Preeti Khemka called the RCP's Meeting No. 1952 to order with 15 seconds of 'Silent Invocation' for world peace, health, and happiness.
2. Guests welcomed by the President: Rotaract Club of Patan President Elect Rtr. Nirdesh Subedi.
3. The last meeting minutes of the RCP were reviewed and adopted.
4. Happy News Contribution/Pledges:

Rtns. Bijaya & Gabriele Mallapaty – for 'Happy Landing' from Germany and for their daughter Smriti's getting a one year fully sponsored science journalism fellowship at MIT/Harvard, USA (Rs. 1,000 each).

- Rtn. Kamal Nyachhyon (Rs. 500), Rtn. Ganesh R. Shrestha (Rs. 500), Rtn. Shiv P. Khemka (Rs. 500), Rtn. Maheswari Bisht Rawal (Rs. 500), Rtn. Prakash R. Regmi (Rs. 500), Rtn. Kedar B. Shrestha (Rs.1,000), Rtn. Khadak S. Bisht (Rs. 500), and Rtn. Preeti Khemka (Rs.500) - for the excellent Health Camp and RHD screening done jointly by the RCP and Nepal Heart Foundation in Jajarkot, Rukum West (Musikot), Rukum East (Rukumkot), and Salyan (Kapurkot) in western Nepal.
- Rtn. Lalita C. Thapa – for the organ transplant campaign being done by Dr. Pukar C. Shrestha for which she also contributed Rs. 10 Lakh (Rs. 500).
- Rtn. Bijaya L. Shrestha – for conducting trainings for Inner Wheels in Butwal and Kathmandu (Rs. 500).
- Rtn. Mahendra B. Thapa – for joining the RCP's regular weekly meeting after some time (Rs. 500).

5. Other Contributions:

- Rtn. Lalita C. Thapa handed over the contribution of Rs.60,000 pledged earlier by Mr. Kabir B. Chitrakar to support 'Snehi Kaakha' through the RCP.
- Rtn. Bijaya Mallapaty and Rtn. Ramesh L. Maskay handed over the contributions of Rs. 70,000 and Rs. 5,000 respectively pledged earlier for this year's Animal Welfare for Public Health activity.
- During the Health Camp and RHD screening trip to western Nepal the following contributions were pledged:
 - Rtn. Bishwa B. Sharma to Nepal Heart Foundation for RHD Fund Rs. 100,000
 - Rtn. Kamal B. Nyachhyon to Nepal Heart Foundation for RHD Fund Rs. 100,000. He will also sponsor two patients from the village for treatment in Kathmandu.
 - Rtn. Kedar B. Shrestha to Nepal Heart Foundation for RHD Fund Rs. 100,000

6. Rotary Information:

- Rtr. Nirdesh Subedi and Rtn. Maheswari Bisht Rawal briefed on the planned Rotaract activity sponsored by Rtn. Rabendra R. Pandey through the RCP to provide cooking utensils for the senior citizens in the 'Bihar' in Thecho on Thursday, 22 May 2025. Interested RCP members were requested to participate in this activity.
- Rtr. Subedi also informed about his studies in the School of Management of Kathmandu University for which he is doing a community service activity for two weeks in a Birgunj school together with a team of four other students. He would appreciate any support from the RCP members for this activity.

- President Elect Rtn. Khada S. Bisht:
 - Updated on the District Directory with the status of RCP members' information being provided for the Club Roster revision.
 - Confirmed that the new dates of the SQC (Student Quality Circle) activity at Siddhi Mangal School will be 23-25 May 2025.
 - Informed that the Animal Welfare for Public Health activity will now be for 100 dogs in 2 phases starting on 29 May 2025.
 - Reminded all on the District Grant Management Seminar and District Learning Assembly being held on 23 and 24 May 2025 respectively and requested for good participation from the RCP. He also requested participation in the Grant Management Seminar particularly from the new members.

Rtn. Lalita C. Thapa also encouraged all to use 'My Rotary' for self-learning on all the important topics of Rotary that is continuously revised.

- **Health Camp and RHD screening Trip of the RCP and Nepal Heart Foundation to the Western Nepal during 11-18 May 2025:** Under the leadership of Rtn. Prakash R. Regmi this excellent trip was accomplished. Rtn. Regmi briefed on the entire trip. Members who joined from the RCP - Rtns. Ganesh R. Shrestha, Maheswari Bisht Rawal, Khadak S. Bisht, Bishwa B. Sharma, Kamal B. Nyachhyon, Kedar B. Shrestha gave their feedback and impressions from the trip. Everyone was full of praise for this wonderful community service activity of the RCP in close collaboration with Nepal Heart Foundation in several rural areas of western Nepal. Rtn. Maheswari even read out a poem in Nepali she wrote in appreciation of the trip.

The trip covered:

(a) In Jajarkot Health Camp, 875 patients were examined of which 500 were heart and 375 other patients. The patients also received 5 Lakh Rupees worth of free medicines.

(b) On RHD screening:

- In Rukum West (Musikot) in 17 schools, 5,424 children were examined.
- In Rukum East (Rukumkot) in 21 schools, 4,846 children were examined.
- In Salyan (Kapurkot) in 22 schools, 3,626 children were examined.

In total in 60 schools, 13,896 children were examined with findings of 21 RHD, 51 Congenital Heard Disease and 15 cases requiring surgery who will be called to Kathmandu.

The group was divided in two teams of doctors and volunteers who were supported by local government authorities and health professionals with exceptionally good partnership to care for the needy in the most remote areas. RCP/Nepal Heart Foundation's work on RHD screening and awareness-raising done earlier seem to be having positive results. This time around, reduction in RHD was noted while diabetes was seen to be increasing substantially. Immediate treatment of heart attack patients (injection) was also advocated for the future. Finally, the excellent collaboration between the RCP and Nepal Heart Foundation was appreciated by all with suggestions to further strengthen it.

On behalf of the RCP family, President Rtn. Preeti Khemka thanked Rtn. Regmi and the entire team for such an outstanding community service.

7. Before the adjournment of the meeting by the President, Secretary Rtn. Ganga R. Gautam announced: happy news contributions of Rs. 8,000 to the sunshine funds and Rs. 5,150 for attendance (including for one mobile ring) to the operational fund of the RCP, and attendance of 1 Rotaract, 25 members, and 9 make-ups.

Rotary Questions/Answers presented by Rtn. Mahendra B. Thapa

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| Q. What is the full form of IPC? | A. International Polio Plus Committee |
| Q. Who is the first Paul Harris Fellows? | A. Allison Brush |
| Q. When was the Rotary Leadership Institute initiated & by whom? | A. In 1992 by David Linett in District 7510 |