

**Issue No. 1650**

**Date: 9 Chaitra 2082 / 23 March 2026**

<p><b><u>Today's Programme:</u></b></p> <p>Regular Weekly Meeting with a talk programme by Ms. Dipika Shrestha of 'Sakal Pariwartan Company' on environment friendly products</p>	<p><b><u>Congratulatory Events</u></b></p> <p><b><u>Birthdays:</u></b> Rtn. Lalita C. Thapa – 19 Mar. Rtn. Bishnu P. Sigdel – 24 Mar. <b><u>Wedding Anniversaries:</u></b> Nil</p>
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**Minutes of Meeting No. 1993**

**Date: 2 Chaitra 2082 / 16 March 2026**

1. President Rtn. Khadak S. Bisht called the RCP's Meeting No. 1993 to order with 15 seconds of 'Silent Invocation' for world peace, health, and happiness.
2. Guests welcomed by the President: Rtn. Rama Kandel, Past President of RC Bagmati, Kathmandu; and Rtn. Harsha R. Shakya, Charter President of RC New Road.
3. The last meeting minutes of the RCP were reviewed and adopted.
4. Happy News Contributions:
  - Rtn. Bijaya Mallapaty – for being elected as Chairperson of the Board of Nepal Youth Foundation, Nepal (Rs. 1,000).
  - Rtn. Rama Kandel – for her 'Happy 36<sup>th</sup> Wedding Anniversary' on 13 March (Rs. 1,000).
  - Rtn. Lalita C. Thapa – for today's programme (Rs. 200).
  - Rtn. Rabendra R. Pandey – for participating virtually in RC Kasthamandap organised ICM on Artificial Intelligence on 14 March, and for the classification talk of Rtn. Shikha Prasai today (Rs. 1,000).
  - Rtn. Sandhya Regmi – for today's classification talk, and for receiving a certificate for her paper on 'New Trends in Data Analysis & Research' (Rs. 500).
  - Rtn. Nirmal K. Pradhanang – for his 'Happy Wedding Anniversary' 'ha.ba.' (Rs. 1,000).
  - Rtn. Harsha R. Shakya – for participation in today's meeting (Rs. 1,000).
  - Rtn. Shiv P. Khemka – for his participation in the ICM on Artificial Intelligence mentioned earlier, and for today's classification talk (Rs. 1,000).
  - Rtn. Bishnu P. Sigdel – for the classification talk and the participation of Rtn. Shakya today (Rs. 500).
  - Rtn. Shikha Prasai – for her classification talk with the participation of guests today (Rs. 1,500).
  - Rtn. Khadak S. Bisht – for having the guests today and for the classification talk of Rtn. Prasai (Rs. 1,000).
5. Other Contributions:
  - Rtn. Sandhya Regmi contributed Rs. 5,000 to the RCP's 'Animal Welfare for Public Health' activity of this Rotary Year as pledged earlier.
  - Rtn. Lalita C. Thapa pledged Rs. 5,000 for the RCP's 'Animal Welfare for Public Health' activity of this year.
  - President Rtn. Khadak S. Bisht encouraged members to pledge for the above to reach the tentative budget of Rs. 300,000 of which the RCP members have already pledged Rs. 240,000.
6. Rotary Information:
  - President Rtn. Khadak S. Bisht:
    - Briefed on the excellent 'Inter-City Meeting' organised by RC Kasthamandap, in collaboration with the District ICM Committee on the 'Fundamentals of Artificial Intelligence and its Societal Impact' held on 14 March 2026'. With the participation of 15 from the RCP (both physically and virtually) the RCP also was one of the co-hosts. Participants also received a 'Certificate of Participation'.

- Informed about his participation together with Rtn. Rabendra R. Pandey in the RC Himalayan Golfers' meeting.
  - Informed about a 'Motor Rally' being organised by RC Bagmati on 16 April, a day before the start of the District Conference being held during 17-19 April 2026 in Pokhara. The RCP would also have a presentation during the District Conference by Rtn. Prakash R. Regmi on RHD prevention.
- Rtn. Mahendra S. Rawal informed about the hearing awareness program at Siddhimangal School on the occasion of 'World Hearing Day – 17 March' jointly organized by the B. P. Eye Foundation and RC - Patan. He also requested participation in the event by interested members.
  - Rtn. Lalita C. Thapa, Chairperson of the committee on 'Celebrating the lives of late Rotarians', briefed on the revised concept note shared electronically for the consideration and comments of RCP Members.
  - Rtn. Rama Kandel, PP RC Bagmati, Kathmandu, briefed on her association with Rotary since joining it in 2009 in various positions with the District. She was also honoured with 'Outstanding President of the Year Award' in 2016-2017.
  - Rtn. Harsha R. Shakya, Charter President of RC New Road, briefed on his Rotary journey since he joined it in 1997. He has been active in various District positions and is currently a member of the District Advisory Council.
7. Before the adjournment of the meeting, Secretary Rtn. Bishwa B. Sharma announced: happy news contributions of Rs. 9,700 to the sunshine fund and Rs. 3,800 for attendance to the operational fund of the RCP, and the meeting attendance of 2 visiting Rotarians, 19 members, & 12 make-ups.

### **Summary of classification talk of Rtn. Shikha Prasai**

President Rtn. Khadak S. Bisht welcomed Rtn. Shikha Prasai and Rtn. Lalita C. Thapa introduced her.

Rtn. Shikha Prasai (Rotary Classification: Medica and Communication) is the Executive Director of Interface Nepal Network with over 2 decades of leadership experience in Strategic Communication. 'TOUGHtalk' is one of the flagship programme of which she is the Executive Producer. 'Haatma', a news aggregator app launched in October 2025, is her latest project initiated to respond to the needs of credible news.

Rtn. Prasai did her postgraduate in political science from TU and a Graduate Certificate in Peace Building from the School for International Training, USA. Rtn. Prasai is married and has a daughter and a son.

Rtn. Prasai, a second-generation Rotarian in RCP, mentioned about her upbringing with Rotary values as both her late parents were the RCP's PHF members. She is a Founding Member of the Prajapati Prasai (PPP) Foundation. She briefed on her engagement with the social causes with informed civic engagement in philanthropic work. She is eager and committed to do more social work, including through the RCP.

Rtn. Prasai continued her classification talk with a power point presentation as well as a video clip on 'Gender based violence' in Nepal. The video highlighted deep-rooted social ills of gender-based violence in the Nepalese communities and the continued need for societal work to improve these conditions of exploitation of women. She mentioned about her early career with research work Peace Corps in 'Women's Inspiration' work, and her work in the tourism sector in the family business through Natraj Tours and Travels. With Interface Network since 2003, she has been working to make a difference through media advocacy, public engagement, civic accountability social dialogue and discourses.

Rtn. Prasai is a founder member of 'ASMAN', an association of St. Mary's Alumni, Nepal, since 1990. She is proud to be a Rotarian and a member of the RCP and looks forward to advancing her societal engagements further.

President Elect Rtn. Shiv P. Khemka gave a 'Vote of Thanks' for her classification talk on behalf of the RCP family and President Rtn. Khadak S. Bisht concluded the session with his own words of thanks and congratulations.

President Rtn. Bisht also acknowledged the presence of visiting Rotarian friends and honoured them with the RCP's 'Token of Appreciation'.