

Issue No. 1658

Date: 11 Jestha 2083 / 25 May 2026

<p><u>Today's Programme:</u></p> <p style="text-align: center;">Regular Weekly Meeting</p>	<p style="text-align: center;"><u>Congratulatory Events</u></p> <p style="text-align: center;"><u>Birthdays:</u> Nil</p> <p style="text-align: center;"><u>Wedding Anniversaries:</u> Nil</p>
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Minutes of Meeting No.2001

Date: 4 Jestha 2083 / 18 May 2026

1. President Rtn. Khadak S. Bisht called the RCP's Meeting No. 2001 to order with 15 seconds of 'Silent Invocation' for world peace, health, and happiness.
2. Guests welcomed by the President: Guest Speaker Dr. Pradip P. Upadhyay; Rtn. Ewerhard Engels from RC Tegernsee, Germany with two additional guests Mr. Bene Zirnbauser and Mr. Marc Parisotto.
3. The last meeting minutes of the RCP were reviewed and adopted.
4. Happy News Contribution pledges:
 - Rtn. Lalita C. Thapa – for having Dr. Pradip P. Upadhyay as the guest speaker of today, and for the visit of sisters from New Zealand (Rs. 500).
 - Rtn. Piyush B. Bajracharya – for Rtn. Maheswari Bisht Rawal doing the 'Sunshine Fund' collection (Rs. 500).
 - Rtn. Bishnu P. Sigdel – for today's meeting (He noted that he didn't get Taiwan visa for RI convention (Rs. 500).
 - Rtn. Shiv P. Khemka – for today's meeting with the guest speaker (Rs. 500).
 - Rtn. Prakash R. Regmi – for the highly successful Health Camp and RHD screening in 8 eastern districts with Nepal Heart Foundation for a week, and for being a speaker at the District Road Safety Event (Rs. 950).
 - Rtn. Khadak S. Bisht – for today's meeting with the guest speaker (Rs. 500).
 - Rtn. Maheswari Bisht Rawal – for the Health Camp and RHD screening in 8 eastern districts with Nepal Heart Foundation, and for being a panellist at the District Road Safety Event (Rs. 500).
5. Rotary Information:
 - Rtn. Prakash R. Regmi briefed on the highly successful Health Camp and RHD screening of school children in partnership with Nepal Heart Foundation in eight eastern districts of Nepal. A total of 18 participants joined the week-long trip, which included 8 medical doctors, 4 technical staff, 4 volunteers and 2 Rotarians. RHD screening of 19,718 children was done in 66 schools resulting in the diagnosis of 94 positive cases of which 34 needed surgery. The surgery cases have been referred to the Ganga Lal Hospital. Free treatment of the referred cases would be done by Nepal Heart Foundation. Of these, the Rotary District Grant would cover the cost of RHD screening of 3000 students including the free referral costs of 12 cases. Similarly, health camps sponsored by the RCP/Nepal Heart Foundation examined 533 patients with 256 ECGs and 188 ECHO done. A total of Rs. 500,000 worth of medicines were given to needy patients by Nepal Heart Foundation. The entire trip was marked with dedicated hard work and productivity as well as excellent fellowships including meetings with the Nepal Heart Foundation officials at the district level in all the districts.

Rtn. Maheswari Bisht Rawal reported on the socio-economic conditions of the deprived community and their heart-breaking conditions, particularly children having to live with relatives and labourers in dire conditions. Advise were given to the parents on available free treatments for children.

 - President Rtn. Khadak S. Bisht:
 - Briefed on the successful 'Road Safety Week' activities held during 13 to 19 May 2026 in collaboration with the Rotary District and Nepal Police, wherein he also gave a welcome statement. Rtn. Prakash R. Regmi was a speaker and Rtn. Maheswari Bisht Rawal was a panellist for this programme.
 - Informed on the Animal Welfare for Public Health activity of the RCP held in Bhattedanda with over 75 dogs' sterilization, vaccination, and deworming. More details will be forthcoming.

