

Issue No. 1668

Date: 18 Shrawan 2083 / 3 August 2026

Today's Programme:

Regular Weekly Meeting

Congratulatory Events

Birthdays & Wedding Anniversaries:

Nil

Minutes of Meeting No.2011

Date: 11 Shrawan 2083 / 27 July 2026

1. President Rtn. Shiv P. Khemka called the meeting no. 2011 to order with 15 seconds of 'Silent Invocation' for world peace, health, and happiness.
2. Guests welcomed by the President: Rtn. Dinesh Manandhar from RC Patan South, Rtn. Sarojani Sherchan (spouse of PDG Rtn. Rajendra Sherchan), Mr. Dev B. Basnyat from Heart Club, Nepal, Ms. Ranjana Dhungel and Ms. Parbati Raut Dangol, former Rotaract President Peshal Bhattarai, and daughter of Rtn. Sandhya Regmi Ms. Adwiteeya Shiwakoti.
3. The last meeting weekly minutes number 2010 of the RCP were reviewed and approved.
4. Happy News Contributions:
 - Rtns. Bijaya and Gabriele Mallapaty – for their son Ajaya in the USA successfully completing half 'Iron Man' race comprising of swimming, biking, and running with a total of 70.3 miles (Rs. 1,000 each).
 - Rtn. Lalita C. Thapa – for the participation of Ms. Sarojani Sherchan, spouse of PDG Rtn. Sherchan (Rs. 1,000).
 - Rtn. Nirmal K. Pradhanang – for the successful completion of an essay competition in RCP's adopted schools, and the participation of the guests today (Rs. 500).
 - Rtn. Kedar B. Shrestha – for former Rtn. Bharat N. Joshi's rejoining of the RCP (Rs. 500).
 - Rtn. Prakash R. Regmi – for the participation of niece Adwiteeya Shiwakoti today (Rs. 500).
 - Rtn. Piyush B. Bajracharya – for recovery of health of Mrs. Rawal, spouse of Rtn. Mahendra S. Rawal (Rs. 500).
 - Rtn. Shiv P. Khemka – for Rtn. Bharat N. Joshi's re-joining the RCP, today's presentation, and filling of the RCP's Vice-President's position by Rtn. Lalita C. Thapa (Rs. 1,000).
 - Rtn. Krishna Hachhethu – for garlanding the President today (Rs. 500).
 - Rtn. Shikha Prasai – for the participants of all the guests today (Rs. 500).
 - Rtn. Sarojani Sherchan – for her participation in today's meeting (Rs. 1,000).
 - Rtn. Sandhya Regmi – for her presentation and participation of guests today (Rs. 500).
5. Other Contributions:
 - Rtn. Sandhya Regmi contributed Rs. 15,000 towards the 'high tea' of today's meeting.
6. Rotary Information:
 - President Rtn. Shiv P. Khemka and Rtn. Mahendra S. Rawal briefed on the start of the 10-day training for persons with disabilities on 'Mushroom Farming' at Kushadevi, Panauti held on 27 July 2026 and requested members to join in the closing ceremony. This is the 4th batch of PWDs being trained under the 'STAR' project in Bandipur. More details being shared through Viber message.
 - President Rtn. Shiv P. Khemka:
 - Informed about the completion of the heart-screening project District Grant and the submission of the final report in this regard.
 - Requested members to submit articles for the Lalitdhara Souvenir and support with sponsorships for advertisements as requested earlier.
 - Requested participation in the installation ceremony of the Interact Club of St. Xaviers being held on 7 August 2026.

7. Rtn. Kedar B. Shrestha conducted the 'Oath of Office' (and pinning of the Rotary Pin) of Vice President Rtn. Lalita C. Thapa for the Rotary Year 2026-2027. President Rtn. Khemka thanked her for volunteering to fill the position, which became vacant recently.
8. Before the adjournment of the meeting, Secretary Rtn. Krishna Hachhethu announced: happy news contributions of Rs. 8,500 to the Sunshine Fund and Rs. 5,700 for attendance to the Operational Fund of the RCP, and the meeting attendance of 2 Visiting Rotarians, 4 guests, 1 former Rotaract, 20 members, and 9 make-ups.

Summary of the classification talk programme of Rtn. Sandhya Regmi on 'Keys to Successful Project Management in the Construction Industry'

President Rtn. Shiv P. Khemka welcomed Rtn. Sandhya Regmi with a brief introduction. Rtn. Sandhya Regmi then delivered a comprehensive presentation titled 'Keys to Successful Project Management in the Construction Industry' drawing from her extensive national and international experience in the field. The presentation covered applicability across railway, highway, hydropower, bridge, and tunnel construction.

Rtn. Regmi explained the five essential phases of a construction project: namely Planning (Concept), Design & Preparation, Procurement/Tendering, Construction & Supervision, and Operation/Maintenance. She elaborated on the necessary feasibility and risk analysis, the use of the 'SMART' framework (Specific, Measurable, Achievable, Relevant and Time-bound), and international practices in contract, cost, schedule, quality, risk, variation, claim/dispute, environmental, safety, and communication management. She explained the major issues within each discipline.

To illustrate these areas, she shared lessons learned from her extensive experience on several major international/national projects:

- The Kali Gandaki Hydropower Project, Nepal, funded by ADB & JICA (1997-2002 - 144 MW - \$450 million);
- The Saigon East-West Highway Construction Project, HCMC, Vietnam, funded by JICA (2005-2011 \$450 million);
- The Malolos-Cark Railway Project, Philippines, funded by ADB & JICA (2020 to 2031 - \$2.75 billion); and
- The Melamchi Drinking Water Project, Nepal, funded by WB, ADB & JICA (1990-2021 - \$465 million).

She highlighted systematic challenges such as political interference, corruption, cost overruns, incompetence, and delays on both the employer and contractor sides, as well as unforeseeable factors such as natural calamities. She also gave a succinct summary of the lessons learned from each case study.

Following a Question and Answer session, President Elect Rtn. Jeevan K. Shrestha delivered a 'Vote of Thanks' to Rtn. Sandhya Regmi, on behalf of all present, for her excellent presentation and explanations. President Rtn. Shiv P. Khemka added a few words praising Rtn. Regmi's expertise before concluding the session.



May the Laugh Bug Bite You 😊😊😊😊😊