- Informed about the receipt of District Goals for RY 2026-2027 and requested all committee chairs to take these into account in making suggestions to the President Elect on Club goals.
 - Briefed on the 'Charity Golf Tournament' being held by ADSoN on 23 May 2026 in Gokarna Golf resort in support of people with disabilities and requested for participation from the RCP.
 - President Elect Rtn. Shiv P. Khemka requested participation in the forthcoming Grant Management Seminar (GMS) and Club Leadership Learning Seminar (CLLS) being held on 29 May and 30 May respectively. Details of both the events have already been shared by e-mail.
 - Rtn. Mahendra S. Rawal reminded on the 'Essay competition' in the RCP's four adopted schools in collaboration with Heart Club, Nepal, being completed by the end of Asadh 2083. Similarly, the cyber security awareness programme in collaboration with the Nepal Police, Cyber Bureau, in these adopted schools from 22 May 2026.
 - Coordinator of Vocational Awards committee of the RCP Rtn. Prakash R. Regmi informed that this year's award programme will be held on Monday, 1 June 2026.
6. Before the adjournment of the meeting, Secretary Rtn. Bishwa B. Sharma announced: happy news contributions of Rs. 3,950 to the sunshine fund of the RCP, and Rs. 6,100 (including Rs. 200 for 'Rotary Pin control' from 4 members) for attendance to the Operational Fund of the RCP, and the meeting attendance of 1 guest speaker, 1 guest Rotarian, 2 guests, 22 members and 10 make-ups.

Summary of the talk programme by Guest Speaker
Dr. Pradip Prasad Upadhyay from SETCO on 'Education for Deprived Children
(Empowering Youth through Personality Development)

President Rtn. Khadak S. Bisht started the talk programme welcoming Dr. Upadhyay and Rtn. Lalita C. Thapa introduced him.

Dr. Pradip Prasad Upadhyay is a regional planning expert with thirty years of service in Nepal's National Planning Commission with experience as the Director of the National Development Volunteers Service (1998-2006). He has served as the Principal of Camad College (2009 – 2015). Currently, he leads the Development Resource and Training Centre (DRTC) as its Managing Director, chairs the Shivamaya Educate the Children Organisation (SETCO), and acts as Chief Editor of the CAMAD - A Journal of Administration, Management and Development.

Dr. Upadhyay made his presentation with the support of power point (a copy has been shared with all electronically) giving a comprehensive brief on SETCO, which empowers underprivileged youth in the Bagmati Rural Municipality of Lalitpur, Nepal. Targeting highly resource-poor areas, the organisation prioritizes vulnerable demographics, with its sponsored student base comprising 66% girls and roughly two-thirds from the marginalized Tamang community.

SETCO delivers its mission through four primary programmes: Scholarships - Scaled from 10 students in 2002 to 150 in 2026, offering tiered financial aid across basic, secondary, and college levels. Personality Development Training - Bi-annual academic packages in English, Math, Nepali, and Computer skills that show proven pre- to post-test score improvements. Teacher Training - Participatory workshops aimed at upgrading local classroom instruction quality. Food Support - Periodic distribution of nutritional packages to family households. For the 2024/25 fiscal year, SETCO mobilized Rs 3.5 million, drawing 75% from external donors and 25% from local resources.

Operational longevity is secured by a Rs 4 million Endowment Fund. While SETCO enjoys deep community trust and strong infrastructure, a SWOT analysis reveals a vulnerability to external funding dependence. Sustained impact relies on continuing regular school monitoring, social audits, and diversifying donor partnerships.

On behalf of the RCP, President Elect Rtn. Shiv P. Khemka gave a 'Vote of Thanks' to Dr. Upadhyay for his excellent presentation and the admirable social service he and SETCO is doing, particularly in the education of the deprived community's children similar to the efforts of the RCP through its PEEF programme.

Following a Questions/Answers session, President Rtn. Bisht concluded the talk programme with his own words of thanks and the presentation of a 'Token of Appreciation' from the RCP.